

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Girls 100 Meter Dash Class"A"**

Meet: M 12.24 4/20/1997 Tunisia Evans, SC North

Name	Year	School	Finals	Wind	H#
Finals					
1 Britney Calvillo	12	Sioux City East	12.66	-0.9	2
2 Yasmeen Rose	11	Bishop Heelan	12.89	-0.9	2
3 Rylie Zyzda	10	Sioux City East	13.47	-0.9	2
4 Madison Brown	09	Bishop Heelan	13.73	-0.9	2
5 Audrey Lovan	12	Sioux City North	13.78	2.0	1
6 Taylor Ferguson	10	Bishop Heelan	13.90	-0.9	2
7 Paige Henning	11	Sioux City West	13.98	-0.9	2
8 Hannah Heckert	10	Sgt. Bluff-Luton	14.20	2.0	1
9 Ayv Viola	09	Cb, Abraham Lincoln	14.44	-0.9	2
10 Paige Holton	09	Cb, Abraham Lincoln	14.84	2.0	1

Girls 100 Meter Hurdles Class"A"

Meet: M 14.76 4/18/2009 Nevada Sorensen, SF Lincoln

Name	Year	School	Finals	Wind	H#
1 Kelsey Krohn	12	Sgt. Bluff-Luton	16.55	NWI	2
2 Shauna Folchert	11	Sioux City North	17.61	NWI	2
3 Maci Heimsoth	12	Sioux City East	18.23	NWI	1
4 Hannah Hennings	11	Cb, Abraham Lincoln	18.29	NWI	2
5 Melissa Verdin	12	Sioux City West	19.26	NWI	2
6 Ashley Davis	09	Sgt. Bluff-Luton	19.29	NWI	1

Girls 4x100 Meter Relay Class"A"

2 turn stagger

Meet: M 49.48 4/19/2008 Sioux City West, West

M Pearson, G Williams, C Simon, R Twohig

School	Finals
1 Sioux City East 'A'	50.15
1) Katrina Diaz 11	2) Rylie Zyzda 10
3) Elizabeth Bohlmann 12	4) Britney Calvillo 12
2 Bishop Heelan 'A'	52.02
1) Noelle Weaver 10	2) Katie Glover 10
3) Madison Brown 09	4) Yasmeen Rose 11
3 Sioux City North 'A'	52.46
1) Audrey Lovan 12	2) Kaisha Billings 12
3) Hannah Hammer 09	4) Mercy Oyadare 09
4 Sergeant Bluff-Luton 'A'	54.69
1) Gabrielle Olszewski 11	2) Kelsey Krohn 12
3) Hannah Heckert 10	4) Debi Hiserote 09
5 South Sioux City 'A'	1:00.30
1) Angelica Canoles 11	2) Andrea Lira 10
3) Madison Hansen 09	4) Abby Dreibelbis 10

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Girls 4x200 Meter Relay Class"A"**

4 turn stagger

Meet: M 1:44.71 4/19/2008 Sioux City West, West
C Simon, G Williams, R Twohig, M Pearson

School Finals

1	Sioux City East 'A'	1:45.10
	1) Katrina Diaz 11	2) Rylie Zyzda 10
	3) Elizabeth Bohlmann 12	4) Britney Calvillo 12
2	Bishop Heelan 'A'	1:49.97
	1) Noelle Weaver 10	2) Madison Brown 09
	3) Lauren Bleeker 10	4) Yasmeen Rose 11
3	Sioux City North 'A'	1:51.91
	1) Audrey Lovan 12	2) Shauna Folchert 11
	3) Hannah Hammer 09	4) Mercy Oyadare 09
4	Sergeant Bluff-Luton 'A'	1:54.38
	1) Gabrielle Olszewski 11	2) Kelsey Krohn 12
	3) Debi Hiserote 09	4) Madie Pike 11
5	Sioux City West 'A'	1:55.52
	1) Giselle Briones 09	2) Heidi Jones 12
	3) Alyssa Nash 12	4) Kathleen Meis 10
6	Cb, Abraham Lincoln 'A'	2:04.02
	1) Ayv Viola 09	2) Paige Holton 09
	3) Kalyn Damgaard 09	4) Alicia Steppuhn 10
7	South Sioux City 'A'	2:11.28
	1) Anahy Gonzalez 12	2) Sandra Murguia 12
	3) Madison Hansen 09	4) Aspen Campbell 10

Girls 4x400 Meter Relay Class"A"

3 turn stagger

Meet: M 4:02.17 4/18/2010 Sioux City East, East
S Houlihan, R Mikulicz, L Strom, E Dougherty

School Finals

1	Sioux City East 'A'	4:08.15
	1) Katrina Diaz 11	2) Sami McCulley 09
	3) Kali Ryan 09	4) Britney Calvillo 12
2	Bishop Heelan 'A'	4:13.17
	1) Brooke Bleeker 12	2) Lauren Bleeker 10
	3) Anna Albenesius 09	4) Yasmeen Rose 11
3	Sioux City West 'A'	4:30.03
	1) Heidi Jones 12	2) Kathleen Meis 10
	3) Alyssa Nash 12	4) Giselle Briones 09
4	Cb, Abraham Lincoln 'A'	4:30.48
	1) Hannah Hennings 11	2) Merle Stock 12
	3) Kendall Bainbridge 10	4) Kendra Jankiewicz 12
5	Sergeant Bluff-Luton 'A'	4:46.20
	1) Darein Martinson 10	2) Ashley Davis 09
	3) Mariah Mammen 10	4) Breanna TenHulzen 09
6	Sioux City North 'A'	4:58.77
	1) Sidonia Davis 09	2) Paige Jolin 09
	3) Caitlin Havens 11	4) Emily Dirks 09
7	South Sioux City 'A'	5:25.06
	1) Ashley Borchers 09	2) Emily Ramirez 09
	3) Hannah Tindall 09	4) Yazmin Guardado 10

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Girls Distance Medley Class"A"**

3 turn stagger

Meet: M 4:13.64 4/19/2006 SF Roosevelt, Sioux Falls R
M. Bren, K. Bowman, D. Dalon, K. Eckert

School Finals

1 Bishop Heelan 'A'	4:35.36
1) Lauren Bleeker 10	2) Brooke Bleeker 12
3) Anna Albenesius 09	4) Lindsay Joyce 12
2 Sioux City West 'A'	4:39.56
1) Paige Henning 11	2) Giselle Briones 09
3) Kathleen Meis 10	4) Alyssa Nash 12
3 Sioux City East 'A'	4:43.34
1) MaKenna Bricker 09	2) Kayla Inlay 11
3) Sami McCulley 09	4) Hannah Hildahl 11
4 Cb, Abraham Lincoln 'A'	4:49.07
1) Sam Bohnet 11	2) Kendra Jankiewicz 12
3) Kendall Bainbridge 10	4) Merle Stock 12
5 Sioux City North 'A'	4:52.48
1) Kaisha Billings 12	2) Hannah Hammer 09
3) Mercy Oyadare 09	4) Lillyana Yebra 09
6 Sergeant Bluff-Luton 'A'	4:56.02
1) Hannah Heckert 10	2) Gabrielle Olszewski 11
3) Debi Hiserote 09	4) Breanna TenHulzen 09
7 South Sioux City 'A'	5:29.81
1) Andrea Lira 10	2) Abby Dreibelbis 10
3) Cristina Franco 10	4) Madison Beach 09

Girls 100 Meter Dash Class"B"

Meet: M 12.47 4/19/1989 Amy Schuver, Cherokee

Name Year School Finals Wind H#

1 Rebekah Muilenburg	11 Moc-Fv	13.03	-0.4	2
2 Kim Shabino	12 Spencer	13.04	-0.4	2
3 Madison Hemer	11 Oa-Bcig	13.40	-0.4	2
4 Bailey Rol	11 Le Mars	13.50	-0.4	2
4 Courtney Magnussen	11 Glenwood	13.50	-0.4	2
6 Shania Wunschel	12 Oa-Bcig	13.52	-0.4	2
7 Lily Peschau	10 Kingsley-P/WC	13.73	0.1	1
8 Allegra St. Clair	11 Sheldon	13.83	0.1	1
9 Cara Shanks	12 Kingsley-P/WC	14.00	0.1	1
10 Kirsten Schenk	10 Unity Chrst- OC	14.17	0.1	1
11 Karis Rhode	11 Spencer	14.27	-0.4	2
12 Chaise Benjamin	10 Le Mars	14.72	-0.4	2

Girls 100 Meter Hurdles Class"B"

Meet: M 15.65 4/18/2010 Slone Masters, Storm Lake

Name Year School Finals Wind H#

1 Caitlin Cain	12 Sheldon	16.54	NWI	2
2 Jenna McCoy	11 Spirit Lake Park	16.75	NWI	2
3 Cassandra Martin	11 Le Mars	16.76	NWI	2
4 Miranda Ruth	10 Glenwood	16.80	NWI	2
5 Karis Rhode	11 Spencer	16.98	NWI	2

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

....Girls 100 Meter Hurdles Class"B"

6	Olivia Scarborough	10	Glenwood	17.02	NWI	2
7	Katey Krager	12	Oa-Bcig	17.14	NWI	1
8	Bryn Groff	09	Sheldon	17.38	NWI	1
9	Claudia Devitt	11	Oa-Bcig	17.57	NWI	2
10	Amanda Schwartz	10	Le Mars	17.81	NWI	1
11	Alyssa Dotson	10	Spencer	18.51	NWI	2
12	Haley Cruse	10	Moc-Fv	18.61	NWI	1

Girls 4x100 Meter Relay Class"B"

2 turn stagger

Meet: M 50.88 4/20/1991 Cherokee, Cherokee

C. Hauswald, L. Johanson, K. Corzillus, A. Schuver

School Finals H#

1	Glenwood 'A'	51.23	2
	1) Courtney Magnussen 11	2) Kecia Caudill 12	
	3) Sarah Salerno 12	4) Chelsea Webster 12	
2	Oa-Bcig 'A'	51.54	2
	1) Shania Wunschel 12	2) Lexie Petersen 11	
	3) Jensen Boger 12	4) Madison Hemer 11	
3	Moc-Fv 'A'	52.30	2
	1) Rebekah Muilenburg 11	2) Daphne Heimensen 11	
	3) Riley Rowenhorst 11	4) Katie Landhuis 12	
4	Le Mars 'A'	52.69	2
	1) Chaise Benjamin 10	2) Bailey Rol 11	
	3) Ellie Meade 11	4) Allison Wilken 10	
5	Sheldon 'A'	52.94	2
	1) Bryn Groff 09	2) Katie Kneifl 11	
	3) Caitlin Cain 12	4) Allegra St. Clair 11	
6	Spencer 'A'	53.10	2
	1) Jalen Rost 09	2) Karis Rhode 11	
	3) Bailey Menard 11	4) Kim Shabino 12	
7	Sioux Center 'A'	53.77	1
	1) Osiris Gomez 09	2) Aubrey Sandbulte 09	
	3) Clare Kortlever 10	4) Katie TeGrotenhuis 10	
8	Kingsley-Pierson/Woodbury Cen 'A'	53.99	2
	1) Kristin Hubert 11	2) Baylee Bechen 12	
	3) Lily Peschau 10	4) Cara Shanks 12	
9	Spirit Lake Park 'A'	54.52	1
	1) Emily Parks 09	2) Sierra Gross 09	
	3) Hannah Brumley 09	4) Jenna McCoy 11	
10	Unity Chrst- OC 'A'	55.04	1
	1) Kinza Brue 12	2) Justine Van Sloten 11	
	3) Amanda Rens 11	4) Kirsten Schenk 10	

Girls 4x200 Meter Relay Class"B"

4 turn stagger

Meet: M 1:47.40 4/20/2010 Western Christian, Western Chr

K Gesink, K Kroeze, C Vaandrager, B Wolterstorff

School Finals H#

1	Moc-Fv 'A'	1:46.16M	2
	1) Rebekah Muilenburg 11	2) Daphne Heimensen 11	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Girls 4x200 Meter Relay Class"B"**

3) Ali Achterhof 12	4) Katie Landhuis 12		
2 Spencer 'A'		1:49.22	2
1) Jalen Rost 09	2) Bailey Menard 11		
3) Kari Kramer 12	4) Kim Shabino 12		
3 Glenwood 'A'		1:49.59	2
1) Sarah Salerno 12	2) Kecia Caudill 12		
3) Molly Dean 10	4) Chelsea Webster 12		
4 Le Mars 'A'		1:49.93	2
1) Bailey Rol 11	2) Katrina Engebretson 10		
3) Rose Pelelo Ray 11	4) Allison Wilken 10		
5 Oa-Bcig 'A'		1:50.52	2
1) Shania Wunschel 12	2) Lexie Petersen 11		
3) Jensen Boger 12	4) Madison Hemer 11		
6 Sioux Center 'A'		1:52.14	2
1) Clare Kortlever 10	2) Katie TeGrotenhuis 10		
3) Aubrey Sandbulte 09	4) Patricia King 09		
7 Kingsley-Pierson/Woodbury Cen 'A'		1:54.70	2
1) Kristin Hubert 11	2) Baylee Bechen 12		
3) Lily Peschau 10	4) Cara Shanks 12		
8 Sheldon 'A'		1:55.88	1
1) Bryn Groff 09	2) Brittany Pomerence 11		
3) Kayla Van Meeteren 10	4) Maddy Tolk 09		
9 Spirit Lake Park 'A'		1:58.84	1
1) Sierra Gross 09	2) Taryn Ruden 11		
3) Hannah Brumley 09	4) Carly Hassel 09		
-- Unity Chrst- OC 'A'		DQ	1
1) Tessa Schoonhoven 10	2) Josie Blankespoor 09		
3) Kirsten Schenk 10	4) Kendra Wieringa 10		

Girls 4x400 Meter Relay Class"B"

3 turn stagger

Meet: M 4:02.45 4/17/1999 Elkhorn, Elkhorn

E. Ohm, K. Bull, A. Schmidt, K. Clark

School

Finals

1 Spencer 'A'		4:14.88	
1) Kim Shabino 12	2) Kari Kramer 12		
3) Jenna Grimmus 09	4) Myah Guerrero 09		
2 Sioux Center 'A'		4:19.24	
1) Aubrey Sandbulte 09	2) Jessica Harald 09		
3) Patricia King 09	4) Clare Kortlever 10		
3 Unity Chrst- OC 'A'		4:26.24	
1) Tessa Schoonhoven 10	2) Jordan Bos 09		
3) Josie Blankespoor 09	4) Anna Kiel 10		
4 Glenwood 'A'		4:41.01	
1) Myranda Starner 10	2) Ashley Konfrst 11		
3) Reiny Ostrander 12	4) Natalie Serrano 09		
5 Kingsley-Pierson/Woodbury Cen 'A'		4:45.21	
1) Rachel Mercer 10	2) Lauren Rassel 11		
3) Halle Still 11	4) Kelsey Smith 09		
6 Sheldon 'A'		4:57.35	
1) Kelsey DenHartog 11	2) Katlyn Holtrop 12		
3) Emma Van Meeteren 10	4) Kayla Van Meeteren 10		

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Girls Distance Medley Class"B"**

3 turn stagger

Meet: M 4:21.89 4/23/2005 Sioux Center, Sioux Center

M. Jacobsma, J. Estes, T. Jansen, K. Beaver

School

Finals

1	Unity Chrst- OC 'A'		4:29.15
	1) Tessa Schoonhoven 10	2) Josie Blankespoor 09	
	3) Anna Kiel 10	4) Kassidy DeJong 11	
2	Moc-Fv 'A'		4:35.25
	1) Rebekah Muilenburg 11	2) Daphne Heimensen 11	
	3) Ali Achterhof 12	4) Katie Landhuis 12	
3	Spencer 'A'		4:37.53
	1) Jalen Rost 09	2) Anna Glover 10	
	3) Jenna Grimmus 09	4) Sara Bauermeister 10	
4	Oa-Bcig 'A'		4:41.14
	1) Shania Wunschel 12	2) Madison Hemer 11	
	3) Jensen Boger 12	4) Bailey Hare 11	
5	Spirit Lake Park 'A'		4:45.74
	1) Sierra Gross 09	2) Hannah Brumley 09	
	3) Carly Hassel 09	4) Dondi Schmidt 12	
6	Sheldon 'A'		4:47.46
	1) Caitlin Cain 12	2) Katie Kneifl 11	
	3) Allegra St. Clair 11	4) Emma Van Meeteren 10	
7	Glenwood 'A'		5:00.11
	1) Reiny Ostrander 12	2) Ashley Konfrst 11	
	3) Kali Mumm 10	4) Natalie Serrano 09	

Girls 100 Meter Dash Class"C"

Meet: M 12.06 4/20/1989 Theresa Lux, Westwood

Name

Year School

Finals

Wind H#

1	Keely Bertram	12 Elk Point-Jefferson	13.24	2.0	2
2	Casey Sutherland	10 Pierce	13.25	2.0	2
3	Jacy Bretschneider	12 Pierce	13.27	2.0	2
4	Lexie Eifert	11 Ponca	13.38	2.0	2
5	Lindsey Flammang	09 Lawton-Bronson	13.49	2.0	2
6	Abby Drieling	10 Emerson-Hubbard	13.82	2.0	2
7	Payton Goettsch	10 River Valley	14.58	+0.0	1
8	Gabby Todd	10 River Valley	14.90	+0.0	1
9	Kelsey Shilling	09 Westwood	14.94	+0.0	1
10	Danielle Nelson	09 South O'Brien	15.04	+0.0	1
11	Alexa Sickelka	09 South O'Brien	15.91	+0.0	1

Girls 100 Meter Hurdles Class"C"

Meet: M 16.03 4/14/2012 Steph Rohe, Gehlen Catholic

Name

Year School

Finals

Wind H#

1	Morgan Whitehead	11 Gehlen Catholic	16.67	NWI	2
2	Renee Choquette	12 Westwood	18.31	NWI	2
3	Gabby Todd	10 River Valley	18.34	NWI	2
4	Tonya Redemia	12 Westwood	18.51	NWI	1
5	Alexis Flynn	10 Elk Point-Jefferson	18.55	NWI	2
6	Baily Wiltgen	12 Gehlen Catholic	18.92	NWI	2

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Girls 100 Meter Hurdles Class"C"**

7	Danielle Nelson	09 South O'Brien	19.49	NWI	1
8	Payton Howald	09 Marcus Mmc	20.88	NWI	1
9	Shelby Schueder	09 South O'Brien	21.19	NWI	1

Girls 4x100 Meter Relay Class"C"

2 turn stagger

Meet: M 51.53 4/19/2008 Laurel-Concord, Laurel-Concor
K Gould, B DeLong, A Lunz, K Jacobsen

School	Finals
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1	Pierce 'A'	52.31
	1) Casey Sutherland 10	2) Emily Simmons 09
	3) Allison Koehlmoos 11	4) Jacy Bretschneider 12
2	Lawton-Bronson 'A'	54.43
	1) Lindsey Flammang 09	2) Jenna Wede 09
	3) Ali Verzani 10	4) Brooke Hunwardsen 10
3	Gehlen Catholic 'A'	54.55
	1) Taylor Peters 11	2) Jill Kessenich 10
	3) Baily Wiltgen 12	4) Morgan Whitehead 11
4	Westwood 'A'	54.77
	1) Breea Bockelmann 11	2) JoAnna Hanner 09
	3) Paige Metcalf 09	4) Maddy Nettleton 10
5	Marcus-Meriden-Cleghorn 'A'	55.82
	1) Angeleah Hoefling 11	2) Loiusa Hansen 10
	3) Sarah Dreckman 10	4) Haley Moser 11
6	South O'Brien 'A'	58.92
	1) Danielle Nelson 09	2) Whitney Sickelka 09
	3) Maycee Smith 09	4) Karlene Negus 11

Girls 4x200 Meter Relay Class"C"

4 turn stagger

Meet: M 1:47.98 4/19/2010 Central Lyon, Central Lyon
M Schleusner, K Eckenrod, K Cuperus, A Ackerman

School	Finals
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1	Pierce 'A'	1:50.20
	1) Casey Sutherland 10	2) Shelby Bretschneider 10
	3) Allison Koehlmoos 11	4) Jacy Bretschneider 12
2	Ponca 'A'	1:54.65
	1) MacKenzie Boyle 10	2) Brook McCluskey 12
	3) Elizabeth Watchorn 09	4) Lexie Eifert 11
3	Gehlen Catholic 'A'	1:56.44
	1) Taylor Peters 11	2) Jill Kessenich 10
	3) Baily Wiltgen 12	4) Morgan Whitehead 11
4	Westwood 'A'	1:57.73
	1) Breea Bockelmann 11	2) Abby Crawford 10
	3) Paige Metcalf 09	4) Maddy Nettleton 10
5	Marcus-Meriden-Cleghorn 'A'	1:58.38
	1) Sarah Dreckman 10	2) Angeleah Hoefling 11
	3) Haley Moser 11	4) Emily Moser 09
6	South O'Brien 'A'	1:58.74
	1) Maycee Smith 09	2) Olivia Sickelka 11
	3) Courtney Rehder 10	4) Taylor Paulsen 12

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Girls 4x400 Meter Relay Class"C"**

3 turn stagger

Meet: M 4:14.24 4/19/2008 Elk Point-Jefferson, Elk Pt

A Erickson, H Wilkinson, A Murphy, C Strassburg

School

Finals

1	Elk Point-Jefferson 'A'	4:20.92
	1) Keely Bertram 12	2) Alexis Flynn 10
	3) McKenzie Mennenga 10	4) Josie Heeren 10
2	South O'Brien 'A'	4:27.57
	1) Olivia Sickelka 11	2) Taylor Paulsen 12
	3) Halee Rahbusch 12	4) Courtney Rehder 10
3	Marcus-Meriden-Cleghorn 'A'	4:36.18
	1) Sarah Dreckman 10	2) Haley Moser 11
	3) Nicki Schwarz 12	4) Emily Moser 09
4	Gehlen Catholic 'A'	4:39.93
	1) Paris Schroeder 10	2) Leah Ellensohn 12
	3) Krayton Schnepf 10	4) Brooke Harpenau 09
5	Ponca 'A'	4:44.49
	1) MacKenzie Boyle 10	2) Kaylee Hamar 09
	3) Elizabeth Watchorn 09	4) Sadie Finnegan 09
6	Pierce 'A'	4:50.24
	1) Emily Simmons 09	2) Krystina Schuett 09
	3) Shianna Oestreich 09	4) Haley Wieting 09
7	West Monona 'A'	5:25.12
	1) Sarah Tuttle 09	2) Makenzie Struble 09
	3) Shayna Gries 10	4) Courtney Terry 09

Girls Distance Medley Class"C"

3 turn stagger

Meet: M 4:26.86 4/20/1998 Sergeant Bluff-Luton, Serge

K. McGill, J. Kucera, C. Williams, C. Ebersole

School

Finals

1	Dakota Valley 'A'	4:32.33
	1) Morganne Pfaffle 12	2) Anna Rasmussen 09
	3) Sara Bohan 10	4) Marisa Schulz 09
2	Elk Point-Jefferson 'A'	4:40.08
	1) Keely Bertram 12	2) Emily Mickelson 09
	3) Alexis Flynn 10	4) McKenzie Mennenga 10
3	South O'Brien 'A'	4:40.85
	1) Taylor Paulsen 12	2) Olivia Sickelka 11
	3) Courtney Rehder 10	4) Halee Rahbusch 12
4	Westwood 'A'	4:43.19
	1) Breea Bockelmann 11	2) Abby Crawford 10
	3) Mykenzie Whitney 09	4) Heather East 09
5	Lawton-Bronson 'A'	4:44.66
	1) Lindsey Flammang 09	2) Ali Verzani 10
	3) Brooke Hunwardsen 10	4) Kylie Horsley 09
6	Marcus-Meriden-Cleghorn 'A'	4:53.46
	1) Sarah Dreckman 10	2) Haley Moser 11
	3) Emily Moser 09	4) Hailee Roberts 10

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Girls 800 Meter Run OHS**

Top 24

Meet: M 2:10.36 4/18/2011 Shelby Houlihan, East

Name	Year	School	Finals
1 Josie Heeren	10	Elk Point-Jefferson	2:21.83
2 Lauren Luft	10	Bishop Heelan	2:27.25
3 Kali Ryan	09	Sioux City East	2:28.20
4 Alyssa Nash	12	Sioux City West	2:31.89
5 Katie Broers	09	Unity Chrst- OC	2:34.88
6 Brooke Hunwardsen	10	Lawton-Bronson	2:37.63
7 Emma Fratzke	09	Spencer	2:39.11
8 Breanna Waugh	10	Cb, Abraham Lincoln	2:39.26
9 Maddie Richter	09	Spirit Lake Park	2:39.83
10 Heather East	09	Westwood	2:41.12
11 Kendra Bauermeister	10	Spencer	2:41.65
12 Kylie Horsley	09	Lawton-Bronson	2:43.33
13 Avery Lester	09	Sioux City East	2:43.54
14 Cassie Stowe	09	Ponca	2:43.56
15 Hailee Roberts	10	Marcus Mmc	2:44.46
16 Alyssa Jensen	09	Glenwood	2:46.27

Girls 1500 Meter Run OHS

Top 32

Meet: M 4:30.67 4/23/2011 Shelby Houlihan, East

Name	Year	School	Finals
1 Marisa Schulz	09	Dakota Valley	4:59.18
2 Lindsay Joyce	12	Bishop Heelan	5:01.24
3 Jordan Bos	09	Unity Chrst- OC	5:03.09
4 Kassidy DeJong	11	Unity Chrst- OC	5:03.54
5 Dondi Schmidt	12	Spirit Lake Park	5:04.55
6 Bailey Hare	11	Oa-Bcig	5:10.34
7 Kelsey Lang	10	Moc-Fv	5:21.07
8 Bailey Starner	12	Glenwood	5:21.60
9 Lillyana Yebra	09	Sioux City North	5:23.13
10 Cierro Guerrero	12	Spencer	5:23.84
11 Breanna Waugh	10	Cb, Abraham Lincoln	5:24.48
12 Avery Lester	09	Sioux City East	5:26.64
13 Shelby Boettcher	11	Sioux City West	5:29.75
14 Emma Sealey	10	Bishop Heelan	5:31.26
15 Jaycee Vander Berg	11	Moc-Fv	5:34.14
16 Madi Peck	11	Bishop Heelan	5:39.33
17 Kendra Bauermeister	10	Spencer	5:42.19
18 Halee Rahbusch	12	South O'Brien	5:42.74
19 Halle Still	11	Kingsley-P/WC	5:43.64
20 Jillian Finnegan	09	Glenwood	5:45.06
21 Lucy O'Hagan	09	Spirit Lake Park	5:47.07
22 Katrina Engebretson	10	Le Mars	5:55.47
23 Miranda Mouw	12	Sioux Center	6:05.99
24 Jessica Johns	10	Sgt. Bluff-Luton	6:06.62
25 Frannie Feekes	12	Sheldon	6:08.45

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Girls 3000 Meter Run OHS**

Top 32

Meet: M 9:57.23 4/23/2005 Ramsey Kavan, Yankton

Name	Year	School	Finals
1 Dondi Schmidt	12	Spirit Lake Park	11:06.62
2 Bailey Hare	11	Oa-Bcig	11:14.32
3 Lindsay Joyce	12	Bishop Heelan	11:18.17
4 Lillyana Yebra	09	Sioux City North	11:20.04
5 Miranda Moss	12	Sioux Center	11:25.98
6 Cierro Guerrero	12	Spencer	11:38.48
7 Jaycee Vander Berg	11	Moc-Fv	11:42.13
8 Nicki Schwarz	12	Marcus Mmc	12:03.45
9 Erin Bandstra	10	Unity Chrst- OC	12:11.11
10 Anneke Knauss	09	Unity Chrst- OC	12:13.74
11 Alyssa Krohn	10	Moc-Fv	12:35.09
12 Alexis Cave	10	Marcus Mmc	12:38.72
13 Felicia Arellano	09	Glenwood	12:42.64
14 Frannie Feekes	12	Sheldon	14:22.27

Girls 400 Meter Hurdles OHS

Top 24 by time

Meet: M 1:04.92 4/19/2006 Jacqui Kalin, SC North

Name	Year	School	Finals	H#
1 Shauna Folchert	11	Sioux City North	1:11.45	3
2 Hannah Hennings	11	Cb, Abraham Lincoln	1:12.66	3
3 Caitlin Cain	12	Sheldon	1:13.88	3
4 Brandi Botcher	09	Spencer	1:13.95	2
5 Patricia King	09	Sioux Center	1:14.27	3
6 Justine Van Sloten	11	Unity Chrst- OC	1:15.69	2
7 Melissa Verdin	12	Sioux City West	1:16.94	2
8 Summit Nielsen	09	Oa-Bcig	1:18.15	2
9 Brooke Skirvin	10	Oa-Bcig	1:19.15	1
10 Haley Cruse	10	Moc-Fv	1:19.74	1
11 Ashley Davis	09	Sgt. Bluff-Luton	1:20.71	1
12 Whitney Sickelka	09	South O'Brien	1:36.68	2

Girls 4x800 Meter Relay OHS

Top 16 teams by time

1 turn stagger

Meet: M 9:15.76 4/19/2006 SF Roosevelt, Sioux Falls R

B. Thune, D. Dalon, A. Eckert, K. Eckert

School	Finals
1 Unity Chrst- OC 'A'	10:02.25
1) Anna Kiel 10	2) Katie Broers 09
3) Jordan Bos 09	4) Cassidy DeJong 11
2 Spencer 'A'	10:31.93
1) Jenna Grimmius 09	2) Sara Bauermeister 10
3) Kari Kramer 12	4) Myah Guerrero 09
3 Moc-Fv 'A'	10:46.29
1) Kelsey Lang 10	2) Alyssa Krohn 10
3) Daphne Heimensen 11	4) Jaycee Vander Berg 11

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Girls 4x800 Meter Relay OHS**

4	Glenwood 'A'	10:49.85
	1) Gabriella Mixan 10	2) Myranda Starner 10
	3) Kali Mumm 10	4) Bailey Starner 12
5	South O'Brien 'A'	10:52.12
	1) Halee Rahbusch 12	2) Taylor Paulsen 12
	3) Olivia Sickelka 11	4) Courtney Rehder 10
6	Sioux Center 'A'	10:58.22
	1) Jessica Harald 09	2) Miranda Moss 12
	3) Miranda Mouw 12	4) Andrea Verburg 09
7	Sioux City East 'A'	11:08.35
	1) Hannah Hildahl 11	2) Caitlyn Taylor 11
	3) Sydney McManamy 10	4) Avery Lester 09
8	Marcus-Meriden-Cleghorn 'A'	11:09.54
	1) Hailee Roberts 10	2) Kayla Brady 10
	3) Nicki Schwarz 12	4) Emily Moser 09
9	Kingsley-Pierson/Woodbury Cen 'A'	11:10.20
	1) Brooke Nettleton 09	2) Halle Still 11
	3) Baylee Bechen 12	4) Rachel Mercer 10
10	Ponca 'A'	11:11.32
	1) Sadie Finnegan 09	2) Bailey Bennett 09
	3) Maddie Niemeier 09	4) Cassie Stowe 09
11	Sheldon 'A'	11:13.07
	1) Brittany Van Wyk 11	2) Anna Marie Fjeld 10
	3) Emma Van Meeteren 10	4) Kayla Van Meeteren 10
12	South Sioux City 'A'	12:00.98
	1) Ashley Borchers 09	2) Emily Ramirez 09
	3) Maria Gonzalez 11	4) Cristina Franco 10
13	River Valley 'A'	12:03.15
	1) Olivia Goettsch 12	2) Alli Brown 10
	3) Taylor Goettsch 10	4) Payton Goettsch 10
14	West Monona 'A'	12:49.18
	1) Shayna Gries 10	2) Makenzie Struble 09
	3) Sarah Tuttle 09	4) Courtney Terry 09

Girls 4x100 Meter Shuttle Hurdle OHS

Meet: M 1:07.91 4/13/2013 Spencer, Spencer

A Meister, K Kramer, K Rhode, T Glover

School Finals H#

1	Glenwood 'A'	1:09.98	2
	1) Olivia Scarborough 10	2) Molly Dean 10	
	3) Ashley Konfrst 11	4) Miranda Ruth 10	
2	Oa-Bcig 'A'	1:11.59	1
	1) Katey Krager 12	2) Summit Nielsen 09	
	3) Claudia Devitt 11	4) Brooke Skirvin 10	
3	Le Mars 'A'	1:11.63	2
	1) Cassandra Martin 11	2) Cassidy Utesch 10	
	3) Holly Schneider 11	4) Amanda Schwartz 10	
4	Sioux Center 'A'	1:11.91	1
	1) Bailie Sandbulte 10	2) Patricia King 09	
	3) Andrea Verburg 09	4) Miranda Lammers 10	
5	Gehlen Catholic 'A'	1:13.14	1
	1) Jill Kessenich 10	2) Baily Wiltgen 12	
	3) Taylor Peters 11	4) Morgan Whitehead 11	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Girls 4x100 Meter Shuttle Hurdle OHS**

6 Spencer 'A'	1:15.12	2
1) Brandi Botcher 09	2) Alyssa Dotson 10	
3) Anna Glover 10	4) Karis Rhode 11	
7 Westwood 'A'	1:15.80	1
1) Tonya Redemia 12	2) Paige Metcalf 09	
3) Mykenzie Whitney 09	4) Renee Choquette 12	

Girls High Jump OHS

Starting height 4'8"

Meet: M 5-07.50 4/20/2006 Megan Glisar, Hanah Wilkinson, SBL, E

Name	Year	School	Finals	
1 Anna Kiel	10	Unity Chrst- OC	5-04.00	1.62m
2 Kaisha Billings	12	Sioux City North	4-10.00	1.47m
3 Molly Dean	10	Glenwood	J4-10.00	1.47m
4 Shelby Bretschneider	10	Pierce	J4-10.00	1.47m
4 Cassidy DeJong	11	Unity Chrst- OC	J4-10.00	1.47m
4 Katie TeGrotenhuis	10	Sioux Center	J4-10.00	1.47m
7 Lexie Petersen	11	Oa-Bcig	4-08.00	1.42m
8 Kendra Bauermeister	10	Spencer	J4-08.00	1.42m
8 Mariah McCarty	12	Gehlen Catholic	J4-08.00	1.42m
-- Jessica Riley	10	Elk Point-Jefferson	NH	
-- Rachel Tweedy	12	Pierce	NH	
-- Danyel Moran	10	Sioux City East	NH	
-- Jenna McCoy	11	Spirit Lake Park	NH	

Girls Long Jump OHS

Meet: M 17-09.50 4/20/1996 Delena Hanes, Bellvue West

Name	Year	School	Finals	Wind	
1 Elizabeth Bohlmann	12	Sioux City East	17-02.75	NWI	5.25m
16-01.75(NWI) 17-02(NWI) FOUL		16-08.50(NWI) 17-02.75(NWI) FOUL			
2 Kaisha Billings	12	Sioux City North	17-01.00	NWI	5.20m
FOUL 17-01(NWI) 16-10(NWI) 15-00.75(NWI) 16-11(NWI) FOUL					
3 Madie Pike	11	Sgt. Bluff-Luton	16-05.00	NWI	5.00m
15-03.75(NWI) 16-05(NWI) 16-02.50(NWI) 16-03.50(NWI) 16-00.50(NWI) 16-03.50(NWI)					
4 Jenna McCoy	11	Spirit Lake Park	16-01.00	NWI	4.90m
14-07(NWI) 16-01(NWI) 15-02.50(NWI) 15-06.50(NWI) 15-05(NWI) 16-00(NWI)					
5 Breanna Waugh	10	Cb, Abraham Lincoln	15-09.00	NWI	4.80m
15-09(NWI) 15-03.50(NWI) FOUL FOUL 14-10(NWI) FOUL					
6 Sarah Salerno	12	Glenwood	15-08.00	NWI	4.77m
15-00(NWI) 14-10(NWI) 15-08(NWI) 15-04(NWI) 15-05(NWI) FOUL					
7 Katie Kneifl	11	Sheldon	15-05.00	NWI	4.69m
14-11.50(NWI) 14-10.50(NWI) FOUL 15-04(NWI) 15-05(NWI) FOUL					
8 Sara Bohan	10	Dakota Valley	15-01.75	NWI	4.61m
14-06.50(NWI) 15-01.75(NWI) FOUL 15-01(NWI) 13-11.50(NWI) 15-01(NWI)					
9 Shelby Bretschneider	10	Pierce	14-08.00	NWI	4.47m
14-08(NWI) 14-06(NWI) 14-06(NWI)					
10 Allison Koehlmoos	11	Pierce	14-06.50	NWI	4.43m
14-06.50(NWI) FOUL FOUL					
11 Tessa Schoonhoven	10	Unity Chrst- OC	14-06.00	NWI	4.41m
14-06(NWI) 14-00(NWI) FOUL					

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

**Olsen Stadium
Results**

....Girls Long Jump OHS

11	Jalen Rost	09 Spencer	14-06.00	NWI	4.41m
	14-03.50(NWI)	14-06(NWI)	14-04(NWI)		
13	Justine Van Sloten	11 Unity Chrst- OC	13-10.00	NWI	4.21m
	13-07(NWI)	13-10(NWI)	13-01.75(NWI)		
14	Rose Pelelo Ray	11 Le Mars	13-06.00	NWI	4.11m
	13-01.50(NWI)	13-06(NWI)	FOUL		
15	Heidi Jones	12 Sioux City West	13-03.00	NWI	4.03m
	FOUL	FOUL	13-03(NWI)		
16	Noelle Weaver	10 Bishop Heelan	12-07.50	NWI	3.84m
	12-07.50(NWI)	FOUL	FOUL		
17	Brittany Hamann	10 Oa-Bcig	11-10.50	NWI	3.61m
	11-10.50(NWI)	FOUL	FOUL		
--	Kayla Inlay	11 Sioux City East	FOUL		
	FOUL	FOUL	FOUL		

Girls Shot Put OHS

Standard for measurement 35'

Meet: M 45-01.25 4/20/1989 Lisa VanSteenwyk, West Lyons

Name	Year	School	Finals	
1 Andrea Urban	12	Le Mars	40-09.00	12.42m
	40-09	39-04	FOUL	FOUL
	FOUL	FOUL	FOUL	36-10
2 Jacy Embray	11	Glenwood	39-11.50	12.17m
	FOUL	37-11.50	39-11.50	38-10
		38-11	38-07.50	
3 Cheyenne Wilcke	12	Oa-Bcig	38-09.00	11.81m
	33-05	37-05.50	35-07	38-09
		37-11.50	35-11.50	
4 Tanya Meyer	12	Sioux City West	37-07.00	11.45m
	35-11	37-07	36-04	36-09.50
		36-05	34-06	
5 Ali Verzani	10	Lawton-Bronson	37-02.00	11.32m
	35-03	35-02.50	36-03.50	37-02
6 Kiana Phelps	10	Kingsley-P/WC	36-09.00	11.20m
	35-01.50	35-04.50	33-07	36-09
		36-03.50	36-05	
7 Miles Ludwigs	12	Sgt. Bluff-Luton	36-05.00	11.09m
	36-05	FOUL	35-08	35-03
		36-05	36-05	
8 Linnaea Konfrst	10	Glenwood	35-11.00	10.94m
	34-01	35-11	33-06	34-06
		35-03	34-08	
9 Jacklyn Hulshof	10	Sioux Center	34-09.00	10.59m
	34-09	30-08	31-01	
10 Ariana Smith	12	Cherokee	34-03.00	10.43m
	32-00	32-01	34-03	
11 Lauren Dosedall	10	Elk Point-Jefferson	34-02.50	10.42m
	31-08	34-02.50	34-02	
12 Kendra Windeshausen	12	Dakota Valley	34-02.00	10.41m
	33-09.50	34-02	33-10.50	
13 Allie Verzani	11	Bishop Heelan	34-00.00	10.36m
	33-00	33-02.50	34-00	
14 Heidi Ploen	12	Kingsley-P/WC	33-10.00	10.31m
	33-10	30-10	32-01	
15 Shay Lund	10	South O'Brien	33-04.00	10.16m
	32-02	30-03.50	33-04	
16 Chantelle DeHaan	12	Unity Chrst- OC	32-10.00	10.00m
	FOUL	32-10	FOUL	
17 Olivia Dagel	09	Cherokee	32-04.00	9.85m
	31-02	31-02	32-04	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

....Girls Shot Put OHS

18 Kaitlyn Parrot	11 Cherokee	32-00.00	9.75m
31-02 32-00 30-08			
19 Sarah Sponder	10 Sioux City East	31-10.00	9.70m
31-10 30-11.50 30-10			
20 Brandi Botcher	09 Spencer	31-06.00	9.60m
30-10 29-11 31-06			
21 Abbi Meendering	11 Sheldon	31-05.00	9.57m
FOUL 31-05 30-04			
22 Krista Bousema	12 Sheldon	31-04.00	9.55m
31-04 FOUL 30-11			
23 Jaylee Lester	11 Bishop Heelan	31-00.00	9.44m
30-02 28-11.50 31-00			
24 Jenny Dailey	11 Elk Point-Jefferson	30-11.00	9.42m
29-03 29-11 30-11			
25 Sierra Matthews	12 South O'Brien	30-10.00	9.39m
27-11.50 FOUL 30-10			
25 Cire Strim	10 Sioux City North	30-10.00	9.39m
30-10 FOUL FOUL			
25 Azaria Hudson	11 Sioux City West	30-10.00	9.39m
30-04 30-10 30-07			
28 Cenze Anderson	10 Le Mars	30-03.50	9.23m
30-03.50 FOUL FOUL			
29 Justicey Tieck	11 Sioux City East	28-10.00	8.78m
28-10 FOUL FOUL			
30 Hannah Van Roekel	11 Unity Chrst- OC	28-01.00	8.55m
27-11 28-01 FOUL			

Girls Discus Throw OHS

Standard measurement 100'

Meet: M 151-08 4/20/2003 Rachel Jansen, MOC-Floyd Valley

Name	Year School	Finals	
1 Kiana Phelps	10 Kingsley-P/WC	148-09	45.33m
129-01 139-07 148-09	FOUL 138-10 146-04		
2 Andrea Urban	12 Le Mars	114-08	34.95m
100-01 114-08 104-05	104-08 FOUL FOUL		
3 Cheyenne Wilcke	12 Oa-Bcig	113-08	34.64m
FOUL 113-08 111-00	107-05 FOUL FOUL		
4 Dawn Henderson	11 Marcus Mmc	110-10	33.78m
88-10 FOUL 110-10	106-03 108-05 108-02		
5 Breanna Schuiteman	10 Moc-Fv	109-09	33.45m
109-09 108-06 109-07	FOUL 104-05 FOUL		
6 Miles Ludwigs	12 Sgt. Bluff-Luton	107-04	32.71m
107-04 FOUL FOUL	96-09 100-03 FOUL		
7 Hailey Huckfelt	11 Spencer	106-08	32.51m
FOUL 103-03 106-08	100-01 FOUL 102-04		
8 Jacy Embray	11 Glenwood	105-05	32.13m
101-09 105-05 98-04	104-07 92-02 FOUL		
9 Cassidy Fox	10 Spencer	J105-05	32.13m
102-05 105-05 101-09	101-11 95-05 94-02		
10 Linnaea Konfrst	10 Glenwood	104-00	31.69m
FOUL 103-00 104-00			
11 Jaylee Lester	11 Bishop Heelan	103-07	31.57m
86-04 103-07 FOUL			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Girls Discus Throw OHS**

12 Allie Verzani 95-05 99-09 98-06	11 Bishop Heelan	99-09	30.40m
13 Ariana Smith FOUL 96-03 FOUL	12 Cherokee	96-03	29.33m
14 Brandi Sporleder FOUL 87-06 95-02	10 Pierce	95-02	29.00m
15 Olivia Dagel 94-02 FOUL FOUL	09 Cherokee	94-02	28.70m
16 Chantelle DeHaan 81-09 92-05 FOUL	12 Unity Chrst- OC	92-05	28.16m
17 Myranda Starner FOUL 91-01 91-00	10 Glenwood	91-01	27.76m
18 Morgan De Jong 89-02 FOUL 86-01	09 Moc-Fv	89-02	27.17m
18 Kate Asmus 89-02 84-06 89-02	10 Pierce	89-02	27.17m
20 Heidi Ploen 86-08 75-00 FOUL	12 Kingsley-P/WC	86-08	26.41m
21 Kadie Bauer FOUL 77-06 86-03	09 South O'Brien	86-03	26.28m
21 Sierra Matthews 86-03 FOUL FOUL	12 South O'Brien	86-03	26.28m
23 Kendra Windeshausen 79-08 FOUL FOUL	12 Dakota Valley	79-08	24.28m
24 Hannah Van Roekel 71-11 76-05 FOUL	11 Unity Chrst- OC	76-05	23.29m
25 Mollie Lower FOUL 65-11 FOUL	10 Sgt. Bluff-Luton	65-11	20.09m
-- Kayla Stottlemeyer FOUL FOUL FOUL	11 Cb, Abraham Lincoln	FOUL	

Girls 800 Meter Run HS Freshman

=====			
Meet: M 2:39.28 4/13/2012 Dana Fisher, South Sioux Ci			
Name	Year	School	Finals
=====			
1 Avery Lester	09	Sioux City East	2:43.60
2 Kiley Boeshart	09	Bishop Heelan	2:51.62
3 Courtney Peters	09	Oa-Bcig	2:58.91
4 Emily Ramirez	09	South Sioux City	2:59.08
5 Hannah Veit	09	Oa-Bcig	3:01.27
6 Gretchen Dodge	09	Le Mars	3:03.05
7 Makena Masuen	09	Le Mars	3:07.27
8 Celeste DeAnda	09	Sioux City North	3:12.33
9 Marah Burkhart	09	Sioux City East	3:19.71
10 Ariana Sandoval	09	Sioux City North	3:22.30
11 Raquel Yoerger	09	Le Mars	3:24.37
12 Elizabeth Saxon	09	Le Mars	3:30.21

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Girls 4x100 Meter Relay HS Freshman**

2 turn stagger

Meet: M 52.62 4/21/2006 Bishop Heelan, Heelan

J Bennett, D Merchant, S Kuehl, M Irwin

School

Finals

1 South Sioux City 'A'	55.14
1) Sydney Hirsch 09	2) Kori Fischer 09
3) Ashley Hohenstein 09	4) Carissa Powell 09
1 Sioux City East 'A'	55.14
1) Lauren Page 09	2) Sami McCulley 09
3) MaKenna Murray 09	4) MaKenna Bricker 09
3 Bishop Heelan 'A'	57.08
1) Morgan Finken 09	2) Jalisa Johnson 09
3) Anna Albenesius 09	4) Rachel Joines 09
4 Oa-Bcig 'A'	57.12
1) Skylar Reis 09	2) Elle McCormick 09
3) Courtney Peters 09	4) Summit Nielsen 09
5 Le Mars 'A'	57.74
1) Ashley Vasquez 09	2) Kristen Ellis 09
3) Matilynn Langel 09	4) Janae Cassan 09
-- Sioux City North 'A'	DQ
1) Leambra Dotson 09	2) Hannah Hammer 09
3) Amina Hartwell 09	4) Kimberly Knuth 09

Girls 4x200 Meter Relay HS Freshman

4 turn stagger

Meet: M 1:51.38 4/18/1990 South Sioux City, South Sio

K. Miller, K. Ericksen, T. Redler, S. Hames

School

Finals

1 Sioux City East 'A'	1:56.05
1) Lauren Page 09	2) Sami McCulley 09
3) Kali Ryan 09	4) MaKenna Bricker 09
2 South Sioux City 'A'	1:58.26
1) Kori Fischer 09	2) Sydney Hirsch 09
3) Ashley Hohenstein 09	4) Carissa Powell 09
3 Sioux City West 'A'	2:02.94
1) DeLaney Berke 09	2) Khenadi Jones 09
3) Kelsey Whiteface 09	4) Brianna Moore 09
4 Oa-Bcig 'A'	2:02.96
1) Skylar Reis 09	2) Elle McCormick 09
3) Courtney Peters 09	4) Summit Nielsen 09
5 Sioux City North 'A'	2:04.32
1) Mercy Oyadare 09	2) Amina Hartwell 09
3) Kimberly Knuth 09	4) Claire Henry 09
6 Le Mars 'A'	2:07.20
1) Ashley Vasquez 09	2) Kristen Ellis 09
3) Matilynn Langel 09	4) Janae Cassan 09

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Girls 4x400 Meter Relay HS Freshman**

3 turn stagger

Meet: M 4:22.16 4/20/2005 Bishop Heelan, Bishop Heela
H. Maly, T. Tigges, L. Harbeck, S. McCauley

School Finals

1 Sioux City East 'A' 4:25.37

1) Lauren Page 09 2) Sami McCulley 09
3) MaKenna Murray 09 4) Kali Ryan 09

2 Oa-Bcig 'A' 4:51.47

1) Skylar Reis 09 2) Courtney Peters 09
3) Sydney Buehler 09 4) Summit Nielsen 09

-- Bishop Heelan 'A' DQ

1) Anna Albenesius 09 2) Kiley Boeshart 09
3) Rachel Joines 09 4) Morgan Finken 09**Girls 4x100 Meter Relay 6th Grade**

2 turn stagger

Meet: M 1:01.93 4/13/2012 North Middle School, North
K Glizar, A Cabrera, A Topete, T Kelley

School Finals

1 West Middle School 'A' 59.92M

2 East Middle School 'A' 1:00.95M

3 North Middle 'A' 1:01.59M

4 West Middle School 'B' 1:06.10

Girls 4x100 Meter Relay 7th Grade

2 turn stagger

Meet: M 57.22 4/13/2012 East Middle School, East Midd
S McCulley, C Ver Steeg, R Webster, A Graves

School Finals

1 South Sioux City Middle Girls 'A' 56.19M

1) McKenna Sims 07 2) Taryn Christensen 07
3) Bricelyn Comstock 07 4) Selene Guzman 07

2 North Middle 'A' 57.02M

1) Ariel Mitchell 07 2) Jayda Graham 07
3) Isabella Gonzalez 07 4) Leila Quintinilla 07

3 Sbl Middle 'A' 57.82

1) Madison TenHulzen 07 2) Madison Harms 07
3) Abby Wisecup 07 4) Brooklyn Huberty 07

4 Dakota Valley Middle 'A' 59.86

1) Leah Meyer 07 2) Hannah Hattan 07
3) Kate Hemmingsen 07 4) Emily Phillips 07

5 East Middle School 'A' 1:07.77

1) Myerra Parker 07 2) Kayla Washington 07
3) Alejandra Uribe 07 4) Hannah Holder 07

-- West Middle School 'A' DQ

1) Daisy Risner 07 2) Brooke Larson 07
3) Justice Farley 07 4) Arianna Whitebeaver 07

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Girls 4x200 Meter Relay 7th Grade**

Meet: M 2:01.75 4/13/2012 South Sioux MS 7 Girls, SSC
M Moore, C Powell, N Akins, K Fischer

School Finals

1 Sbl Middle 'A'	2:02.88
1) Maya Schmidt 07	2) Madison Harms 07
3) Abby Wisecup 07	4) Brooklyn Huberty 07
2 North Middle 'A'	2:06.60
1) Ariel Mitchell 07	2) Amelia Harahap 07
3) Isabella Gonzalez 07	4) Leila Quintinilla 07
3 Dakota Valley Middle 'A'	2:08.50
1) Leah Meyer 07	2) Hannah Hattan 07
3) Kate Hemmingsen 07	4) Emily Phillips 07
4 East Middle School 'A'	2:08.53
1) Myerra Parker 07	2) Allee Downing 07
3) Nicole Serrano 07	4) Hannah Holder 07
5 West Middle School 'A'	2:28.11
1) Daisy Risner 07	2) Justice Farley 07
3) Jada McDonald 07	4) Allyson Smith 07

Girls 800 Meter Run 8th Grade

Meet: M 2:33.56 4/17/2010 Cassie Geopfert, East Middl

Name Year School Finals

1 Lauren Van Dyke	08 East Middle School	2:38.41
2 Paige Hanson	08 East Middle School	2:40.54
3 Lexie Sneller	08 Sbl Middle	2:41.72
4 Taylor Kelley	08 North Middle 8	2:47.52
5 Zoe Cigard	08 Ssc Middle Girls	2:49.49
6 Anna Lucas	08 Sbl Middle	2:51.85
7 Kierra McKernan	08 West Middle School	2:51.90
8 Ashley Gruis	08 West Middle School	2:51.97
9 Kylee Davis	08 North Middle 8	3:20.27

Girls 4x100 Meter Relay 8th Grade

2 turn stagger

Meet: M 56.78 4/21/2007 Sioux City East Middle, East
M. Robinson, S. Houlihan, K. Gigaroa, K. Smith

School Finals

1 North Middle 8 'A'	55.74M
1) Kaitlyn Mulder 08	2) McKenzie Coyle 08
3) Araceli Topete 08	4) Malika Peak-Wallace 08
2 East Middle School 'A'	56.27M
1) Teanna Davila 08	2) Paige Hanson 08
3) Taylor Copple 08	4) Hannah Cooke 08
3 Dakota Valley Middle 'A'	57.45
1) Alyssa Johnson 08	2) Katie Dam 08
3) Peyton Wingert 08	4) Rachel Okine 08
4 West Middle School 'A'	58.32
1) Madison Clayton 08	2) Payton Beaumier 08
3) Ashley Gruis 08	4) Jasmine McGraw 08
5 South Sioux City Middle Girls 'A'	58.69

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Girls 4x100 Meter Relay 8th Grade**

1) Zoe Cigard 08	2) Tori Knowles 08	
3) Mychyl Brown 08	4) Kayla Harris 08	
6 Sbl Middle 'A'		59.37
1) Emma Gaes 08	2) Cassidy Kascht 08	
3) Alijah Ridley 08	4) Rachel Fields 08	

Girls 4x200 Meter Relay 8th Grade

=====
 Meet: M 2:00.35 4/13/2012 Dakota Valley, Dakota Valle
 M Mennenga, E Berger, C Long, S Bohan

School Finals

1 North Middle 8 'A'		1:57.06M
1) Taylor Kelley 08	2) Savannah Brand 08	
3) Kaitlyn Mulder 08	4) Kelli Glisar 08	
2 East Middle School 'A'		1:57.18M
1) Paige Hanson 08	2) Teanna Davila 08	
3) Taylor Copple 08	4) Lauren Van Dyke 08	
3 Dakota Valley Middle 'A'		2:03.30
1) Alyssa Johnson 08	2) Madisyn Heeren 08	
3) Peyton Wingert 08	4) Rachel Okine 08	
4 Sbl Middle 'A'		2:04.35
1) Cassidy Kascht 08	2) Kelsi Ryan 08	
3) Anna Lucas 08	4) Lexie Sneller 08	
5 West Middle School 'A'		2:07.53
1) Ashley Gruis 08	2) Payton Beaumier 08	
3) Madison Clayton 08	4) Chloe Hell 08	
6 South Sioux City Middle Girls 'A'		2:11.88
1) Karissa Langseth 08	2) Shyana Greeley 08	
3) Kayla Harris 08	4) Zoe Cigard 08	

Girls 4x400 Meter Relay 8th Grade

=====
 Meet: M 4:37.38 4/13/2012 Dakota Valley, Dakota Valle
 M Mennenga, E Berger, C Long, S Bohan

School Finals

1 North Middle 8 'A'		4:28.50M
1) McKenzie Coyle 08	2) Savannah Brand 08	
3) Kelli Glisar 08	4) Kaitlyn Mulder 08	
2 East Middle School 'A'		4:28.92M
1) Paige Hanson 08	2) Michaela Lyon 08	
3) Taylor Copple 08	4) Lauren Van Dyke 08	
3 Sbl Middle 'A'		4:46.34
1) Cassidy Kascht 08	2) Kelsi Ryan 08	
3) Lexie Sneller 08	4) Rachel Fields 08	
4 Dakota Valley Middle 'A'		4:49.19
1) Peyton Wingert 08	2) Rachel Okine 08	
3) Madisyn Heeren 08	4) Alyssa Johnson 08	
5 South Sioux City Middle Girls 'A'		5:03.15
1) Kayla Harris 08	2) Shyana Greeley 08	
3) Tori Knowles 08	4) Zoe Cigard 08	
6 West Middle School 'A'		5:11.51
1) Ashley Gruis 08	2) Christar Kin 08	
3) Chloe Hell 08	4) Kierra McKernan 08	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Girls 100 Meter Dash Elite**

=====				
Meet: M 12.56 4/17/2004 Ashlea Johnson, Yankton				
Name	Year	School	Finals	Wind
=====				
1 Britney Calvillo	12	Sioux City East	12.35	3.4
2 Yasmeen Rose	11	Bishop Heelan	12.61	3.4
3 Rebekah Muilenburg	11	Moc-Fv	12.74	3.4
4 Kim Shabino	12	Spencer	12.76	3.4
5 Jacy Bretschneider	12	Pierce	13.03	3.4
6 Casey Sutherland	10	Pierce	13.08	3.4
7 Keely Bertram	12	Elk Point-Jefferson	13.20	3.4

Girls 100 Meter Hurdles Elite

=====				
Meet: M 14.80 4/18/2009 Nevada Sorenson, Sioux Falls Linco				
Name	Year	School	Finals	Wind
=====				
1 Kelsey Krohn	12	Sgt. Bluff-Luton	16.07	3.4
2 Caitlin Cain	12	Sheldon	16.25	3.4
3 Jenna McCoy	11	Spirit Lake Park	16.31	3.4
4 Miranda Ruth	10	Glenwood	16.39	3.4
5 Cassandra Martin	11	Le Mars	16.84	3.4
6 Karis Rhode	11	Spencer	17.00	3.4
7 Olivia Scarborough	10	Glenwood	17.19	3.4

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Women 100 Meter Dash UCO**

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Meet: M 11.82 4/16/1994 Marie Brown, South Dakota

Name Year School Prelims Wind H#

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Preliminaries

1	Neeia Cooperwood	JR Morningside	12.28q	-0.5	7
2	Makenzie Hageman	SO Northern State	12.39q	0.2	6
3	Kyerra Titus-Baer	FR Augustana (Sd)	12.73q	-0.6	5
4	Colleen Everson	SR Augustana (Sd)	12.77q	-0.3	1
5	Laura Popanz	JR Augustana (Sd)	12.80q	-0.7	2
6	Kirsten Nyberg	JR Augustana (Sd)	13.11q	-0.7	2
7	Marisa Broersma	SO Dordt	13.12q	-1.3	4
8	Courtney Albrecht	FR South Dakota	13.17q	-0.5	7
9	Jana Vermeer	FR Northwestern (Ia)	13.19	-0.6	5
10	Ashley Schneider	SR Northwestern (Ia)	13.21	-0.5	7
11	Sarah Faber	SO Dordt	13.22	-0.6	5
12	Breanna Carlson	FR Jamestown	13.29	-1.3	4
13	Justine Twite	JR South Dakota	13.30	0.2	6
14	Emily Culver	SO Northwestern (Ia)	13.31	-0.7	2
15	Karmen Nyberg	SR Augustana (Sd)	13.32	-0.3	3
16	Aubrey Lindgren	SR Northwestern (Ia)	13.35	-0.5	7
17	Kelli Boer	FR Dordt	13.39	-0.3	1
18	Allison Schreiner	SO Morningside	13.41	-0.6	5
18	Gina Sementa	JR Briar Cliff	13.41	-1.3	4
20	Kate Van Gilst	SO Dordt	13.43	-0.3	1
21	Kristen Suchor	SR Sioux Falls	13.48	0.2	6
22	Robyn Blount	SO Dordt	13.51	-0.3	3
22	Mikenzie Nordeen	SO Sioux Falls	13.51	-0.6	5
24	Lindsey Broek	FR Northwestern (Ia)	13.55	-0.3	1
25	Jahdai Dunk	FR Northwestern (Ia)	13.61	-0.3	3

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women 100 Meter Dash UCO**

26	Holly Hegge	Mount Marty College	13.65	0.2	6
27	Janelle Paulson	FR Augustana (Sd)	13.74	-0.7	2
28	Megan Viland	JR South Dakota State	13.81	-0.5	7
29	Natalie Van Essen	FR Dordt	13.83	-0.3	1
30	Elizabeth Hemsworth	SO Faith Baptist	13.90	-0.3	3
31	Shaniese Quist	FR Dordt	13.92	-0.3	3
31	Monique Mack	FR South Dakota State	13.92	0.2	6
33	Kally Vellenga	FR Dordt	14.01	-1.3	4
34	Sara Friesen	SO Dakota St	14.15	-1.3	4
35	Katy Hart	SO Northwestern (Ia)	14.17	-0.7	2
36	Kirsten Brockhoff	FR Morningside	14.61	-0.6	5
36	Kyra Stark	Briar Cliff	14.61	-0.7	2
38	Emerald Gyuricza	SO Jamestown	14.63	0.2	6
39	Nichole Johansen	SO Jamestown	14.73	-0.5	7
40	Giovanna Romero Sarubbi	SR Dordt	15.48	-0.3	3
41	Tayler Dumke	FR Mount Marty College	16.03	-0.3	1

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Women 100 Meter Dash UCO**

Meet: M 11.82 4/16/1994 Marie Brown, South Dakota

Name	Year	School	Finals	Wind
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Finals

1	Neeia Cooperwood	JR Morningside	11.89	1.5
2	Makenzie Hageman	SO Northern State	12.14	1.5
3	Laura Popanz	JR Augustana (Sd)	12.48	1.5
4	Kyerra Titus-Baer	FR Augustana (Sd)	12.77	1.5
5	Kirsten Nyberg	JR Augustana (Sd)	12.89	1.5
6	Marisa Broersma	SO Dordt	12.98	1.5
7	Courtney Albrecht	FR South Dakota	13.30	1.5

Women 200 Meter Dash UCO

Name	Year	School	Finals	Wind
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1	Neeia Cooperwood	JR Morningside	24.11	1.9
2	Carina Hofmeister	SO Augustana (Sd)	24.82	1.9
3	Makenzie Hageman	SO Northern State	25.55	1.9
4	Amber Ewers	SO South Dakota	25.68	1.9
5	Lauren Spranger	SO Northwestern (Ia)	25.93	1.9
6	Kendra Knight	SR Sioux Falls	26.02	1.9
7	Marisa Broersma	SO Dordt	26.19	1.9

Women 400 Meter Dash UCO

Meet: M 55.71 4/19/2001 Sharline Maxwell, Briar Cliff

Name	Year	School	Finals	H#
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1	Neeia Cooperwood	JR Morningside	55.41M	5
2	Carina Hofmeister	SO Augustana (Sd)	56.62	5
3	Kendra Knight	SR Sioux Falls	57.82	5
4	Lauren Spranger	SO Northwestern (Ia)	57.84	5
5	Megan Walhof	JR Northwestern (Ia)	58.07	4
6	Anne Parsley	SO Augustana (Sd)	58.57	4
7	Amber Ewers	SO South Dakota	58.86	5

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women 400 Meter Dash UCO**

8	Robyn Blount	SO Dordt	59.56	5
9	Rachel Weinandt	JR South Dakota	59.89	4
10	CiErra Garrett	FR South Dakota	1:00.10	3
11	Charissa Etrheim	SO Augustana (Sd)	1:00.15	4
12	Marisa Broersma	SO Dordt	1:00.57	4
13	Marissa Stanton	SR Dickinson State	1:00.79	3
14	Jayna Specht	SR Briar Cliff	1:01.07	4
15	Shelby Snare	Dickinson State	1:01.14	4
16	DeAsia Garrett	FR South Dakota	1:01.29	5
17	Ashley Olson	Dickinson State	1:01.45	3
18	Gabbi Kates	SR Briar Cliff	1:01.50	3
19	Allison Schreiner	SO Morningside	1:01.53	2
20	Marisa Shady	FR South Dakota State	1:01.74	2
21	Erica Meyer	SR South Dakota State	1:01.86	2
22	Danielle Hart	FR Wayne State College	1:02.47	3
23	Taylor Hudson	FR Morningside	1:02.51	2
24	Ellen Wulf	SO Wayne State College	1:02.72	3
25	Alyssa Sanders	JR Jamestown	1:02.74	2
26	Elizabeth Hemsworth	SO Faith Baptist	1:02.82	4
27	Kayla Sveen	SO Dakota St	1:03.59	2
28	Melissa Barella	FR Augustana (Sd)	1:03.60	3
29	Mary Alderson	FR Wayne State College	1:03.67	3
30	Bailey Kennedy	FR Northwestern (Ia)	1:04.73	2
31	Shayna Tonderum	FR Dickinson State	1:04.78	2
32	Halie Hoch	SO Morningside	1:06.48	1
33	Kirstin Berg	FR Morningside	1:07.94	1
34	Emily Faber	FR Gillette College	1:13.21	1
34	Caitlin Bossio	SO Jamestown	1:13.21	1

Women 800 Meter Run UCO

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Meet: M 2:09.89 4/17/2000 Lisbeth Pedersen, unattached

Name	Year School	Finals	H#
1	Katie Bonnema	SR Dordt	2:11.97 4
2	Jessica Eibs	SO South Dakota State	2:12.56 4
3	Katie Wetzstein	SO South Dakota	2:12.65 4
4	Brittany Young	SR Dickinson State	2:15.81 4
5	Lindsey Strait	FR South Dakota State	2:15.89 4
6	Amber Eichkorn	SO South Dakota	2:16.73 4
7	Karley Konkell	SO South Dakota State	2:17.25 4
8	Makala Diggs	SO Gillette College	2:18.23 4
9	Brooke Peterson	JR South Dakota State	2:18.51 4
10	Tori Figge	FR Morningside	2:18.61 4
11	Dawn Gildersleeve	SR Northwestern (Ia)	2:18.78 3
12	Justine Van Zee	FR Dordt	2:18.95 3
13	Nicole Schmidt	FR South Dakota	2:19.15 3
14	Jessica Feldman	FR South Dakota	2:19.17 3
15	Kelsey Lewis	FR Dordt	2:19.34 3
16	Jilanne Doom	JR South Dakota	2:19.69 3
17	Amanda Hutchinson	FR Gillette College	2:19.72 4
18	Brielle Davis	SO Gillette College	2:20.35 3
19	Lillie Koerner	JR Dordt	2:20.58 4
20	Jen Petsche	SO Morningside	2:21.33 4
21	Shelby Hall	SO Morningside	2:21.96 3

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women 800 Meter Run UCO**

22	Samantha Anderson	SO South Dakota State	2:22.00	4
23	Paola Mwenentanda	FR Sioux Falls	2:22.10	3
24	Samantha Goff	SO Jamestown	2:24.55	3
25	Myrissa Clark	SO Gillette College	2:24.86	3
26	Mandy O'Malley	FR Mount Marty College	2:25.02	3
27	Jordyn Hudelson	SO Mount Marty College	2:25.06	3
28	Jackie Niewenhuis	SR Northwestern (Ia)	2:25.92	2
29	Sami Smith	JR Northern State	2:25.96	4
30	Stormie Sickler	JR Dickinson State	2:26.48	4
31	Kendra Woytassek	FR Northern State	2:26.50	3
32	Tori Pothast	FR Morningside	2:27.53	3
33	Bethany Larson	FR Morningside	2:27.94	2
34	Anna Hart	SO Morningside	2:28.19	2
35	Berkley Rietveld	FR Mount Marty College	2:29.11	2
36	Grace Stiansen	FR Sioux Falls	2:29.58	2
37	Skyler Lippman	SR Wayne State College	2:29.78	2
38	Tiffany Shepherd	FR Morningside	2:29.97	2
39	Haley Gowery	SO Briar Cliff	2:31.28	2
40	Caitlin Davis	FR Mount Marty College	2:31.41	2
41	Kylie Herlihy	FR Sioux Falls	2:31.63	1
42	Whitney Wilgenburg	JR Dordt	2:31.90	1
43	Stacey McDonald	FR Northern State	2:31.92	3
44	Brooke Grooters	FR Jamestown	2:32.06	2
45	Cassie Burnside	SR Morningside	2:32.80	1
46	Whitney Kuyper	SO Northern State	2:33.42	3
47	Ariel Turnquist	SR Morningside	2:33.65	1
48	Emily Kaup	FR Wayne State College	2:33.72	2
49	Camille Maciejewski	FR Dickinson State	2:34.09	2
50	Carly Holmstrom	SO South Dakota	2:35.88	1
51	Mariah Wills	FR Morningside	2:36.32	1
52	Kori Schulte	FR Northwestern (Ia)	2:37.17	1
53	Karissa De Jong	SO Northwestern (Ia)	2:37.82	1
54	Jasmine Glasgo	FR Morningside	2:39.57	1
55	Elizabeth Kube	SO Morningside	2:40.09	1
56	Jessie Motley	FR Briar Cliff	2:40.91	1
57	Kelli Huenecke	SO Sioux Falls	2:41.87	1
58	Courtney Brandt	FR Northern State	2:42.69	2
59	Kate Mathes	FR Morningside	2:44.43	1
60	Brittany Healy	Mount Marty College	3:02.35	1
61	Heather Banister	FR Dakota Wesleyan	3:19.25	1

Women 1500 Meter Run UCO

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 Meet: M 4:33.84 4/14/2012 Runa Falch, Augustana

Name Year School Finals H#

1	Katie Wetzstein	SO South Dakota	4:33.71M	3
2	Amber Eichkorn	SO South Dakota	4:35.86	3
3	Kristin Brondbo	SR Augustana (Sd)	4:37.90	3
4	Kyle Blakeslee	SR Augustana (Sd)	4:43.43	3
5	Meritxell Delga Do	SO Augustana (Sd)	4:43.54	3
6	Kaitlyn Yoerg	JR Augustana (Sd)	4:44.85	3
7	Nicole Schmidt	FR South Dakota	4:46.62	2
8	Brittany Young	SR Dickinson State	4:48.98	3
9	Jessica Feldman	FR South Dakota	4:50.25	2

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women 1500 Meter Run UCO**

10	Justine Van Zee	FR Dordt	4:50.75	3
11	Cassidy Soli	FR Augustana (Sd)	4:51.31	3
12	Kelsey Lewis	FR Dordt	4:51.43	3
13	Britni Waller	SR South Dakota	4:52.37	3
14	Rachel Huffman	FR Sioux Falls	4:53.24	2
15	Jilanne Doom	JR South Dakota	4:53.80	2
16	Kendra Woytassek	FR Northern State	4:56.63	2
17	Christa Lysne	FR Jamestown	5:00.07	2
18	Kayla Byl	SO Dordt	5:00.09	3
19	Reanna Jereb	SO Gillette College	5:00.41	2
20	Breanna Mathes	Unattached	5:01.26	2
21	Ashly George	FR Dickinson State	5:01.79	2
22	Brielle Davis	SO Gillette College	5:06.25	2
23	Stacey McDonald	FR Northern State	5:09.44	2
24	Whitney Kuyper	SO Northern State	5:09.95	2
25	Mandy O'Malley	FR Mount Marty College	5:10.30	2
26	Kaylee Fly	SR Mount Marty College	5:11.04	2
27	Makala Diggs	SO Gillette College	5:11.32	3
28	Bethany Larson	FR Morningside	5:12.66	2
29	Hailee Heitkamp	JR Sioux Falls	5:13.84	2
30	Skyler Lippman	SR Wayne State College	5:15.17	2
31	Myrissa Clark	SO Gillette College	5:17.19	2
32	Carly Holmstrom	SO South Dakota	5:20.19	1
33	Tiffany Shepherd	FR Morningside	5:20.25	2
34	Joleen Wilhelm	JR Northwestern (Ia)	5:21.01	1
35	Jasmine Glasgo	FR Morningside	5:21.34	1
36	Brooke Grooters	FR Jamestown	5:22.94	2
37	Laura Kunz	FR Sioux Falls	5:23.91	2
38	Cassie Burnside	SR Morningside	5:24.87	1
39	Ariel Turnquist	SR Morningside	5:25.83	1
40	Kylie Herlihy	FR Sioux Falls	5:26.58	1
41	Samantha Bandstra	FR Dordt	5:27.30	1
42	Mariah Wills	FR Morningside	5:29.97	1
43	Haley Gowery	SO Briar Cliff	5:32.78	1
44	Elizabeth Kube	SO Morningside	5:33.11	1
45	Alli Young	FR Dordt	5:33.58	1
46	Halie Hoch	SO Morningside	5:40.91	1
47	Kelli Huenecke	SO Sioux Falls	5:41.55	1
48	Tasha Lechtenberg	SO Morningside	5:42.31	1
49	Laura Camacho	JR Wayne State College	5:44.53	1
50	Anastasia Gentles	SO Dakota St	5:47.53	1
51	Andrea Kontor	SO Briar Cliff	5:48.57	1
52	Maria Owen	SO Gillette College	5:49.60	1
53	Leah Oien	FR Jamestown	5:50.69	1
54	Emily Faber	FR Gillette College	5:51.39	1
55	Sarah McKeon	FR Southwestern	5:53.89	1
56	Libby Hurley-Boyd	FR Southwestern	6:27.42	1
57	Abigail Goetz	SO Briar Cliff	6:59.71	1
--	Dawn Gildersleeve	SR Northwestern (Ia)	DNF	2
--	Kelsey Barrett	SO South Dakota	DNF	2

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Women 5000 Meter Run UCO**

Meet: M 17:11.87 4/19/2010 Runa Faich, Augustana			
Name	Year	School	Finals
1	Kristin	Brondbo SR Augustana (Sd)	17:06.56M
2	Kyle	Blakeslee SR Augustana (Sd)	17:13.98
3	Megan	Hilson JR South Dakota	17:34.66
4	Meritxell	Delga Do SO Augustana (Sd)	17:37.24
5	Sasha	Hovind FR Northern State	18:16.69
6	Britni	Waller SR South Dakota	18:32.35
7	Megan	Brown JR Augustana (Sd)	18:35.89
8	Lauren	Opp JR Dordt	18:36.79
9	Sierra	Harder SR Sioux Falls	18:37.66
10	Aleona	Reyes JR Jamestown	18:40.61
11	Kelsey	Barrett SO South Dakota	18:42.39
12	Christa	Lysne FR Jamestown	18:45.39
13	Nicole	Ausborn JR Morningside	18:55.11
14	Dakotah	Bullen FR Northern State	19:03.09
15	Nicole	Arnold FR Northern State	19:20.08
16	Ashly	George FR Dickinson State	19:46.67
17	Kaylie	Ogle SO Dordt	20:25.89
18	Katie	Droog JR Dordt	20:33.25
19	Andrea	Kontor SO Briar Cliff	21:19.43
20	Leah	Oien FR Jamestown	22:02.66
--	Jamie	Geho SR Dakota Wesleyan	DNF

Women 10000 Meter Run UCO

Meet: M 35:44.51 4/21/1998 Stacy Johnson, Augustana			
Name	Year	School	Finals
1	Reanna	Jereb SO Gillette College	38:58.88
2	Karen	Mayfield FR Mount Marty College	40:49.40
3	Maria	Owen SO Gillette College	45:48.37
4	Megan	Aschoff SO Briar Cliff	50:52.67

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Women 100 Meter Hurdles UCO**

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Meet: M 14.01 4/16/1994 Anna Ratzloff, Augustana

Name Year School Prelims Wind H#

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Preliminaries

1	Karen Hutson	JR Northwestern (Ia)	15.21q	-1.1	2
2	Marissia Hagedorn	SO South Dakota State	15.23q	-1.7	4
3	Kirsten Townley	SR Sioux Falls	15.27q	-1.2	3
4	Madeline Fluharty	FR Northern State	15.34q	-1.7	4
4	Tansha Clarke	SR South Dakota	15.34q	-1.5	1
6	Ashley Thompson	FR South Dakota	15.35q	-1.2	3
7	Alexis Guhl	SR Wayne State College	15.43q	-1.1	2
8	Cailyn Schreurs	FR South Dakota State	15.68q	-1.7	4
9	Robyn Blount	SO Dordt	15.75	-1.2	3
9	Tricia Watson	SR South Dakota	15.75	-1.5	1
11	Calliann Brunswig	SO Augustana (Sd)	15.78	-1.5	1
11	Molly Ervin	FR South Dakota	15.78	-1.7	4
13	Katie Atkins	FR Morningside	16.14	-1.7	4
14	Katie Tonner	SR Augustana (Sd)	16.32	-1.2	3

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women 100 Meter Hurdles UCO**

15	Corby White	FR Augustana (Sd)	16.40	-1.5	1
16	Kayla Schumacher	SR Jamestown	16.57	-1.1	2
17	Michelle Glass	JR Jamestown	16.64	-1.2	3
18	Ellen Wulf	SO Wayne State College	16.74	-1.7	4
19	Abigail Stevens	SO Northwestern (Ia)	16.78	-1.7	4
20	Megan Svitak	JR Wayne State College	16.88	-1.1	2
21	Maddie Tomlinson	FR Morningside	17.16	-1.5	1
22	Sarah Wedel	SO Northwestern (Ia)	17.31	-1.5	1
23	Jolynn Warnes	JR Jamestown	17.76	-1.2	3
24	Kim Kroeze	FR Dordt	17.86	-1.1	2
25	Jessica Wyatt	FR Jamestown	18.24	-1.2	3
26	Briquelle Bowden	FR South Dakota	18.28	-1.5	1
27	Erin Gorman	FR Jamestown	21.35	-1.1	2

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Women 100 Meter Hurdles UCO**

Meet: M 14.01 4/16/1994 Anna Ratzloff, Augustana

Name	Year	School	Finals	Wind
------	------	--------	--------	------

Finals

1	Karen Hutson	JR Northwestern (Ia)	14.35	2.5
2	Tansha Clarke	SR South Dakota	14.67	2.5
3	Madeline Fluharty	FR Northern State	14.80	2.5
4	Kirsten Townley	SR Sioux Falls	15.00	2.5
5	Alexis Guhl	SR Wayne State College	15.19	2.5
6	Ashley Thompson	FR South Dakota	15.26	2.5

Women 400 Meter Hurdles UCO

Meet: M 1:00.55 4/15/1995 Anna Ratzloff, Augustana

Name	Year	School	Finals	H#
------	------	--------	--------	----

1	Kayla Mescher	JR Augustana (Sd)	1:02.21	4
2	Hannah Treinen	SR Northern State	1:02.57	4
3	Rebecca Davenport	JR Wayne State College	1:05.19	4
4	Corby White	FR Augustana (Sd)	1:05.39	3
5	Lori Foltz	SO South Dakota State	1:05.42	4
6	Ashley Evers	SO Sioux Falls	1:05.59	4
7	Tricia Watson	SR South Dakota	1:05.68	4
8	Jessie Hamman	SO Morningside	1:06.24	3
9	Kayla Schumacher	SR Jamestown	1:06.41	3
10	Kati Nelson	SO South Dakota	1:06.43	3
11	Ashley Thompson	FR South Dakota	1:07.44	2
12	Molly Ervin	FR South Dakota	1:07.99	2
13	Evelyn Klein	FR South Dakota State	1:08.07	1
14	Maddie Tomlinson	FR Morningside	1:08.28	2
15	Sarah Wedel	SO Northwestern (Ia)	1:08.48	2
16	Kim Kroeze	FR Dordt	1:08.75	4
17	Katie Atkins	FR Morningside	1:08.95	2
18	Molly Wynn	FR Northern State	1:09.34	3
19	Elizabeth Pille	FR Wayne State College	1:09.51	3
20	Regina Steffen	JR Northwestern (Ia)	1:10.22	1
21	Kara Homandberg	FR South Dakota	1:10.27	1
22	Miranda Brower	JR Northern State	1:11.18	3
23	Lauren Hill	FR South Dakota	1:11.31	1

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women 400 Meter Hurdles UCO**

24	Desi Beckmann	SO Briar Cliff	1:13.09	2
25	Bria Taber	FR Jamestown	1:14.39	2
26	Jessica Neises	FR Dakota Wesleyan	1:15.27	1

Women 3000 Meter Steeplechase UCO

=====				
Meet: M 10:41.76 4/14/2012 Kyle Blakeslee, Augustana				
Name	Year	School		Finals
=====				
1	Aleona Reyes	JR Jamestown	11:33.94	
2	Samantha Goff	SO Jamestown	11:36.79	
3	Kayla Byl	SO Dordt	11:43.95	
4	Kara Nitz	FR Unattached	11:50.39	
5	Abby De Vries	JR Dordt	11:55.80	
6	Jordyn Visscher	FR Dordt	12:01.66	
7	Nicole Ausborn	JR Morningside	12:02.08	
8	Emily Feyereisen	JR South Dakota	12:33.62	
9	Cristina Murillo	FR Wayne State College	12:33.86	
10	Amber Sandbulte	SO Northwestern (Ia)	12:37.96	
11	Lottie Grimshaw	FR South Dakota	13:08.40	
12	Skylar Forgey	SO Dakota Wesleyan	13:25.49	
13	Jaden Wamstad	FR Wayne State College	13:41.07	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Women 4x100 Meter Relay UCO**

=====

2 turn stagger

Meet: M 46.88 4/16/2010 Mary, Mary

K Nelson, N Coombs, M Weber, K Stewart

School

Prelims H#

=====

Preliminaries

1 Augustana (Sd) 'A'	48.93q	2
1) Kyerra Titus-Baer FR	2) Laura Popanz JR	
3) Kirsten Nyberg JR	4) Karmen Nyberg SR	
2 Northwestern (Ia) 'A'	49.23q	1
1) Jana Vermeer FR	2) Ashley Schneider SR	
3) Emily Culver SO	4) Jahdai Dunk FR	
3 South Dakota 'A'	49.28q	1
4 Dordt 'A'	49.34q	2
1) Sarah Faber SO	2) Marisa Broersma SO	
3) Kate Van Gilst SO	4) Robyn Blount SO	
5 Northern State 'A'	49.37q	1
1) Elizabeth Raecke FR	2) Madeline Fluharty FR	
3) Molly Wynn FR	4) Makenzie Hageman SO	
6 Wayne State College 'A'	49.86q	1
1) Alexis Guhl SR	2) Mary Alderson FR	
3) Danielle Hart FR	4) Ellen Wulf SO	
7 Sioux Falls 'A'	50.27q	2
1) Kendra Knight SR	2) Kirsten Townley SR	
3) Mikenzie Nordeen SO	4) Hannah Linder FR	
8 Briar Cliff 'A'	51.02q	2
1) Beccy Dodunski	2) Gina Sementa JR	
3) Rachel Hunt FR	4) Jodi Roth FR	
9 Northwestern (Ia) 'B'	52.79	1
1) Sonya Hagberg FR	2) Lindsey Broek FR	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

....Women 4x100 Meter Relay UCO

3) Regina Steffen JR	4) Katy Hart SO		
10 Jamestown 'A'		52.81	2
1) Breanna Carlson FR	2) Erin Gorman FR		
3) Nikki Iverson JR	4) Alyssa Sanders JR		

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Women 4x100 Meter Relay UCO**

=====

2 turn stagger

Meet: M 46.88 4/16/2010 Mary, Mary

K Nelson, N Coombs, M Weber, K Stewart

School

Finals

=====

Finals

1 Augustana (Sd) 'A'	49.24
1) Kyerra Titus-Baer FR	2) Laura Popanz JR
3) Kirsten Nyberg JR	4) Karmen Nyberg SR
2 Dordt 'A'	49.36
1) Sarah Faber SO	2) Marisa Broersma SO
3) Kate Van Gilst SO	4) Robyn Blount SO
3 Northwestern (Ia) 'A'	49.44
1) Jana Vermeer FR	2) Ashley Schneider SR
3) Emily Culver SO	4) Jahdai Dunk FR
4 Northern State 'A'	49.68
1) Elizabeth Raecke FR	2) Madeline Fluharty FR
3) Molly Wynn FR	4) Makenzie Hageman SO
5 South Dakota 'A'	49.69
6 Wayne State College 'A'	50.36
1) Alexis Guhl SR	2) Mary Alderson FR
3) Danielle Hart FR	4) Ellen Wulf SO
7 Sioux Falls 'A'	50.84
1) Kendra Knight SR	2) Kirsten Townley SR
3) Mikenzie Nordeen SO	4) Hannah Linder FR
8 Briar Cliff 'A'	52.26
1) Beccy Dodunski	2) Gina Sementa JR
3) Rachel Hunt FR	4) Jodi Roth FR

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

Women 4x200 Meter Relay UCO

4 turn stagger

Meet: M 1:39.71 4/16/1994 South Dakota, South Dakota

M. Christie J. Bowne C. McFarland M. Brown

School

Prelims H#

Preliminaries

1 Augustana (Sd) 'A'	1:44.64q	1
1) Kirsten Nyberg JR	2) Karmen Nyberg SR	
3) Katie Tonner SR	4) Colleen Everson SR	
2 South Dakota 'A'	1:44.84q	1
1) DeAsia Garrett FR	2) CiErra Garrett FR	
3) Courtney Albrecht FR	4) Amber Ewers SO	
3 Northwestern (Ia) 'A'	1:46.12q	1
1) Aubrey Lindgren SR	2) Ashley Schneider SR	
3) Jana Vermeer FR	4) Karen Hutson JR	
4 Briar Cliff 'A'	1:48.95q	2
1) Beccy Dodunski	2) Rachel Hunt FR	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

....Women 4x200 Meter Relay UCO

3) Jodi Roth FR	4) Jayna Specht SR	
5 Dickinson State 'A'		1:48.99q 2
1) Marissa Stanton SR	2) Shelby Snare	
3) Shayna Tonderum FR	4) Ashley Olson	
6 Augustana (Sd) 'B'		1:49.25q 2
1) Calliann Brunswig SO	2) Janelle Paulson FR	
3) Kaylynn Erlandson SO	4) Alyssa Schmidt SR	
7 Dordt 'A'		1:49.54q 1
1) Sarah Faber SO	2) Kelli Boer FR	
3) Shaniese Quist FR	4) Kate Van Gilst SO	
8 South Dakota State 'B'		1:49.61q 2
1) Megan Viland JR	2) Logan Amdahl FR	
3) Elizabeth Molitor FR	4) Courtney Trapp FR	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Women 4x200 Meter Relay UCO**

4 turn stagger

Meet: M 1:39.71 4/16/1994 South Dakota, South Dakota

M. Christie J. Bowne C. McFarland M. Brown

School

Finals

Finals

1 South Dakota 'A'	1:43.90
1) DeAsia Garrett FR	2) CiErra Garrett FR
3) Courtney Albrecht FR	4) Amber Ewers SO
2 Augustana (Sd) 'A'	1:44.48
1) Kirsten Nyberg JR	2) Karmen Nyberg SR
3) Katie Tonner SR	4) Colleen Everson SR
3 Northwestern (Ia) 'A'	1:46.94
1) Aubrey Lindgren SR	2) Ashley Schneider SR
3) Jana Vermeer FR	4) Jahdai Dunk FR
4 Dickinson State 'A'	1:48.28
1) Marissa Stanton SR	2) Shelby Snare
3) Shayna Tonderum FR	4) Ashley Olson
5 Augustana (Sd) 'B'	1:48.74
1) Calliann Brunswig SO	2) Janelle Paulson FR
3) Kaylynn Erlandson SO	4) Alyssa Schmidt SR
6 Dordt 'A'	1:49.36
1) Sarah Faber SO	2) Kelli Boer FR
3) Shaniese Quist FR	4) Kate Van Gilst SO
7 Briar Cliff 'A'	1:49.59
1) Beccy Dodunski	2) Rachel Hunt FR
3) Jodi Roth FR	4) Jayna Specht SR

Women 4x400 Meter Relay UCO

3 turn stagger

Meet: M 3:49.05 4/22/1992 North Dakota State, North Dako

Ristau, Koehn, Kelly, Faus

School

Finals H#

1 Augustana (Sd) 'A'	3:49.49	3
1) Carina Hofmeister SO	2) Anne Parsley SO	
3) Colleen Everson SR	4) Kayla Mescher JR	
2 Sioux Falls 'A'	3:53.92	3

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women 4x400 Meter Relay UCO**

1) Kirsten Townley SR	2) Katlyn Sawtelle JR		
3) Haley Kruger SO	4) Kendra Knight SR		
3 South Dakota 'A'		3:54.84	3
1) CiErra Garrett FR	2) Rachel Weinandt JR		
3) DeAsia Garrett FR	4) Amber Ewers SO		
4 Morningside 'A'		3:56.89	3
1) Neeia Cooperwood JR	2) Tori Figge FR		
3) Shelby Hall SO	4) Jen Petsche SO		
5 Northwestern (Ia) 'A'		3:58.70	3
1) Megan Walhof JR	2) Emily Culver SO		
3) Karen Hutson JR	4) Lauren Spranger SO		
6 Dickinson State 'A'		4:02.34	2
1) Brittany Young SR	2) Shelby Snare		
3) Marissa Stanton SR	4) Stormie Sickler JR		
6 Dordt 'A'		4:02.34	3
1) Marisa Broersma SO	2) Robyn Blount SO		
3) Justine Van Zee FR	4) Katie Bonnema SR		
8 Northern State 'A'		4:05.15	3
1) Madeline Fluharty FR	2) Elizabeth Raecke FR		
3) Sami Smith JR	4) Hannah Treinen SR		
9 Jamestown 'A'		4:05.25	2
1) Alyssa Sanders JR	2) Kayla Schumacher SR		
3) Erin Gorman FR	4) Michelle Glass JR		
10 Morningside 'B'		4:06.07	2
1) Taylor Hudson FR	2) Tori Pothast FR		
3) Allison Schreiner SO	4) Jessie Hamman SO		
11 Wayne State College 'A'		4:10.86	2
1) Elizabeth Pille FR	2) Danielle Hart FR		
3) Rebecca Davenport JR	4) Mary Alderson FR		
12 Dordt 'B'		4:13.59	2
1) Kim Kroeze FR	2) Lillie Koerner JR		
3) Kate Van Gilst SO	4) Kelsey Lewis FR		
13 Mount Marty College 'A'		4:19.35	1
1) Caitlin Davis FR	2) Jordyn Hudelson SO		
3) Berkley Rietveld FR	4) Mandy O'Malley FR		
14 Sioux Falls 'B'		4:19.36	2
1) Mikenzie Nordeen SO	2) Paola Mwentanda FR		
3) Grace Stiansen FR	4) Ashley Evers SO		
15 Morningside 'C'		4:20.24	1
1) Maddie Tomlinson FR	2) Tiffany Shepherd FR		
3) Anna Hart SO	4) Katie Atkins FR		
16 Northern State 'B'		4:31.52	1
1) Kendra Woytassek FR	2) Stacey McDonald FR		
3) Karly Dehn FR	4) Courtney Brandt FR		
17 Morningside 'D'		4:38.01	1
1) Kirstin Berg FR	2) Ariel Turnquist SR		
3) Halie Hoch SO	4) Bethany Larson FR		
18 Morningside 'E'		4:48.30	1
1) Kate Mathes FR	2) Mariah Wills FR		
3) Cassie Burnside SR	4) Elizabeth Kube SO		

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Women 4x800 Meter Relay UCO**

1 turn stagger

Meet: M 9:13.39 4/14/2012 South Dakota, South Dakota
R Weinandt, N Newman, K Mullen, E Ladwig

School Finals

1	Sioux Falls 'A'		9:27.14
	1) Haley Kruger SO	2) Hailee Heitkamp JR	
	3) Laura Kunz FR	4) Rachel Huffman FR	
2	Northwestern (Ia) 'A'		9:29.29
	1) Dawn Gildersleeve SR	2) Megan Walhof JR	
	3) Lauren Spranger SO	4) Jackie Niewenhuis SR	
3	Morningside 'A'		9:34.13
	1) Shelby Hall SO	2) Tori Figge FR	
	3) Tori Pothast FR	4) Jen Petsche SO	
4	Gillette College 'A'		9:43.10
	1) Brielle Davis SO	2) Amanda Hutchinson FR	
	3) Myrissa Clark SO	4) Makala Diggs SO	
5	Mount Marty College 'A'		10:08.03
	1) Caitlin Davis FR	2) Jordyn Hudelson SO	
	3) Berkley Rietveld FR	4) Mandy O'Malley FR	

Women 1600 Sprint Medley UCO

3 turn stagger

Meet: M 4:08.53 4/20/2000 North Dakota State, North Dako
J. Theeler T. Wigley-Bundy C. Ward R Kraft

School Finals H#

1	Dordt 'A'		4:10.29	2
	1) Sarah Faber SO	2) Robyn Blount SO		
	3) Lillie Koerner JR	4) Katie Bonnema SR		
2	Northern State 'A'		4:12.17	2
	1) Elizabeth Raecke FR	2) Makenzie Hageman SO		
	3) Hannah Treinen SR	4) Sami Smith JR		
3	Augustana (Sd) 'A'		4:16.45	2
	1) Kirsten Nyberg JR	2) Karmen Nyberg SR		
	3) Charissa Etrheim SO	4) Emma Anderson SO		
4	Dickinson State 'A'		4:22.26	2
	1) Ashley Olson	2) Marissa Stanton SR		
	3) Shelby Snare	4) Stormie Sickler JR		
5	Briar Cliff 'A'		4:24.39	2
	1) Gina Sementa JR	2) Rachel Hunt FR		
	3) Gabbi Kates SR	4) Jayna Specht SR		
6	Sioux Falls 'A'		4:28.22	2
	1) Mikenzie Nordeen SO	2) Kristen Suchor SR		
	3) Ashley Evers SO	4) Grace Stiansen FR		
7	Northwestern (Ia) 'A'		4:32.96	1
	1) Jahdai Dunk FR	2) Abigail Stevens SO		
	3) Jackie Niewenhuis SR	4) Amber Sandbulte SO		
8	Northern State 'B'		4:38.76	1
	1) Miranda Brower JR	2) Karly Dehn FR		
	3) Molly Wynn FR	4) Courtney Brandt FR		
9	Dakota St 'A'		4:38.90	1
	1) Sara Friesen SO	2) Heather Dearing FR		
	3) Victoria Sopko SO	4) Kayla Sveen SO		

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women 1600 Sprint Medley UCO**

10 Jamestown 'A'	4:54.09	1
1) Jessica Wyatt FR	2) Emerald Gyuricza SO	
3) Caitlin Bossio SO	4) Jolynn Warnes JR	
-- Wayne State College 'A'	DQ	2
1) Alexis Guhl SR	2) Rebecca Davenport JR	
3) Elizabeth Pille FR	4) Emily Kaup FR	

Women Distance Medley UCO

1 turn stagger
 Running Order 1200-400-800-1600
 Meet: M 12:11.53 4/20/1998 North Dakota State, North
 School Finals

1 Augustana (Sd) 'A'	12:26.57
1) Kaitlyn Yoerg JR	2) Melissa Barella FR
3) Emma Anderson SO	4) Cassidy Soli FR
2 Sioux Falls 'A'	12:44.07
1) Laura Kunz FR	2) Haley Kruger SO
3) Hailee Heitkamp JR	4) Rachel Huffman FR

Women High Jump UCO

Meet: M 5-10.75 4/14/2012 Megan Glisar, Morningside

Name	Year School	Finals
1 Megan Glisar	SR Unattached	1.76m 5-09.25
2 Mary Wirth	JR South Dakota State	1.73m 5-08.00
3 Sierra Kloth	FR Mount Marty College	1.63m 5-04.25
4 Michelle Glass	JR Jamestown	J1.63m 5-04.25
5 Gena Burley	SO Northern State	J1.63m 5-04.25
6 Hailey Schaper	SR Dickinson State	J1.63m 5-04.25
7 Kali Olson	SR South Dakota State	1.58m 5-02.25
7 Mycah Hulst	SO Dordt	1.58m 5-02.25
9 Christine Campbell	FR Augustana (Sd)	J1.58m 5-02.25
10 Briquelle Bowden	FR South Dakota	J1.58m 5-02.25
11 Taylor Brown	JR Jamestown	J1.58m 5-02.25
12 Caitlin Casey	SR Morningside	1.53m 5-00.25
12 Lindsay Elston	SR Sioux Falls	1.53m 5-00.25
12 Tansha Clarke	SR South Dakota	1.53m 5-00.25
12 Ashley Wagner	SR South Dakota State	1.53m 5-00.25
16 Cailyn Schreurs	FR South Dakota State	1.48m 4-10.25
16 Jolynn Warnes	JR Jamestown	1.48m 4-10.25
16 Madison Fopma	FR Dordt	1.48m 4-10.25
16 Megan Svitak	JR Wayne State College	1.48m 4-10.25
16 Amanda Dill	FR Briar Cliff	1.48m 4-10.25
16 Leandra Schlecht	JR Northern State	1.48m 4-10.25
-- Kelsey Kaufmann	SO Augustana (Sd)	NH
-- Heather Dearing	FR Dakota St	NH
-- Melissa Barella	FR Augustana (Sd)	NH
-- Lauren Bobst	FR Augustana (Sd)	NH
-- Mykaela Hughes	FR Mount Marty College	NH
-- Monique Mack	FR South Dakota State	NH
-- Courtney Kjeldgaard	SO Jamestown	NH

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Women Pole Vault UCO**

Meet: M 13-06 4/14/2012 Emily Grove, South Dakota				
Name	Year	School	Finals	
1 Hunter Wilkes	SO	South Dakota	4.11m	13-05.75
2 Brigitte Gross	SR	Sioux Falls	3.96m	12-11.75
3 Emily Brigham	FR	South Dakota	J3.96m	12-11.75
4 Madison Mills	SO	South Dakota	3.81m	12-06.00
5 Courtney Crandall	SO	Sioux Falls	3.51m	11-06.25
6 Courtney Trapp	FR	South Dakota State	J3.51m	11-06.25
7 Samantha Slaubaugh	SR	Sioux Falls	J3.51m	11-06.25
8 Megan Muller	FR	Sioux Falls	3.36m	11-00.25
9 Katie Rutcosky	JR	Sioux Falls	3.21m	10-06.25
9 Alyssa Schmidt	SR	Augustana (Sd)	3.21m	10-06.25
9 Tara Starzec	FR	Sioux Falls	3.21m	10-06.25
9 Breanne Heidema	SR	Dordt	3.21m	10-06.25
9 Emerald Gyuricza	SO	Jamestown	3.21m	10-06.25
9 Logan Amdahl	FR	South Dakota State	3.21m	10-06.25
15 Nichole Johansen	SO	Jamestown	2.91m	9-06.50
16 Ariana Arampatzis	FR	Dakota Wesleyan	2.76m	9-00.50
17 Dominique Swanson	FR	Morningside	2.61m	8-06.75
17 Cody Manfull	FR	Northwestern (Ia)	2.61m	8-06.75
-- Elizabeth Molitor	FR	South Dakota State	NH	
-- Keiley Sampson	JR	Jamestown	NH	
-- Hannah Linder	FR	Sioux Falls	NH	

Women Long Jump UCO

Meet: M 19-11.75 4/13/2013 Neeia Cooperwood, Morningside						
Name	Year	School	Finals	Wind		
1 Caitlin Walgrave	FR	Unattached	5.96m	1.8	19-06.75	
			5.80m(-1.7) 5.87m(0.3) 5.93m(1.7) 5.95m(2.5) 5.96m(1.8) 5.89m(-0.1)			
2 Neeia Cooperwood	JR	Morningside	5.92m	2.1	19-05.25	
			FOUL 5.11m(0.1) 5.92m(2.1) FOUL 5.71m(0.2) FOUL			
3 Karen Hutson	JR	Northwestern (Ia)	5.81m	0.7	19-00.75	
			5.51m(-0.9) 5.73m(-0.8) FOUL 5.57m(0.6) 5.77m(2.0) 5.81m(0.7)			
4 Colleen Everson	SR	Augustana (Sd)	5.51m	2.2	18-01.00	
			5.25m(-0.9) 5.32m(0.9) FOUL 5.32m(0.1) 5.51m(2.2) 5.21m(-1.6)			
5 Madeline Fluharty	FR	Northern State	5.48m	1.8	17-11.75	
			5.32m(0.5) 5.37m(-1.0) 5.02m(1.0) FOUL 5.48m(1.8) 4.98m(-1.6)			
6 Tansha Clarke	SR	South Dakota	5.36m	1.5	17-07.00	
			5.17m(1.6) 5.36m(1.5) 5.12m(-0.8) FOUL FOUL 5.02m(-0.1)			
7 Lindsay Elston	SR	Sioux Falls	5.33m	1.3	17-06.00	
			FOUL 5.26m(1.2) FOUL 5.33m(1.3) 5.09m(1.6) 5.06m(2.0)			
8 Christy Heidema	SR	Dordt	5.26m	1.6	17-03.25	
			FOUL 5.26m(1.6) FOUL FOUL 5.21m(1.8) FOUL			
9 Calliann Brunswig	SO	Augustana (Sd)	5.19m	1.4	17-00.50	
			5.10m(-1.7) 5.19m(1.4) 4.94m(2.3) 4.86m(0.4) FOUL FOUL			
10 Sarah Faber	SO	Dordt	5.14m	+0.0	16-10.50	
			4.97m(1.5) 5.14m(+0.0) 5.10m(0.2)			
11 Janelle Paulson	FR	Augustana (Sd)	5.03m	1.2	16-06.00	
			FOUL 5.03m(1.2) FOUL			
12 Briquelle Bowden	FR	South Dakota	5.00m	2.0	16-05.00	
			5.00m(2.0) 4.99m(0.6) FOUL			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women Long Jump UCO**

13	Kirsten Townley	SR	Sioux Falls	4.96m	1.5	16-03.25
	4.96m(1.5) 4.92m(1.7) 4.96m(1.2)					
14	Abbey VanDenBerg	JR	Mount Marty College	4.93m	-0.2	16-02.25
	FOUL 4.93m(-0.2) FOUL					
15	Miranda Brower	JR	Northern State	4.92m	1.7	16-01.75
	FOUL 4.77m(-0.1) 4.92m(1.7)					
15	Abigail Stevens	SO	Northwestern (Ia)	4.92m	2.1	16-01.75
	4.92m(2.1) FOUL 4.55m(1.8)					
17	Kaylynn Erlandson	SO	Augustana (Sd)	4.90m	2.2	16-01.00
	4.90m(2.2) FOUL 4.69m(0.8)					
18	Mackenzie Small	SR	Northwestern (Ia)	4.88m	+0.0	16-00.25
	FOUL 4.88m(+0.0) 4.88m(1.6)					
19	Ellen Wulf	SO	Wayne State College	4.84m	1.0	15-10.50
	4.84m(1.0) 4.82m(0.8) FOUL					
20	Natalie Van Essen	FR	Dordt	4.83m	+0.0	15-10.25
	FOUL 4.83m(+0.0) FOUL					
21	Marisaa Fallesen	FR	South Dakota	4.80m	1.1	15-09.00
	4.80m(1.1) 4.63m(2.0) FOUL					
22	Paige Leuthold	FR	Sioux Falls	4.79m	-0.9	15-08.75
	4.76m(1.0) FOUL 4.79m(-0.9)					
22	Caitlin Davis	FR	Mount Marty College	4.79m	1.9	15-08.75
	4.44m(1.4) 4.79m(1.9) 4.60m(0.1)					
24	Holly Hegge		Mount Marty College	4.76m	1.9	15-07.50
	FOUL FOUL 4.76m(1.9)					
25	Josie Bopp	JR	Jamestown	4.70m	2.6	15-05.00
	4.45m(0.5) 4.70m(2.6) 4.63m(1.0)					
26	Katy Hart	SO	Northwestern (Ia)	4.68m	0.7	15-04.25
	4.68m(0.7) 4.55m(0.6)					
27	Nikki Iverson	JR	Jamestown	4.65m	1.2	15-03.25
	FOUL FOUL 4.65m(1.2)					
28	Sadie Fedor	SO	Mount Marty College	4.63m	1.8	15-02.25
	4.06m(1.2) 4.54m(+0.0) 4.63m(1.8)					
29	Tascha Donnelly	SO	Briar Cliff	4.61m	0.5	15-01.50
	4.61m(0.5) FOUL FOUL					
30	Ariana Arampatzis	FR	Dakota Wesleyan	4.60m	1.1	15-01.25
	FOUL 4.41m(-0.5) 4.60m(1.1)					
31	Rachael Johnson	FR	South Dakota	4.57m	1.0	15-00.00
	4.57m(1.0) FOUL FOUL					
31	Kirsten Noska	JR	Augustana (Sd)	4.57m	1.5	15-00.00
	FOUL 4.57m(1.5) FOUL					
31	Justine Twite	JR	South Dakota	4.57m	+0.0	15-00.00
	4.06m(1.6) 4.57m(+0.0) FOUL					
34	Jolynn Warnes	JR	Jamestown	4.54m	1.0	14-10.75
	4.54m(1.0) FOUL FOUL					
35	Lauren Bobst	FR	Augustana (Sd)	4.50m	2.0	14-09.25
	4.50m(2.0) FOUL FOUL					
36	Sonya Hagberg	FR	Northwestern (Ia)	4.36m	1.4	14-03.75
	4.36m(1.4) FOUL FOUL					
37	Sidney Blum	SR	Wayne State College	4.35m	1.4	14-03.25
	FOUL 4.35m(1.4) FOUL					
38	Amanda Dill	FR	Briar Cliff	4.34m	0.7	14-03.00
	FOUL 4.34m(0.7) FOUL					
39	Jacie White	JR	Northwestern (Ia)	4.28m	1.1	14-00.50
	FOUL FOUL 4.28m(1.1)					

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women Long Jump UCO**

40	Courtney Kjeldgaard	SO Jamestown	4.21m	3.0	13-09.75
	4.21m(3.0) FOUL	FOUL			
41	Shaniese Quist	FR Dordt	4.05m	-0.8	13-03.50
	FOUL FOUL	4.05m(-0.8)			
--	Shekela Quarles	SO Dakota Wesleyan	FOUL		
	FOUL FOUL	FOUL			
--	Jessica Fossum	JR Dakota Wesleyan	FOUL		
	FOUL FOUL	FOUL			

Women Triple Jump UCO

Meet: M 37-11 4/22/2002 Brianne Vette, South Dakota

Name	Year	School	Finals	Wind	
1 Kenna Wolter	FR	Unattached	12.96m	+0.0	42-06.25
	FOUL	12.87m(1.0)	12.96m(+0.0)	FOUL	12.85m(+0.0)
2 Abbey VanDenBerg	JR	Mount Marty College	11.10m	0.6	36-05.00
	10.94m(+0.0)	11.10m(0.6)	FOUL	10.61m(+0.0)	10.86m(+0.0)
3 Christy Heidema	SR	Dordt	11.06m	+0.0	36-03.50
	10.88m(+0.0)	11.06m(+0.0)	10.75m(0.6)	FOUL	FOUL
4 Tascha Donnelly	SO	Briar Cliff	10.98m	+0.0	36-00.25
	FOUL	10.98m(+0.0)	10.80m(1.5)	10.65m(+0.0)	10.89m(+0.0)
5 Kirsten Townley	SR	Sioux Falls	10.95m	+0.0	35-11.25
	FOUL	FOUL	10.81m(+0.0)	FOUL	10.84m(+0.0)
6 Christine Campbell	FR	Augustana (Sd)	10.84m	+0.0	35-06.75
	10.19m(0.4)	10.64m(1.9)	10.15m(+0.0)	FOUL	10.84m(+0.0)
7 Sidney Blum	SR	Wayne State College	10.78m	+0.0	35-04.50
	FOUL	FOUL	10.78m(+0.0)	FOUL	FOUL
8 Christina Jellen	FR	Unattached	10.60m	0.7	34-09.50
	10.18m(+0.0)	9.99m(0.2)	10.60m(0.7)		
9 Kaylynn Erlandson	SO	Augustana (Sd)	10.55m	NWI	34-07.50
	FOUL	10.23m(0.7)	10.44m(+0.0)	10.55m(NWI)	FOUL
10 Katie Ferguson	JR	South Dakota	10.43m	+0.0	34-02.75
	10.11m(+0.0)	10.43m(+0.0)	FOUL		
11 Paige Leuthold	FR	Sioux Falls	10.35m	1.2	33-11.50
	10.18m(2.8)	10.19m(0.5)	10.35m(1.2)		
12 Emily Haase	FR	South Dakota	10.18m	0.9	33-04.75
	10.07m(1.9)	10.18m(0.9)	10.04m(1.4)		
13 Kirsten Noska	JR	Augustana (Sd)	10.15m	0.9	33-03.75
	9.76m(1.3)	10.15m(0.9)	FOUL		
13 Nikki Iverson	JR	Jamestown	10.15m	0.4	33-03.75
	FOUL	FOUL	10.15m(0.4)		
15 Sadie Fedor	SO	Mount Marty College	10.13m	1.1	33-03.00
	9.96m(0.5)	10.13m(1.1)	10.04m(0.8)		
16 Ali Haines	SO	South Dakota	9.76m	NWI	32-00.25
	FOUL	FOUL	9.76m(NWI)		
17 Abby Fossum	JR	Dakota Wesleyan	9.74m	1.0	31-11.50
	FOUL	FOUL	9.74m(1.0)		
18 Maggie Thieler	FR	Morningside	9.51m	1.4	31-02.50
	FOUL	9.51m(1.4)	FOUL		
19 Josie Bopp	JR	Jamestown	9.37m	1.0	30-09.00
	9.36m(0.8)	9.37m(1.0)	FOUL		
20 Courtney Kjeldgaard	SO	Jamestown	8.77m	NWI	28-09.25
	FOUL	FOUL	8.77m(NWI)		

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women Triple Jump UCO**

-- Sonya Hagberg FR Northwestern (Ia) FOUL
 FOUL FOUL FOUL

Women Shot Put UCO

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 Standard for measurement 35'

Meet: M 59-07 4/18/2009 Rachel Jansen, unattached

Name	Year	School	Finals
1 Danielle Waldner	FR	South Dakota	14.46m 47-05.25
14.30m 14.22m 14.46m	FOUL	FOUL	FOUL
2 Breanna Janovy	JR	South Dakota	13.86m 45-05.75
13.22m 13.06m FOUL	13.36m	13.36m	13.86m
3 Kayla Johnson	SO	South Dakota	13.05m 42-09.75
12.54m 12.95m 12.89m	13.05m	12.82m	12.65m
4 Marissa Whipple	JR	Sioux Falls	12.87m 42-02.75
12.87m FOUL 12.61m	12.69m	FOUL	FOUL
5 Amanda Poppen	FR	Sioux Falls	12.50m 41-00.25
12.22m 12.05m 12.10m	12.50m	FOUL	FOUL
6 Mariah Nelson	JR	Northern State	12.46m 40-10.50
FOUL 11.54m 12.46m	11.86m	12.13m	FOUL
7 Cassidy Wright	FR	Sioux Falls	12.37m 40-07.00
11.80m 11.80m FOUL	11.88m	12.37m	11.97m
8 Breann Jackson	SO	Northern State	12.22m 40-01.25
FOUL 11.75m 12.18m	12.22m	FOUL	FOUL
9 Shekota Myer	FR	Northern State	12.18m 39-11.50
11.65m 12.10m FOUL	11.59m	12.18m	11.67m
10 Allison Cross	FR	Mount Marty College	11.70m 38-04.75
11.70m 11.30m 11.52m			
11 Allison Shymkewicz	FR	Briar Cliff	11.67m 38-03.50
FOUL 11.14m 11.67m			
12 Hannah Shie	SO	Northwestern (Ia)	11.65m 38-02.75
11.65m 10.71m FOUL			
13 Hannah Phillips		Dickinson State	11.63m 38-02.00
FOUL 11.43m 11.63m			
14 Autumn Schulz	FR	Northern State	11.58m 38-00.00
11.58m 11.41m FOUL			
15 Whitney Leuenberger	FR	Dickinson State	11.24m 36-10.50
10.32m FOUL 11.24m			
16 Tansha Clarke	SR	South Dakota	10.98m 36-00.25
10.87m 10.88m 10.98m			
17 Taylor Woods	SO	Morningside	10.88m 35-08.50
10.88m FOUL 10.29m			
17 Hannah McKelvey	FR	Briar Cliff	10.88m 35-08.50
FOUL 10.88m FOUL			
19 Clara Schild	FR	Dakota St	10.86m 35-07.75
10.86m 10.85m FOUL			
20 Ashley Currey	SO	Dakota St	10.84m 35-06.75
10.73m 10.84m 10.79m			
21 Christina Vanderbyl	FR	Northwestern (Ia)	10.78m 35-04.50
10.21m 10.78m 10.68m			
22 Shayna Dwyer	JR	Dakota St	10.77m 35-04.00
10.37m FOUL 10.77m			
23 Kaylee McMacken	JR	Sioux Falls	10.60m 34-09.50
10.60m FOUL FOUL			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women Shot Put UCO**

24	Adrienne Bishop	JR Northwestern (Ia)	10.58m	34-08.50
	10.22m FOUL 10.58m			
25	Sophie Doeden	FR Northern State	10.33m	33-10.75
	10.33m FOUL FOUL			
26	Kylie Martin	FR Dakota St	10.29m	33-09.25
	10.25m 10.29m FOUL			
27	Kelci Viesselman	SO Dakota St	9.96m	32-08.25
	FOUL 9.96m FOUL			
28	Emily Holz	SR Dordt	9.58m	31-05.25
	9.58m FOUL FOUL			
29	Anna Krygsheld	FR Dordt	9.06m	29-08.75
	FOUL FOUL 9.06m			
30	Jessica Fossum	JR Dakota Wesleyan	8.88m	29-01.75
	8.88m FOUL FOUL			
31	Jessica Dolechek	JR Dickinson State	8.60m	28-02.75
	8.60m FOUL FOUL			
32	Joanna Guhl	FR Northwestern (Ia)	7.96m	26-01.50
	7.96m FOUL FOUL			
33	Melissa Barella	FR Augustana (Sd)	7.82m	25-08.00
	7.82m FOUL FOUL			

Women Discus Throw UCO

Standard for measurement 100'

Meet: M 168-00 4/20/1998 Nancy Overman, South Dakota State

Name	Year School	Finals
1 Breanna Janovy	JR South Dakota	47.69m 156-05
	FOUL FOUL 46.52m FOUL FOUL 47.69m	
2 Elysa Reinke	SO South Dakota	43.56m 142-11
	FOUL 40.27m 42.42m 42.35m 41.85m 43.56m	
3 Meghan Dennis	SO South Dakota	43.28m 142-00
	41.55m 42.50m FOUL 41.92m 43.09m 43.28m	
4 Kayla Lester	SO South Dakota	42.85m 140-07
	37.09m 40.27m FOUL FOUL 37.00m 42.85m	
5 Whitney Leuenberger	FR Dickinson State	41.68m 136-09
	37.90m FOUL 41.55m FOUL 40.36m 41.68m	
6 Katelyn Gochenour	SO Unattached	41.14m 135-00
	40.53m 40.42m FOUL FOUL 41.14m FOUL	
7 Michaela Dendinger	FR Wayne State College	40.42m 132-07
	FOUL 40.42m FOUL 34.72m 34.50m FOUL	
8 Mariah Nelson	JR Northern State	39.48m 129-06
	39.48m 38.23m 39.28m 37.10m 39.25m 37.82m	
9 Shekota Myer	FR Northern State	38.14m 125-01
	37.21m 36.80m 38.14m 34.90m 37.89m FOUL	
10 Hannah Steele	SO Sioux Falls	37.98m 124-07
	34.53m FOUL 37.98m	
11 Jackie Brungardt	SO Briar Cliff	37.69m 123-08
	37.19m 37.69m 37.27m	
12 Amanda Poppen	FR Sioux Falls	37.10m 121-09
	FOUL FOUL 37.10m	
13 Kelci Viesselman	SO Dakota St	36.25m 118-11
	FOUL 36.25m FOUL	
14 Kelli Hoff	SR Sioux Falls	35.83m 117-07
	34.29m 35.83m FOUL	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women Discus Throw UCO**

15 Cassidy Wright	FR Sioux Falls	35.80m	117-05
FOUL 35.80m FOUL			
16 Callan Sawtelle	SR Sioux Falls	35.21m	115-06
35.21m FOUL 33.66m			
17 Christina Vanderbyl	FR Northwestern (Ia)	35.05m	115-00
35.05m FOUL 32.33m			
18 Arianne Gesell	SO Northwestern (Ia)	34.83m	114-03
34.83m 34.39m 32.55m			
19 Allison Shymkewicz	FR Briar Cliff	34.52m	113-03
31.35m 34.14m 34.52m			
20 Bekah Mead	FR Dordt	34.42m	112-11
33.39m 34.42m FOUL			
21 Savannah Clapper	SO Northwestern (Ia)	33.88m	111-02
33.88m FOUL 31.33m			
22 Autumn Schulz	FR Northern State	33.55m	110-01
FOUL 30.26m 33.55m			
23 Hannah Phillips	Dickinson State	33.39m	109-06
FOUL 33.39m FOUL			
24 Ashley Currey	SO Dakota St	33.15m	108-09
32.26m 33.07m 33.15m			
25 Hannah Shie	SO Northwestern (Ia)	33.10m	108-07
31.75m 33.10m FOUL			
26 Kaylee Blake	Briar Cliff	32.86m	107-10
30.85m 32.86m FOUL			
27 Casey Schuster	FR Morningside	32.83m	107-08
30.38m FOUL 32.83m			
28 Taylor Woods	SO Morningside	32.50m	106-07
FOUL 32.50m FOUL			
29 Indira Colon	IWCC	32.43m	106-05
FOUL 32.43m FOUL			
30 Hannah McKelvey	FR Briar Cliff	32.37m	106-02
FOUL 32.37m FOUL			
31 Allison Cross	FR Mount Marty College	32.15m	105-06
32.15m 30.68m 31.28m			
32 Shayna Dwyer	JR Dakota St	32.11m	105-04
32.11m FOUL FOUL			
33 Amy Wockenfuss	FR Northern State	31.68m	103-11
31.68m FOUL FOUL			
34 Jennifer Brandt	SO Jamestown	31.00m	101-08
FOUL FOUL 31.00m			
35 Meghan Kratofil	SO Jamestown	30.53m	100-02
FOUL 28.00m 30.53m			
36 M'Kay Knutson	IWCC	30.22m	99-02
FOUL FOUL 30.22m			
37 Brittany Austin	Mount Marty College	28.51m	93-06
28.51m FOUL FOUL			
38 Adrienne Bishop	JR Northwestern (Ia)	28.47m	93-05
FOUL FOUL 28.47m			
39 Madison Fisher	FR Morningside	27.69m	90-10
27.69m FOUL FOUL			
40 Kylie Martin	FR Dakota St	27.01m	88-07
27.01m FOUL FOUL			
41 Clara Schild	FR Dakota St	26.60m	87-03
26.60m FOUL FOUL			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women Discus Throw UCO**

42	Joanna Guhl	FR Northwestern (Ia)	26.00m	85-04
	26.00m FOUL FOUL			
43	Alexis Mitchell	IWCC	25.95m	85-02
	25.95m FOUL FOUL			
--	Kristi Porter	SO Augustana (Sd)	FOUL	
	FOUL FOUL FOUL			
--	Rochelle Sifuentes	IWCC	FOUL	
	FOUL FOUL FOUL			
--	Ashley Ostrem	FR Sioux Falls	FOUL	
	FOUL FOUL FOUL			

Women Hammer Throw UCO

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Meet: M 194-10 4/13/2012 Lachel Milander, unattached				
Name	Year	School	Finals	
=====				
1	Carly Fehringer	SR Wayne State College	60.35m	198-00
	59.64m 60.35m 57.91m 58.45m 57.79m 58.52m			
2	Emily Wells	SR Wayne State College	55.90m	183-05
	53.84m 55.69m 55.19m 55.90m FOUL 54.64m			
3	Sara Wells	JR Wayne State College	53.21m	174-07
	48.98m FOUL 52.30m 53.21m 51.49m FOUL			
4	Mackenzie Masching	SR Wayne State College	51.69m	169-07
	FOUL 50.11m 51.69m 49.78m 50.63m 50.32m			
5	Kayla Johnson	SO South Dakota	49.77m	163-03
	48.37m 46.41m FOUL 47.35m 47.97m 49.77m			
6	Kyndra Sturm	SO Wayne State College	48.51m	159-02
	FOUL 48.51m FOUL 47.98m 47.59m 47.27m			
7	Danielle Waldner	FR South Dakota	47.66m	156-04
	47.23m 47.66m FOUL 42.10m 43.82m 45.59m			
8	Breann Jackson	SO Northern State	47.09m	154-06
	FOUL 46.04m 47.09m FOUL 46.59m 44.16m			
9	Marissa Whipple	JR Sioux Falls	45.35m	148-09
	45.35m FOUL 43.93m FOUL 43.57m 42.78m			
10	Michaela Dendinger	FR Wayne State College	45.31m	148-08
	FOUL 45.31m 44.26m			
11	Kaylee McMacken	JR Sioux Falls	44.52m	146-01
	43.47m 44.02m 44.52m			
12	Mariah Nelson	JR Northern State	43.09m	141-04
	43.09m 42.44m 42.52m			
13	Ashley Currey	SO Dakota St	42.75m	140-03
	42.75m 39.54m 40.49m			
14	Ariel Gass	JR Morningside	42.33m	138-10
	42.33m FOUL FOUL			
15	Emily Holz	SR Dordt	41.71m	136-10
	FOUL 38.24m 41.71m			
16	Callan Sawtelle	SR Sioux Falls	41.10m	134-10
	41.10m FOUL FOUL			
17	Hannah Steele	SO Sioux Falls	40.54m	133-00
	40.54m 39.11m FOUL			
18	Kayla Lester	SO South Dakota	39.90m	130-11
	39.90m 39.55m FOUL			
19	Amanda Poppen	FR Sioux Falls	38.74m	127-01
	38.13m 38.74m FOUL			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women Hammer Throw UCO**

20 Savannah Clapper	SO Northwestern (Ia)	36.99m	121-04
36.43m 36.99m 33.43m			
21 Bekah Mead	FR Dordt	36.59m	120-00
36.59m 35.80m 35.26m			
22 Autumn Schulz	FR Northern State	36.05m	118-03
FOUL 36.05m 35.32m			
23 Indira Colon	IWCC	36.03m	118-02
36.03m FOUL FOUL			
24 Shayna Dwyer	JR Dakota St	35.75m	117-03
FOUL 35.71m 35.75m			
25 Taylor Woods	SO Morningside	35.72m	117-02
35.72m 35.47m 35.66m			
26 Jessica Dolechek	JR Dickinson State	35.33m	115-11
35.33m 32.72m FOUL			
27 Hannah Phillips	Dickinson State	35.25m	115-08
34.28m 35.25m FOUL			
28 Allison Cross	FR Mount Marty College	35.19m	115-05
35.19m 32.40m FOUL			
29 Haley Hinseth	SO Sioux Falls	34.96m	114-08
34.96m FOUL FOUL			
30 Tessa Ives	FR Unattached	34.41m	112-11
FOUL FOUL 34.41m			
31 Whitney Leuenberger	FR Dickinson State	34.11m	111-11
31.43m 34.11m 32.61m			
32 Meghan Kratofil	SO Jamestown	33.89m	111-02
32.86m 33.13m 33.89m			
33 M'Kay Knutson	IWCC	33.55m	110-01
33.55m 32.77m 33.27m			
34 Shekota Myer	FR Northern State	33.14m	108-09
FOUL 29.48m 33.14m			
35 Jennifer Brandt	SO Jamestown	32.89m	107-11
32.89m FOUL 31.14m			
36 Ashley Ostrem	FR Sioux Falls	32.66m	107-02
32.54m 32.66m FOUL			
37 Christina Vanderbyl	FR Northwestern (Ia)	32.51m	106-08
28.84m FOUL 32.51m			
38 Alexis Mitchell	IWCC	31.70m	104-00
FOUL 26.38m 31.70m			
39 Amy Wockenfuss	FR Northern State	31.36m	102-11
29.92m FOUL 31.36m			
40 Hannah Shie	SO Northwestern (Ia)	31.24m	102-06
31.11m 31.24m FOUL			
41 Joanna Guhl	FR Northwestern (Ia)	27.65m	90-08
27.65m FOUL FOUL			
42 Anna Krygsheld	FR Dordt	25.71m	84-04
25.71m FOUL FOUL			
-- Adrienne Bishop	JR Northwestern (Ia)	FOUL	
FOUL FOUL FOUL			
-- Sophie Doeden	FR Northern State	FOUL	
FOUL FOUL FOUL			
-- Jessi Pongratz	FR Wayne State College	FOUL	
FOUL FOUL FOUL			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Women Javelin Throw UCO**

Meet: M 151-04 4/13/2013 Meghan Dennis, South Dakota						
Name	Year School			Finals		
1	Meghan Dennis	SO	South Dakota	47.76m	156-08	
	43.26m 45.68m 43.90m 43.79m 47.76m FOUL					
2	Alexandra Webster	SR	Northern State	44.62m	146-05	
	41.36m 42.86m 42.77m FOUL 44.62m 42.65m					
3	Katelyn Gochenour	SO	Unattached	43.83m	143-09	
	43.83m 43.09m FOUL FOUL FOUL FOUL					
4	Danielle Waldner	FR	South Dakota	38.48m	126-03	
	34.96m 32.66m 38.48m 31.82m FOUL FOUL					
5	Brittany Carman	JR	Dordt	37.67m	123-07	
	35.65m 37.67m FOUL FOUL 37.29m 36.04m					
6	Haley Hinseth	SO	Sioux Falls	35.88m	117-08	
	23.95m 35.88m 26.73m					
7	Amelia Miller	FR	South Dakota	34.63m	113-07	
	34.54m 34.63m 32.96m					
8	Krista Thielges	FR	Jamestown	34.55m	113-04	
	31.23m 34.55m 34.52m 33.98m FOUL FOUL					
9	Kristi Porter	SO	Augustana (Sd)	33.50m	109-11	
	FOUL 33.50m 32.06m 30.90m FOUL FOUL					
10	Miranda Brower	JR	Northern State	33.18m	108-10	
	30.75m 33.18m 31.13m					
11	Christina Vanderbyl	FR	Northwestern (Ia)	33.10m	108-07	
	33.10m 28.27m 31.92m					
12	Leandra Schlecht	JR	Northern State	32.69m	107-03	
	29.62m 32.69m 28.49m					
13	Madison Fisher	FR	Morningside	32.68m	107-03	
	FOUL 32.68m FOUL					
14	Arianne Gesell	SO	Northwestern (Ia)	32.16m	105-06	
	26.28m 26.23m 32.16m					
15	Emily Keim	FR	Morningside	31.98m	104-11	
	FOUL 31.98m 31.90m					
16	Michaela Schlecht	FR	Northern State	31.31m	102-09	
	29.41m 31.31m 30.48m					
17	Ariana Arampatzis	FR	Dakota Wesleyan	31.19m	102-04	
	24.69m 26.98m 31.19m					
18	Jessica Wyatt	FR	Jamestown	31.13m	102-01	
	26.98m 31.13m 28.07m					
19	Rachel Vankempen	JR	Dordt	30.80m	101-00	
	30.30m 30.80m FOUL					
20	Allison Cross	FR	Mount Marty College	30.68m	100-08	
	25.96m 29.67m 30.68m					
21	Ariel Gass	JR	Morningside	30.66m	100-07	
	FOUL 30.66m FOUL					
22	McCall Manske	FR	Jamestown	30.28m	99-04	
	FOUL 30.28m 29.90m					
23	Hannah McKelvey	FR	Briar Cliff	30.12m	98-10	
	27.32m 28.16m 30.12m					
24	Karly Sifferath	FR	South Dakota	30.02m	98-06	
	30.02m FOUL 29.80m					
25	Brittany Austin		Mount Marty College	29.69m	97-05	
	25.66m 27.36m 29.69m					
26	Kelli Hoff	SR	Sioux Falls	29.50m	96-09	
	26.28m 29.50m 28.90m					

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Women Javelin Throw UCO**

27	Emily Holz		SR Dordt	28.21m	92-07
	FOUL FOUL	28.21m			
28	Jessica Fossum		JR Dakota Wesleyan	28.13m	92-03
	23.82m 22.82m	28.13m			
29	Abigail Stevens		SO Northwestern (Ia)	27.59m	90-06
	27.59m 22.65m	24.23m			
30	Kaylee Blake		Briar Cliff	27.22m	89-04
	19.86m 19.00m	27.22m			
31	Kayla Holtgrewe		SR Briar Cliff	26.63m	87-04
	26.63m 24.77m	FOUL			
32	Michelle Glass		JR Jamestown	26.52m	87-00
	26.50m 26.51m	26.52m			
33	Caitlin Casey		SR Morningside	25.85m	84-10
	25.82m FOUL	25.85m			
34	Josie Bopp		JR Jamestown	25.66m	84-02
	22.60m 25.66m	24.87m			
35	Savannah Clapper		SO Northwestern (Ia)	25.47m	83-07
	25.47m 22.23m	20.90m			
36	Joanna Guhl		FR Northwestern (Ia)	24.94m	81-10
	24.94m 23.99m	23.33m			
37	Jolynn Warnes		JR Jamestown	24.87m	81-07
	22.18m 24.10m	24.87m			
38	Jackie Brungardt		SO Briar Cliff	24.37m	79-11
	19.60m 24.37m	FOUL			
39	Anna Kolasch		Mount Marty College	24.29m	79-08
	24.29m FOUL FOUL				
40	Cassidy Wright		FR Sioux Falls	23.09m	75-09
	21.80m 23.09m	22.32m			
41	Lauren Bobst		FR Augustana (Sd)	22.57m	74-00
	22.57m 22.44m	21.04m			
42	Melissa Barella		FR Augustana (Sd)	21.86m	71-09
	FOUL FOUL	21.86m			
43	Keiley Sampson		JR Jamestown	21.35m	70-00
	18.12m 21.35m	17.68m			
44	Hannah Shie		SO Northwestern (Ia)	21.24m	69-08
	20.29m 21.24m	20.70m			
45	Ashley Ostrem		FR Sioux Falls	20.72m	68-00
	17.35m 19.98m	20.72m			
46	Caitlin Bossio		SO Jamestown	16.17m	53-01
	16.17m 15.82m	13.47m			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Boys 100 Meter Dash Class"A"**

Meet: M 10.57 4/20/1989 Scott Ingvaldstad, SF Lincoln						
Name	Year	School	Finals	Wind	H#	
1	Ronald Nash	12	Sioux City East	11.17	-1.2	2
2	Philip Jacobson	12	Bishop Heelan	11.50	-1.2	2
3	Connor Niles	12	Bishop Heelan	11.58	-1.2	2
4	Brady Wall		Sgt. Bluff-Luton	11.64	-1.2	2
5	Xavier Scarlett	11	Sioux City North	11.85	-3.4	1
6	Riley Weeks		Sgt. Bluff-Luton	12.09	-1.2	2
7	Joseph Keegan	12	Sioux City West	12.28	-3.4	1
8	Chris Lantz	11	South Sioux City	12.50	-3.4	1
9	Chase Love	12	South Sioux City	12.52	-3.4	1
10	Max Vollmer	09	Sioux City North	12.55	-3.4	1

Boys 110 Meter Hurdles Class"A"

Meet: M 14.32 4/20/1987 Brian Biggerstaff, SC West					
Name	Year	School	Finals	Wind	
1	Louis Noel	12	Bishop Heelan	15.65	-1.1
2	Jacobus Noble	10	Sioux City North	16.42	-1.1
3	Will Karrer	10	Bishop Heelan	17.11	-1.1
4	Brandon Powell	12	South Sioux City	18.48	-1.1
5	Blake Russell		Sgt. Bluff-Luton	18.54	-1.1
6	Jacob Kuhn	11	Sioux City East	19.09	-1.1
7	Sean Kellogg		Sgt. Bluff-Luton	19.91	-1.1

Boys 4x100 Meter Relay Class"A"

2 turn stagger					
Meet: M 42.98 4/20/1995 SC West, SC West					
D. Franklin, J. Ball, T. Salmon, Z. Flemister					
School			Finals		
1	Sioux City East 'A'		43.96		
	1) Ronald Carter 12	2) Dom Flemister 10			
	3) Ross Godfrey 10	4) Ronald Nash 12			
2	Bishop Heelan 'A'		44.00		
	1) Brady Mayo 12	2) Joe Fox 11			
	3) Philip Jacobson 12	4) Connor Niles 12			
3	Sergeant Bluff-Luton 'A'		45.17		
	1) Matthew George	2) Nick Grote			
	3) Austin Evans	4) Brady Wall			
4	South Sioux City 'A'		46.27		
	1) Chris Lantz 11	2) Tanner Lincoln 12			
	3) Chase Love 12	4) Alic Fischer 12			
5	Sioux City West 'A'		46.77		
	1) Ismael Carabante 11	2) Taylor Neuroth 12			
	3) Joseph Keegan 12	4) Karter Jones 11			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Boys 4x200 Meter Relay Class"A"**

4 turn stagger

Meet: M 1:29.46 4/20/1994 SC West, SC West

W. Akins, Z. Flemister, T. Bigelow, J. Ball

School

Finals

1	Sioux City East 'A'		1:31.03
	1) Taylon Flemister 09	2) Dom Flemister 10	
	3) Ross Godfrey 10	4) Ronald Nash 12	
2	Bishop Heelan 'A'		1:31.61
	1) Brady Mayo 12	2) Joe Fox 11	
	3) Philip Jacobson 12	4) Tony Tobin 11	
3	Sergeant Bluff-Luton 'A'		1:35.05
	1) Matthew George	2) Collin Snyder	
	3) Brady Wall	4) Nick Grote	
4	South Sioux City 'A'		1:35.69
	1) Jose Maldonado 10	2) Tanner Lincoln 12	
	3) Chris Lantz 11	4) Alic Fischer 12	
5	Sioux City West 'A'		1:36.21
	1) Karter Jones 11	2) Joseph Keegan 12	
	3) Taylor Neuroth 12	4) Noah McWell 10	
6	Sioux City North 'A'		1:37.87
	1) Max Vollmer 09	2) Tyler Kempema 09	
	3) Mitchell Bootsma 10	4) Xavier Scarlett 11	

Boys 4x400 Meter Relay Class"A"

3 turn stagger

Meet: M 3:22.84 4/18/1998 Bishop Heelan, Bishop Heela

A. Kuehl, J. Florke, J. Kayl, N. McInerney

School

Finals

1	South Sioux City 'A'		3:26.63
	1) Alic Fischer 12	2) Tanner Lincoln 12	
	3) Nick Torticill 10	4) Alex Borchers 11	
2	Bishop Heelan 'A'		3:27.09
	1) Philip Jacobson 12	2) Jake DeJong 12	
	3) Louis Noel 12	4) Tony Tobin 11	
3	Sioux City East 'A'		3:33.01
	1) Jacob Lilly 11	2) Travis Miller 12	
	3) Trevor Gausman 11	4) Carter Lilly 12	
4	Sioux City North 'A'		3:41.49
	1) Xavier Scarlett 11	2) Tyler Kempema 09	
	3) Mitchell Bootsma 10	4) Jacobus Noble 10	
5	Sioux City West 'A'		3:41.72
	1) Ricky Quintana 11	2) Taylor Neuroth 12	
	3) Sheehan Levine 12	4) Joseph Keegan 12	
6	Sergeant Bluff-Luton 'A'		3:47.39
	1) Drew Girres	2) Chet Kaiser	
	3) Terrence Sanchez	4) Gage DeMoss	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Boys 1600 Sprint Medley Class"A"**

3 turn stagger

Meet: M 3:35.84 4/15/1995 SC East, SC East

M. Sweisberger, R. McKenna, R. Erwin, N. Speiching

School

Finals

1	Sioux City East 'A'			3:33.38M
	1) Taylon Flemister 09	2) Ross Godfrey 10		
	3) Ronald Nash 12	4) Carter Lilly 12		
2	Bishop Heelan 'A'			3:44.93
	1) Joe Fox 11	2) Brady Mayo 12		
	3) Jake DeJong 12	4) Alec Pavone 11		
3	South Sioux City 'A'			3:50.62
	1) Alex Borchers 11	2) Tanner Lincoln 12		
	3) Jose Maldonado 10	4) Nick Torticill 10		
4	Sergeant Bluff-Luton 'A'			3:54.91
	1) Austin Evans	2) Collin Snyder		
	3) Jason Reynders	4) Grant Armstrong		
5	Sioux City West 'A'			4:03.58
	1) Jalen Roseland 10	2) Noah McWell 10		
	3) Ricky Quintana 11	4) Sheehan Levine 12		
6	Sioux City North 'A'			4:28.62
	1) Phuoc San 10	2) Tyler Schoepfer 09		
	3) Jorge Jacobson 09	4) Boden Christensen 09		

Boys 100 Meter Dash Class"B"

Meet: M 11.00 4/17/2002 Paul Brown, Le Mars

Name

Year School

Finals

Wind H#

1	Austin Folsom	11 Spirit Lake	11.81	-1.9	3
2	Travis Zevenbergen	09 Unity Christian	12.01	-0.2	2
3	Josh Lee	10 Glenwood	12.03	-1.9	3
4	Ethan Achterhoff	12 Moc-Fv	12.09	-0.2	2
5	Malik Rasch	11 Spencer	12.15	-0.2	2
6	Brady Butters	10 Kingsley-P/WC	12.22	-0.2	2
7	Joshua Heynen	12 Unity Christian	12.23	-0.2	2
7	Cash Wilcke	11 Oa-Bcig	12.23	-1.9	3
9	Kent Nishimura	12 Oa-Bcig	12.34	-0.2	2
10	Ben Fox	12 Spencer	12.50	-1.9	3
11	Nick Beier	12 Glenwood	12.51	-1.9	3
12	Travis Sterler	10 Sheldon	12.78	-3.7	1
13	Drake Larson	12 Kingsley-P/WC	12.84	-3.7	1

Boys 110 Meter Hurdles Class"B"

Meet: M 14.55 4/20/2002 Derek Casey, Cherokee

Name

Year School

Finals

Wind H#

1	Dylon Van't Hof	12 Sioux Center	15.18	-0.1	2
2	Dane Kruse	11 Glenwood	15.56	-0.1	2
3	Chris Hatting	12 Le Mars	15.92	-0.1	2
4	Cody Mowery	12 Spencer	16.28	-0.1	2
5	Tyson Samsel	12 Spencer	16.51	NWI	1
6	Tyler Moore	12 Glenwood	16.64	-0.1	2
7	Calvin Korver	10 Unity Christian	17.03	NWI	1

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

....Boys 110 Meter Hurdles Class"B"

8 Jack Kelly	12 Spirit Lake	17.30	NWI	1
9 Joe Hayden	10 Kingsley-P/WC	17.34	-0.1	2
10 Dillon Jansma	11 Sheldon	17.48	NWI	1
11 Pat Woizeschke	12 Spirit Lake	18.12	-0.1	2
12 Brandon Winkel	09 Sheldon	18.69	NWI	1
13 Michael Anderson	10 Moc-Fv	18.78	NWI	1
14 Jacob de Vries	12 Unity Christian	19.53	NWI	1

Boys 4x100 Meter Relay Class"B"

2 turn stagger

Meet: M 43.84 4/17/1999 Lemars Central, Lemars Central
R. White, K. Hector, B. Beach, P. Crandell

School Finals H#

1 Le Mars 'A'	44.87	2
1) Eli Engebretson 12	2) Chris Hatting 12	
3) Tyler Paulson 11	4) Levi Tebrink 12	
2 Spirit Lake 'A'	45.02	2
1) Tyler Jenness 10	2) Caleb Jennings 11	
3) Blake Enderson 11	4) Austin Folsom 11	
3 Glenwood 'A'	45.43	2
1) Nick Beier 12	2) Mavrick Decker 09	
3) Spencer Smith 12	4) Josh Lee 10	
4 Sioux Center 'A'	46.11	2
1) Rylan Stewart 12	2) Torin Huisman 12	
3) Andrew O'Donnell 12	4) Blake Kamerman 10	
5 Oa-Bcig 'A'	46.39	2
1) Kent Nishimura 12	2) Ben Dotzler 10	
3) Cash Wilcke 11	4) Rhett Ketelson 09	
6 Spencer 'A'	46.73	2
1) Matt Finnern 12	2) Ben Fox 12	
3) Malik Rasch 11	4) John Greer 11	
7 Kingsley-Pierson/Woodbury Cen 'A'	47.37	1
1) Brady Butters 10	2) Bryce Butters 12	
3) Jordan Laddusaw 10	4) Jacob Harvey 10	
8 Moc-Fv 'A'	47.50	2
1) Ethan Achterhoff 12	2) Derek Rupp 12	
3) Trever Huss 11	4) Pieter Swart 12	
9 Sheldon 'A'	48.16	1
1) Matt Buenger 11	2) Dylan Ennema 11	
3) Travis Sterler 10	4) Joe Weppler 10	

Boys 4x200 Meter Relay Class"B"

4 turn stagger

Meet: M 1:30.55 4/13/2013 Oa-Bcig, OA-BCIG
Q Westphal, D Leinbaugh, K Young, T Ryen

School Finals H#

1 Le Mars 'A'	1:32.03	2
1) Levi Tebrink 12	2) Chris Hatting 12	
3) Tyler Pauley 10	4) Mason Wickers 10	
2 Glenwood 'A'	1:32.52	2
1) Mavrick Decker 09	2) Corey Bertini 12	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Boys 4x200 Meter Relay Class"B"**

3) Cole Kennedy 12	4) Brogan Weddum 11		
3 Sioux Center 'A'		1:33.27	2
1) Blake Kamerman 10	2) Drew Kortlever 12		
3) Andrew O'Donnell 12	4) Rylan Stewart 12		
4 Spirit Lake 'A'		1:33.86	2
1) Pat Woizeschke 12	2) Caleb Jennings 11		
3) Blake Enderson 11	4) Austin Folsom 11		
5 Spencer 'A'		1:36.03	2
1) Ben Fox 12	2) Mason Bartley 10		
3) Matt Finnern 12	4) John Greer 11		
6 Oa-Bcig 'A'		1:36.19	2
1) Kent Nishimura 12	2) Ben Dotzler 10		
3) Cash Wilcke 11	4) Rhett Ketelson 09		
7 Kingsley-Pierson/Woodbury Cen 'A'		1:36.92	1
1) Drake Larson 12	2) Bryce Butters 12		
3) Brady Butters 10	4) Jacob Harvey 10		
8 Sheldon 'A'		1:37.87	1
1) Matt Buenger 11	2) Dylan Ennema 11		
3) Travis Sterler 10	4) Joe Weppler 10		
-- Moc-Fv 'A'		DNF	2
1) Ethan Achterhoff 12	2) Derek Rupp 12		
3) Michael Tuttle 12	4) Eli Dahl 12		
-- Unity Christian 'A'		DQ	2
1) Joshua Heynen 12	2) Cody Gradert 12		
3) Logan Schoonhoven 12	4) Travis Zevenbergen 09		

Boys 4x400 Meter Relay Class"B"

=====			
3 turn stagger			
Meet: M 3:27.13	4/13/2013	Glenwood, Glenwood	
	B Weddum, J Cook, B Wheeler, D Jones		
School		Finals	
=====			
1 Glenwood 'A'		3:29.68	
1) Brogan Weddum 11	2) Matt Bowden 09		
3) Cole Kennedy 12	4) Brady Wheeler 12		
2 Spirit Lake 'A'		3:31.77	
1) Pat Woizeschke 12	2) Blake Enderson 11		
3) Josh Waite 12	4) Caleb Jennings 11		
3 Kingsley-Pierson/Woodbury Cen 'A'		3:35.35	
1) Joe Hayden 10	2) Jayden Wurth 11		
3) Alec Still 09	4) Nic Scheelhaase 11		
4 Moc-Fv 'A'		3:35.81	
1) Michael Tuttle 12	2) Mitchell Yaw 11		
3) Pieter Swart 12	4) Eli Dahl 12		
5 Sioux Center 'A'		3:36.07	
1) Abel Duden 11	2) Andrew O'Donnell 12		
3) Drew Kortlever 12	4) Rylan Stewart 12		
6 Spencer 'A'		3:39.07	
1) Matt Finnern 12	2) Cody Mowery 12		
3) Nick Gross 12	4) Reagan Wilson 11		
-- Le Mars 'A'		DNF	
1) A.J. Schroeder 12	2) Tyler Pauley 10		
3) Mason Wickers 10	4) Levi Tebrink 12		
-- Okoboji 'A'		DQ	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Boys 4x400 Meter Relay Class"B"**

1) Tyson Barnett 12	2) Brett Barthman 12
3) Joe Delaney 10	4) Jordan Hanna 12

Boys 1600 Sprint Medley Class"B"

3 turn stagger

Meet: M 3:38.09 4/18/2010 Glenwood, Glenwood
T Williams I Effin, E Lincoln, K Wheeler

School	Finals
--------	--------

1 Okoboji 'A'	3:40.59
1) Noah Bouse 10	2) Brett Barthman 12
3) Tyson Barnett 12	4) Jordan Hanna 12
2 Glenwood 'A'	3:42.83
1) Corey Bertini 12	2) Cole Kennedy 12
3) Brogan Weddum 11	4) James Fuller 11
3 Spirit Lake 'A'	3:46.16
1) Tyler Jenness 10	2) Caleb Jennings 11
3) Blake Enderson 11	4) Paul Woizeschke 12
4 Spencer 'A'	3:46.60
1) John Greer 11	2) Ben Fox 12
3) Reagan Wilson 11	4) Ryan Bauermeister 12
5 Le Mars 'A'	3:46.98
1) Tyler Pauley 10	2) Mason Wickers 10
3) Eli Engebretson 12	4) A.J. Schroeder 12
6 Moc-Fv 'A'	3:50.44
1) Ethan Achterhoff 12	2) Derek Rupp 12
3) Eli Dahl 12	4) Christian Korver 10
7 Kingsley-Pierson/Woodbury Cen 'A'	4:00.49
1) Brady Butters 10	2) Jacob Harvey 10
3) Ben Burbach 09	4) Jameson Mandl 11
8 Oa-Bcig 'A'	4:06.27
1) Dylan Wunschel 09	2) Ben Dotzler 10
3) Rhett Ketelson 09	4) Cody Fredricks 10

Boys 100 Meter Dash Class"C"

Meet: M 10.92 4/20/1989 Jeff Longval, Westwood

Name	Year	School	Finals	Wind	H#
------	------	--------	--------	------	----

1 Brett Prenger	11	Lawton-Bronson	11.86	-1.6	2
2 Austin Freeman	10	Pierce	12.30	-1.6	2
3 Connor Aden	10	West Monona	12.41	1.4	1
4 Alex Wu	09	Elk Pt Jeff SD	12.45	-1.6	2
5 Chance Larsen	09	Pierce	12.53	-1.6	2
6 Dillion Hinrickson	11	Westwood	12.69	1.4	1
7 Brad Steinhoff	10	Westwood	12.88	1.4	1
8 Jerome Holmes		Marcus Mmc	13.39	1.4	1

Boys 110 Meter Hurdles Class"C"

Meet: M 14.43 4/20/1989 Darwin VanderHoef, Rock Valley

Name	Year	School	Finals	Wind
------	------	--------	--------	------

1 Reece Jackson	12	Marcus Mmc	16.19	NWI
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Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Boys 110 Meter Hurdles Class"C"**

2 Myles Sudbeck	12 Pierce	17.63	NWI
3 Braden Dean	09 Westwood	18.39	NWI
4 Kody Berg	09 Westwood	21.28	NWI

Boys 4x100 Meter Relay Class"C"

2 turn stagger

Meet: M 44.75 4/17/1999 Sioux Center, Sioux Center
 VanVoorst, Zevenbergen, Wielenga, Kempers

School	Finals
--------	--------

1 Lawton-Bronson 'A'	45.28
1) Quinn Sitzmann 10	2) Brett Prenger 11
3) Brandon Thompson 12	4) Anteras Ashley 10
2 Pierce 'A'	46.18
1) Austin Freeman 10	2) Colin Magdanz 11
3) Walker Raabe 09	4) Chance Larsen 09
3 Marcus-Meriden-Cleghorn 'A'	47.71
1) Zach Reuter 12	2) Ben Specht 10
3) Dylan Spieler 12	4) Conner Holmes 11
4 Westwood 'A'	48.10
1) Brad Steinhoff 10	2) Dillion Hinrickson 11
3) Tony Baker 10	4) Chris Gillaspie 10

Boys 4x200 Meter Relay Class"C"

4 turn stagger

Meet: M 1:31.73 4/20/2011 Dakota Valley, Dakota Valle
 M Lupkes, E Hendriks, Z Sexton, T White

School	Finals
--------	--------

1 Lawton-Bronson 'A'	1:34.57
1) Quinn Sitzmann 10	2) Brett Prenger 11
3) Brandon Thompson 12	4) Anteras Ashley 10
2 Pierce 'A'	1:34.69
1) Austin Freeman 10	2) Colin Magdanz 11
3) Johnnie Huff 11	4) Aydan Ronspies 12
3 Marcus-Meriden-Cleghorn 'A'	1:39.61
1) Zach Reuter 12	2) Ben Specht 10
3) Reece Jackson 12	4) Dylan Spieler 12
4 Elk Pt Jeff SD 'A'	1:40.75
1) Dan Howe 12	2) Jared Hueser 10
3) Mike Murphy 10	4) Alex Wu 09
5 Westwood 'A'	1:42.83
1) Andrew Donnelly 09	2) Jacob Hall 09
3) Dillion Hinrickson 11	4) Casey Kirkendall 12
-- Homer 'A'	DQ
1) Chase Dahl 12	2) Laine Calvillo 12
3) Austin Weber 11	4) Clay Krampfer 12

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Boys 4x400 Meter Relay Class"C"**

3 turn stagger

Meet: M 3:30.38 4/20/1988 LeMars Gehlen, Lemars Gehle
M. Rohe, G. Meister, N. Ryan, B. Sitzmann

School Finals

1	Lawton-Bronson 'A'	3:40.16
	1) Austin Peters 10	2) Brett Prenger 11
	3) AJ Nitzchke 11	4) Brandon Thompson 12
2	Pierce 'A'	3:46.34
	1) Johnnie Huff 11	2) Noah Zimmerer 10
	3) Caleb Sullivan 09	4) Colin Magdanz 11
3	Ponca 'A'	3:47.22
	1) Blake Hamar 12	2) Brandon Hamar 12
	3) Jordan Markworth 11	4) Tommy Gill 11
4	Elk Pt Jeff SD 'A'	3:48.63
	1) Dan Howe 12	2) Jared Hueser 10
	3) Cody Davis 10	4) Alex Wu 09
5	Marcus-Meriden-Cleghorn 'A'	3:49.07
	1) Derek Erdman 10	2) Ben Specht 10
	3) Dylan Spieler 12	4) Conner Holmes 11
6	Westwood 'A'	3:58.87
	1) Jacob Hall 09	2) Andrew Donnelly 09
	3) Zach Greder 11	4) Casey Kirkendall 12
7	West Monona 'A'	3:58.96
	1) Collin Sprock 10	2) Tate Phelps 10
	3) John Adams 11	4) Justin Parr 12

Boys 1600 Sprint Medley Class"C"

3 turn stagger

Meet: M 3:38.46 4/16/1988 Gehlen Catholic, Le Mars Ge
J. Block, M. Dull, M. Carpenter, B. Baack

School Finals

1	Elk Pt Jeff SD 'A'	3:56.45
	1) Alex Wu 09	2) Jared Hueser 10
	3) Cody Davis 10	4) Hunter Paulsen 11
2	Gehlen Catholic Boys 'A'	4:03.85
	1) Lucas Hunt 11	2) Brady Hansen 12
	3) Matt Holzman 11	4) Andrew Wankum 11
3	West Monona 'A'	4:07.80
	1) Tyler Phelps 12	2) Connor Aden 10
	3) Justin Parr 12	4) Collin Sprock 10
4	Marcus-Meriden-Cleghorn 'A'	4:14.09
	1) Conner Holmes 11	2) Ben Specht 10
	3) Miguel Guerrero 11	4) Joe Peters 10
5	Westwood 'A'	4:14.71
	1) Jacob Hall 09	2) Kody Gray 09
	3) Blythe Anderson 11	4) Brandon Croghan 10

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Boys 800 Meter Run OHS**

Top 24

Meet: M 1:56.87 4/23/2005 Tyler Mulder, O.C. Unity Ch

Name	Year	School	Finals
1 Carter Lilly	12	Sioux City East	1:59.40
2 Blake Perryman	12	Dakota Valley	2:01.66
3 Aydan Ronspies	12	Pierce	2:01.87
4 Nic Scheelhaase	11	Kingsley-P/WC	2:03.87
5 Nigel Treinen	11	Bishop Heelan	2:06.72
6 Nick Gross	12	Spencer	2:07.30
7 Eli Dahl	12	Moc-Fv	2:09.29
8 Jeremy Hill	10	Sioux City East	2:09.59
9 Ben Eastman	11	Bishop Heelan	2:09.60
10 Jeremiah Eldridge	10	Spirit Lake	2:10.27
11 Jaron Springer	10	Glenwood	2:10.65
12 Sheehan Levine	12	Sioux City West	2:13.58
13 Benjamin Broers	12	Unity Christian	2:14.29
14 Connor Henze	10	Elk Pt Jeff SD	2:14.65
15 Mark Ahlers	11	Sheldon	2:15.28
16 Blake Hamar	12	Ponca	2:16.09
17 Devin Louison	10	Le Mars	2:16.66
18 Shelby Gonzalez	11	South Sioux City	2:20.32

Boys 1600 Meter Run OHS

Top 32

Meet: M 4:22.13 4/20/1995 Nolan Speichinger, SC East

Name	Year	School	Finals
1 Alec Pavone	11	Bishop Heelan	4:33.67
2 Jordan Hanna	12	Okoboji	4:34.80
3 Alec Still	09	Kingsley-P/WC	4:39.66
4 Jacob Scott	12	Sioux City East	4:39.69
5 Hunter Paulsen	11	Elk Pt Jeff SD	4:41.33
6 Tanner Goetsch	12	Spirit Lake	4:43.56
7 Ferhan Barento	11	South Sioux City	4:45.43
8 Ben Eastman	11	Bishop Heelan	4:46.20
9 Ethan Schultzen	10	Kingsley-P/WC	4:53.85
10 Mark Ahlers	11	Sheldon	4:55.02
11 Benjamin Broers	12	Unity Christian	4:59.24
12 Kaleb Maynard	10	Sioux City North	5:00.83
13 Omar Montoya	11	South Sioux City	5:02.50
14 Carter Fought	10	Moc-Fv	5:03.53
15 Cuentin Gray	11	Glenwood	5:07.75
16 Kyle Anderson	12	Spirit Lake	5:10.02
17 Haile Duden	11	Sioux Center	5:10.68
18 Max Eggert	10	Moc-Fv	5:17.22
19 Joe Peters	10	Marcus Mmc	5:17.38
20 Jordan Young	09	Glenwood	5:22.95
21 Brett Logsdon	09	Lawton-Bronson	5:32.45

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Boys 3200 Meter Run OHS**

Top 32

Meet: M 9:23.29 4/20/2010 Johnny Fuller, Glenwood

Name	Year	School	Finals
1 Ferhan Barento	11	South Sioux City	10:19.69
2 Ryan Bauermeister	12	Spencer	10:21.74
3 Haile Duden	11	Sioux Center	10:36.66
4 Graham Bacon	12	Dakota Valley	10:37.31
5 Jesse Nitzshke	12	Le Mars	10:40.42
6 Carter Fought	10	Moc-Fv	10:44.02
7 Alec Harrington	10	Spirit Lake	10:53.09
8 Ryan Maris	09	Spirit Lake	10:55.94
9 Cuentin Gray	11	Glenwood	11:03.67
10 Omar Montoya	11	South Sioux City	11:05.85
11 Tyler Messenger	10	Cb, Abraham Lincoln	11:07.49
12 Ryan Chindlund	11	Okoboji	11:08.73
13 Daniel Folchert	10	Sioux City North	11:09.14
14 Ryan Fouts	11	Kingsley-P/WC	11:11.49
15 Brett Marek	11	Le Mars	11:22.06
16 Siraj Abdella	09	Sioux City North	11:34.64
17 Gavin Bush	09	Sioux City North	13:02.63

Boys 400 Meter Hurdles OHS

Top 24 by time

Meet: M 53.79 4/14/2012 Derek Jones, Glenwood

Name	Year	School	Finals	H#
1 Alex Borchers	11	South Sioux City	54.44	3
2 Louis Noel	12	Bishop Heelan	57.38	3
3 Joe Hayden	10	Kingsley-P/WC	58.58	3
4 Jason Reynders		Sgt. Bluff-Luton	59.27	2
5 Cody Mowery	12	Spencer	59.61	3
6 Caleb Petersen	09	Glenwood	59.83	3
7 Quenton Boddie	10	Le Mars	59.91	2
8 Derek Erdman	10	Marcus Mmc	1:00.38	2
9 Trever Huss	11	Moc-Fv	1:01.41	1
10 Will Karrer	10	Bishop Heelan	1:01.58	2
11 Jordan Laddusaw	10	Kingsley-P/WC	1:01.84	1
12 Pat Woizeschke	12	Spirit Lake	1:01.86	3
13 Sheehan Levine	12	Sioux City West	1:02.42	1
14 Matt Benson	11	Sioux City West	1:02.45	1
15 Jason Feather	10	Spirit Lake	1:02.97	2
16 Jacobus Noble	10	Sioux City North	1:03.15	2
17 Erik Nelson	12	Marcus Mmc	1:03.57	2
18 Myles Sudbeck	12	Pierce	1:03.69	2
19 Dillon Jansma	11	Sheldon	1:03.76	1
20 Jacob Kuhn	11	Sioux City East	1:03.99	1
21 Michael Anderson	10	Moc-Fv	1:05.92	1
22 Brady Wheeler	12	Glenwood	1:07.17	3

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Boys 4x800 Meter Relay OHS**

Top 16 teams by time

1 turn stagger

Meet: M 7:57.93 4/18/2009 Yankton, SC East

J. Ailts A. Hohenthauer M. Yaggie T. Brenner

School

Finals

1 Spirit Lake 'A'		8:14.94
1) Kyle Anderson 12	2) Josh Waite 12	
3) Paul Woizeschke 12	4) Tanner Goetsch 12	
2 Kingsley-Pierson/Woodbury Cen 'A'		8:17.87
1) Alec Still 09	2) Jayden Wurth 11	
3) Ethan Schultzen 10	4) Nic Scheelhaase 11	
3 Glenwood 'A'		8:26.16
1) Jared Cook 12	2) Jaron Springer 10	
3) Brady Wheeler 12	4) James Fuller 11	
4 Dakota Valley 'A'		8:36.20
1) Graham Bacon 12	2) Charlie Long 10	
3) Cole Peterson 12	4) Blake Perryman 12	
5 South Sioux City 'A'		8:47.46
1) Ferhan Barento 11	2) Shelby Gonzalez 11	
3) Omar Montoya 11	4) Nick Torticill 10	
6 Bishop Heelan 'A'		8:47.81
1) Nick Haugan 10	2) Bailey McBride 10	
3) Ian Joyce 09	4) Connor Ritz 09	
7 Unity Christian 'A'		9:07.55
1) Benjamin Broers 12	2) Klay Byker 11	
3) Jeffery Jeltema 12	4) Cody Gradert 12	
8 Oa-Bcig 'A'		9:10.68
1) Nick Endrulat 11	2) Isaiah Salmon 10	
3) Blake Netherton 10	4) Cody Fredricks 10	
9 West Monona 'A'		9:41.53
1) Justin Parr 12	2) Tate Phelps 10	
3) Alex Harris 10	4) Collin Sprock 10	

Boys 4x110 Meter Shuttle Hurdle OHS

Meet: M 1:00.10 4/13/2013 Glenwood, Glenwood

S Jameson, D Kruse, K Bowden, M Bowden

School

Finals

H#

1 Glenwood 'A'		1:01.50	2
1) Tyler Moore 12	2) Carter Von Essen 10		
3) Caleb Petersen 09	4) Dane Kruse 11		
2 Le Mars 'A'		1:02.13	2
1) BO Ohm 11	2) Logan Schneider 11		
3) Chris Hatting 12	4) Quenton Boddie 10		
3 Spencer 'A'		1:04.26	1
1) Matt Finnern 12	2) Tyson Samsel 12		
3) Mason Bartley 10	4) Cody Mowery 12		
4 Spirit Lake 'A'		1:04.30	2
1) Pat Woizeschke 12	2) Jack Kelly 12		
3) Austin Fagen 12	4) Jason Feather 10		
5 Marcus-Meriden-Cleghorn 'A'		1:04.67	1
1) Derek Erdman 10	2) Erik Nelson 12		
3) Zach Reuter 12	4) Reece Jackson 12		

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Boys 4x110 Meter Shuttle Hurdle OHS**

6 Sergeant Bluff-Luton 'A'	1:05.59	1
1) Matthew George	2) Chet Kaiser	
3) Jason Reynders	4) Nate Glisar	
7 Gehlen Catholic Boys 'A'	1:05.87	1
1) Peyton Bouma 12	2) Solomon Freking 11	
3) Lucas Hunt 11	4) Ryley Price 11	
8 South Sioux City 'A'	1:17.82	2
1) Chase Love 12	2) Jensen Wallace 09	
3) Jonathon Quintana 09	4) Brandon Powell 12	

Boys High Jump OHS

Starting height 5'10"

Meet: M 6-10 4/20/1989 Darwin VanderHoef, Rock Valley

Name	Year	School	Finals	
1 Lane Rohrich	12	Pierce	6-04.00	1.93m
2 Cody Durbin	10	Oa-Bcig	J6-04.00	1.93m
3 Nate Glisar		Sgt. Bluff-Luton	J6-04.00	1.93m
4 Zach Cassens	12	Lawton-Bronson	J6-04.00	1.93m
5 Louis Noel	12	Bishop Heelan	6-02.00	1.87m
6 Calvin Korver	10	Unity Christian	5-10.00	1.77m
7 Joe Hayden	10	Kingsley-P/WC	J5-10.00	1.77m
8 Matthew George		Sgt. Bluff-Luton	J5-10.00	1.77m
8 Marcus Winterfeld	10	Sioux Center	J5-10.00	1.77m
10 Cameron Cantrall	09	Spencer	5-08.00	1.72m
10 Will Karrer	10	Bishop Heelan	5-08.00	1.72m
10 Mason Wickers	10	Le Mars	5-08.00	1.72m
13 Jonathon Quintana	09	South Sioux City	J5-08.00	1.72m
-- Caleb Jennings	11	Spirit Lake	NH	
-- Blake Hamar	12	Ponca	NH	
-- Connor Henze	10	Elk Pt Jeff SD	NH	
-- Spencer Smith	12	Glenwood	NH	
-- Jayden Wurth	11	Kingsley-P/WC	NH	
-- Austin Fagen	12	Spirit Lake	NH	
-- Dane Kruse	11	Glenwood	NH	

Boys Long Jump OHS

Meet: M 22-03 4/20/1961 Lloyd Mattews, SC Central

Name	Year	School	Finals	Wind	
1 Tyler Crophy	12	Bishop Heelan	21-04.25	NWI	6.50m
20-10.25(NWI) 20-09.75(NWI) 21-04.25(NWI) 20-06.75(NWI) 20-08.75(NWI)					FOUL
2 Austin Folsom	11	Spirit Lake	20-05.00	NWI	6.22m
20-05(NWI) 20-02(NWI) 20-01.25(NWI) 19-04(NWI) 19-05(NWI)					FOUL
3 Nick Bousquet	12	Bishop Heelan	20-04.75	NWI	6.21m
20-04.75(NWI) 20-02.75(NWI) 19-08.25(NWI) 19-01(NWI) 19-00(NWI)					FOUL
4 Xavier Scarlett	11	Sioux City North	20-01.50	NWI	6.13m
FOUL 20-01.50(NWI) FOUL FOUL FOUL FOUL					
5 Eli Engebretson	12	Le Mars	19-08.75	NWI	6.01m
19-08.75(NWI) 19-02.25(NWI) 19-04.50(NWI) FOUL					18-04.25(NWI) 19-05.50(NWI)
6 Malik Rasch	11	Spencer	19-04.00	NWI	5.89m
18-09.75(NWI) 19-04(NWI) 18-09.25(NWI) 18-05.75(NWI) 19-02.50(NWI) 18-10.50(NWI)					

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

**Olsen Stadium
Results**

....Boys Long Jump OHS

7	Kyle Grudle	10 Glenwood	J19-04.00	NWI	5.89m
	FOUL FOUL	19-04(NWI) 17-11(NWI) FOUL	FOUL		
8	Jose Maldonado	10 South Sioux City	19-00.50	NWI	5.80m
	18-05.75(NWI) 18-09.50(NWI)	18-09(NWI) FOUL	18-09.75(NWI) 19-00.50(NWI)		
9	Ross Godfrey	10 Sioux City East	18-09.50	NWI	5.72m
	18-02(NWI) 18-01.50(NWI)	18-09.50(NWI) FOUL	FOUL	18-08.50(NWI)	
10	Taylon Flemister	09 Sioux City East	18-08.50	NWI	5.70m
	18-08(NWI) 18-08.50(NWI)	FOUL			
11	Matt Buenger	11 Sheldon	18-08.25	NWI	5.69m
	FOUL	18-08.25(NWI) FOUL			
12	Zach Heaton	12 Ponca	18-07.25	NWI	5.67m
	17-02.50(NWI) FOUL	18-07.25(NWI)			
13	Joseph Keegan	12 Sioux City West	18-07.00	NWI	5.66m
	FOUL	18-07(NWI) FOUL			
14	Michael Walsh	11 Ponca	18-03.25	NWI	5.56m
	17-11.75(NWI) 18-00.50(NWI)	18-03.25(NWI)			
15	John Van Scoy	11 Glenwood	17-11.75	NWI	5.48m
	17-11.75(NWI) FOUL	FOUL			
16	Chris Gillaspie	10 Westwood	17-09.25	NWI	5.41m
	FOUL	17-09.25(NWI) FOUL			
17	Brady Starkel	10 Pierce	17-08.25	NWI	5.39m
	17-04(NWI) FOUL	17-08.25(NWI)			
18	Phuoc San	10 Sioux City North	17-05.00	NWI	5.30m
	17-05(NWI) 17-03.25(NWI)	FOUL			
19	Silas Buss	09 Le Mars	17-04.50	NWI	5.29m
	17-04.50(NWI) FOUL	FOUL			
19	Austin Fagen	12 Spirit Lake	17-04.50	NWI	5.29m
	17-04.50(NWI) FOUL	FOUL			
21	Caleb DeRocher	11 West Monona	17-02.50	NWI	5.24m
	17-02.50(NWI) FOUL	FOUL			
22	Brady Wall	Sgt. Bluff-Luton	17-00.50	NWI	5.19m
	17-00.50(NWI) FOUL	FOUL			
23	Dylan Wunschel	09 Oa-Bcig	16-07.25	NWI	5.06m
	16-07.25(NWI) FOUL	FOUL			
24	Walker Raabe	09 Pierce	16-00.00	NWI	4.87m
	16-00(NWI) FOUL	FOUL			
--	Anteras Ashley	10 Lawton-Bronson	FOUL		
	FOUL FOUL	FOUL			

Boys Shot Put OHS

Standard measurement 45'

Meet: M 58-11 4/20/2011 Justin Baker, Bishop Heelan

Name Year School Finals

1	Colton Phelps	12 Kingsley-P/WC	50-10.00	15.49m
	49-10 50-04.50	50-07.50 50-10 FOUL	49-09	
2	Chance Tatman	12 Spencer	48-04.50	14.74m
	FOUL 48-04.50	48-00 45-09 47-06 45-08		
3	Mike Harriman	11 Cb, Abraham Lincoln	47-11.00	14.60m
	45-10 47-11	47-03 46-05 FOUL FOUL		
4	Austin Langston	12 Sioux City North	47-03.00	14.40m
	44-05 46-09.50	47-03 FOUL 45-07 FOUL		
5	Nick Norton	12 Sioux City North	46-09.00	14.24m
	46-07.50 45-08	FOUL 45-00 46-09 FOUL		

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

....Boys Shot Put OHS

6	Max Stewart	12	Sioux City North	46-05.50	14.16m
	46-05.50 FOUL 43-01 FOUL FOUL 42-06				
7	John Alexa	10	Sioux City East	46-03.00	14.09m
	46-03 FOUL 43-06 45-07 44-07.50 42-08				
8	Jacob Jenness	12	Spirit Lake	45-09.00	13.94m
	44-09 43-11 42-07.50 45-09 42-05 FOUL				
9	Jason Lupkes	12	Dakota Valley	43-05.00	13.23m
	43-05 42-06 FOUL				
10	Landon Paulsen	11	Kingsley-P/WC	42-11.00	13.08m
	39-06 40-05 42-11				
11	Paxton De Haan	10	Unity Christian	42-08.50	13.01m
	40-05 41-11 42-08.50				
12	Jordan Brandon	12	Elk Pt Jeff SD	42-08.00	13.00m
	42-04.50 41-00 42-08				
13	James Stark	12	Ponca	42-04.50	12.91m
	40-00 42-04.50 42-04.50				
14	Jacob Sandoz		Sgt. Bluff-Luton	41-08.50	12.71m
	41-08.50 FOUL FOUL				
15	Gabe Gaither	11	South Sioux City	40-10.50	12.45m
	FOUL 40-10.50 40-00				
16	Trey Kroeze	10	Unity Christian	40-05.00	12.31m
	40-05 FOUL 39-08				
17	Justin Pachl	12	Glenwood	40-03.00	12.26m
	FOUL 40-03 39-07				
18	Garrett Rohlk	12	Oa-Bcig	39-11.00	12.16m
	39-11 39-05 FOUL				
19	Juan Marquez	10	Sioux City East	39-07.00	12.06m
	34-01 37-05 39-07				
19	Ethan Fahrendholz	10	Sioux City East	39-07.00	12.06m
	39-02 39-07 FOUL				
21	Parker Junjohan	10	Spirit Lake	39-00.00	11.88m
	37-06 39-00 38-08				
22	Caleb Stingley	10	South Sioux City	38-08.50	11.79m
	FOUL 38-08.50 38-04				
23	Eric Montes	09	Sioux City West	38-06.00	11.73m
	38-06 FOUL FOUL				
24	Patrick Livermore	12	Gehlen Catholic	38-04.00	11.68m
	FOUL 37-06 38-04				
25	Tanner Rensink	10	Sioux Center	37-08.00	11.48m
	37-08 37-04 37-06				
26	Nate Serrano	10	Glenwood	37-05.00	11.40m
	37-05 37-04 37-01				
27	Bryce Bomgaars	09	Moc-Fv	37-01.00	11.30m
	35-10 37-01 36-06				
28	Mitchell De Jong	10	Moc-Fv	35-02.00	10.71m
	34-07 35-02 34-00				

Boys Discus Throw OHS

Standard measurement 125'

Meet: M 178-00 4/20/2011 Justin Baker, Bishop Heelan

Name Year School Finals

1	Colton Phelps	12	Kingsley-P/WC	168-01	51.23m
	125-07 FOUL FOUL 168-01 155-08 161-00				

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

**Olsen Stadium
Results**

....Boys Discus Throw OHS

2	Colton Tracy	09 Cb, Abraham Lincoln	167-10	51.15m
	144-05 150-05 147-03	145-02 FOUL 167-10		
3	Austin Langston	12 Sioux City North	164-09	50.21m
	142-01 151-06 151-11	152-03 FOUL 164-09		
4	Jason Lupkes	12 Dakota Valley	145-00	44.19m
	132-10 141-05 144-02	FOUL 145-00 143-04		
5	Trevor Westhoff	11 Le Mars	144-03	43.96m
	131-02 144-03 142-08	143-07 141-01 136-07		
6	Chance Steward	12 Spencer	143-00	43.58m
	112-06 142-05 143-00	135-02 FOUL FOUL		
7	Garrett Rohlk	12 Oa-Bcig	137-08	41.96m
	135-01 137-08 FOUL	FOUL FOUL FOUL FOUL		
8	Levi Paulsen	11 Kingsley-P/WC	136-02	41.50m
	FOUL 136-02 FOUL	FOUL FOUL FOUL FOUL		
9	Jacob Jenness	12 Spirit Lake	135-07	41.32m
	FOUL 135-07 FOUL	FOUL 125-10 128-08		
10	Braden Taylor	11 Pierce	133-10	40.79m
	133-10 129-09 FOUL			
11	Nick Norton	12 Sioux City North	128-02	39.06m
	117-08 128-02 125-02			
12	CJ Geary	12 Elk Pt Jeff SD	123-10	37.74m
	118-11 FOUL 123-10			
13	Dru Little	11 Glenwood	122-05	37.31m
	119-06 122-05 122-03			
14	Brandon Powell	12 South Sioux City	122-01	37.21m
	FOUL 102-05 122-01			
15	Chet Kaiser	Sgt. Bluff-Luton	118-03	36.04m
	FOUL FOUL 118-03			
16	Calvin Korver	10 Unity Christian	115-05	35.17m
	115-05 FOUL FOUL			
17	Cody Wernimont	10 Spirit Lake	110-00	33.52m
	110-00 FOUL FOUL			
18	Bryce Bomgaars	09 Moc-Fv	106-10	32.56m
	106-10 FOUL FOUL			
19	Caleb Stingley	10 South Sioux City	102-03	31.16m
	102-03 FOUL FOUL			
20	Paxton De Haan	10 Unity Christian	96-01	29.28m
	96-01 FOUL FOUL			
21	Kody Gray	09 Westwood	93-00	28.34m
	FOUL 93-00 FOUL			
22	Cody Reed	12 Elk Pt Jeff SD	87-07	26.69m
	87-07 FOUL FOUL			
23	Andrew Donnelly	09 Westwood	73-08	22.45m
	FOUL 73-08 FOUL			
--	Nate Serrano	10 Glenwood	FOUL	
	FOUL FOUL FOUL			
--	Max Stewart	12 Sioux City North	FOUL	
	FOUL FOUL FOUL			

Boys 800 Meter Run Freshman Boys

=====			
Meet: M 2:13.63 4/13/2012 Ben Eastman, Bishop Heelan			
Name	Year	School	Finals
=====			
1	Ian	Joyce	09 Bishop Heelan 2:12.58M

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Boys 800 Meter Run Freshman Boys**

2	Siraj Abdella	09	Sioux City North	2:14.01
3	Phoenix Larned	09	Sioux City West	2:16.69
4	Camden Beller	09	Sioux City North	2:18.35
5	Connor Ritz	09	Bishop Heelan	2:18.67
6	Kyle Kliever	09	Le Mars	2:22.76
7	Devon Fritz	09	Oa-Bcig	2:23.09
8	Abdul Mohammed	09	South Sioux City	2:24.13
9	Brian Robles	09	South Sioux City	2:26.13

Boys 4x100 Meter Relay Freshman Boys

2 turn stagger

Meet: M 46.33 4/20/2007 Bishop Heelan, Bishop Heelan
P. Ives, K. Kinney, C. Wegher, N. Berger

School Finals

1	Sioux City North 'A'	47.74
	1) Rashan Davis 09	2) Max Vollmer 09
	3) Tyler Kempema 09	4) Jailen Billings 09
2	Bishop Heelan 'A'	47.88
	1) Mason Heaton 09	2) Jesse Lease 09
	3) Hunter Pearson 09	4) Max Miller 09
3	Le Mars 'A'	48.96
	1) Silas Buss 09	2) Brady Kommes 09
	3) Keaton Cander 09	4) Colin Nemmers 09
4	Oa-Bcig 'A'	48.98
	1) Elliot Bengford 09	2) Adam Grote 09
	3) Parker Clausen 09	4) Dylan Wunschel 09
5	Sioux City East 'A'	49.25
	1) Lucas Drent 09	2) Trea Robinson 09
	3) Christian Cabney 09	4) Taylon Flemister 09
6	Sioux City West 'A'	51.89
	1) Michael Verdin 09	2) Kaleb Thompson 09
	3) Thomas Worden 09	4) Johnson Roeun 09
--	South Sioux City 'A'	NT

Boys 4x200 Meter Relay Freshman Boys

4 turn stagger

Meet: M 1:36.49 4/20/2000 SC West, SC West
J. Miller, S. Olorundami, C. Tran, J. Johnikin

School Finals

1	Bishop Heelan 'A'	1:41.36
	1) Brayden Logan 09	2) Jesse Lease 09
	3) Hunter Pearson 09	4) Max Miller 09
2	Le Mars 'A'	1:41.60
	1) Silas Buss 09	2) Brady Kommes 09
	3) Keaton Cander 09	4) Colin Nemmers 09
3	Sioux City East 'A'	1:41.79
	1) Lucas Drent 09	2) Trea Robinson 09
	3) Christian Cabney 09	4) Taylon Flemister 09
4	Oa-Bcig 'A'	1:41.88
	1) Aeden Hickey 09	2) Adam Grote 09
	3) Parker Clausen 09	4) Dylan Wunschel 09

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Boys 4x200 Meter Relay Freshman Boys**

5 Sioux City North 'A'	1:47.80
1) Tyler Schoepfer 09	2) Kale Kisling 09
3) Rashan Davis 09	4) Tyler Kempema 09
6 Sioux City West 'A'	1:48.64
1) Michael Verdin 09	2) Kaleb Thompson 09
3) Thomas Worden 09	4) Johnson Roeun 09

Boys 4x400 Meter Relay Freshman Boys

3 turn stagger

Meet: M 3:40.64 4/13/2012 Bishop Heelan, Bishop Heela
T Smith, D Kasperbauer, B Bogenrief, T Tobin

School	Finals
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1 Le Mars 'A'	3:50.03
1) Silas Buss 09	2) Brady Kommes 09
3) Kyle Kliever 09	4) Colin Nemmers 09
2 South Sioux City 'A'	3:52.15
1) Alex Coss 09	2) Jonathon Quintana 09
3) Brian Robles 09	4) Jensen Wallace 09
3 Bishop Heelan 'A'	3:53.04
1) Timmy Winders 09	2) Keagan Heaton 09
3) Jesse Lease 09	4) Max Miller 09
4 Oa-Bcig 'A'	4:04.47
1) Aeden Hickey 09	2) Elliot Bengford 09
3) Parker Clausen 09	4) Adam Grote 09
5 Sioux City North 'A'	4:04.98
1) Camden Beller 09	2) Jorge Jacobson 09
3) Tyler Schoepfer 09	4) Kale Kisling 09
6 Sioux City East 'A'	4:19.08
1) Taylon Flemister 09	2) Sean Collins 09
3) Cole Magnuson 09	4) Kody Peters 09

Boys 4x100 Meter Relay 6th Grade

2 turn stagger

Meet: M 1:00.15 4/13/2012 West Middle School, West Mi
C Morris, C Berke, C Sulsberger, C Antle

School	Finals
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1 East Middle School 'A'	59.55M
2 West Middle School 'B'	1:01.85
3 West Middle School 'A'	1:01.88
4 North Middle 'A'	1:03.78

Boys 4x100 Meter Relay 7th Grade

2 turn stagger

Meet: M 50.83 4/13/2012 Sbl MS Boys, SBL MS
A Zoss, D Moore, N Maxfield, B Wall

School	Finals
--------	--------

1 Sbl Middle 'A'	51.05
1) Gabe Warren 07	2) Zach Shultz 07
3) Drew Mathison 07	4) Britton Delperdang 07

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Boys 4x100 Meter Relay 7th Grade**

2 East Middle School 'A'		51.98
1) Derich Torres 07	2) Bradley Hines 07	
3) Alex Kleider 07	4) Kyle Burns 07	
3 West Middle School 'A'		53.33
1) Hiatt Holman 07	2) Micah McWell 07	
3) Connor James 07	4) Cliff McCray 07	
4 North Middle 'A'		54.83
1) Matt Hagen 07	2) Deven Pace 07	
3) Jeffrey Rivas 07	4) Hunter Krommenhoek 07	
5 Dakota Valley Middle 'A'		54.97
1) Ben Carter 07	2) Sam Chesterman 07	
3) Cole Schulz 07	4) Jevin Kratz 07	
6 South Sioux Middle Boys 'A'		55.10
1) Isaac Wragge 07	2) Brad Hartnett 07	
3) Edgar Perez 07	4) Dylan McGuire 07	

Boys 4x200 Meter Relay 7th Grade

Meet: M 1:48.90 4/13/2012 Sbl MS Boys, SBL MS
A Zoss, C Laughlin, P Zoss, B Wall

School Finals

1 Sbl Middle 'A'		1:49.82
1) Gabe Warren 07	2) Sam DeMoss 07	
3) Zach Shultz 07	4) Britton Delperdang 07	
2 East Middle School 'A'		1:51.87
1) Bradley Hines 07	2) Aiden Vanderloo 07	
3) Alex Kleider 07	4) Kyle Burns 07	
3 West Middle School 'A'		1:55.05
1) Micah McWell 07	2) Hiatt Holman 07	
3) Austin Streeter 07	4) Quincy Brown 07	
4 North Middle 'A'		2:02.11
1) Ethan Sorensen 07	2) Deven Pace 07	
3) Matt Hagen 07	4) Hunter Krommenhoek 07	
-- South Sioux Middle Boys 'A'		DNF
1) Isaac Wragge 07	2) Brad Hartnett 07	
3) Edgar Perez 07	4) Dylan McGuire 07	
-- Dakota Valley Middle 'A'		DQ
1) Ben Carter 07	2) Sam Chesterman 07	
3) Cole Schulz 07	4) Jevin Kratz 07	

Boys 800 Meter Run 8th Grade

Meet: M 2:20.29 4/18/2009 Austin Fritza, South Sioux

Name Year School Finals

1 Andrew Reyna-Zapon	08 West Middle School	2:19.81M
2 Miles Scott	08 Sbl Middle	2:27.16
3 Cole Taylor	08 East Middle School	2:29.21
4 Parker Burrack	08 North Middle 8	2:31.47
5 Tyler Roeder	08 Sbl Middle	2:34.50
6 Chrisian Peterson	08 East Middle School	2:35.56
7 D'Von LaPointe	08 Ssc Middle Boys	2:36.97
8 Jordan Kordell	08 North Middle 8	2:45.12

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Boys 4x100 Meter Relay 8th Grade**

2 turn stagger

Meet: M 48.65 4/16/1993 , East Middle

School

Finals

1 West Middle School 'A'	49.21
1) Chase Antle 08	2) Saybein Clark 08
3) Brian Carabante 08	4) Andrew Reyna-Zapon 08
2 Sbl Middle 'A'	50.63
1) Matt Millie 08	2) Ty Boekelmann 08
3) Kody Loofe 08	4) Alex Freiberg 08
3 East Middle School 'A'	50.97
1) Keshawn Rainey 08	2) James Page 08
3) Phillip Moon 08	4) Van Rees 08
4 South Sioux Middle Boys 'A'	51.68
1) Nathan Canoles 08	2) Shukri Irre 08
3) Evan Nassau 08	4) Isiah Rose 08
5 North Middle 8 'A'	52.79
1) Caleb Dennis 08	2) Martin Garcia 08
3) Jon Ford 08	4) Jayse Martineck 08

Boys 4x200 Meter Relay 8th GradeMeet: M 1:44.62 4/18/2009 North Middle School, North
D. Grundberry G. Hays A. Dicus B. Meachum

School

Finals

1 West Middle School 'A'	1:43.69M
1) Chase Antle 08	2) Saybein Clark 08
3) Lupe Perez	4) Andrew Reyna-Zapon 08
2 Sbl Middle 'A'	1:47.43
1) Matt Millie 08	2) Matt Stangel 08
3) Ty Boekelmann 08	4) Alex Freiberg 08
3 East Middle School 'A'	1:51.07
1) Keshawn Rainey 08	2) James Page 08
3) Josh Nutt 08	4) Van Rees 08
4 North Middle 8 'A'	1:51.91
1) Caleb Dennis 08	2) Brandon Hughes 08
3) Jayse Martineck 08	4) Mark Moos 08
5 South Sioux Middle Boys 'A'	1:53.19
1) Shukri Irre 08	2) Isiah Rose 08
3) D'Von LaPointe 08	4) Nathan Canoles 08

Boys 4x400 Meter Relay 8th GradeMeet: M 4:00.98 4/17/2010 East Middle, East Middle
T Bradley, D Peterson, G Kirwan, C Lilly

School

Finals

1 West Middle School 'A'	4:02.85
1) Chase Antle 08	2) Darius Moore 08
3) Brian Carabante 08	4) Andrew Reyna-Zapon 08
2 East Middle School 'A'	4:11.27
1) Josh Nutt 08	2) Alex Garcia 08
3) James Page 08	4) Van Rees 08
3 North Middle 8 'A'	4:12.92

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Boys 4x400 Meter Relay 8th Grade**

1) William Zeman 08	2) Martin Garcia 08	
3) Mark Moos 08	4) Parker Burrack 08	
4 Sbl Middle 'A'		4:13.70
1) Ty Boekelmann 08	2) Miles Scott 08	
3) Alex Freiberg 08	4) Kody Loofe 08	
5 South Sioux Middle Boys 'A'		4:21.38
1) Isiah Rose 08	2) Nathan Canoles 08	
3) Trey Meier 08	4) D'Von LaPointe 08	

Boys 100 Meter Dash Elite

Meet: M 10.83 4/14/2012 Darius Pearson, SC West

Name	Year School	Finals	Wind
1 Ronald Nash	12 Sioux City East	11.08	2.7
2 Travis Zevenbergen	09 Unity Christian	11.29	2.7
3 Philip Jacobson	12 Bishop Heelan	11.33	2.7
4 Brady Wall	Sgt. Bluff-Luton	11.35	2.7
5 Austin Folsom	11 Spirit Lake	11.36	2.7
6 Brett Prenger	11 Lawton-Bronson	11.49	2.7
7 Xavier Scarlett	11 Sioux City North	11.77	2.7

Boys 110 Meter Hurdles Elite

Meet: M 14.41 4/20/2002 Derek Casey, Cherokee

Name	Year School	Finals	Wind
1 Dylon Van't Hof	12 Sioux Center	14.99	3.2
2 Louis Noel	12 Bishop Heelan	15.31	3.2
3 Chris Hatting	12 Le Mars	15.76	3.2
4 Jacobus Noble	10 Sioux City North	15.83	3.2
5 Reece Jackson	12 Marcus Mmc	15.85	3.2
6 Cody Mowery	12 Spencer	15.96	3.2
7 Dane Kruse	11 Glenwood	16.00	3.2
8 Tyson Samsel	12 Spencer	16.27	3.2

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Men 100 Meter Dash UCO**

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Meet: M 10.35 4/17/1994 Keith Green, Morningside

Name Year School Prelims Wind H#

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Preliminaries

1	Breyan Miller	JR Dickinson State	10.57q	0.9	9
2	Tanner Townsend	FR Sioux Falls	10.84q	0.1	8
3	Jeriah Dunk	SR Northwestern (Ia)	10.88q	+0.0	5
4	Johnny Biacofsky	SR Unattached	10.89q	-0.3	2
5	Jason Greenway	SO Augustana (Sd)	11.01q	-0.3	2
6	Kaleb Lindsey-Stevens	SR Sioux Falls	11.03q	0.2	7
7	Andrew Johnson	JR Northern State	11.05q	0.5	6
8	Jake Floen	SO Dordt	11.06q	-0.4	4
9	Braxton Adams	FR Unattached	11.07	-0.4	4
10	Christian Nielsen	SO South Dakota	11.12	-1.2	3
11	Justin Greenway	SO Augustana (Sd)	11.14	0.3	1
12	Zach Rothering	FR South Dakota	11.16	0.2	7
13	Jon Dinius	SR Dickinson State	11.17	+0.0	5

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men 100 Meter Dash UCO**

14	Spencer Carlson	FR Dakota St	11.18	0.1	8
15	Alex Van Roekel	SO Northwestern (Ia)	11.19	0.2	7
16	Mike King	SR Wayne State College	11.27	-1.2	3
17	Jesse Selgeby	SR Northwestern (Ia)	11.36	0.9	9
17	Frank Wallace	SR Briar Cliff	11.36	0.2	7
19	Koray Karakas	SO Northwestern (Ia)	11.41	+0.0	5
20	Scott Strand	JR Northwestern (Ia)	11.42	0.1	8
21	Zach Ely	SO Dakota St	11.43	0.1	8
22	Trevor Jacobsen	FR Dakota St	11.44	0.9	9
23	Preston Nibaur	SR Morningside	11.45	0.5	6
24	Eric Peters	JR Morningside	11.48	-0.3	2
25	Martin Hargrove	FR Dakota St	11.52	0.9	9
26	Josh Alden	Unattached	11.53	0.5	6
26	Dion Helgelien	FR Sioux Falls	11.53	0.5	6
28	William Ernst	JR Wayne State College	11.54	0.3	1
29	Daniel Fennig	JR Dordt	11.56	0.3	1
30	Mason Frank	SO Dickinson State	11.59	+0.0	5
31	Trai Pratt	FR Dickinson State	11.83	-1.2	3
32	Trevor DeSchepper	FR Augustana (Sd)	11.85	0.1	8
33	Dominique Samuel	SR Wayne State College	11.92	0.5	6
34	Evan Schreiner	SR Jamestown	11.93	+0.0	5
34	Kyle Kinney	SO Morningside	11.93	0.3	1
36	Brennan Dorsey	SO Northwestern (Ia)	11.94	0.1	8
37	Michael Hust	FR Jamestown	11.95	0.3	1
38	Camren Pitre	JR Dordt	11.96	0.5	6
39	Richard Hanna	FR Jamestown	12.11	0.2	7
39	Colin Linde	FR Mount Marty College	12.11	0.9	9
41	Justin Larsen	FR Jamestown	12.12	-0.4	4
42	Jake Auerbach	FR Northwestern (Ia)	12.19	-0.3	2
43	Tyler Streif	SO Jamestown	12.22	0.5	6
44	Jagger Gran	SO Sioux Falls	12.28	+0.0	5
45	Derek Van Kooten	FR Dordt	12.36	-1.2	3
45	Cody Clark	FR Wayne State College	12.36	-0.4	4
45	Jedd Schlicht	FR Dakota Wesleyan	12.36	-0.3	2
48	Jordan Dorsey	SR Northwestern (Ia)	12.44	0.3	1
49	Bryce Peterson	FR Mount Marty College	12.50	0.9	9
50	Adrian Fisher	SO Dickinson State	12.58	-0.4	4
51	Noah Behrens	FR Briar Cliff	12.69	+0.0	5

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

Men 100 Meter Dash UCO

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Meet: M 10.35 4/17/1994 Keith Green, Morningside

Name Year School Finals Wind

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Finals

1	Breyan Miller	JR Dickinson State	10.45	2.7
2	Johnny Biacofsky	SR Unattached	10.75	2.7
3	Jeriah Dunk	SR Northwestern (Ia)	10.79	2.7
4	Andrew Johnson	JR Northern State	10.90	2.7
5	Kaleb Lindsey-Stevens	SR Sioux Falls	10.95	2.7
6	Jake Floen	SO Dordt	11.02	2.7

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Men 200 Meter Dash UCO**

Name	Year	School	Finals	Wind	H#
1 Breyan Miller	JR	Dickinson State	21.04	2.5	2
2 Jeriah Dunk	SR	Northwestern (Ia)	21.68	2.5	2
3 Rusty Muncy	SO	Briar Cliff	21.69	2.5	2
4 Christian Nielsen	SO	South Dakota	21.76	2.5	2
5 Robert Iron Shell	FR	Briar Cliff	21.86	3.5	1
6 Andrew Johnson	JR	Northern State	21.93	2.5	2
7 Jake Floen	SO	Dordt	22.06	3.5	1
8 Alex Van Roekel	SO	Northwestern (Ia)	22.34	3.5	1
9 Zach Rothering	FR	South Dakota	22.51	2.5	2
10 Mike King	SR	Wayne State College	22.58	3.5	1
11 William Ernst	JR	Wayne State College	22.76	3.5	1
12 Preston Nibaur	SR	Morningside	22.89	3.5	1
13 Kaleb Lindsey-Stevens	SR	Sioux Falls	23.31	2.5	2

Men 400 Meter Dash UCO

Meet: M 46.22 4/20/1996 Lionel McPhaul, South Dakota					
Name	Year	School	Finals	H#	
1 Aduo Omot	SR	Augustana (Sd)	48.97	6	
2 Robert Iron Shell	FR	Briar Cliff	49.30	5	
3 Augustus Cowan	JR	Briar Cliff	49.69	5	
4 Rusty Muncy	SO	Briar Cliff	49.98	5	
5 Josiah Eckels	FR	Dordt	50.03	5	
6 Nick Misukanis	JR	Morningside	50.23	4	
7 Michael Palczewski	FR	Dickinson State	50.43	5	
8 Myren Moore		Dickinson State	50.46	6	
9 Corey Gill	JR	Dickinson State	50.53	6	
10 Skyler Kuil	JR	Augustana (Sd)	50.69	6	
11 Austin King	SR	Northwestern (Ia)	50.81	2	
11 Nigel Christianson	FR	Gillette College	53.23		
12 Mickey Doerr	SR	Wayne State College	51.08	4	
13 Dillian Broadnax	SR	Briar Cliff	51.57	5	
14 Joe Roden	SO	Unattached	51.63	3	
15 Michael Whitehead	FR	Morningside	51.64	4	
15 Wiliam Dougherty	FR	Unattached	51.64	6	
17 Dalton De Haan	FR	Northwestern (Ia)	51.75	2	
18 Jeremy Botzet	JR	Augustana (Sd)	51.89	4	
19 Ethan Van Briesen	JR	Morningside	51.93	4	
20 Jordan Strand	FR	Northwestern (Ia)	52.40	3	
21 Cory Eberle	FR	Sioux Falls	52.44	4	
22 Ross Rozeboom	FR	Dordt	52.56	3	
23 Aaron Tudor	SR	Dordt	52.80	1	
24 Tyler Figge	SR	Morningside	52.96	2	
25 Tom Sittig	FR	Augustana (Sd)	52.98	3	
26 Tyler Volesky	SR	Dakota Wesleyan	53.11	2	
27 Chad Kischer	JR	Northwestern (Ia)	53.14	2	
28 Paul Johnson		Unattached	53.23	1	
29 Kayne Feldick	SO	Morningside	53.41	3	
30 Jared Truman	SO	Dakota St	53.58	3	
31 Rodrigo Cobian	FR	Morningside	53.70	2	
32 Sam Malan	FR	Dordt	53.83	2	
33 Fabian Munoz	FR	Unattached	54.46	1	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men 400 Meter Dash UCO**

34	Trevor Johnson	SO	Dordt	54.58	1
35	Adrian Paet-Bullaoit	JR	Jamestown	55.26	1
36	Garrett Wall	FR	Morningside	56.70	5
37	Peter Schukking	FR	Augustana (Sd)	57.32	1
38	Bryce Parmely	SO	Gillette College	59.42	1

Men 800 Meter Run UCO

Meet: M 1:48.89 4/20/1995 Tom Dow, Augustana

Name	Year	School	Finals	H#
1	Monte Larsen	Unattached	1:51.44	5
2	Dante Carter	SO Dickinson State	1:51.70	5
3	Kyle Anderson	SO Northwestern (Ia)	1:52.89	5
4	Taylor Bodin	SR Northwestern (Ia)	1:52.95	5
5	Jay Welp	JR Morningside	1:53.76	5
6	Sam Wensink	FR Dordt	1:53.80	5
7	Mach Dojiok	FR South Dakota	1:53.90	5
8	Zach Thomsen	JR Wayne State College	1:54.35	5
9	Drew Schiltz	FR Morningside	1:54.49	4
10	Jeffrey Mettler	SR South Dakota	1:54.98	5
11	Henrik Hansson	SR Augustana (Sd)	1:55.55	5
12	Tim Bierma	SR Dordt	1:55.84	4
13	Brandon Krein	JR Northern State	1:56.33	4
14	Jacob Willey	SO Morningside	1:56.46	3
15	Justin Cook	JR Augustana (Sd)	1:56.52	4
16	Dustin Sandbak	SR Dickinson State	1:56.66	5
17	Stephen Nielson	JR South Dakota	1:56.69	5
18	Delano Lilly	SO Dickinson State	1:56.76	3
19	Alec DeVries	FR Morningside	1:56.81	4
20	Dylan Slaba	SO South Dakota State	1:56.85	4
21	Logan Hovland	JR Northwestern (Ia)	1:56.95	3
22	Daniel Pettit	FR South Dakota State	1:57.55	4
23	Zach Wittenberg	SR Northwestern (Ia)	1:57.62	3
24	Stephan McNamara	JR Dordt	1:57.86	4
25	Eric Koithan	JR Morningside	1:57.90	4
26	Mark Gilkerson	Northern State	1:57.92	5
27	Trent Kischer	JR Dordt	1:58.19	3
28	Skyler Giddings	JR Northwestern (Ia)	1:58.24	4
29	Elliott Johnson	SO Northwestern (Ia)	1:58.87	3
30	Ray Scheelhaase	FR Morningside	1:59.14	3
31	Austin Krier	FR Northwestern (Ia)	1:59.17	3
32	Jonathan Aman	FR Dickinson State	1:59.29	3
33	Austin Hogie	SO Sioux Falls	1:59.41	2
34	Nicholas Lindwurm	SO Northern State	1:59.44	4
35	Brad Wright	JR Unattached	1:59.47	4
36	Skyler Hulm	SO Dickinson State	1:59.91	3
37	Samuel Lopez	SR Mount Marty College	2:00.01	4
38	Chris Nordstrom	FR Unattached	2:00.34	3
39	Eamon Adamson	FR Morningside	2:00.71	3
40	Nick Schmit	FR Wayne State College	2:00.85	2
41	Sean Skillern	FR Morningside	2:00.99	1
42	Kyle Borchers	JR Morningside	2:01.55	2
43	Adam Hochstein	FR Wayne State College	2:01.73	2
44	Tyler Jensen	FR Northern State	2:02.09	3

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men 800 Meter Run UCO**

45	Cody Jolovich	FR	Gillette College	2:02.28	1
46	Matt Mayer	SO	Briar Cliff	2:02.43	2
47	Ted Hanson	SO	Morningside	2:02.58	2
48	Jordan Houdek	FR	Mount Marty College	2:03.04	3
49	Cristian Van Dyke	JR	Dordt	2:03.14	2
50	Gage Blaschke	SO	Mount Marty College	2:03.65	2
51	Colby Casper	SO	Morningside	2:04.88	1
52	Alec Jensen	FR	Dordt	2:05.27	2
53	Ian Manske	FR	Dordt	2:05.94	2
54	Elijah Dooyema	FR	Sioux Falls	2:07.33	2
55	Zach Power	FR	Gillette College	2:07.76	1
56	Seth Engen	FR	Dordt	2:09.66	1
57	Nathan Reichert	SO	Dordt	2:10.42	1
58	Sky Humbert	FR	Unattached	2:10.77	1
59	Mychal Bierwagen	SR	Mount Marty College	2:12.02	2
60	Daniel Patrick	SR	Dickinson State	2:12.28	1
61	Christian Petrich	FR	Mount Marty College	2:12.43	2
62	Isaac Baca	FR	Gillette College	2:12.45	1
63	Josh Knutson	SO	Jamestown	2:13.31	1
64	Joseph Finn	FR	Mount Marty College	2:14.34	2
65	Quinn Groff	FR	Morningside	2:15.26	1
66	Trevor Fitzpatrick	SR	Unattached	2:15.48	2
67	Tyler Smith	FR	Briar Cliff	2:16.84	1
68	Dalton Webster	FR	Dordt	2:17.59	1
69	Steven Kelly	FR	Dordt	2:20.85	2
70	Zach Groves	FR	Briar Cliff	2:21.26	1

Men 1500 Meter Run UCO

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 Meet: M 3:51.94 4/22/1998 Chad Feeldy, South Dakota

Name	Year	School	Finals	H#
1	Dante Carter	SO Dickinson State	3:51.29M	4
2	Matt Fideler	FR Unattached	3:52.18	4
3	Jeffrey Mettler	SR South Dakota	3:52.45	4
4	Robert Brockmueller	JR Sioux Falls	3:53.22	4
5	Harald Karbo	SO Augustana (Sd)	3:53.31	4
6	Jordan Slusser	FR Augustana (Sd)	3:55.10	4
7	Monte Larsen	Unattached	3:56.46	4
8	John Klecker	SO Augustana (Sd)	3:56.63	4
9	Tim Bierma	SR Dordt	3:57.59	4
10	Mubarik Musa	FR South Dakota	4:00.03	3
11	TJ Gleason	JR Augustana (Sd)	4:00.37	3
12	Mach Dojiok	FR South Dakota	4:00.47	3
13	Nathan Hauge	JR Augustana (Sd)	4:00.72	3
14	Adam Braun	JR Augustana (Sd)	4:01.00	3
15	Glen Ellingson	SO Augustana (Sd)	4:01.10	3
16	Stephen Nielson	JR South Dakota	4:02.18	3
17	Zach Wittenberg	SR Northwestern (Ia)	4:03.17	3
18	Logan Hovland	JR Northwestern (Ia)	4:04.09	3
19	Keegan Carda	SO Augustana (Sd)	4:05.29	4
20	Eric Koithan	JR Morningside	4:05.40	3
21	Jay Welp	JR Morningside	4:05.67	4
22	Alec DeVries	FR Morningside	4:07.16	3
23	Stephan McNamara	JR Dordt	4:08.46	4

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men 1500 Meter Run UCO**

24	Blaze Kilian	SR	Sioux Falls	4:10.62	3
25	Skyler Giddings	JR	Northwestern (Ia)	4:11.03	3
26	Samuel Lopez	SR	Mount Marty College	4:11.11	3
27	Duane Jongeling	FR	Unattached	4:11.86	2
28	Jared Sutton	SO	Dakota St	4:13.68	2
29	Ryan Weitgenant	SO	Northwestern (Ia)	4:14.25	2
30	Cristian Van Dyke	JR	Dordt	4:14.86	2
31	Caleb VanderBaan	SO	Northwestern (Ia)	4:14.99	2
32	Adam Hochstein	FR	Wayne State College	4:15.42	2
33	Gage Blaschke	SO	Mount Marty College	4:16.86	3
34	Elliot Stoltz	SO	Northwestern (Ia)	4:18.48	2
35	Garrett Wall	FR	Morningside	4:20.88	2
36	Ted Hanson	SO	Morningside	4:20.93	2
37	Blake Stevensen	SR	Sioux Falls	4:20.99	3
38	Joe Jackson	FR	Briar Cliff	4:22.29	2
39	Ian Manske	FR	Dordt	4:22.47	2
40	Zachary McCall	FR	Unattached	4:22.80	1
41	Taylor Kube	SR	Morningside	4:23.15	2
42	Ben Friederichs	FR	Southwestern	4:25.44	2
43	Cody Jolovich	FR	Gillette College	4:25.73	2
44	Jordan Houdek	FR	Mount Marty College	4:27.60	2
45	Caleb Hemphill	FR	Dakota St	4:28.26	1
46	Colby Casper	SO	Morningside	4:28.79	2
47	Christian Petrich	FR	Mount Marty College	4:31.67	2
48	Gage Beers	SO	Southwestern	4:33.99	1
49	Ovan Garcia	FR	Southwestern	4:36.08	1
50	Elijah Dooyema	FR	Sioux Falls	4:37.22	1
51	Nigel Christianson	FR	Gillette College	4:38.79	1
52	Daniel Patrick	SR	Dickinson State	4:40.63	2
53	Quinn Groff	FR	Morningside	4:41.33	1
54	Isaac Baca	FR	Gillette College	4:44.11	1
55	Aaron Ward	FR	Southwestern	4:45.16	1
56	Zach Groves	FR	Briar Cliff	4:46.52	1
57	Paul Johnson		Unattached	4:47.42	1
58	Aaron Spronk	SR	Dordt	4:50.63	1
59	Cassidy Warson	FR	Southwestern	4:52.77	1
60	Jacob Hackbarth	SO	Dordt	4:53.23	1
61	Kyle Fischer	FR	Dordt	4:55.69	1
62	Shaughn Head	SR	Briar Cliff	4:58.25	1
63	Cody Danko	FR	Unattached	5:04.35	1
64	Nate Carr	SO	Southwestern	5:08.97	1
65	Chasen Selsor	FR	Southwestern	5:16.04	1
66	Vincent Raia	SO	Mount Marty College	6:27.44	1

Men 5000 Meter Run UCO

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Meet: M 14:23.61 4/21/2001 Matt Hoyt, unattached

Name Year School Finals

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1	Brant Haase	SO	South Dakota	14:53.83
2	Mark Abrams	SO	Morningside	15:36.94
3	Hunter Kopff	JR	Northern State	15:51.97
4	Matt Jackson	SO	Gillette College	16:02.75
5	Nathan Jackson	JR	Dordt	16:09.99
6	Chance Freese	FR	Augustana (Sd)	16:36.88

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Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men 5000 Meter Run UCO**

7	Adam Kost	FR Augustana (Sd)	16:38.03
8	Taylor Hauge	SO Dakota St	16:48.54
9	Kellan Willet	FR Dakota Wesleyan	16:51.58
10	Jacob Hemenway	JR Northern State	16:59.30
11	Ben Brockmueller	FR Dordt	17:01.76
12	Anthony Epp	JR Northwestern (Ia)	17:04.22
13	Michael Carson	FR Dakota St	17:05.10
14	Jose Martinez	JR Northwestern (Ia)	17:16.49
15	Jacob Simpson	FR Morningside	17:30.41
16	David Te Krony	FR Dordt	17:41.08
17	Adam S	SO Unattached	17:43.52
18	Klinton VanHeuvine	SO Jamestown	17:49.02
19	Jeff Sahli	SO Dakota Wesleyan	18:25.31
20	Cassidy Warson	FR Southwestern	19:14.50
21	Nathan Long	FR Jamestown	19:39.03
--	Dan Larscheid	JR Morningside	DNF
--	Kyle Dietsche	FR Gillette College	DNF

Men 10000 Meter Run UCO

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Meet: M 30:16.57 4/22/1998 James McGowan, Wayne State

Name	Year	School	Finals
1	Mark Abrams	SO Morningside	32:19.30
2	Michael Nelson	SO Gillette College	32:38.32
3	Garret Ehlers	SR Morningside	32:42.57
4	Garang Lual	SR Wayne State College	32:47.82
5	Matt Jackson	SO Gillette College	32:56.61
6	Dan Larscheid	JR Morningside	33:08.22
7	Justin Brueggemann	FR Wayne State College	33:44.22
8	Nicholas Penning	SR Unattached	34:10.62
9	Nathan Boggess	SR Wayne State College	34:40.94
10	Jordan Pater	SR Mount Marty College	34:48.67
11	Taylor Kube	SR Morningside	35:10.63
12	Corbin Lehn	FR Wayne State College	35:32.81
13	Hunter Weinert	FR Dordt	35:47.14
14	Bryce Parmely	SO Gillette College	36:38.26
15	Nigel Christianson	FR Gillette College	36:38.97
--	Michael Hoffman	SR Dakota St	DNF

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Men 110 Meter Hurdles UCO**

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Meet: M 14.25 4/17/1988 Charles Johnson, Morningside

Name Year School Prelims Wind H#

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Preliminaries

1	Nathan Magstadt	SR Dickinson State	14.86q	-1.9	5
2	Erik Hill	JR South Dakota	14.92q	-1.5	3
3	Teivaskie Lewin	SO South Dakota	15.15q	-1.1	1
4	Kyle Reid	SR Unattached	15.28q	-0.6	2
5	Jose Chorro	FR Dickinson State	15.42q	-1.9	5
6	Erin Francis	SR Dordt	15.50q	-1.8	4
7	Kyle Heidebrink	SR Northwestern (Ia)	15.56q	-1.9	5
8	Ryan Heuer	SO Augustana (Sd)	15.61q	-0.6	2
9	Garreth Kerr	FR Dickinson State	15.73	-1.5	3

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men 110 Meter Hurdles UCO**

10	Hank Lentsch	FR South Dakota	15.74	-1.5	3
11	Zach Ely	SO Dakota St	15.90	-0.6	2
12	Brandon Gildemaster	FR Augustana (Sd)	15.94	-1.5	3
13	Trent Roemmich	SR Jamestown	15.95	-1.1	1
14	David Sotir	SR Dakota St	16.19	-1.5	3
15	Kaleb Garcia	SO Jamestown	16.30	-1.1	1
16	Kevon Cribb	FR Unattached	16.32	-1.8	4
17	Bennett Mercil	JR South Dakota State	16.49	-0.6	2
18	Zach Jones	SO Augustana (Sd)	16.52	-1.1	1
19	Traxton Priebe	SO South Dakota State	16.55	-1.9	5
20	Jordan Moore	SO Dickinson State	16.65	-1.1	1
21	Kyle Hiser	FR Morningside	16.76	-1.5	3
22	Josh Thompson	JR Northwestern (Ia)	16.80	-1.1	1
23	William Dougherty	FR Unattached	17.07	-1.8	4
23	Tyler Wattier	JR Morningside	17.07	-1.8	4
25	Austin Mumm	JR Morningside	17.45	-0.6	2
26	Derek Roemmich	JR Jamestown	17.47	-1.9	5
27	Logan Ulmer	JR Mount Marty College	17.63	-1.9	5
28	Dillon Dahl	SO Northern State	17.78	-1.1	1
29	Peter Schukking	FR Augustana (Sd)	18.27	-0.6	2
30	William Lawrence	FR Mount Marty College	19.54	-1.9	5
31	Paul Apenhorst	SO Dakota Wesleyan	20.03	-1.8	4
--	Jonathan Nebelsick	SR Sioux Falls		DQ	-1.5 3

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Men 110 Meter Hurdles UCO**

Meet: M 14.25 4/17/1988 Charles Johnson, Morningside

Name Year School Finals Wind

Finals

1	Teivaskie Lewin	SO South Dakota	14.40	0.9
2	Nathan Magstadt	SR Dickinson State	14.84	0.9
3	Erik Hill	JR South Dakota	15.00	0.9
4	Kyle Reid	SR Unattached	15.02	0.9
4	Erin Francis	SR Dordt	15.02	0.9
6	Kyle Heidebrink	SR Northwestern (Ia)	15.29	0.9
7	Jose Chorro	FR Dickinson State	15.30	0.9
8	Ryan Heuer	SO Augustana (Sd)	15.80	0.9

Men 400 Meter Hurdles UCO

Meet: M 52.42 4/19/2007 Jake Hamik; Erik Hill, Northern

Name Year School Finals H#

1	Erik Hill	JR South Dakota	52.76	4
2	Nathan Magstadt	SR Dickinson State	53.01	4
3	Lukas Bernard	JR South Dakota	53.51	4
4	Ben Van Dyke	SO Morningside	54.79	3
5	Jared Balady	JR Wayne State College	55.22	4
6	Zach Jones	SO Augustana (Sd)	55.24	4
7	Kaleb Garcia	SO Jamestown	55.39	4
8	Ryan Heuer	SO Augustana (Sd)	55.71	3
9	Traxton Priebe	SO South Dakota State	55.96	1
10	Kevin Martinson	SO Northwestern (Ia)	56.86	3
11	Trent Roemmich	SR Jamestown	58.02	3

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men 400 Meter Hurdles UCO**

12	Kyle Hiser	FR Morningside	58.39	2
13	Josh Thompson	JR Northwestern (Ia)	59.03	1
14	Austin Mack	FR Jamestown	59.86	3
15	Steven Varela	SO Wayne State College	1:00.05	1
16	Zach Ulmer	Unattached	1:00.34	2
17	Ryan Leise	JR Briar Cliff	1:01.37	1
18	Dillon Dahl	SO Northern State	1:01.47	2
19	Adrian Paet-Bullaoit	JR Jamestown	1:01.95	2
20	Derek Roemmich	JR Jamestown	1:01.97	2
21	Brandon Gildemaster	FR Augustana (Sd)	1:02.35	3
22	Paul Apenhorst	SO Dakota Wesleyan	1:07.07	1
23	William Lawrence	FR Mount Marty College	1:11.81	1

Men 3000 Meter Steeplechase UCO

=====
 Meet: M 8:57.61 4/14/2012 Tom Karbo, Augustana

Name	Year	School	Finals
1	Matt Fideler	FR Unattached	9:09.49
2	Isaac Allen	SO South Dakota	9:36.97
3	Michael Nelson	SO Gillette College	9:39.25
4	Chris Postma	SR Dordt	9:47.54
5	Alex Hohenthaner	FR South Dakota	10:05.88
6	Jayce Seelig	SR Northern State	10:11.66
7	Fabian Munoz	FR Unattached	10:19.16
8	Mitchell Schleis	SO Briar Cliff	10:25.59
9	Sean Skillern	FR Morningside	10:32.69
10	Ryan McNamara	SO Dordt	10:37.34
11	Jaden Lux	FR Morningside	10:48.59
12	Jesus Iniquez	SR Morningside	10:53.82
13	Ben Friederichs	FR Southwestern	10:58.89
14	Brandon Ketchum	FR Unattached	11:05.97
15	Mychal Bierwagen	SR Mount Marty College	11:10.23
16	Zach Power	FR Gillette College	11:16.53
17	Aaron Ward	FR Southwestern	11:18.46
18	Gage Beers	SO Southwestern	11:30.76
19	Matt Koeppe	JR Briar Cliff	11:57.87

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

Men 4x100 Meter Relay UCO

2 turn stagger

Meet: M 41.28 4/22/1990 North Dakota State, North Dakota
J. Thompson M. Eckroth J. Boschee K. Cargile

School Prelims H#

Preliminaries

- | | | |
|-------------------------|-------------------------|---|
| 1 South Dakota 'A' | M 40.96q | 3 |
| 1) Jeff O'Connell JR | 2) Teivaskie Lewin SO | |
| 3) Erik Hill JR | 4) Christian Nielsen SO | |
| 2 Dickinson State 'A' | 41.45q | 2 |
| 1) Jon Dinius SR | 2) Garreth Kerr FR | |
| 3) Nathan Magstadt SR | 4) Breyan Miller JR | |
| 3 Northwestern (Ia) 'A' | 41.73q | 3 |
| 1) Jesse Selgeby SR | 2) Jordan Strofaci JR | |
| 3) Alex Van Roekel SO | 4) Jeriah Dunk SR | |

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men 4x100 Meter Relay UCO**

4 Briar Cliff 'A'	41.75q	1
1) Dillian Broadnax SR	2) Rusty Muncy SO	
3) Robert Iron Shell FR	4) Frank Wallace SR	
5 Dakota St 'A'	42.55q	3
1) D'Artist Williams SO	2) Spencer Carlson FR	
3) Trevor Jacobsen FR	4) Martin Hargrove FR	
6 Dordt 'A'	42.66q	2
1) Daniel Fennig JR	2) Erin Francis SR	
3) Josiah Eckels FR	4) Jake Floen SO	
7 Augustana (Sd) 'A'	42.88q	2
1) Brandon Gildemaster FR	2) Jason Greenway SO	
3) Justin Greenway SO	4) Trevor DeSchepper FR	
8 Briar Cliff 'B'	42.90q	3
1) Kevin Williams SO	2) Brandon Lindsey SO	
3) Patrick Cisar SR	4) Alan Gerdes JR	
9 Wayne State College 'A'	42.95	2
1) Mike King SR	2) Mickey Doerr SR	
3) William Ernst JR	4) Derek Lahm FR	
10 Morningside 'A'	43.35	2
1) Jay Hampton FR	2) Preston Nibaur SR	
3) Kyle Kinney SO	4) Eric Peters JR	
11 Sioux Falls 'A'	43.69	1
1) Benjamin Shield SR	2) Kaleb Lindsey-Stevens SR	
3) Dion Helgelien FR	4) Tanner Townsend FR	
12 Northern State 'A'	43.79	2
1) Till Olson FR	2) Zachery Six FR	
3) Reggie Blader FR	4) Andrew Johnson JR	
13 Northwestern (Ia) 'B'	44.54	2
1) Scott Strand JR	2) Brennan Dorsey SO	
3) Koray Karakas SO	4) Jordan Strand FR	
14 Jamestown 'B'	44.55	3
1) Tyler Streif SO	2) Justin Larsen FR	
3) Richard Hanna FR	4) Evan Schreiner SR	
15 Dakota Wesleyan 'A'	45.79	3
1) Jedd Schlicht FR	2) Isaac Van Essen FR	
3) Daniel Porter SO	4) Tyler Volesky SR	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

Men 4x100 Meter Relay UCO

2 turn stagger

Meet: M 41.28 4/22/1990 North Dakota State, North Dak

J. Thompson M. Eckroth J. Boschee K. Cargile

School

Finals

Finals

- | | |
|-------------------------|-------------------------|
| 1 South Dakota 'A' | 41.11M |
| 1) Jeff O'Connell JR | 2) Teivaskie Lewin SO |
| 3) Erik Hill JR | 4) Christian Nielsen SO |
| 2 Dickinson State 'A' | 41.37 |
| 1) Jon Dinius SR | 2) Garreth Kerr FR |
| 3) Nathan Magstadt SR | 4) Breyan Miller JR |
| 3 Dakota St 'A' | 42.97 |
| 1) D'Artist Williams SO | 2) Spencer Carlson FR |
| 3) Trevor Jacobsen FR | 4) Martin Hargrove FR |
| 4 Augustana (Sd) 'A' | 43.15 |

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

....Men 4x100 Meter Relay UCO

1) Brandon Gildemaster FR	2) Jason Greenway SO
3) Justin Greenway SO	4) Trevor DeSchepper FR
5 Dordt 'A'	43.84
1) Daniel Fennig JR	2) Erin Francis SR
3) Josiah Eckels FR	4) Jake Floen SO
-- Briar Cliff 'A'	DNF
1) Dillian Broadnax SR	2) Rusty Muncy SO
3) Robert Iron Shell FR	4) Frank Wallace SR
-- Briar Cliff 'B'	DNF
1) Kevin Williams SO	2) Brandon Lindsey SO
3) Patrick Cisar SR	4) Alan Gerdes JR
-- Northwestern (Ia) 'A'	DQ
1) Jesse Selgeby SR	2) Jordan Strofaci JR
3) Alex Van Roekel SO	4) Jeriah Dunk SR

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Men 4x200 Meter Relay UCO**

4 turn stagger

Meet: M 1:25.63 4/20/2000 South Dakota, South Dakota

T. Green R. Finley P. Billing J. Kehoe

School Prelims H#

Preliminaries

1 Northwestern (Ia) 'A'	1:29.24q	2
1) Jesse Selgeby SR	2) Jordan Strofaci JR	
3) Alex Van Roekel SO	4) Dalton De Haan FR	
2 Augustana (Sd) 'A'	1:30.40q	1
1) Justin Greenway SO	2) Trevor DeSchepper FR	
3) Skyler Kuil JR	4) Aduo Omot SR	
3 Dickinson State 'A'	1:31.35q	1
1) Adrian Fisher SO	2) Mason Frank SO	
3) Garreth Kerr FR	4) Jose Chorro FR	
4 Morningside 'A'	1:31.85q	2
1) Eric Peters JR	2) Michael Whitehead FR	
3) Preston Nibaur SR	4) Nick Misukanis JR	
5 Dordt 'A'	1:32.58q	1
1) Daniel Fennig JR	2) Erin Francis SR	
3) Camren Pitre JR	4) Derek Van Kooten FR	
6 Jamestown 'A'	1:35.49q	2
1) Evan Schreiner SR	2) Malcolm Jenkins SO	
3) Tyler Streif SO	4) Richard Hanna FR	
7 Dakota Wesleyan 'A'	1:35.67q	1
1) Jedd Schlicht FR	2) Isaac Van Essen FR	
3) Daniel Porter SO	4) Tyler Volesky SR	
-- Southwestern 'A'	DNF	1
1) Bobby Neal FR	2) Justin Martin FR	
3) Theo Piniau FR	4) Torian Parks FR	
-- Mount Marty College 'A'	DNF	1
1) Colin Linde FR	2) Mauricio Marquez FR	
3) Jordan Houdek FR	4) Samuel Lopez SR	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Men 4x200 Meter Relay UCO**

4 turn stagger

Meet: M 1:25.63 4/20/2000 South Dakota, South Dakota
T. Green R. Finley P. Billing J. Kehoe

School Finals

Finals

1 Morningside 'A'	1:29.89
1) Eric Peters JR	2) Michael Whitehead FR
3) Preston Nibaur SR	4) Nick Misukanis JR
2 Northwestern (Ia) 'A'	1:30.61
1) Jesse Selgeby SR	2) Dalton De Haan FR
3) Chad Kischer JR	4) Kevin Martinson SO
3 Dickinson State 'A'	1:31.00
1) Adrian Fisher SO	2) Mason Frank SO
3) Garreth Kerr FR	4) Jose Chorro FR
4 Jamestown 'A'	1:35.22
1) Evan Schreiner SR	2) Malcolm Jenkins SO
3) Tyler Streif SO	4) Richard Hanna FR
5 Dakota Wesleyan 'A'	1:35.83
1) Jedd Schlicht FR	2) Isaac Van Essen FR
3) Daniel Porter SO	4) Tyler Volesky SR
-- Dordt 'A'	DNF
1) Daniel Fennig JR	2) Erin Francis SR
3) Camren Pitre JR	4) Derek Van Kooten FR

Men 4x400 Meter Relay UCO

3 turn stagger

Meet: M 3:11.81 4/22/1995 Augustana, Augustana
T. Gonye M. Blumer J. Skjelvaag T. Dow

School Finals H#

1 Briar Cliff 'A'	3:14.83	3
1) Rusty Muncy SO	2) Dillian Broadnax SR	
3) Robert Iron Shell FR	4) Augustus Cowan JR	
2 South Dakota 'A'	3:15.32	3
1) Erik Hill JR	2) Jeff O'Connell JR	
3) Lukas Bernard JR	4) Christian Nielsen SO	
3 Northwestern (Ia) 'A'	3:18.08	3
1) Taylor Bodin SR	2) Kevin Martinson SO	
3) Elliott Johnson SO	4) Kyle Anderson SO	
4 Wayne State College 'A'	3:20.19	2
1) Jared Balady JR	2) Mickey Doerr SR	
3) Mike King SR	4) Zach Thomsen JR	
5 Dickinson State 'A'	3:20.67	3
1) Myren Moore	2) Corey Gill JR	
3) Michael Palczewski FR	4) Nathan Magstadt SR	
6 Dordt 'A'	3:21.14	3
1) Josiah Eckels FR	2) Sam Wensink FR	
3) Jacob Moats FR	4) Jake Floen SO	
7 Northern State 'A'	3:22.90	3
1) Zachery Six FR	2) Mark Gilkerson	
3) Brandon Krein JR	4) Nicholas Lindwurm SO	
8 Monte Larsen 'A'	3:23.05	2
9 Morningside 'A'	3:23.61	3

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men 4x400 Meter Relay UCO**

	1) Nick Misukanis JR	2) Drew Schiltz FR		
	3) Jacob Willey SO	4) Jay Welp JR		
10	Jamestown 'A'		3:24.61	3
	1) Andrew Banken SO	2) Kaleb Garcia SO		
	3) Austin Mack FR	4) Isaac Goedtke FR		
11	Dordt 'B'		3:26.69	2
	1) Trent Kischer JR	2) Tim Bierma SR		
	3) Stephan McNamara JR	4) Camren Pitre JR		
12	Morningside 'B'		3:28.40	2
	1) Michael Whitehead FR	2) Ethan Van Briesen JR		
	3) Ray Scheelhaase FR	4) Alec DeVries FR		
13	Morningside 'C'		3:29.26	2
	1) Kyle Hiser FR	2) Eamon Adamson FR		
	3) Kayne Feldick SO	4) Kyle Borchers JR		
14	Augustana (Sd) 'A'		3:30.73	2
	1) Jeremy Botzet JR	2) Ryan Heuer SO		
	3) Brandon Gildemaster FR	4) Tom Sittig FR		
15	Northwestern (Ia) 'B'		3:31.35	2
	1) Austin Krier FR	2) Elliot Stoltz SO		
	3) Zach Wittenberg SR	4) Ryan Weitgenant SO		
16	Morningside 'D'		3:34.43	1
	1) Tyler Figge SR	2) Kyle Kinney SO		
	3) Colby Casper SO	4) Eric Koithan JR		
17	Augustana (Sd) 'B'		3:35.04	1
	1) Jordan Slusser FR	2) John Klecker SO		
	3) Petter Gulliksen FR	4) Keegan Carda SO		
18	Dordt 'C'		3:36.87	1
	1) Aaron Tudor SR	2) Ross Rozeboom FR		
	3) Ian Manske FR	4) Dalton Webster FR		
19	Mount Marty College 'A'		3:38.19	1
	1) Jordan Houdek FR	2) Gage Blaschke SO		
	3) Mychal Bierwagen SR	4) Samuel Lopez SR		
20	Morningside 'E'		3:42.28	1
	1) Rodrigo Cobian FR	2) Ted Hanson SO		
	3) Quinn Groff FR	4) Garrett Wall FR		
21	Jamestown 'B'		3:42.57	1
	1) Adrian Paet-Bullaot JR	2) Tyler Streif SO		
	3) Derek Roemmich JR	4) Josh Knutson SO		

Men 4x800 Meter Relay UCO

1 turn stagger

Meet: M 7:38.50 1964

Drake, Drake

School

Finals

1	Northwestern (Ia) 'A'		7:44.08
	1) Taylor Bodin SR	2) Logan Hovland JR	
	3) Skyler Giddings JR	4) Kyle Anderson SO	
2	Sioux Falls 'A'		7:51.62
	1) Robert Brockmueller JR	2) William Brockmueller JR	
	3) Blaze Kilian SR	4) Blake Stevensen SR	
3	Dickinson State 'A'		7:52.29
	1) Jonathan Aman FR	2) Delano Lilly SO	
	3) Skyler Hulm SO	4) Dustin Sandbak SR	
4	Morningside 'A'		7:56.07

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men 4x800 Meter Relay UCO**

1) Ray Scheelhaase FR	2) Jacob Willey SO	
3) Eamon Adamson FR	4) Drew Schiltz FR	
5 Northern State 'A'		8:18.10
1) Mark Gilkerson	2) Nicholas Lindwurm SO	
3) Tyler Jensen FR	4) Brandon Krein JR	
6 Briar Cliff 'A'		8:55.15
1) Tommy Thelen FR	2) Matt Mayer SO	
3) Tyler Smith FR	4) Austin Sampson FR	
-- Dordt 'A'		DQ
1) Brian Bonnema FR	2) Dalton Webster FR	
3) Aaron Spronk SR	4) Seth Engen FR	

Men 1600 Sprint Medley UCO

3 turn stagger

Meet: M 3:26.00 1964

Drake, Drake

School

Finals H#

1 Dickinson State 'A'		3:25.19M	2
1) Myren Moore	2) Breyan Miller JR		
3) Nathan Magstadt SR	4) Dante Carter SO		
2 Augustana (Sd) 'A'		3:25.84M	2
1) Justin Greenway SO	2) Jason Greenway SO		
3) Skyler Kuil JR	4) Aduo Omot SR		
3 Morningside 'A'		3:29.44	2
1) Preston Nibaur SR	2) Eric Peters JR		
3) Ben Van Dyke SO	4) Jay Welp JR		
4 Monte Larsen 'A'		3:29.81	2
5 Dordt 'A'		3:30.07	2
1) Daniel Fennig JR	2) Jake Floen SO		
3) Josiah Eckels FR	4) Sam Wensink FR		
6 Northwestern (Ia) 'A'		3:37.50	1
1) Josh Thompson JR	2) Jordan Strand FR		
3) Austin Krier FR	4) Elliott Johnson SO		
7 Sioux Falls 'A'		3:39.12	1
1) Benjamin Shield SR	2) Dion Helgelien FR		
3) Cory Eberle FR	4) Taylor Wensmann SO		
8 Unattached 'A'		3:40.20	1
1) Josh Alden	2) Zach Feil		
3) Austin Youngs	4) Zach Ulmer		
9 Dakota St 'A'		3:40.50	2
1) David Sotir SR	2) Mitch Trestrail JR		
3) Claudio Tejada FR	4) Mark Moeller SO		
10 Northern State 'A'		3:41.93	2
1) Till Olson FR	2) Reggie Blader FR		
3) Zachery Six FR	4) Tyler Jensen FR		
11 Wayne State College 'A'		3:42.98	2
1) William Ernst JR	2) Derek Lahm FR		
3) Steven Varela SO	4) Nick Schmit FR		
12 Briar Cliff 'A'		3:44.29	1
1) Patrick Cisar SR	2) Alan Gerdes JR		
3) Jon Hanson SR	4) Mitchell Schleis SO		

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Men Distance Medley UCO**

1 turn stagger

Running Order 1200-400-800-1600

Meet: M 10:11.69 4/18/2010 Dakota State, Dakota State

T Van Peurse, C Foreman, M Fideler, A Drealan

School

Finals

1	Sioux Falls 'A'		10:19.88
	1) Robert Brockmueller JR	2) Taylor Wensmann SO	
	3) Blake Stevensen SR	4) William Brockmueller JR	
2	Augustana (Sd) 'C'		10:22.80
	1) Nathan Hauge JR	2) Tom Sittig FR	
	3) Paul Yak FR	4) Keegan Carda SO	
3	Augustana (Sd) 'D'		10:23.63
	1) Glen Ellingson SO	2) Justin Cook JR	
	3) Aaron Clemens SO	4) Jordan Slusser FR	
4	Augustana (Sd) 'A'		10:27.32
	1) Adam Braun JR	2) Zach Jones SO	
	3) Harald Karbo SO	4) Chance Freese FR	
5	Augustana (Sd) 'B'		10:38.38
	1) TJ Gleason JR	2) Jeremy Botzet JR	
	3) Adam Kost FR	4) John Klecker SO	
6	Briar Cliff 'A'		10:43.40
	1) Tommy Thelen FR	2) Jon Hanson SR	
	3) Joe Jackson FR	4) Mitchell Schleis SO	
7	Dakota St 'A'		10:46.33
	1) Jared Sutton SO	2) Claudio Tejada FR	
	3) Mark Moeller SO	4) Taylor Hauge SO	
8	Faith Baptist 'A'		11:53.58
	1) Kyle England FR	2) Nate Patefield FR	
	3) Christopher Damsgaard FR	4) Kevin England SO	

Men High Jump UCO

Meet: M 7-00 4/22/1995 Don Wolf, Buena Vista

Name

Year School

Finals

1	Matt Huseman	SR Northwestern (Ia)	2.06m	6-09.00
2	Riley Northrup	FR Unattached	J2.06m	6-09.00
3	Andrew Christen	FR Morningside	2.01m	6-07.00
4	Andrew Knebel	SR Dickinson State	J2.01m	6-07.00
5	Tyler Frank	FR South Dakota	1.96m	6-05.00
5	Zach Koosman	FR South Dakota State	1.96m	6-05.00
7	Connor Berg	SO South Dakota State	J1.96m	6-05.00
8	Jacob Moats	FR Dordt	J1.96m	6-05.00
9	Hank Lentsch	FR South Dakota	J1.96m	6-05.00
10	Zach Feil	Unattached	1.91m	6-03.25
11	Matthew Bolt	FR Dordt	1.86m	6-01.25
11	Josh Torgerson	Dickinson State	1.86m	6-01.25
11	Tyler Payer	FR Mount Marty College	1.86m	6-01.25
14	Vaughn Thada	JR Augustana (Sd)	1.81m	5-11.25
14	Keith Rogers	FR Jamestown	1.81m	5-11.25
--	Jonathan Nebelsick	SR Sioux Falls	NH	
--	Nick Harris	FR Briar Cliff	NH	
--	Austin Mumm	JR Morningside	NH	
--	Jake Sanderson	SR South Dakota State	NH	

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****Men Pole Vault UCO**

Meet: M 18-09 4/20/2001 Derek Miles, unattached												
Name	Year School										Finals	
1 Kevin Sarehkhani	SR Unattached										5.20m	17-00.75
	3.81	3.97	4.12	4.27	4.42	4.57	4.72	4.90	5.05	5.15	5.20	5.30
	P	P	P	P	P	P	O	P	O	P	XO	XX
2 Scott Greenman	SO Sioux Falls										5.15m	16-10.75
	3.81	3.97	4.12	4.27	4.42	4.57	4.72	4.90	5.05	5.15	5.20	
	P	P	P	P	P	P	P	O	O	XXO	XXX	
3 Kyle Ballew	SR South Dakota										5.05m	16-06.75
	3.81	3.97	4.12	4.27	4.42	4.57	4.72	4.90	5.05	5.15	5.20	
	P	P	P	P	P	P	P	XXO	O	P	XXX	
4 Peter Chapman	SO South Dakota										J5.05m	16-06.75
	3.81	3.97	4.12	4.27	4.42	4.57	4.72	4.90	5.05	5.15		
	P	P	P	P	P	P	XO	XO	XXO	XXX		
5 Jagger Gran	SO Sioux Falls										4.90m	16-00.75
	3.81	3.97	4.12	4.27	4.42	4.57	4.72	4.90	5.05			
	P	P	P	P	P	P	O	XO	XXX			
6 Preston Perkins	SO South Dakota										J4.90m	16-00.75
	3.81	3.97	4.12	4.27	4.42	4.57	4.72	4.90	5.05			
	P	P	P	O	XO	XXO	XO	XXO	XXX			
7 Mitch Valli	Unattached										4.72m	15-05.75
	3.81	3.97	4.12	4.27	4.42	4.57	4.72	4.90				
	P	P	P	P	P	XO	XO	XXX				
8 Brandon Rogers	JR Sioux Falls										J4.72m	15-05.75
	3.81	3.97	4.12	4.27	4.42	4.57	4.72	4.90				
	P	P	P	P	P	O	XO	XXX				
9 Jacob Zebedee	FR Sioux Falls										4.57m	15-00.00
	3.81	3.97	4.12	4.27	4.42	4.57	4.72					
	P	P	P	P	P	O	XXX					
9 Derek Tolbert	Sioux Falls										4.57m	15-00.00
	3.81	3.97	4.12	4.27	4.42	4.57	4.72					
	P	P	P	P	O	XXO	XXX					
9 Brett Huff	JR Dordt										4.57m	15-00.00
	3.81	3.97	4.12	4.27	4.42	4.57	4.72					
	P	P	P	O	O	XO	XXX					
12 Joe Ikier	SO Jamestown										4.27m	14-00.00
	3.81	3.97	4.12	4.27	4.42							
	P	P	P	XXO	XXX							
12 Robert Davidsen	JR Dordt										4.27m	14-00.00
	3.81	3.97	4.12	4.27	4.42							
	P	P	O	O	XXX							
-- Chase Jensen	FR Sioux Falls										NH	
	3.81	3.97	4.12	4.27	4.42	4.57	4.72					
	P	P	P	P	P	P	XXX					

Men Long Jump UCO

Meet: M 25-03 4/21/1997 Andrew Owusu, unattached												
Name	Year School										Finals	Wind
1 Jeff O'Connell	JR South Dakota										7.46m	0.8 24-05.75
	FOUL	7.15m(-1.2)	FOUL	6.79m(+0.0)	7.08m(0.7)	7.46m(0.8)						
2 Kaleb Lindsey-Stevens	SR Sioux Falls										6.89m	+0.0 22-07.25
	6.89m(+0.0)	6.64m(-0.9)	FOUL	FOUL	6.74m(+0.0)	6.66m(1.0)						

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men Long Jump UCO**

3	Augustus Cowan	JR Briar Cliff	6.81m	+0.0	22-04.25
	6.27m(-1.6) 6.45m(0.6) 6.81m(+0.0) 6.69m(+0.0) FOUL		6.61m(-0.1)		
4	Brandon Lindsey	SO Briar Cliff	6.75m	-0.1	22-01.75
	6.28m(-1.0) 6.41m(0.5) 6.38m(0.3) 6.75m(-0.1) 6.60m(+0.0) 6.50m(+0.0)				
5	Derek Lahm	FR Wayne State College	6.51m	-1.3	21-04.25
	6.46m(+0.0) 6.45m(-1.3) 6.51m(-1.3) 6.46m(-0.5) FOUL		FOUL		
6	Connor Fitzsimmons	SO South Dakota	6.48m	0.6	21-03.25
	FOUL FOUL 6.34m(0.6) 6.43m(1.0) 6.48m(0.6) FOUL				
7	Brady Sundheim	SR Dickinson State	6.42m	+0.0	21-00.75
	6.02m(+0.0) 6.32m(-0.8) 6.08m(1.7) FOUL		6.42m(+0.0) FOUL		
8	Jordan Strofaci	JR Northwestern (Ia)	6.41m	1.2	21-00.50
	FOUL FOUL 6.41m(1.2) 6.25m(-0.2) 6.41m(+0.0) FOUL				
9	Keith Rogers	FR Jamestown	6.38m	-0.9	20-11.25
	6.05m(1.9) 6.03m(-1.0) 6.38m(-0.9) 6.03m(1.2) FOUL		FOUL		
10	Zach Girard	FR Dickinson State	6.19m	-0.5	20-03.75
	6.19m(-0.5) FOUL 6.15m(-0.9)				
10	William Dougherty	FR Unattached	6.19m	0.9	20-03.75
	FOUL 6.16m(1.7) 6.19m(0.9)				
12	Michael Whitehead	FR Morningside	6.18m	-0.6	20-03.50
	FOUL 6.17m(1.5) 6.18m(-0.6)				
12	Josh Reed	SO Dickinson State	6.18m	0.9	20-03.50
	5.96m(-2.1) 6.18m(0.9) FOUL				
14	Zach Feil	Unattached	6.13m	-0.3	20-01.50
	6.00m(0.6) 6.13m(-0.3) FOUL				
15	Isaac Van Essen	FR Dakota Wesleyan	6.12m	0.6	20-01.00
	4.36m(-3.0) FOUL 6.12m(0.6)				
16	Jordan Moore	SO Dickinson State	6.08m	1.3	19-11.50
	5.96m(-1.8) FOUL 6.08m(1.3)				
17	Daniel Porter	SO Dakota Wesleyan	6.07m	-0.4	19-11.00
	6.03m(1.0) 5.97m(-1.2) 6.07m(-0.4)				
18	Reggie Blader	FR Northern State	5.93m	1.3	19-05.50
	FOUL 5.93m(1.3) FOUL				
19	Dillon Dahl	SO Northern State	5.89m	-1.4	19-04.00
	5.89m(-1.4) FOUL FOUL				
20	Daniel Fennig	JR Dordt	5.84m	1.5	19-02.00
	5.84m(1.5) FOUL FOUL				
21	Trevor Zonnefeld	FR Dordt	5.83m	-1.1	19-01.50
	FOUL FOUL 5.83m(-1.1)				
22	Nick Harris	FR Briar Cliff	5.82m	0.8	19-01.25
	5.82m(0.8) FOUL FOUL				
23	Josh Alden	Unattached	5.71m	0.3	18-09.00
	5.71m(0.3) FOUL FOUL				
24	Jake Auerbach	FR Northwestern (Ia)	5.69m	-0.8	18-08.00
	5.69m(-0.8) FOUL FOUL				
25	Derek Van Kooten	FR Dordt	5.62m	-0.5	18-05.25
	5.62m(-0.5) FOUL FOUL				
26	Jonathan Nebelsick	SR Sioux Falls	5.37m	-0.1	17-07.50
	5.37m(-0.1) FOUL FOUL				
27	Cody Clark	FR Wayne State College	5.29m	+0.0	17-04.25
	5.29m(+0.0) FOUL FOUL				
28	Peter Schukking	FR Augustana (Sd)	4.00m	2.2	13-01.50
	FOUL 4.00m(2.2) FOUL				
--	Kyle Reid	SR Unattached	FOUL		
	FOUL FOUL FOUL				

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men Long Jump UCO**

-- Ben Nelson FR Sioux Falls FOUL
 FOUL FOUL FOUL

Men Triple Jump UCO

Meet: M 55-06 4/22/1998 Andrew Owusu, unattached

Name	Year	School	Finals	Wind
1 Augustus Cowan	JR	Briar Cliff	14.78m	+0.0 48-06.00
14.58m(0.7) 14.45m(-1.1) 14.78m(+0.0)				
2 Brady Sundheim	SR	Dickinson State	14.49m	1.5 47-06.50
14.47m(+0.0) FOUL 14.49m(1.5)				
3 Bryce Harshman	SR	Unattached	14.15m	+0.0 46-05.25
13.68m(+0.0) 14.15m(+0.0) FOUL				
4 Jeremiah Ary	SO	South Dakota State	13.97m	-1.2 45-10.00
FOUL 13.90m(1.6) 13.97m(-1.2)				
5 Jake Sanderson	SR	South Dakota State	13.91m	+0.0 45-07.75
13.91m(+0.0) FOUL FOUL				
6 Connor Fitzsimmons	SO	South Dakota	13.50m	0.1 44-03.50
FOUL 13.50m(0.1) FOUL				
7 Brandon Lindsey	SO	Briar Cliff	13.43m	+0.0 44-00.75
FOUL 13.43m(+0.0) 11.69m(-1.7)				
8 Wade DeVries	SR	Unattached	13.08m	+0.0 42-11.00
12.98m(1.6) 12.86m(0.2) 13.08m(+0.0)				
9 Ben Nelson	FR	Sioux Falls	12.99m	-0.8 42-07.50
FOUL 12.70m(-1.6) 12.99m(-0.8)				
10 Austin Schaffer	FR	Sioux Falls	12.59m	0.3 41-03.75
11.53m(1.3) 12.59m(0.3) FOUL				
11 Trevor Zonnefeld	FR	Dordt	12.49m	-1.3 40-11.75
12.39m(0.8) FOUL 12.49m(-1.3)				
12 Josh Torgerson		Dickinson State	12.45m	+0.0 40-10.25
12.45m(+0.0) FOUL 11.90m(+0.0)				
13 Zach Girard	FR	Dickinson State	12.29m	-1.9 40-04.00
FOUL FOUL 12.29m(-1.9)				
14 Reggie Blader	FR	Northern State	12.23m	-0.3 40-01.50
FOUL 12.23m(-0.3) FOUL				
15 Daniel Porter	SO	Dakota Wesleyan	12.20m	+0.0 40-00.50
FOUL FOUL 12.20m(+0.0)				
16 Vaughn Thada	JR	Augustana (Sd)	11.58m	+0.0 38-00.00
FOUL FOUL 11.58m(+0.0)				

Men Shot Put UCO

Standard for measurement 43'

Meet: M 684.50m 4/20/1998 Steve Schmidt, Dakota Wesleyan

Name	Year	School	Finals
1 Kyle McKelvey	JR	South Dakota	18.40m 60-04.50
FOUL 17.82m FOUL FOUL 18.05m 18.40m			
2 Jordan Bents	JR	Sioux Falls	16.10m 52-10.00
FOUL FOUL 15.52m 16.10m FOUL 15.34m			
3 CJ Hamm	JR	Augustana (Sd)	15.80m 51-10.00
14.40m 14.84m 15.80m FOUL FOUL FOUL			
4 Dustin Valind	FR	South Dakota	15.67m 51-05.00
14.75m 14.33m FOUL FOUL FOUL 15.67m			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014

Olsen Stadium

Results

....Men Shot Put UCO

5	Lawton De Jong	SO Northwestern (Ia)	14.86m	48-09.00
	13.55m 14.86m FOUL FOUL FOUL FOUL			
6	Levi Ettleman	JR Northwestern (Ia)	14.63m	48-00.00
	FOUL 14.63m FOUL 14.33m FOUL FOUL			
7	Jesse Hacker	SO Jamestown	14.61m	47-11.25
	13.12m 13.66m 14.29m FOUL FOUL 14.61m			
8	Eric Jones	SR Briar Cliff	14.60m	47-11.00
	FOUL FOUL 14.60m 14.03m FOUL 13.26m			
9	Lucas Osowski	SO Northern State	14.26m	46-09.50
	13.37m 13.98m 14.26m 14.01m 13.84m FOUL			
10	Ryan Gimbel	SR Dakota St	14.20m	46-07.25
	13.68m 14.20m FOUL			
11	Joe Warth	FR Wayne State College	14.14m	46-04.75
	FOUL FOUL 14.14m			
12	Sam Burki	FR Briar Cliff	13.27m	43-06.50
	FOUL 13.27m 13.25m			
13	Sam Herauf	SR Dickinson State	13.07m	42-10.75
	FOUL 13.07m FOUL			
14	Jesse Davis	SR Dordt	12.94m	42-05.50
	12.45m 12.94m FOUL			
15	Drew Johnson	FR Dickinson State	12.90m	42-04.00
	11.60m 12.90m FOUL			
16	Drew Larsen	FR Jamestown	12.67m	41-07.00
	FOUL 12.67m FOUL			
17	Brady Harr	SO Northern State	12.46m	40-10.50
	12.46m FOUL FOUL			
18	Jordan Mueller	FR Sioux Falls	12.40m	40-08.25
	12.40m 11.90m FOUL			
19	Clayton Gudmundson	FR Briar Cliff	11.85m	38-10.50
	11.85m FOUL FOUL			
20	James Sedey	FR Dickinson State	11.57m	37-11.50
	10.64m 11.57m FOUL			
21	Ty Malone	FR Dickinson State	11.45m	37-06.75
	11.45m FOUL FOUL			
22	Justin Pastoor	JR Dordt	11.42m	37-05.75
	FOUL 11.42m FOUL			
23	Cameron McKinney	JR Northwestern (Ia)	10.80m	35-05.25
	FOUL 10.80m FOUL			
24	Chris Bylsma	SR Dordt	10.12m	33-02.50
	FOUL 10.12m FOUL			
25	Bryce Armstrong	IWCC	9.98m	32-09.00
	FOUL FOUL 9.98m			

Men Discus Throw UCO

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Standard for measurement 135'

Meet: M 199-05 4/21/1999 Mark White, unattached

Name	Year School	Finals
1 Cody Snyder	SR Unattached	56.81m 186-05
	FOUL FOUL 52.68m 56.81m FOUL 55.84m	
2 Garrett Tenney	SR Jamestown	49.00m 160-09
	49.00m 47.18m 48.16m FOUL FOUL FOUL	
3 Dustin Valind	FR South Dakota	47.88m 157-01
	47.05m FOUL 46.76m 47.87m 47.88m FOUL	

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Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men Discus Throw UCO**

4	Levi Ettleman	JR Northwestern (Ia)	46.00m	150-11
	FOUL FOUL 43.27m 44.81m 46.00m FOUL			
5	Jordan Bents	JR Sioux Falls	45.82m	150-04
	36.66m 44.76m 45.41m FOUL 44.94m 45.82m			
6	Nathan Willer	SO Jamestown	45.43m	149-00
	43.25m 40.69m 45.43m 43.28m 43.33m FOUL			
7	Bradley Brooks	JR Jamestown	44.88m	147-03
	44.88m 44.21m FOUL FOUL 43.30m FOUL			
8	Dalton Kelley	JR Northwestern (Ia)	44.77m	146-10
	FOUL 43.35m 44.43m 44.77m 44.49m FOUL			
9	Seth Vande Voort	SR Dordt	42.28m	138-08
	FOUL FOUL 42.28m FOUL 38.70m FOUL			
10	Eric Jones	SR Briar Cliff	41.42m	135-11
	41.42m FOUL FOUL			
11	Austin Pharis	FR South Dakota	40.93m	134-03
	40.93m 40.48m 38.68m			
12	William Mart	SO Mount Marty College	40.62m	133-03
	38.78m 40.62m 38.84m			
13	Trevor Van Tilburg	SR Dakota St	38.00m	124-08
	38.00m 37.92m FOUL			
14	Clayton Gudmundson	FR Briar Cliff	37.33m	122-06
	36.68m FOUL 37.33m			
15	Ryan Gimbel	SR Dakota St	37.07m	121-07
	35.04m 37.07m FOUL			
16	Derek Sellers	SO Briar Cliff	36.55m	119-11
	36.55m FOUL FOUL			
17	Sam Burki	FR Briar Cliff	36.22m	118-10
	FOUL 36.22m FOUL			
18	Jesse Davis	SR Dordt	36.15m	118-07
	36.15m FOUL FOUL			
19	Drew Larsen	FR Jamestown	35.89m	117-09
	35.89m FOUL FOUL			
20	William Dougherty	FR Unattached	35.85m	117-07
	34.47m 35.85m FOUL			
21	Jordan Mueller	FR Sioux Falls	35.11m	115-02
	35.11m FOUL FOUL			
22	Drew Johnson	FR Dickinson State	34.11m	111-11
	34.11m FOUL FOUL			
23	Ty Malone	FR Dickinson State	33.88m	111-02
	33.88m FOUL FOUL			
24	Brady Harr	SO Northern State	33.78m	110-10
	33.78m FOUL FOUL			
25	Nic Austin	SR Morningside	32.51m	106-08
	32.51m FOUL FOUL			
26	Cameron McKinney	JR Northwestern (Ia)	30.17m	99-00
	FOUL 30.17m FOUL			
27	Jordan Strofaci	JR Northwestern (Ia)	29.95m	98-03
	29.95m FOUL FOUL			
28	Mitchell Newhouse	FR Mount Marty College	29.77m	97-08
	FOUL FOUL 29.77m			
29	Chris Bylsma	SR Dordt	27.20m	89-03
	27.20m FOUL FOUL			
30	Jake Auerbach	FR Northwestern (Ia)	24.96m	81-11
	24.96m FOUL FOUL			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men Discus Throw UCO**

-- James Sedey	FR Dickinson State	FOUL
FOUL FOUL FOUL		
-- Ben Guhl	SO Northwestern (Ia)	FOUL
FOUL FOUL FOUL		
-- Lawton De Jong	SO Northwestern (Ia)	FOUL
FOUL FOUL FOUL		

Men Hammer Throw UCO

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Meet: M 253-00 4/21/2007 A.G. Kruger, unattached						
Name	Year	School	Finals			
=====						
1 Denton Stephens	SR	South Dakota	57.45m	188-06		
57.45m	56.79m	FOUL	55.75m	FOUL	53.25m	
2 Garrett Tenney	SR	Jamestown	51.55m	169-01		
FOUL	50.45m	51.24m	51.23m	50.07m	51.55m	
3 Kyle McKelvey	JR	South Dakota	51.50m	168-11		
48.90m	48.38m	FOUL	51.50m	49.38m	FOUL	
4 Nic Austin	SR	Morningside	50.00m	164-00		
47.25m	50.00m	49.57m	FOUL	FOUL	FOUL	
5 Jeramiah Schrock	FR	Unattached	48.30m	158-05		
47.45m	FOUL	48.30m	47.62m	46.94m	46.56m	
6 Andy Edison	SR	Unattached	48.23m	158-03		
46.94m	48.23m	FOUL	FOUL	47.12m	45.91m	
7 Bryan Dunn	SO	Wayne State College	47.81m	156-10		
46.42m	47.81m	46.39m	45.63m	FOUL	46.58m	
8 Ryan Messerschmidt	SO	Wayne State College	46.47m	152-05		
43.92m	46.47m	46.31m	45.32m	43.30m	45.49m	
9 Sam Herauf	SR	Dickinson State	46.42m	152-03		
43.92m	46.42m	44.70m	FOUL	41.94m	FOUL	
10 CJ Hamm	JR	Augustana (Sd)	45.67m	149-10		
FOUL	45.55m	45.67m				
11 Justin Pastoor	JR	Dordt	44.74m	146-09		
44.74m	FOUL	FOUL				
12 Michael Brousseau	JR	Jamestown	44.16m	144-10		
44.16m	FOUL	42.12m				
13 Joe Warth	FR	Wayne State College	42.14m	138-03		
FOUL	42.14m	FOUL				
14 Lawton De Jong	SO	Northwestern (Ia)	42.06m	138-00		
40.97m	39.90m	42.06m				
15 Ryan Gimbel	SR	Dakota St	41.64m	136-07		
41.64m	40.42m	FOUL				
16 Jesse Davis	SR	Dordt	40.56m	133-01		
40.56m	39.99m	FOUL				
17 Brady Harr	SO	Northern State	38.32m	125-09		
38.32m	FOUL	FOUL				
18 Ryan Antaya	JR	Dakota Wesleyan	38.18m	125-03		
38.18m	37.63m	38.16m				
19 Drew Larsen	FR	Jamestown	37.65m	123-06		
36.85m	37.42m	37.65m				
20 Trevor Van Tilburg	SR	Dakota St	36.99m	121-04		
36.99m	FOUL	36.20m				
21 Jordan Mueller	FR	Sioux Falls	36.83m	120-10		
36.83m	FOUL	35.84m				

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men Hammer Throw UCO**

22	Bryce Armstrong	IWCC	36.36m	119-03
	31.39m FOUL 36.36m			
23	Grayson Leder	FR Jamestown	36.02m	118-02
	35.45m 36.02m FOUL			
24	William Mart	SO Mount Marty College	35.55m	116-08
	FOUL 35.55m FOUL			
25	Drew Johnson	FR Dickinson State	34.61m	113-06
	34.61m FOUL FOUL			
26	Lucas Osowski	SO Northern State	34.49m	113-02
	34.49m FOUL FOUL			
27	James Sedey	FR Dickinson State	34.17m	112-01
	34.17m FOUL FOUL			
28	Cruz Mora	IWCC	32.65m	107-01
	32.65m FOUL FOUL			
29	John Van Velzen	FR Dordt	32.52m	106-08
	32.52m FOUL FOUL			
30	Jesse Hacker	SO Jamestown	32.45m	106-05
	32.45m FOUL FOUL			
31	Ben Guhl	SO Northwestern (Ia)	30.93m	101-06
	30.93m FOUL FOUL			
32	Ty Malone	FR Dickinson State	30.32m	99-06
	30.32m FOUL FOUL			
33	Chris Bylsma	SR Dordt	30.04m	98-07
	FOUL 30.04m FOUL			
34	Cameron McKinney	JR Northwestern (Ia)	29.64m	97-03
	FOUL 29.64m FOUL			
--	Henry Miller	FR Unattached	FOUL	
	FOUL FOUL FOUL			

Men Javelin Throw UCO

Meet: M 205-09 4/19/2007 Mark Liebl, unattached

Name	Year	School	Finals	
1 Tyler Maxwell		FR Unattached	56.90m	186-08
	49.58m 54.22m 52.90m	52.10m 52.84m 56.90m		
2 Alex Pick		SO Briar Cliff	53.83m	176-07
	43.36m 47.39m 47.72m	FOUL 49.51m 53.83m		
3 Kyle Reid		SR Unattached	51.26m	168-02
	51.26m FOUL			
4 Adam Drieling		SO Briar Cliff	50.80m	166-08
	44.34m 50.38m 44.90m	48.07m FOUL 50.80m		
5 Colton Harkins		FR Jamestown	50.38m	165-03
	47.53m 48.93m 50.38m	47.54m FOUL FOUL		
6 Daquan Brooks		SO South Dakota	48.40m	158-09
	43.66m 44.50m 44.61m	42.94m FOUL 48.40m		
7 Drew Johnson		FR Dickinson State	48.14m	157-11
	48.14m 45.48m 43.85m	FOUL FOUL FOUL		
8 Tyler Wattier		JR Morningside	47.53m	155-11
	44.63m 44.35m FOUL 43.88m	46.24m 47.53m		
9 Cole Schimelfenig		JR Briar Cliff	46.42m	152-03
	45.90m 45.23m 46.10m	46.30m FOUL 46.42m		
10 David Murphy		Northern State	44.21m	145-00
	44.21m FOUL FOUL			

Sioux City Relays 2014 - 4/11/2014 to 4/12/2014**Olsen Stadium****Results****....Men Javelin Throw UCO**

11	Austin Mumm	JR Morningside	44.13m	144-09
	44.13m FOUL 42.45m			
12	Jacob Pohlmann	FR Augustana (Sd)	43.26m	141-11
	42.54m 43.26m FOUL			
13	Connor Henry	JR Briar Cliff	43.14m	141-06
	39.96m 43.14m FOUL			
14	William Dougherty	FR Unattached	42.70m	140-01
	FOUL 42.70m 40.66m			
15	Ryan Antaya	JR Dakota Wesleyan	42.41m	139-02
	40.67m 42.41m 42.16m			
16	Holden Oelke	SO Briar Cliff	40.25m	132-01
	38.30m FOUL 40.25m			
17	Grant Aden	SR Morningside	39.65m	130-01
	38.95m 39.65m FOUL			
18	Harald Karbo	SO Augustana (Sd)	39.05m	128-01
	39.05m 35.95m 34.86m			
19	John Van Velzen	FR Dordt	37.87m	124-03
	37.87m 37.15m 35.80m			
20	Austin Pharis	FR South Dakota	37.66m	123-07
	37.66m 34.42m 35.25m			
21	Grayson Leder	FR Jamestown	37.53m	123-01
	37.53m FOUL 35.12m			
22	Michael Brousseau	JR Jamestown	37.46m	122-11
	37.46m FOUL 36.34m			
23	Mitchell Newhouse	FR Mount Marty College	34.39m	112-10
	FOUL 34.39m FOUL			
24	Zach Bauman	JR Mount Marty College	33.00m	108-03
	32.09m FOUL 33.00m			
25	Jacob Hackbarth	SO Dordt	26.82m	88-00
	26.82m 24.37m FOUL			