

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****Girls 100 Meter Dash Class"A"**

Meet: M 12.24 4/20/1997 Tunisia Evans, SC North					
Name	Year	School	Finals	Wind	H#
Finals					
1	1314	Khenadi Jones	12	Sioux City West	12.38 NWI 2
2	1174	Mercy Oyadare	12	Sc- North	12.97 NWI 2
3	87	Ellie Cropley	11	Bishop Heelan	13.04 NWI 2
4	1311	Amelia Duax	12	Sioux City West	13.15 NWI 2
5	85	Maddie Brown	12	Bishop Heelan	13.23 NWI 2
6	1175	MaLika Peak-Wallac	11	Sc- North	13.33 NWI 2
7	1269	Kenna Inlay	09	Sioux City East	13.38 NWI 2
8	1261	Kayleigh Calvillo	11	Sioux City East	13.40 NWI 2
9	98	Katie Rizk	11	Bishop Heelan	13.59 NWI 1
10	638	Stephanie Williams	11	Le Mars	13.61 NWI 1
11	1177	Leila Quintanilla	10	Sc- North	13.66 NWI 1
12	1277	Myerra Parker	10	Sioux City East	14.01 NWI 1
13	1496	Alex Jager	12	South Sioux City	14.12 NWI 1
14	634	Halie Schwartz	11	Le Mars	14.18 NWI 1
15	1100	Terri Deitloff	11	Sb-Luton	14.52 NWI 1

**Girls 100 Meter Hurdles Class"A"**

Meet: M 14.76 4/18/2009 Nevada Sorensen, SF Lincoln					
Name	Year	School	Finals	Wind	H#
1	1312	Laken Gardner	09	Sioux City West	17.13 NWI 2
2	1266	Paige Hanson	11	Sioux City East	17.50 NWI 2
3	96	Sam McGowan	11	Bishop Heelan	17.56 NWI 2
4	88	Brooke Doohen	11	Bishop Heelan	17.63 NWI 2
5	1319	Makayla Mozak	10	Sioux City West	17.98 NWI 2
6	624	Kady Leusink	09	Le Mars	18.08 NWI 2
7	1493	Madison Hansen	12	South Sioux City	18.11 NWI 2
8	1494	Megan Hansen	09	South Sioux City	18.27 NWI 1
9	614	Brooke Alesch	10	Le Mars	18.51 NWI 2
10	1309	Madison Burge	09	Sioux City West	18.78 NWI 1
11	1279	Akia Simpson	10	Sioux City East	18.92 NWI 1
12	1160	Savannah Brand	11	Sc- North	19.77 NWI 1
13	1113	Marissa Wolfe	10	Sb-Luton	21.14 NWI 1
14	1166	Hannah Huggins	11	Sc- North	22.41 NWI 1
15	1168	Adriana Littlegeor	11	Sc- North	22.99 NWI 1
16	1101	Mary Dillavou	12	Sb-Luton	24.26 NWI 1

**Girls 4x100 Meter Relay Class"A"**

Meet: M 49.48 4/19/2008 Sioux City West, West					
School	Finals	M Pearson, G Williams, C Simon, R Twohig			
1 Sc- North 'A'	51.29				
1) 1175 MaLika Peak-Wallace 11		2) 1172 Kaitlyn Mulder 11			
3) 1163 Kelli Glisar 11		4) 1174 Mercy Oyadare 12			
2 Sioux City East 'A'	51.64				
1) 1277 Myerra Parker 10		2) 1280 Allyson Smith 10			
3) 1269 Kenna Inlay 09		4) 1261 Kayleigh Calvillo 11			
3 Bishop Heelan 'A'	52.57				

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

**Olsen Stadium**

**Results**

**....Girls 4x100 Meter Relay Class"A"**

- |                              |                              |
|------------------------------|------------------------------|
| 1) 97 Elsy Meis 11           | 2) 81 Anna Albenesius 12     |
| 3) 98 Katie Rizk 11          | 4) 85 Maddie Brown 12        |
| 4 Le Mars 'A'                | 53.86                        |
| 1) 638 Stephanie Williams 11 | 2) 617 Haylee Cooper Lenz 10 |
| 3) 634 Halie Schwartz 11     | 4) 620 Annie Ellis 10        |
| 5 Sb-Luton 'A'               | 54.55                        |
| 1) 1100 Terri Deitloff 11    | 2) 1104 Madison Harms 10     |
| 3) 1106 Anna Lucas 11        | 4) 1111 Kate Stangel 09      |

**Girls 4x200 Meter Relay Class"A"**

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Meet: M 1:44.71 4/19/2008 Sioux City West, West  
 C Simon, G Williams, R Twohig, M Pearson

School	Finals
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- |                              |                              |
|------------------------------|------------------------------|
| 1 Bishop Heelan 'A'          | 1:46.75                      |
| 1) 85 Maddie Brown 12        | 2) 87 Ellie Cropley 11       |
| 3) 81 Anna Albenesius 12     | 4) 92 Madison Jochum 10      |
| 2 Sioux City East 'A'        | 1:50.86                      |
| 1) 1262 Taylor Copple 11     | 2) 1280 Allyson Smith 10     |
| 3) 1269 Kenna Inlay 09       | 4) 1261 Kayleigh Calvillo 11 |
| 3 Le Mars 'A'                | 1:51.23                      |
| 1) 625 Katie McAllister 11   | 2) 617 Haylee Cooper Lenz 10 |
| 3) 634 Halie Schwartz 11     | 4) 620 Annie Ellis 10        |
| 4 Sioux City West 'A'        | 1:53.76                      |
| 1) 1311 Amelia Duax 12       | 2) 1312 Laken Gardner 09     |
| 3) 1310 Braedyn Downs 09     | 4) 1314 Khenadi Jones 12     |
| 5 Sc- North 'A'              | 1:54.51                      |
| 1) 1177 Leila Quintanilla 10 | 2) 1160 Savannah Brand 11    |
| 3) 1163 Kelli Glisar 11      | 4) 1164 Emonie Gorman 09     |

**Girls 4x400 Meter Relay Class"A"**

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Meet: M 4:02.17 4/18/2010 Sioux City East, East  
 S Houlihan, R Mikulicz, L Strom, E Dougherty

School	Finals
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- |                             |                            |
|-----------------------------|----------------------------|
| 1 Bishop Heelan 'A'         | 4:10.50                    |
| 1) 88 Brooke Doohen 11      | 2) 81 Anna Albenesius 12   |
| 3) 92 Madison Jochum 10     | 4) 80 Amber Aesoph 09      |
| 2 Sioux City East 'A'       | 4:13.47                    |
| 1) 1274 Sami McCulley 12    | 2) 1262 Taylor Copple 11   |
| 3) 1266 Paige Hanson 11     | 4) 1281 Lauren Van Dyke 11 |
| 3 Sc- North 'A'             | 4:41.61                    |
| 1) 1179 Michelle Sanchez 09 | 2) 1176 Brenda Phillips 10 |
| 3) 1173 Monica Olson 09     | 4) 1161 McKenzie Coyle 11  |
| 4 Sioux City West 'A'       | 4:49.58                    |
| 1) 1309 Madison Burge 09    | 2) 1313 Kamari Jones 09    |
| 3) 1317 Kierra McKernan 11  | 4) 1324 Brooklyn Webb 09   |

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****Girls 800 Sprint Medley Class"A"**

Meet: M 1:50.29 4/16/2016 CB Abraham Lincoln, CB Abe K Damgaard, R Fichter, M Hart, D Thomas		Finals
School		
1 Bishop Heelan 'A'		1:51.31
1) 98 Katie Rizk 11	2) 87 Ellie Cropley 11	
3) 85 Maddie Brown 12	4) 92 Madison Jochum 10	
2 Sc- North 'A'		1:52.33
1) 1175 MaLika Peak-Wallace 11	2) 1163 Kelli Glisar 11	
3) 1174 Mercy Oyadare 12	4) 1172 Kaitlyn Mulder 11	
3 Sioux City East 'A'		1:56.85
1) 1261 Kayleigh Calvillo 11	2) 1269 Kenna Inlay 09	
3) 1280 Allyson Smith 10	4) 1274 Sami McCulley 12	
4 Le Mars 'A'		1:58.70
1) 638 Stephanie Williams 11	2) 617 Haylee Cooper Lenz 10	
3) 620 Annie Ellis 10	4) 625 Katie McAllister 11	
5 South Sioux City 'A'		2:05.18
1) 1490 Daisy Coleman 09	2) 1494 Megan Hansen 09	
3) 1497 Marybeth Rasmussen 10	4) 1492 Selene Guzman 10	
6 Sb-Luton 'A'		2:12.74
1) 1100 Terri Deitloff 11	2) 1104 Madison Harms 10	
3) 1111 Kate Stangel 09	4) 1103 Rachel Fields 11	

**Girls 100 Meter Dash Class"B"**

Meet: M 12.47 4/19/1989 Amy Schuver, Cherokee		Finals	Wind	H#
Name	Year School			
1 561 Abby Peterson	11 Kingsly-P/Wood-C	13.29	NWI	3
2 1234 Natalee Greenfield	09 Sioux Center	13.46	NWI	3
3 1708 Taylor Rus	11 Western Christian	13.56	NWI	3
4 1210 Ashlyn Albrecht	10 Sheldon	13.64	NWI	3
5 1001 Sarah Cotton	10 Oa-Bcig	13.78	NWI	3
6 1544 Ashlyn Nissen	10 Spencer	13.79	NWI	3
7 1026 Marlayna Bennett	Okoboji	13.99	NWI	2
8 1224 Madison Uhl	11 Sheldon	14.01	NWI	2
9 1606 Mikaela Van Soelen	12 Unity Christian	14.06	NWI	2
10 1542 Kailee Hopkins	10 Spencer	14.08	NWI	3
11 1607 Janna Vanden Brink	11 Unity Christian	14.11	NWI	2
12 717 Regan Rowenhorst	12 Moc-Floyd Valley	14.33	NWI	2
13 465 Taryn Bertini	Glenwood	14.41	NWI	2
14 1032 Nicole Welle	Okoboji	14.77	NWI	1
15 1007 Carrie Miller	12 Oa-Bcig	14.84	NWI	1
16 475 Tara Maxwell	Glenwood	14.94	NWI	2

**Girls 100 Meter Hurdles Class"B"**

Meet: M 15.65 4/18/2010 Slone Masters, Storm Lake		Finals	Wind	H#
Name	Year School			
1 1216 Bryn Groff	12 Sheldon	16.46	NWI	3
2 1241 Alyssa Mulder	10 Sioux Center	16.89	NWI	3
3 1222 Maddy Tolk	12 Sheldon	16.93	NWI	3
4 1534 Abby Borth	09 Spencer	17.30	NWI	3
5 1541 Olivia Hamilton	11 Spencer	17.30	NWI	3

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

**Olsen Stadium**

**Results**

**....Girls 100 Meter Hurdles Class"B"**

6	464	Audrey Arnold	Glenwood	17.39	NWI	3
7	1010	Summit Nielsen	12 Oa-Bcig	17.56	NWI	3
8	483	Katelyn Wilwerding	Glenwood	17.99	NWI	3
9	204	Alexa Timmerman	10 Cherokee- Wash	18.20	NWI	2
10	1601	Shelby Riebeling	10 Unity Christian	18.20	NWI	2
11	1006	Ashley Lindner	10 Oa-Bcig	18.39	NWI	2
12	564	Payton Redinius	12 Kingsly-P/Wood-C	18.48	NWI	2
13	567	Madison Wurth	11 Kingsly-P/Wood-C	18.71	NWI	2
14	1603	Anmarie Stuit	11 Unity Christian	19.17	NWI	1
15	706	Jenna Aalbers	09 Moc-Floyd Valley	19.59	NWI	1
16	716	Rynelle Reisma	09 Moc-Floyd Valley	20.15	NWI	1

**Girls 4x100 Meter Relay Class"B"**

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Meet: M 50.88 4/20/1991 Cherokee, Cherokee  
C. Hauswald, L. Johanson, K. Corzillus, A. Schuver

School	Finals	H#
1 Spencer 'A'	52.47	2
1) 1549 Mollie Williams 09		
2) 1544 Ashlyn Nissen 10		
3) 1545 Katelyn Nissen 10		
4) 1542 Kailee Hopkins 10		
2 Kingsly-P/Wood-C 'A'	52.51	2
1) 561 Abby Peterson 11		
2) 556 Madison Goodwin 10		
3) 554 Jayde Barto 09		
4) 558 Bri Jensen 11		
3 Sioux Center 'A'	52.85	2
1) 1242 Aubrey Sandbulte 12		
2) 1243 Ellie Schley 10		
3) 1234 Natalee Greenfield 09		
4) 1241 Alyssa Mulder 10		
4 Western Christian 'A'	52.86	2
1) 1702 Olivia Granstra 09		
2)		
3) 1710 Emily VanGinkel 12		
4) 1701 Erika Feenstra 12		
5 Okoboji 'A'	54.26	2
1) 1032 Nicole Welle		
2) 1026 Marlayna Bennett		
3) 1031 Mari Stein		
4) 1028 Ali Goehring		
6 Moc-Floyd Valley 'A'	54.39	1
1) 717 Regan Rowenhorst 12		
2) 718 Molly Van Klompenburg 11		
3) 711 Jaycee Hoekstra 09		
4) 709 Zoe Heemstra 10		
7 Sheldon 'A'	54.41	2
1) 1216 Bryn Groff 12		
2) 1222 Maddy Tolck 12		
3) 1224 Madison Uhl 11		
4) 1217 Kacy Kamphoff 11		
8 Glenwood 'A'	55.42	1
1) 464 Audrey Arnold		
2) 475 Tara Maxwell		
3) 479 Sami Parr		
4) 465 Taryn Bertini		
9 Unity Christian 'A'	55.44	1
1) 1601 Shelby Riebeling 10		
2) 1594 Madison Blankespoor 09		
3) 1608 Karli Vanden Brink 09		
4) 1607 Janna Vanden Brink 11		

**Girls 4x200 Meter Relay Class"B"**

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Meet: M 1:46.16 4/12/2014 Moc-Fv, MOC-FV  
R Muilenburg, D Heimensen, A Achterhof, K Landhuis

School	Finals
1 Western Christian 'A'	1:47.73
1) 1708 Taylor Rus 11	
2) 1700 Cori DeJong 11	
3) 1710 Emily VanGinkel 12	
4) 1701 Erika Feenstra 12	

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****....Girls 4x200 Meter Relay Class"B"**

2	Spencer 'A'	1:50.34
	1) 1544 Ashlyn Nissen 10	2) 1540 Grace Hamilton 09
	3) 1542 Kailee Hopkins 10	4) 1549 Mollie Williams 09
3	Kingsly-P/Wood-C 'A'	1:50.38
	1) 561 Abby Peterson 11	2) 556 Madison Goodwin 10
	3) 554 Jayde Barto 09	4) 558 Bri Jensen 11
4	Okoboji 'A'	1:53.74
	1) 1030 Elle Olthoff	2) 1026 Marlayna Bennett
	3) 1031 Mari Stein	4) 1028 Ali Goehring
5	Unity Christian 'A'	1:55.91
	1) 1601 Shelby Riebeling 10	2) 1606 Mikaela Van Soelen 12
	3) 1603 Anmarie Stuit 11	4) 1607 Janna Vanden Brink 11
6	Glenwood 'A'	1:57.97
	1) 474 Alysa Jensen	2) 477 Savanna Mixan
	3) 465 Taryn Bertini	4) 483 Katelyn Wilwerding
7	Sheldon 'A'	1:58.06
	1) 1223 Hannah Uhl 09	2) 1224 Madison Uhl 11
	3) 1215 Raegen Freeman 09	4) 1218 Sydney Olsen 09
--	Moc-Floyd Valley 'A'	DQ
	1) 717 Regan Rowenhorst 12	2) 714 Delanie Niemyer 09
	3) 711 Jaycee Hoekstra 09	4) 709 Zoe Heemstra 10

**Girls 4x400 Meter Relay Class"B"**

Meet: M 4:02.45 4/17/1999 Elkhorn, Elkhorn  
E. Ohm, K. Bull, A. Schmidt, K. Clark

School Finals

1	Unity Christian 'A'	4:13.52
	1) 1594 Madison Blankespoor 09	2) 1596 Jordan Bos 12
	3) 1597 Katie Broers 12	4) 1605 Mikayla Turek 10
2	Western Christian 'A'	4:13.70
	1) 1700 Cori DeJong 11	2) 1699 Jessi DeJager 11
	3) 1710 Emily VanGinkel 12	4) 1701 Erika Feenstra 12
3	Sioux Center 'A'	4:18.01
	1) 1242 Aubrey Sandbulte 12	2) 1235 Jessica Herald 12
	3) 1246 Andrea Verburg 12	4) 1234 Natalee Greenfield 09
4	Sheldon 'A'	4:44.02
	1) 1217 Kacy Kamphoff 11	2) 1220 Anessa Schoo 10
	3) 1223 Hannah Uhl 09	4) 1226 McKenzie Wagner 10
--	Spencer 'A'	FS
	1) 1539 Allie Halverson 10	2) 1534 Abby Borth 09
	3) 1540 Grace Hamilton 09	4) 1549 Mollie Williams 09

**Girls 800 Sprint Medley Class"B"**

Meet: M 1:54.19 4/23/1987 Sioux Center, Sioux Center

School Finals

1	Spencer 'A'	1:56.06
	1) 1544 Ashlyn Nissen 10	2) 1545 Katelyn Nissen 10
	3) 1542 Kailee Hopkins 10	4) 1549 Mollie Williams 09
2	Kingsly-P/Wood-C 'A'	1:56.57
	1) 561 Abby Peterson 11	2) 567 Madison Wurth 11
	3) 558 Bri Jensen 11	4) 556 Madison Goodwin 10

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****....Girls 800 Sprint Medley Class"B"**

3 Dakota Valley 'A'		1:56.87
1) 249 Anna Rasmussen 12	2) 246 Katie Dam 12	
3) 247 Alyssa Johnson 11	4) 251 Marisa Schulz 12	
4 Unity Christian 'A'		1:56.98
1) 1603 Anmarie Stuit 11	2) 1607 Janna Vanden Brink 11	
3) 1594 Madison Blankespoor 09	4) 1605 Mikayla Turek 10	
5 Sioux Center 'A'		1:57.60
1) 1243 Ellie Schley 10	2) 1240 Anna Mouw 11	
3) 1242 Aubrey Sandbulte 12	4) 1234 Natalee Greenfield 09	
6 Sheldon 'A'		1:59.44
1) 1216 Bryn Groff 12	2) 1222 Maddy Tolk 12	
3) 1210 Ashlyn Albrecht 10	4) 1217 Kacy Kamphoff 11	
7 Glenwood 'A'		2:04.11
1) 475 Tara Maxwell	2) 479 Sami Parr	
3) 471 Paige Hays	4) 480 Grace Presley	
8 Moc-Floyd Valley 'A'		2:05.68
1) 717 Regan Rowenhorst 12	2) 709 Zoe Heemstra 10	
3) 711 Jaycee Hoekstra 09	4) 715 Rikkell Nothem 11	

**Girls 100 Meter Dash Class"C"**

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Meet: M 12.06 4/20/1989 Theresa Lux, Westwood						
Name	Year	School	Finals	Wind	H#	
=====						
1	669	JoHannah McKibben	11	Maple Valley A-O	13.68	NWI 2
2	1411	Debi Hiserote	09	Siouxland Christian	13.77	NWI 2
3	1733	Kennedy Cooper	10	Whiting High School	13.79	NWI 2
4	589	Lyric Jones	12	Lawton-Bronson	14.00	NWI 2
5	426	Karly Marx	10	Elk Point-Jefferson	14.14	NWI 2
6	667	Cameron Brenner	09	Maple Valley A-O	14.25	NWI 2
--	1068	Kortney Fethkenher	10	Ponca Indians	DQ	NWI 2

**Girls 100 Meter Hurdles Class"C"**

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Meet: M 15.85 4/18/2015 Morgan Whitehead, Gehlen						
Name	Year	School	Finals	Wind	H#	
=====						
1	671	Aubree Palmer	11	Maple Valley A-O	16.92	NWI 2
2	448	Sydney Livermore	09	Gehlen Catholic	17.16	NWI 2
3	585	Autumn Fluent	12	Lawton-Bronson	17.56	NWI 2
4	449	Kayla Mayer	11	Gehlen Catholic	17.68	NWI 2
5	1051	Grace Spieker	11	Pierce	17.76	NWI 2
6	423	Riley Donnelly	09	Elk Point-Jefferson	18.31	NWI 2
7	666	Alexia Adkins	09	Maple Valley A-O	19.80	NWI 1
8	695	Gretchen Ruba	09	Mmcru	20.14	NWI 1
9	687	Shana Ames	09	Mmcru	20.52	NWI 1
10	1412	Gwenyth Hoogendyk	09	Siouxland Christian	30.23	NWI 2
--	1047	Maggie Brahmaer	10	Pierce	FS	NWI 2

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****Girls 4x100 Meter Relay Class"C"**

Meet: M 51.53 4/19/2008 Laurel-Concord, Laurel-Concor  
K Gould, B DeLong, A Lunz, K Jacobsen

School Finals

1	Lawton-Bronson 'A'		53.61
	1) 588 Breanna Jernberg 09	2) 587 Sloane Harris 10	
	3) 589 Lyric Jones 12	4) 585 Autumn Fluent 12	
2	Gehlen Catholic 'A'		53.94
	1) 443 Abbie Dickman 11	2) 446 Kate Hill 09	
	3) 449 Kayla Mayer 11	4) 444 Brooke Harpenau 12	
3	Ponca Indians 'A'		54.29
	1) 1069 Kelsey Fields 11	2) 1072 Kai Seneviratne 09	
	3) 1066 Rachel Bentz 12	4) 1068 Kortney Fethkenher 10	
4	West Monona 'A'		54.56
	1) 1684 Jasmine Gaukel 10	2) 1687 Ariel Rotnicke 10	
	3) 1686 Lexi Lander 09	4) 1683 Alexis Anderson 09	
5	Pierce 'A'		54.66
	1) 1046 Maiya Baumann 09	2) 1047 Maggie Brahmer 10	
	3) 1051 Grace Spieker 11	4) 1050 Emily Simmons 12	
6	Mmcru 'A'		55.17
	1) 687 Shana Ames 09	2) 696 Haley Schwarz 09	
	3) 693 Emily Moser 12	4) 698 Aspen Woodall 11	
7	Westwood 'A'		55.73
	1) 1725 Sydney Steinhoff 12	2) 1727 Brooklyn Topf 11	
	3) 1720 Paige Metcalf 12	4) 1724 Kelsey Shilling 12	
8	Elk Point-Jefferson 'A'		56.85
	1) 428 Trysten Rupp 09	2) 427 Ally Nearman 10	
	3) 419 Katelyn Chytka 09	4) 424 Lily Kempf 09	

**Girls 4x200 Meter Relay Class"C"**

Meet: M 1:47.98 4/19/2010 Central Lyon, Central Lyon  
M Schleusner, K Eckenrod, K Cuperus, A Ackerman

School Finals

1	Gehlen Catholic 'A'		1:51.61
	1) 448 Sydney Livermore 09	2) 443 Abbie Dickman 11	
	3) 447 Katelyn Langel 10	4) 444 Brooke Harpenau 12	
2	Elk Point-Jefferson 'A'		1:53.83
	1) 426 Karly Marx 10	2) 427 Ally Nearman 10	
	3) 418 Kalla Bertram 09	4) 422 Calli Davis 09	
3	Lawton-Bronson 'A'		1:55.55
	1) 588 Breanna Jernberg 09	2) 589 Lyric Jones 12	
	3) 597 Jenna Wede 12	4) 585 Autumn Fluent 12	
4	Westwood 'A'		1:56.42
	1) 1722 Karissa Reynolds 12	2) 1727 Brooklyn Topf 11	
	3) 1720 Paige Metcalf 12	4) 1724 Kelsey Shilling 12	
5	Mmcru 'A'		1:56.42
	1) 690 Aliyah Jackson 11	2) 696 Haley Schwarz 09	
	3) 693 Emily Moser 12	4) 698 Aspen Woodall 11	
6	Pierce 'A'		1:58.40
	1) 1046 Maiya Baumann 09	2) 1047 Maggie Brahmer 10	
	3) 1051 Grace Spieker 11	4) 1050 Emily Simmons 12	
7	West Monona 'A'		1:58.63
	1) 1684 Jasmine Gaukel 10	2) 1687 Ariel Rotnicke 10	





**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****....Girls 800 Meter Run OHS**

3	92	Madison Jochum	10	Bishop Heelan	2:25.43
4	566	Rylee Wright	09	Kingsly-P/Wood-C	2:26.22
5	1711	Macay Van'tHul	09	Western Christian	2:26.58
6	631	Sydney Rand	12	Le Mars	2:34.21
7	1703	Whitney Minderhoud	09	Western Christian	2:35.91
8	1220	Anessa Schoo	10	Sheldon	2:37.01
9	1073	Cassie Stowe	12	Ponca Indians	2:37.05
10	418	Kalla Bertram	09	Elk Point-Jefferson	2:39.40
11	613	Kara Albrecht	09	Le Mars	2:39.77
12	1599	Katlyn Hoogland	11	Unity Christian	2:40.85
13	1161	McKenzie Coyle	11	Sc- North	2:41.53
14	1108	Liliana Orduno	09	Sb-Luton	2:44.59
15	711	Jaycee Hoekstra	09	Moc-Floyd Valley	2:45.81
16	707	Emma De Groot	10	Moc-Floyd Valley	2:46.55
17	590	Bailey McKenna	09	Lawton-Bronson	2:53.44
18	1176	Brenda Phillips	10	Sc- North	2:54.34
19	1315	Charistar Kin	11	Sioux City West	2:57.37
20	6	Justice Farley	10	Sioux City West	3:12.19
--	1308	Yewordanos Abreha	10	Sioux City West	DNF

**Girls 1500 Meter Run OHS**

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Meet: M 4:30.67 4/23/2011 Shelby Houlihan, East					
Name	Year	School	Finals		
=====					
1	251	Marisa Schulz	12	Dakota Valley	4:53.45
2	1027	Magan Christophers		Okoboji	5:07.95
3	1597	Katie Broers	12	Unity Christian	5:08.06
4	1596	Jordan Bos	12	Unity Christian	5:08.80
5	1031	Mari Stein		Okoboji	5:10.00
6	1272	Avery Lester	12	Sioux City East	5:16.75
7	615	Chloe Calhoun	09	Le Mars	5:19.37
8	1543	Jenna Morey	09	Spencer	5:19.87
9	1537	Elisa Fisher	09	Spencer	5:24.11
10	91	Annie Jensen	11	Bishop Heelan	5:24.47
11	622	Maddie Hurt	10	Le Mars	5:24.79
12	555	Kaylynn Bechen	11	Kingsly-P/Wood-C	5:30.78
13	707	Emma De Groot	10	Moc-Floyd Valley	5:31.61
14	1183	Lillyana Yebra	12	Sc- North	5:33.65
15	1278	Karlee Phillips	09	Sioux City East	5:37.39
16	690	Aliyah Jackson	11	Mmcru	5:41.60
17	1049	Abbey Sedlacek	10	Pierce	5:43.11
18	1226	McKenzie Wagner	10	Sheldon	5:44.08
19	1109	Leila Santiago	09	Sb-Luton	5:47.42
20	429	Robin Stark	09	Elk Point-Jefferson	5:49.12
21	1176	Brenda Phillips	10	Sc- North	5:49.49
22	476	Aubrey McIntyre		Glenwood	5:49.80
23	590	Bailey McKenna	09	Lawton-Bronson	5:50.78
24	1497	Marybeth Rasmussen	10	South Sioux City	5:51.34
25	1110	Alyssa Skatges	09	Sb-Luton	5:53.31
26	719	BreElle Van Zee	09	Moc-Floyd Valley	5:55.97
27	712	Julia Howe	09	Moc-Floyd Valley	5:58.54
28	583	Abbie Brink	12	Lawton-Bronson	6:05.33
29	1182	Jaycelyn Walters	10	Sc- North	6:10.77
30		Gabrielle Ponce	10	Sioux City West	7:18.39

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****Girls 3000 Meter Run OHS**

Meet: M 9:57.23 4/23/2005 Ramsey Kavan, Yankton				
Name	Year	School	Finals	
1	1272	Avery Lester	12 Sioux City East	11:13.39
2	91	Annie Jensen	11 Bishop Heelan	11:15.88
3	1546	Morgan Roberts	11 Spencer	11:21.06
4	622	Maddie Hurt	10 Le Mars	11:21.40
5	1543	Jenna Morey	09 Spencer	11:34.60
6	1537	Elisa Fisher	09 Spencer	11:47.99
7	1278	Karlee Phillips	09 Sioux City East	11:49.10
8	1498	Sadie Rocha	10 South Sioux City	11:52.27
9	707	Emma De Groot	10 Moc-Floyd Valley	11:58.20
10	1220	Anessa Schoo	10 Sheldon	12:00.70
11	1183	Lillyana Yebra	12 Sc- North	12:02.47
12	1109	Leila Santiago	09 Sb-Luton	12:22.88
13	627	Sarah Meis	09 Le Mars	12:24.89
14	476	Aubrey McIntyre	Glenwood	12:31.40
15	1709	Sydney Stiemsma	11 Western Christian	12:35.03
16	1598	Abby Dykstra	10 Unity Christian	12:36.35
17	719	BreElle Van Zee	09 Moc-Floyd Valley	12:39.87
18	1110	Alyssa Skatges	09 Sb-Luton	12:42.34
19	429	Robin Stark	09 Elk Point-Jefferson	12:43.52
20	712	Julia Howe	09 Moc-Floyd Valley	12:48.68
21	467	Alexis Bird	Glenwood	12:50.73
22	1499	Hannah Tindall	12 South Sioux City	12:51.51
23	425	Shandie Ludwig	09 Elk Point-Jefferson	12:56.55
24	94	Brenna Joyce	09 Bishop Heelan	13:06.05
25	1604	Adri Tilstra	12 Unity Christian	13:15.64
26	668	Linzey Goeddeke	11 Maple Valley A-O	13:39.69

**Girls 400 Meter Hurdles OHS**

Meet: M 1:04.55 4/16/2016 Molly Dean, Glenwood					
Name	Year	School	Finals	H#	
1	1603	Anmarie Stuit	11 Unity Christian	1:08.54	3
2	1266	Paige Hanson	11 Sioux City East	1:08.60	3
3	1029	Mia Meyer	Okoboji	1:10.77	3
4	691	Asiah Jackson	11 Mmcru	1:10.90	3
5	1534	Abby Borth	09 Spencer	1:10.93	2
6	1160	Savannah Brand	11 Sc- North	1:13.78	1
7	585	Autumn Fluent	12 Lawton-Bronson	1:13.95	2
8	204	Alexa Timmerman	10 Cherokee- Wash	1:14.18	2
9	449	Kayla Mayer	11 Gehlen Catholic	1:14.19	2
10	1215	Raegen Freeman	09 Sheldon	1:15.08	2
11	1240	Anna Mouw	11 Sioux Center	1:15.18	2
12	96	Sam McGowan	11 Bishop Heelan	1:15.40	1
13	1317	Kierra McKernan	11 Sioux City West	1:15.71	2
14	1494	Megan Hansen	09 South Sioux City	1:15.95	3
15	636	Paige Washburn	09 Le Mars	1:16.84	1
16	1547	Madison Stave	09 Spencer	1:17.74	1
17	1218	Sydney Olsen	09 Sheldon	1:18.58	1
18	423	Riley Donnelly	09 Elk Point-Jefferson	1:19.58	3
19	1719	Madison Kafton	10 Westwood	1:19.77	1
20	628	Baylee Needs	11 Le Mars	1:20.78	1

## Sioux City Relays 2017 - 4/21/2017 to 4/22/2017

## Olsen Stadium

## Results

## ....Girls 400 Meter Hurdles OHS

21 6 Justice Farley 10 Sioux City West 1:28.43 3

## Girls 4x800 Meter Relay OHS

Meet: M 9:15.76 4/19/2006 SF Roosevelt, Sioux Falls R  
B. Thune, D. Dalon, A. Eckert, K. Eckert

School Finals

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=====
1 Sioux City East 'A' 9:54.58
  1) 1266 Paige Hanson 11
  2) 1272 Avery Lester 12
  3) 1274 Sami McCulley 12
  4) 1281 Lauren Van Dyke 11
2 Spencer 'A' 10:00.20
  1) 1540 Grace Hamilton 09
  2) 1548 Abby Weeks 10
  3) 1538 Emma Fratzke 12
  4) 1536 Jenna Dirkx 11
3 Le Mars 'A' 10:05.40
  1) 613 Kara Albrecht 09
  2) 631 Sydney Rand 12
  3) 636 Paige Washburn 09
  4) 615 Chloe Calhoun 09
4 Western Christian 'A' 10:08.21
  1) 1703 Whitney Minderhoud 09
  2) 1706 Ally Postma
  3) 1705 Abby Postma 09
  4) 1711 Macay Van'tHul 09
5 Unity Christian 'A' 10:11.21
  1) 1597 Katie Broers 12
  2) 1599 Katlyn Hoogland 11
  3) 1605 Mikayla Turek 10
  4) 1596 Jordan Bos 12
6 Sioux Center 'A' 10:16.02
  1) 1244 Lexi Toering 11
  2) 1235 Jessica Herald 12
  3) 1239 Tara Kortlever 11
  4) 1246 Andrea Verburg 12
7 Maple Valley A-O 'A' 10:21.32
  1) 672 Jordyn Pester 11
  2) 669 JoHannah McKibben 11
  3) 674 Karlee Wolf 12
  4) 673 Morgan Todd 12
8 Okoboji 'A' 10:25.33
  1) 1031 Mari Stein
  2) 1029 Mia Meyer
  3) 1028 Ali Goehring
  4) 1027 Magan Christopherson
9 Sheldon 'A' 10:42.52
  1) 1220 Anessa Schoo 10
  2) 1217 Kacy Kamphoff 11
  3) 1226 McKenzie Wagner 10
  4) 1213 Favi DeLeon 09
10 Mmcru 'A' 11:00.57
  1) 691 Asiah Jackson 11
  2) 690 Aliyah Jackson 11
  3) 694 Faith Olson 09
  4) 688 Kaylee Colling 11
11 Sc- North 'A' 11:04.25
  1) 1176 Brenda Phillips 10
  2) 1162 Isobel Feiges 09
  3) 1173 Monica Olson 09
  4) 1161 McKenzie Coyle 11
12 Lawton-Bronson 'A' 11:09.78
  1) 595 Lilly Teager 09
  2) 586 Abby Frommelt 12
  3) 587 Sloane Harris 10
  4) 583 Abbie Brink 12
13 Maple Valley A-O JV 'A' 11:14.11
14 Glenwood 'A' 11:14.37
  1) 473 Lacey Jackson
  2) 476 Aubrey McIntyre
  3) 480 Grace Presley
  4) 478 Haley Palmer
-- Sioux City West 'A' DNF
  1) 1315 Christar Kin 11
  2) 1322 Andrea Vazquez 09
  3) 1316 Sofia Luna 10
  4) 1320 Alba Narcia 11
=====

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## Sioux City Relays 2017 - 4/21/2017 to 4/22/2017

## Olsen Stadium

## Results

## Girls 4x100 Meter Shuttle Hurdle OHS

=====				
Meet: M 1:06.86 4/16/2016 Glenwood, Glenwood				
M Dean, M Ruth, O Scarborough, K Wilwerding				
School			Finals	H#
=====				
1	Gehlen Catholic 'A'		1:09.12	2
	1) 446 Kate Hill 09	2) 449 Kayla Mayer 11		
	3) 447 Katelyn Langel 10	4) 448 Sydney Livermore 09		
2	Sheldon 'A'		1:09.30	2
	1) 1216 Bryn Groff 12	2) 1210 Ashlyn Albrecht 10		
	3) 1224 Madison Uhl 11	4) 1222 Maddy Tolk 12		
3	Spencer 'A'		1:10.68	2
	1) 1541 Olivia Hamilton 11	2) 1535 Bradi Botcher 12		
	3) 1547 Madison Stave 09	4) 1534 Abby Borth 09		
4	Bishop Heelan 'A'		1:11.53	2
	1) 88 Brooke Doohen 11	2) 95 Gabby Kukuk 10		
	3) 98 Katie Rizk 11	4) 96 Sam McGowan 11		
5	Le Mars 'A'		1:12.18	1
	1) 614 Brooke Alesch 10	2) 618 Jaiden Davison 10		
	3) 624 Kady Leusink 09	4) 620 Annie Ellis 10		
6	Oa-Bcig 'A'		1:13.16	1
	1) 1003 Kirsten Dausel 10	2) 1006 Ashley Lindner 10		
	3) 1007 Carrie Miller 12	4) 1010 Summit Nielsen 12		
7	Sioux Center 'A'		1:16.67	1
	1) 1241 Alyssa Mulder 10	2) 1238 Patti King 12		
	3) 1243 Ellie Schley 10	4) 1240 Anna Mouw 11		
8	Mmcru 'A'		1:24.53	1
	1) 695 Gretchen Ruba 09	2) 696 Haley Schwarz 09		
	3) 687 Shana Ames 09	4) 691 Asiah Jackson 11		

## Girls High Jump OHS

=====				
Meet: M 5-07.50 4/20/2006 Megan Glisar, Hanah Wilkinson, SBL, E				
Name	Year	School	Finals	
=====				
1	1004	Sydney Durbin	10 Oa-Bcig	5-04.00 1.62m
2	1104	Madison Harms	10 Sb-Luton	J5-04.00 1.62m
3	1700	Cori DeJong	11 Western Christian	5-03.00 1.60m
4	1047	Maggie Brahmer	10 Pierce	J5-03.00 1.60m
5	1030	Elle Olthoff	Okoboji	5-00.00 1.52m
6	639	Krista Zenk	12 Le Mars	J5-00.00 1.52m
7	1262	Taylor Copple	11 Sioux City East	4-10.00 1.47m
8	247	Alyssa Johnson	11 Dakota Valley	J4-10.00 1.47m
9	250	Nikita Reinschmidt	11 Dakota Valley	J4-10.00 1.47m
10	80	Amber Aesoph	09 Bishop Heelan	4-08.00 1.42m
10	637	Jayden Weiler	11 Le Mars	4-08.00 1.42m
10	1003	Kirsten Dausel	10 Oa-Bcig	4-08.00 1.42m
10	672	Jordyn Pester	11 Maple Valley A-O	4-08.00 1.42m
--	1601	Shelby Riebeling	10 Unity Christian	NH
--	1324	Brooklyn Webb	09 Sioux City West	NH
--	1313	Kamari Jones	09 Sioux City West	NH
--	420	Carlie Corder	09 Elk Point-Jefferson	NH
--	96	Sam McGowan	11 Bishop Heelan	NH
--	583	Abbie Brink	12 Lawton-Bronson	NH

## Sioux City Relays 2017 - 4/21/2017 to 4/22/2017

## Olsen Stadium

## Results

## Girls Long Jump OHS

Meet: M 17-09.50 4/20/1996 Delena Hanes, Bellvue West						
Name	Year	School	Finals	Wind		
1	1210	Ashlyn Albrecht	10 Sheldon	17-01.50	NWI	5.21m
	16-03(NWI)	15-08(NWI)	14-04.75(NWI)	15-05(NWI)	FOUL	17-01.50(NWI)
2	1175	MaLika Peak-Wallac	11 Sc- North	16-11.00	NWI	5.15m
	15-04.50(NWI)	FOUL	FOUL	16-00(NWI)	16-11(NWI)	16-01(NWI)
3	1605	Mikayla Turek	10 Unity Christian	16-07.50	NWI	5.06m
	16-07.50(NWI)	FOUL	FOUL	15-08.50(NWI)	FOUL	FOUL
4	87	Ellie Cropley	11 Bishop Heelan	15-10.00	NWI	4.82m
	FOUL	15-07.75(NWI)	14-11.50(NWI)	15-10(NWI)	FOUL	15-09(NWI)
5	1241	Alyssa Mulder	10 Sioux Center	15-08.00	NWI	4.77m
	15-07.50(NWI)	15-03(NWI)	15-08(NWI)	15-06.50(NWI)	FOUL	FOUL
6	1594	Madison Blankespoor	09 Unity Christian	15-08.00	NWI	4.77m
	FOUL	FOUL	15-08(NWI)	FOUL	15-05(NWI)	14-06(NWI)
7	423	Riley Donnelly	09 Elk Point-Jefferson	15-05.00	NWI	4.69m
	12-10(NWI)	14-08(NWI)	15-05(NWI)	15-00(NWI)	15-02.75(NWI)	14-11(NWI)
8	445	Elliotte Herbst	10 Gehlen Catholic	15-00.00	NWI	4.57m
	13-05.50(NWI)	15-00(NWI)	14-10.50(NWI)	14-10(NWI)	14-11.50(NWI)	14-08(NWI)
9	97	Elsy Meis	11 Bishop Heelan	14-11.50	NWI	4.55m
	14-03.50(NWI)	FOUL	14-11.50(NWI)			
10	718	Molly Van Klompenb	11 Moc-Floyd Valley	14-09.50	NWI	4.50m
	14-08.50(NWI)	14-07(NWI)	14-09.50(NWI)			
11	638	Stephanie Williams	11 Le Mars	14-08.50	NWI	4.48m
	FOUL	FOUL	14-08.50(NWI)			
11	428	Trysten Rupp	09 Elk Point-Jefferson	14-08.50	NWI	4.48m
	FOUL	14-08.50(NWI)	13-09.50(NWI)			
13	1163	Kelli Glisar	11 Sc- North	14-06.00	NWI	4.41m
	14-06(NWI)	14-06(NWI)	14-05.50(NWI)			
14	464	Audrey Arnold	Glenwood	14-05.50	NWI	4.40m
	14-05.50(NWI)	FOUL	14-05(NWI)			
15	479	Sami Parr	Glenwood	14-05.00	NWI	4.39m
	FOUL	14-05(NWI)	FOUL			
16	419	Katelyn Chytka	09 Elk Point-Jefferson	14-03.00	NWI	4.34m
	12-09(NWI)	13-06.50(NWI)	14-03(NWI)			
17	1097	Halle Brester	09 Sb-Luton	14-02.50	NWI	4.33m
	12-11.50(NWI)	14-02.50(NWI)	13-10(NWI)			
18	1218	Sydney Olsen	09 Sheldon	14-00.00	NWI	4.26m
	13-08.50(NWI)	14-00(NWI)	14-00(NWI)			
19	1006	Ashley Lindner	10 Oa-Bcig	13-04.50	NWI	4.07m
	13-04.50(NWI)	FOUL	FOUL			
--	474	Alysa Jensen	Glenwood	FOUL		
	FOUL	FOUL	FOUL			

## Girls Shot Put OHS

Meet: M 45-01.25 4/20/1989 Lisa VanSteenwyk, West Lyons						
Name	Year	School	Finals			
1	1535	Bradi Botcher	12 Spencer	42-02.50		12.86m
	38-00.50	40-09.50	42-02.50	FOUL	39-05	39-06
2	596	Jadin Wagner	12 Lawton-Bronson	42-00.50		12.81m
	40-03.50	42-00.50	FOUL	37-10.50	38-09	FOUL
3	100	Holli Verzani	11 Bishop Heelan	38-07.00		11.76m
	38-07	38-00	FOUL	36-09	37-00.50	35-07

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****....Girls Shot Put OHS**

4	708 Morgan De Jong	12 Moc-Floyd Valley	37-05.00	11.40m
	37-02 36-04 36-02	37-05 FOUL 35-10.50		
5	1491 Nyabuay Diew	09 South Sioux City	37-03.50	11.36m
	37-03.50 FOUL FOUL	33-04.50 36-04 34-09		
6	710 Meghan Hettinga	11 Moc-Floyd Valley	36-11.00	11.25m
	36-07 35-05 33-03	36-09 35-00 36-11		
7	86 Brooklyn Cougill	11 Bishop Heelan	36-09.50	11.21m
	34-02.50 FOUL 36-09.50	35-03 FOUL 36-03		
8	1048 Kaylee Dvorak	10 Pierce	36-00.00	10.97m
	36-00 35-03 34-09	35-11 35-07.50 34-07		
9	1490 Daisy Coleman	09 South Sioux City	34-04.00	10.46m
	30-04 34-04 30-04	31-11 31-04.50 31-08		
10	466 Sydney Biermann	Glenwood	34-02.00	10.41m
	32-06.50 31-11 34-02			
11	635 Anna Vacura	10 Le Mars	34-01.50	10.40m
	FOUL 32-04 34-01.50			
12	1045 Brianna Aguilera	10 Pierce	33-11.00	10.33m
	33-02 FOUL 33-11			
13	559 Emily Kraft	09 Kingsly-P/Wood-C	33-09.00	10.28m
	33-04 33-09 32-07			
14	478 Haley Palmer	Glenwood	33-04.50	10.17m
	33-04.50 31-10 32-01			
15	1165 Hailey Hoogers	10 Sc- North	33-00.50	10.07m
	33-00.50 32-03 32-10			
16	1265 Markee Gruis	11 Sioux City East	32-10.50	10.02m
	32-10.50 FOUL 31-02.50			
17	1602 Marissa Schiebout	11 Unity Christian	32-09.50	9.99m
	31-04 32-03 32-09.50			
18	421 Kenna Curry	09 Elk Point-Jefferson	32-07.50	9.94m
	30-07 32-02.50 32-07.50			
19	1413 Cadi Jones	09 Siouxland Christian	32-01.50	9.79m
	30-00.50 32-01.50 31-04			
20	565 Erin Tomoson	12 Kingsly-P/Wood-C	31-10.50	9.71m
	31-10.50 31-08.50 31-00.50			
21	1323 Hope Wagner	09 Sioux City West	31-10.00	9.70m
	31-10 31-02.50 31-09.50			
22	1180 Gabbie Schweigert	12 Sc- North	31-06.00	9.60m
	31-06 30-01.50 FOUL			
23	1600 Regan Pennings	11 Unity Christian	30-06.50	9.30m
	30-06.50 28-00.50 28-04.50			
24	1237 Morgan Jensen	10 Sioux Center	30-01.50	9.18m
	30-01.50 FOUL 28-03			
25	1276 Ali Palmersheim	09 Sioux City East	29-11.50	9.13m
	FOUL 29-11.50 FOUL			
26	1219 Oliva Reiser	09 Sheldon	29-07.00	9.01m
	28-01 29-07 FOUL			
27	1271 Ariel Kern	11 Sioux City East	29-04.00	8.94m
	28-08.50 29-04 FOUL			
28	697 Peyton Turner	11 Mmcru	28-10.00	8.78m
	27-08.50 FOUL 28-10			
29	469 Haille Franzen	Glenwood	28-04.50	8.64m
	28-04.50 FOUL 28-04			
30	692 Megan Loutsch	11 Mmcru	28-03.00	8.61m
	28-03 27-01.50 FOUL			

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

**Olsen Stadium**

**Results**

**....Girls Shot Put OHS**

31 1726 Samantha Thompson 09 Westwood 27-03.00 8.30m  
 26-04.50 27-03 FOUL

**Girls Discus Throw OHS**

Meet: M 159-01 4/16/2016 Kiana Phelps, Kingsly-P/Wo						
Name	Year	School			Finals	
1 708 Morgan De Jong	12	Moc-Floyd Valley	118-10		36.22m	
118-10 114-07 ND 116-11 ND 117-08						
2 1491 Nyabuay Diew	09	South Sioux City	117-04		35.76m	
106-06 ND 105-11 117-04 115-03 ND						
3 1165 Hailey Hoogers	10	Sc- North	116-08		35.56m	
ND 116-08 107-11 110-09 115-04 ND						
4 562 Regan Plendl	11	Kingsly-P/Wood-C	116-07		35.53m	
110-10 116-07 113-01 112-07 110-10 116-02						
5 421 Kenna Curry	09	Elk Point-Jefferson	114-06		34.89m	
ND 105-11 ND ND ND 114-06						
6 1048 Kaylee Dvorak	10	Pierce	112-07		34.31m	
ND 110-03 112-07 108-11 108-04 109-07						
7 596 Jadin Wagner	12	Lawton-Bronson	110-05		33.65m	
105-11 104-06 98-02 110-01 109-00 110-05						
8 1052 Carly Sutherland	11	Pierce	110-04		33.62m	
104-02 ND 107-01 ND 110-04 ND						
9 90 Nicole Jacobson	10	Bishop Heelan	107-01		32.63m	
89-03 96-10 107-01 ND 107-00 97-10						
10 697 Peyton Turner	11	Mmcru	105-08		32.20m	
97-10 100-09 105-08						
11 1227 Maddie Zoelle	11	Sheldon	105-01		32.02m	
91-07 104-11 105-01						
12 710 Meghan Hettinga	11	Moc-Floyd Valley	104-08		31.90m	
ND 87-04 104-08						
13 1098 Taylor Brown	11	Sb-Luton	103-00		31.39m	
102-01 103-00 98-00						
14 466 Sydney Biermann		Glenwood	101-01		30.81m	
ND 101-01 96-00						
15 1413 Cadi Jones	09	Siouxland Christian	98-06		30.02m	
ND 98-06 93-03						
15 86 Brooklyn Cougill	11	Bishop Heelan	98-06		30.02m	
ND 98-06 97-10						
17 1180 Gabbie Schweigert	12	Sc- North	95-11		29.23m	
ND ND 95-11						
18 635 Anna Vacura	10	Le Mars	95-00		28.95m	
95-00 ND 91-11						
19 472 Jenna Howard		Glenwood	92-08		28.24m	
91-05 92-08 85-11						
20 1595 Sierra Borchers	10	Unity Christian	90-08		27.63m	
ND 90-08 89-11						
21 1070 Meg Keller	09	Ponca Indians	89-10		27.38m	
84-08 89-10 84-07						
22 478 Haley Palmer		Glenwood	89-09		27.35m	
83-09 89-09 82-07						
23 1271 Ariel Kern	11	Sioux City East	88-04		26.92m	
ND 77-06 88-04						

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

**Olsen Stadium**

**Results**

**....Girls Discus Throw OHS**

24	1535 Bradi Botcher 86-04 ND ND	12 Spencer	86-04	26.31m
25	692 Megan Loutsch ND 85-09 80-08	11 Mmcru	85-09	26.13m
26	1600 Regan Pennings 63-05 82-05 77-04	11 Unity Christian	82-05	25.12m
27	1265 Markee Gruis 75-00 77-09 ND	11 Sioux City East	77-09	23.69m
28	1225 Hannah Van Meetere FOUL 67-10 77-00	10 Sheldon	77-00	23.46m
29	1071 Morgan Nelson ND 59-04 ND	09 Ponca Indians	59-04	18.08m
--	482 Shaelee Stromgren ND ND ND	Glenwood	ND	

**Girls 800 Meter Run 9th Grade**

Meet: M 2:31.49 4/15/2016 Madison Jochum, Bishop Heel

Name	Year	School	Finals
1	80	Amber Aesoph	09 Bishop Heelan 2:24.03M
2	1260	Olivia Barnes	09 Sioux City East 2:36.18
3	1275	Lily Mercural	09 Sioux City East 2:39.49
4	1108	Liliana Orduno	09 Sb-Luton 2:41.12
5	94	Brenna Joyce	09 Bishop Heelan 2:46.81
6	82	Liz Albenesius	09 Bishop Heelan 2:55.23
7	84	Adi Bogenrief	09 Bishop Heelan 3:00.01
8	1112	Abigail Widjaja	09 Sb-Luton 3:00.48
9	1178	Ericka Ruiz	09 Sc- North 3:00.73
10	621	Jasmine Garcia	09 Le Mars 3:02.79
11	1005	Cora Hansen	09 Oa-Bcig 3:03.88
12	1181	Kiara Tott	09 Sc- North 3:05.72
13	1171	Jazmin Mosqueda	09 Sc- North 3:09.36
14	630	Hailey Plueger	09 Le Mars 3:12.65
15	1002	Ryder Cranston	09 Oa-Bcig 3:13.60
16	1264	Nicole Essig	09 Sioux City East 3:21.04

**Girls 4x100 Meter Relay 9th Grade**

Meet: M 52.62 4/21/2006 Bishop Heelan, Heelan  
J Bennett, D Merchant, S Kuehl, M Irwin

School	Finals
1 Sioux City East 'A'	54.34
1) 1267 Zoey Hassman 09	2) 1282 Madi Van Dyke 09
3) 1270 Kiahna Jenkins 09	4) 1269 Kenna Inlay 09
2 Sioux City West 'A'	54.78
1) 1313 Kamari Jones 09	2) 1309 Madison Burge 09
3) 1310 Braedyn Downs 09	4) 1323 Hope Wagner 09
3 Le Mars 'A'	56.06
1) 629 Samantha Orban 09	2) 619 Jordyn Davison 09
3) 623 Jenna Laughton 09	4) 633 Shaunna Scheitler 09
4 Oa-Bcig 'A'	57.05
1) 1009 Lexi Neville 09	2) 1013 Liz Zobel 09
3) 1011 Sarah Petersen 09	4) 1012 Sierra Rohlk 09



**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

**Olsen Stadium**

**Results**

**....Girls 4x100 Meter Relay 9th Grade**

5 Sb-Luton 'A'	57.63
1) 1111 Kate Stangel 09	2) 1097 Halle Brester 09
3) 1107 Alexia Lynn 09	4) 1105 Karissa Haverdink 09
6 Bishop Heelan 'A'	58.95
1) 83 Sarah Beumler 09	2) 99 Hope Sokolowski 09
3) 84 Adi Bogenrief 09	4) 82 Liz Albenesius 09
7 Sc- North 'A'	1:00.67
1) 1167 Froso Konidas 09	2) 1164 Emonie Gorman 09
3) 1169 Christina Ly 09	4) 1170 Naja Mohamed 09

**Girls 4x200 Meter Relay 9th Grade**

Meet: M 1:51.38 4/18/1990 South Sioux City, South Sio  
K. Miller, K. Ericksen, T. Redler, S. Hames

School Finals

1 Sioux City East 'A'	1:55.35
1) 1267 Zoey Hassman 09	2) 1282 Madi Van Dyke 09
3) 1270 Kiahna Jenkins 09	4) 1260 Olivia Barnes 09
2 Le Mars 'A'	1:56.62
1) 616 Emily Carlson 09	2) 633 Shaunna Scheitler 09
3) 619 Jordyn Davison 09	4) 623 Jenna Laughton 09
3 Sb-Luton 'A'	1:59.41
1) 1111 Kate Stangel 09	2) 1097 Halle Brester 09
3) 1107 Alexia Lynn 09	4) 1105 Karissa Haverdink 09
4 Sioux City West 'A'	2:00.51
1) 1313 Kamari Jones 09	2) 1323 Hope Wagner 09
3) 1321 Dayze Olson 09	4) 1309 Madison Burge 09
5 Oa-Bcig 'A'	2:04.84
1) 1009 Lexi Neville 09	2) 1013 Liz Zobel 09
3) 1011 Sarah Petersen 09	4) 1008 Peyton Miller 09
6 Bishop Heelan 'A'	2:05.55
1) 83 Sarah Beumler 09	2) 99 Hope Sokolowski 09
3) 84 Adi Bogenrief 09	4) 82 Liz Albenesius 09
7 Sc- North 'A'	2:08.47
1) 1179 Michelle Sanchez 09	2) 1164 Emonie Gorman 09
3) 1169 Christina Ly 09	4) 1170 Naja Mohamed 09

**Girls 4x400 Meter Relay 9th Grade**

Meet: M 4:22.16 4/20/2005 Bishop Heelan, Bishop Heela  
H. Maly, T. Tigges, L. Harbeck, S. McCauley

School Finals

1 Sioux City East 'A'	4:28.76
1) 1260 Olivia Barnes 09	2) 1282 Madi Van Dyke 09
3) 1270 Kiahna Jenkins 09	4) 1269 Kenna Inlay 09
2 Sc- North 'A'	4:44.33
1) 1179 Michelle Sanchez 09	2) 1162 Isobel Feiges 09
3) 1173 Monica Olson 09	4) 1181 Kiara Tott 09
3 Le Mars 'A'	4:47.42
1) 632 Jecenta Sargisson 09	2) 626 Katlyn McShane
3) 621 Jasmine Garcia 09	4) 616 Emily Carlson 09
4 Oa-Bcig 'A'	4:52.51
1) 1005 Cora Hansen 09	2) 1011 Sarah Petersen 09



**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****....Girls 4x100 Meter Relay 7th Grade**

3) 1663 Allie Hansen 07	4) 1660 Holly Duax 07	
3 Sbl - Female 'A'		57.65
1) 1090 Isabelle Lenz 07	2) 1093 Addison Ritz 07	
3) 1092 Addisyn Mosier 07	4) 1094 Emma Salker 07	
4 East Middle 'A'		57.82
1) 386 Kayla Benson 07	2) 394 Addie Harris 07	
3) 401 Kyley Vondrak 07	4) 392 Taylor Drent 07	
5 SouthSiouxCity Girls 'A'		59.80
1) 1526 Ashlynn Garcia 07	2) 1522 Kumari Bass 07	
3) 1532 Emerson Palsma 07	4) 1523 Alexa De LaTorre 07	
6 Heelan 'A'		1:00.05
1) 501 Izzy Linden 07	2) 503 Alexis Peterson 07	
3) 504 Gracie Rooney 07	4) 502 Brooklyn Moreno 07	
7 NorthMS Girls 7th 'A'		1:02.19
1) 915 Avery Beller 07	2) 919 Kaytlyn Sagert 07	
3) 916 Maddie Craighead 07	4) 920 Nicole Zuehl 07	

**Girls 4x200 Meter Relay 7th Grade**

Meet: M 2:01.10 4/17/2015 Sbl MS, Sgt. Bluff-Luton  
K Haverdink, H Brester, L Orduno, E Christensen

School Finals

1 Sbl - Female 'A'		2:00.40M
1) 1090 Isabelle Lenz 07	2) 1086 Ella Brester 07	
3) 1094 Emma Salker 07	4) 1088 Maddie Hinkel 07	
2 East Middle 'A'		2:01.81
1) 393 Haley Estillette 07	2) 385 Lexi Andersen 07	
3) 401 Kyley Vondrak 07	4) 392 Taylor Drent 07	
3 West Middle School 'A'		2:03.54
1) 1672 Gabby Wagner 07	2) 1669 Tylee Nosavahn 07	
3) 1668 Madison Mozak 07	4) 1660 Holly Duax 07	
4 SouthSiouxCity Girls 'A'		2:06.56
1) 1526 Ashlynn Garcia 07	2) 1522 Kumari Bass 07	
3) 1532 Emerson Palsma 07	4) 1523 Alexa De LaTorre 07	
5 Heelan 'A'		2:12.24
1) 501 Izzy Linden 07	2) 502 Brooklyn Moreno 07	
3) 504 Gracie Rooney 07	4) 503 Alexis Peterson 07	
-- NorthMS Girls 7th 'A'		DQ
1) 919 Kaytlyn Sagert 07	2) 918 Ireland Lanagan 07	
3) 917 Lea Davis 07	4) 914 Megan Beecher 07	
-- Dakota Valley MS 'A'		DQ
1) 259 Sophia Atchison 07	2) 261 Naomie Fisher 07	
3) 260 Grace Bass 07	4) 266 Tori Schulz 07	

**Girls 800 Meter Run 8th Grade**

Meet: M 2:33.56 4/17/2010 Cassie Geopfert, East Middl

Name Year School Finals

1	1525 Cynthia Fregoso	08 SouthSiouxCi	2:45.93
2	128 Jaiden Beaulieu	08 Bishop Heelan MS	2:50.32
3	132 Emma Hutchinson	08 Bishop Heelan MS	2:52.30
4	397 Katie Lammers	08 East Middle	2:52.56
5	1671 Gracie Roberts	08 West Middle School	2:52.78

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****....Girls 800 Meter Run 8th Grade**

6	400 Karlie Stoos	08 East Middle	2:55.38
7	1666 Catalina Martinez	08 West Middle School	2:56.31
8	1085 Katherine Aymar	08 Sbl - Female	3:00.52
9	1530 Ella Meyers	08 SouthSiouxCi	3:04.21
10	Jenna Ryan	08 Sbl - Female	3:09.89
11	832 Lizbeth Garcia	08 North Middle 8	3:23.36
12	834 Chole Murray	08 North Middle 8	3:32.12

**Girls 4x100 Meter Relay 8th Grade**

Meet: M 54.74 4/17/2014 North Middle, North Middle  
K Mulder, M Coyle A Topete M Peak-Wallace

School Finals

1	SouthSiouxCity Girls 'A'	56.30
	1) 1528 Trista Harsma 08	2) 1524 Kyra Fisher 08
	3) 1527 Tori Harsma 08	4) 1521 Yesenia Balderas 08
2	North Middle 8 'A'	57.30
	1) 830 Bailey Becker 08	2) 829 Ysabella Arredondo 08
	3) 836 Olivia O'Brien 08	4) 835 Mia Norton 08
3	Bishop Heelan MS 'A'	57.66
	1) 127 Mary Allen 08	2) 129 Maya Bishwokarma 08
	3) 130 Mary Kate Fitzsimmons 08	4) 135 Payton Monroe 08
4	Dakota Valley MS 'A'	57.96
	1) 263 Jenna McCabe 08	2) 268 Abby Wheatley 08
	3) 265 Rachel Rosenquist 08	4) 264 Lauren Okine 08
5	East Middle 'A'	58.34
	1) 390 Natalie Cloud 08	2) 395 Bailey Holbrook 08
	3) 399 Cody Rodecker 08	4) 402 Lineya Wells 08
6	Sbl - Female 'A'	59.05
	1) 1096 Tessa Smith 08	2) 1091 Kennedy Mathison 08
	3) 1085 Katherine Aymar 08	4) 1089 Daisy Hiserote 08
7	West Middle School 'A'	1:00.02
	1) 1662 Elexis Hamman 08	2) 1667 Nia Moore 8
	3) 1670 Virginia Olivares 08	4) 1661 Madison Evans 8

**Girls 4x200 Meter Relay 8th Grade**

Meet: M 1:57.06 4/11/2014 North Middle 8, North Middl  
T Kelley, S Brand, K Mulder, K Glisar

School Finals

1	North Middle 8 'A'	2:02.09
	1) 829 Ysabella Arredondo 08	2) 830 Bailey Becker 08
	3) 833 Caitlyn Miller 08	4) 831 Kelsee Davis 08
2	Dakota Valley MS 'A'	2:02.97
	1) 265 Rachel Rosenquist 08	2) 267 Chloe Stout 08
	3) 263 Jenna McCabe 08	4) 264 Lauren Okine 08
3	Bishop Heelan MS 'A'	2:04.23
	1) 136 Lea Pederson 08	2) 133 Jordyn Knapp 08
	3) 131 Ellie Kay Gengler 08	4) 129 Maya Bishwokarma 08
4	Sbl - Female 'A'	2:06.34
	1) 1096 Tessa Smith 08	2) Tasha Freiberg 08
	3) 1091 Kennedy Mathison 08	4) 1089 Daisy Hiserote 08
5	East Middle 'A'	2:06.94

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

**Olsen Stadium**

**Results**

**....Girls 4x200 Meter Relay 8th Grade**

1) 390 Natalie Cloud 08	2) 389 Marissa Clifff 08
3) 388 Stephenie Campo 08	4) 402 Lineya Wells 08
6 West Middle School 'A'	2:14.86
1) 1665 Jordan Krei 08	2) 1664 Payton Hunter 08
3) 1670 Virginia Olivares 08	4) 1662 Elexis Hamman 08

**Girls 4x400 Meter Relay 8th Grade**

=====			
Meet: M 4:28.50	4/11/2014	North Middle 8, North Middl	
		M Coyle, S Brand, K Glisar, K Mulder	
School			Finals
=====			
1 North Middle 8 'A'			4:44.75
1) 835 Mia Norton 08	2) 833 Caitlyn Miller 08		
3) 831 Kelsee Davis 08	4) 836 Olivia O'Brien 08		
2 Dakota Valley MS 'A'			4:47.82
1) 267 Chloe Stout 08	2) 268 Abby Wheatley 08		
3) 263 Jenna McCabe 08	4) 265 Rachel Rosenquist 08		
3 Bishop Heelan MS 'A'			4:48.45
1) 128 Jaiden Beaulieu 08	2) 136 Lea Pederson 08		
3) 132 Emma Hutchinson 08	4) 134 Grace Mahaney 08		
4 East Middle 'A'			4:58.67
1) 402 Lineya Wells 08	2) 390 Natalie Cloud 08		
3) 396 Haley Kaiser 08	4) 387 Hannah Bricker 08		
5 Sbl - Female 'A'			5:15.54
1) Tasha Freiberg 08	2) 1091 Kennedy Mathison 08		
3) 1085 Katherine Aymar 08	4) 1089 Daisy Hiserote 08		
-- SouthSiouxCity Girls 'A'			DQ
1) 1533 Christine Susana 08	2) 1525 Cynthia Fregoso 08		
3) 1520 Emame Ahamed 08	4) 1521 Yesenia Balderas 08		

**Girls 100 Meter Dash Elite**

=====				
Meet: M 12.15	4/16/2016	Khenadi Jones, S.C. West		
Name	Year	School	Finals	Wind
=====				
1 1314 Khenadi Jones	12	Sioux City West	12.37	0.2
2 1174 Mercy Oyadare	12	Sc- North	12.67	0.2
3 1311 Amelia Duax	12	Sioux City West	12.87	0.2
4 85 Maddie Brown	12	Bishop Heelan	12.96	0.2
5 87 Ellie Cropley	11	Bishop Heelan	12.99	0.2
6 561 Abby Peterson	11	Kingsly-P/Wood-C	13.03	0.2
7 1175 MaLika Peak-Wallac	11	Sc- North	13.05	0.2
8 669 JoHannah McKibben	11	Maple Valley A-O	13.56	0.2

**Girls 100 Meter Hurdles Elite**

=====				
Meet: M 14.80	4/18/2009	Nevada Sorenson, Sioux Falls Linco		
Name	Year	School	Finals	Wind
=====				
1 1216 Bryn Groff	12	Sheldon	16.35	0.5
2 1241 Alyssa Mulder	10	Sioux Center	16.61	0.5
3 448 Sydney Livermore	09	Gehlen Catholic	16.69	0.5
4 1222 Maddy Tolk	12	Sheldon	16.94	0.5
5 1541 Olivia Hamilton	11	Spencer	16.98	0.5

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****....Girls 100 Meter Hurdles Elite**

6	1534 Abby Borth	09 Spencer	17.02	0.5
7	671 Aubree Palmer	11 Maple Valley A-O	17.03	0.5

**Women 100 Meter Dash UCO**

=====  
 Meet: M 11.82 4/16/1994 Marie Brown, South Dakota

Name Year School Prelims Wind H#

## Preliminaries

1	867 Hanneke Oosterwege	SO Northern State	12.08q	2.7	4
2	1431 Karina Dufoe	SO South Dakota	12.14q	2.7	4
3	1454 Samara Spencer	FR South Dakota	12.15q	3.1	6
4	1436 Tasheka Gordon	FR South Dakota	12.35q	0.8	5
5	746 Eleka Joseph	JR Morningside	12.41q	2.2	2
6	1377 Sarah Troescher	FR Sioux Falls	12.52q	0.8	3
7	927 Jahdai Dunk	SR Northwestern (Iowa)	12.60q	0.8	3
8	187 Mallory Spear	SR Buena Vista	12.62q	1.4	1
9	860 Toni-Ann Ingram	JR Northern State	12.69	2.2	2
10	734 Aurora Arevalo	SO Morningside	12.69	3.1	6
11	935 Anna Heusinkveld	FR Northwestern (Iowa)	12.71	2.7	4
12	297 Alyssa Weidler	FR Dakota Wesleyan	12.84	2.7	4
13	1448 Ravan Kott	SR South Dakota	12.90	0.8	5
14	508 Sophia Bruckner	FR Jamestown	13.00	3.1	6
15	1416 Courtney Albrecht	SR South Dakota	13.08	2.2	2
16	189 Shania Wunschel	JR Buena Vista	13.09	2.2	2
17	959 Jana Vermeer	SR Northwestern (Iowa)	13.14	1.4	1
18	923 Devin Bloemendaal	SO Northwestern (Iowa)	13.18	0.8	3
19	526 Emily Stier	FR Jamestown	13.33	2.2	2
20	956 Bailey Van Ginkel	FR Northwestern (Iowa)	13.34	0.8	3
21	330 Pam Regenerus	FR Dordt	13.38	0.8	3
22	950 Lily Peschau	FR Northwestern (Iowa)	13.40	2.7	4
23	47 Sarah Westerman	FR Augustana (S.D.)	13.40	1.4	1
24	174 Destine Butturff	FR Buena Vista	13.40	0.8	5
25	742 Megan Ellerbeck	FR Morningside	13.43	3.1	6
26	228 Megan Schrempp	FR Dakota State	13.44	0.8	5
27	334 Hannah Veldhuisen	FR Dordt	13.47	3.1	6
28	328 Shaniese Quist	SR Dordt	13.55	1.4	1
29	222 Breanna Adsit	JR Dakota State	13.64	2.2	2
30	735 Taylor Bahensky	FR Morningside	13.75	0.8	5
31	944 Sarah Meyer	FR Northwestern (Iowa)	13.86	2.7	4
32	180 Jessica Igarashi	SO Buena Vista	13.87	2.2	2
33	1367 Clara Paul	FR Sioux Falls	13.87	1.4	1
34	1425 Alyssa Brown	SO South Dakota	13.92	0.8	3
35	181 Emma Konkler	JR Buena Vista	13.95	2.7	4
36	311 Leah Breon	JR Dordt	13.98	0.8	5
37	741 Kirsten Brockhoff	SR Morningside	14.17	3.1	6
38	754 Moira McCollam-Lar	FR Morningside	14.49	0.8	5
39	929 Jackie Griffin	JR Northwestern (Iowa)	14.60	3.1	6

## Sioux City Relays 2017 - 4/21/2017 to 4/22/2017

## Olsen Stadium

## Results

## Women 100 Meter Dash UCO

Meet: M 11.82 4/16/1994 Marie Brown, South Dakota					
Name	Year	School	Finals	Wind	
Finals					
1	867	Hanneke Oosterwege	SO Northern State	12.02	1.1
2	1431	Karina Dufoe	SO South Dakota	12.08	1.1
3	1454	Samara Spencer	FR South Dakota	12.13	1.1
4	927	Jahdai Dunk	SR Northwestern (Iowa)	12.38	1.1
5	746	Eleka Joseph	JR Morningside	12.38	1.1
6	1436	Tasheka Gordon	FR South Dakota	12.43	1.1
7	187	Mallory Spear	SR Buena Vista	12.55	1.1

## Women 200 Meter Dash UCO

Meet: M 24.02 4/17/2015 Destiny Carter, Iowa Central						
Name	Year	School	Finals	Wind	H#	
1	1431	Karina Dufoe	SO South Dakota	24.86	0.6	6
2	746	Eleka Joseph	JR Morningside	25.76	0.6	6
3	1436	Tasheka Gordon	FR South Dakota	25.78	0.6	6
4	338	Joscelyn Wind	SO Dordt	26.02	0.7	1
5	734	Aurora Arevalo	SO Morningside	26.09	0.6	6
6	1356	Jessica Justin	JR Sioux Falls	26.17	1.0	5
7	860	Toni-Ann Ingram	JR Northern State	26.31	0.6	6
8	339	Danielle Wubben	JR Dordt	26.34	1.0	5
9	1621	Mary Alderson	SR Wayne St. (Neb.)	26.55	0.6	6
10	927	Jahdai Dunk	SR Northwestern (Iowa)	26.56	1.0	5
11	935	Anna Heusinkveld	FR Northwestern (Iowa)	26.64	0.6	6
12	528	Kylee Voigt	FR Jamestown	26.75	1.0	5
13	329	Elizabeth Rankin	SO Dordt	26.80	0.5	4
14	1420	Cortney Bickley	FR South Dakota	26.93	1.0	5
15	330	Pam Regenerus	FR Dordt	27.07	0.5	4
16	312	Brittany Broersma	JR Dordt	27.11	0.7	1
17	508	Sophia Bruckner	FR Jamestown	27.23	0.5	4
18	951	Naomi Schimmel	JR Northwestern (Iowa)	27.24	0.5	4
19	227	BreeAna Olson	SR Dakota State	27.27	1.0	5
20	189	Shania Wunschel	JR Buena Vista	27.29	0.6	3
21	288	Kamberlyn Lamer	SO Dakota Wesleyan	27.34	0.6	3
22	1370	Maggie Rauh	JR Sioux Falls	27.36	0.6	3
23	47	Sarah Westerman	FR Augustana (S.D.)	27.38	0.6	3
24	526	Emily Stier	FR Jamestown	27.48	0.7	1
25	955	Katie Te Grotenhui	FR Northwestern (Iowa)	27.48	0.6	3
26	1416	Courtney Albrecht	SR South Dakota	27.49	1.3	2
27	960	Megan Willroth	FR Northwestern (Iowa)	27.65	0.5	4
28	950	Lily Peschau	FR Northwestern (Iowa)	27.73	0.6	3
29	144	Beccy Dodunski	SR Briar Cliff	27.77	0.5	4
30	179	Sunkyu Holbert	FR Buena Vista	27.78	1.3	2
31	959	Jana Vermeer	SR Northwestern (Iowa)	28.00	0.6	3
32	334	Hannah Veldhuisen	FR Dordt	28.05	1.3	2
33	42	Emma Schmidt	JR Augustana (S.D.)	28.27	0.6	3
34	24	Melissa Barella	SR Augustana (S.D.)	28.31	1.3	2
35	174	Destine Butturff	FR Buena Vista	28.53	1.3	2
36	222	Breanna Adsit	JR Dakota State	28.89	1.3	2
37	1351	Naomi Dooyema	SO Sioux Falls	29.10	0.7	1
38	150	Cassidy Schwab	FR Briar Cliff	29.11	1.3	2

## Sioux City Relays 2017 - 4/21/2017 to 4/22/2017

## Olsen Stadium

## Results

## ....Women 200 Meter Dash UCO

39	311	Leah Breon	JR	Dordt	29.15	0.7	1
40	1425	Alyssa Brown	SO	South Dakota	29.48	0.7	1
41	181	Emma Konkler	JR	Buena Vista	29.73	1.3	2
42	145	Angela Dopita	SO	Briar Cliff	30.07	0.7	1
43	183	Lindsay Meyer	JR	Buena Vista	30.51	0.7	1

## Women 400 Meter Dash UCO

=====							
Meet: M 54.71 4/17/2015 Danielle Riggins, Iowa Central							
Name	Year	School			Finals	H#	
=====							
1	1442	Brooke Ireland	JR	South Dakota	56.08		5
2	335	Miranda Velgersdyk	JR	Dordt	56.43		5
3	30	Carina Hofmeister	SR	Augustana (S.D.)	58.05		5
4	187	Mallory Spear	SR	Buena Vista	59.17		5
5	746	Eleka Joseph	JR	Morningside	59.81		4
6	528	Kylee Voigt	FR	Jamestown	59.90		4
7	27	Brooke DeVos	SO	Augustana (S.D.)	59.91		4
8	756	Rose Pelelo-Ray	SO	Morningside	1:00.03		3
9	947	Rebekah Muilenburg	SO	Northwestern (Iowa)	1:00.07		5
10	23	Emma Anderson	SR	Augustana (S.D.)	1:00.10		4
11	1420	Cortney Bickley	FR	South Dakota	1:00.22		4
12	854	Madison Barnes	FR	Northern State	1:01.35		4
13	737	Danielle Beckmann	SO	Morningside	1:01.47		3
14	953	Emily Sorensen	SO	Northwestern (Iowa)	1:02.10		3
15	748	Clare Kortlever	FR	Morningside	1:02.33		2
16	869	Elizabeth Raecke	SR	Northern State	1:02.63		3
17	735	Taylor Bahensky	FR	Morningside	1:02.79		2
18	512	Rachel Heuchert	SR	Jamestown	1:03.13		5
19	857	Mackenzie Cruzen	SO	Northern State	1:03.22		2
20	928	Katrina Engebretso	FR	Northwestern (Iowa)	1:03.98		1
21	1374	Grace Stiansen	SR	Sioux Falls	1:04.24		2
22	42	Emma Schmidt	JR	Augustana (S.D.)	1:05.25		4
23	291	Aubrey Rabenberg	FR	Dakota Wesleyan	1:05.31		2
24	876	Molly Wynn	SR	Northern State	1:05.81		3
25	762	Lydia Schwartz	FR	Morningside	1:07.62		1
26	282	Macey Claussen	FR	Dakota Wesleyan	1:08.30		2
27	743	Sonora Foresman	FR	Morningside	1:09.20		3
28	286	Michelle Johnson	FR	Dakota Wesleyan	1:13.13		1

## Women 800 Meter Run UCO

=====							
Meet: M 2:09.89 4/17/2000 Lisbeth Pedersen, unattached							
Name	Year	School			Finals	H#	
=====							
1	1452	Nicole Schmidt	SR	South Dakota	2:13.11		5
2	23	Emma Anderson	SR	Augustana (S.D.)	2:13.39		5
3	1443	Lindsay Joyce	JR	South Dakota	2:13.46		5
4	924	Katie Bosch	JR	Northwestern (Iowa)	2:14.97		5
5	755	Michelle Mumm	JR	Morningside	2:14.99		5
6	333	Justine Van Zee	SR	Dordt	2:15.59		5
7	941	Katie Landhuis	JR	Northwestern (Iowa)	2:16.02		5
8	1462	Rachael Zeiger	SR	South Dakota	2:17.19		5
9	1434	Mallory Fine	SO	South Dakota	2:17.35		5
10	1433	Jessica Feldman	SR	South Dakota	2:17.61		4



## Sioux City Relays 2017 - 4/21/2017 to 4/22/2017

## Olsen Stadium

## Results

## ...Women 800 Meter Run UCO

11	1440	Madeline Huglen	SO South Dakota	2:19.34	4
12	337	Jenna Wilgenburg	SO Dordt	2:20.36	4
13	1432	Amber Eichkorn	SR South Dakota	2:20.82	5
14	44	Cassidy Soli	JR Augustana (S.D.)	2:20.99	4
15	926	Kassidy De Jong	SO Northwestern (Iowa)	2:21.03	4
16	512	Rachel Heuchert	SR Jamestown	2:21.14	5
17	933	Breanna Harthorn	FR Northwestern (Iowa)	2:21.78	3
18	322	Annechiena Knevelb	SO Dordt	2:21.87	2
19	812	Kiana Hoff-Au	SO Mount Marty	2:22.17	5
20	861	Hannah Kastigar	SO Northern State	2:22.88	3
21	765	Cassie Warner	SO Morningside	2:23.11	3
22	1418	Brook Benes	JR South Dakota	2:23.30	2
23	750	Natalie Lambert	FR Morningside	2:23.64	3
24	952	Sam Sinclair	JR Northwestern (Iowa)	2:23.85	3
25	27	Brooke DeVos	SO Augustana (S.D.)	2:23.89	4
26	1461	Ellie Wilson	FR South Dakota	2:24.19	4
27	292	McKenna Rogers	FR Dakota Wesleyan	2:24.50	3
28	763	Tiffany Shepherd	SR Morningside	2:24.88	4
29	1360	Laura Kunz	SR Sioux Falls	2:25.52	4
30	149	Jamie Jacobsen	JR Briar Cliff	2:25.71	3
31	872	Sami Shields	FR Northern State	2:25.89	3
32	25	Carly Bauer	SR Augustana (S.D.)	2:26.03	3
33	806	Genevieve Clark	FR Mount Marty	2:26.20	4
34	752	Megan Maaske	SO Morningside	2:27.35	3
35	314	Olivia Couch	FR Dordt	2:28.29	1
36	864	Andrea Korvela	SO Northern State	2:28.42	2
37	807	Caitlin Davis	SR Mount Marty	2:29.26	3
38	1353	Becca Goertzen	SO Sioux Falls	2:29.53	2
39	934	Khiree Held	FR Northwestern (Iowa)	2:29.67	2
40	517	Christa Lysne	SR Jamestown	2:30.28	2
41	1374	Grace Stiansen	SR Sioux Falls	2:30.76	2
42	1350	Keegan Day	SO Sioux Falls	2:30.81	4
43	1357	Mattisen Kelley	SO Sioux Falls	2:31.35	2
44	332	Sarah Van Wyk	SO Dordt	2:31.36	2
45	745	Allison Higgins	JR Morningside	2:32.42	4
46	759	Destiny Scar	FR Morningside	2:33.16	2
47	318	Kaitlin Fry	FR Dordt	2:33.86	3
48	873	Hanna Wahl	SO Northern State	2:34.53	3
49	229	Victoria Sopko	SR Dakota State	2:35.24	1
50	855	Courtney Brandt	SR Northern State	2:35.59	2
51	1368	Bethany Pearson	SO Sioux Falls	2:35.67	2
52	946	Miranda Mouw	SO Northwestern (Iowa)	2:35.78	1
53	1354	Mariah Hahne	FR Sioux Falls	2:35.79	2
54	922	Kendra Bauermeiste	FR Northwestern (Iowa)	2:36.93	1
55	817	Billie Wicks	SO Mount Marty	2:37.97	2
56	1439	Allison Howard	SO South Dakota	2:38.14	1
57	514	Tiffany Jackson	SR Jamestown	2:38.76	1
58	317	Brianna Enerson	JR Dordt	2:39.16	1
59	942	Kelsey Lang	FR Northwestern (Iowa)	2:39.44	1
60	1632	Josephine Peitz	FR Wayne St. (Neb.)	2:39.80	1
61	760	Katlynn Schreiner	JR Morningside	2:39.97	1
62	815	Kelsey Sutera	SO Mount Marty	2:40.77	2
63	1363	Christian Moreno	SO Sioux Falls	2:40.96	1
64	736	Sara Bauermeister	FR Morningside	2:41.44	1
65	145	Angela Dopita	SO Briar Cliff	2:41.55	1

## Sioux City Relays 2017 - 4/21/2017 to 4/22/2017

## Olsen Stadium

## Results

## ...Women 800 Meter Run UCO

66	954	Katherine Staab	FR	Northwestern (Iowa)	2:42.70	1
67	224	Tyra Laws	JR	Dakota State	2:43.38	1
68	858	Reganne Engebretso	FR	Northern State	2:44.33	1
69	284	Taya Heisinger	FR	Dakota Wesleyan	2:52.13	1
70	223	Mercedes Jochims	JR	Dakota State	2:52.73	1
71	524	Amber Robinson	SO	Jamestown	2:53.43	1

## Women 1500 Meter Run UCO

=====						
Meet: M 4:33.71 4/12/2014 Katie Wetzstein, South Dakota						
Name	Year	School		Finals	H#	
=====						
1	1443	Lindsay Joyce	JR	South Dakota	4:32.80M	3
2	1432	Amber Eichkorn	SR	South Dakota	4:33.52M	3
3	924	Katie Bosch	JR	Northwestern (Iowa)	4:34.59	3
4	1452	Nicole Schmidt	SR	South Dakota	4:37.42	3
5	755	Michelle Mumm	JR	Morningside	4:38.00	3
6	333	Justine Van Zee	SR	Dordt	4:39.25	3
7	1433	Jessica Feldman	SR	South Dakota	4:43.01	3
8	1421	Megan Billington	SO	South Dakota	4:43.07	3
9	322	Annechiena Knevelb	SO	Dordt	4:45.44	3
10	1462	Rachael Zeiger	SR	South Dakota	4:46.50	3
11	926	Kassidy De Jong	SO	Northwestern (Iowa)	4:48.33	3
12	1459	Erin Wetzstein	JR	South Dakota	4:48.61	3
13	859	Lindsey Gast	JR	Northern State	4:52.63	3
14	763	Tiffany Shepherd	SR	Morningside	4:54.57	2
15	933	Breanna Harthoorn	FR	Northwestern (Iowa)	4:55.51	3
16	315	Erica De Schiffart	JR	Dordt	4:56.22	2
17	292	McKenna Rogers	FR	Dakota Wesleyan	4:56.50	3
18	1360	Laura Kunz	SR	Sioux Falls	4:58.24	2
19	752	Megan Maaske	SO	Morningside	5:01.81	2
20	313	Audrey Brooks	JR	Dordt	5:01.82	2
21	316	Erika Douma	JR	Dordt	5:02.07	2
22	765	Cassie Warner	SO	Morningside	5:02.53	2
23	1428	Ellie Coyle	SO	South Dakota	5:03.47	2
24	934	Khiree Held	FR	Northwestern (Iowa)	5:04.01	2
25	1350	Keegan Day	SO	Sioux Falls	5:06.69	2
26	314	Olivia Couch	FR	Dordt	5:07.53	2
27	943	Sarah Lunn	SO	Northwestern (Iowa)	5:07.78	1
28	952	Sam Sinclair	JR	Northwestern (Iowa)	5:09.23	2
29	957	Emma Van Meeteren	FR	Northwestern (Iowa)	5:09.32	2
30	309	Erin Bandstra	FR	Dordt	5:11.69	2
31	744	Alex George	FR	Morningside	5:14.59	2
32	332	Sarah Van Wyk	SO	Dordt	5:15.51	2
33	318	Kaitlin Fry	FR	Dordt	5:15.57	2
34	517	Christa Lysne	SR	Jamestown	5:17.98	1
35	1368	Bethany Pearson	SO	Sioux Falls	5:19.46	1
36	936	Krista Hovland	JR	Northwestern (Iowa)	5:19.52	1
37	806	Genevieve Clark	FR	Mount Marty	5:19.88	2
38	1357	Mattisen Kelley	SO	Sioux Falls	5:20.32	1
39	766	Mariah Wills	SR	Morningside	5:20.67	1
40	510	Allison Foster	SO	Jamestown	5:22.30	1
41	760	Katlynn Schreiner	JR	Morningside	5:22.93	1
42	873	Hanna Wahl	SO	Northern State	5:24.89	2
43	1439	Allison Howard	SO	South Dakota	5:27.99	1

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****....Women 1500 Meter Run UCO**

44	514	Tiffany Jackson	SR Jamestown	5:28.53	1
45	1354	Mariah Hahne	FR Sioux Falls	5:28.66	1
46	753	Kate Mathes	SR Morningside	5:31.14	1
47	749	Kendy Kube	FR Morningside	5:32.74	1
48	178	Emily Hoelsing	FR Buena Vista	5:36.24	1
49	177	Tara Harris	SO Buena Vista	5:42.54	1
50	229	Victoria Sopko	SR Dakota State	5:43.08	1
51	932	Sonya Hagberg	SR Northwestern (Iowa)	5:43.30	1
52	940	Alyssa Krohn	FR Northwestern (Iowa)	5:43.64	1
53	1363	Christian Moreno	SO Sioux Falls	5:54.69	1
54	184	Maya Rowe	FR Buena Vista	5:55.06	1
55	223	Mercedes Jochims	JR Dakota State	6:09.11	1
56	816	Traci Vandersnick	SO Mount Marty	6:54.45	1
--	224	Tyra Laws	JR Dakota State	DNF	1

**Women 5000 Meter Run UCO**

Meet: M 17:06.56 4/11/2014 Kristin Brondbo, Augustana					
Name	Year	School	Finals		
1	1421	Megan Billington	SO South Dakota	17:25.40	
2	1459	Erin Wetzstein	JR South Dakota	17:33.02	
3	1428	Ellie Coyle	SO South Dakota	18:44.15	
4	744	Alex George	FR Morningside	19:03.71	
5	510	Allison Foster	SO Jamestown	19:51.86	
6	321	Annika Henckel	JR Dordt	20:39.31	
7	1631	Alexis Oswald	FR Wayne St. (Neb.)	20:52.85	
8	522	Cassidy Peterson	JR Jamestown	21:43.69	
9	287	Kelsie King	SO Dakota Wesleyan	21:51.80	
10	1617	Geneva Espinoza	JR Valley City State	22:02.89	
11	310	Emma Boven	FR Dordt	22:42.51	

**Women 10000 Meter Run UCO**

Meet: M 35:44.51 4/21/1998 Stacy Johnson, Augustana					
Name	Year	School	Finals		
1	1372	Tenley Schwartz	JR Sioux Falls	38:40.89	
2	1355	Kiana Hein	JR Sioux Falls	38:47.00	
3	866	Madison Leapaldt	FR Northern State	39:12.22	
4	1568	Jacqui Meadors	Unattached	40:05.31	
5	1358	Jordin Kopplow	SR Sioux Falls	40:34.30	
6	523	Amber Posner	SO Jamestown	41:09.45	

**Women 100 Meter Hurdles UCO**

Meet: M 13.99 4/18/2015 Danielle Riggins, Iowa Central						
Name	Year	School	Prelims	Wind	H#	
Preliminaries						
1	867	Hanneke Oosterwege	SO Northern State	14.18q	0.1	3
2	22	Irene Almarcha	JR Augustana (S.D.)	14.47q	1.3	2
3	35	Olivia Montez Brow	SO Augustana (S.D.)	14.77q	0.5	1
4	1571	Ashley Thompson	NA Unattached	14.91q	0.5	1
5	36	Valerie Moos	JR Augustana (S.D.)	14.92q	1.3	2

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****...Women 100 Meter Hurdles UCO**

6	1426	Haley Bruggeman	SO South Dakota	14.96q	0.1	3
7	1419	Carmen Bermudez	FR South Dakota	15.05q	1.3	2
8	339	Danielle Wubben	JR Dordt	15.07q	0.5	1
9	939	MacKenzie Keune	FR Northwestern (Iowa)	15.21	0.1	3
10	186	Madison Spear	SR Buena Vista	15.24	0.1	3
11	1736	Alanise Williams	Unattached	15.27	0.1	3
12	506	Kaiann Arellano	JR Jamestown	15.30	1.3	2
13	288	Kamberlyn Lamer	SO Dakota Wesleyan	15.66	0.5	1
14	1570	Ellie Rew	NA Unattached	16.22	0.1	3
15	312	Brittany Broersma	JR Dordt	16.38	1.3	2
16	921	Ali Achterhof	JR Northwestern (Iowa)	16.54	0.1	3
17	150	Cassidy Schwab	FR Briar Cliff	17.07	0.5	1
18	24	Melissa Barella	SR Augustana (S.D.)	17.36	0.5	1
--	954	Katherine Staab	FR Northwestern (Iowa)	DQ	0.1	3
--	1444	Britny Kerr	FR South Dakota	DQ	0.5	1
--	525	Madelaine Rue	FR Jamestown	DQ	1.3	2
--	1379	Justine Zylstra	SO Sioux Falls	DQ	1.3	2

**Women 100 Meter Hurdles UCO**

=====						
Meet: M 13.99 4/18/2015 Danielle Riggins, Iowa Central						
Name	Year	School	Finals	Wind		
=====						
Finals						
1	867	Hanneke Oosterwege	SO Northern State	14.32	-1.2	
2	35	Olivia Montez Brow	SO Augustana (S.D.)	14.73	-1.2	
3	1426	Haley Bruggeman	SO South Dakota	14.92	-1.2	
4	1419	Carmen Bermudez	FR South Dakota	15.10	-1.2	
5	1571	Ashley Thompson	NA Unattached	15.27	-1.2	
6	339	Danielle Wubben	JR Dordt	15.54	-1.2	

**Women 400 Meter Hurdles UCO**

=====						
Meet: M 1:00.55 4/15/1995 Anna Ratzloff, Augustana						
Name	Year	School	Finals	H#		
=====						
1	36	Valerie Moos	JR Augustana (S.D.)	1:02.40	3	
2	1426	Haley Bruggeman	SO South Dakota	1:04.04	3	
3	738	Payton Boer	SO Morningside	1:05.06	3	
4	939	MacKenzie Keune	FR Northwestern (Iowa)	1:05.65	3	
5	1736	Alanise Williams	Unattached	1:05.80	2	
6	40	Morgan Rothschadl	FR Augustana (S.D.)	1:06.04	2	
7	186	Madison Spear	SR Buena Vista	1:06.23	3	
8	1419	Carmen Bermudez	FR South Dakota	1:06.56	2	
9	22	Irene Almarcha	JR Augustana (S.D.)	1:06.89	3	
10	1430	Hannah Draayer	FR South Dakota	1:06.90	2	
11	948	Jordyn Oostra	JR Northwestern (Iowa)	1:07.06	3	
12	323	Kim Kroeze	SR Dordt	1:08.58	2	
13	43	Ashley Solano	SO Augustana (S.D.)	1:09.61	2	
14	280	Kaylynn Anziano	FR Dakota Wesleyan	1:09.75	1	
15	1427	Phoenix Choal	FR South Dakota	1:10.07	1	
16	34	Taylor Koch	FR Augustana (S.D.)	1:10.19	3	
17	921	Ali Achterhof	JR Northwestern (Iowa)	1:10.68	2	
18	180	Jessica Igarashi	SO Buena Vista	1:11.84	1	
19	336	Jordyn Visscher	SR Dordt	1:12.10	1	

## Sioux City Relays 2017 - 4/21/2017 to 4/22/2017

## Olsen Stadium

## Results

## ...Women 400 Meter Hurdles UCO

20	525	Madelaine Rue	FR Jamestown	1:12.53	1
21	176	Allyson Ervin	SO Buena Vista	1:13.89	1
22	1567	Mari Gonzales	JR Unattached	1:14.40	1
23	810	Morgan Hansen	FR Mount Marty	1:19.55	1

## Women 3000 Meter Steeplechase UCO

=====					
Meet: M 10:41.76 4/14/2012 Kyle Blakeslee, Augustana					
Name	Year	School	Finals		
=====					
1	1440	Madeline Huglen	SO South Dakota	10:42.42	
2	865	Paige Larson	SO Northern State	11:19.96	
3	738	Payton Boer	SO Morningside	11:23.73	
4	745	Allison Higgins	JR Morningside	11:29.77	
5	1418	Brook Benes	JR South Dakota	11:35.02	
6	39	Rebekah Rairdon	FR Augustana (S.D.)	11:47.99	
7	750	Natalie Lambert	FR Morningside	11:50.43	
8	38	Rachel Rairdon	FR Augustana (S.D.)	11:58.77	
9	1353	Becca Goertzen	SO Sioux Falls	11:59.10	
10	1347	Montana Belford	FR Sioux Falls	12:00.71	
11	336	Jordyn Visscher	SR Dordt	12:53.18	
12	817	Billie Wicks	SO Mount Marty	14:46.56	

## Women 4x100 Meter Relay UCO

=====					
Meet: M 46.88 4/16/2010 Mary, Mary					
K Nelson, N Coombs, M Weber, K Stewart					
School	Finals			H#	
=====					
1	South Dakota 'A'		47.60	2	
	1) 1431 Karina Dufoe SO	2) 1448 Ravan Kott SR			
	3) 1436 Tasheka Gordon FR	4) 1454 Samara Spencer FR			
2	Northern State 'A'		48.53	2	
	1) 869 Elizabeth Raecke SR	2) 867 Hanneke Oosterwegel SO			
	3) 854 Madison Barnes FR	4) 860 Toni-Ann Ingram JR			
3	Dordt 'A'		48.83	2	
	1) 335 Miranda Velgersdyk JR	2) 338 Joscelyn Wind SO			
	3) 330 Pam Regenerus FR	4) 339 Danielle Wubben JR			
4	Northwestern (Iowa) 'A'		49.03	2	
	1) 927 Jahdai Dunk SR	2) 959 Jana Vermeer SR			
	3) 923 Devin Bloemendaal SO	4) 935 Anna Heusinkveld FR			
5	Morningside 'A'		49.86	2	
	1) 742 Megan Ellerbeck FR	2) 734 Aurora Arevalo SO			
	3) 739 Elizabeth Bohlmann JR	4) 746 Eleka Joseph JR			
6	Buena Vista 'A'		50.02	2	
	1) 189 Shania Wunschel JR	2) 186 Madison Spear SR			
	3) 174 Destine Butturff FR	4) 187 Mallory Spear SR			
7	Dakota Wesleyan 'A'		50.89	1	
	1) 297 Alyssa Weidler FR	2) 296 Meghan Travis SO			
	3) 288 Kamberlyn Lamer SO	4) 280 Kaylynn Anziano FR			
8	Jamestown 'A'		51.10	1	
	1) 525 Madelaine Rue FR	2) 528 Kylee Voigt FR			
	3) 515 Julia Johnson FR	4) 508 Sophia Bruckner FR			
9	Dordt 'B'		53.23	2	
	1) 312 Brittany Broersma JR	2) 328 Shaniese Quist SR			

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

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**Results**

**....Women 4x100 Meter Relay UCO**

3) 334 Hannah Veldhuisen FR	4) 326 Raquelle Mouw JR
10 Morningside 'B'	55.24 1
1) 747 Kati Kneifl SO	2) 754 Moira McCollam-Larson FR
3) 762 Lydia Schwartz FR	4) 741 Kirsten Brockhoff SR

**Women 4x200 Meter Relay UCO**

=====  
 Meet: M 1:39.71 4/16/1994 South Dakota, South Dakota  
 M. Christie J. Bowne C. McFarland M. Brown  
 School Finals H#  
 =====

1 South Dakota 'A'	1:39.90 2
1) 1431 Karina Dufoe SO	2) 1436 Tasheka Gordon FR
3) 1442 Brooke Ireland JR	4) 1448 Ravan Kott SR
2 Northern State 'A'	1:42.39 2
1) 860 Toni-Ann Ingram JR	2) 869 Elizabeth Raecke SR
3) 857 Mackenzie Cruzen SO	4) 867 Hanneke Oosterwegel SO
3 Dordt 'A'	1:43.72 1
1) 338 Joscelyn Wind SO	2) 330 Pam Regenerus FR
3) 329 Elizabeth Rankin SO	4) 335 Miranda Velgersdyk JR
4 Jamestown 'A'	1:47.28 2
1) 508 Sophia Bruckner FR	2) 506 Kaiann Arellano JR
3) 512 Rachel Heuchert SR	4) 528 Kylee Voigt FR
5 Sioux Falls 'A'	1:47.65 1
1) 1356 Jessica Justin JR	2) 1359 Kara Koth JR
3) 1379 Justine Zylstra SO	4) 1370 Maggie Rauh JR
6 Northwestern (Iowa) 'A'	1:48.61 2
1) 950 Lily Peschau FR	2) 955 Katie Te Grotenhuis FR
3) 959 Jana Vermeer SR	4) 960 Megan Willroth FR
7 Morningside 'A'	1:49.38 2
1) 737 Danielle Beckmann SO	2) 735 Taylor Bahensky FR
3) 742 Megan Ellerbeck FR	4) 743 Sonora Foresman FR
8 Dordt 'B'	1:52.86 1
1) 312 Brittany Broersma JR	2) 334 Hannah Veldhuisen FR
3) 323 Kim Kroeze SR	4) 326 Raquelle Mouw JR
9 Morningside 'B'	1:55.65 2
1) 748 Clare Kortlever FR	2) 762 Lydia Schwartz FR
3) 754 Moira McCollam-Larson FR	4) 741 Kirsten Brockhoff SR
-- Briar Cliff 'A'	DQ 2
1) 152 Johanna Vaske FR	2) 150 Cassidy Schwab FR
3) 144 Beccy Dodunski SR	4) 149 Jamie Jacobsen JR

**Women 4x400 Meter Relay UCO**

=====  
 Meet: M 3:49.05 4/22/1992 North Dakota State, North Dako  
 Ristau, Koehn, Kelly, Faus  
 School Finals H#  
 =====

1 Dordt 'A'	3:53.75 2
1) 335 Miranda Velgersdyk JR	2) 329 Elizabeth Rankin SO
3) 337 Jenna Wilgenburg SO	4) 338 Joscelyn Wind SO
2 South Dakota 'A'	3:54.98 2
1) 1430 Hannah Draayer FR	2) 1434 Mallory Fine SO
3) 1461 Ellie Wilson FR	4) 1442 Brooke Ireland JR
3 Morningside 'A'	3:58.47 2

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

**Olsen Stadium**

**Results**

**...Women 4x400 Meter Relay UCO**

1) 734 Aurora Arevalo SO	2) 755 Michelle Mumm JR		
3) 738 Payton Boer SO	4) 756 Rose Pelelo-Ray SO		
4 Northwestern (Iowa) 'A'		3:58.65	2
1) 953 Emily Sorensen SO	2) 947 Rebekah Muilenburg SO		
3) 939 MacKenzie Keune FR	4) 941 Katie Landhuis JR		
5 Buena Vista 'A'		4:07.68	1
1) 186 Madison Spear SR	2) 189 Shania Wunschel JR		
3) 180 Jessica Igarashi SO	4) 187 Mallory Spear SR		
6 Morningside 'B'		4:10.21	1
1) 743 Sonora Foresman FR	2) 735 Taylor Bahensky FR		
3) 748 Clare Kortlever FR	4) 765 Cassie Warner SO		
7 South Dakota 'B'		4:10.94	2
1) 1420 Cortney Bickley FR	2) 1433 Jessica Feldman SR		
3) 1462 Rachael Zeiger SR	4) 1432 Amber Eichkorn SR		
8 Mount Marty 'A'		4:12.24	2
1) 807 Caitlin Davis SR	2) 806 Genevieve Clark FR		
3) 815 Kelsey Sutura SO	4) 812 Kiana Hoff-Au SO		
9 Dakota Wesleyan 'A'		4:19.45	1
1) 288 Kamberlyn Lamer SO	2) 282 Macey Claussen FR		
3) 291 Aubrey Rabenberg FR	4) 280 Kaylynn Anziano FR		
10 Northern State 'A'		4:20.27	1
1) 864 Andrea Korvela SO	2) 872 Sami Shields FR		
3) 855 Courtney Brandt SR	4) 858 Reganne Engebretson FR		
11 Dordt 'B'		4:22.99	2
1) 323 Kim Kroeze SR	2) 339 Danielle Wubben JR		
3) 326 Raquelle Mouw JR	4) 330 Pam Regenerus FR		
12 Morningside 'C'		4:26.26	1
1) 762 Lydia Schwartz FR	2) 752 Megan Maaske SO		
3) 763 Tiffany Shepherd SR	4) 745 Allison Higgins JR		
13 Morningside 'D'		4:47.09	1
1) 759 Destiny Scar FR	2) 742 Megan Ellerbeck FR		
3) 753 Kate Mathes SR	4) 766 Mariah Wills SR		

**Women 4x800 Meter Relay UCO**

=====  
 Meet: M 9:13.39 4/14/2012 South Dakota, South Dakota  
 R Weinandt, N Newman, K Mullen, E Ladwig  
 School Finals  
 =====

1 Northern State 'A'		10:24.21
1) 864 Andrea Korvela SO	2) 855 Courtney Brandt SR	
3) 872 Sami Shields FR	4) 858 Reganne Engebretson FR	
2 Wayne St. (Neb.) 'A'		11:21.86
1) 1627 Melissa Kroll SR	2) 1621 Mary Alderson SR	
3) 1632 Josephine Peitz FR	4) 1801 Kim Lowman FR	

**Women 1600 Sprint Medley UCO**

=====  
 Meet: M 4:08.53 4/20/2000 North Dakota State, North D  
 J. Theeler T. Wigley-Bundy C. Ward R Kraft  
 School Finals  
 =====

1 South Dakota 'A'		4:09.49
1) 1416 Courtney Albrecht SR	2) 1448 Ravan Kott SR	
3) 1452 Nicole Schmidt SR	4) 1443 Lindsay Joyce JR	

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**Results**

**...Women 1600 Sprint Medley UCO**

2 Dordt 'A'	4:11.58
1) 339 Danielle Wubben JR	2) 330 Pam Regenerus FR
3) 337 Jenna Wilgenburg SO	4) 324 Kelsey Lewis SR
3 Morningside 'A'	4:12.19
1) 746 Eleka Joseph JR	2) 734 Aurora Arevalo SO
3) 737 Danielle Beckmann SO	4) 756 Rose Pelelo-Ray SO
4 Briar Cliff 'A'	4:29.56
1) 150 Cassidy Schwab FR	2) 145 Angela Dopita SO
3) 144 Beccy Dodunski SR	4) 149 Jamie Jacobsen JR
5 Northwestern (Iowa) 'A'	4:32.13
1) 950 Lily Peschau FR	2) 955 Katie Te Grotenhuis FR
3) 948 Jordyn Oostra JR	4) 922 Kendra Bauermeister FR
6 Northern State 'A'	4:35.04
1) 854 Madison Barnes FR	2) 869 Elizabeth Raecke SR
3) 876 Molly Wynn SR	4) 857 Mackenzie Cruzen SO

**Women High Jump UCO**

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=====
Meet: M 5-10.75 4/14/2012 Megan Glisar, Morningside
Name Year School Finals
=====
1 32 Kelsey Kaufmann SR Augustana (S.D.) 1.68m 5-06.00
1.53 1.58 1.63 1.68 1.73
P O XO O XXX
2 506 Kaiann Arellano JR Jamestown J1.68m 5-06.00
1.53 1.58 1.63 1.68 1.73
XO O XO XXO XXX
3 1444 Britny Kerr FR South Dakota 1.63m 5-04.25
1.53 1.58 1.63 1.68
P O O XXX
4 338 Joscelyn Wind SO Dordt 1.58m 5-02.25
1.53 1.58 1.63
O XXO XXX
4 26 Christine Campbell SR Augustana (S.D.) 1.58m 5-02.25
1.53 1.58 1.63
O XXO XXX
6 853 Sonia Alaman FR Northern State 1.53m 5-00.25
1.53 1.58
XXO XXX
6 1369 Miranda Phipps FR Sioux Falls 1.53m 5-00.25
1.53 1.58
XO XXX
6 1426 Haley Bruggeman SO South Dakota 1.53m 5-00.25
1.53 1.58
XXO XXX
6 949 Hannah Paauw FR Northwestern (Iowa) 1.53m 5-00.25
1.53 1.58
O XXX
6 294 Andrea Sokolowski FR Dakota Wesleyan 1.53m 5-00.25
1.53 1.58
XXO XXX
6 185 Brooke Runneberg SO Buena Vista 1.53m 5-00.25
1.53 1.58
O XXX
=====
    
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**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

**Olsen Stadium  
Results**

**...Women High Jump UCO**

--	1378	Faith Voehl	JR Sioux Falls	NH
	1.53	XXX		
--	24	Melissa Barella	SR Augustana (S.D.)	NH
	1.53	XXX		
--	296	Meghan Travis	SO Dakota Wesleyan	NH
	1.53	XXX		
--	1633	Shelby Roth	SO Wayne St. (Neb.)	NH
	1.53	XXX		
--	35	Olivia Montez Brow	SO Augustana (S.D.)	NH
	1.53	XXX		
--	928	Katrina Engebretso	FR Northwestern (Iowa)	NH
	1.53	XXX		
--	809	Katherine Glenn	FR Mount Marty	NH
	1.53	XXX		
--	758	Madison Reed	FR Morningside	NH
	1.53	XXX		
--	955	Katie Te Grotenhui	FR Northwestern (Iowa)	NH
	1.53	XXX		

**Women Pole Vault UCO**

=====

Meet: M 13-06 4/14/2012 Emily Grove, South Dakota

Name	Year	School	Finals
1 1437 Emily Grove	SR	South Dakota	4.60m 15-01.00
2.81 2.96 3.11 3.26 3.41 3.56 3.71 3.86 4.01 4.06 4.11 4.16 4.21 4.26 4.40 4.52 4.60 4.65			
PPP PPP PPP PPP PPP PPP PPP PPP PPP PPP O PPP PPP XO XXO XXO O XX			
2 1424 Emily Brigham	SR	South Dakota	4.01m 13-01.75
2.81 2.96 3.11 3.26 3.41 3.56 3.71 3.86 4.01 4.06 4.11			
PPP PPP PPP PPP PPP PPP O O XXO PPP XXX			
2 1569 Kimberly Peterson	JR	Unattached	4.01m 13-01.75
2.81 2.96 3.11 3.26 3.41 3.56 3.71 3.86 4.01 4.06			
PPP PPP PPP PPP PPP PPP O O XXO XXX			
4 1441 Makiah Hunt	FR	South Dakota	3.86m 12-08.00
2.81 2.96 3.11 3.26 3.41 3.56 3.71 3.86 4.01 4.06			
PPP PPP PPP PPP PPP O XO O PPP XXX			
5 220 Allison Brooks	SO	Concordia (Neb.)	J3.86m 12-08.00
2.81 2.96 3.11 3.26 3.41 3.56 3.71 3.86 4.01			
PPP PPP PPP PPP PPP PPP XXO O XXX			
6 221 McKenzie Gravo	SO	Concordia (Neb.)	J3.86m 12-08.00
2.81 2.96 3.11 3.26 3.41 3.56 3.71 3.86 4.01			
PPP PPP PPP PPP PPP XO XO XO XXX			
7 1361 Hannah Linder	SR	Sioux Falls	3.56m 11-08.00
2.81 2.96 3.11 3.26 3.41 3.56 3.71			
PPP PPP PPP O XXO O XXX			

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

**Olsen Stadium  
Results**

**....Women Pole Vault UCO**

8	1365 Megan Muller	SR Sioux Falls	J3.56m	11-08.00
	2.81 2.96 3.11 3.26 3.41 3.56 3.71			
	PPP PPP PPP PPP PPP XO XXX			
9	1373 Sydney Siekman	FR Sioux Falls	3.41m	11-02.25
	2.81 2.96 3.11 3.26 3.41 3.56			
	PPP PPP XXO O XO XXX			
10	804 Emily Boyle	JR Mount Marty	3.26m	10-08.25
	2.81 2.96 3.11 3.26 3.41			
	OPP O O O XXX			
11	1371 Brenna Schmidt	SO Sioux Falls	J3.26m	10-08.25
	2.81 2.96 3.11 3.26 3.41			
	PPP XXO O O XXX			
12	37 Lily Noble	SO Augustana (S.D.)	J3.26m	10-08.25
	2.81 2.96 3.11 3.26 3.41			
	PPP XXO XO O XXX			
13	1364 Amy Muller	FR Sioux Falls	3.11m	10-02.50
	2.81 2.96 3.11 3.26			
	PPP O O XXX			
14	951 Naomi Schimmel	JR Northwestern (Iowa)	2.96m	9-08.50
	2.81 2.96 3.11			
	O O XXX			
--	1450 Madison Mills	SR South Dakota	NH	
	2.81 2.96 3.11 3.26 3.41 3.56 3.71			
	PPP PPP PPP PPP PPP PPP XXX			
--	811 Christina Herrbold	JR Mount Marty	NH	
	2.81			
	XXX			
--	518 Madison Mach	SO Jamestown	NH	
	2.81 2.96 3.11			
	PPP PPP XXX			

**Women Long Jump UCO**

=====						
Meet: M 19-11.75 4/13/2013 Neeia Cooperwood, Morningside						
Name	Year	School	Finals	Wind		
=====						
1	35	Olivia Montez Brow	SO Augustana (S.D.)	5.61m	-0.4	18-05.00
		5.61m(-0.4)	5.55m(-0.1)	5.44m(-0.3)	PASS	PASS
2	339	Danielle Wubben	JR Dordt	5.39m	-0.1	17-08.25
		5.30m(0.5)	5.21m(0.2)	5.39m(-0.1)	5.38m(1.5)	5.22m(-0.0)
		5.31m(0.3)				
3	1348	Jada Carr	JR Sioux Falls	5.37m	NWI	17-07.50
		5.30m(-0.3)	FOUL	5.37m(-0.0)	FOUL	FOUL
				FOUL		
4	1454	Samara Spencer	FR South Dakota	5.32m	0.1	17-05.50
		5.32m(0.1)	PASS	PASS	PASS	PASS
5	152	Johanna Vaske	FR Briar Cliff	5.17m	NWI	16-11.50
		4.94m(0.3)	FOUL	4.96m(-0.1)	4.86m(0.1)	5.06m(0.2)
				5.17m(-0.0)		
6	1571	Ashley Thompson	NA Unattached	5.16m	0.3	16-11.25
		5.12m(-0.4)	5.16m(0.3)	5.10m(-0.7)	PASS	PASS
				PASS		
7	1376	Mahli Strasser	FR Sioux Falls	5.15m	0.6	16-10.75
		5.11m(1.4)	FOUL	FOUL	5.05m(0.5)	FOUL
				5.15m(0.6)		
8	739	Elizabeth Bohlmann	JR Morningside	5.14m	-0.6	16-10.50
		5.14m(-0.6)	4.89m(-0.2)	5.02m(0.5)	4.92m(0.3)	5.14m(1.1)
				FOUL		
9	331	Natalie Van Essen	SR Dordt	5.13m	1.7	16-10.00
		5.04m(-0.3)	4.95m(-0.9)	5.07m(0.2)	FOUL	5.05m(-0.1)
				5.13m(1.7)		

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

**Olsen Stadium**

**Results**

**....Women Long Jump UCO**

10	338	Joscelyn Wind	SO Dordt	4.88m	-0.3	16-00.25
		4.88m(-0.3) 4.78m(-1.0)	FOUL			
11	174	Destine Butturff	FR Buena Vista	4.81m	0.8	15-09.50
		4.60m(-0.1) 4.81m(0.8)	FOUL			
12	189	Shania Wunschel	JR Buena Vista	4.80m	0.5	15-09.00
		FOUL 4.80m(0.5) 4.67m(-0.0)				
13	297	Alyssa Weidler	FR Dakota Wesleyan	4.78m	-0.4	15-08.25
		4.41m(0.8) 4.77m(-0.1) 4.78m(-0.4)				
14	1426	Haley Bruggeman	SO South Dakota	4.77m	0.7	15-07.75
		4.77m(0.7) 4.70m(2.4)	ND(NWI)			
15	853	Sonia Alaman	FR Northern State	4.71m	1.3	15-05.50
		FOUL 4.71m(1.3)	ND(NWI)			
16	328	Shaniese Quist	SR Dordt	4.70m	0.2	15-05.00
		4.70m(0.2) FOUL	ND(NWI)			
16	1634	Siera Zach	JR Wayne St. (Neb.)	4.70m	-0.3	15-05.00
		FOUL 4.69m(-0.0) 4.70m(-0.3)				
18	1629	Riana Noelle	FR Wayne St. (Neb.)	4.63m	0.4	15-02.25
		FOUL FOUL 4.63m(0.4)				
18	47	Sarah Westerman	FR Augustana (S.D.)	4.63m	0.4	15-02.25
		4.50m(0.4) 4.63m(0.4)	FOUL			
20	526	Emily Stier	FR Jamestown	4.59m	0.2	15-00.75
		4.59m(0.2) FOUL	ND(NWI)			
21	182	Victoria Leffler	SO Buena Vista	4.54m	0.7	14-10.75
		FOUL 4.54m(0.7)	ND(NWI)			
21	506	Kaiann Arellano	JR Jamestown	4.54m	0.2	14-10.75
		4.26m(0.1) 4.54m(0.2)	ND(NWI)			
23	515	Julia Johnson	FR Jamestown	4.47m	0.1	14-08.00
		FOUL 4.47m(0.1)	FOUL			
24	308	Jacqui Balt	FR Dordt	4.45m	-0.4	14-07.25
		4.44m(0.1) 4.45m(-0.4)	ND(NWI)			
25	809	Katherine Glenn	FR Mount Marty	4.29m	-0.1	14-01.00
		4.27m(0.1) 4.29m(-0.1)	ND(NWI)			
26	179	Sunkyu Holbert	FR Buena Vista	4.28m	0.1	14-00.50
		4.28m(0.1) 4.07m(-0.0)	ND(NWI)			
27	929	Jackie Griffin	JR Northwestern (Iowa)	4.26m	0.4	13-11.75
		4.15m(0.5) 4.26m(0.4)	ND(NWI)			
28	525	Madelaine Rue	FR Jamestown	4.24m	0.8	13-11.00
		3.99m(1.0) 4.24m(0.8)	ND(NWI)			
28	326	Raquelle Mouw	JR Dordt	4.24m	1.3	13-11.00
		4.24m(1.3) 4.00m(0.4)	FOUL			
30	183	Lindsay Meyer	JR Buena Vista	4.13m	0.2	13-06.75
		3.89m(0.1) 4.13m(0.2)	ND(NWI)			
--	289	Kristen Longville	SO Dakota Wesleyan	FOUL		
		FOUL FOUL FOUL				
--	747	Kati Kneifl	SO Morningside	FOUL		
		FOUL FOUL FOUL				
--	813	Viola Ishmael	FR Mount Marty	FOUL		
		FOUL FOUL FOUL				

**Women Triple Jump UCO**

=====						
Meet: M 42-06.25 4/22/2014 Kenna Wolter, unattached						
Name	Year	School	Finals	Wind		
=====						

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

**Olsen Stadium**

**Results**

**....Women Triple Jump UCO**

1	1571 Ashley Thompson	NA Unattached	11.77m	0.8	38-07.50
	11.77m(0.8) FOUL	11.58m(0.8) 11.13m(0.2) FOUL	11.74m(-0.1)		
2	1454 Samara Spencer	FR South Dakota	11.42m	0.1	37-05.75
	FOUL 11.42m(0.1) 10.44m(-0.1) FOUL	FOUL	11.37m(-0.1)		
3	1444 Britny Kerr	FR South Dakota	11.25m	1.5	36-11.00
	10.93m(-0.1) 11.25m(1.5) 11.21m(-0.0) PASS	10.71m(-0.3) PASS			
4	1438 Ivy Haines	FR South Dakota	11.17m	+0.0	36-07.75
	10.37m(0.5) 10.55m(0.6) 10.23m(0.7) 10.33m(0.2) 11.17m(+0.0) 10.57m(-0.4)				
5	45 Coley Stoller	JR Augustana (S.D.)	10.91m	0.4	35-09.50
	10.51m(-0.2) FOUL 10.91m(0.4) FOUL	10.78m(-0.2) FOUL			
6	289 Kristen Longville	SO Dakota Wesleyan	10.60m	+0.0	34-09.50
	FOUL 10.34m(0.4) 10.55m(0.8) FOUL	FOUL	10.60m(+0.0)		
7	1367 Clara Paul	FR Sioux Falls	10.36m	0.2	34-00.00
	10.25m(0.4) 10.36m(0.2) FOUL	PASS PASS	PASS		
8	182 Victoria Leffler	SO Buena Vista	10.32m	1.5	33-10.25
	FOUL 10.32m(1.5) FOUL	10.19m(0.1) 10.04m(0.2) 9.54m(-0.0)			
9	515 Julia Johnson	FR Jamestown	10.07m	0.2	33-00.50
	10.07m(0.2) FOUL	FOUL FOUL	FOUL	9.97m(0.4)	
10	326 Raquelle Mouw	JR Dordt	10.04m	1.0	32-11.25
	9.86m(0.5) 10.04m(1.0) FOUL				
11	308 Jacqui Balt	FR Dordt	9.63m	-0.2	31-07.25
	9.61m(-0.0) 9.54m(0.1) 9.63m(-0.2)				
12	29 Gabbie Hagen	FR Augustana (S.D.)	9.38m	1.0	30-09.25
	FOUL FOUL 9.38m(1.0)				
13	929 Jackie Griffin	JR Northwestern (Iowa)	9.08m	NWI	29-09.50
	9.08m(-0.0) FOUL	FOUL			
--	1629 Riana Noelle	FR Wayne St. (Neb.)	FOUL		
	FOUL FOUL FOUL				
--	853 Sonia Alaman	FR Northern State	FOUL		
	FOUL FOUL FOUL				
--	813 Viola Ishmael	FR Mount Marty	FOUL		
	FOUL FOUL FOUL				

**Women Shot Put UCO**

=====						
Meet: M 59-07 4/18/2009 Rachel Jansen, unattached						
	Name	Year	School		Finals	
=====						
1	1457 Danielle Waldner	SR	South Dakota	16.29m	53-05.50	
	14.42m 16.29m 15.88m 15.94m 15.75m	FOUL				
2	1623 Michaela Dendinger	JR	Wayne St. (Neb.)	15.83m	51-11.25	
	FOUL 14.89m 14.53m 14.52m 15.43m 15.83m					
3	1429 Meghan Dennis	SR	South Dakota	13.97m	45-10.00	
	13.97m 13.26m FOUL 13.29m FOUL 13.62m					
4	1625 Tia Jones	FR	Wayne St. (Neb.)	13.72m	45-00.25	
	FOUL 12.88m 13.72m 13.54m 13.60m FOUL					
5	1458 Mary Wester	SO	South Dakota	13.44m	44-01.25	
	12.82m 13.44m FOUL FOUL 12.93m FOUL					
6	1366 Ashley Ostrem	SR	Sioux Falls	12.69m	41-07.75	
	11.42m 12.29m FOUL 12.69m FOUL FOUL					
7	46 Izzy Van Veldhuize	FR	Augustana (S.D.)	12.47m	40-11.00	
	FOUL 12.47m 12.10m FOUL 12.35m 12.30m					
8	225 Kylie Martin	SR	Dakota State	12.12m	39-09.25	
	11.61m FOUL 12.07m 11.81m 12.12m FOUL					
9	188 Grace Telfer	SO	Buena Vista	12.01m	39-05.00	
	FOUL 11.50m 12.01m FOUL FOUL FOUL					

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

**Olsen Stadium**

**Results**

**....Women Shot Put UCO**

10	295 Mikaela Stofferahn	FR Dakota Wesleyan	11.98m	39-03.75
	11.66m 11.91m 11.98m			
11	151 Andrea Urban	JR Briar Cliff	11.93m	39-01.75
	11.91m 11.93m FOUL			
12	143 Kaylee Blake	SR Briar Cliff	11.71m	38-05.00
	11.71m FOUL FOUL			
12	871 Autumn Schulz	SR Northern State	11.71m	38-05.00
	10.88m 11.71m 11.18m			
14	931 Darbi Gustafson	FR Northwestern (Iowa)	11.51m	37-09.25
	11.21m 11.51m 11.24m			
15	175 Cristyn Eischeid	JR Buena Vista	11.50m	37-08.75
	11.29m 11.50m FOUL			
16	1362 Jaimie McNamee	FR Sioux Falls	11.08m	36-04.25
	11.08m 11.02m 10.76m			
17	945 Hannah Morgan	SO Northwestern (Iowa)	10.98m	36-00.25
	10.98m 10.05m 10.66m			
18	862 Nicolette Kneeland	FR Northern State	10.87m	35-08.00
	10.73m 10.75m 10.87m			
19	1447 Eleni Knapp	FR South Dakota	10.73m	35-02.50
	FOUL FOUL 10.73m			
20	740 Holly Brock	JR Morningside	10.64m	34-11.00
	10.37m 10.64m FOUL			
21	285 Kristen Jennings	FR Dakota Wesleyan	10.60m	34-09.50
	FOUL 10.53m 10.60m			
22	521 Rebecca Nord	JR Jamestown	10.57m	34-08.25
	9.96m 10.57m 10.02m			
23	733 Meagan Andersen	JR Morningside	10.55m	34-07.50
	10.55m 10.29m 9.88m			
24	511 Paulina Haak	SO Jamestown	10.52m	34-06.25
	10.28m 10.02m 10.52m			
25	925 Molly Cunard	JR Northwestern (Iowa)	10.36m	34-00.00
	10.00m 10.27m 10.36m			
26	1352 Haley Fockler	FR Sioux Falls	10.29m	33-09.25
	10.12m 10.29m 9.31m			
27	520 Moira McNally	FR Jamestown	10.22m	33-06.50
	10.22m 9.53m FOUL			
28	529 Alicia Weiand	FR Jamestown	10.14m	33-03.25
	10.14m 10.07m 9.75m			
29	226 Jobi McCreary	FR Dakota State	10.11m	33-02.00
	10.11m 9.98m 9.48m			
30	513 Rebekah Hilgemann	SO Jamestown	9.94m	32-07.50
	9.94m 9.71m 9.78m			
31	808 Shelby Fasching	FR Mount Marty	9.84m	32-03.50
	9.51m 9.84m 9.67m			
32	146 Olivia Ferguson	SO Briar Cliff	9.60m	31-06.00
	9.60m 9.40m 9.39m			
33	1626 Samantha Kennedy	SO Wayne St. (Neb.)	7.48m	24-06.50
	7.48m 7.48m 6.94m			

**Women Discus Throw UCO**

=====				
Meet: M 168-00 4/20/1998 Nancy Overman, South Dakota State				
Name	Year	School	Finals	
=====				

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****....Women Discus Throw UCO**

1	1623 Michaela Dendinger	JR Wayne St. (Neb.)	50.12m	164-05
	FOUL 48.59m 47.39m 46.30m 50.12m FOUL			
2	143 Kaylee Blake	SR Briar Cliff	44.44m	145-10
	44.35m 43.55m 44.44m FOUL FOUL FOUL			
3	1429 Meghan Dennis	SR South Dakota	44.29m	145-04
	FOUL 40.48m 44.29m 42.67m FOUL 40.93m			
4	1630 Kacie O'Connor	JR Wayne St. (Neb.)	43.07m	141-04
	38.64m 43.07m FOUL 42.19m FOUL 42.79m			
5	1362 Jaimie McNamee	FR Sioux Falls	42.81m	140-05
	40.56m 42.81m 42.58m 35.42m FOUL 41.73m			
6	1457 Danielle Waldner	SR South Dakota	42.68m	140-00
	FOUL FOUL 42.03m FOUL FOUL 42.68m			
7	1451 Molly Schiermeyer	SO South Dakota	40.79m	133-10
	40.79m FOUL FOUL 38.03m FOUL 40.09m			
8	761 Casey Schuster	SR Morningside	40.73m	133-07
	FOUL 39.75m 37.31m 40.69m 40.73m FOUL			
9	1366 Ashley Ostrem	SR Sioux Falls	39.00m	127-11
	37.06m 39.00m 38.90m FOUL 35.74m 35.06m			
10	945 Hannah Morgan	SO Northwestern (Iowa)	38.93m	127-09
	38.93m 36.87m FOUL			
11	295 Mikaela Stofferahn	FR Dakota Wesleyan	38.39m	125-11
	FOUL 37.44m 38.39m			
12	1456 Elizabeth Szymonsk	SR South Dakota	38.23m	125-05
	38.23m FOUL FOUL			
13	958 Christina Vanderby	SR Northwestern (Iowa)	37.09m	121-08
	37.09m 35.53m FOUL			
14	1447 Eleni Knapp	FR South Dakota	36.81m	120-09
	FOUL 36.81m 36.23m			
15	285 Kristen Jennings	FR Dakota Wesleyan	36.45m	119-07
	FOUL 36.45m 35.73m			
16	1458 Mary Wester	SO South Dakota	36.14m	118-07
	FOUL 36.14m FOUL			
17	764 Kaylee Van Voorst	JR Morningside	36.07m	118-04
	FOUL FOUL 36.07m			
18	151 Andrea Urban	JR Briar Cliff	35.20m	115-06
	33.05m 33.61m 35.20m			
19	325 Bekah Mead	SR Dordt	35.03m	114-11
	34.74m 35.03m 33.58m			
20	733 Meagan Andersen	JR Morningside	35.00m	114-10
	34.11m FOUL 35.00m			
21	225 Kylie Martin	SR Dakota State	34.89m	114-06
	34.80m FOUL 34.89m			
22	874 McKenzie Werner	FR Northern State	34.79m	114-02
	34.79m 34.79m 30.95m			
23	925 Molly Cunard	JR Northwestern (Iowa)	34.72m	113-11
	33.30m 30.06m 34.72m			
24	188 Grace Telfer	SO Buena Vista	33.90m	111-03
	33.45m 33.90m FOUL			
25	937 Candice Howell	JR Northwestern (Iowa)	33.75m	110-09
	33.75m 32.85m 32.04m			
26	320 Laura Grasman	SO Dordt	33.32m	109-04
	32.02m 33.32m 30.38m			
27	520 Moira McNally	FR Jamestown	32.73m	107-04
	31.78m FOUL 32.73m			
28	1352 Haley Fockler	FR Sioux Falls	32.25m	105-10
	32.25m FOUL 30.03m			

## Sioux City Relays 2017 - 4/21/2017 to 4/22/2017

## Olsen Stadium

## Results

## ...Women Discus Throw UCO

29	283 Heidi Frazee	SO Dakota Wesleyan	31.92m	104-09
	31.92m FOUL 31.46m			
30	175 Cristyn Eischeid	JR Buena Vista	31.78m	104-03
	31.72m 31.78m FOUL			
31	751 Brynlee Loptin	FR Morningside	31.70m	104-00
	FOUL 31.70m 30.36m			
32	805 Morgan Citterman	JR Mount Marty	30.75m	100-11
	FOUL FOUL 30.75m			
33	814 DaNeila Jensen	FR Mount Marty	30.57m	100-03
	30.57m FOUL FOUL			
34	529 Alicia Weiland	FR Jamestown	29.78m	97-08
	28.93m FOUL 29.78m			
35	226 Jobi McCreary	FR Dakota State	28.46m	93-04
	28.46m FOUL FOUL			
36	808 Shelby Fasching	FR Mount Marty	28.25m	92-08
	FOUL 28.25m FOUL			
37	507 Katie Brandt	JR Jamestown	28.20m	92-06
	FOUL 28.20m FOUL			
38	319 Sarah Goyne	FR Dor dt	26.21m	86-00
	26.21m FOUL FOUL			
--	513 Rebekah Hilgemann	SO Jamestown	FOUL	
	FOUL FOUL FOUL			
--	1453 Emilee Shostrom	FR South Dakota	FOUL	
	FOUL FOUL FOUL			

## Women Hammer Throw UCO

Meet: M 209-04 4/17/2015 Carly Fehringer, unattached						
Name	Year	School	Finals			
1	1566 Carly Fehringer	SR Unattached	64.44m	211-05		
	61.51m FOUL 61.51m	FOUL FOUL	64.44m			
2	1623 Michaela Dendinger	JR Wayne St. (Neb.)	60.30m	197-10		
	60.30m 58.14m 60.02m	59.77m 59.95m 59.45m				
3	1457 Danielle Waldner	SR South Dakota	58.02m	190-04		
	58.02m FOUL 54.65m	FOUL 56.99m FOUL				
4	1422 Lara Boman	JR South Dakota	50.16m	164-07		
	38.35m 46.02m FOUL	47.26m 50.16m 50.12m				
5	225 Kylie Martin	SR Dakota State	48.98m	160-08		
	46.87m 47.19m FOUL	45.51m 47.93m 48.98m				
6	1453 Emilee Shostrom	FR South Dakota	46.59m	152-10		
	44.86m 46.14m 44.19m	44.42m 45.00m 46.59m				
7	733 Meagan Andersen	JR Morningside	46.20m	151-07		
	42.49m 46.20m 43.64m	44.19m 44.64m 44.46m				
8	871 Autumn Schulz	SR Northern State	46.19m	151-06		
	FOUL 44.40m 42.33m	FOUL 46.19m 43.02m				
9	875 Amy Wockenfluss	SR Northern State	44.75m	146-10		
	43.26m FOUL FOUL	44.75m FOUL 43.42m				
10	1624 Tessa Ives	JR Wayne St. (Neb.)	42.85m	140-07		
	FOUL 41.74m 42.85m	FOUL 41.77m FOUL				
11	1458 Mary Wester	SO South Dakota	42.57m	139-08		
	37.36m 42.57m FOUL					
12	1352 Haley Fockler	FR Sioux Falls	42.56m	139-07		
	FOUL 42.56m 40.99m					

## Sioux City Relays 2017 - 4/21/2017 to 4/22/2017

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## Results

## ...Women Hammer Throw UCO

13	1362 Jaimie McNamee	FR Sioux Falls	42.52m	139-06
	39.20m 41.25m 42.52m			
14	937 Candice Howell	JR Northwestern (Iowa)	42.10m	138-01
	42.10m 41.60m 39.36m			
15	511 Paulina Haak	SO Jamestown	41.93m	137-07
	FOUL 41.93m 41.29m			
16	751 Brynlee Loptin	FR Morningside	40.47m	132-09
	39.04m 40.47m 37.67m			
17	862 Nicolette Kneeland	FR Northern State	40.23m	132-00
	40.23m 38.27m FOUL			
18	1622 Kes Burke	SO Wayne St. (Neb.)	40.09m	131-06
	40.09m 39.71m 38.71m			
19	521 Rebecca Nord	JR Jamestown	40.04m	131-04
	40.04m 38.79m 39.63m			
20	1625 Tia Jones	FR Wayne St. (Neb.)	39.91m	130-11
	39.91m FOUL 39.80m			
21	188 Grace Telfer	SO Buena Vista	38.79m	127-03
	35.49m 38.79m 36.70m			
22	764 Kaylee Van Voorst	JR Morningside	38.65m	126-10
	36.51m 38.65m 37.71m			
23	805 Morgan Citterman	JR Mount Marty	37.82m	124-01
	36.81m 37.82m FOUL			
24	1366 Ashley Ostrem	SR Sioux Falls	37.66m	123-07
	37.66m FOUL FOUL			
25	175 Cristyn Eischeid	JR Buena Vista	37.44m	122-10
	37.44m FOUL FOUL			
26	325 Bekah Mead	SR Dordt	36.80m	120-09
	36.25m 36.32m 36.80m			
27	320 Laura Grasman	SO Dordt	36.75m	120-07
	36.75m FOUL 35.88m			
28	1445 Laurel Ketelhut	FR South Dakota	36.12m	118-06
	36.12m 33.91m 35.55m			
29	283 Heidi Frazee	SO Dakota Wesleyan	35.99m	118-01
	35.77m 34.23m 35.99m			
30	146 Olivia Ferguson	SO Briar Cliff	35.95m	117-11
	35.32m 35.70m 35.95m			
31	930 Heidi Groenendyk	SO Northwestern (Iowa)	35.13m	115-03
	35.11m 35.13m 34.60m			
32	520 Moira McNally	FR Jamestown	34.13m	112-00
	30.83m FOUL 34.13m			
33	142 Jessica Bastian	SO Briar Cliff	34.10m	111-10
	34.10m FOUL FOUL			
34	740 Holly Brock	JR Morningside	32.42m	106-04
	31.89m 30.45m 32.42m			
35	814 DaNeila Jensen	FR Mount Marty	32.06m	105-02
	FOUL 32.01m 32.06m			
36	285 Kristen Jennings	FR Dakota Wesleyan	31.87m	104-07
	31.24m 31.87m 31.66m			
37	296 Meghan Travis	SO Dakota Wesleyan	30.75m	100-11
	30.75m FOUL FOUL			
38	757 Kaitlyn Polk	FR Morningside	30.62m	100-05
	29.43m FOUL 30.62m			
39	226 Jobi McCreary	FR Dakota State	28.73m	94-03
	28.73m FOUL FOUL			



**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

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**Results**

**....Women Hammer Throw UCO**

40	507 Katie Brandt	JR Jamestown	27.01m	88-07
	27.01m FOUL FOUL			
41	319 Sarah Goyne	FR Dordt	25.27m	82-11
	25.27m FOUL FOUL			
42	529 Alicia Weiand	FR Jamestown	23.37m	76-08
	23.37m FOUL FOUL			
43	295 Mikaela Stofferahn	FR Dakota Wesleyan	22.76m	74-08
	22.76m FOUL FOUL			
--	1349 Amber Cook	SO Sioux Falls	FOUL	
	FOUL FOUL FOUL			

**Women Javelin Throw UCO**

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Meet: M 156-08 4/13/2014 Meghan Dennis, South Dakota

Name	Year School	Finals
1 747 Kati Kneifl	SO Morningside	39.53m 129-08
	FOUL 39.53m 37.77m FOUL FOUL 39.38m	
2 870 Michaela Schlecht	SR Northern State	36.70m 120-05
	36.70m 31.40m 36.22m FOUL 32.69m 34.60m	
3 734 Aurora Arevalo	SO Morningside	36.53m 119-10
	36.53m 35.74m 34.97m	
4 1453 Emilee Shostrom	FR South Dakota	35.08m 115-01
	30.28m 32.25m FOUL 31.51m 32.96m 35.08m	
5 1449 Alli Lake	JR South Dakota	35.06m 115-00
	35.06m FOUL FOUL FOUL FOUL FOUL	
6 856 Trevez Bridgewater	SR Northern State	33.85m 111-01
	33.49m FOUL 31.32m 32.49m 33.42m 33.85m	
7 147 Lexie Hauger	JR Briar Cliff	33.74m 110-08
	29.93m 30.04m 33.34m 33.74m 32.81m 32.41m	
8 1369 Miranda Phipps	FR Sioux Falls	33.33m 109-04
	32.29m FOUL FOUL 31.48m 33.33m FOUL	
9 1426 Haley Bruggeman	SO South Dakota	31.85m 104-06
	30.65m 30.05m 31.85m PASS PASS PASS	
10 925 Molly Cunard	JR Northwestern (Iowa)	31.78m 104-03
	30.97m 29.02m 31.78m	
11 1366 Ashley Ostrem	SR Sioux Falls	31.52m 103-05
	FOUL 31.52m 31.24m	
12 764 Kaylee Van Voorst	JR Morningside	31.40m 103-00
	31.40m FOUL FOUL	
13 1451 Molly Schiermeyer	SO South Dakota	30.56m 100-03
	26.95m 30.56m 28.08m	
14 863 Taylor Kontaxis	SR Northern State	30.06m 98-07
	27.60m 27.87m 30.06m	
15 516 Adele Keller	FR Jamestown	29.13m 95-07
	29.00m FOUL 29.13m	
16 733 Meagan Andersen	JR Morningside	29.11m 95-06
	27.73m 29.11m 28.82m	
17 803 Brittany Austin	SR Mount Marty	28.60m 93-10
	FOUL 27.59m 28.60m	
18 874 McKenzie Werner	FR Northern State	28.13m 92-03
	28.13m FOUL FOUL	
19 529 Alicia Weiand	FR Jamestown	27.90m 91-06
	26.04m 27.90m 25.25m	

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

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**Results**

**...Women Javelin Throw UCO**

20	45 Coley Stoller	JR Augustana (S.D.)	27.26m	89-05
	25.75m 27.26m FOUL			
21	31 McKenna Hotovy	SO Augustana (S.D.)	25.75m	84-06
	22.89m 24.66m 25.75m			
22	181 Emma Konkler	JR Buena Vista	25.68m	84-03
	25.23m 25.68m 25.23m			
23	296 Meghan Travis	SO Dakota Wesleyan	25.65m	84-02
	23.26m 25.65m FOUL			
24	148 Hannah Hustad	SO Briar Cliff	25.57m	83-11
	23.83m 25.57m 22.15m			
25	288 Kamberlyn Lamer	SO Dakota Wesleyan	25.37m	83-03
	19.19m 25.37m FOUL			
26	520 Moira McNally	FR Jamestown	25.30m	83-00
	23.45m 22.01m 25.30m			
27	295 Mikaela Stofferahn	FR Dakota Wesleyan	25.18m	82-07
	24.57m 22.68m 25.18m			
28	757 Kaitlyn Polk	FR Morningside	25.03m	82-01
	24.56m 24.03m 25.03m			
29	281 Jessica Backes	FR Dakota Wesleyan	24.86m	81-07
	24.86m 22.36m FOUL			
30	931 Darbi Gustafson	FR Northwestern (Iowa)	24.28m	79-08
	22.59m 24.28m FOUL			
31	1633 Shelby Roth	SO Wayne St. (Neb.)	24.09m	79-00
	24.09m 23.48m 22.50m			
32	29 Gabbie Hagen	FR Augustana (S.D.)	23.39m	76-09
	FOUL 23.39m FOUL			
33	1352 Haley Fockler	FR Sioux Falls	22.01m	72-02
	13.81m 22.01m FOUL			
34	323 Kim Kroeze	SR Dordt	21.94m	72-00
	21.32m 21.94m 21.36m			
35	814 DaNeila Jensen	FR Mount Marty	19.83m	65-01
	19.83m 16.46m FOUL			
36	506 Kaiann Arellano	JR Jamestown	19.40m	63-08
	17.25m 19.30m 19.40m			
37	813 Viola Ishmael	FR Mount Marty	18.36m	60-03
	18.36m FOUL FOUL			
--	751 Brynlee Loptin	FR Morningside	FOUL	
	FOUL FOUL FOUL			
--	945 Hannah Morgan	SO Northwestern (Iowa)	FOUL	
	FOUL FOUL FOUL			
--	758 Madison Reed	FR Morningside	FOUL	
	FOUL FOUL FOUL			

**Boys 100 Meter Dash Class "A"**

=====						
Meet: M 10.57 4/20/1989 Scott Ingvoldstad, SF Lincoln						
Name	Year	School	Finals	Wind	H#	
=====						
1	1147	Jorma Schwedler	09 Sb-Luton	11.39	NWI	2
2	1288	Taylon Flemister	12 Sioux City East	11.42	NWI	2
3	1141	Ryley McGregor	12 Sb-Luton	11.47	NWI	2
4	648	Collin Nemmers	12 Le Mars	11.48	NWI	2
5	1207	Tyler Wagner	12 Sc- North	11.49	NWI	2
6	1306	Gabe Wagner	09 Sioux City East	11.57	NWI	2
7	1198	Jayse Martineck	11 Sc- North	11.72	NWI	1

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

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**Results**

**....Boys 100 Meter Dash Class"A"**

8	658 Gabe Toki	12 Le Mars	11.94	NWI	1
9	1503 Awnan Bouvilom	09 South Sioux City	12.48	NWI	1
10	124 Deonte Walker	10 Bishop Heelan	12.50	NWI	1

**Boys 110 Meter Hurdles Class"A"**

Meet: M 14.32 4/20/1987 Brian Biggerstaff, SC West

Name	Year	School	Finals	Wind	H#
1	1208 Noah Weeter	12 Sc- North	15.76	NWI	2
2	645 Kyle Kliever	12 Le Mars	16.35	NWI	2
3	1331 Kellen Fitch	Sioux City West	16.42	NWI	2
4	1291 Ardell Inlay	10 Sioux City East	16.66	NWI	1
5	1340 Johnson Roeun	12 Sioux City West	16.71	NWI	2
6	1189 Cale Conner	10 Sc- North	16.80	NWI	1
7	1125 Austin Freiberg	09 Sb-Luton	16.90	NWI	2
8	1143 Max Murphy	10 Sb-Luton	16.91	NWI	2
9	1517 Jensen Wallace	12 South Sioux City	17.17	NWI	2
10	1194 Tyler Kempema	12 Sc- North	17.49	NWI	2
11	114 Ben Murphy	11 Bishop Heelan	18.71	NWI	1
12	656 Zach Spieler	11 Le Mars	26.66	NWI	1

**Boys 4x100 Meter Relay Class"A"**

Meet: M 42.72 4/16/2016 Sioux City East, S.C. East  
T Flemister, D Flemister, P Moon, R Godfrey

School	Finals
1 Sioux City East 'A'	43.49
1) 1306 Gabe Wagner 09	
2) 1290 Dain Hoch 11	
3) 1291 Ardell Inlay 10	
4) 1288 Taylon Flemister 12	
2 Sb-Luton 'A'	44.28
1) 1151 Zach Shultz 10	
2) 1134 Chris Kroll 12	
3) 1141 Ryley McGregor 12	
4) 1147 Jorma Schwedler 09	
3 Sc- North 'A'	44.87
1) 1207 Tyler Wagner 12	
2) 1208 Noah Weeter 12	
3) 1190 Rashan Davis 12	
4) 1206 Max Vollmer 12	
4 Bishop Heelan 'A'	45.56
1) 125 Timmy Winders 12	
2) 111 Camden Lee 09	
3) 122 Andrew Tobin 10	
4) 115 Drew Olsen 10	
5 Le Mars 'A'	45.73
1) 658 Gabe Toki 12	
2) 648 Collin Nemmers 12	
3) 644 Jordan Jensen 11	
4) 647 Logan Lancaster 11	
6 Sioux City West 'A'	46.15
1) 1331 Kellen Fitch	
2) 1338 Johnson Reoun	
3) 1328 Tyler Claussen 12	
4) 1330 Ray Ray Douglas 10	
7 South Sioux City 'A'	49.21
1) 1519 Weston Wilson 10	
2) 1507 Dylan McGuire 10	
3) 1503 Awnan Bouvilom 09	
4) 1508 Robert Meza 10	

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****Boys 4x200 Meter Relay Class"A"**

Meet: M 1:29.12 4/16/2016 Sb-Luton, Sgt. Bluff-Luton	
M George, R McGregor, D Girres, B Wall	
School	Finals
1 Sb-Luton 'A'	1:31.66
1) 1151 Zach Shultz 10	2) 1134 Chris Kroll 12
3) 1141 Ryley McGregor 12	4) 1114 Ty Boekelman 11
2 Sioux City East 'A'	1:32.51
1) 1306 Gabe Wagner 09	2) 1291 Ardell Inlay 10
3) 1290 Dain Hoch 11	4) 1288 Taylon Flemister 12
3 Sc- North 'A'	1:32.95
1) 1207 Tyler Wagner 12	2) 1208 Noah Weeter 12
3) 1197 Cameron Locke 09	4) 1206 Max Vollmer 12
4 Bishop Heelan 'A'	1:34.31
1) 125 Timmy Winders 12	2) 126 Joe Yaneff 10
3) 122 Andrew Tobin 10	4) 112 Max Miller 12
5 Le Mars 'A'	1:34.43
1) 648 Collin Nemmers 12	2) 661 Andrew Waskow 11
3) 640 JT Engebretson 11	4) 642 Eric Grasz 11
6 Sioux City West 'A'	1:34.58
1) 1340 Johnson Roeun 12	2) 1328 Tyler Claussen 12
3) 1327 Avery Brun 09	4) 1331 Kellen Fitch
7 South Sioux City 'A'	1:38.75
1) 1508 Robert Meza 10	2) 1501 Abdulwhabe Ahmed 11
3) 1517 Jensen Wallace 12	4) 1507 Dylan McGuire 10

**Boys 4x400 Meter Relay Class"A"**

Meet: M 3:22.84 4/18/1998 Bishop Heelan, Bishop Heela	
A. Kuehl, J. Florke, J. Kayl, N. McInerney	
School	Finals
1 Sb-Luton 'A'	3:27.47
1) 1147 Jorma Schwedler 09	2) 1134 Chris Kroll 12
3) 1114 Ty Boekelman 11	4) 1119 Britton Delperdang 10
2 Le Mars 'A'	3:31.81
1) 661 Andrew Waskow 11	2) 642 Eric Grasz 11
3) 640 JT Engebretson 11	4) 648 Collin Nemmers 12
3 Bishop Heelan 'A'	3:32.37
1) 126 Joe Yaneff 10	2) 102 RJ Breen 09
3) 112 Max Miller 12	4) 110 Jesse Lease 12
4 Sc- North 'A'	3:41.83
1) 1185 Camden Beller 12	2) 1184 Jackson Baker 11
3) 1201 Deven Pace 10	4) 1199 Caleb Miller 12
5 Sioux City East 'A'	3:45.69
1) 1296 Robbie Olson 12	2) 1302 Cole Taylor 11
3) 1285 Will DeWeerd 11	4) 1290 Dain Hoch 11
6 Sioux City West 'A'	3:53.91
1) 1326 Luke Benson 10	2) 1332 Hiatt Holman 10
3) 1335 Phoenix Larned 12	4) 1339 Ernesto Robles

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****Boys 1600 Sprint Medley Class"A"**

Meet: M 3:33.38 4/12/2014 Sioux City East, S.C. East			
T Flemister, R Godfrey, R Nash, C Lilly			
School	Finals		
1 Sb-Luton 'A'	3:39.60		
1) 1141 Ryley McGregor 12	2) 1119 Britton Delperdang 10		
3) 1114 Ty Boekelman 11	4) 1128 Gabe Hannemann 10		
2 Bishop Heelan 'A'	3:49.04		
1) 122 Andrew Tobin 10	2) 110 Jesse Lease 12		
3) 112 Max Miller 12	4) 101 Jake Beaulieu 10		
3 Le Mars 'A'	3:52.94		
1) 644 Jordan Jensen 11	2) 650 Connor Ouradnik 10		
3) 649 Brandon Olson 10	4) 651 Landen Parmelee 10		
4 South Sioux City 'A'	3:55.91		
1) 1504 Edgar DeLuna 10	2) 1516 Elijah Strom 10		
3) 1501 Abdulwhabe Ahmed 11	4) 1500 Mubarek Abdela 10		
5 Sc- North 'A'	4:05.28		
1) 1190 Rashan Davis 12	2) 1191 Caleb Dennis 11		
3) 1201 Deven Pace 10	4) 1199 Caleb Miller 12		
6 Sioux City East 'A'	4:05.37		
1) 1294 Alex Kleider 10	2) 1293 Kaige Kellen 09		
3) 1296 Robbie Olson 12	4) 1297 Roger Perales 09		
7 Sioux City West 'A'	4:06.20		
1) 1325 Riliegh Belt 09	2) 1333 Romello Hudson 09		
3) 1344 Carter Swanson 10	4) 1343 Austin Surber 10		

**Boys 100 Meter Dash Class"B"**

Meet: M 11.00 4/17/2002 Paul Brown, Le Mars				
Name	Year	School	Finals	Wind
1 1044 Joe Stein	09	Okoboji	11.55	NWI
2 1615 Travis Zevenbergen	12	Unity Christian	11.58	NWI
3 1612 Jonah Vander Kooi	11	Unity Christian	11.68	NWI
4 575 Blake Erdmann	11	Kingsly-P/Wood-C	11.83	NWI
5 485 Christian Erwin	12	Glenwood	11.93	NWI
6 206 Lucas DE LA Cierva	11	Cherokee- Wash	12.12	NWI
7 219 Tyler Zeimen	11	Cherokee- Wash	12.16	NWI
8 573 Dakota Custer	12	Kingsly-P/Wood-C	12.23	NWI

**Boys 110 Meter Hurdles Class"B"**

Meet: M 14.55 4/20/2002 Derek Casey, Cherokee					
Name	Year	School	Finals	Wind	H#
1 18 Gratt Reed	11	Atlantic	14.89	NWI	2
2 212 Isaac Lafleur	12	Cherokee- Wash	15.63	NWI	2
3 217 Mason Timmerman	12	Cherokee- Wash	15.86	NWI	2
4 1025 Dylan Wunschel	12	Oa-Bcig	16.13	NWI	2
5 1231 Brandon Winkel	12	Sheldon	16.36	NWI	2
6 484 Cody Buresh	11	Glenwood	16.55	NWI	2
7 495 Austin Tye	12	Glenwood	16.65	NWI	2
8 1016 Quintin Cranston	10	Oa-Bcig	17.35	NWI	2
9 209 Dax Johannsen	12	Cherokee- Wash	17.54	NWI	1
10 574 Trey Dugan	11	Kingsly-P/Wood-C	19.40	NWI	1

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****Boys 4x100 Meter Relay Class"B"**

Meet: M 43.84 4/17/1999 Lemars Central, Lemars Centra			
R. White, K. Hector, B. Beach, P. Crandell			
School			Finals
1 Glenwood 'A'			46.67
1) 488 Jon Lee 10	2) 485 Christian Erwin 12		
3) 497 Cullen Wake 12	4) 493 Cooper Silvius 10		
2 Dakota Valley 'A'			46.68
1) 255 Tadd Green 09	2) 253 Cole Bergmann 11		
3) 257 Travis Ohl 11	4) 258 Cole Schulz 11		
3 Moc-Floyd Valley 'A'			46.70
1) 723 Conner Huss 11	2) 721 Noah Fleming 10		
3) 732 Dexter Wiese 09	4) 730 Jack Vander Voort 12		
4 Kingsly-P/Wood-C 'A'			46.97
1) 575 Blake Erdmann 11	2) 573 Dakota Custer 12		
3) 568 Camden Bainbridge 11	4) 576 Coby Fischer 12		
5 Sioux Center 'A'			47.07
1) 1247 Payton Boone 11	2) 1248 Jacob Cleveringa 12		
3) 1252 Braden Jahn 10	4) 1253 Jaren Pierce 10		
6 Okoboji 'A'			47.17
1) 1036 Luke Bossard 09	2) 1037 Izic Brouwer 11		
3) 1043 Jake Olson 09	4) 1044 Joe Stein 09		

**Boys 4x200 Meter Relay Class"B"**

Meet: M 1:30.55 4/13/2013 Oa-Bcig, OA-BCIG			
Q Westphal, D Leinbaugh, K Young, T Ryen			
School			Finals H#
1 Atlantic 'A'			1:32.45 2
1) 17 Zade Niklasen 10	2) 10 Jayden Barnwell 11		
3) 20 Dillon Sonntag 11	4) 18 Gratt Reed 11		
2 Unity Christian 'A'			1:34.73 2
1) 1612 Jonah Vander Kooi 11	2) 1609 Sam Byker 11		
3) 1614 Luke Wagner 09	4) 1615 Travis Zevenbergen 12		
3 Dakota Valley 'A'			1:35.22 1
1) 258 Cole Schulz 11	2) 257 Travis Ohl 11		
3) 255 Tadd Green 09	4) 1800 Sam Chesterman 10		
4 Glenwood 'A'			1:35.65 2
1) 497 Cullen Wake 12	2) 485 Christian Erwin 12		
3) 498 Brady Weddum 09	4) 496 Zach Vondra 10		
5 Okoboji 'A'			1:36.93 1
1) 1036 Luke Bossard 09	2) 1037 Izic Brouwer 11		
3) 1043 Jake Olson 09	4) 1044 Joe Stein 09		
6 Moc-Floyd Valley 'A'			1:36.95 1
1) 723 Conner Huss 11	2) 721 Noah Fleming 10		
3) 732 Dexter Wiese 09	4) 730 Jack Vander Voort 12		
7 Kingsly-P/Wood-C 'A'			1:37.09 2
1) 575 Blake Erdmann 11	2) 568 Camden Bainbridge 11		
3) 573 Dakota Custer 12	4) 576 Coby Fischer 12		
8 Sioux Center 'A'			1:38.05 2
1) 1247 Payton Boone 11	2) 1248 Jacob Cleveringa 12		
3) 1252 Braden Jahn 10	4) 1258 Ty Van Es 11		

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****Boys 4x400 Meter Relay Class"B"**

Meet: M 3:26.24 4/16/2016 Glenwood, Glenwood	
N Kennedy, J Springer, C Petersen, C Von Essen	
School	Finals
1 Kingsly-P/Wood-C 'A'	3:28.53
1) 570 Ben Burbach 12	2) 569 Anthony Baird 11
3) 579 Payton Kuchel 11	4) 582 Alec Still 12
2 Atlantic 'A'	3:33.04
1) 17 Zade Niklasen 10	2) 20 Dillon Sonntag 11
3) 16 Chase Mullenix 20	4) 15 Tyler Moen 09
3 Moc-Floyd Valley 'A'	3:38.92
1) 723 Conner Huss 11	2) 731 Parker Wierda 11
3) 721 Noah Fleming 10	4) 730 Jack Vander Voort 12

**Boys 1600 Sprint Medley Class"B"**

Meet: M 3:38.09 4/18/2010 Glenwood, Glenwood	
T Williams I Effin, E Lincoln, K Wheeler	
School	Finals
1 Kingsly-P/Wood-C 'A'	3:41.66
1) 570 Ben Burbach 12	2) 576 Coby Fischer 12
3) 582 Alec Still 12	4) 579 Payton Kuchel 11
2 Moc-Floyd Valley 'A'	3:42.63
1) 723 Conner Huss 11	2) 721 Noah Fleming 10
3) 730 Jack Vander Voort 12	4) 731 Parker Wierda 11
3 Unity Christian 'A'	3:52.56
1) 1612 Jonah Vander Kooi 11	2) 1609 Sam Byker 11
3) 1615 Travis Zevenbergen 12	4) 1616 Caden Zonnefeld 11
4 Dakota Valley 'A'	4:00.36
1) 257 Travis Ohl 11	2) 255 Tadd Green 09
3) 258 Cole Schulz 11	4) 256 Tyler Kennedy 11
5 Okoboji 'A'	4:00.41
1) 1036 Luke Bossard 09	2) 1044 Joe Stein 09
3) 1043 Jake Olson 09	4) 1042 Caleb Lambertus 09
-- Atlantic 'A'	DQ
1) 17 Zade Niklasen 10	2) 15 Tyler Moen 09
3) 20 Dillon Sonntag 11	4) 13 Jaxson Eden 11

**Boys 100 Meter Dash Class"C"**

Meet: M 10.92 4/20/1989 Jeff Longval, Westwood				
Name	Year School	Finals	Wind	H#
1 606 AJ Lefler	12 Lawton-Bronson	11.34	NWI	2
2 440 Zeke Robinson	12 Elk Point-Jefferson	11.52	NWI	2
3 1059 Walker Raabe	12 Pierce	11.53	NWI	2
4 610 Jacob Roder	11 Lawton-Bronson	11.82	NWI	2
5 1084 Dalton tremayne	11 Ponca Indians	11.85	NWI	2
6 1694 Dawson Richardson	11 West Monona	12.10	NWI	2
7 1731 Noah Mast	11 Westwood	12.33	NWI	1
8 681 Anavin Mounivong	12 Maple Valley A-O	12.45	NWI	1
9 1732 Travis Schrunk	10 Westwood	12.90	NWI	1
10 1735 Clayton Nelson	12 Whiting High School	12.93	NWI	1
11 678 Ely Fundermann	10 Maple Valley A-O	12.94	NWI	1

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

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**Results**

**....Boys 100 Meter Dash Class"C"**

12 1728 Steven Baker 10 Westwood 13.41 NWI 1

**Boys 110 Meter Hurdles Class"C"**

=====

Meet: M 14.43 4/20/1989 Darwin VanderHoef, Rock Valley

Name	Year	School	Finals	Wind
1	1060	Devan Roth	10 Pierce	16.23 NWI
2	681	Anavin Mounivong	12 Maple Valley A-O	17.42 NWI
3	611	Ben Thelander	09 Lawton-Bronson	18.57 NWI
4	612	Parker Wold	10 Lawton-Bronson	19.21 NWI
5		Luke Olesen	09 Lawton-Bronson	20.16 NWI
6	1691	Noah Farrens	10 West Monona	20.30 NWI

**Boys 4x100 Meter Relay Class"C"**

=====

Meet: M 44.75 4/17/1999 Sioux Center, Sioux Center  
VanVoorst, Zevenbergen, Wielenga, Kempers

School	Finals
1 Lawton-Bronson 'A'	44.83
1) 598 Lucas Cunningham 11	2) 599 Trevor Eyres 12
3) 610 Jacob Roder 11	4) 606 AJ Lefler 12
2 Pierce 'A'	45.51
1) 1054 Dalton Freeman 09	2) 1063 Collin Tinker 11
3) 1058 Carson Oestreich 09	4) 1059 Walker Raabe 12
3 West Monona 'A'	45.97
1) 1694 Dawson Richardson 11	2) 1696 Kade Rotnicke 12
3) 1695 Gage Rotnicke 11	4) 1693 Seth Holverson 12
4 Gehlen Catholic 'A'	47.27
1) 460 Adam Schuch 10	2) 454 Izaac Herbst 11
3) 451 Eli Ellensohn 11	4) 457 Jacob Nemmers 09
5 Mmcru 'A'	49.54
1) 699 Evan Cluck 10	2) 705 Hunter Tentinger 11
3) 704 Cameron Schueder 12	4) 703 Chris Schmid 11

**Boys 4x200 Meter Relay Class"C"**

=====

Meet: M 1:31.73 4/20/2011 Dakota Valley, Dakota Valle  
M Lupkes, E Hendriks, Z Sexton, T White

School	Finals
1 Lawton-Bronson 'A'	1:33.75
1) 598 Lucas Cunningham 11	2) 599 Trevor Eyres 12
3) 610 Jacob Roder 11	4) 606 AJ Lefler 12
2 Pierce 'A'	1:35.50
1) 1054 Dalton Freeman 09	2) 1063 Collin Tinker 11
3) 1058 Carson Oestreich 09	4) 1059 Walker Raabe 12
3 Gehlen Catholic 'A'	1:35.71
1) 458 Xavier Roberts 11	2) 457 Jacob Nemmers 09
3) 450 Cooper Davis 12	4) 454 Izaac Herbst 11
4 Elk Point-Jefferson 'A'	1:37.68
1) 439 Demiris Nuno 09	2) 441 Alex Wu 12
3) 431 Logan Donelan 11	4) 440 Zeke Robinson 12
5 West Monona 'A'	1:39.89



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**....Boys 4x200 Meter Relay Class"C"**

1) 1697 Wyatt Schoenherr 11	2) 1696 Kade Rotnicke 12
3) 1695 Gage Rotnicke 11	4) 1693 Seth Holverson 12
6 Maple Valley A-O 'A'	1:45.51
1) 681 Anavin Mounivong 12	2) 676 Brody Berkenpas 12
3) 682 Kolby Nutt 09	4) 684 Chris Ramirez 10

**Boys 4x400 Meter Relay Class"C"**

=====  
 Meet: M 3:30.38 4/20/1988 LeMars Gehlen, Lemars Gehle  
 M. Rohe, G. Meister, N. Ryan, B. Sitzmann  
 School Finals  
 =====

1 Ponca Indians 'A'	3:36.53
1) 1083 Derrek Touney 12	2) 1076 Connor Day 11
3) 1084 Dalton tremayne 11	4) 1080 Russell Mclean 12
2 Lawton-Bronson 'A'	3:39.28
1) 609 Cade Pedersen 10	2) 599 Trevor Eyres 12
3) 598 Lucas Cunningham 11	4) 606 AJ Lefler 12
3 Gehlen Catholic 'A'	3:39.42
1) 454 Izaac Herbst 11	2) 457 Jacob Nemmers 09
3) 455 Alec Langel 11	4) 458 Xavier Roberts 11
4 Mmcru 'A'	3:46.02
1) 700 Josh Hunter 09	2) 703 Chris Schmid 11
3) 704 Cameron Schueder 12	4) 702 Andrew Prescott 10
5 West Monona 'A'	3:49.34
1) 1689 Dylan Collison 10	2) 1692 Tyler Gefaller 10
3) 1698 Brady Sidwell 10	4) 1693 Seth Holverson 12

**Boys 1600 Sprint Medley Class"C"**

=====  
 Meet: M 3:38.46 4/16/1988 Gehlen Catholic, Le Mars Ge  
 J. Block, M. Dull, M. Carpenter, B. Baack  
 School Finals  
 =====

1 Elk Point-Jefferson 'A'	3:46.51
1) 433 Preston Fejfar 11	2) 440 Zeke Robinson 12
3) 441 Alex Wu 12	4) 430 Dylan Colt 12
2 Lawton-Bronson 'A'	3:55.15
1) 610 Jacob Roder 11	2) 599 Trevor Eyres 12
3) 606 AJ Lefler 12	4) 609 Cade Pedersen 10
3 Gehlen Catholic 'A'	4:04.77
1) 460 Adam Schuch 10	2) 451 Eli Ellensohn 11
3) 462 Isaac Vaske 09	4) 463 Jordan VonArb 11

**Boys 800 Meter Run OHS**

=====  
 Meet: M 1:56.46 4/18/2015 Nic Scheelhaase, K-P/WC  
 Name Year School Finals  
 =====

1 582 Alec Still	12 Kingsly-P/Wood-C	1:56.22M
2 203 Gable Sieperda	11 Central Lyon	1:59.07
3 1185 Camden Beller	12 Sc- North	2:01.58
4 1083 Derrek Touney	12 Ponca Indians	2:01.79
5 455 Alec Langel	11 Gehlen Catholic	2:01.99
6 1128 Gabe Hannemann	10 Sb-Luton	2:02.17

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

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**Results**

**....Boys 800 Meter Run OHS**

7	1258	Ty Van Es	11	Sioux Center	2:03.10
8	1616	Caden Zonnefeld	11	Unity Christian	2:05.93
9	430	Dylan Colt	12	Elk Point-Jefferson	2:06.19
10	16	Chase Mullenix	10	Atlantic	2:06.27
11	577	Eric Hoffman	10	Kingsly-P/Wood-C	2:06.86
12	731	Parker Wierda	11	Moc-Floyd Valley	2:07.44
13	653	Alec Rieken	11	Le Mars	2:07.62
14	729	Jakob Van Der Werf	10	Moc-Floyd Valley	2:09.43
15	1285	Will DeWeerd	11	Sioux City East	2:10.22
16	1257	Derek Ten Pas	11	Sioux Center	2:11.34
17	1144	Easton Ritz	10	Sb-Luton	2:13.13
18	121	Brenden Suhr	12	Bishop Heelan	2:13.53
19	1064	Cole Vogt	09	Pierce	2:13.58
20	1332	Hiatt Holman	10	Sioux City West	2:15.67

**Boys 1600 Meter Run OHS**

=====					
Meet: M 4:22.13 4/20/1995 Nolan Speichinger, SC East					
Name	Year	School	Finals		
=====					
1	203	Gable Sieperda	11	Central Lyon	4:19.49M
2	1505	Osman Gele	12	South Sioux City	4:30.15
3	1193	Merga Gameda	11	Sc- North	4:35.86
4	1509	Abdulkadir Mohamed	12	South Sioux City	4:39.36
5	577	Eric Hoffman	10	Kingsly-P/Wood-C	4:39.97
6	1613	Jacob Vander Plaat	12	Unity Christian	4:42.13
7	117	Connor Ritz	12	Bishop Heelan	4:42.62
8	1149	Miles Scott	11	Sb-Luton	4:44.38
9	13	Jaxson Eden	11	Atlantic	4:45.54
10	1302	Cole Taylor	11	Sioux City East	4:48.72
11	578	Austin Korynta	12	Kingsly-P/Wood-C	4:48.74
12	1511	Shaafici Mohamed	10	South Sioux City	4:49.31
13	729	Jakob Van Der Werf	10	Moc-Floyd Valley	4:50.44
14	1611	Joseph Schoonhoven	10	Unity Christian	4:50.45
15	119	Charlie Saulsbury	10	Bishop Heelan	4:50.50 dns
16	1335	Phoenix Larned	12	Sioux City West	4:52.01
17	12	Bradley Dennis	09	Atlantic	4:52.43
18	1326	Luke Benson	10	Sioux City West	4:55.58
19	19	Phoenix Shadden	12	Atlantic	4:58.10
20	677	Dylan Blake	09	Maple Valley A-O	5:01.72
21	106	John Greer	09	Bishop Heelan	5:02.04
22	1229	Dawson Jacobsma	11	Sheldon	5:02.27
23	459	Will Roder	09	Gehlen Catholic	5:04.17
24	490	Sam McIntyre	09	Glenwood	5:05.64
25	1139	Drew Marksburly	10	Sb-Luton	5:06.20
26	211	Bryce Kremer	09	Cherokee- Wash	5:10.34
27	1251	Sam Harrison	09	Sioux Center	5:14.22
28	659	Andrew Tonner	11	Le Mars	5:15.07
29	1055	Isaac Lambrecht	10	Pierce	5:17.85
30	1053	Ian Fisher	11	Pierce	5:19.60
31	1199	Caleb Miller	12	Sc- North	5:27.16
32	1188	Boden Christensen	12	Sc- North	5:27.58

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****Boys 3200 Meter Run OHS**

Meet: M 9:23.29 4/20/2010 Johnny Fuller, Glenwood					
Name	Year	School		Finals	
1	203	Gable Sieperda	11	Central Lyon	9:22.77M
2	1149	Miles Scott	11	Sb-Luton	9:51.12
3	1613	Jacob Vander Plaat	12	Unity Christian	9:51.37
4	1193	Merga Gameda	11	Sc- North	9:55.75
5	117	Connor Ritz	12	Bishop Heelan	10:08.75
6	577	Eric Hoffman	10	Kingsly-P/Wood-C	10:13.44
7	19	Phoenix Shadden	12	Atlantic	10:17.08
8	729	Jakob Van Der Werf	10	Moc-Floyd Valley	10:17.38
9	12	Bradley Dennis	09	Atlantic	10:22.18
10	1611	Joseph Schoonhoven	10	Unity Christian	10:24.99
11	1335	Phoenix Larned	12	Sioux City West	10:32.43
12	578	Austin Korynta	12	Kingsly-P/Wood-C	10:35.48
13	1229	Dawson Jacobsma	11	Sheldon	10:45.69
14	1512	Abdinasir Mohamud	12	South Sioux City	10:48.92
15	677	Dylan Blake	09	Maple Valley A-O	10:51.47
16	1610	Christopher De Gro	12	Unity Christian	10:51.93
17	459	Will Roder	09	Gehlen Catholic	10:57.16
18	1139	Drew Marksbury	10	Sb-Luton	10:58.23
19	607	Hasten Michaels	09	Lawton-Bronson	11:00.50
20	1254	Gabe Rathbun	09	Sioux Center	11:01.77
21	659	Andrew Tonner	11	Le Mars	11:03.30
22	490	Sam McIntyre	09	Glenwood	11:09.52
23	1414	Drew Luse	09	Siouxland Christian	11:19.31
24	1041	Jacob Lamb	09	Okoboji	11:21.13
25	211	Bryce Kremer	09	Cherokee- Wash	11:22.81
26	1038	Corbin Doll	10	Okoboji	11:29.15
27	1228	Eric Heibult	10	Sheldon	11:30.47
28	675	Weston Beeson	09	Maple Valley A-O	11:31.49
29	1192	Aaron Eybers	11	Sc- North	11:48.21

**Boys 400 Meter Hurdles OHS**

Meet: M 53.79 4/14/2012 Derek Jones, Glenwood					
Name	Year	School	Finals	H#	
1	458	Xavier Roberts	11	Gehlen Catholic	56.71 3
2	495	Austin Tye	12	Glenwood	57.42 3
3	570	Ben Burbach	12	Kingsly-P/Wood-C	57.59 3
4	660	Ben Wadle	10	Le Mars	57.98 2
5	1184	Jackson Baker	11	Sc- North	58.39 3
6	1517	Jensen Wallace	12	South Sioux City	58.80 3
7	1035	Ethan Albright	10	Okoboji	58.95 3
8	1689	Dylan Collison	10	West Monona	1:00.02 2
9	1291	Ardell Inlay	10	Sioux City East	1:00.35 2
10	1125	Austin Freiberg	09	Sb-Luton	1:01.17 2
11	1120	Sam DeMoss	10	Sb-Luton	1:01.76 2
12	663	Mika Wilhus	11	Le Mars	1:01.86 1
13	1189	Cale Conner	10	Sc- North	1:03.25 1
14	1342	Connor Sulsberger		Sioux City West	1:03.30 3
15	489	Dillon McIntrye	09	Glenwood	1:03.32 1
16	1194	Tyler Kempema	12	Sc- North	1:03.89 2
17	1506	Mathew Hansen	10	South Sioux City	1:05.78 2

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****Boys 4x800 Meter Relay OHS**

Meet: M 7:57.93 4/18/2009 Yankton, SC East	
J. Ailts A. Hohenthauer M. Yaggie T. Brenner	
School	Finals
1 Kingsly-P/Wood-C 'A'	8:09.51
1) 569 Anthony Baird 11	2) 579 Payton Kuchel 11
3) 577 Eric Hoffman 10	4) 582 Alec Still 12
2 Le Mars 'A'	8:20.04
1) 640 JT Engebretson 11	2) 661 Andrew Waskow 11
3) 651 Landen Parmelee 10	4) 653 Alec Rieken 11
3 Unity Christian 'A'	8:26.40
1) 1613 Jacob Vander Plaats 12	2) 1609 Sam Byker 11
3) 1611 Joseph Schoonhoven 10	4) 1616 Caden Zonnefeld 11
4 Atlantic 'A'	8:26.87
1) 13 Jaxson Eden 11	2) 16 Chase Mullenix 10
3) 17 Zade Niklasen 10	4) 19 Phoenix Shadden 12
5 Sioux Center 'A'	8:28.92
1) 1256 Peter Shippy 10	2) 1258 Ty Van Es 11
3) 1257 Derek Ten Pas 11	4) 1251 Sam Harrison 09
6 Gehlen Catholic 'A'	8:32.82
1) 455 Alec Langel 11	2) 463 Jordan VonArb 11
3) 452 Blake Feng 12	4) 450 Cooper Davis 12
7 Sc- North 'A'	8:33.30
1) 1193 Merga Gameda 11	2) 1184 Jackson Baker 11
3) 1201 Deven Pace 10	4) 1185 Camden Beller 12
8 Okoboji 'A'	8:53.74
1) 1035 Ethan Albright 10	2) 1042 Caleb Lambertus 09
3) 1034 Hunter Abrahamson 09	4) 1033 Blake Abrahamson 09
9 Sioux City East 'A'	8:56.84
1) 1297 Roger Perales 09	2) 1302 Cole Taylor 11
3) 1298 Caleb Sassman 09	4) 1285 Will DeWeerd 11
10 Pierce 'A'	8:58.97
1) 1055 Isaac Lambrecht 10	2) 1053 Ian Fisher 11
3) 1064 Cole Vogt 09	4) 1062 Caleb Sullivan 12
11 Bishop Heelan 'A'	9:00.63
1) 101 Jake Beaulieu 10	2) 117 Connor Ritz 12
3) 119 Charlie Saulsbury 10	4) 121 Brenden Suhr 12
12 Maple Valley A-O 'A'	9:16.14
1) 677 Dylan Blake 09	2) 683 Cameron O'Connell 10
3) 680 Haden Kuhl 10	4) 682 Kolby Nutt 09
13 Lawton-Bronson 'A'	9:21.29
1) 608 Noah Ott 10	2) 607 Hasten Michaels 09
3) 598 Lucas Cunningham 11	4) 609 Cade Pedersen 10
14 Cherokee- Wash 'A'	9:32.49
1) 218 Joel Vandelune 12	2) 211 Bryce Kremer 09
3) 210 Kyle Johnson 12	4) 208 Ryan Hurd 09
15 Sioux City West 'A'	9:43.05
1) 1343 Austin Surber 10	2) 1332 Hiatt Holman 10
3) 1341 Brandon Schroeder 11	4) 1337 Calvin Marcoe

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****Boys 4x110 Meter Shuttle Hurdle OHS**

=====				
Meet: M 1:00.10 4/13/2013 Glenwood, Glenwood				
S Jameson, D Kruse, K Bowden, M Bowden				
School			Finals	H#
=====				
1	Sc- North 'A'		59.40M	2
	1) 1206 Max Vollmer 12	2) 1194 Tyler Kempema 12		
	3) 1189 Cale Conner 10	4) 1208 Noah Weeter 12		
2	Cherokee- Wash 'A'		1:00.06M	2
	1) 217 Mason Timmerman 12	2) 209 Dax Johannsen 12		
	3) 215 Mason Pitts 12	4) 212 Isaac Lafleur 12		
3	Le Mars 'A'		1:02.23	2
	1) 645 Kyle Kliever 12	2) 660 Ben Wadle 10		
	3) 656 Zach Spieler 11	4) 647 Logan Lancaster 11		
4	Glenwood 'A'		1:02.24	2
	1) 484 Cody Buresh 11	2) 498 Brady Weddum 09		
	3) 493 Cooper Silvius 10	4) 495 Austin Tye 12		
5	Sioux City West 'A'		1:02.75	1
	1) 1342 Connor Sulsberger	2) 1340 Johnson Roeun 12		
	3) 1330 Ray Ray Douglas 10	4) 1331 Kellen Fitch		
6	Sb-Luton 'A'		1:04.39	1
	1) 1143 Max Murphy 10	2) 1154 Nathan Verros 10		
	3) 1137 Joe Lincoln 11	4) 1125 Austin Freiberg 09		
7	Oa-Bcig 'A'		1:04.59	1
	1) 1025 Dylan Wunschel 12	2) 1021 William Grote 09		
	3) 1022 Ryan Kolpin 11	4) 1016 Quintin Cranston 10		
8	Gehlen Catholic 'A'		1:06.31	1
	1) 460 Adam Schuch 10	2) 451 Eli Ellensohn 11		
	3) 462 Isaac Vaske 09	4) 458 Xavier Roberts 11		

**Boys High Jump OHS**

=====						
Meet: M 6-10 4/20/1989 Darwin VanderHoef, Rock Valley						
Name	Year	School	Finals			
=====						
1	1550	Cameron Cantrall	12	Spencer	6-04.00	1.93m
2	1230	Tyler Lode	10	Sheldon	6-02.00	1.87m
3	1120	Sam DeMoss	10	Sb-Luton	J6-02.00	1.87m
4	1065	Braydan Waldner	11	Pierce	6-00.00	1.82m
5	253	Cole Bergmann	11	Dakota Valley	5-10.00	1.77m
6	1134	Chris Kroll	12	Sb-Luton	5-08.00	1.72m
7	1125	Austin Freiberg	09	Sb-Luton	J5-08.00	1.72m
--	1122	Danny Dillavou	11	Sb-Luton	NH	
--	1205	Dayson Tucker	09	Sc- North	NH	
--	1330	Ray Ray Douglas	10	Sioux City West	NH	
--	1334	James King	12	Sioux City West	NH	
--	609	Cade Pedersen	10	Lawton-Bronson	NH	
--	436	Caleb Hansen	11	Elk Point-Jefferson	NH	
--	732	Dexter Wiese	09	Moc-Floyd Valley	NH	
--	1204	Nathan Reed	09	Sc- North	NH	
--	1061	Brady Simmons	12	Pierce	NH	

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****Boys Long Jump OHS**

Meet: M 22-03 4/20/1961 Lloyd Mattews, SC Central						
Name	Year	School	Finals	Wind		
1 1084 Dalton tremayne	11	Ponca Indians	20-08.00	NWI	6.29m	
			19-04.50 (NWI) 19-11.75 (NWI) 20-06 (NWI) 20-06.50 (NWI) 20-08 (NWI)		FOUL	
2 1288 Taylon Flemister	12	Sioux City East	20-03.50	NWI	6.18m	
			FOUL 20-03.50 (NWI) 19-11 (NWI) 19-02.50 (NWI) 19-04 (NWI) 18-03.50 (NWI)			
3 1612 Jonah Vander Kooi	11	Unity Christian	J20-03.50	NWI	6.18m	
			FOUL 20-03.50 (NWI) FOUL 18-03 (NWI) 18-06 (NWI) 19-02 (NWI)			
4 1327 Avery Brun	09	Sioux City West	19-11.50	NWI	6.08m	
			19-11 (NWI) 19-04.50 (NWI) FOUL 19-08 (NWI) 19-11.50 (NWI) 19-10 (NWI)			
5 257 Travis Ohl	11	Dakota Valley	19-10.00	NWI	6.04m	
			19-10 (NWI) 18-04.50 (NWI) 19-01 (NWI) 18-07 (NWI) FOUL 18-05 (NWI)			
6 1231 Brandon Winkel	12	Sheldon	19-07.50	NWI	5.98m	
			FOUL FOUL 19-07.50 (NWI) 18-08 (NWI) FOUL FOUL			
7 1735 Clayton Nelson	12	Whiting High School	19-04.00	NWI	5.89m	
			FOUL 18-05 (NWI) 19-04 (NWI) FOUL 18-06.50 (NWI) FOUL			
8 437 Aaron Koupal	12	Elk Point-Jefferson	19-02.50	NWI	5.85m	
			19-02 (NWI) FOUL FOUL FOUL 19-02.50 (NWI)			
9 1334 James King	12	Sioux City West	19-00.75	NWI	5.81m	
			19-00.75 (NWI) 18-09.50 (NWI) FOUL			
10 1207 Tyler Wagner	12	Sc- North	18-09.00	NWI	5.71m	
			18-09 (NWI) 18-01.75 (NWI) FOUL			
11 496 Zach Vondra	10	Glenwood	18-08.50	NWI	5.70m	
			18-08.50 (NWI) 18-06 (NWI) 18-04.75 (NWI)			
12 1696 Kade Rotnicke	12	West Monona	18-07.00	NWI	5.66m	
			18-07 (NWI) FOUL FOUL			
12 435 Jack Grassel	12	Elk Point-Jefferson	18-07.00	NWI	5.66m	
			18-07 (NWI) FOUL 18-01.50 (NWI)			
14 576 Coby Fischer	12	Kingsly-P/Wood-C	18-06.00	NWI	5.63m	
			17-09.50 (NWI) 18-06 (NWI) 18-01 (NWI)			
15 254 Eli Gaiani	10	Dakota Valley	18-03.00	NWI	5.56m	
			17-09.50 (NWI) 18-03 (NWI) 17-06.50 (NWI)			
16 1516 Elijah Strom	10	South Sioux City	18-01.00	NWI	5.51m	
			FOUL FOUL 18-01 (NWI)			
17 1688 Calvin Coffman	10	West Monona	17-11.75	NWI	5.48m	
			FOUL 17-10 (NWI) 17-11.75 (NWI)			
18 732 Dexter Wiese	09	Moc-Floyd Valley	17-11.00	NWI	5.46m	
			FOUL 17-11 (NWI) 17-11 (NWI)			
19 1513 Isaiah Rose	11	South Sioux City	17-08.00	NWI	5.38m	
			FOUL FOUL 17-08 (NWI)			
20 568 Camden Bainbridge	11	Kingsly-P/Wood-C	17-05.00	NWI	5.30m	
			17-05 (NWI) FOUL FOUL			
21 1697 Wyatt Schoenherr	11	West Monona	17-02.50	NWI	5.24m	
			15-02 (NWI) 17-02.50 (NWI) 17-01 (NWI)			
-- 1190 Rshan Davis	12	Sc- North	FOUL			
			FOUL FOUL FOUL			

**Boys Shot Put OHS**

Meet: M 58-11 4/20/2011 Justin Baker, Bishop Heelan				
Name	Year	School	Finals	
1 580 Nick Phelps	11	Kingsly-P/Wood-C	64-03.00M	19.58m
			60-04 FOUL 59-06 64-01 FOUL 64-03	

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****....Boys Shot Put OHS**

2	1259 Trajan Walhof	11 Sioux Center	51-02.50	15.60m
	FOUL 48-02.50 46-10.50 51-02.50 46-08.50 FOUL			
3	1515 Korey Stolze	12 South Sioux City	49-09.50	15.17m
	47-05.50 49-00 47-05 49-09.50 45-01 46-03.50			
4	581 Austin Rapp	12 Kingsly-P/Wood-C	45-02.50	13.77m
	44-06.50 45-02.50 44-04 FOUL 43-09 FOUL			
5	1305 Ethan Vick	12 Sioux City East	44-08.50	13.62m
	44-08 43-08 44-08.50 FOUL FOUL 43-05			
6	1289 Sam Hildahl	11 Sioux City East	44-02.50	13.47m
	43-03 42-06.50 44-01.50 43-07.50 43-11 44-02.50			
7	1116 Max Camerer	11 Sb-Luton	44-00.50	13.42m
	42-03 44-00.50 42-01 43-03 42-10.50 FOUL			
8	113 Eli Mollet	11 Bishop Heelan	43-09.50	13.34m
	FOUL 42-08.50 43-09.50 43-08 FOUL 42-10			
9	686 Brandon Todd	12 Maple Valley A-O	43-08.00	13.30m
	FOUL 43-00.50 42-06.50 43-02.50 43-08 FOUL			
10	1346 Koryatt Woodruff	11 Sioux City West	42-09.00	13.03m
	39-11.50 41-11.50 42-09			
11	492 Caleb Sanders	11 Glenwood	42-04.50	12.91m
	42-04.50 42-01 41-05.50			
12	499 Dillon Wiser	11 Glenwood	42-03.00	12.87m
	FOUL 42-03 FOUL			
13	1081 Hudson Schweers	11 Ponca Indians	42-02.00	12.85m
	42-00 FOUL 42-02			
14	1079 Michael logue	10 Ponca Indians	41-11.50	12.78m
	FOUL 41-11.50 40-05.50			
15	678 Ely Fundermann	10 Maple Valley A-O	41-06.50	12.66m
	41-06.50 39-04.50 FOUL			
16	726 Will Minnick	10 Moc-Floyd Valley	41-01.00	12.52m
	FOUL 36-07.50 41-01			
16	720 Bryce Bomgaars	12 Moc-Floyd Valley	41-01.00	12.52m
	41-01 FOUL 40-10			
18	1196 George Konidas	12 Sc- North	40-02.00	12.24m
	FOUL 40-02 FOUL			
19	1729 Trent Dirks	10 Westwood	39-11.50	12.17m
	39-11.50 39-09.50 36-11			
19	1057 Dillon Lubischer	12 Pierce	39-11.50	12.17m
	39-11.50 FOUL FOUL			
21	605 Jonah Kollbaum	10 Lawton-Bronson	39-01.50	11.92m
	39-01.50 FOUL FOUL			
22	1075 Sam Brickett	11 Ponca Indians	1-00.50	0.31m
	1-00.50 1-00.50 1-00			
23	1514 Kelly Stolze	12 South Sioux City	1-00.25	0.31m
	11.75 1-00.25 ND			
24	491 Kelton Mitchell	12 Glenwood	11.75	0.29m
	FOUL 11.50 11.75			
24	1187 Bryan Ceasar	11 Sc- North	11.75	0.29m
	11.75 11.50 11.50			
26	1730 Harrison East	10 Westwood	11.25	0.28m
	FOUL 11.25 FOUL			
27	116 Brook Rector	11 Bishop Heelan	11.00	0.27m
	FOUL 11 FOUL			
28	434 Alex Grashoff	11 Elk Point-Jefferson	10.50	0.26m
	FOUL 10.50 FOUL			

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

**Olsen Stadium**

**Results**

**....Boys Shot Put OHS**

29	1255 Preston Rhodes	12	Sioux Center	10.25	0.26m
	FOUL FOUL 10.25				
30	1056 Alex Lindsay	11	Pierce	10.00	0.25m
	FOUL 10 FOUL				

**Boys Discus Throw OHS**

=====					
Meet: M 178-00 4/20/2011 Justin Baker, Bishop Heelan					
Name	Year	School	Finals		
=====					
1	580 Nick Phelps	11	Kingsly-P/Wood-C	186-10M	56.94m
	183-00 179-07 186-10 169-09 172-06 176-11				
2	1259 Trajan Walhof	11	Sioux Center	159-01	48.48m
	ND 138-05 ND ND 159-01 152-01				
3	724 Taylor Johnson	11	Moc-Floyd Valley	139-10	42.62m
	ND 139-10 133-08 ND ND 119-07				
4	492 Caleb Sanders	11	Glenwood	139-04	42.46m
	125-03 131-03 ND ND 139-04 ND				
5	1081 Hudson Schweers	11	Ponca Indians	134-11	41.12m
	124-06 117-01 133-00 ND ND 134-11				
6	113 Eli Mollet	11	Bishop Heelan	134-02	40.89m
	125-07 134-02 ND ND 132-10 ND				
7	720 Bryce Bomgaars	12	Moc-Floyd Valley	132-04	40.33m
	ND 125-11 122-07 124-08 132-04 128-08				
8	1729 Trent Dirks	10	Westwood	129-01	39.34m
	127-01 128-06 129-01 ND ND ND				
9	1158 Jackson Wright	12	Sb-Luton	128-09	39.24m
	128-09 115-10 ND ND 113-00 127-00				
10	1255 Preston Rhodes	12	Sioux Center	122-00	37.18m
	ND 116-04 122-00				
10	641 Cody Franck	11	Le Mars	122-00	37.18m
	115-04 113-05 122-00				
12	1295 Cade Nelson	12	Sioux City East	121-10	37.13m
	ND ND 121-10				
13	1082 Hunter Schweers	10	Ponca Indians	121-04	36.98m
	119-06 121-04 113-08				
14	1346 Koryatt Woodruff	11	Sioux City West	120-01	36.60m
	ND 120-01 ND				
15	1056 Alex Lindsay	11	Pierce	114-11	35.02m
	ND 114-11 112-03				
16	1118 Jared Davis	10	Sb-Luton	114-10	35.00m
	114-10 108-02 ND				
17	581 Austin Rapp	12	Kingsly-P/Wood-C	113-11	34.72m
	ND 113-11 ND				
18	116 Brook Rector	11	Bishop Heelan	111-09	34.06m
	111-09 ND ND				
19	434 Alex Grashoff	11	Elk Point-Jefferson	111-07	34.01m
	ND ND 111-07				
20	1079 Michael logue	10	Ponca Indians	111-01	33.85m
	ND 111-01 ND				
21	1057 Dillon Lubischer	12	Pierce	109-11	33.50m
	109-11 ND 107-07				
22	1196 George Konidas	12	Sc- North	108-01	32.94m
	108-01 ND ND				



**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

**Olsen Stadium**

**Results**

**....Boys Discus Throw OHS**

23	438 Kody Lafleur ND 91-11 103-02	11 Elk Point-Jefferson	103-02	31.44m
24	1289 Sam Hildahl 98-10 ND ND	11 Sioux City East	98-10	30.12m
25	494 Cody Sorenson ND ND 98-02	11 Glenwood	98-02	29.92m
26	1127 Carson Gaul ND ND 96-04	09 Sb-Luton	96-04	29.36m
27	1187 Bryan Ceasar ND ND 92-11	11 Sc- North	92-11	28.32m
28	486 Logan Giesting ND ND 88-02	11 Glenwood	88-02	26.87m
--	603 Reid Harris ND ND ND	11 Lawton-Bronson	ND	

**Boys 800 Meter Run 9th Grade**

Meet: M 2:08.42 4/15/2016 Jake Beaulieu, Bishop Heela

Name	Year	School	Finals
1	1297 Roger Perales	09 Sioux City East	2:15.53
2	1205 Dayson Tucker	09 Sc- North	2:16.02
3	1014 Ben Bergman	09 Oa-Bcig	2:17.04
4	1298 Caleb Sassman	09 Sioux City East	2:17.31
5	103 Ryan Dougherty	09 Bishop Heelan	2:17.40
6	106 John Greer	09 Bishop Heelan	2:17.62
7	643 Tucker Heeren	09 Le Mars	2:18.08
8	654 Camden Schroeder	09 Le Mars	2:21.09
9	104 Brady Fiscus	09 Bishop Heelan	2:27.04
10	1024 Evan Veltri	09 Oa-Bcig	2:27.57
11	1292 Caden Kayl	09 Sioux City East	2:29.70
12	1126 Ben Freiberg	09 Sb-Luton	2:34.86
13	1304 Brandon Vanderveen	09 Sioux City East	2:37.92
14	1336 Evan Longwell	09 Sioux City West	2:38.19
15	1200 Elias Miller	09 Sc- North	2:40.64
16	1123 Jherek Dillavou	09 Sb-Luton	2:43.11
17	1132 Tanner Hueser	09 Sb-Luton	2:48.68
18	1209 Victor West	09 Sc- North	3:31.86

**Boys 4x100 Meter Relay 9th Grade**

Meet: M 46.33 4/19/2007 Bishop Heelan, Heelan  
Preston Ives, Kyle Kinney, Cole Wegher, Nate Berger

School	Finals
1 Bishop Heelan 'A'	47.39
1) 120 Henry Sealey 09	2) 102 RJ Breen 09
3) 107 Major Heaton 09	4) 111 Camden Lee 09
2 Le Mars 'A'	47.49
1) 646 Anthony Lamoreaux 09	2) 657 Aisea Toki 09
3) 655 Eric Spieler 09	4) 652 Dylan Rasmussen 09
3 Sioux City East 'A'	48.01
1) 1300 Dallas Smith 09	2) 1283 Sayvion Armstrong 09
3) 1293 Kaige Kellen 09	4) 1306 Gabe Wagner 09
4 Oa-Bcig 'A'	48.53

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

**Olsen Stadium**

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**....Boys 4x100 Meter Relay 9th Grade**

- |                            |                             |
|----------------------------|-----------------------------|
| 1) 1018 Eli Gebel 09       | 2) 1019 Carson Godbersen 09 |
| 3) 1023 Nick Sholty 09     | 4) 1015 Philip Brooks 09    |
| 5 Sb-Luton 'A'             | 49.40                       |
| 1) 1125 Austin Freiberg 09 | 2) 1153 Josh Stangel 09     |
| 3) 1140 Nolan McGregor 09  | 4) 1147 Jorma Schwedler 09  |
| 6 Sc- North 'A'            | 51.63                       |
| 1) 1202 Jayden Peterson 09 | 2) 1203 Peyton Popken 09    |
| 3) 1205 Dayson Tucker 09   | 4) 1195 Cecil Kidd 09       |

**Boys 4x200 Meter Relay 9th Grade**

=====	
Meet: M 1:36.49	4/20/2001 SC West, SC West
	J. Miller,S. Olorundami,Chau Tran,J. Johnikin
School	Finals
=====	
1 Bishop Heelan 'A'	1:38.41
1) 107 Major Heaton 09	2) 111 Camden Lee 09
3) 118 Michael Rizk 09	4) 102 RJ Breen 09
2 Oa-Bcig 'A'	1:39.73
1) 1018 Eli Gebel 09	2) 1023 Nick Sholty 09
3) 1019 Carson Godbersen 09	4) 1015 Philip Brooks 09
3 Le Mars 'A'	1:39.76
1) 646 Anthony Lamoreaux 09	2) 657 Aisea Toki 09
3) 655 Eric Spieler 09	4) 652 Dylan Rasmussen 09
4 Sioux City East 'A'	1:45.36
1) 1300 Dallas Smith 09	2) 1283 Sayvion Armstrong 09
3) 1286 Jaleque Dunson 09	4) 1306 Gabe Wagner 09
5 Sc- North 'A'	1:46.05
1) 1202 Jayden Peterson 09	2) 1203 Peyton Popken 09
3) 1195 Cecil Kidd 09	4) 1204 Nathan Reed 09
6 Sb-Luton 'A'	2:03.77
1) 1136 Braden Lewis 09	2) 1138 Jacob Loberg 09
3) 1115 Dahlen Bryce 09	4) 1145 Jaime Santiago 09

**Boys 4x400 Meter Relay 9th Grade**

=====	
Meet: M 3:40.64	4/20/2012 Bishop Heelan, Bishop Heela
	T Smith, D Kasperbauer, B Bogenrief, T Tobin
School	Finals
=====	
1 Bishop Heelan 'A'	3:44.10
1) 103 Ryan Dougherty 09	2) 118 Michael Rizk 09
3) 102 RJ Breen 09	4) 123 Christian Velasquez 09
2 Le Mars 'A'	3:54.88
1) 643 Tucker Heeren 09	2) 655 Eric Spieler 09
3) 662 Tate Westhoff 09	4) 652 Dylan Rasmussen 09
3 Oa-Bcig 'A'	3:58.88
1) 1014 Ben Bergman 09	2) 1023 Nick Sholty 09
3) 1018 Eli Gebel 09	4) 1024 Evan Veltri 09
4 Sioux City East 'A'	4:00.19
1) 1287 Colby East 09	2) 1293 Kaige Kellen 09
3) 1286 Jaleque Dunson 09	4) 1306 Gabe Wagner 09
5 Sb-Luton 'A'	4:05.91
1) 1153 Josh Stangel 09	2) 1115 Dahlen Bryce 09
3) 1126 Ben Freiberg 09	4) 1138 Jacob Loberg 09

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****....Boys 4x400 Meter Relay 9th Grade**

6 Sc- North 'A'	4:36.66
1) 1205 Dayson Tucker 09	2) 1204 Nathan Reed 09
3) 1200 Elias Miller 09	4) 1209 Victor West 09

**Boys 4x100 Meter Relay 6th Grade**

Meet: M 57.69 4/17/2015 North Middle, North Middle  
C Weber, A Magana, A Sherrill, R Dangerfield

School	Finals
--------	--------

1 North MS 6th 'A'	58.28
1) Lucius Pinney 06	2) Jack Lloyd 06
3) Michael Avery 06	4) Gabe Nash 06
2 East MS 6th 'A'	58.39
1) Austin Trotter 06	2) Lucas Chadwick 06
3) Brecken Schossow 06	4) Dalyn Tope 06
3 West MS 6th 'A'	1:01.02
1) Kevian Hayes 06	2) Antonio Medina 06
3) Mark Davis 06	4) Terrance Topete 06
4 West MS 6th 'B'	1:02.22
1) Robert Johnson 06	2) Julio Khamvanh 06
3) Ryan Terrell 06	4) Ivan Navarrette 06

**Boys 800 Meter Run 7th Grade**

Meet: M 2:25.31 4/15/2016 Yahir Becerra, SSC 7th Girl

Name	Year School	Finals
------	-------------	--------

1 1133 Jacob Imming	07 Sb-Luton	2:31.84
2 1152 Kaden Smith	07 Sb-Luton	2:32.42
3 279 Blake Schmiedt	07 Dakota Valley MS	2:35.46
4 845 Yemane Kifle	07 North Middle 8	2:37.15
5 413 Chase Mann	07 East Middle	2:38.24
6 405 Ryan Campbell	07 East Middle	2:40.09
7 78 Michael Saulsbury	07 Bishop Heelan 7th	2:45.66
8 838 Lorcan Christianse	07 North Middle 8	2:46.17
9 1679 Juan Juarez	07 West Middle School	2:47.85
10 1675 Sammy Dattolico	07 West Middle School	2:48.17
11 1552 Aidan Arneson	07 Ssc 7th Boys	2:48.23
12 1551 Tyler Andersen	07 Ssc 7th Boys	2:49.30
13 76 Levi Meis	07 Bishop Heelan 7th	2:49.53

**Boys 4x100 Meter Relay 7th Grade**

Meet: M 50.83 4/13/2012 Sbl MS Boys, SBL MS  
A Zoss, D Moore, N Maxfield, B Wall

School	Finals
--------	--------

1 Sb-Luton 'A'	53.67
1) 1121 JD Dickson 07	2) 1148 Matthew Schwedler 07
3) 1157 Schuyler Warren 07	4) 1133 Jacob Imming 07
2 East Middle 'A'	53.97
1) 417 Darel Torres 07	2) 404 Tyson Bryant 07
3) 406 Ke'Shawn Canady 07	4) 408 Alejandro Deanda 07
3 North Middle 8 'A'	54.92

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

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**....Boys 4x100 Meter Relay 7th Grade**

- |                                    |                             |
|------------------------------------|-----------------------------|
| 1) 849 Alexander Tran 07           | 2) 842 Jacob Hagan 07       |
| 3) 843 Casey Hammerstrom 07        | 4) 847 Jayston Paulson 07   |
| 4 Dakota Valley MS 'A'             | 57.39                       |
| 1) 269 Brodey Ballinger 07         | 2) 271 Carter Broers 07     |
| 3) 273 Tayveon Feenstra 07         | 4) 274 Druw Fredericksen 07 |
| 5 Bishop Heelan 7th 'A'            | 58.51                       |
| 1) 72 Liam Cleary 07               | 2) 78 Michael Saulsbury 07  |
| 3) 75 Caden Lafleur 07             | 4) 76 Levi Meis 07          |
| 6 West Middle School 'A'           | 58.93                       |
| 1) 1678 Skylar Hanson 07           | 2) 1679 Juan Juarez 07      |
| 3) 1680 Brady Larson 07            | 4) 1674 Alex Cline 07       |
| -- Ssc 7th Boys 'A'                | DQ                          |
| 1) 1555 Eduardo Garcia Gonzalez 07 | 2) 1558 Jerad Velasquez 07  |
| 3) 1557 Keysean Taylor 07          | 4) 1553 Caden Chester 07    |

**Boys 4x200 Meter Relay 7th Grade**

=====  
 Meet: M 1:48.90 4/13/2012 Sbl MS Boys, SBL MS  
 A Zoss, C Laughlin, P Zoss, B Wall

- | School                             | Finals                      |
|------------------------------------|-----------------------------|
| 1 Sb-Luton 'A'                     | 1:51.34                     |
| 1) 1121 JD Dickson 07              | 2) 1152 Kaden Smith 07      |
| 3) 1117 Bryce Click 07             | 4) 1133 Jacob Imming 07     |
| 2 Bishop Heelan 7th 'A'            | 1:54.67                     |
| 1) 73 Ian Gill 07                  | 2) 74 Aidan Kuehl 07        |
| 3) 77 Carter Ritz 07               | 4) 79 Jake Wiest 07         |
| 3 Ssc 7th Boys 'A'                 | 1:55.33                     |
| 1) 1555 Eduardo Garcia Gonzalez 07 | 2) 1558 Jerad Velasquez 07  |
| 3) 1556 Tyler Knowles 07           | 4) 1554 Todd Comstock 07    |
| 4 North Middle 8 'A'               | 1:58.01                     |
| 1) 848 Kadin Schager 07            | 2) 849 Alexander Tran 07    |
| 3) 846 Keller Newton 07            | 4) 847 Jayston Paulson 07   |
| 5 Dakota Valley MS 'A'             | 1:59.45                     |
| 1) 269 Brodey Ballinger 07         | 2) 271 Carter Broers 07     |
| 3) 273 Tayveon Feenstra 07         | 4) 274 Druw Fredericksen 07 |
| 6 West Middle School 'A'           | 2:03.04                     |
| 1) 1678 Skylar Hanson 07           | 2) 1679 Juan Juarez 07      |
| 3) 1674 Alex Cline 07              | 4) 1680 Brady Larson 07     |
| -- East Middle 'A'                 | DQ                          |
| 1) 417 Darel Torres 07             | 2) 404 Tyson Bryant 07      |
| 3) 406 Ke'Shawn Canady 07          | 4) 408 Alejandro Deanda 07  |

**Boys 800 Meter Run 8th Grade**

=====  
 Meet: M 2:17.57 4/17/2015 Sam DeMoss, Sgt. Bluff-Luto  
 Name Year School Finals

- |   |                    |                        |          |
|---|--------------------|------------------------|----------|
| 1 | 1561 Juan Balderas | 08 Ssc 8th boys        | 2:15.17M |
| 2 | 1142 Nick Muller   | 08 Sb-Luton            | 2:15.89M |
| 3 | 1559 Aman Abdella  | 08 Ssc 8th boys        | 2:18.52  |
| 4 | 1673 Ethan Burge   | 08 West Middle School  | 2:18.74  |
| 5 | 1415 Eric Brennan  | 08 Siouxland Christian | 2:29.61  |
| 6 | 1681 Hayden Sweum  | 08 West Middle School  | 2:30.45  |
| 7 | 412 Angel Lopez    | 08 East Middle         | 2:31.12  |

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

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**Results**

**....Boys 800 Meter Run 8th Grade**

8	850 Nicholas Walters	08 North Middle 8	2:31.89
9	837 Jaysen Bouwers	08 North Middle 8	2:33.13
10	414 Luis Najar	08 East Middle	2:33.70
11	1146 Blaise Schmidt	08 Sb-Luton	2:39.94
12	272 Landon Erickson	08 Dakota Valley MS	2:42.61
13	141 Noah Winkel	08 Bishop Heelan-Boys8	2:57.99
14	139 Jack Flannery	08 Bishop Heelan-Boys8	2:58.24

**Boys 4x100 Meter Relay 8th Grade**

=====

Meet: M 48.65 4/16/1993 , East Middle

School Finals

=====

1	North Middle 8 'A'	50.12
	1) 841 Liam Greenwell 08	2) 839 Bryce Cook 08
	3) 852 Demondre Williams 08	4) 844 Dante Hansen 08
2	Ssc 8th boys 'A'	51.67
	1) 1563 Guzman Jacob 08	2) 1560 Javier Alvarez 08
	3) 1562 Kaden Dahl 08	4) 1561 Juan Balderas 08
3	Sb-Luton 'A'	51.74
	1) 1131 JT Holder 08	2) 1129 Kaden Helt 08
	3) 1130 Jordan Hincapie 08	4) 1150 Ty Shoulders 08
4	East Middle 'A'	51.76
	1) 403 Ethan Breyfogle 08	2) 409 Mekhi Hilson 08
	3) 411 Kage Knudsen 08	4) 415 Kyler Peterson 08
5	West Middle School 'A'	52.28
	1) 1677 Rey Gonzalez 08	2) 1676 Michael Duax 08
	3) 1681 Hayden Sweum 08	4) 1673 Ethan Burge 08
6	Dakota Valley MS 'A'	52.51
	1) 270 Josh Barber 08	2) 275 Kobey June 08
	3) 277 Kaden Martin 08	4) 278 Chayce Montagne 08
7	Bishop Heelan-Boys8 'A'	54.23
	1) 139 Jack Flannery 08	2) 138 Keyontre Clark 08
	3) 137 Cael Boever 08	4) 140 Brayden Pratt 08

**Boys 4x200 Meter Relay 8th Grade**

=====

Meet: M 1:39.73 4/17/2015 Sbl MS, Sgt. Bluff-Luton

Z Schultz, G Warren, S DeMoss, B Delperdang

School Finals

=====

1	West Middle School 'A'	1:46.79
	1) 1681 Hayden Sweum 08	2) 1682 Cesar Vazquez 08
	3) 1677 Rey Gonzalez 08	4) 1673 Ethan Burge 08
2	Ssc 8th boys 'A'	1:47.15
	1) 1563 Guzman Jacob 08	2) 1564 Nahum Sabino Garcia 08
	3) 1562 Kaden Dahl 08	4) 1561 Juan Balderas 08
3	East Middle 'A'	1:47.43
	1) 403 Ethan Breyfogle 08	2) 411 Kage Knudsen 08
	3) 409 Mekhi Hilson 08	4) 410 Owen Hoak 08
4	Sb-Luton 'A'	1:47.69
	1) 1131 JT Holder 08	2) 1135 Vince Lally 08
	3) 1129 Kaden Helt 08	4) 1146 Blaise Schmidt 08
5	Dakota Valley MS 'A'	1:49.70
	1) 270 Josh Barber 08	2) 275 Kobey June 08

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

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**....Boys 4x200 Meter Relay 8th Grade**

3) 277 Kaden Martin 08	4) 278 Chayce Montagne 08
6 Bishop Heelan-Boys8 'A'	1:54.17
1) 138 Keyontre Clark 08	2) 140 Brayden Pratt 08
3) 139 Jack Flannery 08	4) 137 Cael Boever 08
-- North Middle 8 'A'	DQ
1) 841 Liam Greenwell 08	2) 839 Bryce Cook 08
3) 851 Caleb Weber 08	4) 844 Dante Hansen 08

**Boys 4x400 Meter Relay 8th Grade**

=====			
Meet: M 3:56.07	4/17/2015	Sbl MS, Sgt. Bluff-Luton	
		G Warren, Z Schultz, D Mathison, B Delperdang	
School		Finals	
=====			
1 Ssc 8th boys 'A'		3:59.81	
1) 1562 Kaden Dahl 08	2) 1560 Javier Alvarez 08		
3) 1559 Aman Abdella 08	4) 1561 Juan Balderas 08		
2 North Middle 8 'A'		4:03.79	
1) 851 Caleb Weber 08	2) 840 Colin Greenwell 08		
3) 841 Liam Greenwell 08	4) 844 Dante Hansen 08		
3 Sb-Luton 'A'		4:05.55	
1) 1142 Nick Muller 08	2) 1130 Jordan Hincapie 08		
3) 1135 Vince Lally 08	4) 1150 Ty Shoulders 08		
4 East Middle 'A'		4:20.05	
1) 403 Ethan Breyfogle 08	2) 407 Ryan Crawford 08		
3) 416 Ben Shaputis 08	4) 410 Owen Hoak 08		
5 Bishop Heelan-Boys8 'A'		4:37.24	
1) 140 Brayden Pratt 08	2) 141 Noah Winkel 08		
3) 138 Keyontre Clark 08	4) 137 Cael Boever 08		

**Boys 100 Meter Dash Elite**

=====				
Meet: M 10.83	4/14/2012	Darius Pearson, SC West		
Name	Year	School	Finals	Wind
=====				
1 1147 Jorma Schwedler	09	Sb-Luton	11.13	1.4
2 1141 Ryley McGregor	12	Sb-Luton	11.26	1.4
3 606 AJ Lefler	12	Lawton-Bronson	11.32	1.4
4 1207 Tyler Wagner	12	Sc- North	11.38	1.4
5 440 Zeke Robinson	12	Elk Point-Jefferson	11.38	1.4
6 648 Collin Nemmers	12	Le Mars	11.39	1.4
7 1044 Joe Stein	09	Okoboji	11.39	1.4
8 1288 Taylon Flemister	12	Sioux City East	11.42	1.4

**Boys 110 Meter Hurdles Elite**

=====				
Meet: M 14.41	4/20/2002	Derek Casey, Cherokee		
Name	Year	School	Finals	Wind
=====				
1 18 Gratt Reed	11	Atlantic	14.85	-1.5
2 1208 Noah Weeter	12	Sc- North	15.25	-1.5
3 217 Mason Timmerman	12	Cherokee- Wash	15.55	-1.5
4 212 Isaac Lafleur	12	Cherokee- Wash	15.73	-1.5
5 645 Kyle Kliever	12	Le Mars	15.86	-1.5
6 1025 Dylan Wunschel	12	Oa-Bcig	15.88	-1.5

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****....Boys 110 Meter Hurdles Elite**

7	1231	Brandon Winkel	12	Sheldon	16.10	-1.5
8	1060	Devan Roth	10	Pierce	16.13	-1.5

**Men 100 Meter Dash UCO**

=====  
 Meet: M 10.35 4/17/1994 Keith Green, Morningside

Name Year School Prelims Wind H#

## Preliminaries

1	1586	Blake Mossberg	SO	Unattached	10.88q	1.8	6
2	169	Sage Lloyd	SO	Briar Cliff	10.93q	2.2	2
3	778	Will Griffin	FR	Morningside	10.94q	2.1	1
4	802	Perman Wilson	FR	Morningside	10.98q	2.0	7
5	245	D'Artist Williams	SR	Dakota State	11.06q	1.5	4
6	1635	Alvyns Alcenord	SO	Wayne St. (Neb.)	11.11q	2.0	7
7	1467	Sam Clark	FR	South Dakota	11.12q	-0.8	3
8	791	Klayton Nordeen	FR	Morningside	11.15q	2.9	5
9	1659	Jordan Zautke	SO	Wayne St. (Neb.)	11.17	1.8	6
10	53	Trey Heid	SR	Augustana (S.D.)	11.20	2.1	1
11	153	Chad Blank	FR	Briar Cliff	11.22	1.8	6
12	996	Jordan Strand	SR	Northwestern (Iowa)	11.24	2.1	1
13	895	Jarreth Martina	JR	Northern State	11.25	2.2	2
14	997	Levi Te Brink	JR	Northwestern (Iowa)	11.34	-0.8	3
15	1383	Cole Buer	FR	Sioux Falls	11.35	1.5	4
16	962	Derrick Akers	JR	Northwestern (Iowa)	11.35	2.9	5
17	384	Trevor Zonnefeld	SR	Dordt	11.39	2.0	7
18	298	Nathan Bader	FR	Dakota Wesleyan	11.41	2.2	2
19	969	Brady Butters	FR	Northwestern (Iowa)	11.41	1.5	4
20	898	Sam Moseti	FR	Northern State	11.42	2.2	2
21	1409	Luke Wuesthoff	FR	Sioux Falls	11.42	-0.8	3
22	1642	Kole Heller	JR	Wayne St. (Neb.)	11.44	2.9	5
23	241	Bailey Ludens	FR	Dakota State	11.45	1.8	6
24	62	Josh Reider	JR	Augustana (S.D.)	11.47	2.1	1
25	909	Romario Thomas	FR	Northern State	11.49	-0.8	3
26	192	Dylan Coffin	FR	Buena Vista	11.51	2.0	7
27	993	Stephan Sanford	FR	Northwestern (Iowa)	11.55	-0.8	3
28	775	James Farnan	JR	Morningside	11.58	2.9	5
29	795	Logan Roberts	FR	Morningside	11.59	1.5	4
30	1000	Nathan Wedel	JR	Northwestern (Iowa)	11.59	2.1	1
31	50	Riley Crawford	FR	Augustana (S.D.)	11.66	2.1	1
32	1585	Mustapha Moore	JR	Unattached	11.71	2.2	2
32	887	Brenton Hanisch	FR	Northern State	11.71	-0.8	3
34	538	Noah Knutson	SO	Jamestown	11.78	1.5	4
35	897	Austin Moser	FR	Northern State	11.79	2.1	1
36	799	Grant Staats	SO	Morningside	11.81	1.8	6
37	197	Nikolas Polite	FR	Buena Vista	11.84	2.0	7
37	1395	Colton Johnson	SO	Sioux Falls	11.84	1.5	4
39	238	Kennan Kelly	FR	Dakota State	11.90	-0.8	3
40	999	Tim Wager	FR	Northwestern (Iowa)	12.01	2.2	2
41	769	Wes Brown	JR	Morningside	12.04	2.0	7
42	243	Austin Row	FR	Dakota State	12.21	1.8	6
43	536	Michael Hust	SR	Jamestown	12.30	2.0	7
44	820	Gabriel Goehring	JR	Mount Marty	12.72	2.9	5
45	1405	Jonathon Rowe	FR	Sioux Falls	17.11	2.9	5

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****Men 100 Meter Dash UCO**

=====				
Meet: M 10.35 4/17/1994 Keith Green, Morningside				
Name	Year	School	Finals	Wind
=====				
Finals				
1	802	Perman Wilson	FR Morningside	10.81 1.1
2	1586	Blake Mossberg	SO Unattached	10.97 1.1
3	245	D'Artist Williams	SR Dakota State	11.01 1.1
4	778	Will Griffin	FR Morningside	11.02 1.1
5	169	Sage Lloyd	SO Briar Cliff	11.05 1.1
6	791	Klayton Nordeen	FR Morningside	11.08 1.1
7	1467	Sam Clark	FR South Dakota	11.12 1.1

**Men 200 Meter Dash UCO**

=====					
Meet: M 21.04 4/12/2014 Breyan Miller, Dickinson State					
Name	Year	School	Finals	Wind	H#
=====					
1	802	Perman Wilson	FR Morningside	22.01	1.6 7
2	1586	Blake Mossberg	SO Unattached	22.10	1.6 7
3	169	Sage Lloyd	SO Briar Cliff	22.18	1.6 7
4	1659	Jordan Zautke	SO Wayne St. (Neb.)	22.29	0.9 6
5	245	D'Artist Williams	SR Dakota State	22.39	1.6 7
6	791	Klayton Nordeen	FR Morningside	22.47	1.6 7
7	1467	Sam Clark	FR South Dakota	22.50	1.6 7
8	969	Brady Butters	FR Northwestern (Iowa)	22.59	0.9 6
9	384	Trevor Zonnefeld	SR Dordt	22.92	0.1 5
10	53	Trey Heid	SR Augustana (S.D.)	22.93	0.2 4
11	1382	Cody Buer	FR Sioux Falls	22.95	0.1 5
12	298	Nathan Bader	FR Dakota Wesleyan	23.05	0.2 4
13	1383	Cole Buer	FR Sioux Falls	23.08	0.2 4
14	909	Romario Thomas	FR Northern State	23.21	0.1 5
15	552	Cameron White	JR Jamestown	23.22	1.6 7
16	961	Perkins Aiyegbeni	FR Northwestern (Iowa)	23.25	0.9 6
17	383	Marcus Whipper	FR Dordt	23.34	0.1 5
18	895	Jarreth Martina	JR Northern State	23.38	0.2 4
19	530	Brady Carlson	FR Jamestown	23.39	0.9 6
20	898	Sam Moseti	FR Northern State	23.43	0.1 5
21	302	Anthony Fontenot	FR Dakota Wesleyan	23.47	0.2 4
22	241	Bailey Ludens	FR Dakota State	23.51	0.1 5
23	1650	Brandon Marker	JR Wayne St. (Neb.)	23.62	0.1 5
24	538	Noah Knutson	SO Jamestown	23.62	1.6 3
25	62	Josh Reider	JR Augustana (S.D.)	23.72	1.6 3
26	165	Matt Holzman	SO Briar Cliff	23.78	0.2 4
27	887	Brenton Hanisch	FR Northern State	23.89	1.6 3
28	1585	Mustapha Moore	JR Unattached	24.01	1.0 2
29	299	Dakota Bodden	JR Dakota Wesleyan	24.05	1.6 3
30	194	Casey Lamle	SO Buena Vista	24.18	1.7 1
31	64	Blake Savey	FR Augustana (S.D.)	24.22	1.0 2
32	238	Kennan Kelly	FR Dakota State	24.37	1.6 3
33	50	Riley Crawford	FR Augustana (S.D.)	24.47	1.6 3
34	158	Tobe Ezimora	JR Briar Cliff	25.20	0.9 6
35	884	Scott Finkelstein	SR Northern State	25.29	1.0 2
36	820	Gabriel Goehring	JR Mount Marty	25.93	1.0 2



## Sioux City Relays 2017 - 4/21/2017 to 4/22/2017

## Olsen Stadium

## Results

## Men 400 Meter Dash UCO

=====				
Meet: M 46.22 4/20/1996 Lionel McPhaul, South Dakota				
Name	Year	School	Finals	H#
=====				
1	1588	Paul Paul	Unattached	48.17 8
2	1478	Mario Magana	SO South Dakota	49.14 8
3	355	Josiah Eckels	SR Dordt	49.24 8
4	1586	Blake Mossberg	SO Unattached	49.28 7
5	904	Itoitz Rodriguez	SO Northern State	49.54 8
6	821	Jordan Houdek	SR Mount Marty	49.89 7
7	795	Logan Roberts	FR Morningside	49.93 7
8	997	Levi Te Brink	JR Northwestern (Iowa)	49.98 7
9	824	Kyle Pardun	JR Mount Marty	50.01 7
10	49	Josh Barrows	SO Augustana (S.D.)	50.20 8
11	369	Ross Rozeboom	SR Dordt	50.36 6
12	988	Aaron Lemon	JR Northwestern (Iowa)	50.42 8
13	912	Luke Wietgreffe	JR Northern State	50.51 8
14	907	Zachery Six	JR Northern State	50.59 7
15	885	Isaiha Fletcher	FR Northern State	50.66 5
16	987	Austin Krier	SR Northwestern (Iowa)	50.66 6
17	377	Lucas Van Eps	SO Dordt	50.88 7
18	169	Sage Lloyd	SO Briar Cliff	51.02 4
19	1000	Nathan Wedel	JR Northwestern (Iowa)	51.22 5
20	1488	Mason Wichers	FR South Dakota	51.26 7
21	153	Chad Blank	FR Briar Cliff	51.26 6
22	361	Caleb Herman	SO Dordt	51.39 5
23	775	James Farnan	JR Morningside	51.72 6
24	1644	Habib Jallow	FR Wayne St. (Neb.)	51.91 5
25	58	Austin Krohnke	JR Augustana (S.D.)	52.05 6
26	1650	Brandon Marker	JR Wayne St. (Neb.)	52.09 5
27	64	Blake Savey	FR Augustana (S.D.)	52.42 4
28	302	Anthony Fontenot	FR Dakota Wesleyan	52.55 4
29	883	Ethan Delvo	FR Northern State	52.61 4
30	533	Andrew Hornung	FR Jamestown	52.74 6
31	67	Ryan Stiles	SO Augustana (S.D.)	52.80 5
32	165	Matt Holzman	SO Briar Cliff	52.95 3
33	1593	Jacob Willey	Unattached	53.56 3
34	1579	Paul Johnson	Unattached	53.59 2
35	532	Jamison Gray	JR Jamestown	53.66 3
36	350	Tanner Conover	SO Dordt	53.67 2
37	769	Wes Brown	JR Morningside	53.70 4
38	995	Cole Simpson	FR Northwestern (Iowa)	53.75 3
39	300	Alex Cottrill	FR Dakota Wesleyan	54.16 4
40	794	Michael Rizzi	FR Morningside	54.17 3
41	983	Jacob Johnson	SO Northwestern (Iowa)	54.47 3
42	796	Jackson Rude	FR Morningside	54.66 3
43	793	Keegan Pfau	SO Morningside	54.92 3
44	819	Cody Davis	SO Mount Marty	55.01 2
45	964	Jake Auerbach	SR Northwestern (Iowa)	55.45 2
46	1572	Scott Bahrke	Unattached	55.93 1
47	534	Alex Huff	FR Jamestown	57.02 2
48	884	Scott Finkelstein	SR Northern State	57.56 2
49	542	Zach Miller	SO Jamestown	58.23 2
50	770	Steven Cutler	FR Morningside	58.96 1
51	984	Matthew Johnson	SO Northwestern (Iowa)	59.09 2
--	1469	Mach Dojiok	SR South Dakota	FS 6

## Sioux City Relays 2017 - 4/21/2017 to 4/22/2017

## Olsen Stadium

## Results

## Men 800 Meter Run UCO

=====					
Meet: M 1:48.89 4/20/1995 Tom Dow, Augustana					
Name	Year	School	Finals	H#	
=====					
1	49	Josh Barrows	SO Augustana (S.D.)	1:51.96	6
2	1483	Jacob Simmons	SO South Dakota	1:54.03	6
3	980	Peter Hollinger	SO Northwestern (Iowa)	1:54.15	6
4	382	Sam Wensink	SR Dordt	1:54.26	6
5	1583	Monte Larsen	SR Unattached	1:54.52	6
6	1397	Jase Kraft	SO Sioux Falls	1:54.94	6
7	777	Jacob Green	JR Morningside	1:55.24	6
8	821	Jordan Houdek	SR Mount Marty	1:55.30	6
9	69	Zach Tuschen	JR Augustana (S.D.)	1:55.67	5
10	1404	Mason Phillips	SO Sioux Falls	1:55.73	6
11	1400	Zach Lundberg	FR Sioux Falls	1:55.75	5
12	58	Austin Krohnke	JR Augustana (S.D.)	1:55.90	5
13	797	Drew Schiltz	SR Morningside	1:55.99	5
14	773	Alec DeVries	JR Morningside	1:56.09	5
15	233	Alex Derr	FR Dakota State	1:56.19	5
16	891	Adam Leach	JR Northern State	1:56.31	5
17	1575	Skyler Giddings	Unattached	1:56.82	5
18	242	Mark Moeller	SR Dakota State	1:56.91	6
19	782	Kyle Hiser	SR Morningside	1:57.32	5
20	1574	Trey Furgeson	JR Unattached	1:57.34	5
21	992	Tim Rose	JR Northwestern (Iowa)	1:57.71	6
22	234	Cameron Harming	FR Dakota State	1:57.96	4
23	976	Hans Epp	JR Northwestern (Iowa)	1:58.41	4
24	1620	Orin Rambow	SO Valley City State	1:58.53	4
25	162	Josh Haning	FR Briar Cliff	1:58.84	4
26	380	Nick Vander Kooi	SR Dordt	1:59.03	4
27	172	Tommy Thelen	SR Briar Cliff	1:59.14	5
28	977	Tanner Goetsch	JR Northwestern (Iowa)	1:59.21	4
29	200	Ben Sampson	SR Buena Vista	1:59.27	3
30	1487	Nathan Wendt	SO South Dakota	1:59.68	4
31	1641	Nick Fly	SR Wayne St. (Neb.)	2:00.10	4
32	60	Austin Miller	FR Augustana (S.D.)	2:00.10	3
33	1403	Israel Parsons	JR Sioux Falls	2:00.37	4
34	1408	Tyler Slaba	SO Sioux Falls	2:00.45	4
35	164	Joe Heinrichs	JR Briar Cliff	2:00.73	5
36	351	Adam Daane	JR Dordt	2:00.80	4
37	1654	Nick Schmit	SR Wayne St. (Neb.)	2:01.04	4
38	57	John Klecker	SR Augustana (S.D.)	2:01.18	5
39	793	Keegan Pfau	SO Morningside	2:01.24	3
40	1653	Nathan Pearson	FR Wayne St. (Neb.)	2:01.47	3
41	170	Casey McEvoy	JR Briar Cliff	2:01.50	3
42	989	Luke Lorfeld	JR Northwestern (Iowa)	2:01.63	3
43	991	Bryce Nitzsche	FR Northwestern (Iowa)	2:01.70	3
44	166	Tony Kollasch	SO Briar Cliff	2:01.72	3
45	370	Riley Schaap	JR Dordt	2:01.88	3
46	63	Nick Reiffenberger	SO Augustana (S.D.)	2:02.10	1
47	968	Caleb Benzing	SO Northwestern (Iowa)	2:02.26	2
48	68	Alex Tietz	SO Augustana (S.D.)	2:02.43	3
49	1637	Kak Ayaj	FR Wayne St. (Neb.)	2:02.79	4
50	1481	Hunter Paulsen	SO South Dakota	2:02.80	2
51	237	Corey Hermann	SO Dakota State	2:02.98	2
52	1468	Brice Cowman	JR South Dakota	2:03.55	2

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****....Men 800 Meter Run UCO**

53	167	Zach Kollasch	SO Briar Cliff	2:03.89	3
54	304	Jeremiah Panec	JR Dakota Wesleyan	2:04.06	3
55	55	Beau Ireland	FR Augustana (S.D.)	2:04.26	2
56	794	Michael Rizzi	FR Morningside	2:04.59	2
57	1381	Steven Brown	SO Sioux Falls	2:04.76	2
58	796	Jackson Rude	FR Morningside	2:05.05	2
59	1619	Martin Mena	FR Valley City State	2:05.17	6
60	154	Chase Bulten	FR Briar Cliff	2:06.11	2
61	551	Dakota Wagner	SO Jamestown	2:06.34	2
62	343	Mark Bakker	SO Dor dt	2:07.43	3
63	768	Tim Brink	FR Morningside	2:08.00	1
64	877	Zac Bartolomeo	JR Northern State	2:08.43	1
65	911	Asher Wahl	FR Northern State	2:08.45	1
66	1477	Pierce Libbey	SO South Dakota	2:08.49	2
67	1638	Joey Black	JR Wayne St. (Neb.)	2:09.89	1
68	195	Tyler Larson	SR Buena Vista	2:09.90	1
69	827	Collin Whalen	FR Mount Marty	2:10.20	1
70	906	Jacob Schweitzer	JR Northern State	2:10.37	1
71	972	Alex Currier	SO Northwestern (Iowa)	2:11.27	1
72	826	Sam Voigt	JR Mount Marty	2:11.31	1
73	901	Nathan Patterson	FR Northern State	2:13.28	1
74	1392	Shane Herman	SO Sioux Falls	2:13.55	2
75	196	Alex Loerts	FR Buena Vista	2:16.28	1
76	156	Taylor Clark	SO Briar Cliff	2:16.50	1
77	822	Matthew Jirele	SO Mount Marty	2:18.54	1

**Men 1500 Meter Run UCO**

=====					
Meet: M 3:51.29 4/12/2014 Dante Carter, Dickinson St					
Name	Year	School	Finals	H#	
=====					
1	1483	Jacob Simmons	SO South Dakota	3:53.00	3
2	354	Caleb Drake	SR Dor dt	3:54.34	3
3	1486	Eldon Warner	SO South Dakota	3:57.28	3
4	980	Peter Hollinger	SO Northwestern (Iowa)	3:58.80	3
5	977	Tanner Goetsch	JR Northwestern (Iowa)	4:00.38	3
6	382	Sam Wensink	SR Dor dt	4:00.39	3
7	773	Alec DeVries	JR Morningside	4:02.24	3
8	57	John Klecker	SR Augustana (S.D.)	4:02.95	3
9	1641	Nick Fly	SR Wayne St. (Neb.)	4:04.82	3
10	797	Drew Schiltz	SR Morningside	4:06.86	2
11	1469	Mach Dojiok	SR South Dakota	4:08.75	3
12	786	Jason Kenny	JR Morningside	4:10.35	2
13	172	Tommy Thelen	SR Briar Cliff	4:10.41	3
14	370	Riley Schaap	JR Dor dt	4:10.77	2
15	304	Jeremiah Panec	JR Dakota Wesleyan	4:11.15	2
16	233	Alex Derr	FR Dakota State	4:11.63	2
17	1575	Skyler Giddings	Unattached	4:11.74	3
18	777	Jacob Green	JR Morningside	4:11.75	2
19	234	Cameron Harming	FR Dakota State	4:13.09	2
20	971	Sean Crowell	FR Northwestern (Iowa)	4:13.48	2
21	170	Casey McEvoy	JR Briar Cliff	4:13.53	2
22	976	Hans Epp	JR Northwestern (Iowa)	4:13.64	3
23	782	Kyle Hiser	SR Morningside	4:14.60	2
24	166	Tony Kollasch	SO Briar Cliff	4:14.82	2

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****....Men 1500 Meter Run UCO**

25	553	Matthew Young	SO Jamestown	4:15.11	3
25	378	Alex Van Ginkel	JR Dordt	4:15.11	2
27	793	Keegan Pfau	SO Morningside	4:15.40	2
28	242	Mark Moeller	SR Dakota State	4:18.30	2
29	167	Zach Kollasch	SO Briar Cliff	4:19.50	2
30	154	Chase Bulten	FR Briar Cliff	4:20.02	1
31	1403	Israel Parsons	JR Sioux Falls	4:22.44	1
32	768	Tim Brink	FR Morningside	4:23.06	1
33	1637	Kak Ayaj	FR Wayne St. (Neb.)	4:23.49	2
34	373	Kevin Steiger	JR Dordt	4:25.67	1
35	375	David Te Krony	JR Dordt	4:26.39	1
36	237	Corey Hermann	SO Dakota State	4:27.32	1
37	827	Collin Whalen	FR Mount Marty	4:28.51	1
38	1638	Joey Black	JR Wayne St. (Neb.)	4:29.35	1
39	366	Schuyler Malenke	FR Dordt	4:29.74	1
40	201	Steven Smith	SR Buena Vista	4:33.43	1
41	340	Ben Aberson	FR Dordt	4:35.05	1
42	236	Caleb Hemphill	SR Dakota State	4:37.60	1
43	363	Dan Kelly	FR Dordt	4:38.89	1
44	981	Jeff Jeltema	JR Northwestern (Iowa)	4:39.37	1
45	1392	Shane Herman	SO Sioux Falls	4:42.54	2
46	239	Jonathan Lein	FR Dakota State	4:42.58	1
47	826	Sam Voigt	JR Mount Marty	4:44.22	1
48	159	Zach Groves	SR Briar Cliff	5:04.23	1
49	825	James Reeves	JR Mount Marty	5:25.87	1

**Men 5000 Meter Run UCO**

=====					
Meet: M 14:23.61 4/21/2001 Matt Hoyt, unattached					
Name	Year	School	Finals		
=====					
1	1577	Brant Haase	Unattached	14:48.15	
2	1381	Steven Brown	SO Sioux Falls	15:09.92	
3	1468	Brice Cowman	JR South Dakota	15:19.65	
4	784	AJ Janssen	JR Morningside	15:29.80	
5	902	Tanner Peltier	SO Northern State	15:34.80	
6	1487	Nathan Wendt	SO South Dakota	15:55.15	
7	351	Adam Daane	JR Dordt	15:57.44	
8	1477	Pierce Libbey	SO South Dakota	16:08.61	
9	1639	Jack Doughty	FR Wayne St. (Neb.)	16:22.30	
10	345	Ben Brockmueller	SR Dordt	16:25.89	
11	307	Lane Tibbs	JR Dakota Wesleyan	16:28.33	
12	789	Slater Marshall	FR Morningside	17:04.62	
13	908	Logan Swenson	SO Northern State	17:08.47	
14	544	Daniel Palmer	FR Jamestown	17:16.22	
15	157	Dalton Demers	FR Briar Cliff	17:25.33	
16	356	Kyle Fischer	SR Dordt	17:27.36	
17	1581	Colewyn Knoblich	FR Unattached	17:44.24	
18	827	Collin Whalen	FR Mount Marty	18:14.75	
--	1591	Jay Welp	Unattached	DNF	
--	230	Michael Carson	SR Dakota State	DNF	

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****Men 10000 Meter Run UCO**

=====				
Meet: M 30:16.57 4/22/1998 James McGowan, Wayne State				
Name	Year	School	Finals	
=====				
1	1618	Dennis Gonzalez	JR Valley City State	31:43.58
2	767	Mark Abrams	SR Morningside	31:57.20
3	232	Braden Curnow	FR Dakota State	33:28.10
4	7	Ray Munsterman	NA Unattached	33:31.13
5	1649	Corbin Lehn	SR Wayne St. (Neb.)	33:33.64
6	966	Ryan Bauermeister	JR Northwestern (Iowa)	33:52.74
7	231	Max Cruse	FR Dakota State	33:58.11
8	1394	Wyatt Johansen	JR Sioux Falls	34:25.10
9	1590	Kyle Wagner	Unattached	34:25.82
10	1655	Isaias Solorio	FR Wayne St. (Neb.)	34:28.71
11	367	Ian Manske	SR Dordt	34:55.15
12	1402	John Noyes	SO Sioux Falls	35:11.66
13	543	Donavan Moser	JR Jamestown	35:20.82
14	157	Dalton Demers	FR Briar Cliff	35:41.24
15	792	Anthony Patton	SO Morningside	36:59.61
16	1581	Colewyn Knoblich	FR Unattached	37:13.91
17	159	Zach Groves	SR Briar Cliff	37:41.81
--	9	Matt Dewald	Unattached	DNF
--	1489	Isaiah Barlow	FR South Dakota St.	DNF

**Men 110 Meter Hurdles UCO**

=====						
Meet: M 14.25 4/17/1988 Charles Johnson, Morningside						
Name	Year	School	Prelims	Wind	H#	
=====						
<b>Preliminaries</b>						
1	1386	Teddy Frid	SO Sioux Falls	14.73q	1.1	1
2	783	Reece Jackson	SO Morningside	14.97q	1.4	2
3	70	Dylon Van't Hof	JR Augustana (S.D.)	15.25q	1.6	3
4	790	Jacobus Noble	FR Morningside	15.36q	1.1	1
5	880	Deveyonn Brown	FR Northern State	15.39q	1.1	1
6	59	Paul Meloche	SO Augustana (S.D.)	15.47q	1.4	2
7	1480	Dennis Parsley	FR South Dakota	15.54q	1.6	3
8	894	Bryce Malsam	FR Northern State	15.68q	1.6	3
9	986	Calvin Korver	FR Northwestern (Iowa)	15.69	1.8	5
10	360	Keith Heidema	JR Dordt	15.88	1.8	5
11	71	Evan Ward	SO Augustana (S.D.)	15.97	1.4	2
12	1401	Jacob Morse	FR Sioux Falls	16.01	0.8	4
13	781	Chase Hiser	FR Morningside	16.14	1.1	1
14	347	Michael Buma	FR Dordt	16.33	1.6	3
15	1472	Jordan Fujan	FR South Dakota	16.34	1.6	3
16	879	Deshonn Brown	SO Northern State	16.41	1.1	1
17	199	Justin Sacker	SR Buena Vista	16.51	0.8	4
18	889	TJ Hochstetler	JR Northern State	16.55	1.8	5
19	965	Kyle Bakker	FR Northwestern (Iowa)	16.77	0.8	4
20	774	Josh Doering	JR Morningside	16.89	1.4	2
21	303	Jon Harmening	SO Dakota Wesleyan	16.91	0.8	4
22	1388	Aaron Greenberg	JR Sioux Falls	17.02	1.8	5
23	202	Kyle Wessling	SR Buena Vista	17.15	1.6	3
24	990	Michael McCauley	SO Northwestern (Iowa)	17.15	1.1	1
25	299	Dakota Bodden	JR Dakota Wesleyan	17.20	1.6	3
26	984	Matthew Johnson	SO Northwestern (Iowa)	17.31	1.8	5

## Sioux City Relays 2017 - 4/21/2017 to 4/22/2017

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## Results

## ...Men 110 Meter Hurdles UCO

27	878	Kelson Brewer	FR Northern State	17.65	1.4	2
28	65	Peter Schukking	JR Augustana (S.D.)	17.88	0.8	4
29	1476	Hunter Leighton	SO South Dakota	18.02	0.8	4
30	994	Elijah Schaefer	JR Northwestern (Iowa)	18.39	0.8	4
--	1657	Robert Sullivan	SO Wayne St. (Neb.)	DNF	0.8	4
--	890	Jacob Lackas	FR Northern State	DQ	1.4	2
--	301	Gabe Dirksen	SR Dakota Wesleyan	DQ	1.8	5

## Men 110 Meter Hurdles UCO

=====						
Meet: M 14.25 4/17/1988 Charles Johnson, Morningside						
Name	Year	School	Finals	Wind		
=====						
Finals						
1	1386	Teddy Frid	SO Sioux Falls	14.85	-0.6	
2	783	Reece Jackson	SO Morningside	15.02	-0.6	
3	70	Dylon Van't Hof	JR Augustana (S.D.)	15.27	-0.6	
4	1480	Dennis Parsley	FR South Dakota	15.30	-0.6	
5	790	Jacobus Noble	FR Morningside	15.38	-0.6	
6	880	Deveyonn Brown	FR Northern State	15.76	-0.6	
7	59	Paul Meloche	SO Augustana (S.D.)	15.79	-0.6	
8	894	Bryce Malsam	FR Northern State	16.10	-0.6	

## Men 400 Meter Hurdles UCO

=====						
Meet: M 52.42 4/19/2007 Jake Hamik; Erik Hill, Northern						
Name	Year	School	Finals	H#		
=====						
1	878	Kelson Brewer	FR Northern State	55.41		5
2	1474	Tomas Kamenik	JR South Dakota	55.51		5
3	70	Dylon Van't Hof	JR Augustana (S.D.)	56.12		4
4	306	Rex Schlicht	FR Dakota Wesleyan	56.31		5
5	1644	Habib Jallow	FR Wayne St. (Neb.)	56.32		5
6	199	Justin Sacker	SR Buena Vista	56.61		4
7	1480	Dennis Parsley	FR South Dakota	56.64		4
8	986	Calvin Korver	FR Northwestern (Iowa)	57.36		4
9	781	Chase Hiser	FR Morningside	57.80		5
10	539	Dylan Koenig	FR Jamestown	57.92		5
11	71	Evan Ward	SO Augustana (S.D.)	57.96		4
12	790	Jacobus Noble	FR Morningside	58.23		5
13	1646	Cody Kralicek	SR Wayne St. (Neb.)	58.32		3
14	965	Kyle Bakker	FR Northwestern (Iowa)	58.54		3
15	1589	Josh Steinhoff	Unattached	59.13		4
16	65	Peter Schukking	JR Augustana (S.D.)	59.39		3
17	59	Paul Meloche	SO Augustana (S.D.)	59.60		4
18	1401	Jacob Morse	FR Sioux Falls	59.88		2
19	799	Grant Staats	SO Morningside	1:00.21		3
20	894	Bryce Malsam	FR Northern State	1:00.33		3
21	880	Deveyonn Brown	FR Northern State	1:00.35		1
22	303	Jon Harmening	SO Dakota Wesleyan	1:00.54		3
23	1636	Allen Arauz	JR Wayne St. (Neb.)	1:00.58		3
24	994	Elijah Schaefer	JR Northwestern (Iowa)	1:00.87		2
25	192	Dylan Coffin	FR Buena Vista	1:01.22		3
26	890	Jacob Lackas	FR Northern State	1:01.65		2
27	774	Josh Doering	JR Morningside	1:02.59		2

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**Results**

**....Men 400 Meter Hurdles UCO**

28	168	Brad Kolvek	SO Briar Cliff	1:04.54	2
29	990	Michael McCauley	SO Northwestern (Iowa)	1:05.36	1
30	776	Miles Gebel	FR Morningside	1:09.47	4

**Men 3000 Meter Steeplechase UCO**

Meet: M 8:57.61 4/14/2012 Tom Karbo, Augustana

Name	Year	School	Finals
1	798	Sean Skillern	SR Morningside 9:35.69
2	553	Matthew Young	SO Jamestown 9:42.52
3	1481	Hunter Paulsen	SO South Dakota 9:43.52
4	1399	Josh Liester	SO Sioux Falls 9:57.65
5	307	Lane Tibbs	JR Dakota Wesleyan 10:04.73
6	52	Sean Heaton	SO Augustana (S.D.) 10:04.83
7	771	Jon Dahlheimer	FR Morningside 10:09.48
8	51	Noah Hanson	FR Augustana (S.D.) 10:14.99
9	1398	Nick Lawson	JR Sioux Falls 10:15.83
10	788	Jaden Lux	JR Morningside 10:17.70
11	882	Clay Danielson	JR Northern State 10:20.20
12	828	Nick Wixon	SO Mount Marty 10:29.10
13	359	Luke Gilliland	FR Dordt 10:29.51
14	886	Jackson Goodell	FR Northern State 10:33.62
15	779	Quinn Groff	SR Morningside 11:14.24
16	193	Zach Kenny	FR Buena Vista 11:39.36
17	236	Caleb Hemphill	SR Dakota State 11:45.84
--	235	Taylor Hauge	SR Dakota State DNF

**Men 4x100 Meter Relay UCO**

Meet: M 40.74 4/18/2015 Iowa Central CC, Iowa Central  
A Taylor, J Soutien, E Minor, C Resias

School	Finals	H#
1 Morningside 'A'	42.28	2
1) 802 Perman Wilson FR		
2) 778 Will Griffin FR		
3) 791 Klayton Nordeen FR		
4) 795 Logan Roberts FR		
2 Northwestern (Iowa) 'A'	43.10	2
1) 962 Derrick Akers JR		
2) 1000 Nathan Wedel JR		
3) 969 Brady Butters FR		
4) 997 Levi Te Brink JR		
3 Northern State 'A'	43.31	2
1) 894 Bryce Malsam FR		
2) 909 Romario Thomas FR		
3) 898 Sam Mosesti FR		
4) 895 Jarreth Martina JR		
4 Dordt 'A'	43.50	1
1) 383 Marcus Whipper FR		
2) 360 Keith Heidema JR		
3) 377 Lucas Van Eps SO		
4) 384 Trevor Zonnefeld SR		
5 Dakota Wesleyan 'A'	44.00	1
1) 299 Dakota Bodden JR		
2) 302 Anthony Fontenot FR		
3) 303 Jon Harmening SO		
4) 298 Nathan Bader FR		
6 Northern State 'B'	44.08	2
1) 890 Jacob Lackas FR		
2) 910 Trey Tiefenthaler FR		
3) 897 Austin Moser FR		
4) 885 Isaiha Fletcher FR		
7 Jamestown 'A'	44.30	2
1) 539 Dylan Koening FR		
2) 552 Cameron White JR		
3) 538 Noah Knutson SO		
4) 530 Brady Carlson FR		

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****...Men 4x100 Meter Relay UCO**

8 Northern State 'C'	44.41	2
1) 878 Kelson Brewer FR	2) 889 TJ Hochstetler JR	
3) 887 Brenton Hanisch FR	4) 880 Deveyonn Brown FR	
9 Morningside 'B'	45.03	1
1) 783 Reece Jackson SO	2) 790 Jacobus Noble FR	
3) 774 Josh Doering JR	4) 781 Chase Hiser FR	

**Men 4x200 Meter Relay UCO**

Meet: M 1:25.63 4/20/2000 South Dakota, South Dakota  
T. Green R. Finley P. Billing J. Kehoe

School	Finals	H#
--------	--------	----

1 Morningside 'A'	1:27.77	2
1) 802 Perman Wilson FR	2) 795 Logan Roberts FR	
3) 778 Will Griffin FR	4) 791 Klayton Nordeen FR	
2 South Dakota 'A'	1:28.99	2
1) 1467 Sam Clark FR	2) 1474 Tomas Kamenik JR	
3) 1488 Mason Wichers FR	4) 1478 Mario Magana SO	
3 Northern State 'A'	1:30.10	2
1) 904 Itoitz Rodriguez SO	2) 885 Isaiha Fletcher FR	
3) 898 Sam Moseti FR	4) 912 Luke Wietgreffe JR	
4 Northwestern (Iowa) 'A'	1:30.14	1
1) 969 Brady Butters FR	2) 988 Aaron Lemon JR	
3) 1000 Nathan Wedel JR	4) 999 Tim Wager FR	
5 Dordt 'A'	1:30.71	1
1) 383 Marcus Whipper FR	2) 360 Keith Heidema JR	
3) 377 Lucas Van Eps SO	4) 384 Trevor Zonnefeld SR	
6 Wayne St. (Neb.) 'A'	1:32.33	2
1) 1650 Brandon Marker JR	2) 1646 Cody Kralicek SR	
3) 1636 Allen Arauz JR	4) 1644 Habib Jallow FR	
7 Jamestown 'A'	1:32.67	2
1) 533 Andrew Hornung FR	2) 530 Brady Carlson FR	
3) 552 Cameron White JR	4) 538 Noah Knutson SO	
8 Morningside 'B'	1:33.52	1
1) 775 James Farnan JR	2) 799 Grant Staats SO	
3) 794 Michael Rizzi FR	4) 769 Wes Brown JR	

**Men 4x400 Meter Relay UCO**

Meet: M 3:11.81 4/22/1995 Augustana, Augustana

T. Gonye M. Blumer J. Skjelvaag T. Dow

School	Finals	H#
--------	--------	----

1 Dordt 'A'	3:17.42	3
1) 377 Lucas Van Eps SO	2) 361 Caleb Herman SO	
3) 369 Ross Rozeboom SR	4) 355 Josiah Eckels SR	
2 Northern State 'A'	3:18.51	3
1) 904 Itoitz Rodriguez SO	2) 885 Isaiha Fletcher FR	
3) 907 Zachery Six JR	4) 912 Luke Wietgreffe JR	
3 Northwestern (Iowa) 'A'	3:20.38	3
1) 988 Aaron Lemon JR	2) 987 Austin Krier SR	
3) 961 Perkins Aiyegbeni FR	4) 997 Levi Te Brink JR	
4 Morningside 'A'	3:21.92	3
1) 782 Kyle Hiser SR	2) 777 Jacob Green JR	



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**....Men 4x400 Meter Relay UCO**

3) 775 James Farnan JR	4) 797 Drew Schiltz SR		
5 Wayne St. (Neb.) 'A'		3:22.56	3
1) 1650 Brandon Marker JR	2) 1647 Clay Kramper SO		
3) 1640 Travis Eller FR	4) 1644 Habib Jallow FR		
6 South Dakota 'A'		3:24.96	3
1) 1474 Tomas Kamenik JR	2) 1488 Mason Wichers FR		
3) 1469 Mach Dojiok SR	4) 1478 Mario Magana SO		
7 Buena Vista 'A'		3:26.25	2
1) 197 Nikolas Polite FR	2) 199 Justin Sacker SR		
3) 200 Ben Sampson SR	4) 192 Dylan Coffin FR		
8 Dakota State 'A'		3:26.33	3
1) 234 Cameron Harming FR	2) 245 D'Artist Williams SR		
3) 233 Alex Derr FR	4) 242 Mark Moeller SR		
9 Dakota Wesleyan 'A'		3:26.43	2
1) 302 Anthony Fontenot FR	2) 300 Alex Cottrill FR		
3) 303 Jon Harmening SO	4) 306 Rex Schlicht FR		
10 Dordt 'B'		3:26.78	2
1) 383 Marcus Whipper FR	2) 347 Michael Buma FR		
3) 343 Mark Bakker SO	4) 360 Keith Heidema JR		
11 Mount Marty 'A'		3:28.18	2
1) 821 Jordan Houdek SR	2) 824 Kyle Pardun JR		
3) 819 Cody Davis SO	4) 823 Ty Kinneberg SO		
12 Morningside 'B'		3:29.20	2
1) 790 Jacobus Noble FR	2) 773 Alec DeVries JR		
3) 781 Chase Hiser FR	4) 786 Jason Kenny JR		
13 Wayne St. (Neb.) 'B'		3:32.20	2
1) 1653 Nathan Pearson FR	2) 1641 Nick Fly SR		
3) 1638 Joey Black JR	4) 1637 Kak Ayaj FR		
14 Morningside 'C'		3:36.03	2
1) 769 Wes Brown JR	2) 794 Michael Rizzi FR		
3) 796 Jackson Rude FR	4) 793 Keegan Pfau SO		
15 Northern State 'B'		3:37.02	1
1) 901 Nathan Patterson FR	2) 891 Adam Leach JR		
3) 906 Jacob Schweitzer JR	4) 877 Zac Bartolomeo JR		
16 Dakota State 'B'		3:39.23	1
1) 237 Corey Hermann SO	2) 241 Bailey Ludens FR		
3) 238 Kennan Kelly FR	4) 235 Taylor Hauge SR		
17 Unattached 'A'		3:40.57	1
18 Briar Cliff 'C'		3:41.93	1
1) 153 Chad Blank FR	2) 165 Matt Holzman SO		
3) 168 Brad Kolvek SO	4) 156 Taylor Clark SO		
19 Morningside 'D'		3:56.25	1
1) 799 Grant Staats SO	2) 789 Slater Marshall FR		
3) 768 Tim Brink FR	4) 770 Steven Cutler FR		
-- Briar Cliff 'B'		FS	1
1) 167 Zach Kollasch SO	2) 172 Tommy Thelen SR		
3) 170 Casey McEvoy JR	4) 154 Chase Bulten FR		

**Men 4x800 Meter Relay UCO**

=====			
Meet: M	7:37.24	4/18/2015	Iowa Central CC, Iowa Centr
			J Prohaska, N Larsen, D Cronin, D Eigenberger
School			Finals
=====			
1	Northern State	'A'	8:33.63

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**Results**

**....Men 4x800 Meter Relay UCO**

- |                          |                            |
|--------------------------|----------------------------|
| 1) 877 Zac Bartolomeo JR | 2) 906 Jacob Schweitzer JR |
| 3) 911 Asher Wahl FR     | 4) 901 Nathan Patterson FR |

**Men 1600 Sprint Medley UCO**

=====  
 Meet: M 3:25.19 4/12/2014 Dickinson State, Dickinson  
 M Moore, B Miller, N Magstadt, D Carter  
 School Finals  
 =====

- |                            |                           |
|----------------------------|---------------------------|
| 1 South Dakota 'A'         | 3:30.53                   |
| 1) 1476 Hunter Leighton SO | 2) 1480 Dennis Parsley FR |
| 3) 1488 Mason Wichers FR   | 4) 1486 Eldon Warner SO   |
| 2 Northern State 'A'       | 3:31.14                   |
| 1) 895 Jarreth Martina JR  | 2) 909 Romario Thomas FR  |
| 3) 878 Kelson Brewer FR    | 4) 891 Adam Leach JR      |
| 3 Briar Cliff 'A'          | 3:32.10                   |
| 1) 153 Chad Blank FR       | 2) 169 Sage Lloyd SO      |
| 3) 162 Josh Haning FR      | 4) 164 Joe Heinrichs JR   |
| 4 Northwestern (Iowa) 'A'  | 3:34.75                   |
| 1) 969 Brady Butters FR    | 2) 999 Tim Wager FR       |
| 3) 973 Elijah Dahl JR      | 4) 991 Bryce Nitzsche FR  |
| 5 Northern State 'B'       | 3:53.14                   |
| 1) 887 Brenton Hanisch FR  | 2) 890 Jacob Lackas FR    |
| 3) 883 Ethan Delvo FR      | 4) 911 Asher Wahl FR      |

**Men High Jump UCO**

=====  
 Meet: M 7-00 4/22/1995 Don Wolf, Buena Vista  
 Name Year School Finals  
 =====

1	1471 Tyler Frank	SR South Dakota	2.12m	6-11.50
	1.78 1.83 1.88 1.93 1.98 2.03 2.06 2.09 2.12 2.15			
	P P P O O O P XO O XXX			
2	368 Jacob Moats	SR Dordt	J2.12m	6-11.50
	1.78 1.83 1.88 1.93 1.98 2.03 2.06 2.09 2.12 2.15			
	P P P P O O PPP XXO XXO XXX			
3	1463 Zack Anderson	FR South Dakota	2.03m	6-08.00
	1.78 1.83 1.88 1.93 1.98 2.03 2.06 2.09			
	P P O O O XO PPP XXX			
4	982 Jackson Johnson	FR Northwestern (Iowa)	1.93m	6-04.00
	1.78 1.83 1.88 1.93 1.98			
	O O O XO XXX			
5	362 Trevor Kauk	SR Dordt	J1.93m	6-04.00
	1.78 1.83 1.88 1.93 1.98			
	PPP XO O XO XXX			
6	880 Deveyonn Brown	FR Northern State	1.88m	6-02.00
	1.78 1.83 1.88 1.93			
	XO O XO XXX			
7	986 Calvin Korver	FR Northwestern (Iowa)	J1.88m	6-02.00
	1.78 1.83 1.88 1.93			
	XXO XO XO XXX			
8	879 Deshonn Brown	SO Northern State	J1.88m	6-02.00
	1.78 1.83 1.88 1.93			
	P P XXO XXX			

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**....Men High Jump UCO**

9	783	Reece Jackson	SO Morningside	1.83m	6-00.00
	1.78	1.83	1.88		
	O	O	XXX		
9	48	Eli Anderson	FR Augustana (S.D.)	1.83m	6-00.00
	1.78	1.83	1.88		
	O	O	XXX		
11	541	Ed Mata	SO Jamestown	J1.83m	6-00.00
	1.78	1.83	1.88		
	XO	XO	XXX		
12	202	Kyle Wessling	SR Buena Vista	1.78m	5-10.00
	1.78	1.83			
	XXO	XXX			
12	1472	Jordan Fujan	FR South Dakota	1.78m	5-10.00
	1.78	1.83			
	XO	XXX			
12	893	Alazae LeFaive	SO Northern State	1.78m	5-10.00
	1.78	1.83			
	XXO	XXX			
--	1640	Travis Eller	FR Wayne St. (Neb.)	NH	
	1.78				
	XXX				
--	357	Jordan Folkerts	JR Dordt	NH	
	1.78				
	XXX				
--	1396	Joseph Kirkebak	SO Sioux Falls	NH	
	1.78				
	XXX				

**Men Pole Vault UCO**

=====

Meet: M 18-09 4/20/2001 Derek Miles, unattached

Name	Year	School	Finals
1 1479 Chris Nilsen	FR	South Dakota	5.73m 18-09.50
3.83 3.98 4.13 4.28 4.43 4.58 4.73 4.88 5.03 5.18 5.33 5.50 5.65 5.73 5.80			
P P P P P P P P P P O O O O XXX			
2 1389 Scott Greenman	SR	Sioux Falls	5.03m 16-06.00
3.83 3.98 4.13 4.28 4.43 4.58 4.73 4.88 5.03 5.18			
P P P P P P P P P O XXX			
3 1387 Jagger Gran	SR	Sioux Falls	4.88m 16-00.00
3.83 3.98 4.13 4.28 4.43 4.58 4.73 4.88 5.03			
P P P P P P XO O XXX			
4 1385 Connor DeJong	SO	Sioux Falls	4.73m 15-06.25
3.83 3.98 4.13 4.28 4.43 4.58 4.73 4.88			
P P P P O XXO O XXX			
5 1565 Kyle Ballew	Team	Nebraska	J4.73m 15-06.25
3.83 3.98 4.13 4.28 4.43 4.58 4.73 4.88			
P P P P P XXO XO XXX			
6 1384 Gavin DeHaai	SO	Sioux Falls	4.58m 15-00.25
3.83 3.98 4.13 4.28 4.43 4.58 4.73			
P P P O O XO XXX			
7 1656 Josh Spenner	SR	Wayne St. (Neb.)	J4.58m 15-00.25
3.83 3.98 4.13 4.28 4.43 4.58 4.73			
P P P P XO XO XXX			

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**....Men Pole Vault UCO**

8	1386	Teddy Frid	SO Sioux Falls	J4.58m	15-00.25
	3.83	3.98 4.13 4.28 4.43 4.58 4.73			
		O O O O XXO XXO XXX			
9	1409	Luke Wuesthoff	FR Sioux Falls	4.43m	14-06.25
	3.83	3.98 4.13 4.28 4.43 4.58			
		P P O O XXO XXX			
9	8	Wade Royer	Unattached	4.43m	14-06.25
	3.83	3.98 4.13 4.28 4.43 4.58			
		P O XO XXO XXO XXX			
11	1410	Tristan Zawadzki	FR Sioux Falls	4.28m	14-00.50
	3.83	3.98 4.13 4.28 4.43			
		P P P O XXX			
12	56	Brody Jorenson	JR Augustana (S.D.)	4.13m	13-06.50
	3.83	3.98 4.13 4.28			
		O XXO XXO XXX			
12	1592	Jacob Wiedrich	NA Unattached	4.13m	13-06.50
	3.83	3.98 4.13 4.28			
		P XXO XO XXX			
14	889	TJ Hochstetler	JR Northern State	3.98m	13-00.75
	3.83	3.98 4.13			
		O XXO XXX			
--	344	Matthew Bolt	SR Dordt	NH	
	3.83				
		XXX			
--	61	Matt Pohlman	FR Augustana (S.D.)	NH	
	3.83	3.98 4.13			
		P P XXX			
--	1580	Armand Khan	NA Unattached	NH	
	3.83				
		XXX			
--	301	Gabe Dirksen	SR Dakota Wesleyan	NH	
	3.83				
		XXX			
--	905	Taylor Rolf	SR Northern State	NH	
	3.83	3.98			
		P XXX			
--	54	Troy Hollingsworth	SO Augustana (S.D.)	NH	
	3.83				
		XXX			

**Men Long Jump UCO**

=====						
Meet: M 25-03 4/21/1997 Andrew Owusu, unattached						
Name	Year	School	Finals	Wind		
=====						
1	1484	Ethan Toy	FR South Dakota	7.24m	0.6	23-09.00
		6.54m(-0.4) 7.04m(1.2) FOUL	6.49m(-0.1) 7.24m(0.6) PASS			
2	1648	Derek Lahm	JR Wayne St. (Neb.)	6.62m	+0.0	21-08.75
		6.62m(+0.0) 6.53m(-0.1) 6.59m(1.0) PASS	PASS PASS			
3	1657	Robert Sullivan	SO Wayne St. (Neb.)	6.59m	0.3	21-07.50
		FOUL 6.26m(-0.8) 6.59m(0.3) FOUL	6.12m(0.1) 6.58m(+0.0)			
4	791	Klayton Nordeen	FR Morningside	6.58m	0.6	21-07.25
		FOUL FOUL 6.58m(0.6) FOUL	6.37m(-0.6)			
5	1651	Brady Metz	JR Wayne St. (Neb.)	6.55m	2.3	21-06.00
		FOUL 6.41m(-0.9) 6.53m(0.5) 6.55m(2.3) 6.32m(-0.7) FOUL				

## Sioux City Relays 2017 - 4/21/2017 to 4/22/2017

## Olsen Stadium

## Results

## . . . . Men Long Jump UCO

6	880 Deveyonn Brown	FR Northern State	6.49m	1.5	21-03.50
	5.52m(-1.1) 6.24m(0.8) 6.31m(1.0) 6.49m(1.5) 6.36m(2.3) 6.42m(-0.2)				
7	889 TJ Hochstetler	JR Northern State	6.41m	0.4	21-00.50
	6.22m(0.5) 6.41m(0.4) 6.17m(1.5) 6.33m(+0.0)				
8	910 Trey Tiefenthaler	FR Northern State	6.29m	0.2	20-07.75
	6.20m(1.2) 6.26m(-0.3) 6.10m(-1.5) 6.29m(0.2)				
9	374 Jeff Stellingwerf	FR Dordt	J6.29m	0.2	20-07.75
	6.29m(0.2) FOUL PASS PASS				
10	879 Deshonn Brown	SO Northern State	6.19m	0.2	20-03.75
	6.19m(0.2) FOUL FOUL				
11	881 Zachary Busch	JR Northern State	6.17m	1.6	20-03.00
	6.17m(1.6) 6.12m(0.8)				
12	1580 Armand Khan	NA Unattached	6.15m	1.7	20-02.25
	6.15m(1.7) 5.80m(1.4) FOUL				
13	305 Jared Rabenberg	FR Dakota Wesleyan	6.14m	0.9	20-01.75
	6.03m(1.1) 6.14m(0.9) 5.96m(-0.8)				
14	894 Bryce Malsam	FR Northern State	6.12m	0.1	20-01.00
	FOUL 5.81m(1.2) 6.12m(0.1)				
14	376 Dylan Van Denend	FR Dordt	6.12m	0.7	20-01.00
	6.12m(0.7) FOUL 5.86m(+0.0)				
16	979 Matt Hillman	SO Northwestern (Iowa)	6.11m	-1.0	20-00.50
	6.11m(-1.0) FOUL				
17	1472 Jordan Fujan	FR South Dakota	6.09m	0.5	19-11.75
	5.96m(0.6) FOUL 6.09m(0.5)				
18	776 Miles Gebel	FR Morningside	6.08m	1.1	19-11.50
	FOUL FOUL 6.08m(1.1)				
19	823 Ty Kinneberg	SO Mount Marty	6.06m	0.2	19-10.75
	6.06m(0.2) x				
20	1640 Travis Eller	FR Wayne St. (Neb.)	6.00m	-0.8	19-08.25
	FOUL 6.00m(-0.8)				
21	301 Gabe Dirksen	SR Dakota Wesleyan	5.90m	NWI	19-04.25
	FOUL 5.90m(NWI)				
22	978 Tanner Hilbrands	JR Northwestern (Iowa)	5.81m	-0.2	19-00.75
	5.81m(-0.2) x				
23	1406 Austin Schaffer	JR Sioux Falls	5.77m	0.7	18-11.25
	5.68m(-0.2) FOUL 5.77m(0.7)				
23	202 Kyle Wessling	SR Buena Vista	5.77m	NWI	18-11.25
	5.77m(NWI) x				
25	341 Barry Albury	FR Dordt	5.73m	0.8	18-09.75
	5.73m(0.8) FOUL				
26	66 Justus St Sauver	JR Augustana (S.D.)	5.67m	-1.2	18-07.25
	FOUL 5.67m(-1.2) FOUL				
27	897 Austin Moser	FR Northern State	5.57m	1.3	18-03.25
	5.57m(1.3) x				
27	534 Alex Huff	FR Jamestown	5.57m	-0.3	18-03.25
	5.57m(-0.3) FOUL				
29	541 Ed Mata	SO Jamestown	5.50m	0.7	18-00.50
	5.50m(0.7) x				
30	532 Jamison Gray	JR Jamestown	5.27m	0.5	17-03.50
	FOUL FOUL 5.27m(0.5)				
31	1585 Mustapha Moore	JR Unattached	5.25m	NWI	17-02.75
	5.25m(NWI) FOUL				
32	537 Dane Jessen	SO Jamestown	5.11m	-0.2	16-09.25
	5.11m(-0.2) x				

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017**

**Olsen Stadium**

**Results**

**....Men Long Jump UCO**

33 818 Max Contreras FR Mount Marty 4.37m -0.1 14-04.00  
 4.37m(-0.1) FOUL

**Men Triple Jump UCO**

Meet: M 55-06 4/22/1998 Andrew Owusu, unattached						
Name	Year	School	Finals	Wind		
1 1651 Brady Metz	JR	Wayne St. (Neb.)	14.34m	1.6	47-00.75	
		14.34m(1.6) 14.00m(-0.2) 14.12m(3.4) FOUL	FOUL			
2 1463 Zack Anderson	FR	South Dakota	13.40m	0.8	43-11.75	
		13.40m(0.8) 12.77m(-0.1) 12.91m(-0.8) PASS	PASS	PASS		
3 910 Trey Tiefenthaler	FR	Northern State	13.29m	0.7	43-07.25	
		13.29m(0.7) 12.90m(-0.6) 12.56m(2.0) 12.79m(2.6) 12.89m(0.4) 12.83m(1.1)				
4 384 Trevor Zonnefeld	SR	Dordt	13.04m	-0.7	42-09.50	
		13.04m(-0.7) 12.15m(1.6) 12.41m(0.5) 12.53m(-0.2) FOUL	FOUL	FOUL		
5 305 Jared Rabenberg	FR	Dakota Wesleyan	12.86m	1.6	42-02.25	
		12.11m(0.7) 12.86m(1.6) 12.66m(0.1) PASS	PASS	PASS		
6 881 Zachary Busch	JR	Northern State	12.84m	-0.2	42-01.50	
		12.68m(1.5) 12.84m(-0.2) FOUL 12.45m(0.5) 12.70m(-0.2) FOUL	FOUL	FOUL		
7 974 Jonathan Eggebraat	SO	Northwestern (Iowa)	12.70m	NWI	41-08.00	
		FOUL 12.41m(-0.0) 11.88m(-0.0) FOUL	FOUL	12.70m(-0.0)		
8 376 Dylan Van Denend	FR	Dordt	12.67m	0.5	41-07.00	
		12.67m(0.5) 12.20m(-0.6) 12.60m(1.9) FOUL	FOUL	FOUL		
9 879 Deshonn Brown	SO	Northern State	12.45m	NWI	40-10.25	
		FOUL 12.45m(-0.0) 11.25m(-0.0) PASS	PASS	PASS		
10 62 Josh Reider	JR	Augustana (S.D.)	12.24m	3.4	40-02.00	
		11.71m(-0.5) 12.11m(3.3) 12.24m(3.4)				
11 999 Tim Wager	FR	Northwestern (Iowa)	12.17m	0.4	39-11.25	
		12.07m(0.9) 12.09m(1.6) 12.17m(0.4)				
12 541 Ed Mata	SO	Jamestown	12.06m	-0.3	39-07.00	
		10.99m(0.7) 12.02m(0.7) 12.06m(-0.3)				
13 893 Alazae LeFaive	SO	Northern State	11.79m	NWI	38-08.25	
		FOUL 11.79m(-0.0) 11.38m(-0.0)				
14 978 Tanner Hilbrands	JR	Northwestern (Iowa)	11.50m	NWI	37-08.75	
		FOUL FOUL 11.50m(-0.0)				
15 534 Alex Huff	FR	Jamestown	11.34m	-0.5	37-02.50	
		FOUL 11.34m(-0.5) FOUL				
16 537 Dane Jessen	SO	Jamestown	11.22m	NWI	36-09.75	
		FOUL 11.22m(-0.0) 10.94m(-0.0)				
17 818 Max Contreras	FR	Mount Marty	10.17m	NWI	33-04.50	
		10.17m(-0.0) FOUL FOUL				
-- 66 Justus St Sauver	JR	Augustana (S.D.)	FOUL			
		FOUL FOUL FOUL				
-- 1585 Mustapha Moore	JR	Unattached	FOUL			
		FOUL FOUL FOUL				
-- 819 Cody Davis	SO	Mount Marty	FOUL			
		FOUL FOUL FOUL				
-- 983 Jacob Johnson	SO	Northwestern (Iowa)	FOUL			
		FOUL FOUL FOUL				

## Sioux City Relays 2017 - 4/21/2017 to 4/22/2017

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## Results

## Men Shot Put UCO

Meet: M 60-04.50 4/17/2015 Kyle McKelvey, South Dakota							
Name	Year	School					Finals
1	1464	Jacob Barents	JR	South Dakota			17.08m 56-00.50
		FOUL	17.08m	16.54m	16.40m	16.80m	16.47m
2	1473	Ben Hammer	SO	South Dakota			16.01m 52-06.50
			15.48m	15.77m	16.01m	15.98m	15.17m 15.48m
3	967	Cody Bauman	JR	Northwestern (Iowa)			15.84m 51-11.75
			14.71m	15.60m	15.84m	15.43m	FOUL FOUL
4	1578	Anthony Huber	NA	Unattached			15.64m 51-03.75
			15.64m	FOUL	FOUL	FOUL	FOUL FOUL
5	1407	Derrick Sheppard	JR	Sioux Falls			15.27m 50-01.25
			15.27m	FOUL	FOUL	FOUL	FOUL
6	1485	Dustin Valind	SR	South Dakota			15.13m 49-07.75
			14.92m	15.13m	FOUL	FOUL	FOUL 14.59m
7	1390	Christian Gruschin	FR	Sioux Falls			14.59m 47-10.50
			13.83m	13.76m	FOUL	13.66m	FOUL 14.59m
8	348	Grayson Bundick	SR	Dordt			14.38m 47-02.25
			13.11m	14.00m	14.21m	14.21m	14.38m FOUL
9	191	Chase Bonner	SO	Buena Vista			14.26m 46-09.50
			FOUL	FOUL	14.26m	FOUL	FOUL FOUL
10	190	Drew Beall	SO	Buena Vista			13.98m 45-10.50
			13.15m	13.89m	FOUL	13.98m	FOUL FOUL
11	1643	Jayle Hinkle	FR	Wayne St. (Neb.)			13.67m 44-10.25
			13.06m	FOUL	13.67m		
11	892	Bryce LeBlanc	FR	Northern State			13.67m 44-10.25
			13.66m	FOUL	13.67m		
13	161	JC Haight	FR	Briar Cliff			13.52m 44-04.25
			12.98m	13.52m	FOUL		
14	903	Gage Rayman	JR	Northern State			13.34m 43-09.25
			13.34m	13.22m	FOUL		
15	1465	Christian Bell	SO	South Dakota			13.19m 43-03.25
			13.19m	13.06m	FOUL		
16	198	Garrett Rohlk	JR	Buena Vista			13.16m 43-02.25
			13.16m	12.77m	FOUL		
17	998	Carter Van Gorp	FR	Northwestern (Iowa)			13.05m 42-09.75
			FOUL	12.89m	13.05m		
18	371	Kyler Schmitt	SO	Dordt			12.79m 41-11.50
			12.79m	FOUL	FOUL		
19	372	Brandon Schreur	FR	Dordt			12.68m 41-07.25
			11.93m	12.68m	FOUL		
20	540	Drew Larsen	SR	Jamestown			12.67m 41-07.00
			FOUL	FOUL	12.67m		
21	787	Grady Klein	FR	Morningside			11.37m 37-03.75
			10.95m	11.14m	11.37m		
22	546	Delwin Potter	FR	Jamestown			11.36m 37-03.25
			11.36m	11.26m	FOUL		
23	899	Jake Olson	SO	Northern State			10.49m 34-05.00
			10.49m	FOUL	FOUL		
24	532	Jamison Gray	JR	Jamestown			10.28m 33-08.75
			FOUL	FOUL	10.28m		
25	964	Jake Auerbach	SR	Northwestern (Iowa)			9.28m 30-05.50
			FOUL	9.11m	9.28m		
--	985	Grahm Kenobbie	FR	Northwestern (Iowa)			FOUL
			FOUL	FOUL	FOUL		

## Sioux City Relays 2017 - 4/21/2017 to 4/22/2017

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## Results

## Men Discus Throw UCO

Meet: M 199-05 4/21/1999 Mark White, unattached						
Name	Year	School	Finals			
1 1464 Jacob Barents	JR	South Dakota	53.20m	174-06		
FOUL 49.90m	FOUL 51.20m	FOUL 53.20m				
2 1473 Ben Hammer	SO	South Dakota	53.11m	174-03		
50.83m	FOUL 53.11m	52.07m	FOUL 51.40m			
3 1470 Ethan Fenchel	SO	South Dakota	51.27m	168-02		
47.18m	51.27m	FOUL	FOUL	FOUL	FOUL	
4 1485 Dustin Valind	SR	South Dakota	50.63m	166-01		
48.59m	FOUL	FOUL 50.63m	FOUL	FOUL		
5 379 Ike Van Kempen	SO	Dordt	49.04m	160-11		
46.24m	48.90m	46.99m	45.04m	49.04m	FOUL	
6 1390 Christian Gruschin	FR	Sioux Falls	48.57m	159-04		
46.87m	FOUL 48.57m	45.07m	FOUL 47.44m			
7 801 Colton Tracy	JR	Morningside	47.44m	155-08		
45.32m	46.30m	45.81m	FOUL 46.25m	47.44m		
8 173 Trevor Westhoff	SO	Briar Cliff	46.12m	151-04		
FOUL 46.12m	FOUL 44.24m	FOUL	FOUL			
9 899 Jake Olson	SO	Northern State	43.57m	142-11		
43.57m	42.89m	42.65m	FOUL	FOUL	FOUL	
10 342 Ben Bajema	JR	Dordt	42.72m	140-02		
FOUL 42.72m	FOUL					
11 190 Drew Beall	SO	Buena Vista	42.59m	139-09		
36.07m	39.42m	42.59m				
12 998 Carter Van Gorp	FR	Northwestern (Iowa)	41.90m	137-06		
FOUL	FOUL 41.90m					
13 1652 Matthew Nemec	SO	Wayne St. (Neb.)	41.06m	134-08		
40.17m	41.06m	38.87m				
14 171 Dustin Peasley	SO	Briar Cliff	40.92m	134-03		
39.88m	FOUL 40.92m					
15 1645 Dylan Kaup	FR	Wayne St. (Neb.)	40.11m	131-07		
37.24m	40.11m	FOUL				
16 1643 Jayle Hinkle	FR	Wayne St. (Neb.)	39.48m	129-06		
FOUL 38.04m	39.48m					
17 155 Sam Burki	SR	Briar Cliff	39.44m	129-05		
39.44m	FOUL	FOUL				
18 963 James Anderson	FR	Northwestern (Iowa)	38.45m	126-02		
35.42m	35.26m	38.45m				
19 198 Garrett Rohlk	JR	Buena Vista	38.12m	125-01		
FOUL 38.12m	FOUL					
20 352 David Davelaar	JR	Dordt	37.43m	122-10		
34.78m	36.78m	37.43m				
21 1407 Derrick Sheppard	JR	Sioux Falls	36.77m	120-08		
36.46m	36.77m	FOUL				
22 540 Drew Larsen	SR	Jamestown	36.44m	119-07		
FOUL	FOUL 36.44m					
23 371 Kyler Schmitt	SO	Dordt	36.41m	119-05		
FOUL	FOUL 36.41m					
24 888 Marcus Heggelund	FR	Northern State	36.03m	118-02		
31.37m	35.05m	36.03m				
25 348 Grayson Bundick	SR	Dordt	35.17m	115-05		
35.17m	FOUL 34.56m					
26 240 Tyler Lems	SO	Dakota State	35.16m	115-04		
FOUL	FOUL 35.16m					



## Sioux City Relays 2017 - 4/21/2017 to 4/22/2017

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## Results

## ...Men Discus Throw UCO

27	372 Brandon Schreur	FR Dordt	31.67m	103-11
	31.67m FOUL FOUL			
28	546 Delwin Potter	FR Jamestown	30.36m	99-07
	30.36m FOUL FOUL			
29	532 Jamison Gray	JR Jamestown	28.80m	94-06
	28.80m FOUL FOUL			
30	1472 Jordan Fujan	FR South Dakota	22.78m	74-09
	22.78m FOUL FOUL			
--	892 Bryce LeBlanc	FR Northern State	FOUL	
	FOUL FOUL FOUL			
--	1580 Armand Khan	NA Unattached	FOUL	
	FOUL FOUL FOUL			

## Men Hammer Throw UCO

=====				
Meet: M 253-00 4/21/2007 A.G. Kruger, unattached				
Name	Year	School	Finals	
=====				
1	1475 AG Kruger	Unattached	X68.04m	223-03
	61.07m 67.03m FOUL 67.04m FOUL 68.04m			
2	1470 Ethan Fenchel	SO South Dakota	59.29m	194-06
	59.29m FOUL 57.37m FOUL FOUL 55.86m			
3	1464 Jacob Barents	JR South Dakota	56.15m	184-03
	53.57m 53.23m FOUL FOUL 56.15m 54.57m			
4	352 David Davelaar	JR Dordt	52.34m	171-09
	FOUL 50.99m 52.34m FOUL 51.45m 51.81m			
5	1658 Richard Sweeney	SO Wayne St. (Neb.)	50.99m	167-03
	44.60m 48.17m 50.99m 48.74m 45.64m FOUL			
6	900 Lucas Osowski	SR Northern State	50.71m	166-04
	48.18m 50.71m 48.80m FOUL FOUL 49.00m			
7	1407 Derrick Sheppard	JR Sioux Falls	49.79m	163-04
	48.02m 49.79m FOUL 47.72m 47.46m 49.01m			
8	1652 Matthew Nemec	SO Wayne St. (Neb.)	49.15m	161-03
	48.43m 48.00m 48.05m 48.76m 48.29m 49.15m			
9	171 Dustin Peasley	SO Briar Cliff	48.78m	160-00
	46.77m 43.63m FOUL 48.78m 48.64m FOUL			
10	198 Garrett Rohlk	JR Buena Vista	47.87m	157-01
	FOUL 47.35m FOUL 44.81m FOUL 47.87m			
11	191 Chase Bonner	SO Buena Vista	46.50m	152-07
	46.50m 46.00m FOUL			
12	379 Ike Van Kempen	SO Dordt	44.56m	146-02
	41.37m 44.56m FOUL			
13	540 Drew Larsen	SR Jamestown	44.49m	145-11
	43.81m FOUL 44.49m			
14	899 Jake Olson	SO Northern State	44.11m	144-09
	43.25m 43.76m 44.11m			
15	1390 Christian Gruschin	FR Sioux Falls	43.53m	142-10
	43.53m FOUL FOUL			
16	903 Gage Rayman	JR Northern State	43.51m	142-09
	FOUL FOUL 43.51m			
17	173 Trevor Westhoff	SO Briar Cliff	43.31m	142-01
	FOUL 43.31m FOUL			
18	190 Drew Beall	SO Buena Vista	42.61m	139-09
	41.37m 41.70m 42.61m			

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**Results**

**...Men Hammer Throw UCO**

19	963 James Anderson	FR Northwestern (Iowa)	41.69m	136-09
	FOUL 38.76m 41.69m			
20	342 Ben Bajema	JR Dordt	41.42m	135-11
	41.42m FOUL FOUL			
21	1645 Dylan Kaup	FR Wayne St. (Neb.)	41.00m	134-06
	41.00m FOUL FOUL			
22	998 Carter Van Gorp	FR Northwestern (Iowa)	40.06m	131-05
	40.06m 39.07m FOUL			
23	892 Bryce LeBlanc	FR Northern State	39.56m	129-09
	FOUL 39.56m FOUL			
24	787 Grady Klein	FR Morningside	38.19m	125-03
	36.73m 38.02m 38.19m			
25	985 Grahm Kenobbie	FR Northwestern (Iowa)	37.73m	123-09
	FOUL FOUL 37.73m			
26	546 Delwin Potter	FR Jamestown	33.20m	108-11
	FOUL 33.20m FOUL			
--	372 Brandon Schreur	FR Dordt	FOUL	
	FOUL FOUL FOUL			

**Men Javelin Throw UCO**

=====

Meet: M 205-09 4/19/2007 Mark Liebl, unattached

Name	Year School	Finals
1 155 Sam Burki	SR Briar Cliff	52.39m 171-10
	47.52m 49.89m 52.39m FOUL FOUL 51.32m	
2 240 Tyler Lems	SO Dakota State	51.81m 170-00
	51.81m 49.39m 50.41m FOUL FOUL FOUL	
3 171 Dustin Peasley	SO Briar Cliff	51.76m 169-10
	44.39m 51.76m 49.33m 49.57m 51.16m 49.67m	
4 353 John Davelaar	JR Dordt	51.01m 167-04
	51.01m 48.97m FOUL FOUL 48.24m 50.75m	
5 376 Dylan Van Denend	FR Dordt	50.50m 165-08
	49.70m 50.50m 44.31m FOUL FOUL 50.26m	
6 1582 Austin Langston	Unattached	48.40m 158-09
	FOUL FOUL 48.40m FOUL FOUL FOUL	
7 532 Jamison Gray	JR Jamestown	46.78m 153-06
	46.16m 46.20m 46.78m 44.09m 43.98m 43.14m	
8 202 Kyle Wessling	SR Buena Vista	46.75m 153-04
	46.57m 42.81m 46.75m FOUL 45.89m 46.00m	
9 1648 Derek Lahm	JR Wayne St. (Neb.)	46.70m 153-02
	44.75m 40.50m 46.16m 44.43m FOUL 46.70m	
10 535 Matthew Hust	SO Jamestown	46.11m 151-03
	46.11m 45.60m 45.41m	
11 374 Jeff Stellingwerf	FR Dordt	45.92m 150-08
	FOUL 45.92m FOUL	
12 301 Gabe Dirksen	SR Dakota Wesleyan	44.89m 147-03
	41.14m 44.89m FOUL	
13 879 Deshonn Brown	SO Northern State	44.04m 144-06
	43.75m 44.04m 43.99m	
14 1656 Josh Spenner	SR Wayne St. (Neb.)	43.86m 143-11
	43.86m 40.47m 37.70m	
15 797 Drew Schiltz	SR Morningside	43.70m 143-04
	42.57m 43.70m 41.87m	

**Sioux City Relays 2017 - 4/21/2017 to 4/22/2017****Olsen Stadium****Results****....Men Javelin Throw UCO**

16	785 Brian Johnston	FR Morningside	43.13m	141-06
	42.60m 43.13m 42.62m			
17	905 Taylor Rolf	SR Northern State	40.52m	132-11
	37.94m 37.20m 40.52m			
18	542 Zach Miller	SO Jamestown	40.04m	131-04
	40.04m 36.38m FOUL			
19	1409 Luke Wuesthoff	FR Sioux Falls	39.90m	130-11
	36.05m 39.90m 35.67m			
20	780 Tristan Harris	FR Morningside	39.59m	129-11
	FOUL 39.21m 39.59m			
21	163 Nick Harris	SR Briar Cliff	39.40m	129-03
	37.84m 38.63m 39.40m			
22	1403 Israel Parsons	JR Sioux Falls	39.06m	128-02
	39.06m FOUL 37.10m			
23	896 Monte Meyerink	JR Northern State	38.60m	126-08
	37.16m 38.19m 38.60m			
24	888 Marcus Heggelund	FR Northern State	38.19m	125-03
	38.19m 36.11m FOUL			
25	48 Eli Anderson	FR Augustana (S.D.)	38.04m	124-10
	38.04m 36.71m 35.67m			
26	362 Trevor Kauk	SR Dordt	38.03m	124-09
	38.03m 33.26m 37.76m			
27	984 Matthew Johnson	SO Northwestern (Iowa)	37.01m	121-05
	37.01m 36.86m 35.94m			
28	893 Alazae LeFaive	SO Northern State	36.62m	120-02
	FOUL 31.84m 36.62m			
29	1646 Cody Kralicek	SR Wayne St. (Neb.)	35.64m	116-11
	35.64m 34.20m 33.35m			
30	1657 Robert Sullivan	SO Wayne St. (Neb.)	35.29m	115-09
	34.81m 35.29m 32.72m			
31	799 Grant Staats	SO Morningside	34.19m	112-02
	FOUL 34.19m 33.95m			
32	537 Dane Jessen	SO Jamestown	32.39m	106-03
	32.39m 29.80m 30.73m			
33	546 Delwin Potter	FR Jamestown	30.76m	100-11
	30.38m 29.76m 30.76m			
34	160 Diego Guerron	FR Briar Cliff	30.30m	99-05
	FOUL 30.30m FOUL			
35	772 Hunter Davis	SO Morningside	29.27m	96-00
	FOUL 28.16m 29.27m			
36	800 Julio Torrez	FR Morningside	29.18m	95-09
	27.64m 27.50m 29.18m			