

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 76 Boys High Jump OHS**

-- Jordon Graves 10 SIOUX CITY WEST NH

Event 77 Women 100 Meter Dash UCO

Meet Record: * 11.82 4/16/1994 MARIE BROWN, South Dakota

Name	Year	School	Prelims	Wind	H#
Preliminaries					
1 Mishay Weber	SR	UNIVERSITY OF MARY	12.52q	0.6	4
2 Alyssa Christianson	FR	D WESLEY	12.57q	-0.7	5
3 AnnaLiesa Fauth	JR	JAMESTOWN COLLEGE	12.63q	-0.1	1
4 Kayla Montgomery	SO	MINOT STATE	12.68q	-0.5	2
5 Christina Roberts	SO	SOUTH DAKOTA	12.76q	-0.1	1
6 Lindsey Fluharty	FR	NO. STATE	13.09q	-1.3	3
7 Lindsey Thielen	FR	SDSU	13.18q	-0.5	2
8 Rachel Hagberg	FR	SDSU	13.23q	-0.7	5
9 Marisa Aldinger	SR	NO. STATE	13.25	-1.3	3
10 Ana Morgan	FR	NORTHWESTERN	13.33	-0.7	5
11 Steph Leist	JR	D WESLEY	13.37	-1.3	3
12 Amber Woodford	FR	MORNINGSIDE COLLEGE	13.38	-1.3	3
13 Elizabeth Stevens	SO	NORTHWESTERN	13.39	0.6	4
14 Shelby Snare	FR	DICKINSON STATE	13.41	-0.1	1
15 Molly Sippel	FR	BUENA VISTA	13.41	-0.5	2
16 Laci Hettick	SR	NO. STATE	13.41	0.6	4
17 Emily Halverson	FR	AUGUSTANA COLLEGE	13.42	0.6	4
18 Kailey Hunhoff	SO	D WESLEY	13.43	-0.5	2
19 Marissa Novak	FR	SDSU	13.44	0.6	4
20 DayLynn Batey	FR	DICKINSON STATE	13.58	-0.7	5
21 Nancy Tatou	FR	BRIAR CLIFF	13.60	-0.5	2
22 Sarah Sannerud	FR	U SIOUX FALL	13.62	-0.1	1
23 Suzie Kloucek	FR	D WESLEY	13.67	-0.7	5
24 Amy Pheneger	JR	DAKOTA STATE	13.73	-0.5	2
24 Jill Hoogeveen	FR	BRIAR CLIFF	13.73	0.6	4
26 Lydia Bienlien	FR	MORNINGSIDE COLLEGE	13.74	-0.1	1
27 Lindsay Rook	FR	DAKOTA STATE	13.84	-0.7	5
28 Claire Beck	FR	DAKOTA STATE	13.85	-1.3	3
29 Tessa Dee	FR	SOUTH DAKOTA	13.85	-1.3	3
30 Beth Segerholm	FR	JAMESTOWN COLLEGE	13.86	-0.1	1
31 Sarah Drew	SR	AUGUSTANA COLLEGE	13.96	-0.1	1
32 Wendy Schmaltz	JR	D WESLEY	14.01	0.6	4
33 Sarah Franje	SR	DORDT	14.02	-1.3	3
34 Emily Christians	FR	DORDT	14.09	-0.1	1
35 Courtney Oliver	FR	JAMESTOWN COLLEGE	14.12	-0.5	2
36 Chanesse Schaefer	FR	AUGUSTANA COLLEGE	14.12	-0.7	5
37 Kaitlin Troost	FR	DORDT	14.15	-1.3	3
38 Shelby Rose	FR	JAMESTOWN COLLEGE	14.40	0.6	4

Event 77 Women 100 Meter Dash UCO

Meet Record: * 11.82 4/16/1994 MARIE BROWN, South Dakota

Name	Year	School	Finals	Wind
Finals				
1 Mishay Weber	SR	UNIVERSITY OF MARY	12.28	1.9
2 Kayla Montgomery	SO	MINOT STATE	12.50	1.9

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3	Alyssa Christianson	FR D WESLEY	12.60	1.9
4	AnnaLiesa Fauth	JR JAMESTOWN COLLEGE	12.66	1.9
5	Lindsey Fluharty	FR NO. STATE	12.99	1.9
6	Lindsey Thielen	FR SDSU	13.20	1.9
7	Rachel Hagberg	FR SDSU	13.22	1.9

Event 78 Men 100 Meter Dash UCO

Meet Record: * 10.35 4/17/1994 KEITH GREEN, Morningside
 Name Year School Prelims Wind H#

Preliminaries

1	Sam Acheampong	FR BRIAR CLIFF	10.70q	2.5	6
2	Brandon Hammack	FR NORTHWESTERN	10.97q	1.0	2
3	Brandon Kovash	FR USD	11.00q	1.0	2
4	Bonamy Cordero	JR DICKINSON STATE	11.11q	0.1	3
5	Cory Ploof	SO UNIVERSITY OF MARY	11.11q	1.1	5
6	Zuri Nance	FR NO. STATE	11.12q	1.1	5
7	Miguel Gonzalez	UNATTACHED	11.15q	0.5	1
8	Johnny Lester	JR MINOT STATE	11.15q	-1.3	4
9	Michael King	FR WAYNE STATE COLLEGE	11.19	2.5	6
10	Drew Molacek	JR WAYNE STATE COLLEGE	11.20	1.1	5
11	Thomas Whyley	JR DICKINSON STATE	11.21	0.1	3
12	Cole Tucker	SR SDSU	11.23	0.5	1
13	Cecil Milton	FR BRIAR CLIFF	11.24	1.1	5
14	Ryan Hernandez	FR UNATTACHED	11.25	2.5	6
15	Dalton Smith	FR D WESLEY	11.35	0.1	3
16	Jordan Miller	FR D WESLEY	11.43	0.1	3
17	Aaron Floen	FR DORDT	11.44	0.5	1
18	Josh Neumiller	FR DICKINSON STATE	11.45	-1.3	4
19	Roland Osae-Otang	JR DORDT	11.47	0.5	1
20	Parker Moore	SO NORTHWESTERN	11.56	1.0	2
21	Stefan Peterson	SO BUENA VISTA	11.58	2.5	6
22	Ben Oberle	SR USD	11.60	-1.3	4
23	Andy Palacio	SR MINOT STATE	11.61	1.1	5
24	Tyler Williamson	JR USD	11.70	0.5	1
25	Joe Lammers	SO DORDT	11.71	0.1	3
26	Cody Spreeman	FR BRIAR CLIFF	11.76	0.1	3
27	Ryan Gass	JR MORNINGSIDE COLLEGE	11.80	1.0	2
28	Jeremy Sheppard	SO NORTHWESTERN	11.83	2.5	6
29	Jon Smith	JR BRIAR CLIFF	11.83	-1.3	4
30	Kasey Summerer	JR NORTHWESTERN	11.90	1.1	5
31	Augustus Capers	JR NO. STATE	11.94	-1.3	4
32	Zak Kjolsing	SO NO. STATE	11.94	2.5	6
33	Mike Trujillo	FR BRIAR CLIFF	11.94	1.1	5
34	Juston Wynia	FR D WESLEY	12.00	1.0	2
35	Tyler Walker	FR NORTHWESTERN	12.06	0.5	1
36	Michael Huseman	FR MORNINGSIDE COLLEGE	12.29	1.0	2
37	Jonathon Keller	FR MOUNT MARTY COLLEGE	12.38	1.0	2
38	Todd Carnes	FR MORNINGSIDE COLLEGE	12.53	0.1	3
39	Dillon Lenius	FR JAMESTOWN COLLEGE	12.57	0.5	1
40	Cameron Carlow	SO NORTHWESTERN	12.58	0.5	1
41	Cam Terry	FR BRIAR CLIFF	12.78	-1.3	4
42	Michael Dailey	FR UNATTACHED	12.80	2.5	6
43	Adam Sullivan	FR MORNINGSIDE COLLEGE	12.88	0.1	3

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 78 Men 100 Meter Dash UCO**

44 Lonnie Macpeek	UNATTACHED	15.30	-1.3	4
-- Jordan Langer	JR NORTHWESTERN	DNF	1.0	2

Event 78 Men 100 Meter Dash UCO

Meet Record: * 10.35 4/17/1994 KEITH GREEN, Morningside
 Name Year School Finals Wind

Finals

1 Sam Acheampong	FR BRIAR CLIFF	10.70	2.6
2 Johnny Lester	JR MINOT STATE	10.92	2.6
3 Brandon Kovash	FR USD	10.98	2.6
4 Brandon Hammack	FR NORTHWESTERN	10.99	2.6
5 Bonamy Cordero	JR DICKINSON STATE	11.05	2.6
6 Cory Ploof	SO UNIVERSITY OF MARY	11.07	2.6
7 Zuri Nance	FR NO. STATE	11.16	2.6
8 Miguel Gonzalez	UNATTACHED	11.18	2.6

Event 79 Women 100 Meter Hurdles UCO

Meet Record: * 14.01 4/16/1994 ANNA RATZLOFF, Augustana
 Name Year School Prelims Wind H#

Preliminaries

1 Kristyn Nelson	SO UNIVERSITY OF MARY	15.00q	0.5	3
2 Melissa Walker	FR UNIVERSITY OF MARY	15.11q	0.3	4
3 Crystal Schiernbeck	JR SOUTH DAKOTA	15.15q	0.3	4
4 Ashley Salwey	FR UNIVERSITY OF MARY	15.34q	1.9	2
5 Haley Juhnke	JR SOUTH DAKOTA	15.37q	1.9	2
6 Sarah Sannerud	FR U SIOUX FALL	15.52q	0.3	4
7 Sarah Skipper	JR JAMESTOWN COLLEGE	15.59q	-1.4	1
8 Briana Wubben	FR DORDT	15.74q	0.5	3
9 Andrea Wedel	UNATTACHED	16.09	0.5	3
10 Stacey Dietrich	SO NORTHWESTERN	16.10	-1.4	1
11 Andrea Sjomeling	JR NO. STATE	16.15	0.5	3
12 Claire Severson	SR AUGUSTANA COLLEGE	16.15	-1.4	1
13 Bailey Schafbuch	FR BUENA VISTA	16.47	0.3	4
14 Karina Wierenga	SR DORDT	16.59	0.5	3
15 Andrea Boyd	SO BUENA VISTA	16.60	1.9	2
16 Tanya Vassar	JR NO. STATE	16.82	-1.4	1
17 Melinda Vander Ark	SO DORDT	16.83	0.5	3
18 Rachel Burnette	FR BUENA VISTA	16.99	1.9	2
19 Whitney Nelson	FR BUENA VISTA	17.01	0.3	4
20 Hilary Harrison	FR DICKINSON STATE	17.15	1.9	2
21 Kallie Merrill	JR JAMESTOWN COLLEGE	17.36	0.3	4
22 Wendy Schmaltz	JR D WESLEY	17.88	1.9	2
23 Meagan Grandgenett	SO AUGUSTANA COLLEGE	17.94	1.9	2
24 Deresha Harrison	FR DICKINSON STATE	18.05	-1.4	1
25 Sara Schultz	SO DAKOTA STATE	18.07	0.5	3
26 Tessa Dee	FR SOUTH DAKOTA	18.09	-1.4	1
-- Jordan Johnson	FR U SIOUX FALL	DNF	0.3	4

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****Event 79 Women 100 Meter Hurdles UCO**

Meet Record: * 14.01 4/16/1994 ANNA RATZLOFF, Augustana
 Name Year School Finals Wind

Finals

1	Kristyn Nelson	SO UNIVERSITY OF MARY	14.87	2.7
2	Sarah Skipper	JR JAMESTOWN COLLEGE	15.17	2.7
3	Melissa Walker	FR UNIVERSITY OF MARY	15.26	2.7
4	Ashley Salwey	FR UNIVERSITY OF MARY	15.29	2.7
5	Briana Wubben	FR DORDT	15.35	2.7
6	Sarah Sannerud	FR U SIOUX FALL	15.53	2.7
7	Haley Juhnke	JR SOUTH DAKOTA	15.82	2.7
--	Crystal Schiernbeck	JR SOUTH DAKOTA	DNF	2.7

Event 80 Men 110 Meter Hurdles UCO

Meet Record: * 14.25 4/17/1988 CHARLES JOHNSON, Morningside
 Name Year School Prelims Wind H#

Preliminaries

1	Tanner Russ	SR BUENA VISTA	14.91q	-0.4	3
2	Jordan Smith	FR USD	15.31q	-0.4	3
3	Bill Cameron	SR NO. STATE	15.41q	-1.4	2
4	Erik Lindsay	JR BRIAR CLIFF	15.44q	-1.8	1
5	Luke Hauert	FR NO. STATE	15.51q	-1.4	2
6	Kurtis Gross	SO DICKINSON STATE	15.56q	-1.8	1
7	Colin Vandehoef	UNATTACHED	15.61q	-1.4	2
8	Caleb Young	FR BRIAR CLIFF	15.67q	-1.4	2
9	Paul Mallory	SO AUGUSTANA COLLEGE	15.70	-0.4	3
10	Travis Jimenez	FR NO. STATE	15.83	-1.4	2
11	Ben Schemp	UNATTACHED	15.85	-1.8	1
12	Josh Ewalt	JR JAMESTOWN COLLEGE	16.20	-0.4	3
13	Mike Trobough	FR BRIAR CLIFF	16.49	-0.4	3
14	Chris Hubbs	FR SDSU	16.56	-1.8	1
15	Ryan Maloney	FR U SIOUX FALL	16.79	-0.4	3
16	Scott Roemmich	FR JAMESTOWN COLLEGE	17.06	-1.8	1
17	Matt Zilverberg	FR U SIOUX FALL	17.52	-1.4	2
18	Tyler Maxwell	FR USD	18.87	-1.8	1
19	Jared Thomas	SR D WESLEY	25.73	-1.4	2

Event 80 Men 110 Meter Hurdles UCO

Meet Record: * 14.25 4/17/1988 CHARLES JOHNSON, Morningside
 Name Year School Finals Wind

Finals

1	Luke Hauert	FR NO. STATE	14.71	2.1
2	Erik Lindsay	JR BRIAR CLIFF	14.91	2.1
3	Jordan Smith	FR USD	15.02	2.1
4	Bill Cameron	SR NO. STATE	15.21	2.1
5	Kurtis Gross	SO DICKINSON STATE	15.51	2.1
6	Colin Vandehoef	UNATTACHED	15.69	2.1
7	Tanner Russ	SR BUENA VISTA	16.19	2.1
8	Caleb Young	FR BRIAR CLIFF	16.25	2.1

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****Event 81 Women 400 Meter Dash UCO**

Meet Record: * 55.71 4/19/2001 SHARLINE MAXWELL, Briar Cliff				
Name	Year	School	Finals	H#
1 Nicketa Coombs	FR	UNIVERSITY OF MARY	56.13	6
2 Christina King	SR	WAYNE STATE COLLEGE	56.30	6
3 AnnaLiesa Fauth	JR	JAMESTOWN COLLEGE	58.41	6
4 Amber Woodford	FR	MORNINGSIDE COLLEGE	59.06	5
5 Katie Zent	SO	JAMESTOWN COLLEGE	59.65	5
6 Jenna Brouwer	JR	DORDT	59.85	6
7 Kari Van Beek	SO	DORDT	59.96	6
8 Brandi Gau	JR	DAKOTA STATE	1:00.50	5
9 Madison Borer	FR	BRIAR CLIFF	1:00.68	4
10 Jessica Hudelson	FR	MORNINGSIDE COLLEGE	1:01.07	4
11 Allison Christy	FR	MORNINGSIDE COLLEGE	1:01.29	4
12 Stephanie Uher	FR	DAKOTA STATE	1:01.37	3
13 Nicole Seier	FR	MORNINGSIDE COLLEGE	1:01.44	4
14 Breanna Mathes	FR	MORNINGSIDE COLLEGE	1:01.57	3
15 Heather Hoefs	FR	MORNINGSIDE COLLEGE	1:01.85	3
16 Madeline Hornung	SO	JAMESTOWN COLLEGE	1:01.87	3
17 Jill Schaefer	FR	NO. STATE	1:01.88	6
18 Margo Stanforth	FR	MORNINGSIDE COLLEGE	1:02.00	4
19 Marissa Curry	JR	JAMESTOWN COLLEGE	1:02.06	5
20 Ana Morgan	FR	NORTHWESTERN	1:02.17	5
21 Katie Beldt	FR	BRIAR CLIFF	1:02.31	4
22 DayLynn Batey	FR	DICKINSON STATE	1:02.41	5
23 Emmylyn Bentley	JR	JAMESTOWN COLLEGE	1:02.44	2
24 Shelby Snare	FR	DICKINSON STATE	1:02.46	5
25 Sabrina Sieperda	FR	MORNINGSIDE COLLEGE	1:02.57	4
26 Emily Fritz	SO	NO. STATE	1:02.61	6
27 Jessica Becker	SO	SDSU	1:02.86	3
28 Meghan Nelson	JR	MOUNT MARTY COLLEGE	1:03.00	5
29 Alyssa Myers	SO	BRIAR CLIFF	1:03.02	2
30 Taylor Tuomey	FR	MINOT STATE	1:03.14	3
31 Mallory Souder	SO	JAMESTOWN COLLEGE	1:03.27	1
32 Kristine DuBois	SO	SOUTH DAKOTA	1:03.56	6
33 Kallie Merrill	JR	JAMESTOWN COLLEGE	1:03.72	1
34 Madison Whitley	FR	SOUTH DAKOTA	1:04.09	4
35 McKenzie Reece	FR	MORNINGSIDE COLLEGE	1:04.36	2
36 Caitlyn Nerem	JR	NORTHWESTERN	1:04.38	2
37 Audrey Cooley	FR	BRIAR CLIFF	1:04.60	2
38 Larissa Sapp	FR	NORTHWESTERN	1:05.64	2
39 Nikki Hanish	FR	BUENA VISTA	1:05.85	3
40 Shelby Rose	FR	JAMESTOWN COLLEGE	1:06.55	1
41 Rachel Hagberg	FR	SDSU	1:06.56	1
42 Theresa Cook	FR	MORNINGSIDE COLLEGE	1:06.93	1
43 Christine Becker	FR	MORNINGSIDE COLLEGE	1:07.60	2
44 Milena Brikic	JR	DICKINSON STATE	1:08.48	1
45 Katie Sokolowski	FR	MORNINGSIDE COLLEGE	1:12.73	1

Event 82 Men 400 Meter Dash UCO

Meet Record: * 46.22 4/20/1996 LIONEL MCPHAUL, South Dakota				
Name	Year	School	Finals	H#
1 Khaldon Evans	SO	MINOT STATE	48.69	7

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 82 Men 400 Meter Dash UCO**

2	Andrew Jansen	SO WAYNE STATE COLLEGE	49.59	7
3	Jared Dewaard	SO D WESLEY	49.89	4
4	Devin Hiller	SR MINOT STATE	50.09	7
5	Cole Tucker	SR SDSU	50.42	7
6	Erik Lindsay	JR BRIAR CLIFF	50.75	6
7	Lyndon Schmidt	SR JAMESTOWN COLLEGE	50.98	6
8	Taylor Hoekstra	FR NORTHWESTERN	51.20	4
9	Brandon Henry	FR BRIAR CLIFF	51.21	5
10	Brent Jansen	SO JAMESTOWN COLLEGE	51.29	6
11	Ryan Conrad	JR NO. STATE	51.32	7
12	John Harris	FR MORNINGSIDE COLLEGE	51.36	6
13	Eric Peterson	FR NO. STATE	51.54	7
14	Brian Gesink	JR MORNINGSIDE COLLEGE	51.55	5
15	Nick Grove	JR MORNINGSIDE COLLEGE	51.63	5
16	Jarann Johnson	SO JAMESTOWN COLLEGE	51.85	3
17	Cody Diehl	SO WAYNE STATE COLLEGE	51.86	2
18	Titus Kosgei	JR MOUNT MARTY COLLEGE	51.96	7
19	Rick Te Grootenhuis	FR NORTHWESTERN	52.07	4
20	Ed Graf	SR MORNINGSIDE COLLEGE	52.18	4
21	Tyler Williamson	JR USD	52.26	6
22	Jeremiah Avise Rouse	SR MORNINGSIDE COLLEGE	52.58	5
23	Andy Quenzer	SO DAKOTA STATE	52.62	3
24	Trevino Thompson	SO DICKINSON STATE	52.66	7
25	Zane Peterson	JR U SIOUX FALL	52.69	6
26	Mark Johnson	FR NORTHWESTERN	52.85	3
27	Jason Haddix	FR U SIOUX FALL	52.87	3
28	Tim Vermeer	FR NORTHWESTERN	52.91	3
29	Joel Van Wyk	SO MORNINGSIDE COLLEGE	53.18	4
30	Chris Nordstrom	UNATTACHED	53.23	1
31	Ian Kuipers	FR DORDT	53.25	5
32	Kyle Weisbeck	SR NO. STATE	53.71	5
33	Peter Malga	FR MORNINGSIDE COLLEGE	53.77	3
34	Andy Dougherty	UNATTACHED	53.80	6
35	Joe Cisneros	FR BRIAR CLIFF	53.99	2
36	Jerad Schlobohm	JR DAKOTA STATE	54.13	4
37	Jeff Seagren	SR UNATTACHED	54.14	6
38	Matt Greenfield	SO NO. STATE	54.67	2
39	Kenny Moore	FR WAYNE STATE COLLEGE	54.91	2
40	Dane Hansen	FR MOUNT MARTY COLLEGE	55.11	3
41	Eli Turnbough	SR DICKINSON STATE	55.25	3
42	Brett Springman	FR MOUNT MARTY COLLEGE	55.38	1
43	Tyler Leinbaugh	SO MORNINGSIDE COLLEGE	55.54	2
44	Tyler Maxwell	FR USD	55.87	2
45	Kyle Hoffman	FR MORNINGSIDE COLLEGE	56.21	1
46	Jerome Middlebrooks	FR BUENA VISTA	56.28	2
47	Dillon Lenius	FR JAMESTOWN COLLEGE	56.31	1
48	Cody Danko	FR MORNINGSIDE COLLEGE	56.91	1
49	Michael Dailey	FR UNATTACHED	58.68	1

Event 83 Women 400 Meter Hurdles UCO

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Meet Record: * 1:00.55 4/15/1995 ANNA RATZLOFF, Augustana				
Name	Year	School	Finals	H#
=====				
1	Paige Pollard	SO WAYNE STATE COLLEGE	1:02.71	3

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 83 Women 400 Meter Hurdles UCO**

2	Sarah Skipper	JR JAMESTOWN COLLEGE	1:04.22	3
3	Marissa Curry	JR JAMESTOWN COLLEGE	1:05.18	2
4	Kendra De Jong	FR NORTHWESTERN	1:05.56	3
5	Jessica Becker	SO SDSU	1:05.87	3
6	Andrea Sjomeling	JR NO. STATE	1:05.96	3
7	Haley Juhnke	JR SOUTH DAKOTA	1:06.15	1
8	Deidre Hinkeldey	SO MORNINGSIDE COLLEGE	1:06.58	2
9	Corrie Fautsch	JR NORTHWESTERN	1:07.20	3
10	Ashley Wehle	FR BRIAR CLIFF	1:07.69	2
11	Kallie Merrill	JR JAMESTOWN COLLEGE	1:08.88	1
12	Melinda Vander Ark	SO DORDT	1:09.46	2
13	Hilary Harrison	FR DICKINSON STATE	1:09.58	2
14	Alison Syverson	FR U SIOUX FALL	1:09.75	1
15	Amy Pheneger	JR DAKOTA STATE	1:10.79	2
16	Whitney Nelson	FR BUENA VISTA	1:11.13	1
17	Meagan Grandgenett	SO AUGUSTANA COLLEGE	1:11.30	1
18	Sara Schultz	SO DAKOTA STATE	1:12.97	1
19	Rachel Burnette	FR BUENA VISTA	1:13.46	2

Event 84 Men 400 Meter Hurdles UCO

Meet Record: * 52.42 4/19/2007 JAKE HAMIK, Northern State				
Name	Year	School	Finals	H#
1	Monte Larsen	FR MORNINGSIDE COLLEGE	54.01	4
2	Bill Cameron	SR NO. STATE	54.41	4
3	Luke Hauert	FR NO. STATE	54.81	4
4	Tanner Russ	SR BUENA VISTA	55.25	4
5	Scott Roemmich	FR JAMESTOWN COLLEGE	55.84	3
6	Darwin Schwartz	JR MINOT STATE	56.27	4
7	Colin Vandehoef	UNATTACHED	56.60	3
8	Andrew Smith	FR BUENA VISTA	56.93	3
9	Andrew Vander Woude	FR DORDT	57.07	3
10	Chris Hubbs	FR SDSU	57.26	2
11	Zach Morris	JR AUGUSTANA COLLEGE	57.26	3
12	Paul Mallory	SO AUGUSTANA COLLEGE	57.77	4
13	Ryan Maloney	FR U SIOUX FALL	57.85	2
14	Josh Steinhoff	UNATTACHED	57.95	2
15	Ben Schemp	UNATTACHED	58.07	2
16	Travis Jimenez	FR NO. STATE	58.83	4
17	Tim Boonstra	SR DORDT	59.75	3
18	Jordan Davis	FR UNIVERSITY OF MARY	59.80	2
19	Phillip Carmody	SO DAKOTA STATE	1:00.11	2
20	Abraham Klafter	FR NORTHWESTERN	1:00.99	1
21	Alex Zuke	JR U SIOUX FALL	1:01.24	2
22	Mike Bredeson	FR SDSU	1:01.99	1
23	Jordan Boekhout	FR NORTHWESTERN	1:03.98	1
24	Dan Cunningham	FR MORNINGSIDE COLLEGE	1:04.38	1
25	Jay Overgard	FR MOUNT MARTY COLLEGE	1:04.42	1
26	Chris Sterrett	UNATTACHED	1:05.61	2
--	Kelly Roemmich	SR JAMESTOWN COLLEGE	DQ	3

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****Event 85 Women 800 Meter Run UCO**

 Meet Record: * 2:09.89 4/17/2000 LISBETH PEDERSEN, unattache

Name	Year	School	Finals
1 Jessica Hudelson	FR	MORNINGSIDE COLLEGE	2:14.44
2 Cecilie Udstuen	FR	AUGUSTANA COLLEGE	2:15.08
3 Jen Van Otterloo		UNATTACHED	2:16.34
4 Linn Nilsson	FR	AUGUSTANA COLLEGE	2:16.59
5 Caitlin Polgreen	SR	AUGUSTANA COLLEGE	2:16.78
6 Brittany Young	FR	DAKOTA STATE	2:17.91
7 Nicole Seier	FR	MORNINGSIDE COLLEGE	2:19.04
8 Breanna Mathes	FR	MORNINGSIDE COLLEGE	2:19.50
9 Madeline Hornung	SO	JAMESTOWN COLLEGE	2:19.84
10 Stephanie Warnke	SO	DAKOTA STATE	2:20.91
11 Allison Henke	SO	AUGUSTANA COLLEGE	2:21.11
12 Megan Jenkins	FR	UNIVERSITY OF MARY	2:21.69
13 Heather Hoefs	FR	MORNINGSIDE COLLEGE	2:21.81
14 Rachel Biederman	FR	AUGUSTANA COLLEGE	2:21.88
15 Molly Kokesh	FR	AUGUSTANA COLLEGE	2:22.21
16 Nichole Duncan	FR	DORDT	2:22.32
17 Jessica Brandli	FR	NO. STATE	2:22.87
18 Erin Curran	FR	BLACK HILLS STATE	2:22.92
19 Emmylyn Bentley	JR	JAMESTOWN COLLEGE	2:23.23
20 Brandee DeVine	SR	UNIVERSITY OF MARY	2:23.42
21 Cecilia Vallejo	FR	BRIAR CLIFF	2:23.60
22 Tara Postma	FR	DORDT	2:23.63
23 Abi Bever	FR	BLACK HILLS STATE	2:24.13
24 Krystina Smith	JR	NORTHWESTERN	2:24.47
25 McKenzie Reece	FR	MORNINGSIDE COLLEGE	2:24.48
26 Toni Fritz	JR	NO. STATE	2:25.46
27 Jessica Clark	SO	MORNINGSIDE COLLEGE	2:25.86
28 Melissa Kroupa	SO	U SIOUX FALL	2:27.00
29 Tabitha Shepherd	FR	MORNINGSIDE COLLEGE	2:27.14
30 Angela Luedke	FR	SOUTH DAKOTA	2:27.36
31 Steph Wibben	FR	MORNINGSIDE COLLEGE	2:27.93
32 Melissa McIntosh	JR	WAYNE STATE COLLEGE	2:28.06
33 Molly Kopfmann	SO	SDSU	2:28.38
34 Melissa Perez	SR	DICKINSON STATE	2:29.03
35 Mallory Souder	SO	JAMESTOWN COLLEGE	2:29.54
36 Danielle McCann	SO	SDSU	2:29.62
37 Rachel Bickford	JR	JAMESTOWN COLLEGE	2:29.78
38 Mary Maassen	SR	NORTHWESTERN	2:30.63
39 Rebecca Wiggins	SO	NORTHWESTERN	2:30.89
40 Theresa Cook	FR	MORNINGSIDE COLLEGE	2:31.97
41 Laura Bauer	FR	SDSU	2:32.44
42 Debbie Lopez	SR	DICKINSON STATE	2:33.02
43 Brittney Olfert	FR	NO. STATE	2:33.38
44 Samantha Sahagian	FR	DORDT	2:33.42
45 Kelsey Robish	FR	SOUTH DAKOTA	2:33.46
46 Tianna Hurtado	JR	SOUTH DAKOTA	2:34.62
47 Kat VonRumpf	FR	BRIAR CLIFF	2:34.83
48 Becca Van Dam	FR	DORDT	2:35.72
49 Michelle Johnson	FR	U SIOUX FALL	2:36.44
50 Bernie Bachel	FR	JAMESTOWN COLLEGE	2:36.48
51 Jenna McCoy	JR	WAYNE STATE COLLEGE	2:37.50
52 Aimee Lenocker	FR	D WESLEY	2:37.77

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 85 Women 800 Meter Run UCO**

53	Tatiana DeLosSantos	SO WAYNE STATE COLLEGE	2:41.52
54	Kayleen Gupman	FR D WESLEY	2:43.20
55	Mariela Sanchez	JR DICKINSON STATE	2:45.49
--	Katie Conlon	FR JAMESTOWN COLLEGE	DNF
--	Rachel Garay	FR BRIAR CLIFF	DNF
--	Alyssa Bossler	SR JAMESTOWN COLLEGE	DNF
--	Lisa Ryan	UNATTACHED	DQ

Event 86 Men 800 Meter Run UCO

Meet Record: * 1:48.89 4/20/1995 TOM DOW, Augustana

Name	Year School	Finals
1 Josiah Luttjeboer	JR DORDT	1:52.91
2 Brian Gesink	JR MORNINGSIDE COLLEGE	1:53.39
3 Tyler VanPeursem	SR DAKOTA STATE	1:53.49
4 Andy Coy	FR DAKOTA STATE	1:53.50
5 Monte Larsen	FR MORNINGSIDE COLLEGE	1:54.01
6 Titus Kosgei	JR MOUNT MARTY COLLEGE	1:54.28
7 Ryan Tholen	FR DORDT	1:54.52
8 Brian Werner	SR AUGUSTANA COLLEGE	1:54.95
9 Mark Eekhoff	SR DORDT	1:55.29
10 Taylor Champan	FR MORNINGSIDE COLLEGE	1:55.71
11 Austin Vande Berg	SR AUGUSTANA COLLEGE	1:55.79
12 David Christensen	SR DORDT	1:56.64
13 Jacob Arechigo	FR NO. STATE	1:56.94
14 Matt Peterson	SO NO. STATE	1:57.52
15 Cody Foreman	SR DAKOTA STATE	1:57.66
16 Travis Beniak	SO AUGUSTANA COLLEGE	1:57.84
17 Brent Van Schepen	FR DORDT	1:58.10
18 Ismael Arzola	UNATTACHED	1:58.26
19 Lief Rasmussen	SR JAMESTOWN COLLEGE	1:58.40
20 Kyle Poss	SO USD	1:58.75
21 Kelly Hall	SO SDSU	1:58.77
22 Gary Heitkamp	SO MINOT STATE	1:58.79
23 John Harris	FR MORNINGSIDE COLLEGE	1:58.85
24 Chris Nordstrom	UNATTACHED	1:59.01
25 Daniel Black	SR AUGUSTANA COLLEGE	1:59.05
26 Greg Meister	FR UNATTACHED	1:59.35
27 Andrew Manning	SO DAKOTA STATE	1:59.52
28 David Nash	UNATTACHED	2:00.00
29 Brock Rose	SO NO. STATE	2:00.12
30 Bryan Aberle	JR USD	2:00.51
31 Luke Sachau	FR BRIAR CLIFF	2:00.58
32 Kyle Heim	FR JAMESTOWN COLLEGE	2:00.65
33 Cody Roland	SR JAMESTOWN COLLEGE	2:00.77
34 Andy Quenzer	SO DAKOTA STATE	2:00.80
35 Bryce Kinard	FR BRIAR CLIFF	2:00.87
36 Greg Vollmer	UNATTACHED	2:01.10
37 Kelly Polacek	FR BRIAR CLIFF	2:01.16
38 Cheto Cerda	SR WAYNE STATE COLLEGE	2:01.23
39 Edwin Cheleshaw	SO DICKINSON STATE	2:01.27
40 Thomas Hunt	FR BRIAR CLIFF	2:01.85
41 Aaron Garza	FR WAYNE STATE COLLEGE	2:01.89
42 Kasey Hoffman	UNATTACHED	2:02.12

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 86 Men 800 Meter Run UCO**

43	Grant Aden	UNATTACHED	2:02.19
44	Nathan Stamstad	SO UNIVERSITY OF MARY	2:02.96
45	Tommy Stuart	FR BRIAR CLIFF	2:02.98
46	Alex Weborg	FR MORNINGSIDE COLLEGE	2:03.11
47	Todd Wolf	FR MORNINGSIDE COLLEGE	2:03.21
48	Jason Haddix	FR U SIOUX FALL	2:03.34
49	Peter Malga	FR MORNINGSIDE COLLEGE	2:03.37
50	Adam Potter	FR NORTHWESTERN	2:03.62
51	Tommy Torok	UNATTACHED	2:03.73
52	Jason Schaaf	SO WAYNE STATE COLLEGE	2:05.05
53	Ed Graf	SR MORNINGSIDE COLLEGE	2:05.06
54	Garrett Hill	SR BUENA VISTA	2:05.16
55	Brandon Delao	FR UNIVERSITY OF MARY	2:05.48
56	Kyle Hoffman	FR MORNINGSIDE COLLEGE	2:05.72
57	Mike Lynch	SO D WESLEY	2:05.84
58	Eli Turnbough	SR DICKINSON STATE	2:07.62
59	Brandon Schuler	FR NORTHWESTERN	2:07.65
60	Joe Chebul	SO WAYNE STATE COLLEGE	2:09.01
61	Alex Moore	SR BUENA VISTA	2:10.15
62	Tanner LaValliere	FR D WESLEY	2:10.33
63	Kyle Schoenfish	SR D WESLEY	2:10.90
64	AJ King	FR MORNINGSIDE COLLEGE	2:11.59
65	Jacob Buss	FR DORDT	2:12.18
66	Chris Riley	SR MOUNT MARTY COLLEGE	2:12.79
67	David Elliot	FR D WESLEY	2:14.95
68	Luis Elizondo	SO MINOT STATE	2:15.33
69	Alan Stuber	FR D WESLEY	2:25.41
70	Andrew Soden	FR BUENA VISTA	2:36.83
--	Ryan Perry	FR MINOT STATE	DNF
--	Jordan Slusser	FR AUGUSTANA COLLEGE	DNF

Event 87 Women 1500 Meter Run UCO

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Meet Record: * 4:37.94 4/19/2008 RAMSEY KAVAN, South Dakota			
Name	Year	School	Finals
=====			
1	Melissa Agnew	FR UNIVERSITY OF MARY	4:47.00
2	Erin Curran	FR BLACK HILLS STATE	4:48.60
3	Merissa Harkema	FR DORDT	4:48.76
4	Jessica Hudelson	FR MORNINGSIDE COLLEGE	4:49.82
5	Dakota Wolf	FR UNIVERSITY OF MARY	4:50.15
6	Megan Zavorka	SR WAYNE STATE COLLEGE	4:51.91
7	Jen Van Otterloo	UNATTACHED	4:52.58
8	Emmylyn Bentley	JR JAMESTOWN COLLEGE	4:53.30
9	Amanda Frohling	SR SDSU	4:53.37
10	Lisa Ryan	UNATTACHED	4:53.67
11	Nicole Seier	FR MORNINGSIDE COLLEGE	4:53.73
12	Stephanie Warnke	SO DAKOTA STATE	4:55.26
13	Tera Potts	FR SDSU	4:55.28
14	Alyssa Bossler	SR JAMESTOWN COLLEGE	4:57.68
15	Emily Smith	JR SDSU	4:58.75
16	Anna Garner	SO SDSU	5:00.88
17	Nichole Duncan	FR DORDT	5:03.93
18	Jessica Clark	SO MORNINGSIDE COLLEGE	5:04.73
19	Leslie Stover	FR NORTHWESTERN	5:06.03

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 87 Women 1500 Meter Run UCO**

20	Ky'Lee Engelken	FR WAYNE STATE COLLEGE	5:06.44
21	Rayel McPeters	SR DICKINSON STATE	5:06.93
22	Clarice Bauer	SR DAKOTA STATE	5:08.57
23	Brittney Olfert	FR NO. STATE	5:08.71
24	Trama Giermann	FR MORNINGSIDE COLLEGE	5:08.91
25	Melissa McIntosh	JR WAYNE STATE COLLEGE	5:09.92
26	Molly Kopfmann	SO SDSU	5:10.76
27	Lydia Ford	FR MORNINGSIDE COLLEGE	5:10.78
28	Tianna Hurtado	JR SOUTH DAKOTA	5:14.50
29	Angela Luedke	FR SOUTH DAKOTA	5:15.26
30	Jenna McCoy	JR WAYNE STATE COLLEGE	5:16.86
31	Jenna Kral	FR MORNINGSIDE COLLEGE	5:17.99
32	Ashleigh Anderson	JR JAMESTOWN COLLEGE	5:18.30
33	Lisa Kremer	FR BRIAR CLIFF	5:18.73
34	Corrine Muyskens	FR NORTHWESTERN	5:18.85
35	Steph Wibben	FR MORNINGSIDE COLLEGE	5:19.67
36	Kayla Smith	FR SOUTH DAKOTA	5:22.14
37	Becca Van Dam	FR DORDT	5:22.82
38	Kelsey Robish	FR SOUTH DAKOTA	5:24.66
39	Steph Calleroz	FR BRIAR CLIFF	5:25.27
40	Erin Gerdes	FR BRIAR CLIFF	5:26.13
41	Cambrya Belter	SO JAMESTOWN COLLEGE	5:26.39
42	Tara Blutt	SR NORTHWESTERN	5:27.52
43	Tatiana DeLosSantos	SO WAYNE STATE COLLEGE	5:28.93
44	Aimee Lenocker	FR D WESLEY	5:29.39
45	Kasey Hohl	FR SOUTH DAKOTA	5:29.46
46	Melissa Kroupa	SO U SIOUX FALL	5:30.34
47	Lisa Becker	FR BRIAR CLIFF	5:31.55
48	Lisa Grosvenor	SO MORNINGSIDE COLLEGE	5:34.56
49	Bernie Bachel	FR JAMESTOWN COLLEGE	5:37.14
50	Mariela Sanchez	JR DICKINSON STATE	5:38.79
51	Stephanie Schultz	JR MOUNT MARTY COLLEGE	5:44.98
52	Suzy Avey	JR JAMESTOWN COLLEGE	5:55.96
53	Ali Clevenger	FR U SIOUX FALL	6:00.68
54	Kim Perez	FR BUENA VISTA	6:07.84
55	Teresa Nelson	JR BRIAR CLIFF	6:57.07
--	Bre Platt	JR BUENA VISTA	DNF
--	Rachel Bickford	JR JAMESTOWN COLLEGE	DNF
--	Laura Wolles	FR SDSU	DNF
--	Kelsey Maloney	SR SOUTH DAKOTA	DNF
--	Kiley Beste	FR MOUNT MARTY COLLEGE	DNF
--	Anna Wolverton	FR BRIAR CLIFF	DNF

Event 88 Men 1500 Meter Run UCO

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 Meet Record: * 3:51.94 4/22/1998 CHAD FEELDY, South Dakota

Name	Year School	Finals
1	Tyler VanPeursem	SR DAKOTA STATE 3:54.84
2	Shannon Stenger	UNATTACHED 3:55.47
3	Ryan Tholen	FR DORDT 3:58.07
4	Andy Coy	FR DAKOTA STATE 3:59.68
5	Brian Gesink	JR MORNINGSIDE COLLEGE 4:02.61
6	Taylor Champan	FR MORNINGSIDE COLLEGE 4:05.12
7	Jarvis Jelen	UNATTACHED 4:05.18

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 88 Men 1500 Meter Run UCO**

8	Brad Anderson	SO SDSU	4:05.68
9	David Christensen	SR DORDT	4:05.80
10	Brent Van Schepen	FR DORDT	4:05.83
11	Kelly Hall	SO SDSU	4:06.23
12	Richard Keroack	SO NO. STATE	4:06.46
13	Lee Anderson	JR WAYNE STATE COLLEGE	4:08.61
14	Ismael Arzola	UNATTACHED	4:10.79
15	Anthony Drealan	JR DAKOTA STATE	4:11.81
16	Paul Wilson	UNATTACHED	4:13.14
17	Eric Mohrbacher	FR UNIVERSITY OF MARY	4:13.43
18	Cheto Cerda	SR WAYNE STATE COLLEGE	4:14.05
19	Edwin Cheleshaw	SO DICKINSON STATE	4:14.53
20	Casey Jore	FR UNIVERSITY OF MARY	4:15.90
21	Josheb Benson	FR BRIAR CLIFF	4:18.78
22	Andrew Jacob	FR UNATTACHED	4:19.51
23	Bryce Kinard	FR BRIAR CLIFF	4:19.57
24	Jason Schaaf	SO WAYNE STATE COLLEGE	4:19.68
25	Ben Harrison	JR DAKOTA STATE	4:22.10
26	Joe Chebul	SO WAYNE STATE COLLEGE	4:26.53
27	Garrett Hill	SR BUENA VISTA	4:26.91
28	Tyler Voss	FR U SIOUX FALL	4:29.06
29	Nathan Stamstad	SO UNIVERSITY OF MARY	4:30.54
30	Peter Malga	FR MORNINGSIDE COLLEGE	4:30.68
31	AJ King	FR MORNINGSIDE COLLEGE	4:32.32
32	Bryan Wolfe	FR DAKOTA STATE	4:33.35
33	Stephen Olson	FR DORDT	4:41.41
34	Tanner LaValliere	FR D WESLEY	4:43.35
35	Andrew Lichter	FR NORTHWESTERN	4:45.69
36	James Jensen	FR MOUNT MARTY COLLEGE	4:46.73
37	Alan Stuber	FR D WESLEY	4:54.88
38	Matt Wattier	SO U SIOUX FALL	4:56.91
39	Nathan Licher	SR NORTHWESTERN	5:01.67
40	Andrew Soden	FR BUENA VISTA	5:11.50

Event 89 Women 3000 Meter Steeplechase UCO

Meet Record: * 10:42.93 4/19/2008 JEN KEMPERS, Dordt

Name	Year School	Finals
1	Jen Van Otterloo	UNATTACHED 10:41.80*
2	Katie Conlon	FR JAMESTOWN COLLEGE 10:52.66
3	Kara Nelson	JR MORNINGSIDE COLLEGE 11:18.55
4	Erin Lynn Keitges	SR MORNINGSIDE COLLEGE 11:24.99
5	Abi Bever	FR BLACK HILLS STATE 11:27.32
6	Mikayla Barondeau	SO NO. STATE 11:32.73
7	Gail McIntyre	SO D WESLEY 11:38.87
8	Jennifer Agnew	FR UNIVERSITY OF MARY 11:43.19
9	Sarah Thomsen	SR WAYNE STATE COLLEGE 11:47.26
10	Rosemary Bernth	FR BRIAR CLIFF 12:04.52
11	Vanessa Escobar	SR DICKINSON STATE 12:11.64
12	Danielle McCann	SO SDSU 12:18.54
13	Tabitha Shepherd	FR MORNINGSIDE COLLEGE 12:33.87
14	Rachel Bickford	JR JAMESTOWN COLLEGE 12:49.28
15	Jade Steinberg	SO MOUNT MARTY COLLEGE 12:56.38
16	Bre Platt	JR BUENA VISTA 16:07.66

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****Event 90 Men 3000 Meter Steeplechase UCO**

 Meet Record: * 9:10.87 4/18/2009 MATT SCHNEIDER, Wayne State

Name	Year School	Finals
1 Matt Fideler	JR DAKOTA STATE	9:21.55
2 Anthony Drealan	JR DAKOTA STATE	9:23.03
3 Nate Preston	SR WAYNE STATE COLLEGE	9:26.01
4 Isaac VanDyke	SR D WESLEY	9:27.35
5 Jarvis Jelen	UNATTACHED	9:29.64
6 KC Fiedler	JR BLACK HILLS STATE	9:32.52
7 Greg Vollmer	UNATTACHED	9:33.50
8 John Kern	JR WAYNE STATE COLLEGE	9:49.54
9 Josh Schmeichel	SR NO. STATE	9:53.36
10 Kyle Schmidt	FR SDSU	9:55.08
11 Brock Rose	SO NO. STATE	10:10.15
12 Ronnie Kyllo	UNATTACHED	10:10.55
13 Alex Weborg	FR MORNINGSIDE COLLEGE	10:14.32
14 Joseph Koerber	JR JAMESTOWN COLLEGE	10:14.93
15 Cory Meza	SO MINOT STATE	10:20.08
16 Todd Wolf	FR MORNINGSIDE COLLEGE	10:24.65
17 Nate McKeown	UNATTACHED	10:29.03
18 Michael Hoffman	FR DAKOTA STATE	10:31.55
19 Dustin Boyle	SR U SIOUX FALL	10:42.42
20 Keagan Hicks	FR NORTHWESTERN	10:47.76
21 Brian Christiansen	FR BUENA VISTA	10:49.85
22 Jesse Baldwin	FR NORTHWESTERN	11:02.48
23 Chase Ward	FR U SIOUX FALL	12:11.27

Event 91 Women 5000 Meter Run UCO

 Meet Record: * 17:19.50 4/19/2001 MOLLY WEDEL, South Dakota

Name	Year School	Finals
1 Runa Falch	FR AUGUSTANA COLLEGE	17:11.87*
2 Kyle Blakeslee	FR AUGUSTANA COLLEGE	17:15.28*
3 Katie Conlon	FR JAMESTOWN COLLEGE	17:32.28
4 Alyssa Bossler	SR JAMESTOWN COLLEGE	17:47.25
5 Kara Nelson	JR MORNINGSIDE COLLEGE	17:58.99
6 Erin Lynn Keitges	SR MORNINGSIDE COLLEGE	18:22.64
7 Michelle Steiger	SO DORDT	18:31.06
8 Courtney Rasmussen	SO AUGUSTANA COLLEGE	18:35.81
9 Leigh Anne Whiteside	SO BLACK HILLS STATE	18:36.32
10 Sara Hess	JR NORTHWESTERN	18:43.68
11 Lydia Ford	FR MORNINGSIDE COLLEGE	18:48.23
12 Kari Linneman	JR NO. STATE	19:03.68
13 Allison Weeldreyer	SO NORTHWESTERN	19:04.32
14 Samantha Warnke	SR DAKOTA STATE	19:07.21
15 Brooke Fischer	FR MOUNT MARTY COLLEGE	19:21.17
16 Krystal Hughes	FR NO. STATE	19:30.87
17 Clarice Bauer	SR DAKOTA STATE	19:37.40
18 Cambrya Belter	SO JAMESTOWN COLLEGE	19:50.17
19 Jenna Kral	FR MORNINGSIDE COLLEGE	20:01.98
20 Lisa Grosvenor	SO MORNINGSIDE COLLEGE	20:27.71
21 Leah Dykstra	FR NORTHWESTERN	20:31.67
22 Akacia Wentworth	JR NORTHWESTERN	20:34.43
23 Megan O'Grady	SR MOUNT MARTY COLLEGE	20:48.71

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 91 Women 5000 Meter Run UCO**

24	Suzy Avey	JR JAMESTOWN COLLEGE	21:32.38
25	Abby Mettler	JR D WESLEY	22:01.00
--	Kylie Underwood	FR NORTHWESTERN	DNF
--	Breann Rozeboom	JR NORTHWESTERN	DNF
--	Marissa Schouten	SR U SIOUX FALL	DNF
--	Ashley Unruh	SO U SIOUX FALL	DNF
--	Kristin Brondbo	FR AUGUSTANA COLLEGE	DNF
--	Katie Cook	SR BLACK HILLS STATE	DNF
--	Jade Steinberg	SO MOUNT MARTY COLLEGE	DNF
--	Molly Clark	SR AUGUSTANA COLLEGE	DNF
--	Wendy O'Lexey	JR BLACK HILLS STATE	DNF

Event 92 Men 5000 Meter Run UCO

Meet Record: * 14:23.61 4/21/2001 MATT HOYT, unattached			
Name	Year	School	Finals
1	Cody Bordewyk	SR BLACK HILLS STATE	14:56.22
2	Laine Parish	SO BLACK HILLS STATE	14:56.53
3	Neil Long	JR BLACK HILLS STATE	15:10.62
4	Chris Heezen	UNATTACHED	15:11.76
5	Devon Berkness	JR DAKOTA STATE	15:16.01
6	Eamin Entwisle	SO UNIVERSITY OF MARY	15:20.09
7	Chris Gruenhagen	UNATTACHED	15:20.17
8	Eric Tudor	FR DORDT	15:40.54
9	Anthony Bongard	UNATTACHED	15:49.16
10	Brandon Velasquez	SO MINOT STATE	15:51.71
11	York Thomas	JR WAYNE STATE COLLEGE	15:54.37
12	Alex Lohr	UNATTACHED	15:54.66
13	Ryan Evans	FR AUGUSTANA COLLEGE	16:06.85
14	Mo Keller	FR MOUNT MARTY COLLEGE	17:17.09
15	Kendall Witzen	SO JAMESTOWN COLLEGE	17:23.94
16	Mykl Boyd-Raska	FR BRIAR CLIFF	17:27.18
17	Glen Elder	SR U SIOUX FALL	17:35.77
18	Andrew Johnson	SO NORTHWESTERN	17:55.09
19	John Towle	SO MINOT STATE	17:58.01
20	Chris Riley	SR MOUNT MARTY COLLEGE	18:00.10
21	Kyle Sanderson	SR DAKOTA STATE	18:05.69
22	Caleb Belter	FR JAMESTOWN COLLEGE	18:31.60
23	Jeff Sawatzky	JR DAKOTA STATE	18:34.50
24	Jason Wesselmann	FR BRIAR CLIFF	18:54.02
25	Tyler Drenkow	FR NORTHWESTERN	19:08.63
--	Jimmy Thomas	FR U SIOUX FALL	DNF
--	Connor Lindquist	FR BRIAR CLIFF	DNF
--	Joseph Koerber	JR JAMESTOWN COLLEGE	DNF
--	Joe Noyes	SO U SIOUX FALL	DNF

Event 93 Women 10000 Meter Run UCO

Meet Record: * 35:44.51 4/21/1998 STACY JOHNSON, Augustana			
Name	Year	School	Finals
1	Wendy O'Lexey	JR BLACK HILLS STATE	36:56.15
2	Irene Kosgei	SO UNIVERSITY OF MARY	38:08.22
3	Katie Cook	SR BLACK HILLS STATE	39:40.08

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 93 Women 10000 Meter Run UCO**

4 Ashley Unruh	SO U SIOUX FALL	42:12.02
5 Kelsey Maloney	SR SOUTH DAKOTA	42:25.23
6 Kayla Smith	FR SOUTH DAKOTA	42:40.56
7 Ashleigh Anderson	JR JAMESTOWN COLLEGE	43:50.56
8 Kasey Hohl	FR SOUTH DAKOTA	43:51.55
9 Marissa Schouten	SR U SIOUX FALL	44:16.29
10 Resa Hendrickson	SO MOUNT MARTY COLLEGE	44:28.68
11 Becka Jensen	SO MOUNT MARTY COLLEGE	46:23.72
12 Alicia Pick	SO MOUNT MARTY COLLEGE	48:09.17

Event 94 Men 10000 Meter Run UCO

Meet Record: * 30:16.57 4/22/1998 JAMES MCGOWAN, Wayne State

Name	Year School	Finals
1 Chris Heezen	UNATTACHED	31:56.81
2 Thomas Madut	SR D WESLEY	32:24.34
3 Nathan Hopp	FR UNATTACHED	32:53.24
4 Birch Haraden	SR BLACK HILLS STATE	32:59.83
5 Samuel Chavez	SR DICKINSON STATE	33:30.12
6 Joe Noyes	SO U SIOUX FALL	34:25.65
7 Leon Medina	FR MINOT STATE	35:14.91
8 Brett Szafarski	FR MINOT STATE	35:58.35
9 Jimmy Thomas	FR U SIOUX FALL	37:35.19
10 Dave Londe	FR JAMESTOWN COLLEGE	37:51.20
-- Adam Verhoef	SO NORTHWESTERN	DNF

Event 95 Women 4x100 Meter Relay UCO

Meet Record: * 47.12 4/16/1994 SOUTH DAKOTA, South Dakota
M. Christie J Bowne D Kocer M Brown

School	Prelims	H#
Preliminaries		
1 UNIVERSITY OF MARY 'A'	* 47.07q	2
1) Kristyn Nelson SO	2) Nicketa Coombs FR	
3) Mishay Weber SR	4) Kristen Stewart JR	
2 DAKOTA WESLYAN UNIVERSITY 'A'	48.09q	1
1) Steph Leist JR	2) Alyssa Christianson FR	
3) Tamika Irvin	4) Natalie Wipf	
3 DORDT 'A'	49.55q	1
1) Jenna Brouwer JR	2) Crystal Vander Zee SO	
3) Kaitlin Troost FR	4) Briana Wubben FR	
4 MORNINGSIDE COLLEGE 'A'	50.15q	2
1) Lydia Bienlien FR	2) Deidre Hinkeldey SO	
3) Sabrina Sieperda FR	4) Amber Woodford FR	
5 SOUTH DAKOTA 'A'	50.51q	1
1) Haley Juhnke JR	2) Kristine DuBois SO	
3) Madison Whitley FR	4) Christina Roberts SO	
6 NORTHERN STATE UNIVERSITY 'A'	50.95q	2
1) Lindsey Fluharty FR	2) Marisa Aldinger SR	
3) Laci Hettick SR	4) Emily Fritz SO	
7 DAKOTA STATE UNIVERSITY 'A'	51.27q	1
1) Laura Porch FR	2) Brandi Gau JR	
3) Amber Krogstad JR	4) Danielle Rowe JR	

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 95 Women 4x100 Meter Relay UCO**

8	JAMESTOWN COLLEGE 'A'	51.41q	2
	1) Katie Zent SO	2) Sarah Skipper JR	
	3) Beth Segerholm FR	4) AnnaLiesa Fauth JR	
9	BRIAR CLIFF UNIVERSITY 'A'	51.52	1
	1) Nancy Tatou FR	2) Madison Borer FR	
	3) Jill Hoogeveen FR	4) Katie Beldt FR	
10	SO DAKOTA STATE UNIVERSIT 'A'	51.55	1
	1) Lindsey Thielen FR	2) Rachel Hagberg FR	
	3) Marissa Novak FR	4) Jessica Becker SO	
11	BUENA VISTA UNIVERSITY 'A'	51.73	2
	1) Bailey Schafbuch FR	2) Nikki Hanish FR	
	3) Andrea Boyd SO	4) Molly Sippel FR	
12	AUGUSTANA COLLEGE 'A'	52.38	1
	1) Meagan Grandgenett SO	2) Emily Halverson FR	
	3) Sarah Drew SR	4) Claire Severson SR	
13	MOUNT MARTY COLLEGE 'A'	52.89	2
	1) Meghan Nelson JR	2) Dana Riter SO	
	3) Katie Breuer SO	4) Katie Whaley SO	
14	DORDT 'B'	53.34	2
	1) Sarah Franje SR	2) Karina Wierenga SR	
	3) Emily Christians FR	4) Christina Van Singel FR	

Event 95 Women 4x100 Meter Relay UCO

Meet Record: * 47.12 4/16/1994 SOUTH DAKOTA, South Dakota
M. Christie J Bowne D Kocer M Brown

School	Finals
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Finals

1	UNIVERSITY OF MARY 'A'	46.88*
2	DAKOTA WESLYAN UNIVERSITY 'A'	48.72
3	DORDT 'A'	49.53
4	SOUTH DAKOTA 'A'	50.20
5	MORNINGSIDE COLLEGE 'A'	50.47
6	JAMESTOWN COLLEGE 'A'	50.70
7	DAKOTA STATE UNIVERSITY 'A'	51.22
8	NORTHERN STATE UNIVERSITY 'A'	51.85

Event 96 Men 4x100 Meter Relay UCO

Meet Record: * 41.28 4/22/1990 NORTH DAKOTA STATE, North Dakota
J. Thompson M. Eckroth J. Boschee K. Cargile

School	Prelims	H#
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Preliminaries

1	BRIAR CLIFF UNIVERSITY 'A'	41.98q	1
	1) Jon Smith JR	2) Sam Acheampong FR	
	3) Cecil Milton FR	4) Erik Lindsay JR	
2	DORDT 'A'	42.30q	1
	1) Roland Osaе-Opang JR	2) Trevor Wolterstorff FR	
	3) Aaron Floen FR	4) Nic Pfeifle FR	
3	UNIVERSITY OF MARY 'A'	42.53q	1
	1) Jordan Puhalla JR	2) Cory Ploof SO	
	3) Deland Weyrauch FR	4) Tracy Lide FR	
4	WAYNE STATE COLLEGE 'A'	42.77q	2

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 96 Men 4x100 Meter Relay UCO**

1) Drew Molacek JR	2) Michael King FR		
3) Cody Diehl SO	4) Alex Timperley SO		
5 DICKINSON STATE 'A'		42.82q	2
1) Bonamy Cordero JR	2) Thomas Whyley JR		
3) Trevino Thompson SO	4) Josh Neumiller FR		
6 NORTHERN STATE UNIVERSITY 'A'		43.18q	2
1) Luke Hauert FR	2) Trevor Mau FR		
3) Austin Suther SO	4) Calvin McGruder JR		
7 NORTHWESTERN COLLEGE 'A'		43.31q	1
1) Brandon Hammack FR	2) Taylor Hoekstra FR		
3) Parker Moore SO	4) Jordan Langer JR		
8 MINOT STATE UNIVERSI 'A'		43.36q	2
1) Johnny Lester JR	2) Darwin Schwartz JR		
3) Devin Hiller SR	4) Andy Palacio SR		
9 JAMESTOWN COLLEGE 'A'		43.38	1
1) Scott Roemmich FR	2) Josh Ewalt JR		
3) Brent Jansen SO	4) Lyndon Schmidt SR		
10 DAKOTA WESLYAN UNIVERSITY 'A'		43.53	2
1) Jared Dewaard SO	2) Dalton Smith FR		
3) Juston Wynia FR	4) Jordan Miller FR		
11 NORTHERN STATE UNIVERSITY 'B'		43.75	1
1) Zak Kjolsing SO	2) Augustus Capers JR		
3) Matt Greenfield SO	4) Zuri Nance FR		
12 DAKOTA STATE UNIVERSITY 'A'		43.81	2
1) Phillip Carmody SO	2) Stacey Berg FR		
3) Zach Bakke FR	4) Jared Mengenhause JR		
13 BRIAR CLIFF UNIVERSITY 'B'		44.44	1
1) Cody Spreeman FR	2) Mike Trujillo FR		
3) Caleb Young FR	4) Cam Terry FR		
14 DORDT 'B'		44.56	1
1) Tim Boonstra SR	2) Sam Du Mez SO		
3) David Riley FR	4) Joe Lammers SO		
15 UNIVERSITY SOUTH DAKOTA 'A'		45.00	2
1) Chad Pinkelman SO	2) Brandon Kovash FR		
3) Tyler Williamson JR	4) Ben Oberle SR		
-- BUENA VISTA UNIVERSITY 'A'		DQ	2
1) Kenneth Nichols JR	2) Justus Harris FR		
3) Stefan Peterson SO	4) Chris Richardson FR		

Event 96 Men 4x100 Meter Relay UCO

Meet Record: * 41.28 4/22/1990 NORTH DAKOTA STATE, North Dak
 J. Thompson M. Eckroth J. Boschee K. Cargile
 School Finals

Finals

1 BRIAR CLIFF UNIVERSITY 'A'	42.44
2 WAYNE STATE COLLEGE 'A'	42.47
3 DORDT 'A'	42.72
4 NORTHERN STATE UNIVERSITY 'A'	42.73
5 MINOT STATE UNIVERSI 'A'	43.24
6 UNIVERSITY OF MARY 'A'	43.32
-- NORTHWESTERN COLLEGE 'A'	DNF

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****Event 97 Women 4x200 Meter Relay UCO**

Meet Record: * 1:39.71 4/16/1994 SOUTH DAKOTA, South Dakota
M. Christie J. Bowne C. McFarland M. Brown

School Finals

1	SOUTH DAKOTA 'A'	1:44.23
2	DORDT 'A'	1:45.23
	1) Kari Van Beek SO	2) Crystal Vander Zee SO
	3) Kaitlin Troost FR	4) Jenna Brouwer JR
3	DAKOTA STATE UNIVERSITY 'A'	1:47.86
4	NORTHERN STATE UNIVERSITY 'A'	1:48.84
5	BUENA VISTA UNIVERSITY 'A'	1:49.63
6	AUGUSTANA COLLEGE 'A'	1:52.68

Event 98 Men 4x200 Meter Relay UCO

Meet Record: * 1:25.63 4/20/2000 SOUTH DAKOTA, South Dakota
T. Green R. Finley P. Billing J. Kehoe

School Prelims H#

Preliminaries

1	DORDT 'A'	1:28.00q	2
	1) Aaron Floen FR	2) Alex Henderson FR	
	3) Trevor Wolterstorff FR	4) Nic Pfeifle FR	
2	UNIVERSITY OF MARY 'A'	1:28.32q	2
	1) Jordan Puhalla JR	2) Cory Ploof SO	
	3) Deland Weyrauch FR	4) Tracy Lide FR	
3	DICKINSON STATE 'A'	1:29.71q	1
	1) Bonamy Cordero JR	2) Thomas Whyley JR	
	3) Trevino Thompson SO	4) Josh Neumiller FR	
4	UNIVERSITY SOUTH DAKOTA 'A'	1:29.89q	1
	1) Cody Linder SO	2) Brandon Kovash FR	
	3) Tyler Williamson JR	4) Ben Oberle SR	
5	BRIAR CLIFF UNIVERSITY 'A'	1:31.47q	1
	1) Cody Spreeman FR	2) Brandon Henry FR	
	3) Cecil Milton FR	4) Tony Cosentino FR	
6	NORTHERN STATE UNIVERSITY 'A'	1:32.02q	2
	1) Kyle Weisbeck SR	2) Eric Peterson FR	
	3) Augustus Capers JR	4) Austin Suther SO	
7	NORTHWESTERN COLLEGE 'A'	1:32.67q	2
	1) Mark Johnson FR	2) Rick Te Grootenhuis FR	
	3) Tim Vermeer FR	4) Jeremy Sheppard SO	
8	BUENA VISTA UNIVERSITY 'A'	1:35.96q	1
	1) Kenneth Nichols JR	2) Chris Richardson FR	
	3) Brian Patterson FR	4) Justus Harris FR	
--	DAKOTA STATE UNIVERSITY 'A'		DQ 2
	1) Zach Bakke FR	2) Brenton Hunter SR	
	3) Stacey Berg FR	4) Jared Mengenhause JR	

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****Event 98 Men 4x200 Meter Relay UCO**

Meet Record: * 1:25.63 4/20/2000 SOUTH DAKOTA, South Dakota
 T. Green R. Finley P. Billing J. Kehoe
 School Finals

Finals

1 DORDT 'A'	1:28.21
1) Nic Pfeifle FR	2) Trevor Wolterstorff FR
3) Aaron Floen FR	4) Alex Henderson FR
2 UNIVERSITY OF MARY 'A'	1:28.71
3 DICKINSON STATE 'A'	1:30.14
4 BRIAR CLIFF UNIVERSITY 'A'	1:30.51
1) Cecil Milton FR	2) Joe Cisneros FR
3) Brandon Henry FR	4) Erik Lindsay JR
5 UNIVERSITY SOUTH DAKOTA 'A'	1:30.70
6 NORTHWESTERN COLLEGE 'A'	1:33.28
7 BUENA VISTA UNIVERSITY 'A'	1:37.99
-- NORTHERN STATE UNIVERSITY 'A'	DQ

Event 99 Women 4x400 Meter Relay UCO

Meet Record: * 3:49.05 4/22/1992 NORTH DAKOTA STATE, North Dako
 Ristau, Koehn, Kelly, Faus

School Finals H#

1 UNIVERSITY OF MARY 'A'	3:54.55	3
1) Ashley Salwey FR	2) Brandee DeVine SR	
3) Megan Jenkins FR	4) Nicketa Coombs FR	
2 DAKOTA WESLYAN UNIVERSITY 'A'	3:57.08	3
1) Tamika Irvin	2) Kailey Hunhoff SO	
3) Alyssa Christianson FR	4) Natalie Wipf	
3 JAMESTOWN COLLEGE 'A'	3:57.51	3
1) Marissa Curry JR	2) Katie Zent SO	
3) Sarah Skipper JR	4) AnnaLiesa Fauth JR	
4 NORTHWESTERN COLLEGE 'A'	4:00.78	3
1) Stacey Dietrich SO	2) Ana Morgan FR	
3) Krystina Smith JR	4) Kendra De Jong FR	
5 MORNINGSIDE COLLEGE 'A'	4:03.50	3
1) Amber Woodford FR	2) Allison Christy FR	
3) Nicole Seier FR	4) Jessica Hudelson FR	
6 DAKOTA STATE UNIVERSITY 'A'	4:04.31	2
1) Brittany Young FR	2) Stephanie Uher FR	
3) Claire Beck FR	4) Brandi Gau JR	
7 DORDT 'A'	4:04.82	3
1) Kari Van Beek SO	2) Kaitlin Troost FR	
3) Jenna Brouwer JR	4) Tara Postma FR	
8 MORNINGSIDE COLLEGE 'B'	4:05.16	2
1) Margo Stanforth FR	2) Sabrina Sieperda FR	
3) Heather Hoefs FR	4) Breanna Mathes FR	
9 NORTHERN STATE UNIVERSITY 'A'	4:06.98	3
1) Andrea Sjomeling JR	2) Emily Fritz SO	
3) Toni Fritz JR	4) Jill Schaefer FR	
10 BRIAR CLIFF UNIVERSITY 'A'	4:11.27	2
1) Audrey Cooley FR	2) Alyssa Myers SO	
3) Ashley Wehle FR	4) Katie Beldt FR	
11 DICKINSON STATE 'A'	4:12.05	2

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 99 Women 4x400 Meter Relay UCO**

1) DayLynn Batey FR	2) Shelby Snare FR		
3) Samantha Pounds SO	4) Melissa Perez SR		
12 MINOT STATE UNIVERSI 'A'		4:12.30	2
1) Kayla Montgomery SO	2) Abbey Aide FR		
3) Fern Parker SR	4) Taylor Tuomey FR		
13 MOUNT MARTY COLLEGE 'A'		4:12.66	2
1) Meghan Nelson JR	2) Carly Benson SR		
3) Alexa Berg	4) Katie Breuer SO		
14 SOUTH DAKOTA 'A'		4:12.97	3
1) Christina Roberts SO	2) Kristine DuBois SO		
3) Crystal Schiernbeck JR	4) Madison Whitley FR		
15 BUENA VISTA UNIVERSITY 'A'		4:17.63	2
1) Rachel Burnette FR	2) Bailey Schafbuch FR		
3) Nikki Hanish FR	4) Molly Sippel FR		
16 MORNINGSIDE COLLEGE 'C'		4:27.20	2
1) Lydia Bienlien FR	2) McKenzie Reece FR		
3) Christine Becker FR	4) Theresa Cook FR		
17 BUENA VISTA UNIVERSITY 'B'		4:34.91	2
1) Whitney Nelson FR	2) Andrea Boyd SO		
3) Kim Perez FR	4) Liz Ahrendsen JR		

Event 100 Men 4x400 Meter Relay UCO

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Meet Record: *	3:11.81	4/22/1995	AUGUSTANA, Augustana
			T. Gonye M. Blumer J. Skjelvaag T. Dow
School		Finals	H#
=====			
1 DORDT 'A'		3:19.39	3
1) Andrew Vander Woude FR	2) Trevor Wolterstorff FR		
3) Nic Pfeifle FR	4) Josiah Luttjeboer JR		
2 NORTHERN STATE UNIVERSITY 'A'		3:21.00	3
1) Luke Hauert FR	2) Ryan Conrad JR		
3) Eric Peterson FR	4) Bill Cameron SR		
3 DAKOTA STATE UNIVERSITY 'A'		3:21.46	3
1) Cody Foreman SR	2) Stacey Berg FR		
3) Tyler VanPeursem SR	4) Andy Coy FR		
4 JAMESTOWN COLLEGE 'A'		3:22.00	2
1) Josh Ewalt JR	2) Scott Roemmich FR		
3) Brent Jansen SO	4) Lyndon Schmidt SR		
5 NORTHWESTERN COLLEGE 'A'		3:22.48	3
1) Brandon Hammack FR	2) Mark Johnson FR		
3) Rick Te Grootenhuis FR	4) Taylor Hoekstra FR		
6 MORNINGSIDE COLLEGE 'A'		3:24.93	3
1) John Harris FR	2) Jeremiah Avise Rouse SR		
3) Brian Gesink JR	4) Monte Larsen FR		
7 MINOT STATE UNIVERSI 'A'		3:26.07	3
1) Darwin Schwartz JR	2) Gary Heitkamp SO		
3) Johnny Lester JR	4) Devin Hiller SR		
8 WAYNE STATE COLLEGE 'A'		3:26.42	3
1) Drew Molacek JR	2) Michael King FR		
3) Andrew Jansen SO	4) Jeff Mills FR		
9 DAKOTA WESLYAN UNIVERSITY 'A'		3:26.62	2
1) Juston Wynia FR	2) Dalton Smith FR		
3) Jordan Miller FR	4) Jared Dewaard SO		
10 BRIAR CLIFF UNIVERSITY 'A'		3:26.98	2

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 100 Men 4x400 Meter Relay UCO**

1) Tony Cosentino FR	2) Brandon Henry FR		
3) Erik Lindsay JR	4) Luke Sachau FR		
11 UNIVERSITY OF MARY 'A'		3:27.25	2
1) Tracy Lide FR	2) Jordan Davis FR		
3) Brandon Delao FR	4) Deland Weyrauch FR		
12 MORNINGSIDE COLLEGE 'B'		3:28.59	2
1) Nick Grove JR	2) Ed Graf SR		
3) Joel Van Wyk SO	4) Peter Malga FR		
13 BUENA VISTA UNIVERSITY 'A'		3:31.05	3
1) Tanner Russ SR	2) Brian Patterson FR		
3) Chris Richardson FR	4) Justus Harris FR		
14 MOUNT MARTY COLLEGE 'A'		3:32.11	2
1) Mitchell Zenk SO	2) Dane Hansen FR		
3) Kalib Heeren	4) Titus Kosgei JR		
15 BRIAR CLIFF UNIVERSITY 'B'		3:34.67	2
1) Thomas Hunt FR	2) Joe Cisneros FR		
3) Kelly Polacek FR	4) Tommy Stuart FR		
16 MORNINGSIDE COLLEGE 'C'		3:34.81	1
1) Tyler Leinbaugh SO	2) Taylor Champan FR		
3) Todd Wolf FR	4) Alex Weborg FR		
17 MORNINGSIDE COLLEGE 'D'		3:48.49	1
1) Kyle Hoffman FR	2) Cody Danko FR		
3) AJ King FR	4) Dan Cunningham FR		
-- BUENA VISTA UNIVERSITY 'B'		DNF	1
1) Andrew Smith FR	2) Kenneth Nichols JR		
3) Alex Moore SR	4) Garrett Hill SR		
-- UNATTACHED 'A'		DNF	2
1) Greg Meister FR	2)		

Event 101 Women 4x800 Meter Relay UCO

Meet Record: * 9:25.45 4/20/1998 AUGUSTANA, Augustana
 A. Harens B. Parmer E. Fleming K. Krull
 School Finals

1 JAMESTOWN COLLEGE 'A'		9:32.60	
1) Emmylyn Bentley JR	2) Madeline Hornung SO		
3) Katie Conlon FR	4) Alyssa Bossler SR		
2 MORNINGSIDE COLLEGE 'A'		9:43.56	
1) Heather Hoefs FR	2) Breanna Mathes FR		
3) McKenzie Reece FR	4) Steph Wibben FR		
3 NORTHERN STATE UNIVERSITY 'A'		9:46.00	
1) Toni Fritz JR	2) Jessica Brandli FR		
3) Hilary Gorder FR	4) Mikayla Barondeau SO		

Event 102 Men 4x800 Meter Relay UCO

Meet Record: * 7:38.50 1964 DRAKE, Drake
 School Finals

1 NORTHERN STATE UNIVERSITY 'A'		7:54.52	
1) Jacob Arechigo FR	2) Jayce Seelig FR		
3) Matt Peterson SO	4) Richard Keroack SO		
2 JAMESTOWN COLLEGE 'A'		8:01.30	
1) Lief Rasmussen SR	2) Kelly Roemmich SR		

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 102 Men 4x800 Meter Relay UCO**

3) Nathan Christensen SO	4) Cody Roland SR	
3 BRIAR CLIFF UNIVERSITY 'A'		8:03.02
1) Luke Sachau FR	2) Bryce Kinard FR	
3) Tommy Stuart FR	4) Kelly Polacek FR	
4 DORDT 'A'		8:06.12
1) Jon Vroom SR	2) Tim Boonstra SR	
3) Ian Kuipers FR	4) Josiah Luttjeboer JR	
5 MORNINGSIDE COLLEGE 'A'		8:06.25
1) Ed Graf SR	2) John Harris FR	
3) Peter Malga FR	4) Monte Larsen FR	
6 UNATTACHED 'A'		8:08.33
1) Chris Nordstrom	2) Greg Meister FR	
3) Kasey Hoffman	4) Andrew Jacob FR	
7 DAKOTA STATE UNIVERSITY 'A'		8:29.20
1) Andy Quenzer SO	2) Andrew Manning SO	
3) Jerad Schlobohm JR	4) John Bintliff SO	
8 MOUNT MARTY COLLEGE 'A'		8:30.96
1) Dane Hansen FR	2) James Jensen FR	
3) Mitchell Zenk SO	4) Titus Kosgei JR	
9 MINOT STATE UNIVERSI 'A'		8:45.06
1) Brandon Velasquez SO	2) Ryan Perry FR	
3) Ben Eder FR	4) Gary Heitkamp SO	
10 DORDT 'B'		8:57.86
1) Miguel Lantan FR	2) Stephen Olson FR	
3) Nathan Scripps FR	4) Jacob Buss FR	

Event 103 Women 1600 Sprint Medley UCO

Meet Record: * 4:08.53 4/20/2000 NORTH DAKOTA STATE, North Dako
J. Theeler T. Wigley-Bundy C. Ward R Kraft

School Finals H#

1 UNIVERSITY OF MARY 'A'		4:09.99	2
1) Kristyn Nelson SO	2) Mishay Weber SR		
3) Nicketa Coombs FR	4) Emilee Morehouse FR		
2 DAKOTA STATE UNIVERSITY 'A'		4:17.92	2
1) Laura Porch FR	2) Stephanie Uher FR		
3) Karisa Hartje SO	4) Brittany Young FR		
3 MORNINGSIDE COLLEGE 'A'		4:18.25	2
1) Amber Woodford FR	2) Sabrina Sieperda FR		
3) Deidre Hinkeldey SO	4) Kara Nelson JR		
4 DORDT 'A'		4:20.05	2
1) Kari Van Beek SO	2) Crystal Vander Zee SO		
3) Sierra Zomer FR	4) Merissa Harkema FR		
5 MORNINGSIDE COLLEGE 'B'		4:30.52	2
1) Jessica Hudelson FR	2) Heather Hoefs FR		
3) Allison Christy FR	4) Erin Lynn Keitges SR		
6 NORTHERN STATE UNIVERSITY 'A'		4:30.66	2
1) Laci Hettick SR	2) Tanya Vassar JR		
3) Jessica Brandli FR	4) Hilary Gorder FR		
7 BRIAR CLIFF UNIVERSITY 'A'		4:34.79	2
1) Nancy Tatou FR	2) Jill Hoogeveen FR		
3) Alyssa Myers SO	4) Cecilia Vallejo FR		
8 DORDT 'B'		4:36.93	2
1) Sarah Franje SR	2) Emily Christians FR		

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 103 Women 1600 Sprint Medley UCO**

3) Alex Pasker FR	4) Samantha Sahagian FR		
9 BUENA VISTA UNIVERSITY 'A'		4:40.40	1
1) Molly Sippel FR	2) Whitney Nelson FR		
3) Nikki Hanish FR	4) Rachel Burnette FR		
10 DICKINSON STATE 'A'		4:48.62	1
1) Jennifer Hartman SO	2) Debbie Lopez SR		
3) Milena Brikic JR	4) Gladys Rotich SO		
11 JAMESTOWN COLLEGE 'A'		4:53.54	1
1) Courtney Oliver FR	2) Shelby Rose FR		
3) Kallie Merrill JR	4) Cambrya Belter SO		

Event 104 Men 1600 Sprint Medley UCO

Meet Record: * 3:26.00 1964		DRAKE, Drake	
School		Finals	H#
1 DORDT 'A'		3:27.75	2
1) Joe Lammers SO	2) Nic Pfeifle FR		
3) Josiah Luttjeboer JR	4) Mark Eekhoff SR		
2 MORNINGSIDE COLLEGE 'A'		3:33.15	2
1) Tyler Heitman FR	2) Michael Huseman FR		
3) Brian Gesink JR	4) Monte Larsen FR		
3 DAKOTA STATE UNIVERSITY 'A'		3:33.17	2
1) Zach Bakke FR	2) Jared Mengenhausen JR		
3) Cody Foreman SR	4) Matt Fideler JR		
4 DORDT 'B'		3:37.12	2
1) Roland Osaе-Opang JR	2) Aaron Floen FR		
3) Ryan Tholen FR	4) David Christensen SR		
5 BUENA VISTA UNIVERSITY 'A'		3:38.47	2
1) Tanner Russ SR	2) Justus Harris FR		
3) Brian Patterson FR	4) Andrew Smith FR		
6 UNIVERSITY OF MARY 'A'		3:38.72	1
1) Jordan Puhalla JR	2) Cory Ploof SO		
3) Deland Weyrauch FR	4) Brandon Delao FR		
7 NORTHERN STATE UNIVERSITY 'A'		3:39.06	2
1) Travis Jimenez FR	2) Austin Suther SO		
3) Jacob Arechigo FR	4) Jayce Seelig FR		
8 DAKOTA WESLYAN UNIVERSITY 'A'		3:40.88	1
1) Jared Dewaard SO	2) Jordan Miller FR		
3) Dalton Smith FR	4) Mike Lynch SO		
9 BRIAR CLIFF UNIVERSITY 'A'		3:50.20	1
1) Cody Spreeman FR	2) Caleb Young FR		
3) Joe Cisneros FR	4) Josheb Benson FR		
10 UNIVERSITY SOUTH DAKOTA 'A'		3:53.97	2
1) Brandon Kovash FR	2) Ben Oberle SR		
3) Kyle Poss SO	4) Bryan Aberle JR		
11 MINOT STATE UNIVERSITY 'A'		4:00.64	1
1) Andy Palacio SR	2) Jordan Visina FR		
3) Ben Eder FR	4) Luis Elizondo SO		

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****Event 105 Women Distance Medley UCO**

Meet Record: * 12:11.53 4/20/1998 NORTH DAKOTA STATE, North
School Finals

1 UNIVERSITY OF MARY 'A'	12:15.14
1) Melissa Agnew FR	2) Brandee DeVine SR
3) Emilee Morehouse FR	4) Dakota Wolf FR
2 AUGUSTANA COLLEGE 'A'	12:31.74
1) Miriam Hovda FR	2) Allison Henke SO
3) Katie Hjerpe FR	4) Annie Pfeifle FR
3 AUGUSTANA COLLEGE 'B'	12:31.81
1) Molly Kokesh FR	2) Caitlin Polgreen SR
3) Rachel Biederman FR	4) Leah Hansen FR
4 DORDT 'A'	12:32.58
1) Nichole Duncan FR	2) Kari Van Beek SO
3) Sierra Zomer FR	4) Merissa Harkema FR
5 NORTHWESTERN COLLEGE 'A'	12:43.23
1) Jenna Sorensen JR	2) Elizabeth Stevens SO
3) Teresa Scholten SO	4) Charity Miles JR
6 AUGUSTANA COLLEGE 'C'	12:47.19
1) Megan Erspamer SO	2) Cecilie Udstuen FR
3) LeAnn Severson SO	4) Jillian Tholen SR
7 SO DAKOTA STATE UNIVERSIT 'A'	12:51.80
1) Tera Potts FR	2) Lindsey Thielen FR
3) Emily Smith JR	4) Amanda Frohling SR
8 DICKINSON STATE 'A'	13:55.64
1) Rayel McPeters SR	2) Vanessa Escobar SR
3) Samantha Pounds SO	4) Gladys Rotich SO

Event 106 Men Distance Medley UCO

Meet Record: * 10:12.45 4/18/2009 DAKOTA STATE, Dakota State
M. Fideler J. Megenhausen C. Foreman T. VanPeursem
School Finals

1 DAKOTA STATE UNIVERSITY 'A'	10:11.69*
1) Tyler VanPeursem SR	2) Cody Foreman SR
3) Matt Fideler JR	4) Anthony Drealan JR
2 AUGUSTANA COLLEGE 'B'	10:27.48
1) Daniel Black SR	2) Zach Morris JR
3) Jordan Slusser FR	4) Austin Vande Berg SR
3 AUGUSTANA COLLEGE 'A'	10:28.19
1) Brian Werner SR	2) Aduo Omot FR
3) Travis Beniak SO	4) Halvard Lang SO
4 UNIVERSITY OF MARY 'A'	10:39.53
1) Casey Jore FR	2) Jordan Davis FR
3) Eric Mohrbacher FR	4) Eamin Entwisle SO
5 SO DAKOTA STATE UNIVERSIT 'A'	10:39.97
1) Brad Anderson SO	2) Chris Hubbs FR
3) Kelly Hall SO	4) Kyle Schmidt FR
6 JAMESTOWN COLLEGE 'A'	11:05.52
1) Kendall Witzen SO	2) Kyle Heim FR
3) Ryan Heisler FR	4) Joseph Koerber JR
7 NORTHWESTERN COLLEGE 'A'	11:09.05
1) Jordan Vermeer	2) Adam Potter FR
3) Nick Tjeerdsma FR	4) Sean Guthmiller FR

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 106 Men Distance Medley UCO**

8 DORDT 'A'	11:26.54
1) Stephen Olson FR	2) David Riley FR
3) Jon Vroom SR	4) Nathan Scripps FR
-- BUENA VISTA UNIVERSITY 'A'	DNF
1) Jared Bruce FR	2) Alex Moore SR
3) Garrett Hill SR	4) Brian Christiansen FR

Event 107 Women Shot Put UCO

Meet Record: * 59-07 4/18/2009 RACHEL JANSEN, unattached							
Name	Year	School	Finals				
1 Rachel Jansen	FR	UNATTACHED	17.54m	57-06.50			
			16.06m	FOUL	FOUL	FOUL	15.96m 17.54m
2 Melodi Boke	SO	NO. STATE	14.09m	46-02.75			
			14.09m	13.25m	13.78m	FOUL	13.85m 13.52m
3 Morgan Darrow	JR	BUENA VISTA	13.78m	45-02.50			
			13.78m	13.42m	FOUL	FOUL	13.28m FOUL
4 Amanda Madden	SR	NO. STATE	13.69m	44-11.00			
			13.04m	12.78m	13.69m	FOUL	13.19m FOUL
5 Donna Lavea	JR	DAKOTA STATE	13.55m	44-05.50			
			12.75m	13.23m	13.43m	13.55m	13.23m 13.18m
6 Lachel Milander	SO	WAYNE STATE COLLEGE	13.07m	42-10.75			
			13.07m	FOUL	FOUL	13.02m	FOUL FOUL
7 Noel Bentele	JR	AUGUSTANA COLLEGE	12.52m	41-01.00			
			12.33m	FOUL	FOUL	12.52m	FOUL FOUL
8 Meghan Paul	FR	NO. STATE	12.35m	40-06.25			
			12.09m	12.16m	11.91m	11.68m	11.78m 12.35m
9 Christena Georgas	FR	SOUTH DAKOTA	12.34m	40-06.00			
			11.48m	FOUL	12.34m	11.92m	12.28m 12.29m
10 Tara Cockerill	FR	BRIAR CLIFF	12.12m	39-09.25			
			12.12m	FOUL	FOUL		
11 Kristen Nielsen	FR	AUGUSTANA COLLEGE	11.88m	38-11.75			
			11.34m	11.75m	11.88m		
12 Yvonne Freese	FR	NO. STATE	11.84m	38-10.25			
			11.84m	FOUL	11.41m		
13 Erica Krull	JR	SOUTH DAKOTA	11.79m	38-08.25			
			FOUL	11.79m	FOUL		
14 Bridget Healy	FR	U SIOUX FALL	11.72m	38-05.50			
			11.72m	11.21m	FOUL		
15 Devon Flowers	FR	MINOT STATE	11.71m	38-05.00			
			11.71m	FOUL	11.19m		
16 Danielle Fry	SO	NORTHWESTERN	11.66m	38-03.25			
			11.66m	FOUL	FOUL		
17 Ashley Larson	SR	SDSU	11.55m	37-10.75			
			11.41m	11.55m	10.72m		
18 Kayla Roemmich	FR	JAMESTOWN COLLEGE	11.51m	37-09.25			
			10.94m	FOUL	11.51m		
19 Liz Thompson	FR	U SIOUX FALL	11.50m	37-08.75			
			9.86m	11.50m	FOUL		
20 Avery Dennis	SO	U SIOUX FALL	11.45m	37-06.75			
			10.67m	11.45m	11.30m		
21 Jen Kirschbaum	FR	BRIAR CLIFF	11.23m	36-10.25			
			FOUL	11.23m	FOUL		

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 107 Women Shot Put UCO**

22	Jill Schlenker	JR JAMESTOWN COLLEGE	11.18m	36-08.25
	10.86m 10.52m 11.18m			
23	Allegra Kohley	SO DAKOTA STATE	10.97m	36-00.00
	10.11m FOUL 10.97m			
23	Rachel Smith	FR DORDT	10.97m	36-00.00
	10.85m 10.97m 10.83m			
25	Brittany Pearson	SO DAKOTA STATE	10.93m	35-10.50
	10.72m 10.93m FOUL			
26	Kelli Hoff	FR U SIOUX FALL	10.92m	35-10.00
	10.72m 10.74m 10.92m			
27	Sarah Wieseler	FR BRIAR CLIFF	10.84m	35-06.75
	FOUL 10.84m FOUL			
28	Becca Fischer	UNATTACHED	10.65m	34-11.25
	10.65m FOUL FOUL			
28	Crystal Schiernbeck	JR SOUTH DAKOTA	10.65m	34-11.25
	9.80m 10.49m 10.65m			
30	Darci Youngstrom	SO SOUTH DAKOTA	10.63m	34-10.50
	9.93m 10.54m 10.63m			
31	RaeChael Zabokrtsky	FR MORNINGSIDE COLLEGE	10.50m	34-05.50
	FOUL 10.50m FOUL			
32	Laura Maynard	FR MORNINGSIDE COLLEGE	10.41m	34-02.00
	9.94m 10.41m FOUL			
33	Amber Price	FR MORNINGSIDE COLLEGE	10.34m	33-11.25
	10.34m FOUL FOUL			
34	Katie Brech	SR MOUNT MARTY COLLEGE	9.91m	32-06.25
	9.52m 9.91m 9.81m			
35	Tanya Vassar	JR NO. STATE	9.88m	32-05.00
	9.21m 8.61m 9.88m			
36	Elizabeth Ogden	FR DICKINSON STATE	9.84m	32-03.50
	9.43m 9.84m 9.16m			
37	Jessie Dunbar	FR U SIOUX FALL	9.66m	31-08.50
	9.66m 9.16m 9.53m			
38	Christina Medeiros	FR UNIVERSITY OF MARY	9.65m	31-08.00
	9.65m FOUL FOUL			
39	Danielle Roeske	FR JAMESTOWN COLLEGE	9.19m	30-02.00
	8.89m 9.19m FOUL			
--	Brooke Garner	UNATTACHED	FOUL	
	FOUL FOUL FOUL			

Event 108 Men Shot Put UCO

Meet Record: * 684.50m 4/20/1998 STEVE SCHMIDT, Dakota Wesleyan					
Name	Year	School	Finals		
1 Ben Jacobson	JR	UNIVERSITY OF MARY	16.74m	54-11.25	
			15.80m 16.52m 16.11m 16.68m 15.99m 16.74m		
2 Aaron Jung	SO	AUGUSTANA COLLEGE	15.46m	50-08.75	
			FOUL 14.53m 15.46m FOUL FOUL		
3 Ben Walters		UNATTACHED	15.37m	50-05.25	
			14.84m 15.22m FOUL FOUL FOUL 15.37m		
4 Clayton Unruh	SR	DICKINSON STATE	15.18m	49-09.75	
			14.58m 15.18m FOUL FOUL FOUL FOUL		
5 Steven Ricke	SR	BUENA VISTA	14.76m	48-05.25	
			14.76m 14.53m 14.50m 14.24m FOUL 14.40m		

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 108 Men Shot Put UCO**

6	Robert Nelson	JR JAMESTOWN COLLEGE	14.67m	48-01.75
	13.88m FOUL 14.55m FOUL FOUL 14.67m			
7	Martel Pope	JR MINOT STATE	14.47m	47-05.75
	14.26m 14.13m 14.47m 14.41m 14.41m 14.14m			
8	Andy Simons	FR MORNINGSIDE COLLEGE	14.14m	46-04.75
	FOUL 13.76m 14.14m 14.14m FOUL FOUL			
9	Delron Innis	SR DICKINSON STATE	14.00m	45-11.25
	14.00m FOUL FOUL 13.82m FOUL 13.73m			
10	Paul Lundgren	JR NORTHWESTERN	13.89m	45-07.00
	13.47m 13.89m FOUL			
11	Tad Harman	SO UNIVERSITY OF MARY	13.83m	45-04.50
	13.52m 13.83m 13.36m			
12	Kiley Murra	SO NORTHWESTERN	13.77m	45-02.25
	13.76m FOUL 13.77m			
13	Brock Brewster	SO USD	13.69m	44-11.00
	FOUL 13.69m FOUL			
14	Sam Herauf	FR DICKINSON STATE	13.60m	44-07.50
	FOUL 13.60m 13.50m			
15	Tyler Lynch	JR AUGUSTANA COLLEGE	13.50m	44-03.50
	13.47m 13.07m 13.50m			
16	Dan Whipple	FR U SIOUX FALL	13.48m	44-02.75
	12.91m 13.48m 13.22m			
17	Jared Thompson	FR NO. STATE	13.47m	44-02.50
	13.47m FOUL 13.06m			
18	Mike Findley	FR JAMESTOWN COLLEGE	13.44m	44-01.25
	FOUL 12.27m 13.44m			
19	Jordan Premus	FR NO. STATE	13.37m	43-10.50
	13.21m 13.08m 13.37m			
20	William Dean	SR JAMESTOWN COLLEGE	13.15m	43-01.75
	FOUL FOUL 13.15m			
21	Orrin Burger	FR DORDT	13.09m	42-11.50
	12.49m 13.09m FOUL			
22	Jon Evenson	JR NO. STATE	12.81m	42-00.50
	12.81m 12.34m 12.78m			
23	Travis Uleman	FR MORNINGSIDE COLLEGE	12.65m	41-06.00
	12.52m 12.65m 11.88m			
24	Brandon Bodien	FR JAMESTOWN COLLEGE	12.18m	39-11.50
	12.18m FOUL FOUL			
25	Jeff Rieger	FR DAKOTA STATE	12.09m	39-08.00
	FOUL FOUL 12.09m			
26	Jacob Chambers	SO MORNINGSIDE COLLEGE	12.03m	39-05.75
	12.03m 11.69m 12.00m			
27	Kyle Brunsting	SO USD	11.64m	38-02.25
	11.24m 11.64m FOUL			
28	Jameel Cunningham	FR BRIAR CLIFF	11.61m	38-01.25
	11.61m FOUL 11.42m			
29	Chad Van Ravenswaay	SO NORTHWESTERN	11.59m	38-00.25
	FOUL 11.59m 11.54m			
30	Landon Laveranz	JR U SIOUX FALL	11.48m	37-08.00
	FOUL 11.04m 11.48m			
31	Jay Bachman	FR JAMESTOWN COLLEGE	11.43m	37-06.00
	10.40m 10.77m 11.43m			
32	Casey Burke	SO DORDT	11.17m	36-07.75
	10.56m FOUL 11.17m			

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 108 Men Shot Put UCO**

33 Tyler Maxwell	FR USD	11.06m	36-03.50
FOUL 11.06m FOUL			
34 Peter Prostrollo	FR MOUNT MARTY COLLEGE	9.71m	31-10.25
9.58m 9.48m 9.71m			

Event 109 Women Discus Throw UCO

Meet Record: * 168-00 4/20/1998 NANCY OVERMAN, South Dakota State				
Name	Year	School	Finals	
1 Brooke Garner		UNATTACHED	47.72m	156-07
45.80m 47.72m FOUL FOUL FOUL 43.56m				
2 Amanda Madden		SR NO. STATE	42.70m	140-01
41.69m 41.66m 42.70m FOUL FOUL 42.20m				
3 Rachel Christiansen		JR AUGUSTANA COLLEGE	42.50m	139-05
42.50m 40.67m 41.63m 40.77m 42.35m 41.93m				
4 Danielle Fry		SO NORTHWESTERN	41.97m	137-08
FOUL FOUL 41.97m 36.38m 38.70m FOUL				
5 Shara Thompson		SO SDSU	39.63m	130-00
FOUL 37.46m 36.30m 39.21m 38.43m 39.63m				
6 Katie Smith		SR NO. STATE	38.99m	127-11
34.55m 33.37m 38.99m 36.16m 35.51m FOUL				
7 Kayla Roemmich		FR JAMESTOWN COLLEGE	38.16m	125-02
37.75m 37.44m 37.38m 38.16m FOUL FOUL				
8 Jill Schlenker		JR JAMESTOWN COLLEGE	37.66m	123-07
34.57m 34.40m 37.66m 35.31m FOUL FOUL				
9 Brittany Pearson		SO DAKOTA STATE	37.44m	122-10
37.27m 37.44m 36.54m 36.93m 35.23m FOUL				
10 Rachel Kruse		FR U SIOUX FALL	37.36m	122-07
35.69m 37.36m FOUL				
11 Kelli Hoff		FR U SIOUX FALL	37.30m	122-04
33.52m 36.90m 37.30m				
12 Emily Wells		FR WAYNE STATE COLLEGE	37.25m	122-02
28.34m 28.67m 37.25m				
13 Bridget Healy		FR U SIOUX FALL	37.19m	122-00
FOUL 37.19m FOUL				
14 Yvonne Freese		FR NO. STATE	36.88m	121-00
FOUL FOUL 36.88m				
15 Devon Flowers		FR MINOT STATE	36.80m	120-09
35.43m 34.28m 36.80m				
16 Ashley Larson		SR SDSU	36.65m	120-03
35.68m 36.65m 34.89m				
17 Avery Dennis		SO U SIOUX FALL	36.42m	119-06
FOUL 36.42m FOUL				
18 Christena Georgas		FR SOUTH DAKOTA	36.37m	119-04
FOUL 34.69m 36.37m				
19 Rachel Smith		FR DORDT	35.70m	117-01
FOUL 35.70m 33.11m				
20 Erica Krull		JR SOUTH DAKOTA	35.67m	117-00
35.67m FOUL FOUL				
21 RaeChael Zabokrtsky		FR MORNINGSIDE COLLEGE	35.53m	116-07
33.25m 34.60m 35.53m				
22 Jodi Nordquist		FR WAYNE STATE COLLEGE	35.46m	116-04
35.46m FOUL 34.79m				

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23	Kara DenHerder	JR NORTHWESTERN	34.63m	113-07
	31.55m 34.63m 34.11m			
24	Krystal Lacey	FR NO. STATE	33.89m	111-02
	31.80m 32.40m 33.89m			
25	Elizabeth Ogden	FR DICKINSON STATE	33.54m	110-00
	31.44m 33.20m 33.54m			
26	Liz Thompson	FR U SIOUX FALL	32.95m	108-01
	FOUL FOUL 32.95m			
27	Amber Johnson	FR WAYNE STATE COLLEGE	31.88m	104-07
	31.32m 31.88m 28.52m			
28	Baiba Ferguson	FR BRIAR CLIFF	30.34m	99-06
	29.22m 30.28m 30.34m			
29	Kristen Nielsen	FR AUGUSTANA COLLEGE	29.82m	97-10
	29.82m FOUL FOUL			
30	Tara Cockerill	FR BRIAR CLIFF	28.68m	94-01
	28.68m FOUL FOUL			
31	Christina Medeiros	FR UNIVERSITY OF MARY	27.20m	89-03
	27.20m FOUL FOUL			
--	Becca Fischer	UNATTACHED	FOUL	
	FOUL FOUL FOUL			
--	Sable Lems	FR NORTHWESTERN	FOUL	
	FOUL FOUL FOUL			

Event 110 Men Discus Throw UCO

=====				
Meet Record: * 2393.00m 4/21/1999 MARK WHITE, unattached				
Name	Year	School	Finals	
=====				
1	Robert Nelson	JR JAMESTOWN COLLEGE	48.13m	157-11
	45.91m 48.13m 46.33m	FOUL FOUL FOUL		
2	Todd Davis	UNATTACHED	46.55m	152-09
	46.55m FOUL 45.65m	FOUL FOUL FOUL		
3	Travis Kroger	SO UNATTACHED	44.36m	145-06
	42.03m 42.14m 41.86m	44.36m FOUL 40.69m		
4	Ben Jacobson	JR UNIVERSITY OF MARY	44.11m	144-09
	41.99m 43.79m 41.66m	43.15m 42.03m 44.11m		
5	Dan Probst	UNATTACHED	43.97m	144-03
	43.80m 43.97m FOUL	FOUL FOUL FOUL		
6	Tyler Schmidkunz	SO DICKINSON STATE	42.28m	138-08
	42.28m FOUL 39.93m	FOUL 41.48m FOUL		
7	Brett Heidema	SR DORDT	42.24m	138-07
	41.91m 39.21m FOUL	42.24m 41.54m 41.38m		
8	Tyler Lynch	JR AUGUSTANA COLLEGE	41.93m	137-07
	41.85m 41.93m FOUL	FOUL 41.06m 40.07m		
9	Ryan Ackman	FR UNATTACHED	41.81m	137-02
	41.81m 41.44m 38.96m	40.27m 38.46m FOUL		
10	Jake Versteeg	SO U SIOUX FALL	41.44m	135-11
	40.58m FOUL 41.44m			
11	Paul Lundgren	JR NORTHWESTERN	41.00m	134-06
	FOUL FOUL 41.00m			
12	Aaron Jung	SO AUGUSTANA COLLEGE	40.83m	133-11
	FOUL 39.63m 40.83m			
13	Jon Evenson	JR NO. STATE	40.48m	132-10
	FOUL FOUL 40.48m			

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 110 Men Discus Throw UCO**

14 Mike Findley	FR JAMESTOWN COLLEGE	40.06m	131-05
FOUL 40.06m FOUL			
15 Tad Harman	SO UNIVERSITY OF MARY	39.40m	129-03
39.40m 38.31m 38.71m			
16 Tim Martens	UNATTACHED	39.24m	128-09
FOUL 39.24m FOUL			
17 Kiley Murra	SO NORTHWESTERN	38.43m	126-01
38.43m FOUL FOUL			
18 John Huber	JR NO. STATE	37.59m	123-04
FOUL 37.59m FOUL			
18 Jacob Mathieson	SR WAYNE STATE COLLEGE	37.59m	123-04
FOUL 37.59m FOUL			
20 Jeff Rieger	FR DAKOTA STATE	37.21m	122-01
37.21m FOUL 37.05m			
21 Jerad Aasen	SO MINOT STATE	37.00m	121-05
30.76m 37.00m FOUL			
22 Andy Simons	FR MORNINGSIDE COLLEGE	36.91m	121-01
32.63m 35.32m 36.91m			
23 Jacob Berger	FR JAMESTOWN COLLEGE	36.82m	120-10
35.29m 36.82m 36.07m			
24 Kyle O'Neill	SO WAYNE STATE COLLEGE	36.74m	120-06
FOUL 36.74m FOUL			
25 Adam Hinds	JR BRIAR CLIFF	35.75m	117-03
FOUL 35.48m 35.75m			
26 Andy Dougherty	UNATTACHED	35.47m	116-04
FOUL FOUL 35.47m			
27 Cody York	FR BRIAR CLIFF	35.40m	116-02
35.40m FOUL 34.93m			
28 Michael Becker	FR BRIAR CLIFF	34.71m	113-10
FOUL FOUL 34.71m			
29 Jordan Premus	FR NO. STATE	33.23m	109-00
FOUL 32.08m 33.23m			
30 Landon Laveranz	JR U SIOUX FALL	33.04m	108-05
FOUL 33.04m FOUL			
31 Zach Gaugler	JR MINOT STATE	31.60m	103-08
FOUL 28.90m 31.60m			
32 Luke Gaugler	FR MINOT STATE	28.53m	93-07
FOUL 28.53m FOUL			
33 Henry Hauger	SO MOUNT MARTY COLLEGE	28.06m	92-01
28.00m 28.06m 27.61m			
34 Casey Burke	SO DORDT	26.74m	87-09
26.74m FOUL FOUL			
-- William Dean	SR JAMESTOWN COLLEGE	FOUL	
FOUL FOUL FOUL			
-- Orrin Burger	FR DORDT	FOUL	
FOUL FOUL FOUL			
-- Chad Van Ravenswaay	SO NORTHWESTERN	FOUL	
FOUL FOUL FOUL			
-- Martel Pope	JR MINOT STATE	FOUL	
FOUL FOUL FOUL			

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010

Olsen Stadium

Results

Event 111 Women Long Jump UCO

Meet Record: * 18-11.50 4/21/2001 MEREDITH DAVIS, Morningside						
Name	Year	School	Finals	Wind		
1 Melissa Walker	FR	UNIVERSITY OF MARY	5.43m	NWI	17-09.75	
5.23m(-0.0) FOUL		5.31m(-0.0)	5.43m(-0.0)	5.34m(-0.0)	5.27m(-0.0)	
2 Crystal Schiernbeck	JR	SOUTH DAKOTA	5.39m	NWI	17-08.25	
FOUL	5.25m(-0.0)	5.21m(-0.0)	5.39m(-0.0)	PASS	PASS	
3 Kaitlin Troost	FR	DORDT	5.23m	NWI	17-02.00	
FOUL	4.91m(-0.0)	4.78m(-0.0)	4.83m(-0.0)	FOUL	5.23m(-0.0)	
4 Crystal Vander Zee	SO	DORDT	5.15m	NWI	16-10.75	
4.82m(-0.0)	4.89m(-0.0)	4.84m(-0.0)	5.15m(-0.0)	5.04m(-0.0)	5.11m(-0.0)	
5 Brittany Beehler	SO	UNIVERSITY OF MARY	J5.15m	NWI	16-10.75	
FOUL	4.99m(-0.0)	5.15m(-0.0)	4.93m(-0.0)	4.94m(-0.0)	4.99m(-0.0)	
6 Samantha Williams	FR	UNIVERSITY OF MARY	5.14m	NWI	16-10.50	
4.99m(-0.0)	4.70m(-0.0)	4.75m(-0.0)	FOUL	5.14m(-0.0)	5.04m(-0.0)	
7 Dana Riter	SO	MOUNT MARTY COLLEGE	J5.14m	NWI	16-10.50	
5.14m(-0.0)	4.84m(-0.0)	4.92m(-0.0)	4.82m(-0.0)	4.86m(-0.0)	5.01m(-0.0)	
8 Amber Krogstad	JR	DAKOTA STATE	5.07m	NWI	16-07.75	
5.07m(-0.0)	4.80m(-0.0)	4.81m(-0.0)	4.48m(-0.0)	4.73m(-0.0)	4.82m(-0.0)	
9 Alissa Klose	JR	MINOT STATE	5.02m	NWI	16-05.75	
4.85m(-0.0)	4.99m(-0.0)	5.02m(-0.0)	4.70m(-0.0)	4.92m(-0.0)	4.66m(-0.0)	
10 Nikki Hanish	FR	BUENA VISTA	4.85m	NWI	15-11.00	
4.79m(-0.0) FOUL		4.85m(-0.0)				
11 Tia Haines	SR	SOUTH DAKOTA	4.83m	NWI	15-10.25	
4.83m(-0.0)	4.74m(-0.0)	FOUL				
12 Jennifer Hartman	SO	DICKINSON STATE	4.77m	NWI	15-07.75	
FOUL	4.77m(-0.0)	FOUL				
13 Briana Wubben	FR	DORDT	4.76m	NWI	15-07.50	
FOUL	4.68m(-0.0)	4.76m(-0.0)				
14 Carissa Hotovy	SO	AUGUSTANA COLLEGE	4.69m	NWI	15-04.75	
4.63m(-0.0)	4.69m(-0.0)	4.68m(-0.0)				
15 Meagan Grandgenett	SO	AUGUSTANA COLLEGE	4.64m	-1.1	15-02.75	
4.64m(-1.1)	4.48m(-1.2)	FOUL				
16 Deidre Hinkeldey	SO	MORNINGSIDE COLLEGE	4.63m	NWI	15-02.25	
4.63m(-0.0) FOUL		4.62m(-0.0)				
17 Claire Severson	SR	AUGUSTANA COLLEGE	4.50m	+0.0	14-09.25	
FOUL	4.50m(+0.0)	4.49m(-1.6)				
18 Liz Benjamin	FR	BRIAR CLIFF	4.48m	NWI	14-08.50	
4.42m(-0.0)	4.48m(-0.0)	4.33m(-0.0)				
19 Milena Brikic	JR	DICKINSON STATE	4.45m	NWI	14-07.25	
FOUL	4.45m(-0.0)	3.99m(-0.0)				
20 Kara Maas	FR	U SIOUX FALL	4.37m	NWI	14-04.00	
4.29m(-0.0)	4.34m(-0.0)	4.37m(-0.0)				
21 Shayla Wrage	FR	WAYNE STATE COLLEGE	4.14m	NWI	13-07.00	
4.00m(-0.0)	4.14m(-0.0)	4.06m(-0.0)				
22 Alicia Letcher	JR	MOUNT MARTY COLLEGE	4.13m	NWI	13-06.75	
4.05m(-0.0) FOUL		4.13m(-0.0)				
23 Lael Radde	FR	DORDT	4.00m	NWI	13-01.50	
FOUL	3.94m(-0.0)	4.00m(-0.0)				
24 Molly Sippel	FR	BUENA VISTA	3.87m	NWI	12-08.50	
FOUL	3.87m(-0.0)	3.87m(-0.0)				

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****Event 112 Men Long Jump UCO**

Meet Record: * 303.00m 4/21/1997 ANDREW OWUSU, unattached						
Name	Year	School	Finals	Wind		
1 Calvin McGruder	JR	NO. STATE	7.19m	NWI	23-07.25	
6.60m(-0.0)	6.94m(-0.0)	7.15m(-0.0)	7.19m(-0.0)	7.15m(-0.0)	7.01m(-0.0)	
2 Trevor Mau	FR	NO. STATE	7.00m	NWI	22-11.75	
7.00m(-0.0)	FOUL	6.38m(-0.0)	FOUL	6.56m(-0.0)	6.55m(-0.0)	
3 Chad Pinkelman	SO	USD	6.84m	NWI	22-05.25	
6.70m(-0.0)	6.84m(-0.0)	6.75m(-0.0)	6.80m(-0.0)	6.55m(-0.0)	6.76m(-0.0)	
4 Thomas Hartwell	FR	UNIVERSITY OF MARY	6.74m	NWI	22-01.50	
6.60m(-0.0)	6.74m(-0.0)	6.46m(-0.0)	6.36m(-0.0)	6.47m(-0.0)	6.58m(-0.0)	
5 Tyler Heitman	FR	MORNINGSIDE COLLEGE	6.69m	NWI	21-11.50	
6.69m(-0.0)	6.60m(-0.0)	6.53m(-0.0)	6.06m(-0.0)	6.48m(-0.0)	6.68m(-0.0)	
6 Andre Moore	FR	UNIVERSITY OF MARY	6.52m	NWI	21-04.75	
6.52m(-0.0)	FOUL	PASS	PASS	FOUL	6.44m(-0.0)	
7 Kyle Groon		UNATTACHED	6.51m	NWI	21-04.25	
FOUL	FOUL	6.51m(-0.0)	FOUL	FOUL	FOUL	
8 Bryce Harshman	FR	BRIAR CLIFF	6.35m	NWI	20-10.00	
6.28m(-0.0)	6.34m(-0.0)	FOUL	6.27m(-0.0)	6.22m(-0.0)	6.35m(-0.0)	
9 Ossie Dukes	FR	UNIVERSITY OF MARY	6.34m	NWI	20-09.75	
5.91m(-0.0)	6.34m(-0.0)	6.33m(-0.0)	5.83m(-0.0)	FOUL	6.28m(-0.0)	
10 Cody Linder	SO	USD	6.26m	NWI	20-06.50	
6.26m(-0.0)	FOUL	6.20m(-0.0)				
11 Stacey Berg	FR	DAKOTA STATE	6.21m	NWI	20-04.50	
6.09m(-0.0)	FOUL	6.21m(-0.0)				
12 Dave Thomas	FR	BRIAR CLIFF	6.14m	NWI	20-01.75	
6.14m(-0.0)	6.03m(-0.0)	6.01m(-0.0)				
13 Lucas Delacruz		UNATTACHED	6.12m	NWI	20-01.00	
FOUL	5.93m(-0.0)	6.12m(-0.0)				
14 Josh Ewalt	JR	JAMESTOWN COLLEGE	6.09m	NWI	19-11.75	
6.09m(-0.0)	5.94m(-0.0)	5.78m(-0.0)				
15 Austin Suther	SO	NO. STATE	6.08m	NWI	19-11.50	
6.02m(-0.0)	6.08m(-0.0)	FOUL				
16 Austin Schneiders	FR	MORNINGSIDE COLLEGE	6.06m	NWI	19-10.75	
6.06m(-0.0)	5.78m(-0.0)	FOUL				
17 Joe Lammers	SO	DORDT	6.05m	NWI	19-10.25	
5.88m(-0.0)	5.77m(-0.0)	6.05m(-0.0)				
18 Zach Bakke	FR	DAKOTA STATE	5.99m	NWI	19-08.00	
5.99m(-0.0)	5.94m(-0.0)	5.66m(-0.0)				
19 Michael King	FR	WAYNE STATE COLLEGE	5.98m	NWI	19-07.50	
FOUL	5.98m(-0.0)	FOUL				
20 Tyler Walker	FR	NORTHWESTERN	5.97m	NWI	19-07.00	
5.97m(-0.0)	FOUL	5.74m(-0.0)				
21 Adam Schwery	FR	BRIAR CLIFF	5.96m	NWI	19-06.75	
FOUL	FOUL	5.96m(-0.0)				
22 Phillip Carmody	SO	DAKOTA STATE	5.89m	NWI	19-04.00	
5.61m(-0.0)	5.78m(-0.0)	5.89m(-0.0)				
23 Canyon Parcell	SO	DICKINSON STATE	5.87m	NWI	19-03.25	
5.87m(-0.0)	5.80m(-0.0)	5.73m(-0.0)				
24 Travis Kamm	JR	NO. STATE	5.79m	NWI	19-00.00	
5.79m(-0.0)	5.47m(-0.0)	FOUL				
25 Brandon Frey	SO	MOUNT MARTY COLLEGE	5.77m	NWI	18-11.25	
5.77m(-0.0)	5.51m(-0.0)	5.45m(-0.0)				
26 Zak Kjolsing	SO	NO. STATE	5.72m	NWI	18-09.25	
FOUL	5.72m(-0.0)	FOUL				

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 112 Men Long Jump UCO**

27	Zack Mullins	SO BRIAR CLIFF	5.68m	NWI	18-07.75
	5.54m(-0.0)	5.38m(-0.0)	5.68m(-0.0)		
28	Austin Eichacker	FR SDSU	5.63m	NWI	18-05.75
	5.63m(-0.0)	5.33m(-0.0)	FOUL		
29	Alex Moore	SR BUENA VISTA	5.59m	NWI	18-04.25
	5.59m(-0.0)	5.54m(-0.0)	5.31m(-0.0)		
29	Jordan Visina	FR MINOT STATE	5.59m	NWI	18-04.25
	5.50m(-0.0)	5.59m(-0.0)	FOUL		
31	David Wilch	FR MORNINGSIDE COLLEGE	5.53m	NWI	18-01.75
	5.53m(-0.0)	5.31m(-0.0)	5.22m(-0.0)		
32	Ryan Gass	JR MORNINGSIDE COLLEGE	5.40m	NWI	17-08.75
	FOUL	5.40m(-0.0)	PASS		
33	Tom Merkwan	JR D WESLEY	5.38m	NWI	17-08.00
	FOUL	5.38m(-0.0)	5.34m(-0.0)		
--	Stefan Peterson	SO BUENA VISTA	FOUL		
	FOUL	FOUL	FOUL		
--	Lucas Peterson	JR NORTHWESTERN	FOUL		
	FOUL	FOUL	FOUL		

Event 113 Women High Jump UCO

Meet Record: * 5-10.50 4/20/1998 DAWN PUTMAN-VINYARD, Buena Vista

Name	Year	School	Finals
1 Kendra De Jong	FR	NORTHWESTERN	1.68m 5-06.00
2 Danielle Rowe	JR	DAKOTA STATE	1.63m 5-04.25
3 Kristy Schaaf	FR	BRIAR CLIFF	1.58m 5-02.25
4 Jennifer Hartman	SO	DICKINSON STATE	J1.58m 5-02.25
5 Savannah Wakeley	FR	WAYNE STATE COLLEGE	J1.58m 5-02.25
6 Mallory Johannes	FR	JAMESTOWN COLLEGE	1.53m 5-00.25
7 Sarah Skipper	JR	JAMESTOWN COLLEGE	J1.53m 5-00.25
8 Brittany Beehler	SO	UNIVERSITY OF MARY	J1.53m 5-00.25
8 Tanya Vassar	JR	NO. STATE	J1.53m 5-00.25
9 Karissa Pepin	SO	AUGUSTANA COLLEGE	J1.53m 5-00.25
11 Briana Schaeuble	FR	MORNINGSIDE COLLEGE	1.48m 4-10.25
11 Jill Lockie	JR	MINOT STATE	1.48m 4-10.25
11 Mollie O'Mara	FR	BRIAR CLIFF	1.48m 4-10.25
11 Liz Ahrendsen	JR	BUENA VISTA	1.48m 4-10.25
11 Stephanie Uher	FR	DAKOTA STATE	1.48m 4-10.25
11 Briana Wubben	FR	DORDT	1.48m 4-10.25
-- Crystal Schiernbeck	JR	SOUTH DAKOTA	NH
-- Kallie Merrill	JR	JAMESTOWN COLLEGE	NH
-- Karina Wierenga	SR	DORDT	NH
-- Kelly Schilling	SR	MOUNT MARTY COLLEGE	NH
-- Dani Warren	SO	MINOT STATE	NH

Event 114 Men High Jump UCO

Meet Record: * 84.00m 4/22/1995 DON WOLF, Buena Vista

Name	Year	School	Finals
1 Clay Pagels	FR	BRIAR CLIFF	2.04m 6-08.25
2 Kyle Groon		UNATTACHED	1.99m 6-06.25
3 Eric Bauder		UNATTACHED	1.94m 6-04.25
4 Trevor Lopour	FR	MOUNT MARTY COLLEGE	J1.94m 6-04.25

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 114 Men High Jump UCO**

4	Frank Thompson	JR D WESLEY	J1.94m	6-04.25
6	Andrew Rose	JR NO. STATE	J1.94m	6-04.25
7	Curtis Rife	FR MORNINGSIDE COLLEGE	1.89m	6-02.25
7	Ryan Gass	JR MORNINGSIDE COLLEGE	1.89m	6-02.25
7	Calvin McGruder	JR NO. STATE	1.89m	6-02.25
7	Mark Mineart	SO NORTHWESTERN	1.89m	6-02.25
7	Cory Sugden	FR AUGUSTANA COLLEGE	1.89m	6-02.25
12	Travis Kamm	JR NO. STATE	1.84m	6-00.50
12	Sam Meinders	FR BUENA VISTA	1.84m	6-00.50
12	Alex Liberty	UNATTACHED	1.84m	6-00.50
12	Lance Nemece	SR UNIVERSITY OF MARY	1.84m	6-00.50
16	Jacob Pohlmann	FR AUGUSTANA COLLEGE	1.79m	5-10.50
16	Jeff Seagren	SR UNATTACHED	1.79m	5-10.50
16	Cody McCargar	SO UNIVERSITY OF MARY	1.79m	5-10.50
16	Tyler Maxwell	FR USD	1.79m	5-10.50
16	Sam Du Mez	SO DORDT	1.79m	5-10.50
16	Canyon Parcell	SO DICKINSON STATE	1.79m	5-10.50
--	Kyle Heidema	SO DORDT	NH	
--	Phillip Rodriguez	FR MINOT STATE	NH	
--	Bryce Reinders	FR BRIAR CLIFF	NH	
--	Matt Zilverberg	FR U SIOUX FALL	NH	
--	Chad Pinkelman	SO USD	NH	
--	Chancy Cameron	SO DAKOTA STATE	NH	

Event 115 Women Triple Jump UCO

Meet Record: * 37-11 4/22/2002 BRIANNE VETTE, South Dakota						
Name	Year	School	Finals	Wind		
1	Melissa Walker	FR UNIVERSITY OF MARY	11.71m	NWI	38-05.00	
	10.79m(-0.0)	11.71m(-0.0)	11.41m(-0.0)	FOUL	10.88m(-0.0)	FOUL
2	Samantha Williams	FR UNIVERSITY OF MARY	11.53m	NWI	37-10.00	
	11.35m(-0.0)	11.23m(-0.0)	11.53m(-0.0)	11.40m(-0.0)	FOUL	11.26m(-0.0)
3	Alissa Klose	JR MINOT STATE	11.05m	NWI	36-03.00	
	10.65m(-0.0)	10.92m(-0.0)	10.90m(-0.0)	10.82m(-0.0)	11.03m(-0.0)	11.05m(-0.0)
4	Tia Haines	SR SOUTH DAKOTA	10.97m	NWI	36-00.00	
	FOUL	FOUL	10.88m(-0.0)	10.97m(-0.0)	10.85m(-0.0)	10.85m(-0.0)
5	Crystal Vander Zee	SO DORDT	10.94m	NWI	35-10.75	
	10.94m(-0.0)	10.78m(-0.0)	10.40m(-0.0)	10.26m(-0.0)	10.64m(-0.0)	10.25m(-0.0)
6	Amber Krogstad	JR DAKOTA STATE	10.85m	NWI	35-07.25	
	10.41m(-0.0)	10.85m(-0.0)	10.46m(-0.0)	FOUL	10.30m(-0.0)	10.33m(-0.0)
7	Milena Brikic	JR DICKINSON STATE	10.58m	NWI	34-08.50	
	10.13m(-0.0)	10.27m(-0.0)	10.58m(-0.0)	FOUL	9.61m(-0.0)	8.95m(-0.0)
8	Liz Benjamin	FR BRIAR CLIFF	10.56m	NWI	34-07.75	
	10.13m(-0.0)	10.38m(-0.0)	10.51m(-0.0)	FOUL	10.56m(-0.0)	10.13m(-0.0)
9	Megan Dias	FR WAYNE STATE COLLEGE	10.48m	NWI	34-04.75	
	10.11m(-0.0)	10.48m(-0.0)	10.02m(-0.0)	FOUL	9.98m(-0.0)	FOUL
10	Kara Maas	FR U SIOUX FALL	10.44m	NWI	34-03.00	
	9.62m(-0.0)	10.44m(-0.0)	10.14m(-0.0)			
11	Dana Riter	SO MOUNT MARTY COLLEGE	10.35m	NWI	33-11.50	
	FOUL	10.35m(-0.0)	10.03m(-0.0)			
12	Brianne Hofstetter	SO WAYNE STATE COLLEGE	10.34m	NWI	33-11.25	
	10.28m(-0.0)	10.34m(-0.0)	FOUL			
13	Karissa Pepin	SO AUGUSTANA COLLEGE	10.15m	0.7	33-03.75	
	9.36m(0.6)	9.17m(+0.0)	10.15m(0.7)			

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 115 Women Triple Jump UCO**

14 Sarah Weidler	SO D WESLEY	10.13m	NWI	33-03.00
FOUL	9.76m(-0.0) 10.13m(-0.0)			
15 Hilary Gorder	FR NO. STATE	10.07m	NWI	33-00.50
FOUL	10.07m(-0.0) 9.80m(-0.0)			
16 Deresha Harrison	FR DICKINSON STATE	9.54m	NWI	31-03.75
FOUL	9.54m(-0.0) FOUL			
17 Heidi Hildebrandt	JR NORTHWESTERN	9.36m	NWI	30-08.50
	9.36m(-0.0) 9.17m(-0.0) 8.83m(-0.0)			
18 Alicia Letcher	JR MOUNT MARTY COLLEGE	9.25m	NWI	30-04.25
	8.96m(-0.0) 9.25m(-0.0) 9.18m(-0.0)			

Event 116 Men Triple Jump UCO

Meet Record: * 666.00m 4/22/1998 ANDREW OWUSU, unattached					
Name	Year School	Finals	Wind		
1 Cody Linder	SO USD	14.53m	NWI	47-08.00	
FOUL	14.03m(-0.0) 14.43m(-0.0) 14.53m(-0.0)	FOUL		14.52m(-0.0)	
2 Chad Pinkelman	SO USD	14.10m	NWI	46-03.25	
FOUL	13.58m(-0.0) FOUL FOUL FOUL	14.10m(-0.0)			
3 Alex Timperley	SO WAYNE STATE COLLEGE	14.01m	NWI	45-11.75	
	14.01m(-0.0) FOUL 13.44m(-0.0) 13.85m(-0.0) 13.80m(-0.0)	FOUL			
4 Andre Moore	FR UNIVERSITY OF MARY	13.99m	NWI	45-10.75	
FOUL	FOUL 13.99m(-0.0) 13.76m(-0.0) FOUL	FOUL			
5 Tyler Heitman	FR MORNINGSIDE COLLEGE	13.75m	NWI	45-01.50	
	13.74m(-0.0) 13.73m(-0.0) FOUL 13.20m(-0.0)	FOUL		13.75m(-0.0)	
6 Bryce Harshman	FR BRIAR CLIFF	13.61m	NWI	44-08.00	
	13.43m(-0.0) FOUL FOUL 13.14m(-0.0)	FOUL		13.61m(-0.0)	
7 Thomas Hartwell	FR UNIVERSITY OF MARY	13.57m	NWI	44-06.25	
	13.57m(-0.0) 13.15m(-0.0) 13.53m(-0.0) FOUL	13.31m(-0.0)		13.30m(-0.0)	
8 Tyler Zacher	JR UNIVERSITY OF MARY	13.44m	NWI	44-01.25	
FOUL	FOUL 13.44m(-0.0) 12.80m(-0.0) 13.38m(-0.0)	FOUL			
9 Derrik Fossum	FR D WESLEY	13.42m	NWI	44-00.50	
FOUL	13.42m(-0.0) FOUL FOUL FOUL	FOUL			
9 Travis Kamm	JR NO. STATE	13.42m	NWI	44-00.50	
	13.42m(-0.0) 12.96m(-0.0) FOUL 13.23m(-0.0)	13.20m(-0.0)		FOUL	
11 Trevor Holleman	SR U SIOUX FALL	13.39m	NWI	43-11.25	
	13.26m(-0.0) 13.39m(-0.0) FOUL				
12 Dave Thomas	FR BRIAR CLIFF	13.31m	NWI	43-08.00	
	13.31m(-0.0) 13.08m(-0.0) 12.07m(-0.0)				
13 Jeff Seagren	SR UNATTACHED	13.26m	NWI	43-06.00	
	13.11m(-0.0) FOUL 13.26m(-0.0)				
14 Trevor Mau	FR NO. STATE	13.13m	NWI	43-01.00	
FOUL	13.13m(-0.0) FOUL				
15 Zack Mullins	SO BRIAR CLIFF	13.10m	NWI	42-11.75	
	13.10m(-0.0) FOUL FOUL				
16 Lucas Sirek	FR WAYNE STATE COLLEGE	13.03m	NWI	42-09.00	
FOUL	FOUL 13.03m(-0.0)				
17 Ben Mitchell	FR SDSU	12.92m	NWI	42-04.75	
	12.61m(-0.0) 12.48m(-0.0) 12.92m(-0.0)				
18 Austin Schneiders	FR MORNINGSIDE COLLEGE	12.77m	NWI	41-10.75	
	12.57m(-0.0) 12.56m(-0.0) 12.77m(-0.0)				
19 Caleb Young	FR BRIAR CLIFF	12.53m	NWI	41-01.50	
	12.53m(-0.0) FOUL FOUL				

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 116 Men Triple Jump UCO**

20	Tyler Walker	FR NORTHWESTERN	12.52m	NWI	41-01.00
	FOUL FOUL	12.52m(-0.0)			
21	Ossie Dukes	FR UNIVERSITY OF MARY	12.48m	NWI	40-11.50
	12.14m(-0.0) 12.48m(-0.0) 12.39m(-0.0)				
22	Tim Krueger	FR U SIOUX FALL	12.40m	NWI	40-08.25
	FOUL FOUL	12.40m(-0.0)			
23	Mike Bredeson	FR SDSU	12.29m	NWI	40-04.00
	FOUL FOUL	12.29m(-0.0)			
24	Mac Collins	FR DICKINSON STATE	12.10m	NWI	39-08.50
	FOUL FOUL	12.10m(-0.0)			
25	Jacob Martens	FR U SIOUX FALL	11.91m	NWI	39-01.00
	11.91m(-0.0) FOUL FOUL				
--	Paul Mallory	SO AUGUSTANA COLLEGE	FOUL		
	FOUL FOUL FOUL				
--	Austin Eichacker	FR SDSU	FOUL		
	FOUL FOUL FOUL				
--	Jeff Sebern	JR USD	FOUL		
	FOUL FOUL FOUL				
--	Jordan Visina	FR MINOT STATE	FOUL		
	FOUL FOUL FOUL				

Event 117 Women Javelin Throw UCO

Meet Record: * 142-10 4/19/2005 JEN BUYSKE, Augustana

Name	Year School	Finals	
1 Shelby Walsh	FR MINOT STATE	37.60m	123-04
2 Beth Segerholm	FR JAMESTOWN COLLEGE	36.06m	118-04
3 Britlyn Sturlaugson	FR NO. STATE	34.86m	114-04
4 Rachel Christiansen	JR AUGUSTANA COLLEGE	J34.86m	114-04
5 Becca Price	JR JAMESTOWN COLLEGE	34.67m	113-09
6 Kim Anderson	FR NO. STATE	32.37m	106-02
7 Rachel Bickford	JR JAMESTOWN COLLEGE	31.27m	102-07
8 Kallie Merrill	JR JAMESTOWN COLLEGE	30.32m	99-06
9 Brittany Pearson	SO DAKOTA STATE	29.61m	97-02
10 Paige Pollard	SO WAYNE STATE COLLEGE	29.01m	95-02
11 Rachel Kruse	FR U SIOUX FALL	28.39m	93-02
12 Brianne Hofstetter	SO WAYNE STATE COLLEGE	28.36m	93-00
13 Kalifornia Gray	FR MORNINGSIDE COLLEGE	28.17m	92-05
14 Heather Cellmer	SO JAMESTOWN COLLEGE	28.10m	92-02
15 Krystal Lacey	FR NO. STATE	27.52m	90-03
15 Elizabeth Stevens	SO NORTHWESTERN	27.52m	90-03
17 Melissa Jackson	SR AUGUSTANA COLLEGE	27.14m	89-00
18 Laura Maynard	FR MORNINGSIDE COLLEGE	26.23m	86-01
19 Sarah Skipper	JR JAMESTOWN COLLEGE	25.84m	84-09
20 Caitlyn Nerem	JR NORTHWESTERN	24.20m	79-05
21 Allegra Kohley	SO DAKOTA STATE	23.38m	76-08
22 Kelci Teut	FR MORNINGSIDE COLLEGE	22.65m	74-04
23 Amy Kessler	FR MORNINGSIDE COLLEGE	21.74m	71-04
24 Sarah Crosgrave	FR MOUNT MARTY COLLEGE	21.72m	71-03
25 Kim Velk	JR MOUNT MARTY COLLEGE	20.41m	66-11
26 Kristen Nielsen	FR AUGUSTANA COLLEGE	18.43m	60-05

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****Event 118 Men Javelin Throw UCO**

Meet Record: * 2469.00m 4/19/2007 MARK LIEBL, unattached

Name	Year School	Finals	
1 Josh Ming	JR MINOT STATE	56.02m	183-09
2 Jerad Aasen	SO MINOT STATE	55.38m	181-08
3 Dylan Buehler	FR AUGUSTANA COLLEGE	53.87m	176-09
4 Chad Dawson	FR DICKINSON STATE	52.80m	173-03
5 Brent Peltz	FR UNIVERSITY OF MARY	52.77m	173-01
6 Mac Collins	FR DICKINSON STATE	51.21m	168-00
7 Jay Bachman	FR JAMESTOWN COLLEGE	46.26m	151-09
8 Canyon Parcell	SO DICKINSON STATE	46.16m	151-05
9 Jon Armstrong	SR BRIAR CLIFF	46.11m	151-03
10 Lance Nemec	SR UNIVERSITY OF MARY	45.97m	150-10
11 Andrew Vander Woude	FR DORDT	45.07m	147-10
12 Mark Mineart	SO NORTHWESTERN	44.31m	145-04
13 Tyler Maxwell	FR USD	42.63m	139-10
14 Andy Dougherty	UNATTACHED	42.37m	139-00
15 Jake Versteeg	SO U SIOUX FALL	41.91m	137-06
16 Cody York	FR BRIAR CLIFF	41.90m	137-06
17 Clayton Long	FR U SIOUX FALL	41.51m	136-02
18 Todd Carnes	FR MORNINGSIDE COLLEGE	41.48m	136-01
19 Tim Kruse	SR U SIOUX FALL	41.38m	135-09
20 Kevin Moore	FR JAMESTOWN COLLEGE	41.23m	135-03
21 David Riley	FR DORDT	40.75m	133-08
22 Sean Bicknase	FR BRIAR CLIFF	40.01m	131-03
23 Grayson Leder	FR JAMESTOWN COLLEGE	39.71m	130-03
24 Brady Johnston	JR MINOT STATE	38.90m	127-07
25 Jacob Berger	FR JAMESTOWN COLLEGE	38.62m	126-08
26 Kyle Brunsting	SO USD	36.71m	120-05
27 Peter Prostrollo	FR MOUNT MARTY COLLEGE	36.30m	119-01
28 Kiley Murra	SO NORTHWESTERN	36.04m	118-03
29 Mike Findley	FR JAMESTOWN COLLEGE	35.82m	117-06
30 Kevin Knapp	SR AUGUSTANA COLLEGE	33.55m	110-01
31 Robert Nelson	JR JAMESTOWN COLLEGE	33.41m	109-07
32 Jon Rieker	FR DAKOTA STATE	33.27m	109-02
33 Will Symonds	FR NORTHWESTERN	31.31m	102-09
34 Kielan Dittmar	JR BRIAR CLIFF	29.34m	96-03

Event 119 Women Pole Vault UCO

Meet Record: * 12-00 4/21/2001 SANDY PELKOFER, South Dakota

Name	Year School	Finals	
1 Miranda Fehilly	JR UNIVERSITY OF MARY	11-00.00	3.35m
2 Abbey Aide	FR MINOT STATE	10-06.00	3.20m
3 Katie Breuer	SO MOUNT MARTY COLLEGE	J10-06.00	3.20m
4 Jana Olson	FR NORTHWESTERN	10-00.00	3.04m
5 Kacia Erikson	JR AUGUSTANA COLLEGE	J10-00.00	3.04m
6 Adrienne Skaggs	FR U SIOUX FALL	9-06.00	2.89m
7 Jacklyn Brooks	SO NORTHWESTERN	J9-06.00	2.89m
8 Molly Motsinger	FR MORNINGSIDE COLLEGE	9-00.00	2.74m
9 Kim DeJong	FR NORTHWESTERN	J9-00.00	2.74m
-- Calley Worth	FR NO. STATE		NH
-- Tanya Vassar	JR NO. STATE		NH
-- Shelly Jacobs	SO U SIOUX FALL		NH

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 119 Women Pole Vault UCO**

-- Christina Van Singel	FR DORDT	NH
-- Dani Warren	SO MINOT STATE	NH
-- Courtney Oliver	FR JAMESTOWN COLLEGE	NH
-- Mallory Souder	SO JAMESTOWN COLLEGE	NH
-- Mikaela White	FR BRIAR CLIFF	NH
-- Theresa Knapp	FR NO. STATE	NH
-- Beth Norton	FR MORNINGSIDE COLLEGE	NH

Event 120 Men Pole Vault UCO

Meet Record: * 225.00m 4/20/2001 DEREK MILES, unattached

Name	Year School	Finals	
1 Bryan Braley	JR USD	15-00.00	4.57m
2 Wade Royer	SR NO. STATE	J15-00.00	4.57m
3 Brian Schenavar	SO U SIOUX FALL	J15-00.00	4.57m
4 Tane Owens	SR UNATTACHED	J15-00.00	4.57m
5 Greg Schenavar	SR UNIVERSITY OF MARY	14-06.00	4.41m
6 Joshua Brinkerhoff	FR DORDT	14-00.00	4.26m
7 Jeff Mills	FR WAYNE STATE COLLEGE	J14-00.00	4.26m
8 James Vollmer	JR JAMESTOWN COLLEGE	13-06.00	4.11m
8 Andrew Stoen	JR JAMESTOWN COLLEGE	13-06.00	4.11m
8 Tanner Willard	SO USD	13-06.00	4.11m
11 Jeff Seagren	SR UNATTACHED	13-00.00	3.96m
12 Jacob Pohlmann	FR AUGUSTANA COLLEGE	12-06.00	3.81m
12 Sean Bicknase	FR BRIAR CLIFF	12-06.00	3.81m
12 Alex Liberty	UNATTACHED	12-06.00	3.81m
12 David Wilch	FR MORNINGSIDE COLLEGE	12-06.00	3.81m
12 Johnny Nguyen	SR DICKINSON STATE	12-06.00	3.81m
-- Tim Simonich	FR UNIVERSITY OF MARY	NH	
-- Jake Kunkle	FR U SIOUX FALL	NH	
-- Cody Diehl	SO WAYNE STATE COLLEGE	NH	
-- Grant Aden	UNATTACHED	NH	
-- Caleb Miles	FR DORDT	NH	
-- Michael Barrios	FR DICKINSON STATE	NH	
-- Daniel Filsinger	FR MOUNT MARTY COLLEGE	NH	
-- Dillon Ostby	SO D WESLEY	NH	
-- Kurtis Gross	SO DICKINSON STATE	NH	
-- Caleb Coffee	JR U SIOUX FALL	NH	
-- Chad Aurich	SR U SIOUX FALL	NH	
-- Andrew Ellsworth	SO U SIOUX FALL	NH	
-- Cody Hageman	JR NO. STATE	NH	
-- Clint Schroeder	SR SDSU	NH	

Event 121 Women Hammer Throw UCO

Meet Record: * 186-03 4/18/2009 AMANDA MADDEN, Northern State

Name	Year School	Finals	
1 Amanda Madden	SR NO. STATE	55.30m	181-05
49.12m FOUL 51.00m 52.08m 54.31m 55.30m			
2 Morgan Darrow	JR BUENA VISTA	48.71m	159-10
43.16m 45.11m FOUL 45.91m FOUL 48.71m			
3 Brooke Garner	UNATTACHED	48.45m	158-11
FOUL 48.32m FOUL FOUL 48.45m 48.45m			

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 121 Women Hammer Throw UCO**

4	Lachel Milander	SO WAYNE STATE COLLEGE	47.03m	154-03
	44.69m FOUL 46.65m 44.99m FOUL 47.03m			
5	Noel Bentele	JR AUGUSTANA COLLEGE	45.99m	150-11
	45.99m 43.73m 42.54m 40.25m 45.55m FOUL			
6	Ashley Sparks	FR BRIAR CLIFF	44.13m	144-09
	44.13m FOUL FOUL FOUL 43.89m			
7	Shara Thompson	SO SDSU	42.93m	140-10
	FOUL 42.93m FOUL FOUL FOUL 41.27m			
8	Kara DenHerder	JR NORTHWESTERN	42.56m	139-07
	42.56m FOUL 40.80m FOUL FOUL 41.11m			
9	Amber Price	FR MORNINGSIDE COLLEGE	42.44m	139-03
	40.48m 40.66m 42.44m FOUL FOUL FOUL			
10	Katie Smith	SR NO. STATE	42.25m	138-07
	42.25m 41.36m 39.90m			
11	Emily Wells	FR WAYNE STATE COLLEGE	41.59m	136-05
	40.86m 41.59m 39.95m			
12	Darci Youngstrom	SO SOUTH DAKOTA	41.41m	135-10
	40.99m 41.41m 38.82m			
13	Ashley Larson	SR SDSU	39.93m	131-00
	39.93m FOUL FOUL			
14	Erica Krull	JR SOUTH DAKOTA	39.47m	129-06
	39.47m FOUL 39.38m			
15	Rachel Christiansen	JR AUGUSTANA COLLEGE	39.41m	129-03
	FOUL 34.82m 39.41m			
16	Danielle Fry	SO NORTHWESTERN	38.71m	127-00
	38.50m 38.71m FOUL			
17	Jill Schlenker	JR JAMESTOWN COLLEGE	38.33m	125-09
	38.33m 38.14m FOUL			
18	Sable Lems	FR NORTHWESTERN	37.55m	123-02
	FOUL 29.64m 37.55m			
19	Amber Johnson	FR WAYNE STATE COLLEGE	36.98m	121-04
	34.19m 36.98m FOUL			
20	Becca Fischer	UNATTACHED	36.74m	120-06
	FOUL 36.74m 34.85m			
21	Kristen Nielsen	FR AUGUSTANA COLLEGE	36.52m	119-10
	35.67m 36.52m FOUL			
22	Allie Arp	FR BUENA VISTA	36.13m	118-06
	36.13m 33.80m FOUL			
23	Elizabeth Ogden	FR DICKINSON STATE	35.54m	116-07
	34.61m FOUL 35.54m			
24	RaeChael Zabokrtsky	FR MORNINGSIDE COLLEGE	35.51m	116-06
	FOUL 35.51m FOUL			
25	Megan Vote	JR JAMESTOWN COLLEGE	35.18m	115-05
	34.53m 35.18m 34.40m			
26	Yvonne Freese	FR NO. STATE	34.61m	113-06
	28.65m 34.61m 31.20m			
27	Christena Georgas	FR SOUTH DAKOTA	33.88m	111-02
	FOUL 32.49m 33.88m			
28	Christina Medeiros	FR UNIVERSITY OF MARY	33.40m	109-07
	31.25m 33.40m FOUL			
29	Rachel Kruse	FR U SIOUX FALL	32.88m	107-10
	32.88m FOUL FOUL			
30	Danielle Roeske	FR JAMESTOWN COLLEGE	32.03m	105-01
	32.03m 28.65m 29.41m			

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 121 Women Hammer Throw UCO**

31	Kim Velk		JR MOUNT MARTY COLLEGE	31.00m	101-08
	FOUL	31.00m	29.99m		
32	Laura Maynard		FR MORNINGSIDE COLLEGE	30.73m	100-10
	30.73m	FOUL	FOUL		
33	Devon Flowers		FR MINOT STATE	29.29m	96-01
	26.76m	26.89m	29.29m		
34	Liz Thompson		FR U SIOUX FALL	28.50m	93-06
	FOUL	28.20m	28.50m		
35	Kiara Bogan		BUENA VISTA	19.72m	64-08
	19.42m	18.74m	19.72m		

Event 122 Men Hammer Throw UCO

Meet Record: * 3036.00m 4/21/2007 A.G. KRUGER, unattached						
Name	Year	School				Finals
1	A.G. Kruger		UNATTACHED			73.08m 239-09
	68.26m	FOUL	FOUL	71.94m	72.95m	73.08m
2	Ben Jacobson		JR UNIVERSITY OF MARY			51.47m 168-10
	FOUL	FOUL	49.04m	51.47m	50.69m	FOUL
3	Steven Ricke		SR BUENA VISTA			48.51m 159-02
	FOUL	45.26m	47.79m	FOUL	FOUL	48.51m
4	Jacob Mathieson		SR WAYNE STATE COLLEGE			48.44m 158-11
	FOUL	48.02m	48.44m	48.42m	FOUL	FOUL
5	Kevin Knapp		SR AUGUSTANA COLLEGE			48.42m 158-10
	47.33m	48.42m	FOUL	FOUL	FOUL	46.29m
6	Delron Innis		SR DICKINSON STATE			46.82m 153-07
	46.82m	45.25m	46.51m	46.08m	45.46m	44.81m
7	William Dean		SR JAMESTOWN COLLEGE			45.22m 148-04
	45.22m	FOUL	FOUL	FOUL	FOUL	FOUL
8	Tyler Schmidkunz		SO DICKINSON STATE			45.07m 147-10
	44.54m	45.07m	FOUL	FOUL	41.51m	42.90m
9	Tad Harman		SO UNIVERSITY OF MARY			44.67m 146-07
	44.48m	44.67m	FOUL	FOUL	FOUL	FOUL
10	Brock Brewster		SO USD			44.49m 145-11
	FOUL	43.36m	44.49m			
11	Kyle O'Neill		SO WAYNE STATE COLLEGE			43.70m 143-04
	37.44m	43.70m	43.03m			
12	Ryan Ackman		FR UNATTACHED			42.83m 140-06
	42.83m	42.08m	41.53m			
13	Josh Daniels		JR U SIOUX FALL			41.63m 136-07
	41.63m	39.99m	FOUL			
14	Travis Kroger		SO UNATTACHED			41.31m 135-06
	FOUL	38.47m	41.31m			
15	John Huber		JR NO. STATE			41.20m 135-02
	FOUL	41.18m	41.20m			
16	DJ Vega		SO BUENA VISTA			41.05m 134-08
	41.05m	FOUL	FOUL			
17	Brandon Robinson		JR BUENA VISTA			40.75m 133-08
	FOUL	40.75m	FOUL			
18	Jerad Aasen		SO MINOT STATE			39.08m 128-02
	FOUL	39.08m	FOUL			
19	Adam Hinds		JR BRIAR CLIFF			38.88m 127-07
	FOUL	38.43m	38.88m			

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 122 Men Hammer Throw UCO**

20	Jacob Chambers	SO MORNINGSIDE COLLEGE	38.73m	127-01
	38.73m FOUL FOUL			
21	Zach Gaugler	JR MINOT STATE	38.42m	126-00
	35.64m FOUL 38.42m			
22	Sam Herauf	FR DICKINSON STATE	37.47m	122-11
	34.38m 36.80m 37.47m			
23	Cody York	FR BRIAR CLIFF	36.91m	121-01
	35.21m 36.91m FOUL			
24	Brady Johnston	JR MINOT STATE	35.83m	117-07
	34.72m 35.83m 34.16m			
25	Grayson Leder	FR JAMESTOWN COLLEGE	32.45m	106-05
	30.79m 32.45m 31.50m			
26	Brandon Bodien	FR JAMESTOWN COLLEGE	31.46m	103-02
	FOUL FOUL 31.46m			
27	Kyle Brunsting	SO USD	30.79m	101-00
	FOUL FOUL 30.79m			
28	Chad Van Ravenswaay	SO NORTHWESTERN	30.25m	99-03
	28.61m 30.25m FOUL			
29	Dan Whipple	FR U SIOUX FALL	29.01m	95-02
	29.01m 27.79m FOUL			
30	Luke Gaugler	FR MINOT STATE	28.72m	94-03
	FOUL FOUL 28.72m			
31	Clayton Long	FR U SIOUX FALL	28.25m	92-08
	FOUL FOUL 28.25m			
--	Jake Versteeg	SO U SIOUX FALL	FOUL	
	FOUL FOUL FOUL			

Event 127 Girls 4x100 Meter Relay 8th Grade

Meet Record: * 56.78 4/21/2007 SIOUX CITY EAST MIDDLE, East
M. Robinson, S. Houlihan, K. Gigaroa, K. Smith
School Finals

1	SIOUX CITY EAST MIDDLE SCHOOL 'A'	57.29
	1) Elizabeth Bohlmann 08	2) Maci Heimsoth 08
	3) Jade Nelson 08	4) Hannah Ingram 08
2	SIOUX CITY NORTH MIDDLE SCHOOL 'A'	58.74
	1) Michelle Brown	2) Katrina Shotswell
	3) Courtney McCrystal 08	4) Betsi Alvarado
3	SERGEANT BLUFF-LUTON MIDDLE SC 'A'	59.07
	1) Kennedy Colvert 08	2) Miles Ludwigs 08
	3) Courtney Morrison 08	4) Madison Archer 08
4	SIOUX CITY WEST MIDDLE SCHOOL 'A'	1:00.81
	1) Isabelle Whitehead 08	2) Alex Gonzalez 08
	3) Heidi Jones 08	4) Rosa Robles 08
5	SIOUX SIOUX CITY MIDDLE SCHOOL 'A'	1:01.69
	1) Shameka Hunt 08	2) Hailey Hinds 08
	3) Nicole Pierce 08	4) Audra Thramer 08

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****Event 128 Boys 4x200 Meter Relay 8th Grade**

Meet Record: * 1:44.62 4/18/2009 NORTH MIDDLE SCHOOL, North
D. Grundberry G. Hays A. Dicus B. Meachum
School Finals

1	SIOUX CITY EAST MIDDLE SCHOOL	'A'	1:45.74
	1) Ronald Nash 08	2) Dylan Peterson 08	
	3) Greg Kirwan 08	4) Taylor Bradley 08	
2	SERGEANT BLUFF-LUTON MIDDLE SC	'A'	1:47.88
	1) Riley Weeks 08	2) Jack DeMoss 08	
	3) Steven Garcia 08	4) Jaycin Kruse 08	
3	SIOUX CITY WEST MIDDLE SCHOOL	'A'	1:51.02
	1) Myron Bose 08	2) Skyler Bauer 08	
	3) Sam Mace 08	4) Marcellous Gardner 08	
4	SIOUX CITY NORTH MIDDLE SCHOOL	'A'	1:53.82
	1) Noah Popken	2) Liam Bald	
	3) Tyler Ard	4) Brady Mayo 08	
5	SIOUX CITY WEST MIDDLE SCHOOL	'B'	2:09.07
	1) Austin Case 08	2) Tyson Trobaugh 08	
	3) Drake Williams 08	4) Chris Hendrickson 08	

Event 129 Girls 4x200 Meter Relay 8th Grade

Meet Record: * 2:00.88 4/18/2008 SIOUX CITY EAST MIDDLE SCHO
C McElhose, R Mikulicz, A Pollow, L Strom
School Finals

1	SIOUX CITY EAST MIDDLE SCHOOL	'A'	2:03.61
	1) Caitlyn Foley 08	2) Jade Nelson 08	
	3) Matti Hannah 08	4) Hannah Ingram 08	
2	SERGEANT BLUFF-LUTON MIDDLE SC	'A'	2:06.12
	1) Kennedy Colvert 08	2) Miles Ludwigs 08	
	3) Courtney Morrison 08	4) Madison Archer 08	
3	SIOUX CITY NORTH MIDDLE SCHOOL	'A'	2:06.19
	1) Michelle Brown	2) Katrina Shotswell	
	3) Courtney McCrystal 08	4) Betsi Alvarado	
4	SIOUX CITY WEST MIDDLE SCHOOL	'A'	2:10.42
	1) Heidi Jones 08	2) Isabelle Whitead 08	
	3) Melissa Verdin 08	4) Rosa Robles 08	
--	SIOUX SIOUX CITY MIDDLE SCHOOL	'A'	DNF
	1) Shameka Hunt 08	2) Hailey Hinds 08	
	3) Cassie Pedroza 08	4) Audra Thramer 08	

Event 130 Boys 800 Meter Run 8th Grade

Meet Record: * 2:20.29 4/18/2009 AUSTIN FRITZA, South Sioux
Name Year School Finals

1	Carter Lilly	08 SIOUX CITY E	2:20.34
2	Karter Keefer	08 SIOUX SIOUX	2:21.08
3	Jacob Scott	08 SIOUX CITY E	2:24.80
4	Nate Colwell	08 SIOUX SIOUX	2:27.00
5	Bret Tomoson	08 SERGEANT BLU	2:27.77
6	Brady Mayo	08 SIOUX CITY N	2:27.90
7	Lane Bernstrauch	08 SIOUX SIOUX	2:31.57
8	Zach Brazzell	08 SERGEANT BLU	2:32.77

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 130 Boys 800 Meter Run 8th Grade**

9	Myron Bose	08 SIOUX CITY W	2:33.61
10	Justin Hill	08 SIOUX CITY E	2:33.82
11	Casper Dylan	08 SIOUX CITY N	2:38.98
12	Sheehan Levine	08 SIOUX CITY W	2:40.02
13	Thomas Wisecup	08 SERGEANT BLU	2:40.34
14	Alex Kin	08 SIOUX CITY W	2:41.29
--	Marco Carillo	08 SIOUX CITY N	DNF

Event 131 Girls 800 Meter Run 8th Grade

Meet Record: * 2:42.97 4/18/2009 CHLOE HOULIHAN, East Middle

Name	Year	School	Finals
1	Cassie Geopfert	08 SIOUX CITY E	2:33.56*
2	Brooke Bleeker	08 SERGEANT BLU	2:35.05*
3	Alyssa Nash	08 SIOUX CITY N	2:39.38*
4	Jessica Becker	08 SERGEANT BLU	2:47.90
5	Sierra Brand	08 SERGEANT BLU	2:49.00
6	Anna Larson	08 SIOUX CITY E	2:49.15
7	Jenny Bright	08 SIOUX SIOUX	2:57.47
8	Crystal Holloway	08 SIOUX SIOUX	3:09.22
9	Laura Gerkin	08 SIOUX SIOUX	3:12.65
10	Tia Heien	08 SIOUX CITY W	3:32.63
--	Audra Thramer	08 SIOUX SIOUX	DNF
--	Alexis Larvick	08 SIOUX CITY W	DNF
--	Helseth Hanna	08 SIOUX CITY N	DNF
--	Julie Deanda	08 SIOUX SIOUX	DNF

Event 205 Girls 4x100 Meter Shuttle Hurdle OHS

School	Finals	H#
1 GEHLEN CATHOLIC 'A'	1:10.83	2
1) Kaitlin Roberts 10	2) Nicole Ryan 10	
3) Emily Holtgrewe 09	4) Steph Rohe 10	
2 GLENWOOD HIGH SCHOOL 'A'	1:11.81	2
1) Mercedes Liparoto 10	2) Lexi Fisher 10	
3) Devin Jackson 09	4) Kassie Finn 12	
3 MOC-FLOYD VALLEY 'A'	1:13.12	1
1) Caitlyn Van Es 10	2) Samantha Wielenga 09	
3) Claire Roesner 12	4) Katie Krebs 12	
4 SO SIOUX CITY HIGH SCHOOL 'A'	1:14.06	2
1) Hannah Reed 12	2) Trista Thoreson 09	
3) Halie Hoch 10	4) Tabitha Machar 12	
5 WESTWOOD SLOAN HIGH SCHOOL 'A'	1:14.61	1
1) Justine Cleveland 11	2) Kaitlin Choquette 12	
3) Kirstin Berg 11	4) Ashley Alons 11	
6 KINGSLEY-PIERSON/WOODBURY CENT 'A'	1:15.87	1
1) DeAndra Mahrt 10	2) Maddie Bain 09	
3) Keely Collins 09	4) Alex Howrey 11	
7 BISHOP HEELAN HIGH SCHOOL 'A'	1:18.21	1
1) Tori Vondrak 12	2) Emily Keane 09	
3) Mackenzie Geary 09	4) Jessica Benson 12	
-- LEMARS CENTRAL 'A'	DQ	2
1) Emily Ellefson 09	2) Kirstie Ruhland 11	

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 205 Girls 4x100 Meter Shuttle Hurdle OHS**

3) Ally Vande Vegte 11 4) Emily Anderson 11

Event 208 Men 400 Meter Run Masters-Corp

Name	Year School	Finals
1 David Nash	UNATTACHED	56.25
2 Guy Greigg	UNATTACHED	57.30
3 Tony Anderson	UNATTACHED	58.60

Event 211 Boys 4x110 Meter Shuttle Hurdle OHS

School	Finals	H#
1 LEMARS CENTRAL 'A'	1:00.89	2
1) Mat Ferris 12		
2) Hunter Rhode 11		
3) Paxton Strub 11		
4) Tyler Lancaster 12		
2 SPIRIT LAKE HS 'A'	1:01.27	2
1) Aric Waltz 10		
2) DJ Smith 11		
3) Rick Wilson 12		
4) Kyle Heidebrink 12		
3 GLENWOOD HIGH SCHOOL 'A'	1:01.41	2
1) Mitch Bowden 09		
2) Michael Lawler 11		
3) Derek Jones 09		
4) Ian Eflin 11		
4 SGT BLUFF-LUTON H.S. 'A'	1:01.72	1
1) Nick Mrla 12		
2) Austin Krohn 10		
3) Logan Shine 11		
4) Ross Chettinger 12		
5 OA-BATTLE CREEK-IDA GROVE 'A'	1:02.01	1
1) Cole Boger 12		
2) Quinn Reik 12		
3) Dominic Means 11		
4) Tyler Down 12		
6 BISHOP HEELAN HIGH SCHOOL 'A'	1:03.56	1
1) Nick Sawin 10		
2) Court MacGregor 09		
3) Tony Myers 10		
4) Mitch MacGregor 12		
7 KINGSLEY-PIERSON/WOODBURY CENT 'A'	1:03.68	2
1) Cody Kuchel 10		
2) Michael Allner 12		
3) Kyle Badgerow 10		
4) Todd Bottorff 12		
8 OKOBOJI HIGH SCHOOL 'A'	1:05.02	1
1) Brian Dubois 11		
2) Dalton Syverson 09		
3) Alex Koepp 10		
4) Zach Jones 10		

Event 214 Girls 4x400 Meter Relay 8th Grade

School	Finals
1 SERGEANT BLUFF-LUTON MIDDLE SC 'A'	4:43.04
1) Jessica Becker 08	
2) Lauren Waite 08	
3) Sierra Brand 08	
4) Brooke Bleeker 08	
2 SIOUX CITY EAST MIDDLE SCHOOL 'A'	4:50.34
1) Maci Heimsoth 08	
2) Hannah Ingram 08	
3) Caitlyn Foley 08	
4) Cassie Geopfert 08	
3 SIOUX CITY NORTH MIDDLE SCHOOL 'A'	4:50.47
1) Adelina Rivas	
2) Ariel Nguyen	
3) Dahlia Quintanilla	
4) Alyssa Nash 08	
4 SIOUX CITY WEST MIDDLE SCHOOL 'A'	5:08.18
1) Melissa Verdin 08	
2) Heidi Jones 08	
3) Isabelle Whitead 08	
4) Rosa Robles 08	

Sioux City Relays 2010 - 4/16/2010 to 4/17/2010**Olsen Stadium****Results****....Event 214 Girls 4x400 Meter Relay 8th Grade**

5	SIOUX SIOUX CITY MIDDLE SCHOOL	'B'	5:12.72
--	SIOUX SIOUX CITY MIDDLE SCHOOL	'A'	DNF
	1) Shameka Hunt 08	2) Leslie La 08	
	3) Melissa Gonzalez 08	4) Audra Thramer 08	

Event 215 Boys 4x400 Meter Relay 8th Grade

School	Finals
1 SIOUX CITY EAST MIDDLE SCHOOL 'A'	4:00.98
1) Taylor Bradley 08	2) Dylan Peterson 08
3) Greg Kirwan 08	4) Carter Lilly 08
2 SERGEANT BLUFF-LUTON MIDDLE SC 'A'	4:02.78
1) Ben Robinson 08	2) Jack DeMoss 08
3) Zach Brazzell 08	4) Bret Tomoson 08
3 SIOUX SIOUX CITY MIDDLE SCHOOL 'A'	4:17.69
4 SIOUX CITY NORTH MIDDLE SCHOOL 'A'	4:25.88
1) Christian Lozano	2) Brandon Konz
3) Farris Najadawi	4) Corey Little
5 SIOUX CITY WEST MIDDLE SCHOOL 'A'	4:41.34
1) Alex Kin 08	2) Myron Bose 08
3) Chase Carell 08	4) Skyler Bauer 08
6 SIOUX CITY WEST MIDDLE SCHOOL 'B'	4:55.10
1) Austin Case 08	2) Sheehan Levine 08
3) Bryan Chavez 08	4) Tyson Trobaugh 08