

## Sioux City Relays 2015 - 4/17/2015 to 4/18/2015

## Olsen Stadium

## Results

## Women 100 Meter Dash UCO

| Name                  | Year | School              | Seed  | Prelims | Wind | H# |
|-----------------------|------|---------------------|-------|---------|------|----|
| Preliminaries         |      |                     |       |         |      |    |
| 1 Neeia Cooperwood    | SR   | Morningside         | 11.89 | 12.10q  | NWI  | 4  |
| 2 Makenzie Hageman    | JR   | Northern State      | 11.89 | 12.55q  | 0.6  | 5  |
| 3 Vanessa Lane        | FR   | South Dakota St.    | 12.63 | 12.56q  | 1.4  | 7  |
| 4 Jahdai Dunk         | SO   | Northwestern (Iowa) | 12.15 | 12.57q  | NWI  | 2  |
| 5 Toni-Ann Ingram     | FR   | Northern State      | 12.63 | 12.69q  | 0.7  | 6  |
| 6 Brooke Wolterstorff | SO   | Dordt               | 12.57 | 12.74q  | 0.6  | 5  |
| 7 Danielle Wubben     | FR   | Dordt               | 12.72 | 12.88q  | NWI  | 3  |
| 8 Katie Larsen        | SR   | Buena Vista         | 12.67 | 12.92q  | 1.4  | 7  |
| 9 Casey James         | SR   | Buena Vista         | 12.70 | 12.94   | NWI  | 4  |
| 9 Eleka Joseph        | FR   | Morningside         | 12.51 | 12.94   | NWI  | 3  |
| 11 Cece Mulbah        | FR   | Iowa Central CC     | 12.43 | 13.00   | NWI  | 2  |
| 12 Gina Sementa       | SR   | Briar Cliff         | 13.09 | 13.06   | 1.4  | 7  |
| 13 Mallory Spear      | SO   | Buena Vista         | 12.76 | 13.06   | NWI  | 2  |
| 14 Marisa Broersma    | JR   | Dordt               | 12.68 | 13.07   | 0.7  | 6  |
| 15 Maggie Marker      | SR   | Buena Vista         | 12.30 | 13.14   | -0.3 | 1  |
| 16 Mary Alderson      | SO   | Wayne St. (Neb.)    | 13.17 | 13.15   | NWI  | 4  |
| 17 Courtney Albrecht  | SO   | South Dakota        | 13.01 | 13.17   | NWI  | 4  |
| 18 Ashley Henkenius   | FR   | Briar Cliff         | 12.92 | 13.18   | -0.3 | 1  |
| 19 Alycia Hohenstein  | FR   | SW Minnesota St.    | 13.10 | 13.21   | 1.4  | 7  |
| 20 Laura Eberly       | SR   | Buena Vista         | 12.69 | 13.27   | 0.6  | 5  |
| 21 Danielle Hart      | SO   | Wayne St. (Neb.)    | 13.05 | 13.29   | 0.7  | 6  |
| 22 Emma Schmidt       | FR   | Augustana (S.D.)    | 13.15 | 13.33   | 0.6  | 5  |
| 23 Bailey Kennedy     | SO   | Northwestern (Iowa) | 13.13 | 13.40   | 0.7  | 6  |
| 24 Megan Viland       | SR   | South Dakota St.    | 13.24 | 13.40   | -0.3 | 1  |
| 25 Savannah Murray    | FR   | South Dakota        | 13.48 | 13.41   | 0.7  | 6  |
| 26 Sarah Faber        | JR   | Dordt               | 12.86 | 13.41   | -0.3 | 1  |
| 27 Breanna Carlson    | SO   | Jamestown           |       | 13.47   | NWI  | 3  |
| 28 Jordyn Oostra      | FR   | Northwestern (Iowa) | 13.54 | 13.52   | NWI  | 4  |
| 29 Kecia Caudill      | FR   | Northwestern (Iowa) | 13.00 | 13.53   | NWI  | 3  |
| 30 Rachel Hunt        | SO   | Briar Cliff         | 13.47 | 13.55   | 0.6  | 5  |
| 31 Beccy Dodunski     | SO   | Briar Cliff         | 13.28 | 13.56   | -0.3 | 1  |
| 32 Leah Breon         | FR   | Dordt               | 13.55 | 13.58   | NWI  | 3  |
| 33 Hailey Dollen      | FR   | Buena Vista         | 13.48 | 13.63   | 1.4  | 7  |
| 34 Jana Vermeer       | SO   | Northwestern (Iowa) | 12.95 | 13.65   | NWI  | 2  |
| 35 Becca Quade        | FR   | Northwestern (Iowa) | 13.53 | 13.69   | 0.7  | 6  |
| 36 Shania Wunschel    | FR   | Buena Vista         | 13.51 | 13.72   | 1.4  | 7  |
| 37 Mallory Bjork      | FR   | Northwestern (Iowa) | 13.43 | 13.72   | NWI  | 3  |
| 38 Shaniese Quist     | FR   | Dordt               | 13.70 | 13.86   | -0.3 | 1  |
| 39 Kim Hokinson       | FR   | Morningside         | 13.56 | 13.87   | NWI  | 2  |
| 40 Breanna Adsit      | FR   | Dakota State        | 13.89 | 13.87   | NWI  | 3  |
| 41 Mikenzi Monthei    | FR   | Buena Vista         | 13.54 | 13.89   | 0.6  | 5  |
| 42 Taja Prince        | FR   | Morningside         | 13.46 | 13.91   | NWI  | 4  |
| 43 Ashley Stubbs      | JR   | Jamestown           | 13.66 | 13.97   | -0.3 | 1  |
| 44 Gabby Swanson      | FR   | Mount Marty         | 14.47 | 14.41   | 1.4  | 7  |
| 45 Rebecca Reinertson | FR   | Faith Baptist Bible | 14.05 | 14.43   | NWI  | 4  |
| 46 Molly Lewison      | FR   | Buena Vista         | 13.83 | 14.45   | NWI  | 2  |
| 47 Emily Wolfe        | FR   | Faith Baptist Bible | 14.24 | 14.53   | 0.7  | 6  |
| 48 Kirsten Brockhoff  | SO   | Morningside         | 14.12 | 14.74   | 0.6  | 5  |
| -- Destiny Carter     | SO   | Iowa Central CC     | 11.39 | FS      | 1.4  | 7  |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****Women 100 Meter Dash UCO**

| Name               | Year | School              | Prelims | Finals | Wind |
|--------------------|------|---------------------|---------|--------|------|
| Finals             |      |                     |         |        |      |
| 1 Neeia Cooperwood | SR   | Morningside         | 12.10   | 12.05  | NWI  |
| 2 Makenzie Hageman | JR   | Northern State      | 12.55   | 12.31  | NWI  |
| 3 Vanessa Lane     | FR   | South Dakota St.    | 12.56   | 12.55  | NWI  |
| 4 Jahdai Dunk      | SO   | Northwestern (Iowa) | 12.57   | 12.65  | NWI  |
| 5 Toni-Ann Ingram  | FR   | Northern State      | 12.69   | 12.70  | NWI  |
| 6 Katie Larsen     | SR   | Buena Vista         | 12.92   | 12.94  | NWI  |
| 7 Danielle Wubben  | FR   | Dordt               | 12.88   | 13.25  | NWI  |

**Women 200 Meter Dash UCO**

| Name                  | Year | School              | Seed  | Finals | Wind | H# |
|-----------------------|------|---------------------|-------|--------|------|----|
| 1 Destiny Carter      | SO   | Iowa Central CC     | 23.24 | 24.02  | NWI  | 9  |
| 2 Neeia Cooperwood    | SR   | Morningside         | 24.02 | 24.20  | NWI  | 9  |
| 3 Karen Ettleman      | SR   | Northwestern (Iowa) | 25.02 | 25.13  | NWI  | 9  |
| 4 Katlyn Sawtelle     | SR   | Sioux Falls         | 25.06 | 25.33  | NWI  | 9  |
| 5 Vanessa Lane        | FR   | South Dakota St.    | 25.84 | 25.64  | 1.2  | 8  |
| 6 Makenzie Hageman    | JR   | Northern State      | 24.74 | 25.64  | NWI  | 9  |
| 7 Endia Francois      | FR   | Iowa Central CC     | 26.80 | 25.67  | 0.3  | 6  |
| 8 Martiesha Caines    | SO   | Iowa Central CC     | 26.07 | 25.74  | 1.2  | 8  |
| 9 Brooke Wolterstorff | SO   | Dordt               | 26.36 | 25.87  | 0.6  | 7  |
| 10 Robyn Blount       | JR   | Dordt               | 25.98 | 25.87  | 1.2  | 8  |
| 11 Savannah Dolezal   |      | Unattached          | 25.99 | 25.95  | 1.2  | 8  |
| 12 Jahdai Dunk        | SO   | Northwestern (Iowa) | 25.87 | 26.06  | 1.2  | 8  |
| 13 Danielle Wubben    | FR   | Dordt               | 25.92 | 26.20  | 1.2  | 8  |
| 14 Jessica Justin     | FR   | Sioux Falls         | 26.21 | 26.43  | 0.6  | 7  |
| 15 Ellen Wulf         | JR   | Wayne St. (Neb.)    | 28.04 | 26.60  | 1.0  | 4  |
| 16 Laura Eberly       | SR   | Buena Vista         | 26.17 | 26.61  | 0.6  | 7  |
| 17 Marisa Broersma    | JR   | Dordt               | 25.88 | 26.67  | 1.2  | 8  |
| 18 Cece Mulbah        | FR   | Iowa Central CC     | 27.03 | 26.71  | 0.4  | 5  |
| 19 Kelsey Dietrich    | FR   | Wayne St. (Neb.)    | 27.23 | 26.74  | 0.4  | 5  |
| 20 Elizabeth Raecke   | SO   | Northern State      | 26.80 | 26.75  | 0.3  | 6  |
| 21 Casey James        | SR   | Buena Vista         | 25.98 | 26.78  | 1.2  | 8  |
| 22 Maggie Marker      | SR   | Buena Vista         | 25.75 | 26.80  | NWI  | 9  |
| 23 Ashley Henkenius   | FR   | Briar Cliff         | 26.62 | 26.95  | 0.6  | 7  |
| 24 Courtney Albrecht  | SO   | South Dakota        | 26.64 | 27.02  | 0.3  | 6  |
| 25 Destiny Montgomery | FR   | Sioux Falls         | 27.59 | 27.27  | 1.0  | 4  |
| 26 Savannah Murray    | FR   | South Dakota        | 27.44 | 27.30  | 0.4  | 5  |
| 27 BreeAna Olson      | FR   | Dakota State        | 26.81 | 27.43  | 0.3  | 6  |
| 28 Megan Svitak       | SR   | Wayne St. (Neb.)    | 27.37 | 27.45  | 0.4  | 5  |
| 29 Taylor Hudson      | SO   | Morningside         | 28.51 | 27.46  | 1.2  | 3  |
| 30 Megan Viland       | SR   | South Dakota St.    | 26.73 | 27.51  | 0.3  | 6  |
| 31 Katie Larsen       | SR   | Buena Vista         | 26.42 | 27.53  | 0.6  | 7  |
| 32 Hailey Cooley      | JR   | Jamestown           |       | 27.56  | NWI  | 1  |
| 33 Alycia Hohenstein  | FR   | SW Minnesota St.    | 28.05 | 27.58  | 1.0  | 4  |
| 34 Bailey Kennedy     | SO   | Northwestern (Iowa) | 27.15 | 27.59  | 0.4  | 5  |
| 35 Breanna Carlson    | SO   | Jamestown           |       | 27.61  | NWI  | 1  |
| 36 Laurel Zomer       | JR   | Dordt               | 27.64 | 27.62  | 1.0  | 4  |
| 37 Kecia Caudill      | FR   | Northwestern (Iowa) | 29.14 | 27.64  | 0.8  | 2  |
| 38 Mallory Bjork      | FR   | Northwestern (Iowa) | 27.66 | 27.74  | 1.0  | 4  |
| 39 Brittany Broersma  | FR   | Dordt               | 27.02 | 27.79  | 0.3  | 6  |
| 40 Melissa Barella    | SO   | Augustana (S.D.)    | 26.98 | 27.85  | 0.3  | 6  |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****...Women 200 Meter Dash UCO**

|    |                    |                        |       |       |     |   |
|----|--------------------|------------------------|-------|-------|-----|---|
| 41 | Siera Zach         | FR Wayne St. (Neb.)    | 28.12 | 27.97 | 1.2 | 3 |
| 42 | Taja Prince        | FR Morningside         | 27.92 | 28.04 | 1.0 | 4 |
| 43 | Sarah Faber        | JR Dordt               | 27.32 | 28.05 | 0.4 | 5 |
| 44 | Hailey Dollen      | FR Buena Vista         | 28.34 | 28.11 | 1.2 | 3 |
| 45 | Jodi Roth          | SO Briar Cliff         | 27.33 | 28.12 | 0.4 | 5 |
| 46 | Leah Breon         | FR Dordt               | 28.33 | 28.31 | 1.2 | 3 |
| 47 | Jordyn Sohns       | FR Jamestown           | 28.32 | 28.63 | 1.2 | 3 |
| 48 | Shaniese Quist     | FR Dordt               | 29.00 | 28.67 | 1.2 | 3 |
| 49 | Kim Hokinson       | FR Morningside         | 28.59 | 28.69 | 1.2 | 3 |
| 50 | Nya Buom           | SO SW Minnesota St.    | 29.45 | 28.98 | 0.8 | 2 |
| 51 | Audra Thramer      | FR Northwestern (Iowa) | 29.96 | 29.22 | 0.8 | 2 |
| 52 | Jessica Fossum     | 4 Unattached           | 29.40 | 29.25 | 0.8 | 2 |
| 53 | Rebecca Reinertson | FR Faith Baptist Bible | 30.08 | 29.34 | 0.8 | 2 |
| 54 | Gabby Swanson      | FR Mount Marty         | 29.70 | 29.75 | 0.8 | 2 |
| 55 | Lindsay Meyer      | FR Buena Vista         | 31.27 | 31.14 | 0.8 | 2 |
| 56 | Kirsten Brockhoff  | SO Morningside         | 31.58 | 31.37 | 0.8 | 2 |

**Women 400 Meter Dash UCO**

| Name | Year               | School                 | Seed    | Finals  | H# |
|------|--------------------|------------------------|---------|---------|----|
| 1    | Danielle Riggins   | FR Iowa Central CC     | 54.12   | 54.71   | 6  |
| 2    | Neeia Cooperwood   | SR Morningside         | 54.70   | 55.06   | 6  |
| 3    | Skyler Dantzler    | SO Iowa Central CC     | 56.41   | 55.89   | 6  |
| 4    | Miranda Velgersdyk | FR Dordt               | 58.60   | 57.05   | 6  |
| 5    | Savanah Dolezal    | South Dakota St.       |         | 57.83   | 5  |
| 6    | Lauren Spranger    | JR Northwestern (Iowa) | 56.49   | 57.87   | 6  |
| 7    | Eisha Oden         | FR SW Minnesota St.    | 58.85   | 58.75   | 6  |
| 8    | Robyn Blount       | JR Dordt               | 59.56   | 59.37   | 5  |
| 9    | Kayla McDonald     | SO South Dakota St.    | 58.92   | 1:00.15 | 6  |
| 10   | Emma Schmidt       | FR Augustana (S.D.)    | 1:00.02 | 1:00.43 | 5  |
| 11   | Elizabeth Pille    | SO Wayne St. (Neb.)    | 1:03.25 | 1:00.47 | 3  |
| 12   | Mallory Spear      | SO Buena Vista         | 59.40   | 1:00.59 | 5  |
| 13   | Kim Shabino        | FR SW Minnesota St.    | 1:00.24 | 1:00.90 | 5  |
| 14   | Cami Brenner       | FR South Dakota        | 58.96   | 1:00.90 | 6  |
| 15   | Rachel Perish      | SO Jamestown           | 1:02.49 | 1:01.44 | 4  |
| 16   | Marisa Broersma    | JR Dordt               | 59.35   | 1:01.77 | 5  |
| 17   | Laurel Zomer       | JR Dordt               | 1:03.88 | 1:01.99 | 3  |
| 18   | Karen Josendahl    | FR Augustana (S.D.)    | 1:01.85 | 1:02.14 | 4  |
| 19   | Sami Smith         | SR Northern State      | 1:01.30 | 1:02.35 | 5  |
| 20   | Caitlin Davis      | SO Mount Marty         | 1:03.21 | 1:02.42 | 3  |
| 21   | Jordyn Oostra      | FR Northwestern (Iowa) | 1:04.08 | 1:02.49 | 3  |
| 22   | Molly Wynn         | SO Northern State      | 1:03.50 | 1:02.61 | 3  |
| 23   | Morgan Hay         | FR Mount Marty         | 1:03.01 | 1:02.83 | 4  |
| 24   | Taylor Hudson      | SO Morningside         | 1:01.52 | 1:03.21 | 4  |
| 25   | Raquelle Mouw      | FR Dordt               | 1:03.30 | 1:04.03 | 3  |
| 26   | Siera Huff         | JR Dordt               | 1:01.17 | 1:04.37 | 5  |
| 27   | Nya Buom           | SO SW Minnesota St.    | 1:05.21 | 1:04.48 | 2  |
| 28   | Rebecca Davenport  | SR Wayne St. (Neb.)    | 1:03.16 | 1:04.77 | 4  |
| 29   | Sydnee Donnelly    | SO Buena Vista         | 1:04.12 | 1:05.30 | 2  |
| 30   | Grace Stiansen     | SO Sioux Falls         | 1:03.18 | 1:06.09 | 4  |
| 31   | Sara Friesen       | JR Dakota State        | 1:08.29 | 1:06.33 | 2  |
| 32   | Kori Schulte       | SO Northwestern (Iowa) | 1:05.90 | 1:06.87 | 2  |
| 33   | Kyra Stark         | SO Briar Cliff         | 1:09.33 | 1:07.25 | 1  |
| 34   | Paige Fast         | FR Buena Vista         | 1:06.41 | 1:07.94 | 2  |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****...Women 400 Meter Dash UCO**

|                     |    |              |         |         |   |
|---------------------|----|--------------|---------|---------|---|
| 35 Cathryn Hanzlik  | FR | Sioux Falls  |         | 1:07.96 | 1 |
| 36 Sydney Crnkovich | SR | Buena Vista  | 1:08.39 | 1:09.49 | 1 |
| 37 Tyra Laws        | FR | Dakota State | 1:09.39 | 1:11.69 | 1 |

**Women 800 Meter Run UCO**

| Name                  | Year | School              | Seed    | Finals  | H# |
|-----------------------|------|---------------------|---------|---------|----|
| 1 Mary Carr           | SO   | Iowa Central CC     | 2:13.27 | 2:12.58 | 4  |
| 2 Kamille Kronemann   | FR   | Iowa Central CC     | 2:17.38 | 2:13.71 | 4  |
| 3 Marisa Shady        | SO   | South Dakota St.    | 2:15.94 | 2:14.64 | 4  |
| 4 Justine Van Zee     | SO   | Dordt               | 2:18.05 | 2:15.17 | 4  |
| 5 Rachel Weinandt     | SR   | South Dakota        | 2:14.93 | 2:16.00 | 4  |
| 6 Kayla Byl           | JR   | Dordt               | 2:19.48 | 2:16.41 | 3  |
| 7 Megan Walhof        | JR   | Northwestern (Iowa) | 2:22.42 | 2:17.11 | 3  |
| 8 Katie Landhuis      | FR   | Northwestern (Iowa) | 2:16.43 | 2:17.58 | 4  |
| 9 Jessica Feldman     | SO   | South Dakota        | 2:18.40 | 2:18.23 | 3  |
| 10 Kelsey Lewis       | SO   | Dordt               | 2:16.54 | 2:18.69 | 4  |
| 11 Shelby Hall        | JR   | Morningside         | 2:21.96 | 2:18.97 | 3  |
| 12 Lindsey Montileaux | SR   | South Dakota        | 2:16.40 | 2:19.26 | 4  |
| 13 Bobbie McLauray    | SR   | South Dakota St.    | 2:19.00 | 2:19.26 | 3  |
| 14 Halie Mechels      | FR   | South Dakota St.    | 2:19.66 | 2:19.54 | 3  |
| 15 Rachel Huffman     | SO   | Sioux Falls         | 2:21.81 | 2:20.01 | 3  |
| 16 Lindsey Strait     | SO   | South Dakota St.    | 2:15.89 | 2:20.27 | 4  |
| 17 Tiffany Shepherd   | SO   | Morningside         | 2:21.00 | 2:20.41 | 3  |
| 18 Jasmine Stokes     | SO   | Iowa Central CC     | 2:21.92 | 2:21.26 | 3  |
| 19 Abby De Vries      | SR   | Dordt               | 2:23.63 | 2:21.33 | 2  |
| 20 Brooke Peterson    | SR   | South Dakota St.    | 2:18.51 | 2:21.70 | 3  |
| 21 Michelle Mumm      | FR   | Morningside         | 2:22.03 | 2:21.76 | 3  |
| 22 Skylar Forgey      | JR   | Dakota Wesleyan     | 2:21.50 | 2:21.97 | 3  |
| 23 Mandy O'Malley     | SO   | Mount Marty         | 2:21.00 | 2:22.15 | 3  |
| 24 Lindsay Joyce      | FR   | South Dakota        | 2:21.73 | 2:22.76 | 3  |
| 25 Whitlee Larson     | FR   | South Dakota St.    | 2:17.71 | 2:23.26 | 4  |
| 26 Sami Smith         | SR   | Northern State      | 2:15.99 | 2:23.65 | 4  |
| 27 Martina Smith      | JR   | Buena Vista         | 2:22.64 | 2:24.73 | 2  |
| 28 Paige Yi           | FR   | SW Minnesota St.    | 2:28.25 | 2:24.89 | 2  |
| 29 Carly Bauer        | SO   | Augustana (S.D.)    | 2:28.40 | 2:25.02 | 2  |
| 30 Kinsey Clark       | SO   | Wayne St. (Neb.)    | 2:26.53 | 2:25.27 | 2  |
| 31 Sam Sinclair       | FR   | Northwestern (Iowa) | 2:40.11 | 2:25.33 | 1  |
| 32 Caitlin Davis      | SO   | Mount Marty         | 2:21.00 | 2:26.40 | 3  |
| 33 Berkley Rietveld   | SO   | Mount Marty         | 2:26.00 | 2:26.95 | 2  |
| 34 Grace Stiansen     | SO   | Sioux Falls         | 2:25.17 | 2:27.31 | 2  |
| 35 Samantha Goff      | JR   | Jamestown           | 2:24.55 | 2:27.45 | 2  |
| 36 Nicole Kramer      | SR   | Briar Cliff         | 2:27.15 | 2:27.87 | 2  |
| 37 Allison Higgins    | FR   | Morningside         | 2:33.94 | 2:28.53 | 2  |
| 38 Krista Hovland     | FR   | Northwestern (Iowa) | 2:28.28 | 2:28.87 | 2  |
| 39 Macy Violet        | FR   | SW Minnesota St.    | 2:29.46 | 2:28.97 | 2  |
| 40 Lottie Grimshaw    | SO   | South Dakota        | 2:35.00 | 2:29.28 | 2  |
| 41 Amanda Grengs      | SO   | SW Minnesota St.    | 2:23.31 | 2:29.41 | 2  |
| 42 Polly Hendel       | SR   | Unattached          | 2:26.80 | 2:29.56 | 2  |
| 43 Symbria Bell       | FR   | Jamestown           | 2:36.30 | 2:29.66 | 1  |
| 44 Lindsey Gast       | FR   | Northern State      | 2:25.18 | 2:30.14 | 2  |
| 45 Megan Hart         | FR   | Morningside         |         | 2:31.43 | 1  |
| 46 Jamie Jacobsen     | FR   | Briar Cliff         | 2:35.62 | 2:31.66 | 1  |
| 47 Katie Bosch        | FR   | Northwestern (Iowa) | 2:35.40 | 2:32.23 | 1  |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****...Women 800 Meter Run UCO**

|    |                     |    |                     |         |         |   |
|----|---------------------|----|---------------------|---------|---------|---|
| 48 | Shailhyn Schweigert | FR | Dakota Wesleyan     | 2:30.40 | 2:32.26 | 2 |
| 49 | Kiana Hein          | FR | Sioux Falls         | 2:27.63 | 2:32.47 | 2 |
| 50 | Courtney Brandt     | SO | Northern State      | 2:33.12 | 2:33.12 | 2 |
| 51 | Brook Benes         | FR | South Dakota        | 2:36.99 | 2:34.46 | 1 |
| 52 | Krista Radke        | SO | Mount Marty         |         | 2:35.14 | 1 |
| 53 | Jessie Motley       | SO | Briar Cliff         | 2:36.22 | 2:35.78 | 1 |
| 54 | Madison Kealy       | FR | Jamestown           | 2:39.07 | 2:36.65 | 1 |
| 55 | Jasmine Glasgo      | SO | Morningside         | 2:39.57 | 2:36.75 | 1 |
| 56 | Tiffany Jackson     | SO | Jamestown           | 2:31.24 | 2:38.10 | 2 |
| 57 | Caitlin Bossio      | JR | Jamestown           | 2:36.51 | 2:39.23 | 1 |
| 58 | Jordyn Visscher     | SO | Dordt               | 2:30.00 | 2:39.28 | 2 |
| 59 | Kylie Herlihy       | SO | Sioux Falls         | 2:28.09 | 2:40.46 | 2 |
| 60 | Lindsey Mettler     | SR | Sioux Falls         | 2:41.22 | 2:41.37 | 1 |
| 61 | Jordan Syverson     | FR | Northwestern (Iowa) | 2:45.18 | 2:41.39 | 1 |
| 62 | Elizabeth Kube      | JR | Morningside         | 2:40.09 | 2:41.70 | 1 |
| 63 | Tyra Laws           | FR | Dakota State        | 2:45.04 | 2:41.77 | 1 |
| 64 | Suzanna Nachbar     | FR | Northwestern (Iowa) | 2:40.00 | 2:42.23 | 1 |
| 65 | Cathryn Hanzlik     | FR | Sioux Falls         | 2:43.98 | 2:43.73 | 1 |
| 66 | Tara Ronke          | JR | Dakota Wesleyan     | 2:48.60 | 2:44.06 | 1 |
| 67 | Kate Mathes         | SO | Morningside         | 2:40.87 | 2:44.57 | 1 |

**Women 1500 Meter Run UCO**

| Name | Year             | School                 | Seed    | Finals  | H# |
|------|------------------|------------------------|---------|---------|----|
| 1    | Kayla Byl        | JR Dordt               | 4:47.37 | 4:47.98 | 3  |
| 2    | Justine Van Zee  | SO Dordt               | 4:46.61 | 4:49.06 | 3  |
| 3    | Lillie Koerner   | SR Dordt               | 4:45.11 | 4:49.38 | 3  |
| 4    | Brooke Peterson  | SR South Dakota St.    | 4:40.59 | 4:50.99 | 3  |
| 5    | Michelle Mumm    | FR Morningside         | 4:57.19 | 4:51.40 | 3  |
| 6    | Mary Carr        | SO Iowa Central CC     | 4:49.40 | 4:51.61 | 3  |
| 7    | Tiffany Shepherd | SO Morningside         | 4:55.09 | 4:52.01 | 3  |
| 8    | Lindsey Strait   | SO South Dakota St.    | 4:38.59 | 4:52.14 | 3  |
| 9    | Abby De Vries    | SR Dordt               | 4:47.64 | 4:53.15 | 3  |
| 10   | Kelsey Lewis     | SO Dordt               | 4:49.78 | 4:54.40 | 3  |
| 11   | Skylar Forgey    | JR Dakota Wesleyan     | 4:58.80 | 5:00.56 | 3  |
| 12   | Lindsey Gast     | FR Northern State      | 4:56.72 | 5:00.73 | 3  |
| 13   | Shelby Hall      | JR Morningside         | 5:03.77 | 5:06.93 | 2  |
| 14   | Jordyn Hudelson  | JR Mount Marty         | 5:06.63 | 5:10.15 | 2  |
| 15   | Savannah Ramirez | FR SW Minnesota St.    | 5:13.28 | 5:11.01 | 2  |
| 16   | Erika Douma      | FR Dordt               | 5:10.00 | 5:11.71 | 2  |
| 17   | Briley Hannaford | FR Morningside         | 5:09.42 | 5:13.16 | 2  |
| 18   | Tangy Wiseman    | FR Iowa Central CC     | 5:14.16 | 5:14.95 | 2  |
| 19   | Amanda Grengs    | SO SW Minnesota St.    | 5:06.58 | 5:15.16 | 2  |
| 20   | Jasmine Glasgo   | SO Morningside         | 5:07.24 | 5:15.32 | 2  |
| 21   | Audrey Brooks    | FR Dordt               | 5:17.90 | 5:16.99 | 2  |
| 22   | Kinsey Clark     | SO Wayne St. (Neb.)    | 5:20.00 | 5:19.75 | 1  |
| 23   | Annika Henckel   | FR Dordt               | 5:26.58 | 5:21.01 | 1  |
| 24   | Bethany Larson   | SO Morningside         | 5:10.38 | 5:21.36 | 2  |
| 25   | Amber Sandbulte  | SR Northwestern (Iowa) | 5:10.00 | 5:21.80 | 2  |
| 26   | Courtney Brandt  | SO Northern State      | 5:29.81 | 5:22.53 | 1  |
| 27   | Shelby Connett   | FR Wayne St. (Neb.)    | 5:23.94 | 5:25.18 | 1  |
| 28   | Jessica Sawatzky | JR Northwestern (Iowa) | 5:41.69 | 5:32.35 | 1  |
| 29   | Elizabeth Kube   | JR Morningside         | 5:23.10 | 5:34.51 | 1  |
| 30   | Miranda Hulstein | FR Dordt               | 5:45.00 | 5:37.11 | 1  |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****...Women 1500 Meter Run UCO**

|    |                     |    |                     |         |         |   |
|----|---------------------|----|---------------------|---------|---------|---|
| 31 | Bailey Matthaideess | FR | Iowa Central CC     |         | 5:40.07 | 1 |
| 32 | Suzanna Nachbar     | FR | Northwestern (Iowa) | 5:40.29 | 5:41.12 | 1 |
| 33 | Katlynn Schreiner   | FR | Morningside         | 5:42.25 | 5:46.33 | 1 |
| 34 | Mariah Wills        | SO | Morningside         | 5:10.22 | 5:47.71 | 2 |
| 35 | Joleen Wilhelm      | SR | Northwestern (Iowa) | 5:40.00 | 5:53.75 | 1 |
| 36 | Abby Gardiner       | FR | Northwestern (Iowa) | 5:45.00 | 5:59.40 | 1 |
| 37 | Angelica Gutierrez  | FR | Iowa Central CC     |         | 6:03.15 | 1 |
| 38 | Abigail Chihak      | SR | Briar Cliff         | 6:48.61 | 6:58.41 | 1 |

**Women 5000 Meter Run UCO**

| Name | Year                | School                 | Seed     | Finals   |
|------|---------------------|------------------------|----------|----------|
| 1    | Sasha Hovind        | SO Northern State      | 17:15.68 | 17:21.66 |
| 2    | Dakotah Bullen      | SO Northern State      | 17:37.61 | 17:38.02 |
| 3    | Kim Carter          | FR Iowa Central CC     | 18:36.95 | 19:07.31 |
| 4    | Briley Hannaford    | FR Morningside         | 18:48.91 | 19:10.70 |
| 5    | Kaylie Ogle         | JR Dor dt              | 19:28.18 | 19:34.65 |
| 6    | Tangy Wiseman       | FR Iowa Central CC     | 19:22.03 | 19:45.26 |
| 7    | Savannah Ramirez    | FR SW Minnesota St.    |          | 19:56.19 |
| 8    | Jordyn Hudelson     | JR Mount Marty         | 19:00.00 | 19:59.81 |
| 9    | Kelley Thurman      | JR Northwestern (Iowa) | 20:00.00 | 20:02.32 |
| 10   | Tenley Schwartz     | FR Sioux Falls         | 19:57.48 | 20:34.80 |
| 11   | Molly Kingsley      | SO Wayne St. (Neb.)    | 21:03.95 | 20:52.03 |
| 12   | Mariah Wills        | SO Morningside         | 20:28.90 | 21:18.13 |
| 13   | Bailey Matthaideess | FR Iowa Central CC     | 21:04.18 | 21:19.29 |
| 14   | Cassidy Peterson    | FR Jamestown           |          | 22:08.61 |
| 15   | Jen Keohen          | FR SW Minnesota St.    | 20:14.73 | 22:20.11 |
| 16   | Katie Droog         | SR Dor dt              | 20:33.25 | 22:22.07 |
| 17   | Leah Oien           | SO Jamestown           | 21:20.67 | 22:45.26 |
| 18   | Angelica Gutierrez  | FR Iowa Central CC     | 21:54.82 | 22:57.50 |
| 19   | Maria Owen          | JR Morningside         |          | 23:16.61 |

**Women 10000 Meter Run UCO**

| Name | Year            | School              | Seed     | Finals   |
|------|-----------------|---------------------|----------|----------|
| 1    | Kate Kaster     | SO South Dakota     |          | 38:50.37 |
| 2    | Courtney Chase  | SR Black Hills St.  | 40:23.62 | 38:52.27 |
| 3    | Gabi Swoboda    | SR Augustana (S.D.) |          | 39:01.14 |
| 4    | Erin Wetzstein  | FR South Dakota     |          | 39:19.69 |
| 5    | Kristin Steffen | SR South Dakota     |          | 39:39.86 |
| 6    | Cheyenne Bowers | JR South Dakota St. |          | 39:53.06 |
| 7    | Andrea DeSimone | SO Wayne St. (Neb.) |          | 41:48.06 |
| 8    | Megan Aschoff   | JR Briar Cliff      | 47:28.60 | 48:54.95 |

**Women 100 Meter Hurdles UCO**

| Name          | Year               | School                 | Seed  | Prelims | Wind | H# |
|---------------|--------------------|------------------------|-------|---------|------|----|
| Preliminaries |                    |                        |       |         |      |    |
| 1             | Danielle Riggins   | FR Iowa Central CC     | 13.80 | 14.21q  | -0.6 | 1  |
| 2             | Altoniece Williams | SO Iowa Central CC     | 14.20 | 14.27q  | +0.0 | 4  |
| 3             | Martiesha Caines   | SO Iowa Central CC     | 14.18 | 14.35q  | NWI  | 5  |
| 4             | Karen Ettleman     | SR Northwestern (Iowa) | 14.31 | 14.54q  | -0.4 | 3  |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****...Women 100 Meter Hurdles UCO**

|    |                     |                        |       |        |      |   |
|----|---------------------|------------------------|-------|--------|------|---|
| 5  | Robyn Blount        | JR Dordt               | 14.90 | 15.20q | -0.6 | 2 |
| 6  | Calliann Brunswig   | JR Augustana (S.D.)    | 14.98 | 15.24q | -0.4 | 3 |
| 7  | Molly Ervin         | SR South Dakota        | 15.12 | 15.30q | +0.0 | 4 |
| 8  | Kendra Van Meeteren | FR Northwestern (Iowa) | 15.35 | 15.58q | -0.6 | 1 |
| 9  | Endia Francois      | FR Iowa Central CC     | 16.11 | 15.67  | NWI  | 5 |
| 10 | Megan Svitak        | SR Wayne St. (Neb.)    | 14.74 | 15.71  | -0.6 | 2 |
| 11 | Zimmie Greene       | FR Iowa Central CC     | 15.30 | 15.74  | -0.6 | 1 |
| 12 | Katie Atkins        | SO Morningside         | 15.83 | 15.76  | +0.0 | 4 |
| 13 | Ellen Wulf          | JR Wayne St. (Neb.)    | 15.62 | 15.89  | -0.4 | 3 |
| 14 | Kelsey Dietrich     | FR Wayne St. (Neb.)    | 15.65 | 15.95  | -0.6 | 2 |
| 15 | Siera Zach          | FR Wayne St. (Neb.)    | 16.08 | 16.17  | -0.6 | 1 |
| 16 | Jodi Roth           | SO Briar Cliff         | 16.58 | 16.27  | +0.0 | 4 |
| 17 | Emily Mathews       | FR Buena Vista         | 16.39 | 16.33  | -0.6 | 2 |
| 18 | Leandra Schlecht    | SR Northern State      | 16.24 | 16.45  | -0.6 | 2 |
| 19 | Jessica Coleman     | FR Iowa Central CC     | 16.05 | 16.54  | -0.6 | 1 |
| 20 | Melissa Barella     | SO Augustana (S.D.)    | 17.22 | 16.70  | NWI  | 5 |
| 21 | Valerie Moos        | FR Augustana (S.D.)    | 15.55 | 16.74  | NWI  | 5 |
| 22 | Elizabeth Pille     | SO Wayne St. (Neb.)    | 16.19 | 16.94  | +0.0 | 4 |
| 23 | Jolynn Warnes       | SR Jamestown           | 15.84 | 16.96  | NWI  | 5 |
| 24 | My'Angel Davis      | SO Iowa Central CC     | 15.76 | 17.25  | -0.4 | 3 |
| 25 | Ali Achterhof       | FR Northwestern (Iowa) | 16.84 | 17.41  | -0.6 | 1 |
| 26 | Sarah Wedel         | SO Northwestern (Iowa) | 16.79 | 17.44  | -0.6 | 1 |
| 27 | Madison Spear       | SO Buena Vista         | 15.70 | 17.50  | -0.6 | 2 |
| 28 | Molly Lewison       | FR Buena Vista         | 17.61 | 17.59  | +0.0 | 4 |
| 29 | Rylee Armstrong     | SO SW Minnesota St.    | 17.65 | 17.73  | -0.4 | 3 |
| 30 | Brittany Broersma   | FR Dordt               | 16.42 | 17.74  | -0.4 | 3 |
| 31 | Emily Wolfe         | FR Faith Baptist Bible | 18.61 | 18.53  | -0.6 | 2 |
| 32 | Audra Thramer       | FR Northwestern (Iowa) | 19.59 | 19.42  | -0.4 | 3 |
| 33 | Jordyn Sohns        | FR Jamestown           | 16.64 | 19.71  | NWI  | 5 |
| -- | Hailey Cooley       | JR Jamestown           |       | DNF    | -0.6 | 1 |

**Women 100 Meter Hurdles UCO**

| Name   | Year School         | Prelims                | Finals | Wind  |     |
|--------|---------------------|------------------------|--------|-------|-----|
| =====  |                     |                        |        |       |     |
| Finals |                     |                        |        |       |     |
| 1      | Danielle Riggins    | FR Iowa Central CC     | 14.21  | 13.99 | NWI |
| 2      | Martiesha Caines    | SO Iowa Central CC     | 14.35  | 14.12 | NWI |
| 3      | Karen Ettleman      | SR Northwestern (Iowa) | 14.54  | 14.32 | NWI |
| 4      | Altoniece Williams  | SO Iowa Central CC     | 14.27  | 14.56 | NWI |
| 5      | Calliann Brunswig   | JR Augustana (S.D.)    | 15.24  | 14.89 | NWI |
| 6      | Robyn Blount        | JR Dordt               | 15.20  | 15.30 | NWI |
| 7      | Molly Ervin         | SR South Dakota        | 15.30  | 15.36 | NWI |
| 8      | Kendra Van Meeteren | FR Northwestern (Iowa) | 15.58  | 17.05 | NWI |

**Women 400 Meter Hurdles UCO**

| Name  | Year School        | Seed                | Finals  | H# |
|-------|--------------------|---------------------|---------|----|
| ===== |                    |                     |         |    |
| 1     | Valerie Moos       | FR Augustana (S.D.) | 1:03.66 | 2  |
| 2     | My'Angel Davis     | SO Iowa Central CC  | 1:02.58 | 4  |
| 3     | Altoniece Williams | SO Iowa Central CC  | 1:05.47 | 4  |
| 4     | Molly Ervin        | SR South Dakota     | 1:05.02 | 4  |
| 5     | Lauren Hill        | SO South Dakota     | 1:06.29 | 4  |
| 6     | Evelyn Klein       | SO South Dakota St. | 1:05.84 | 4  |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****...Women 400 Meter Hurdles UCO**

|    |                     |                        |         |         |   |
|----|---------------------|------------------------|---------|---------|---|
| 7  | Haili Wimer         | FR Northern State      | 1:05.51 | 1:06.41 | 4 |
| 8  | Nisha Hull          | JR Briar Cliff         | 1:08.75 | 1:06.97 | 3 |
| 9  | Rebecca Davenport   | SR Wayne St. (Neb.)    | 1:04.41 | 1:07.32 | 4 |
| 10 | Madison Spear       | SO Buena Vista         | 1:08.27 | 1:07.52 | 3 |
| 11 | Sarah Wedel         | SO Northwestern (Iowa) | 1:07.15 | 1:07.73 | 3 |
| 12 | Kati Nelson         | JR South Dakota        | 1:06.50 | 1:08.21 | 3 |
| 13 | Jessica Neises      | SO Dakota Wesleyan     | 1:10.19 | 1:09.06 | 3 |
| 14 | Chakeriah Fletcher  | FR Iowa Central CC     | 1:11.57 | 1:09.19 | 2 |
| 15 | Jessica Coleman     | FR Iowa Central CC     | 1:10.75 | 1:09.23 | 2 |
| 16 | Ali Achterhof       | FR Northwestern (Iowa) | 1:11.50 | 1:09.78 | 2 |
| 17 | Katie Atkins        | SO Morningside         | 1:08.95 | 1:10.11 | 3 |
| 18 | Kendra Van Meeteren | FR Northwestern (Iowa) | 1:11.20 | 1:10.70 | 2 |
| 19 | Desi Beckmann       | JR Briar Cliff         | 1:08.99 | 1:10.98 | 3 |
| 20 | Bria Taber          | SO Jamestown           | 1:12.30 | 1:11.67 | 2 |
| 21 | Emily Mathews       | FR Buena Vista         | 1:17.79 | 1:11.92 | 1 |
| 22 | Kathleen Ballweber  | FR Iowa Central CC     | 1:05.84 | 1:12.63 | 4 |
| 23 | Ashley Stubbs       | JR Jamestown           | 1:13.21 | 1:14.05 | 2 |
| 24 | Regina Steffen      | SR Northwestern (Iowa) | 1:10.22 | 1:14.80 | 3 |
| 25 | Sheyenne Stewart    | SO Jamestown           | 1:17.60 | 1:17.07 | 1 |

**Women 3000 Meter Steeplechase UCO**

| Name | Year             | School              | Seed     | Finals   |
|------|------------------|---------------------|----------|----------|
| 1    | Samantha Goff    | JR Jamestown        | 11:24.00 | 11:19.23 |
| 2    | Nicole Arnold    | JR Northern State   | 11:38.57 | 11:29.54 |
| 3    | Emily Feyereisen | SR South Dakota     | 12:09.07 | 11:48.15 |
| 4    | Halie Mechels    | FR South Dakota St. |          | 11:56.85 |
| 5    | Lottie Grimshaw  | SO South Dakota     | 12:27.92 | 12:05.59 |
| 6    | Allison Higgins  | FR Morningside      | 12:10.17 | 12:11.51 |
| 7    | Kara Nitz        | SR Unattached       | 12:00.00 | 12:17.96 |
| 8    | Megan Hart       | FR Morningside      | 12:40.73 | 12:24.47 |
| 9    | Taylor Walters   | FR South Dakota St. |          | 14:08.21 |

**Women 4x100 Meter Relay UCO**

| School | Seed                     | Finals | H#    |   |
|--------|--------------------------|--------|-------|---|
| 1      | Dordt 'A'                | 48.29  | 48.98 | 2 |
|        | 1) Miranda Velgersdyk FR |        |       |   |
|        | 3) Marisa Broersma JR    |        |       |   |
| 2      | Northern State 'A'       | 49.03  | 49.25 | 2 |
|        | 1) Elizabeth Raecke SO   |        |       |   |
|        | 3) Molly Wynn SO         |        |       |   |
| 3      | SW Minnesota St. 'A'     | 51.14  | 50.47 | 2 |
|        | 1) Alycia Hohenstein FR  |        |       |   |
|        | 3) Samantha McNeel SO    |        |       |   |
| 4      | Northwestern (Iowa) 'A'  | 49.08  | 50.84 | 2 |
|        | 1) Jahdai Dunk SO        |        |       |   |
|        | 3) Jana Vermeer SO       |        |       |   |
|        | 2) Robyn Blount JR       |        |       |   |
|        | 4) Danielle Wubben FR    |        |       |   |
|        | 2) Toni-Ann Ingram FR    |        |       |   |
|        | 4) Makenzie Hageman JR   |        |       |   |
|        | 2) Kim Shabino FR        |        |       |   |
|        | 4) Eisha Oden FR         |        |       |   |
|        | 2) Jordyn Oostra FR      |        |       |   |
|        | 4) Bailey Kennedy SO     |        |       |   |

## Sioux City Relays 2015 - 4/17/2015 to 4/18/2015

## Olsen Stadium

## Results

## Women 4x200 Meter Relay UCO

| School                    | Seed                     | Finals  | H# |
|---------------------------|--------------------------|---------|----|
| 1 South Dakota St. 'A'    | 1:49.61                  | 1:45.18 | 2  |
| 1) Vanessa Lane FR        | 2) Megan Viland SR       |         |    |
| 3) Kayla McDonald SO      | 4) Evelyn Klein SO       |         |    |
| 2 Northwestern (Iowa) 'A' | 1:41.90                  | 1:46.41 | 2  |
| 1) Jahdai Dunk SO         | 2) Kecia Caudill FR      |         |    |
| 3) Bailey Kennedy SO      | 4) Lauren Spranger JR    |         |    |
| 3 Northern State 'A'      | 1:45.67                  | 1:48.30 | 2  |
| 1) Elizabeth Raecke SO    | 2) Toni-Ann Ingram FR    |         |    |
| 3) Haili Wimer FR         | 4) Molly Wynn SO         |         |    |
| 4 Iowa Central CC 'A'     | 1:39.77                  | 1:48.79 | 2  |
| 1) Cece Mulbah FR         | 2) Jessica Coleman FR    |         |    |
| 3) Meghan Barum FR        | 4) Chakeriah Fletcher FR |         |    |
| 5 SW Minnesota St. 'A'    | 1:48.50                  | 1:48.86 | 2  |
| 1) Alycia Hohenstein FR   | 2) Eisha Oden FR         |         |    |
| 3) Samantha McNeel SO     | 4) Kim Shabino FR        |         |    |
| 6 Dordt 'B'               | 1:49.36                  | 1:50.64 | 2  |
| 1) Leah Breon FR          | 2) Sarah Faber JR        |         |    |
| 3) Laurel Zomer JR        | 4) Brittany Broersma FR  |         |    |
| 7 Morningside 'A'         | 1:50.00                  | 1:53.63 | 2  |
| 1) Katie Atkins SO        | 2) Taylor Hudson SO      |         |    |
| 3) Kim Hokinson FR        | 4) Taja Prince FR        |         |    |

## Women 4x400 Meter Relay UCO

| School                    | Seed                    | Finals  | H# |
|---------------------------|-------------------------|---------|----|
| 1 Iowa Central CC 'A'     | 3:51.22                 | 3:55.29 | 3  |
| 1) Skylar Dantzler SO     | 2) Mary Carr SO         |         |    |
| 3) Endia Francois FR      | 4) Chrissa Harris SO    |         |    |
| 2 Northwestern (Iowa) 'A' | 3:52.50                 | 3:56.38 | 3  |
| 1) Megan Walhof JR        | 2) Katie Landhuis FR    |         |    |
| 3) Kendra Van Meeteren FR | 4) Lauren Spranger JR   |         |    |
| 3 Morningside 'A'         | 4:02.50                 | 3:58.17 | 3  |
| 1) Neeia Cooperwood SR    | 2) Tori Figge SO        |         |    |
| 3) Michelle Mumm FR       | 4) Shelby Hall JR       |         |    |
| 4 Dordt 'A'               | 3:52.24                 | 4:01.62 | 3  |
| 1) Miranda Velgersdyk FR  | 2) Marisa Broersma JR   |         |    |
| 3) Raquelle Mouw FR       | 4) Robyn Blount JR      |         |    |
| 5 Wayne St. (Neb.) 'A'    | 4:03.04                 | 4:05.71 | 3  |
| 1) Elizabeth Pille SO     | 2) Mary Alderson SO     |         |    |
| 3) Kelsey Dietrich FR     | 4) Rebecca Davenport SR |         |    |
| 6 Dordt 'B'               | 4:08.00                 | 4:07.41 | 3  |
| 1) Danielle Wubben FR     | 2) Siera Huff JR        |         |    |
| 3) Laurel Zomer JR        | 4) Justine Van Zee SO   |         |    |
| 7 Dordt 'C'               | 4:08.00                 | 4:11.81 | 3  |
| 1) Kelsey Lewis SO        | 2) Kayla Byl JR         |         |    |
| 3) Lillie Koerner SR      | 4) Jordyn Visscher SO   |         |    |
| 8 SW Minnesota St. 'A'    | 4:15.21                 | 4:18.12 | 3  |
| 1) Macy Violet FR         | 2) Nya Buom SO          |         |    |
| 3) Paige Yi FR            | 4) Amanda Grengs SO     |         |    |
| 9 Morningside 'B'         | 4:17.98                 | 4:27.35 | 3  |
| 1) Taylor Hudson SO       | 2)                      |         |    |
| 3) Katie Atkins SO        | 4) Tiffany Shepherd SO  |         |    |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****Women 4x800 Meter Relay UCO**

| School                    | Seed                  | Finals   |
|---------------------------|-----------------------|----------|
| 1 Iowa Central CC 'A'     | 9:22.44               | 9:26.52  |
| 1) Kamille Kronemann FR   | 2) Chrissa Harris SO  |          |
| 3) Mary Carr SO           | 4) Lindsay Roberts SO |          |
| 2 Northwestern (Iowa) 'A' | 9:29.29               | 9:44.89  |
| 1) Megan Walhof JR        | 2) Katie Landhuis FR  |          |
| 3) Katie Bosch FR         | 4) Krista Hovland FR  |          |
| 3 Jamestown 'A'           | 9:50.00               | 10:34.87 |
| 1) Rachel Perish SO       | 2) Symbria Bell FR    |          |
| 3) Tiffany Jackson SO     | 4) Madison Kealy FR   |          |

**Women 1600 Sprint Medley UCO**

| School                     | Seed                     | Finals  |
|----------------------------|--------------------------|---------|
| 1 Northern State 'A'       | 4:10.13                  | 4:14.87 |
| 1) Toni-Ann Ingram FR      | 2) Haili Wimer FR        |         |
| 3) Elizabeth Raecke SO     | 4) Sami Smith SR         |         |
| 2 Iowa Central CC 'A'      | 4:04.19                  | 4:16.84 |
| 1) Skylar Dantzler SO      | 2) Altoniece Williams SO |         |
| 3) Kathleen Ballweber FR   | 4) Jasmine Stokes SO     |         |
| 3 SW Minnesota St. 'A'     | 4:19.00                  | 4:24.79 |
| 1) Kim Shabino FR          | 2) Samantha McNeel SO    |         |
| 3) Eisha Oden FR           | 4) Paige Yi FR           |         |
| -- Northwestern (Iowa) 'A' | 4:03.14                  | DQ      |
| 1) Mallory Bjork FR        | 2) Abigail Stevens JR    |         |
| 3) Callie Buske JR         | 4) Sam Sinclair FR       |         |

**Women High Jump UCO**

| Name                   | Year School            | Seed    | Finals         |
|------------------------|------------------------|---------|----------------|
| 1 Mycah Hulst          | JR Dordt               | 5-06.50 | 1.68m 5-06.00  |
| 2 Martiesha Caines     | SO Iowa Central CC     | 5-07.00 | 1.63m 5-04.25  |
| 3 Heather Showers      | FR Dordt               | 5-03.75 | J1.63m 5-04.25 |
| 4 Alexis Clark         | FR South Dakota        | 5-04.50 | 1.58m 5-02.25  |
| 5 Karen Ettleman       | SR Northwestern (Iowa) | 5-03.75 | J1.58m 5-02.25 |
| 6 Katlyn Sawtelle      | SR Sioux Falls         | 5-04.50 | 1.53m 5-00.25  |
| 6 Leandra Schlecht     | SR Northern State      | 5-02.25 | 1.53m 5-00.25  |
| 6 Sarah Quinlivan      | FR South Dakota        | 5-00.25 | 1.53m 5-00.25  |
| 6 Monique Mack         | FR South Dakota St.    | 5-01.00 | 1.53m 5-00.25  |
| 6 Megan Svitak         | SR Wayne St. (Neb.)    | 5-03.25 | 1.53m 5-00.25  |
| 6 Zimmie Greene        | FR Iowa Central CC     | 5-03.25 | 1.53m 5-00.25  |
| 6 Melissa Barella      | SO Augustana (S.D.)    | 5-02.25 | 1.53m 5-00.25  |
| 6 Taylor Brown         | SR Jamestown           | 5-03.75 | 1.53m 5-00.25  |
| 14 Kelsey Poppen       | FR Dakota State        | 4-11.75 | 1.48m 4-10.25  |
| 14 Rylee Armstrong     | SO SW Minnesota St.    | 5-03.25 | 1.48m 4-10.25  |
| -- Faith Voehl         | FR Sioux Falls         | 4-10.25 | NH             |
| -- Natalie Hulst       | FR Dordt               | 4-11.75 | NH             |
| -- Niki Schmitz        | JR Jamestown           | 4-09.75 | NH             |
| -- Jolynn Warnes       | SR Jamestown           | 5-02.25 | NH             |
| -- Haylee Biel         | FR Northern State      | 5-00.25 | NH             |
| -- Courtney Kjeldgaard | JR Jamestown           | 4-09.00 | NH             |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****Women Pole Vault UCO**

| Name                   | Year | School           | Seed  | Finals |          |
|------------------------|------|------------------|-------|--------|----------|
| 1 Courtney Crandall    | JR   | Unattached       | 3.81m | 3.50m  | 11-05.75 |
| 2 Katie Rutcosky       | SR   | Sioux Falls      | 3.50m | J3.50m | 11-05.75 |
| 3 Megan Muller         | SO   | Sioux Falls      | 3.65m | J3.50m | 11-05.75 |
| 4 Sophie Harano        | SR   | Sioux Falls      | 3.80m | 3.35m  | 10-11.75 |
| 5 Tara Starzec         | SO   | Sioux Falls      | 3.55m | J3.35m | 10-11.75 |
| 6 Logan Amdahl         | SO   | South Dakota St. | 3.35m | 3.20m  | 10-06.00 |
| 7 Courtney Trapp       | SO   | South Dakota St. | 3.51m | J3.20m | 10-06.00 |
| 8 Elizabeth Molitor    | SO   | South Dakota St. | 2.92m | 3.05m  | 10-00.00 |
| 8 Emily Boyle          | FR   | Mount Marty      | 2.90m | 3.05m  | 10-00.00 |
| 10 Josie Bopp          | SR   | Jamestown        | 2.74m | 2.75m  | 9-00.25  |
| 10 Christina Herrboldt | FR   | Mount Marty      | 2.79m | 2.75m  | 9-00.25  |
| -- Maddi Bauer         | FR   | Dakota Wesleyan  | 2.44m | NH     |          |
| -- Emerald Gyuricza    | JR   | Jamestown        | 3.50m | NH     |          |
| -- Keiley Sampson      | SR   | Jamestown        | 2.55m | NH     |          |
| -- Ashley Bellm        | SO   | Jamestown        | 2.98m | NH     |          |

**Women Long Jump UCO**

| Name                   | Year | School              | Seed     | Finals | Wind |          |
|------------------------|------|---------------------|----------|--------|------|----------|
| 1 Elizabeth Bohlmann   | FR   | Morningside         | 17-08.75 | 5.47m  | +0.0 | 17-11.50 |
| 2 Destiny Carter       | SO   | Iowa Central CC     | 19-10.75 | 5.46m  | +0.0 | 17-11.00 |
| 3 Karen Ettleman       | SR   | Northwestern (Iowa) | 19-01.25 | 5.43m  | +0.0 | 17-09.75 |
| 4 Leandra Schlecht     | SR   | Northern State      | 17-06.25 | 5.31m  | +0.0 | 17-05.25 |
| 5 Martiesha Caines     | SO   | Iowa Central CC     | 17-09.75 | 5.21m  | +0.0 | 17-01.25 |
| 6 Jada Carr            | FR   | Sioux Falls         | 17-11.75 | 5.18m  | +0.0 | 17-00.00 |
| 7 Holly Hegge          | SR   | Mount Marty         | 16-10.75 | 5.12m  | +0.0 | 16-09.75 |
| 8 Abbey VanDenBerg     | SR   | Mount Marty         | 17-03.25 | 4.99m  | +0.0 | 16-04.50 |
| 9 Kara Koth            | FR   | Sioux Falls         | 17-08.00 | 4.95m  | -0.3 | 16-03.00 |
| 10 Ellen Wulf          | JR   | Wayne St. (Neb.)    |          | 4.93m  | 2.1  | 16-02.25 |
| 11 Natalie Van Essen   | SO   | Dordt               | 16-09.75 | 4.83m  | +0.0 | 15-10.25 |
| 12 Calliann Brunswig   | JR   | Augustana (S.D.)    | 18-03.25 | 4.82m  | +0.0 | 15-09.75 |
| 13 Samantha McNeel     | SO   | SW Minnesota St.    | 16-11.50 | 4.80m  | +0.0 | 15-09.00 |
| 14 Danielle Wubben     | FR   | Dordt               | 17-11.00 | 4.78m  | +0.0 | 15-08.25 |
| 14 Jolynn Warnes       | SR   | Jamestown           | 16-08.50 | 4.78m  | +0.0 | 15-08.25 |
| 16 Morganne Haer       | SO   | Buena Vista         | 17-02.00 | 4.75m  | +0.0 | 15-07.00 |
| 17 Bailey Blood        | FR   | Sioux Falls         | 14-09.75 | 4.74m  | +0.0 | 15-06.75 |
| 18 Josie Bopp          | SR   | Jamestown           | 16-09.75 | 4.72m  | +0.0 | 15-06.00 |
| 19 Sarah Faber         | JR   | Dordt               | 17-01.50 | 4.67m  | +0.0 | 15-04.00 |
| 20 Tascha Donnelly     | JR   | Briar Cliff         | 16-04.25 | 4.60m  | +0.0 | 15-01.25 |
| 20 Melissa Barella     | SO   | Augustana (S.D.)    | 15-07.75 | 4.60m  | +0.0 | 15-01.25 |
| 20 Josie Ostermann     | FR   | Northern State      | 16-08.50 | 4.60m  | +0.0 | 15-01.25 |
| 23 Jacie White         | SR   | Northwestern (Iowa) | 16-01.00 | 4.56m  | +0.0 | 14-11.50 |
| 23 Caitlin Davis       | SO   | Mount Marty         | 15-08.75 | 4.56m  | +0.0 | 14-11.50 |
| 25 Laura Eberly        | SR   | Buena Vista         | 15-07.00 | 4.45m  | +0.0 | 14-07.25 |
| 26 Sonya Hagberg       | SO   | Northwestern (Iowa) | 15-07.50 | 4.41m  | +0.0 | 14-05.75 |
| 27 Zimmie Greene       | FR   | Iowa Central CC     | 16-02.25 | 4.31m  | +0.0 | 14-01.75 |
| 28 Shania Wunschel     | FR   | Buena Vista         | 14-08.75 | 4.28m  | +0.0 | 14-00.50 |
| 29 Maggie Rauh         | FR   | Sioux Falls         | 15-07.00 | 4.19m  | +0.0 | 13-09.00 |
| 30 Jackie Geiseman     | FR   | Northwestern (Iowa) | 14-08.50 | 4.18m  | -0.3 | 13-08.75 |
| 30 Audra Thramer       | FR   | Northwestern (Iowa) | 13-07.00 | 4.18m  | +0.0 | 13-08.75 |
| 32 Courtney Kjeldgaard | JR   | Jamestown           | 14-07.25 | 4.17m  | +0.0 | 13-08.25 |
| 33 Ellen Bucher        | SR   | Briar Cliff         | 14-10.75 | 4.03m  | -0.1 | 13-02.75 |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****...Women Long Jump UCO**

|                     |                |          |       |      |          |
|---------------------|----------------|----------|-------|------|----------|
| 34 Lindsay Meyer    | FR Buena Vista | 13-00.00 | 3.75m | -0.5 | 12-03.75 |
| -- Neeia Cooperwood | SR Morningside | 19-05.25 | FOUL  |      |          |
| -- Shaniese Quist   | FR Dordt       | 14-07.75 | FOUL  |      |          |

**Women Triple Jump UCO**

| Name                   | Year School            | Seed     | Finals  | Wind |          |
|------------------------|------------------------|----------|---------|------|----------|
| 1 Ethanity Dunn        | SO Iowa Central CC     | 39-02.50 | 11.69m  | +0.0 | 38-04.25 |
| 2 Abbey VanDenBerg     | SR Mount Marty         | 37-06.75 | J11.69m | 0.8  | 38-04.25 |
| 3 Kaylynn Erlandson    | JR Augustana (S.D.)    | 37-08.75 | 11.25m  | +0.0 | 36-11.00 |
| 4 Rylee Armstrong      | SO SW Minnesota St.    | 37-02.50 | 11.11m  | +0.0 | 36-05.50 |
| 5 Tascha Donnelly      | JR Briar Cliff         | 36-05.00 | 10.84m  | +0.0 | 35-06.75 |
| 6 Raquelle Mouw        | FR Dordt               | 35-02.00 | 10.73m  | 0.8  | 35-02.50 |
| 7 Coley Stoller        | FR Augustana (S.D.)    | 36-07.50 | 10.66m  | +0.0 | 34-11.75 |
| 8 Allyson Austin       | SR Northwestern (Iowa) | 36-02.00 | 10.64m  | 1.3  | 34-11.00 |
| 9 Maddie Vietor        | FR Sioux Falls         | 35-01.25 | 10.56m  | +0.0 | 34-07.75 |
| 10 Ellen Bucher        | SR Briar Cliff         | 32-11.00 | 10.24m  | +0.0 | 33-07.25 |
| 11 Kara Koth           | FR Sioux Falls         | 36-02.25 | 10.16m  | +0.0 | 33-04.00 |
| 12 Jada Carr           | FR Sioux Falls         | 35-08.75 | 10.14m  | +0.0 | 33-03.25 |
| 13 Sarah Quinlivan     | FR South Dakota        | 33-11.50 | 9.97m   | -0.1 | 32-08.50 |
| 14 Ali Haines          | SR South Dakota        | 33-10.00 | 9.90m   | 0.7  | 32-05.75 |
| 15 Faith Voehl         | FR Sioux Falls         | 32-11.75 | 9.81m   | 0.2  | 32-02.25 |
| 16 Josie Bopp          | SR Jamestown           | 33-03.25 | 9.77m   | 2.0  | 32-00.75 |
| 17 Abby Fossum         | SR Dakota Wesleyan     | 33-09.25 | 9.73m   | +0.0 | 31-11.25 |
| 18 Ashley Bellm        | SO Jamestown           | 31-10.00 | 9.58m   | 1.0  | 31-05.25 |
| 19 Katarina Kuhlman    | FR SW Minnesota St.    | 32-00.75 | 9.57m   | +0.0 | 31-04.75 |
| 20 Emily Haase         | SO South Dakota        | 34-04.25 | 9.54m   | +0.0 | 31-03.75 |
| 21 Sonya Hagberg       | SO Northwestern (Iowa) | 32-06.50 | 9.39m   | 0.5  | 30-09.75 |
| 22 Jackie Geiseman     | FR Northwestern (Iowa) | 31-06.00 | 9.36m   | 0.7  | 30-08.50 |
| 23 Courtney Kjeldgaard | JR Jamestown           | 31-01.00 | 8.89m   | 0.3  | 29-02.00 |

**Women Shot Put UCO**

| Name                  | Year School         | Seed     | Finals |          |  |
|-----------------------|---------------------|----------|--------|----------|--|
| 1 Sara Wells          | SR Wayne St. (Neb.) | 54-02.75 | 16.38m | 53-09.00 |  |
| 2 Janeah Stewart      | FR Iowa Central CC  | 48-03.25 | 14.96m | 49-01.00 |  |
| 3 Shandan Platt       | FR Wayne St. (Neb.) | 47-03.50 | 13.47m | 44-02.50 |  |
| 4 Mariah Nelson       | SR Northern State   | 45-02.50 | 13.00m | 42-08.00 |  |
| 5 Marissa Whipple     | SR Sioux Falls      | 43-02.25 | 12.93m | 42-05.25 |  |
| 6 Allison Cross       | SO Mount Marty      | 41-03.25 | 12.79m | 41-11.50 |  |
| 7 Alexis Chiles       | FR Iowa Central CC  | 43-11.75 | 12.69m | 41-07.75 |  |
| 8 Cassidy Wright      | SO Sioux Falls      | 43-01.75 | 12.44m | 40-09.75 |  |
| 9 Andrea Urban        | FR Briar Cliff      | 42-08.25 | 12.30m | 40-04.25 |  |
| 10 Haley Hinseth      | JR Sioux Falls      | 41-11.25 | 12.19m | 40-00.00 |  |
| 11 Autumn Schulz      | SO Northern State   | 40-06.75 | 12.00m | 39-04.50 |  |
| 12 Molly Hutchins     | SR Buena Vista      | 39-07.00 | 11.94m | 39-02.25 |  |
| 13 Meagan Anderson    | FR Morningside      | 38-08.25 | 11.89m | 39-00.25 |  |
| 14 Michaela Dendinger | SO Wayne St. (Neb.) | 52-02.75 | 11.82m | 38-09.50 |  |
| 15 Taylor Woods       | SO Morningside      | 40-06.25 | 11.80m | 38-08.75 |  |
| 16 Kaylee Blake       | SO Briar Cliff      | 38-10.50 | 11.75m | 38-06.75 |  |
| 17 Naomi Dalton       | FR SW Minnesota St. | 42-01.50 | 11.72m | 38-05.50 |  |
| 18 Tessa Adelmann     | FR Northern State   | 38-05.00 | 11.59m | 38-00.25 |  |
| 19 Kylie Martin       | SO Dakota State     | 38-00.00 | 11.28m | 37-00.25 |  |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****...Women Shot Put UCO**

|    |                   |    |                     |          |        |          |
|----|-------------------|----|---------------------|----------|--------|----------|
| 20 | Hannah Shie       | JR | Northwestern (Iowa) | 39-02.25 | 11.25m | 36-11.00 |
| 21 | Clara Schild      | SO | Dakota State        | 38-03.25 | 11.18m | 36-08.25 |
| 22 | Ashley Currey     | JR | Dakota State        | 37-08.00 | 11.16m | 36-07.50 |
| 23 | Jennifer Brandt   | JR | Jamestown           | 36-05.50 | 10.85m | 35-07.25 |
| 24 | Cristyn Eischeid  | FR | Buena Vista         | 37-00.50 | 10.70m | 35-01.25 |
| 25 | Morgan Citterman  | FR | Mount Marty         | 34-08.50 | 10.25m | 33-07.50 |
| 26 | Holly Brock       | FR | Morningside         | 37-04.00 | 9.98m  | 32-09.00 |
| 27 | Kaylee Van Voorst | FR | Morningside         | 37-02.25 | 9.85m  | 32-03.75 |
| 28 | Rebecca Nord      | FR | Jamestown           | 33-10.25 | 9.82m  | 32-02.75 |
| 29 | Morgan Martin     | FR | Jamestown           | 31-01.00 | 9.39m  | 30-09.75 |
| 30 | Courtney Albers   | FR | Dakota Wesleyan     | 29-05.50 | 8.75m  | 28-08.50 |
| 31 | Melissa Barella   | SO | Augustana (S.D.)    | 27-02.50 | 7.58m  | 24-10.50 |
| -- | Breann Jackson    | JR | Northern State      | 42-08.00 | FOUL   |          |

**Women Discus Throw UCO**

| Name | Year                | School | Seed                | Finals |        |        |
|------|---------------------|--------|---------------------|--------|--------|--------|
| 1    | Sara Wells          | SR     | Wayne St. (Neb.)    | 51.65m | 48.41m | 158-10 |
| 2    | Silvia Zanini       | SO     | South Dakota St.    | 48.05m | 47.14m | 154-08 |
| 3    | Kacie O'Connor      | FR     | Wayne St. (Neb.)    | 45.71m | 42.60m | 139-09 |
| 4    | Kaylee Blake        | SO     | Briar Cliff         | 43.48m | 42.29m | 138-09 |
| 5    | Janeah Stewart      | FR     | Iowa Central CC     | 44.21m | 41.83m | 137-03 |
| 6    | Kae Januschka       | JR     | South Dakota St.    | 43.93m | 41.68m | 136-09 |
| 7    | Mariah Nelson       | SR     | Northern State      | 44.75m | 41.22m | 135-03 |
| 8    | Jordan Edison       | SR     | Unattached          | 37.00m | 40.07m | 131-05 |
| 9    | Ashley Ostrem       | SO     | Sioux Falls         | 41.83m | 39.68m | 130-02 |
| 10   | Naomi Dalton        | FR     | SW Minnesota St.    | 39.78m | 38.07m | 124-11 |
| 11   | Cassidy Wright      | SO     | Sioux Falls         | 42.05m | 37.97m | 124-07 |
| 12   | Haley Hinseth       | JR     | Sioux Falls         | 39.72m | 37.16m | 121-11 |
| 13   | Arienne Gesell      | JR     | Northwestern (Iowa) | 40.85m | 37.14m | 121-10 |
| 14   | Jackie Brungardt    | JR     | Briar Cliff         | 43.14m | 37.06m | 121-07 |
| 15   | Kassandra Harris    | FR     | Northern State      | 39.45m | 36.75m | 120-07 |
| 16   | Shandan Platt       | FR     | Wayne St. (Neb.)    | 44.88m | 36.70m | 120-05 |
| 17   | Hannah Steele       | SO     | Sioux Falls         | 40.69m | 36.64m | 120-02 |
| 18   | Alexis Chiles       | FR     | Iowa Central CC     | 37.87m | 36.36m | 119-03 |
| 19   | Casey Schuster      | SO     | Morningside         | 42.93m | 36.06m | 118-04 |
| 20   | Tina Ageson         | JR     | Buena Vista         | 35.28m | 35.78m | 117-05 |
| 21   | Kaylee Van Voorst   | FR     | Morningside         | 41.68m | 35.10m | 115-02 |
| 21   | Elizabeth Szymonski | SO     | South Dakota        | 33.33m | 35.10m | 115-02 |
| 23   | Molly Hutchins      | SR     | Buena Vista         | 38.23m | 34.99m | 114-09 |
| 24   | Bekah Mead          | SO     | Dordt               | 37.42m | 34.93m | 114-07 |
| 25   | Molly Cunard        | FR     | Northwestern (Iowa) | 34.36m | 34.76m | 114-00 |
| 26   | Taylor Woods        | SO     | Morningside         | 37.44m | 34.44m | 113-00 |
| 27   | Ashley Currey       | JR     | Dakota State        | 37.88m | 34.37m | 112-09 |
| 28   | Morgan Martin       | FR     | Jamestown           | 32.45m | 34.35m | 112-08 |
| 29   | Savannah Clapper    | JR     | Northwestern (Iowa) | 35.87m | 34.32m | 112-07 |
| 30   | Andrea Urban        | FR     | Briar Cliff         | 34.13m | 34.10m | 111-10 |
| 31   | Christina Vanderbyl | SO     | Northwestern (Iowa) | 37.11m | 34.04m | 111-08 |
| 32   | Hannah Shie         | JR     | Northwestern (Iowa) | 34.60m | 33.24m | 109-01 |
| 33   | Jennifer Brandt     | JR     | Jamestown           | 37.37m | 32.85m | 107-09 |
| 34   | Candice Howell      | FR     | Northwestern (Iowa) | 31.02m | 32.15m | 105-06 |
| 35   | Rhiannon Sears      | FR     | SW Minnesota St.    | 31.82m | 32.03m | 105-01 |
| 36   | Meghan Kratofil     | JR     | Jamestown           | 37.24m | 31.45m | 103-02 |
| 37   | Adrienne Bishop     | SR     | Northwestern (Iowa) | 30.38m | 31.20m | 102-04 |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****...Women Discus Throw UCO**

|    |                    |    |                  |        |        |       |
|----|--------------------|----|------------------|--------|--------|-------|
| 38 | Angela Prokosch    | FR | SW Minnesota St. | 20.13m | 29.40m | 96-05 |
| 39 | Kylie Martin       | SO | Dakota State     | 32.67m | 29.25m | 95-11 |
| 40 | Morgan Citterman   | FR | Mount Marty      | 28.83m | 28.75m | 94-04 |
| 41 | Tyra Patzlaff      | FR | Dakota Wesleyan  | 28.50m | 28.25m | 92-08 |
| 42 | Clara Schild       | SO | Dakota State     | 32.79m | 27.77m | 91-01 |
| 43 | Katie Brandt       | FR | Jamestown        | 31.48m | 25.38m | 83-03 |
| 44 | Rebecca Nord       | FR | Jamestown        |        | 22.18m | 72-09 |
| -- | Michaela Dendinger | SO | Wayne St. (Neb.) | 48.64m | FOUL   |       |

**Women Hammer Throw UCO**

| Name | Year                | School | Seed                | Finals   |        |        |
|------|---------------------|--------|---------------------|----------|--------|--------|
| 1    | Carly Fehringer     | SR     | Unattached          | 14-09.75 | 63.80m | 209-04 |
| 2    | Sara Wells          | SR     | Wayne St. (Neb.)    | 74-07.25 | 54.38m | 178-05 |
| 3    | Michaela Dendinger  | SO     | Wayne St. (Neb.)    | 71-00.75 | 52.47m | 172-02 |
| 4    | Silvia Zanini       | SO     | South Dakota St.    | 74-07.50 | 51.63m | 169-05 |
| 5    | Kyndra Sturm        | JR     | Wayne St. (Neb.)    | 161-04   | 50.01m | 164-01 |
| 6    | Janeah Stewart      | FR     | Iowa Central CC     |          | 49.21m | 161-05 |
| 7    | Shandan Platt       | FR     | Wayne St. (Neb.)    | 77-05.75 | 48.80m | 160-01 |
| 8    | Autumn Schulz       | SO     | Northern State      | 44-06.50 | 45.98m | 150-10 |
| 9    | Mariah Nelson       | SR     | Northern State      | 149-04   | 44.24m | 145-02 |
| 10   | Breann Jackson      | JR     | Northern State      | 63-00.25 | 43.86m | 143-11 |
| 11   | Tessa Ives          | FR     | Wayne St. (Neb.)    | 142-10   | 43.62m | 143-01 |
| 12   | Adrienne Bishop     | SR     | Northwestern (Iowa) | 40-01.25 | 43.48m | 142-08 |
| 13   | Amy Wockenfuss      | SO     | Northern State      | 53-03.75 | 43.33m | 142-02 |
| 14   | Tina Ageson         | JR     | Buena Vista         | 139-11   | 42.61m | 139-09 |
| 15   | Kae Januschka       | JR     | South Dakota St.    | 49-06.75 | 42.35m | 138-11 |
| 16   | Hannah Steele       | SO     | Sioux Falls         | 48-04.50 | 42.05m | 137-11 |
| 17   | Ashley Currey       | JR     | Dakota State        | 40-03.25 | 41.90m | 137-06 |
| 18   | Kassandra Harris    | FR     | Northern State      | 23-00.75 | 41.70m | 136-10 |
| 19   | Kaylee McMacken     | SR     | Sioux Falls         | 146-01   | 41.68m | 136-09 |
| 20   | Marissa Whipple     | SR     | Sioux Falls         | 52-02.75 | 41.32m | 135-07 |
| 21   | Haley Hinseth       | JR     | Sioux Falls         | 131-11   | 41.00m | 134-06 |
| 22   | Naomi Dalton        | FR     | SW Minnesota St.    | 34-03.25 | 40.98m | 134-05 |
| 23   | Alexis Chiles       | FR     | Iowa Central CC     | 33-04.75 | 40.76m | 133-09 |
| 24   | Molly Hutchins      | SR     | Buena Vista         | 40-04.50 | 39.80m | 130-07 |
| 25   | Allison Cross       | SO     | Mount Marty         | 39-08.75 | 39.41m | 129-03 |
| 26   | Clara Schild        | SO     | Dakota State        | 121-10   | 38.86m | 127-06 |
| 27   | Christina Vanderbyl | SO     | Northwestern (Iowa) | 16-09.50 | 38.43m | 126-01 |
| 28   | Meghan Kratofil     | JR     | Jamestown           | 27-02.75 | 38.38m | 125-11 |
| 29   | Bekah Mead          | SO     | Dordt               | 21-04.50 | 38.12m | 125-01 |
| 30   | Kylie Martin        | SO     | Dakota State        | 131-09   | 37.91m | 124-04 |
| 31   | Ashley Ostrem       | SO     | Sioux Falls         | 19-04.25 | 37.88m | 124-03 |
| 32   | Jennifer Brandt     | JR     | Jamestown           | 16-04.25 | 37.86m | 124-02 |
| 32   | Savannah Clapper    | JR     | Northwestern (Iowa) | 126-00   | 37.86m | 124-02 |
| 34   | Rhiannon Sears      | FR     | SW Minnesota St.    | 23-06.25 | 37.40m | 122-08 |
| 35   | Cristyn Eischeid    | FR     | Buena Vista         | 23-05.25 | 37.30m | 122-04 |
| 36   | Angela Prokosch     | FR     | SW Minnesota St.    | 110-11   | 37.03m | 121-06 |
| 37   | Candice Howell      | FR     | Northwestern (Iowa) | 21-07.75 | 35.79m | 117-05 |
| 38   | Tessa Adelman       | FR     | Northern State      | 103-01   | 35.60m | 116-09 |
| 39   | Rebecca Nord        | FR     | Jamestown           | 02-09.75 | 34.95m | 114-08 |
| 40   | Taylor Woods        | SO     | Morningside         | 24-08.75 | 34.76m | 114-00 |
| 41   | Meagan Anderson     | FR     | Morningside         | 24-02.50 | 34.70m | 113-10 |
| 42   | Holly Brock         | FR     | Morningside         | 17-07.75 | 32.53m | 106-09 |

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|    |                   |                    |          |        |        |
|----|-------------------|--------------------|----------|--------|--------|
| 43 | Kaylee Van Voorst | FR Morningside     | 04-10.50 | 30.72m | 100-09 |
| 44 | Katie Brandt      | FR Jamestown       | 81-04.25 | 28.28m | 92-09  |
| 45 | Tyra Patzlaff     | FR Dakota Wesleyan | 92-02.50 | 28.08m | 92-01  |
| 46 | Morgan Citterman  | FR Mount Marty     | 74-08    | 26.62m | 87-04  |
| -- | Courtney Albers   | FR Dakota Wesleyan | 69-06.25 | FOUL   |        |

**Women Javelin Throw UCO**

| Name                 | Year | School           | Seed   | Finals |        |
|----------------------|------|------------------|--------|--------|--------|
| 1 Emily Keim         | JR   | Morningside      | 37.54m | 35.05m | 115-00 |
| 2 Trevez Bridgewater | SO   | Northern State   | 36.21m | 34.64m | 113-08 |
| 3 Michaela Schlecht  | SO   | Northern State   | 38.32m | 33.03m | 108-04 |
| 4 Haylee Biel        | FR   | Northern State   | 37.85m | 32.72m | 107-04 |
| 5 Brittany Carman    | SR   | Dordt            | 37.67m | 31.75m | 104-02 |
| 6 Madison Fisher     | SR   | Morningside      | 34.35m | 30.84m | 101-02 |
| 7 Kaylee Van Voorst  | FR   | Morningside      | 32.79m | 30.78m | 101-00 |
| 8 Autumn Schulz      | SO   | Northern State   | 35.53m | 30.22m | 99-02  |
| 9 Meagan Anderson    | FR   | Morningside      | 32.45m | 29.73m | 97-06  |
| 10 Kassandra Harris  | FR   | Northern State   | 33.20m | 29.71m | 97-06  |
| 11 Natalie Zobel     | FR   | SW Minnesota St. |        | 26.33m | 86-05  |
| 12 Amy Wockenfuss    | SO   | Northern State   | 25.25m | 24.97m | 81-11  |
| 13 Tyra Patzlaff     | FR   | Dakota Wesleyan  | 23.80m | 20.82m | 68-04  |

**Men 100 Meter Dash UCO**

| Name                  | Year | School              | Seed  | Prelims | Wind | H# |
|-----------------------|------|---------------------|-------|---------|------|----|
| Preliminaries         |      |                     |       |         |      |    |
| 1 Cliff Resias        | FR   | Iowa Central CC     | 10.62 | 10.65q  | NWI  | 7  |
| 2 Gawain Williams     | FR   | South Dakota        | 10.63 | 10.74q  | NWI  | 6  |
| 3 Rusty Muncy         | JR   | Briar Cliff         | 10.65 | 10.77q  | NWI  | 5  |
| 3 Braxton Adams       | FR   | Wayne St. (Neb.)    | 10.73 | 10.77q  | NWI  | 3  |
| 5 Andrew Johnson      | SR   | Northern State      | 10.69 | 10.79q  | NWI  | 4  |
| 6 Trever Ryen         | SO   | Unattached          | 10.90 | 10.82q  | NWI  | 3  |
| 7 Augustus Cowan      | SR   | Briar Cliff         | 11.12 | 10.84q  | NWI  | 3  |
| 8 Jack Thony          | FR   | South Dakota        | 10.81 | 10.91q  | NWI  | 1  |
| 9 Eric Bertelsen      | SR   | Unattached          | 10.90 | 10.98   | NWI  | 4  |
| 10 LeAndre Kennedy    | JR   | South Dakota St.    | 10.91 | 11.05   | NWI  | 5  |
| 11 Keontay Williams   | SO   | Iowa Central CC     | 11.09 | 11.09   | NWI  | 4  |
| 12 Dallin Finley      | SO   | SW Minnesota St.    | 10.80 | 11.11   | NWI  | 2  |
| 13 Bo Arnold          | SO   | South Dakota St.    | 10.91 | 11.12   | NWI  | 6  |
| 14 Scott Strand       | SR   | Northwestern (Iowa) | 11.42 | 11.19   | NWI  | 4  |
| 15 Alex Van Roekel    | JR   | Northwestern (Iowa) | 10.88 | 11.19   | NWI  | 2  |
| 16 Zach Schroeder     | FR   | South Dakota St.    | 11.18 | 11.20   | NWI  | 1  |
| 17 Joe Roden          | FR   | Briar Cliff         | 11.45 | 11.21   | NWI  | 5  |
| 18 Joe Bednar         | SO   | South Dakota St.    | 11.19 | 11.23   | NWI  | 2  |
| 19 Tayler Anderson    | FR   | South Dakota        | 11.23 | 11.26   | NWI  | 7  |
| 20 Ben Ryan           | FR   | SW Minnesota St.    | 10.99 | 11.26   | NWI  | 7  |
| 21 Derek Lahm         | SO   | Wayne St. (Neb.)    |       | 11.27   | NWI  | 3  |
| 22 Frank Wallace      | SR   | Briar Cliff         | 10.82 | 11.28   | NWI  | 1  |
| 23 Jonathan Wolverton | SO   | Augustana (S.D.)    | 11.20 | 11.28   | NWI  | 3  |
| 24 Alan Gerdes        | SR   | Briar Cliff         | 11.36 | 11.30   | NWI  | 1  |
| 25 Kole Heller        | FR   | Wayne St. (Neb.)    | 11.32 | 11.31   | NWI  | 3  |
| 26 Ayom Ayom          | FR   | Northwestern (Iowa) | 11.29 | 11.39   | NWI  | 5  |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****...Men 100 Meter Dash UCO**

|    |                   |    |                     |       |       |     |   |
|----|-------------------|----|---------------------|-------|-------|-----|---|
| 27 | Robbie Kazi       | SR | Sioux Falls         | 11.33 | 11.40 | NWI | 2 |
| 28 | Derrick Akers     | FR | Northwestern (Iowa) | 11.30 | 11.40 | NWI | 4 |
| 29 | Daniel Fennig     | SR | Dordt               | 11.12 | 11.41 | NWI | 2 |
| 30 | Andrew Banken     | SO | Jamestown           | 11.09 | 11.43 | NWI | 5 |
| 31 | Garrett Anderson  | FR | South Dakota        | 11.62 | 11.44 | NWI | 6 |
| 32 | Michael Rivera    | SO | SW Minnesota St.    | 11.04 | 11.44 | NWI | 6 |
| 33 | Brennan Dostal    | FR | Buena Vista         | 11.21 | 11.46 | NWI | 6 |
| 34 | Eric Peters       | JR | Morningside         | 11.21 | 11.47 | NWI | 5 |
| 35 | Tom Sittig        | SO | Augustana (S.D.)    | 11.24 | 11.55 | NWI | 7 |
| 36 | Gabe Dirksen      | SO | Dakota Wesleyan     |       | 11.56 | NWI | 2 |
| 37 | Josh Spenner      | NA | Wayne St. (Neb.)    | 11.34 | 11.59 | NWI | 1 |
| 38 | Michael Whitehead | SO | Morningside         | 11.38 | 11.72 | NWI | 2 |
| 39 | Dion Helgelien    | SO | Sioux Falls         | 11.20 | 11.72 | NWI | 4 |
| 40 | Cole Darrow       | JR | Buena Vista         |       | 11.73 | NWI | 1 |
| 41 | Matt Konrad       | SO | SW Minnesota St.    | 11.74 | 11.87 | NWI | 5 |
| 42 | Keith Heidema     | FR | Dordt               | 11.50 | 11.90 | NWI | 7 |
| 43 | Buddy Salmon      | FR | Jamestown           | 11.46 | 11.99 | NWI | 6 |
| 44 | Daniel Porter     | JR | Dakota Wesleyan     |       | 12.08 | NWI | 4 |
| 45 | Colin Linde       | SO | Mount Marty         | 11.93 | 12.15 | NWI | 3 |
| 46 | Renner Mickelson  | FR | Mount Marty         | 12.60 | 12.37 | NWI | 1 |
| 47 | Tyler Reindl      | FR | Buena Vista         | 11.87 | 12.50 | NWI | 4 |
| 48 | Mauricio Marquez  | SO | Mount Marty         | 12.48 | 12.54 | NWI | 2 |
| 49 | Cody Chaffin      | FR | Faith Baptist Bible |       | 12.65 | NWI | 5 |

**Men 100 Meter Dash UCO**

| Name   | Year            | School | Prelims          | Finals | Wind  |     |
|--------|-----------------|--------|------------------|--------|-------|-----|
| =====  |                 |        |                  |        |       |     |
| Finals |                 |        |                  |        |       |     |
| 1      | Cliff Resias    | FR     | Iowa Central CC  | 10.65  | 10.58 | NWI |
| 2      | Gawain Williams | FR     | South Dakota     | 10.74  | 10.67 | NWI |
| 3      | Braxton Adams   | FR     | Wayne St. (Neb.) | 10.77  | 10.85 | NWI |
| 4      | Jack Thony      | FR     | South Dakota     | 10.91  | 10.89 | NWI |
| 5      | Andrew Johnson  | SR     | Northern State   | 10.79  | 10.92 | NWI |
| 6      | Trever Ryen     | SO     | Unattached       | 10.82  | 10.93 | NWI |
| 7      | Rusty Muncy     | JR     | Briar Cliff      | 10.77  | 10.94 | NWI |
| 8      | Augustus Cowan  | SR     | Briar Cliff      | 10.84  | 11.14 | NWI |

**Men 200 Meter Dash UCO**

| Name  | Year              | School | Seed                | Finals | Wind  | H#  |   |
|-------|-------------------|--------|---------------------|--------|-------|-----|---|
| ===== |                   |        |                     |        |       |     |   |
| 1     | Eli Minor         | FR     | Iowa Central CC     | 21.18  | 21.44 | NWI | 8 |
| 2     | Trever Ryen       | SO     | Unattached          | 21.80  | 21.76 | NWI | 8 |
| 3     | Robert Iron Shell | SO     | Briar Cliff         | 21.06  | 21.84 | NWI | 8 |
| 4     | Xavier Caffee     | FR     | Dordt               | 21.07  | 21.92 | NWI | 8 |
| 5     | Andrew Johnson    | SR     | Northern State      | 21.70  | 21.99 | NWI | 8 |
| 6     | Augustus Cowan    | SR     | Briar Cliff         | 22.36  | 22.03 | 1.0 | 7 |
| 7     | Jack Thony        | FR     | South Dakota        | 21.99  | 22.03 | NWI | 8 |
| 8     | D'Artist Williams | JR     | Dakota State        |        | 22.15 | 1.4 | 1 |
| 9     | Zach Schroeder    | FR     | South Dakota St.    | 22.19  | 22.47 | 1.0 | 7 |
| 10    | Ben Ryan          | FR     | SW Minnesota St.    | 22.76  | 22.55 | NWI | 5 |
| 11    | Alex Van Roekel   | JR     | Northwestern (Iowa) | 22.28  | 22.56 | 1.0 | 7 |
| 12    | Zach Ely          | SR     | Dakota State        |        | 22.57 | 1.4 | 1 |
| 13    | Dallin Finley     | SO     | SW Minnesota St.    | 22.31  | 22.65 | 1.0 | 7 |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****...Men 200 Meter Dash UCO**

|    |                        |                        |       |       |     |   |
|----|------------------------|------------------------|-------|-------|-----|---|
| 14 | Levi Te Brink          | FR Northwestern (Iowa) | 23.76 | 22.68 | NWI | 3 |
| 15 | Scott Van Winkle       | FR Dakota Wesleyan     | 22.52 | 22.69 | NWI | 6 |
| 16 | William Ernst          | SR Wayne St. (Neb.)    | 22.26 | 22.70 | 1.0 | 7 |
| 17 | Bo Arnold              | SO South Dakota St.    | 22.40 | 22.77 | NWI | 6 |
| 18 | Christopher Ehimwenman | FR Iowa Central CC     | 23.23 | 22.85 | 1.4 | 4 |
| 19 | Kyle Pardun            | FR Mount Marty         | 23.24 | 22.86 | 1.4 | 4 |
| 20 | LeAndre Kennedy        | JR South Dakota St.    | 22.75 | 22.88 | NWI | 6 |
| 21 | Adam Halverson         | SR South Dakota St.    | 22.31 | 22.96 | 1.0 | 7 |
| 22 | Derrick Akers          | FR Northwestern (Iowa) | 22.94 | 22.97 | NWI | 5 |
| 23 | James Skidmore         | FR Jamestown           | 22.56 | 22.97 | NWI | 6 |
| 24 | Alex Williams          | FR South Dakota        |       | 22.99 | 0.7 | 2 |
| 25 | Shaun Ryan             | SR Morningside         | 22.93 | 23.07 | NWI | 5 |
| 26 | Eric Peters            | JR Morningside         | 22.88 | 23.16 | NWI | 5 |
| 27 | Trevor Zonnefeld       | SO Dordt               | 22.65 | 23.23 | NWI | 6 |
| 28 | Buddy Salmon           | FR Jamestown           | 23.59 | 23.24 | NWI | 3 |
| 29 | Robbie Kazi            | SR Sioux Falls         | 23.53 | 23.31 | NWI | 3 |
| 30 | Victor Ogeka           | FR Iowa Central CC     | 23.75 | 23.36 | NWI | 3 |
| 31 | Mark Eberly            | SO Buena Vista         | 23.00 | 23.43 | NWI | 5 |
| 32 | Spencer Carlson        | JR Dakota State        |       | 23.45 | 1.4 | 1 |
| 33 | Ayom Ayom              | FR Northwestern (Iowa) | 23.40 | 23.47 | 1.4 | 4 |
| 34 | Daniel Fennig          | SR Dordt               | 22.92 | 23.48 | NWI | 5 |
| 35 | Jack DeMoss            | FR Unattached          | 23.00 | 23.54 | NWI | 5 |
| 36 | David Parsley          | FR Northern State      | 23.42 | 23.55 | 1.4 | 4 |
| 37 | Nate Lechtenberg       | FR Wayne St. (Neb.)    | 24.12 | 23.69 | 0.7 | 2 |
| 38 | Ethan Van Briesen      | SR Morningside         | 23.24 | 23.73 | 1.4 | 4 |
| 39 | Brendon Waldner        | FR Dakota State        | 23.99 | 23.74 | 0.7 | 2 |
| 40 | Michael Rivera         | SO SW Minnesota St.    | 22.57 | 23.75 | NWI | 6 |
| 41 | Dion Helgelien         | SO Sioux Falls         | 22.73 | 23.78 | NWI | 6 |
| 42 | Cory Eberle            | SO Sioux Falls         | 23.11 | 23.85 | 1.4 | 4 |
| 43 | James Farnan           | FR Unattached          | 24.80 | 23.89 | 0.7 | 2 |
| 44 | Elijah Ingram          | FR Iowa Central CC     | 23.76 | 24.02 | NWI | 3 |
| 45 | Josh Reider            | FR Augustana (S.D.)    | 23.61 | 24.04 | NWI | 3 |
| 46 | Tyler Streif           | JR Jamestown           | 23.32 | 24.40 | 1.4 | 4 |
| 47 | Gabriel Goehring       | FR Mount Marty         | 23.90 | 24.44 | NWI | 3 |
| 48 | Colin Linde            | SO Mount Marty         | 23.99 | 24.88 | 0.7 | 2 |
| 49 | Renner Mickelson       | FR Mount Marty         | 25.50 | 24.91 | 1.4 | 1 |
| 50 | Cody Chaffin           | FR Faith Baptist Bible |       | 25.39 | 1.4 | 1 |
| 51 | Mauricio Marquez       | SO Mount Marty         | 25.47 | 25.47 | 1.4 | 1 |
| 52 | Tyler Reindl           | FR Buena Vista         | 24.35 | 25.67 | 0.7 | 2 |

**Men 400 Meter Dash UCO**

| Name | Year              | School              | Seed  | Finals | H# |
|------|-------------------|---------------------|-------|--------|----|
| 1    | Robert Iron Shell | SO Briar Cliff      | 47.37 | 47.74  | 8  |
| 2    | Jean Soutien      | FR Iowa Central CC  | 46.94 | 48.09  | 8  |
| 3    | Rusty Muncy       | JR Briar Cliff      | 49.80 | 48.92  | 8  |
| 4    | Kyle Lorenzen     | FR Briar Cliff      | 49.95 | 49.03  | 7  |
| 5    | Augustus Cowan    | SR Briar Cliff      | 48.69 | 49.28  | 8  |
| 6    | Josiah Eckels     | SO Dordt            | 49.22 | 49.33  | 8  |
| 7    | Cliff Resias      | FR Iowa Central CC  | 50.21 | 49.42  | 7  |
| 8    | Adam Halverson    | SR South Dakota St. | 48.63 | 49.74  | 8  |
| 9    | Seth Woodson      | SR Buena Vista      | 50.91 | 49.81  | 6  |
| 10   | Alex Williams     | FR South Dakota     |       | 49.90  | 3  |
| 11   | Austin Johnsen    | JR South Dakota St. | 49.90 | 50.02  | 8  |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****...Men 400 Meter Dash UCO**

|    |                    |    |                     |         |       |   |
|----|--------------------|----|---------------------|---------|-------|---|
| 12 | Alan Gerdes        | SR | Briar Cliff         | 49.94   | 50.06 | 7 |
| 13 | Joe Roden          | FR | Briar Cliff         | 50.60   | 50.11 | 6 |
| 14 | Elliott Johnson    | JR | Northwestern (Iowa) | 50.29   | 50.16 | 7 |
| 15 | Scott Van Winkle   | FR | Dakota Wesleyan     | 50.52   | 50.20 | 7 |
| 16 | Chris Sharpe       | FR | Augustana (S.D.)    | 50.20   | 50.23 | 7 |
| 17 | Scott Strand       | SR | Northwestern (Iowa) | 49.99   | 50.36 | 7 |
| 18 | Daquarius Hollis   | FR | Iowa Central CC     | 51.36   | 50.40 | 5 |
| 19 | Eli Minor          | FR | Iowa Central CC     | 50.87   | 50.48 | 6 |
| 20 | Levi Te Brink      | FR | Northwestern (Iowa) | 50.86   | 50.52 | 6 |
| 21 | James Skidmore     | FR | Jamestown           | 50.57   | 50.60 | 6 |
| 22 | Brennan Dostal     | FR | Buena Vista         | 51.68   | 50.81 | 5 |
| 23 | Aaron Lemon        | FR | Northwestern (Iowa) | 51.90   | 50.85 | 4 |
| 24 | Austin Krier       | SO | Northwestern (Iowa) | 51.16   | 50.87 | 5 |
| 25 | Ross Rozeboom      | SO | Dordt               | 51.63   | 50.91 | 5 |
| 26 | Khor Kong          | JR | Augustana (S.D.)    | 50.73   | 50.93 | 6 |
| 27 | Evan Carlson       | FR | Dakota State        | 52.77   | 50.98 | 3 |
| 28 | Tom Sittig         | SO | Augustana (S.D.)    | 51.88   | 51.23 | 4 |
| 29 | Aaron Taylor       | SO | Iowa Central CC     | 53.22   | 51.25 | 3 |
| 30 | Ethan Van Briesen  | SR | Morningside         | 51.93   | 51.60 | 4 |
| 31 | Nathan Wedel       | FR | Northwestern (Iowa) | 51.91   | 51.73 | 4 |
| 32 | Kyle Pardun        | FR | Mount Marty         | 50.47   | 51.83 | 7 |
| 33 | Jeremy Botzet      | SR | Augustana (S.D.)    | 51.00   | 51.89 | 5 |
| 34 | Kyle Hiser         | SO | Morningside         | 51.50   | 51.93 | 5 |
| 35 | Tomas Kamenik      | FR | South Dakota        | 52.28   | 52.25 | 4 |
| 36 | Jordan Houdek      | SO | Mount Marty         | 53.56   | 52.35 | 3 |
| 37 | Luke Wietgreffe    | FR | Northern State      | 51.66   | 52.67 | 5 |
| 38 | Brock Schultz      | SR | SW Minnesota St.    | 52.70   | 52.73 | 3 |
| 39 | Jack DeMoss        | FR | Unattached          | 52.50   | 52.81 | 4 |
| 40 | Cory Eberle        | SO | Sioux Falls         | 51.39   | 52.92 | 5 |
| 41 | Luke Lorfeld       | FR | Northwestern (Iowa) | 53.47   | 53.05 | 3 |
| 42 | Camren Pitre       | SR | Dordt               | 52.22   | 53.06 | 4 |
| 43 | Charlie Foster     | FR | Jamestown           | 52.61   | 53.26 | 4 |
| 44 | Elijah Dahl        | FR | Northwestern (Iowa) | 53.86   | 53.37 | 2 |
| 45 | Jordan Van Maanen  | SO | Dordt               | 53.84   | 53.46 | 2 |
| 46 | Trey Furgeson      | FR | Sioux Falls         | 50.85   | 53.66 | 6 |
| 47 | Ryan Postma        | SR | Dordt               | 54.66   | 53.74 | 2 |
| 48 | Dylan Fluke        | JR | Buena Vista         | 55.54   | 53.77 | 1 |
| 49 | Chad Kischer       | SR | Northwestern (Iowa) | 53.14   | 54.30 | 3 |
| 50 | Paul Johnson       |    | Unattached          | 56.00   | 54.40 | 1 |
| 51 | Gabriel Goehring   | FR | Mount Marty         | 54.35   | 54.71 | 2 |
| 52 | Kyle Wessling      | SO | Buena Vista         | 55.32   | 55.17 | 1 |
| 53 | Tyler Streif       | JR | Jamestown           | 53.15   | 55.34 | 3 |
| 54 | Quinn Groff        | SO | Morningside         |         | 56.14 | 1 |
| 55 | Derrick Broekemier | SO | Unattached          | 55.00   | 56.27 | 2 |
| 56 | Sam Malan          | SO | Dordt               | 53.83   | 56.59 | 2 |
| 57 | Peter Schukking    |    | Unattached          |         | 56.61 | 1 |
| 58 | Wes Brown          | FR | Morningside         | 1:02.33 | 59.01 | 1 |

**Men 800 Meter Run UCO**

| Name | Year          | School | Seed                | Finals  | H#      |   |
|------|---------------|--------|---------------------|---------|---------|---|
| 1    | Kyle Anderson | JR     | Northwestern (Iowa) | 1:52.89 | 1:51.45 | 6 |
| 2    | Dean Cronin   | SO     | Iowa Central CC     | 1:49.84 | 1:53.00 | 6 |
| 3    | Sam Wensink   | SO     | Dordt               | 1:53.80 | 1:53.42 | 6 |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****...Men 800 Meter Run UCO**

|    |                   |                        |         |         |   |
|----|-------------------|------------------------|---------|---------|---|
| 4  | Monte Larsen      | SR Unattached          | 1:53.00 | 1:53.76 | 6 |
| 5  | Skyler Giddings   | SR Northwestern (Iowa) | 1:54.28 | 1:54.05 | 6 |
| 6  | Jase Kraft        | FR Unattached          | 1:54.00 | 1:54.10 | 6 |
| 7  | Andrew Ronoh      | FR Iowa Central CC     | 1:58.00 | 1:54.75 | 4 |
| 8  | Jay Welp          | SR Morningside         | 1:53.04 | 1:54.90 | 6 |
| 9  | Jacob Green       | FR Morningside         | 1:57.62 | 1:54.92 | 4 |
| 10 | Josh Prohaska     | SO Iowa Central CC     | 1:54.22 | 1:55.12 | 6 |
| 11 | Mark Moeller      | JR Dakota State        | 1:53.59 | 1:55.19 | 6 |
| 12 | Ryan Weitgenant   | JR Northwestern (Iowa) | 1:58.25 | 1:55.39 | 4 |
| 13 | Eric Koithan      | SR Morningside         | 1:57.90 | 1:55.55 | 4 |
| 14 | Tim Rose          | FR Northwestern (Iowa) | 1:58.44 | 1:55.63 | 4 |
| 15 | Mitchell Schleis  | JR Briar Cliff         | 1:54.31 | 1:55.98 | 6 |
| 16 | Kyle Hosting      | SO Iowa Central CC     | 1:55.99 | 1:56.48 | 5 |
| 17 | Stephan McNamara  | SR Dordt               | 1:54.45 | 1:56.63 | 6 |
| 18 | Joe Jackson       | JR Briar Cliff         | 1:57.17 | 1:56.83 | 5 |
| 19 | Ryan Swenson      | JR South Dakota St.    | 1:55.94 | 1:56.97 | 5 |
| 20 | Austin Krohnke    | FR Augustana (S.D.)    | 1:58.94 | 1:57.03 | 4 |
| 21 | Adam Leach        | FR Northern State      | 1:56.85 | 1:57.05 | 5 |
| 22 | Nicholas Lindwurm | JR Northern State      | 1:59.04 | 1:57.22 | 4 |
| 23 | Chris Johnson     | FR Black Hills St.     | 1:54.50 | 1:57.32 | 5 |
| 24 | Daniel Pettit     | SO South Dakota St.    | 1:55.50 | 1:57.46 | 5 |
| 25 | Trent Kischer     | SR Dordt               | 1:56.46 | 1:57.47 | 5 |
| 26 | Matt Wilson       | NA South Dakota St.    | 1:58.42 | 1:57.49 | 4 |
| 27 | Tanner Goetsch    | FR Northwestern (Iowa) | 2:02.00 | 1:57.52 | 3 |
| 28 | Stephen Nielson   | SR South Dakota        | 1:54.90 | 1:57.69 | 5 |
| 29 | Zach Tuschen      | FR Augustana (S.D.)    | 1:55.90 | 1:57.72 | 5 |
| 30 | Logan Hovland     | SR Northwestern (Iowa) | 1:56.95 | 1:57.82 | 5 |
| 30 | Steven Kelly      | SO Dordt               | 2:00.12 | 1:57.82 | 3 |
| 32 | Dylan Slaba       | JR South Dakota St.    | 1:56.26 | 1:57.87 | 5 |
| 33 | Khori Kong        | JR Augustana (S.D.)    | 1:55.50 | 1:57.90 | 5 |
| 34 | Jason Kenny       | FR Morningside         | 2:00.16 | 1:58.19 | 3 |
| 35 | Grant VanKeulen   | JR South Dakota St.    | 1:57.30 | 1:58.22 | 5 |
| 36 | Nick Schmit       | SO Wayne St. (Neb.)    | 2:00.33 | 1:58.29 | 3 |
| 37 | Tommy Thelen      | SO Briar Cliff         | 1:57.33 | 1:58.37 | 5 |
| 38 | Duane Jongeling   | FR South Dakota St.    | 2:03.21 | 1:58.58 | 2 |
| 39 | Steve Selchert    | JR Dakota State        | 1:59.03 | 1:58.68 | 4 |
| 40 | Chance Freese     | NA Augustana (S.D.)    | 2:03.50 | 1:58.74 | 2 |
| 41 | Jacob Willey      | JR Morningside         | 1:58.50 | 1:58.78 | 4 |
| 42 | Clint Freiheit    | SR Augustana (S.D.)    | 1:58.12 | 1:58.96 | 4 |
| 43 | Jafet Molinares   | SO Iowa Central CC     | 2:00.46 | 1:59.01 | 3 |
| 44 | Alec DeVries      | SO Morningside Tc2     | 2:10.00 | 1:59.12 | 1 |
| 45 | Joe Heinrichs     | FR Briar Cliff         | 2:00.77 | 1:59.37 | 3 |
| 45 | Taylor Wensmann   | JR Unattached          | 1:58.70 | 1:59.37 | 4 |
| 47 | Eamon Adamson     | SO Morningside         | 2:00.71 | 1:59.42 | 3 |
| 48 | Espen Albertsen   | SO Unattached          | 1:58.00 | 1:59.52 | 4 |
| 49 | Mark Gilkerson    | SR Northern State      | 1:57.00 | 1:59.78 | 5 |
| 50 | Ted Hanson        | JR Morningside         | 2:02.58 | 1:59.82 | 2 |
| 51 | Jordan Houdek     | SO Mount Marty         | 2:00.39 | 1:59.85 | 3 |
| 52 | Israel Parsons    | FR Sioux Falls         | 2:03.56 | 1:59.93 | 2 |
| 53 | Kyle Borchers     | SR Morningside         | 2:00.92 | 1:59.98 | 3 |
| 54 | Austin Hamm       | SO South Dakota St.    | 2:01.17 | 2:00.27 | 3 |
| 55 | Chris Nordstrom   | SR Morningside Tc3     | 1:59.98 | 2:00.30 | 3 |
| 56 | Ray Scheelhaase   | SO Morningside         | 1:59.14 | 2:00.32 | 4 |
| 57 | Brad Wright       | SR Morningside         | 2:02.56 | 2:00.34 | 2 |
| 58 | Jake Connealy     | JR Augustana (S.D.)    | 2:02.10 | 2:00.87 | 3 |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****...Men 800 Meter Run UCO**

|     |                    |                        |         |         |   |
|-----|--------------------|------------------------|---------|---------|---|
| 59  | Blake Perryman     | FR Northern State      | 2:00.00 | 2:01.04 | 3 |
| 60  | Drew Schiltz       | SO Morningside         | 1:58.50 | 2:01.05 | 4 |
| 61  | Ben Sampson        | SO Buena Vista         | 1:59.74 | 2:01.17 | 3 |
| 62  | Riley Schaap       | FR Dordt               | 2:00.00 | 2:01.27 | 3 |
| 63  | Nick Fly           | JR Unattached          | 2:00.00 | 2:01.40 | 3 |
| 64  | Nic Ganzeveld      | FR Iowa Central CC     | 2:04.87 | 2:01.43 | 2 |
| 65  | Paul Woizeschke    | FR Buena Vista         | 2:02.56 | 2:01.47 | 2 |
| 66  | Tyler Smith        | SO Briar Cliff         | 2:08.41 | 2:01.75 | 1 |
| 67  | Charlie Foster     | FR Jamestown           | 2:00.28 | 2:01.90 | 3 |
| 68  | Cristian Van Dyke  | SR Dordt               | 2:00.72 | 2:02.01 | 3 |
| 69  | Rodrigo Cobian     | SO Morningside         | 2:02.53 | 2:02.13 | 3 |
| 70  | Jordan Hanna       | FR Unattached          | 2:15.00 | 2:02.22 | 1 |
| 71  | John Isaacson      | JR Augustana (S.D.)    | 2:08.21 | 2:02.38 | 1 |
| 72  | Chris Brace        | FR Faith Baptist Bible | 2:09.10 | 2:02.53 | 1 |
| 73  | AJ Janssen         | FR Morningside         | 2:04.08 | 2:02.67 | 2 |
| 74  | Elliot Stoltz      | JR Northwestern (Iowa) | 2:03.73 | 2:03.17 | 2 |
| 75  | Jeremiah Panec     | FR Dakota Wesleyan     | 2:03.00 | 2:03.62 | 2 |
| 76  | Travis Hamm        | SO Iowa Central CC     | 2:10.08 | 2:03.72 | 1 |
| 77  | Ian Manske         | SO Dordt               | 2:05.94 | 2:03.76 | 2 |
| 78  | Tyson Wieland      | SO Iowa Central CC     | 2:04.10 | 2:03.81 | 2 |
| 79  | Austin Hogie       | JR Sioux Falls         | 1:58.96 | 2:03.98 | 4 |
| 80  | Adam Daane         | FR Dordt               | 2:05.23 | 2:04.11 | 2 |
| 81  | Elijah Dahl        | FR Northwestern (Iowa) | 2:04.00 | 2:04.35 | 2 |
| 82  | Spencer Kamoni     | SR Jamestown           | 1:59.34 | 2:04.69 | 3 |
| 83  | Kayne Feldick      | JR Morningside         | 2:05.94 | 2:05.22 | 2 |
| 84  | Matt Mayer         | JR Briar Cliff         | 2:04.00 | 2:05.46 | 2 |
| 85  | Nathan Meiners     | Unattached             | 2:10.00 | 2:05.74 | 1 |
| 86  | Peter Smith        | FR Northwestern (Iowa) | 2:04.72 | 2:05.79 | 2 |
| 87  | Jacob Schweitzer   | FR Northern State      | 2:02.96 | 2:06.15 | 2 |
| 88  | Aaron Ford         | FR Jamestown           | 2:05.40 | 2:06.21 | 2 |
| 89  | Blake Whalen       | SO Iowa Central CC     | 2:10.27 | 2:06.36 | 1 |
| 90  | Seth Engen         | SO Dordt               | 2:09.32 | 2:06.82 | 1 |
| 91  | Jared Truman       | JR Dakota State        | 2:06.58 | 2:06.93 | 2 |
| 92  | Garrett Wall       | SO Morningside         | 2:06.79 | 2:07.19 | 2 |
| 93  | Jaden Lux          | SO Morningside         | 2:05.90 | 2:07.32 | 2 |
| 94  | Derrick Broekemier | SO Unattached          | 2:10.00 | 2:07.93 | 1 |
| 95  | Josh Knutson       | JR Jamestown           | 2:09.79 | 2:08.36 | 1 |
| 96  | Tyler Larson       | SO Buena Vista         | 2:13.45 | 2:09.53 | 1 |
| 97  | Alan Janisch       | FR Dakota State        | 2:13.60 | 2:09.99 | 1 |
| 98  | Sam Voigt          | FR Mount Marty         | 2:11.87 | 2:10.45 | 1 |
| 99  | Brian Sterk        | JR Northwestern (Iowa) | 2:15.97 | 2:14.32 | 1 |
| 100 | Caleb Hemphill     | SO Dakota State        | 2:18.81 | 2:15.83 | 1 |
| 101 | Jeff Jeltema       | FR Northwestern (Iowa) | 2:10.88 | 2:15.88 | 1 |
| 102 | Marquis Cox        | SO Iowa Central CC     | 2:10.63 | 2:16.85 | 1 |
| 103 | Kale Smith         | FR Dakota State        | 2:21.93 | 2:23.07 | 1 |
| 104 | Keegan Casey       | FR Jamestown           |         | 2:30.36 | 1 |

**Men 1500 Meter Run UCO**

| Name | Year            | School            | Seed    | Finals  | H# |
|------|-----------------|-------------------|---------|---------|----|
| 1    | elisha kipruto  | FR Unattached     | 3:50.00 | 3:59.18 | 4  |
| 2    | Matthew Fideler | SR Unattached     | 3:50.58 | 3:59.87 | 4  |
| 3    | Adam Leach      | FR Northern State | 3:58.00 | 4:01.51 | 4  |
| 4    | Jay Welp        | SR Morningside    | 3:56.16 | 4:02.16 | 4  |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****....Men 1500 Meter Run UCO**

|                      |                        |         |         |   |
|----------------------|------------------------|---------|---------|---|
| 5 Mitchell Schleis   | JR Briar Cliff         | 4:04.25 | 4:03.48 | 3 |
| 6 Logan Hovland      | SR Northwestern (Iowa) | 3:58.92 | 4:03.65 | 4 |
| 7 Dylan Eigenberger  | SO Iowa Central CC     | 3:55.85 | 4:04.40 | 4 |
| 8 Eric Koithan       | SR Morningside         | 4:05.10 | 4:05.48 | 3 |
| 9 Grant VanKeulen    | JR South Dakota St.    | 3:59.57 | 4:05.48 | 4 |
| 10 Tim Rose          | FR Northwestern (Iowa) | 4:07.21 | 4:05.83 | 3 |
| 11 Austin Krohnke    | FR Augustana (S.D.)    | 4:06.32 | 4:07.56 | 3 |
| 12 Daniel Pettit     | SO South Dakota St.    | 4:00.06 | 4:07.77 | 4 |
| 13 Skyler Giddings   | SR Northwestern (Iowa) | 4:11.03 | 4:08.84 | 3 |
| 14 Tanner Goetsch    | FR Northwestern (Iowa) | 4:13.60 | 4:09.06 | 3 |
| 15 Ryan Weitgenant   | JR Northwestern (Iowa) | 4:02.60 | 4:09.70 | 4 |
| 16 Noah Larsen       | FR Iowa Central CC     | 4:19.57 | 4:10.20 | 2 |
| 17 Stephan McNamara  | SR Dordt               | 4:02.00 | 4:10.78 | 4 |
| 18 Caleb VanderBaan  | JR Northwestern (Iowa) | 4:11.69 | 4:10.92 | 3 |
| 19 Clint Freiheit    | SR Augustana (S.D.)    | 4:10.65 | 4:12.13 | 3 |
| 20 Kyle Anderson     | JR Northwestern (Iowa) | 4:01.53 | 4:15.92 | 4 |
| 21 AJ Janssen        | FR Morningside         | 4:19.84 | 4:15.98 | 2 |
| 22 Steven Kelly      | SO Dordt               | 4:11.35 | 4:16.84 | 3 |
| 23 Jacob Willey      | JR Morningside         | 4:16.59 | 4:17.75 | 2 |
| 24 Riley Schaap      | FR Dordt               | 4:18.94 | 4:18.22 | 2 |
| 25 Nick Vander Kooi  | SO Dordt               | 4:13.19 | 4:18.43 | 3 |
| 26 Ian Manske        | SO Dordt               | 4:16.17 | 4:19.00 | 2 |
| 27 Ted Hanson        | JR Morningside         | 4:17.20 | 4:19.46 | 2 |
| 28 Adam Daane        | FR Dordt               | 4:21.75 | 4:19.51 | 1 |
| 29 Jake Connealy     | JR Augustana (S.D.)    | 4:19.02 | 4:20.00 | 2 |
| 30 Peter Smith       | FR Northwestern (Iowa) | 4:29.97 | 4:20.19 | 1 |
| 31 Hans Epp          | FR Northwestern (Iowa) | 4:27.23 | 4:20.39 | 1 |
| 31 Jeremiah Panec    | FR Dakota Wesleyan     | 4:21.46 | 4:20.39 | 2 |
| 33 Garrett Wall      | SO Morningside         | 4:17.79 | 4:20.40 | 2 |
| 34 Cristian Van Dyke | SR Dordt               | 4:12.54 | 4:20.74 | 3 |
| 35 Casey McEvoy      | FR Briar Cliff         | 4:26.11 | 4:22.18 | 1 |
| 36 Drew Schiltz      | SO Morningside         | 4:15.00 | 4:23.29 | 2 |
| 37 Elliot Stoltz     | JR Northwestern (Iowa) | 4:17.70 | 4:24.46 | 2 |
| 38 Chris Brace       | FR Faith Baptist Bible |         | 4:25.07 | 1 |
| 39 Zach Thomsen      | SR Wayne St. (Neb.)    | 4:05.00 | 4:25.35 | 3 |
| 40 Alex Van Ginkel   | FR Dordt               | 4:34.65 | 4:25.77 | 1 |
| 41 Seth Engen        | SO Dordt               | 4:26.84 | 4:30.90 | 1 |
| 42 Kyle Fischer      | SO Dordt               | 4:45.43 | 4:43.07 | 1 |
| 43 Alex Werkhoven    | FR Dordt               | 5:01.53 | 4:56.22 | 1 |
| 44 Zach Groves       | SO Briar Cliff         | 4:46.52 | 5:13.91 | 1 |

**Men 5000 Meter Run UCO**

| Name             | Year School            | Seed     | Finals   |
|------------------|------------------------|----------|----------|
| 1 elisha kipruto | FR Unattached          | 14:50.00 | 14:39.65 |
| 2 Andrew Ronoh   | FR Iowa Central CC     | 14:40.00 | 14:41.92 |
| 3 Blake Whalen   | SO Iowa Central CC     | 14:52.82 | 15:04.38 |
| 4 Mark Abrams    | JR Morningside         | 14:57.08 | 15:12.08 |
| 5 Cody Baele     | FR Iowa Central CC     | 15:13.62 | 15:20.45 |
| 6 Dan Larscheid  | SR Morningside         | 15:29.84 | 15:30.06 |
| 7 Jay Welp       | SR Morningside         | 15:54.67 | 15:31.46 |
| 8 Will Norris    | SO Northwestern (Iowa) | 15:23.69 | 15:33.65 |
| 9 Denzel Fogg    | FR Unattached          | 15:45.00 | 15:36.82 |
| 10 Nic Ganzeveld | FR Iowa Central CC     | 15:52.39 | 15:37.03 |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****...Men 5000 Meter Run UCO**

|    |                  |    |                     |          |          |
|----|------------------|----|---------------------|----------|----------|
| 11 | Jacob Klein      | FR | Morningside         | 15:54.18 | 15:40.84 |
| 12 | Jake Weber       | FR | Morningside         | 15:45.88 | 15:50.79 |
| 13 | Nathan Meiners   |    | Unattached          |          | 15:59.45 |
| 14 | Ben Brockmueller | SO | Dordt               | 16:18.10 | 16:07.43 |
| 15 | Blake Wooten     | SO | SW Minnesota St.    | 16:05.63 | 16:17.45 |
| 16 | Zach Waite       | FR | Morningside         | 16:20.99 | 16:19.07 |
| 17 | Luke Galloway    | SO | Northwestern (Iowa) | 15:59.09 | 16:19.13 |
| 18 | Marquis Cox      | SO | Iowa Central CC     | 16:04.76 | 16:21.70 |
| 19 | Anthony Epp      | SR | Northwestern (Iowa) | 16:15.28 | 16:25.01 |
| 20 | Alex Solheim     | SO | SW Minnesota St.    | 16:21.76 | 16:36.96 |
| 21 | David Te Krony   | SO | Dordt               | 17:14.01 | 17:32.25 |
| 22 | Joey Black       | FR | Wayne St. (Neb.)    |          | 17:34.87 |
| 23 | Jacob Simpson    | SO | Morningside         | 17:00.19 | 17:52.94 |

**Men 10000 Meter Run UCO**

| Name | Year                 | School | Seed                | Finals   |          |
|------|----------------------|--------|---------------------|----------|----------|
| 1    | Connor Branick       | SO     | South Dakota St.    | 32:00.00 | 32:06.19 |
| 2    | Aaron Breyer         | FR     | South Dakota        |          | 32:25.57 |
| 3    | Joshua Davis         | FR     | Black Hills St.     | 33:00.00 | 32:37.09 |
| 4    | Brice Cowman         | FR     | South Dakota        |          | 32:42.98 |
| 5    | Seth Ulvestad        | SR     | Black Hills St.     | 33:14.89 | 32:46.13 |
| 6    | Justin Brueggemann   | JR     | Wayne St. (Neb.)    | 33:10.27 | 33:12.84 |
| 7    | Hunter Kopff         | SR     | Northern State      | 33:24.88 | 33:17.97 |
| 8    | Eric Janssen         | SO     | Unattached          | 33:00.00 | 34:03.25 |
| 9    | Matthew Schilmoeller | FR     | South Dakota        |          | 34:19.81 |
| 10   | Nathan Boggess       | SR     | Wayne St. (Neb.)    | 33:45.32 | 34:28.75 |
| 11   | Adam Kost            | SO     | Augustana (S.D.)    |          | 34:56.27 |
| 12   | Connor Doppler       | JR     | Jamestown           | 35:04.98 | 35:27.11 |
| 13   | Taylor Hauge         | JR     | Dakota State        |          | 35:53.55 |
| 14   | Austin Warren        | FR     | Northwestern (Iowa) | 35:34.90 | 35:57.64 |
| 15   | Donavan Moser        | FR     | Jamestown           | 36:00.00 | 36:11.16 |
| 16   | Zach Groves          | SO     | Briar Cliff         |          | 38:52.00 |

**Men 110 Meter Hurdles UCO**

| Name          | Year             | School | Seed                | Prelims | Wind   | H#     |
|---------------|------------------|--------|---------------------|---------|--------|--------|
| Preliminaries |                  |        |                     |         |        |        |
| 1             | Teivaskie Lewin  | NA     | Unattached          | 13.84   | 14.72q | -0.9 1 |
| 2             | Sydne Davis      | FR     | Iowa Central CC     | 14.73   | 14.90q | NWI 5  |
| 3             | Austin Groth     | SO     | Buena Vista         | 14.85   | 15.37q | -0.6 4 |
| 4             | Dylon Van't Hof  | FR     | Augustana (S.D.)    | 15.03   | 15.53q | NWI 2  |
| 5             | Keith Heidema    | FR     | Dordt               | 15.38   | 15.62q | -0.6 4 |
| 6             | Hank Lentsch     | SO     | South Dakota        | 15.69   | 15.93q | NWI 5  |
| 7             | Josh Thompson    | SR     | Northwestern (Iowa) | 15.65   | 15.98q | -0.9 1 |
| 8             | Zack Rice        | FR     | Northwestern (Iowa) | 15.49   | 16.02q | NWI 5  |
| 9             | Tomas Kamenik    | FR     | South Dakota        | 15.80   | 16.06  | NWI 2  |
| 10            | Nate Lechtenberg | FR     | Wayne St. (Neb.)    | 15.52   | 16.22  | -0.9 1 |
| 11            | Zach Jones       | JR     | Augustana (S.D.)    | 15.75   | 16.23  | -0.6 4 |
| 12            | Traxton Priebe   | JR     | South Dakota St.    | 15.89   | 16.43  | NWI 3  |
| 13            | Reece Jackson    |        | Unattached          |         | 16.54  | NWI 2  |
| 14            | Justin Sacker    | SO     | Buena Vista         |         | 16.87  | -0.6 4 |
| 15            | Logan Ulmer      | SR     | Mount Marty         |         | 17.17  | -0.6 4 |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****...Men 110 Meter Hurdles UCO**

|    |                     |    |                     |       |       |      |       |
|----|---------------------|----|---------------------|-------|-------|------|-------|
| 16 | John Brouwer        | FR | Dordt               | 17.43 | 17.88 | -0.9 | 1     |
| 17 | Noah Hollinger      | SR | Northwestern (Iowa) | 18.13 | 17.95 | NWI  | 3     |
| 18 | Kyle Wessling       | SO | Buena Vista         | 16.58 | 17.97 | -0.6 | 4     |
| 19 | Dillon Dahl         | JR | Northern State      | 16.24 | 17.97 | NWI  | 3     |
| 20 | Dakota Bodden       | FR | Dakota Wesleyan     |       | 18.10 | NWI  | 2     |
| 21 | Matthew Bolt        | SO | Dordt               | 18.15 | 18.16 | NWI  | 3     |
| 22 | Peter Schukking     |    | Unattached          |       | 18.25 | -0.9 | 1     |
| 23 | Christopher Poush   | FR | Northwestern (Iowa) | 18.44 | 18.30 | -0.9 | 1     |
| 24 | Aaron Greenberg     | FR | Sioux Falls         |       | 18.53 | NWI  | 3     |
| 25 | William Lawrence    | SO | Mount Marty         | 17.98 | 18.54 | -0.6 | 4     |
| 26 | Jake Auerbach       | SO | Northwestern (Iowa) | 18.09 | 19.33 | NWI  | 2     |
| 27 | Elijah Schaefer     | FR | Northwestern (Iowa) | 18.38 | 19.37 | NWI  | 5     |
| 28 | Jamison Gray        | FR | Jamestown           | 18.26 | 19.60 | NWI  | 2     |
| 29 | Chris Peterson      | FR | Jamestown           | 19.88 | 20.16 | -0.9 | 1     |
| 30 | Jordan Strofaci     | SR | Northwestern (Iowa) | 15.28 | 20.44 | NWI  | 3     |
| 31 | Daquarius Hollis    | FR | Iowa Central CC     | 21.60 | 20.73 | NWI  | 5     |
| -- | Aaron Taylor        | SO | Iowa Central CC     | 15.23 |       | FS   | NWI 3 |
| -- | Tarentay Washington | SO | Iowa Central CC     | 15.30 |       | DQ   | NWI 2 |
| -- | Derek Roemmich      | SR | Jamestown           | 16.74 |       | DQ   | NWI 5 |
| -- | Cody Ptacek         | SR | Jamestown           | 17.96 |       | DQ   | NWI 5 |

**Men 110 Meter Hurdles UCO**

| Name   | Year            | School                 | Prelims | Finals | Wind |
|--------|-----------------|------------------------|---------|--------|------|
| Finals |                 |                        |         |        |      |
| 1      | Sydne Davis     | FR Iowa Central CC     | 14.90   | 14.53  | NWI  |
| 2      | Dylon Van't Hof | FR Augustana (S.D.)    | 15.53   | 15.29  | NWI  |
| 3      | Austin Groth    | SO Buena Vista         | 15.37   | 15.41  | NWI  |
| 4      | Hank Lentsch    | SO South Dakota        | 15.93   | 15.60  | NWI  |
| 5      | Zack Rice       | FR Northwestern (Iowa) | 16.02   | 15.82  | NWI  |
| 6      | Josh Thompson   | SR Northwestern (Iowa) | 15.98   | 16.09  | NWI  |
| 7      | Keith Heidema   | FR Dordt               | 15.62   | 17.77  | NWI  |

**Men 400 Meter Hurdles UCO**

| Name | Year                | School                 | Seed    | Finals  | H# |
|------|---------------------|------------------------|---------|---------|----|
| 1    | Sydne Davis         | FR Iowa Central CC     | 53.92   | 53.14   | 4  |
| 2    | Jared Balady        | SR Wayne St. (Neb.)    | 53.72   | 55.08   | 4  |
| 3    | Zach Jones          | JR Augustana (S.D.)    | 54.46   | 55.45   | 4  |
| 4    | Austin Groth        | SO Buena Vista         | 55.86   | 55.63   | 4  |
| 5    | Dylon Van't Hof     | FR Augustana (S.D.)    | 56.95   | 55.65   | 3  |
| 6    | Traxton Priebe      | JR South Dakota St.    | 55.37   | 55.70   | 4  |
| 7    | Chris Young         | SR Briar Cliff         | 57.21   | 56.01   | 3  |
| 8    | Josh Thompson       | SR Northwestern (Iowa) | 56.67   | 56.51   | 4  |
| 9    | Kyle Hiser          | SO Morningside         | 56.27   | 56.58   | 4  |
| 10   | Tomas Kamenik       | FR South Dakota        | 56.54   | 57.16   | 4  |
| 11   | Justin Sacker       | SO Buena Vista         | 59.04   | 57.82   | 3  |
| 12   | Steven Varela       | SR Wayne St. (Neb.)    | 57.68   | 58.73   | 3  |
| 13   | Jordan Janisch      | FR SW Minnesota St.    | 1:00.97 | 59.12   | 2  |
| 14   | Ryan Leise          | SR Briar Cliff         | 1:01.37 | 1:00.42 | 2  |
| 15   | Justin Bentham      | FR Iowa Central CC     | 1:04.30 | 1:00.54 | 1  |
| 16   | Tarentay Washington | SO Iowa Central CC     | 1:01.93 | 1:01.05 | 2  |
| 17   | Josh Falk           | FR SW Minnesota St.    | 1:03.42 | 1:01.37 | 1  |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****...Men 400 Meter Hurdles UCO**

|    |                     |                        |         |         |   |
|----|---------------------|------------------------|---------|---------|---|
| 18 | John Brouwer        | FR Dordt               | 1:00.80 | 1:01.44 | 2 |
| 19 | Christopher Poush   | FR Northwestern (Iowa) | 1:05.08 | 1:01.52 | 1 |
| 20 | Austin Mack         | SO Jamestown           | 57.54   | 1:02.24 | 3 |
| 21 | Elijah Schaefer     | FR Northwestern (Iowa) | 1:03.27 | 1:02.71 | 2 |
| 22 | Cody Kralicek       | FR Wayne St. (Neb.)    | 1:03.28 | 1:03.08 | 2 |
| 23 | Salvador Jaimes     | FR Sioux Falls         | 1:06.35 | 1:03.65 | 1 |
| 24 | Logan Ulmer         | SR Mount Marty         |         | 1:04.04 | 1 |
| 25 | Zack Rice           | FR Northwestern (Iowa) | 1:00.00 | 1:04.13 | 3 |
| 26 | Dillon Dahl         | JR Northern State      | 1:00.62 | 1:04.71 | 2 |
| 27 | William Lawrence    | SO Mount Marty         | 1:05.79 | 1:04.85 | 1 |
| 28 | Adrian Paet-Bullaot | SR Jamestown           | 1:01.95 | 1:06.58 | 2 |

**Men 3000 Meter Steeplechase UCO**

| Name | Year               | School                 | Seed     | Finals   |
|------|--------------------|------------------------|----------|----------|
| 1    | Matthew Fideler    | SR Unattached          | 8:53.84  | 9:10.36  |
| 2    | Ethan Tabbert      | SO Sioux Falls         | 10:06.63 | 9:40.23  |
| 3    | Austin Hamm        | SO South Dakota St.    | 9:40.09  | 9:41.92  |
| 4    | Duane Jongeling    | FR South Dakota St.    |          | 9:48.44  |
| 5    | Tyson Wieland      | SO Iowa Central CC     | 9:48.31  | 9:48.71  |
| 6    | Feysel Rahmeto     | SO Iowa Central CC     | 10:04.94 | 9:53.73  |
| 7    | Jacob Scott        | FR Morningside         | 10:12.49 | 9:59.28  |
| 8    | Travis Hamm        | SO Iowa Central CC     | 10:01.39 | 10:02.62 |
| 9    | Thomas Horgeshimer | FR Northern State      |          | 10:09.78 |
| 10   | Lane Tibbs         | FR Dakota Wesleyan     | 10:20.00 | 10:11.47 |
| 11   | Nick Schmit        | SO Wayne St. (Neb.)    | 10:06.27 | 10:12.48 |
| 12   | Quinn Groff        | SO Morningside         | 10:42.24 | 10:19.39 |
| 13   | Jacob Hemenway     | SR Northern State      | 11:05.07 | 10:24.64 |
| 14   | Kelly Fitzsimmons  | SO SW Minnesota St.    | 10:16.37 | 10:24.98 |
| 15   | Jaden Lux          | SO Morningside         | 10:39.33 | 10:30.71 |
| 16   | Sean Heaton        | FR Augustana (S.D.)    | 10:30.00 | 10:34.62 |
| 17   | Jose Martinez      | SR Northwestern (Iowa) | 10:49.57 | 10:44.55 |
| --   | Connor Bollweg     | FR Sioux Falls         | 11:05.60 | DNF      |
| --   | Adam Sohl          | JR Unattached          | 10:00.00 | DQ       |

**Men 4x100 Meter Relay UCO**

| School | Seed                    | Finals | H#      |
|--------|-------------------------|--------|---------|
| 1      | Iowa Central CC 'A'     | 40.35  | 40.74 2 |
|        | 1) Aaron Taylor SO      |        |         |
|        | 3) Eli Minor FR         |        |         |
| 2      | Northwestern (Iowa) 'A' | 41.34  | 42.60 2 |
|        | 1) Jordan Strofaci SR   |        |         |
|        | 3) Alex Van Roekel JR   |        |         |
| 3      | Northern State 'A'      | 43.02  | 43.36 2 |
|        | 1) David Parsley FR     |        |         |
|        | 3) Luke Wietgreffe FR   |        |         |
| 4      | Dordt 'A'               | 42.34  | 43.59 2 |
|        | 1) Daniel Fennig SR     |        |         |
|        | 3) Xavier Caffee FR     |        |         |
| 5      | Morningside 'A'         | 43.35  | 43.88 2 |
|        | 1) Michael Whitehead SO |        |         |
|        | 3) Kyle Hiser SO        |        |         |
|        | 2) Jean Soutien FR      |        |         |
|        | 4) Cliff Resias FR      |        |         |
|        | 2) Scott Strand SR      |        |         |
|        | 4) Levi Te Brink FR     |        |         |
|        | 2) TJ Hoshstetler FR    |        |         |
|        | 4) Andrew Johnson SR    |        |         |
|        | 2) Josiah Eckels SO     |        |         |
|        | 4) Trevor Zonnefeld SO  |        |         |
|        | 2) Shaun Ryan SR        |        |         |
|        | 4) Eric Peters JR       |        |         |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****....Men 4x100 Meter Relay UCO**

|                        |                        |       |   |
|------------------------|------------------------|-------|---|
| 6 SW Minnesota St. 'A' | 43.09                  | 43.91 | 2 |
| 1) Michael Rivera SO   | 2) Dallin Finley SO    |       |   |
| 3) Ben Ryan FR         | 4) Will Hanson JR      |       |   |
| 7 Dakota Wesleyan 'A'  | 45.09                  | 44.62 | 2 |
| 1) Isaac Van Essen SO  | 2) Gabe Dirksen SO     |       |   |
| 3) John Dosch FR       | 4) Scott Van Winkle FR |       |   |

**Men 4x200 Meter Relay UCO**

| School                    | Seed                         | Finals  | H# |
|---------------------------|------------------------------|---------|----|
| 1 South Dakota St. 'A'    | 1:29.00                      | 1:31.01 | 2  |
| 1) Bo Arnold SO           | 2) Adam Halverson SR         |         |    |
| 3) LeAndre Kennedy JR     | 4) Zach Schroeder FR         |         |    |
| 2 Morningside 'A'         | 1:29.89                      | 1:31.28 | 2  |
| 1) Kyle Hiser SO          | 2) Shaun Ryan SR             |         |    |
| 3) Eric Peters JR         | 4) Michael Whitehead SO      |         |    |
| 3 Iowa Central CC 'A'     | 1:35.00                      | 1:32.93 | 2  |
| 1) Keontay Williams SO    | 2) Christopher Ehimwenman FR |         |    |
| 3) Elijah Ingram FR       | 4) Victor Ogeka FR           |         |    |
| 4 SW Minnesota St. 'A'    | 1:28.50                      | 1:33.95 | 2  |
| 1) Michael Rivera SO      | 2) Dallin Finley SO          |         |    |
| 3) Ben Ryan FR            | 4) Zach Jones FR             |         |    |
| 5 Northwestern (Iowa) 'A' | 1:30.00                      | 1:34.23 | 2  |
| 1) Derrick Akers FR       | 2) Jordan Strand SO          |         |    |
| 3) Ayom Ayom FR           | 4) Chad Kischer SR           |         |    |

**Men 4x400 Meter Relay UCO**

| School                    | Seed                    | Finals  | H# |
|---------------------------|-------------------------|---------|----|
| 1 Iowa Central CC 'A'     | 3:19.68                 | 3:19.88 | 4  |
| 1) Sydne Davis FR         | 2) Dean Cronin SO       |         |    |
| 3) Josh Prohaska SO       | 4) Dylan Eigenberger SO |         |    |
| 2 Northwestern (Iowa) 'A' | 3:20.00                 | 3:21.04 | 4  |
| 1) Austin Krier SO        | 2) Aaron Lemon FR       |         |    |
| 3) Elliott Johnson JR     | 4) Levi Te Brink FR     |         |    |
| 3 Dordt 'A'               | 3:18.40                 | 3:21.17 | 4  |
| 1) Josiah Eckels SO       | 2) Trent Kischer SR     |         |    |
| 3) Sam Wensink SO         | 4) Ross Rozeboom SO     |         |    |
| 4 Wayne St. (Neb.) 'A'    | 3:18.00                 | 3:21.18 | 4  |
| 1) Derek Lahm SO          | 2) William Ernst SR     |         |    |
| 3) Jared Balady SR        | 4) Zach Thomsen SR      |         |    |
| 5 Morningside 'A'         | 3:22.00                 | 3:21.57 | 4  |
| 1) Jacob Green FR         | 2) Kyle Hiser SO        |         |    |
| 3) Brad Wright SR         | 4) Jacob Willey JR      |         |    |
| 6 Northern State 'A'      | 3:23.00                 | 3:29.41 | 4  |
| 1) Nicholas Lindwurm JR   | 2) David Parsley FR     |         |    |
| 3) Cameron Sannes FR      | 4) Mark Gilkerson SR    |         |    |
| 7 Dordt 'B'               | 3:28.00                 | 3:32.53 | 3  |
| 1) Trevor Zonnefeld SO    | 2) Camren Pitre SR      |         |    |
| 3) Jordan Van Maanen SO   | 4) Ryan Postma SR       |         |    |
| 8 Morningside 'C'         | 3:38.00                 | 3:32.54 | 3  |
| 1) Kyle Borchers SR       | 2) Rodrigo Cobian SO    |         |    |
| 3) Eric Koithan SR        | 4) Jason Kenny FR       |         |    |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****...Men 4x400 Meter Relay UCO**

|                         |                       |         |   |
|-------------------------|-----------------------|---------|---|
| 9 Wayne St. (Neb.) 'B'  | 3:28.00               | 3:34.82 | 3 |
| 1) Nick Schmit SO       | 2) Steven Varela SR   |         |   |
| 3) Cody Kralicek FR     | 4) Tanner Konz FR     |         |   |
| 10 Unattached 'A'       |                       | 3:37.36 | 4 |
| 1) Colby Casper         | 2) Jacob Loberg       |         |   |
| 3) Gage Fenton          | 4) Paul Johnson       |         |   |
| 11 Dordt 'C'            | 3:30.00               | 3:41.72 | 3 |
| 1) John Brouwer FR      | 2) Sam Malan SO       |         |   |
| 3) Ian Manske SO        | 4) Riley Schaap FR    |         |   |
| 12 Maple Valley A-O 'A' | 3:57.00               | 3:43.53 | 3 |
| 1) Ethan Heinse SR      | 2) Scott Breyfogle SR |         |   |
| 3) Derik Bailey SR      | 4) Cody Robertson SR  |         |   |
| 13 Morningside 'D'      | 3:45.00               | 3:46.09 | 3 |
| 1) Ted Hanson JR        | 2) AJ Janssen FR      |         |   |
| 3) Jacob Scott FR       | 4) Quinn Groff SO     |         |   |
| 14 Morningside 'B'      | 3:30.50               | 4:09.21 | 3 |
| 1) Ethan Van Briesen SR | 2) Eamon Adamson SO   |         |   |
| 3) Drew Schiltz SO      | 4) Kayne Feldick JR   |         |   |

**Men 4x800 Meter Relay UCO**

| School                    | Seed                    | Finals  |
|---------------------------|-------------------------|---------|
| 1 Iowa Central CC 'A'     | 7:49.23                 | 7:37.24 |
| 1) Josh Prohaska SO       | 2) Noah Larsen FR       |         |
| 3) Dean Cronin SO         | 4) Dylan Eigenberger SO |         |
| 2 Northwestern (Iowa) 'A' | 7:33.66                 | 7:39.85 |
| 1) Skyler Giddings SR     | 2) Logan Hovland SR     |         |
| 3) Elliott Johnson JR     | 4) Kyle Anderson JR     |         |
| 3 South Dakota St. 'A'    | 7:48.00                 | 7:46.10 |
| 1) Ryan Swenson JR        | 2) Matt Wilson NA       |         |
| 3) Austin Johnsen JR      | 4) Dylan Slaba JR       |         |
| 4 Dordt 'A'               | 7:36.80                 | 7:49.73 |
| 1) Sam Wensink SO         | 2) Nick Vander Kooi SO  |         |
| 3) Steven Kelly SO        | 4) Trent Kischer SR     |         |
| 5 Briar Cliff 'A'         | 8:04.00                 | 8:01.26 |
| 1) Joe Jackson JR         | 2) Tommy Thelen SO      |         |
| 3) Joe Heinrichs FR       | 4) Matt Mayer JR        |         |
| 6 Northern State 'A'      | 7:58.50                 | 8:06.35 |
| 1) Mark Gilkerson SR      | 2) Cameron Sannes FR    |         |
| 3) Blake Perryman FR      | 4) Nicholas Lindwurm JR |         |
| 7 Morningside 'A'         | 7:55.00                 | 8:07.02 |
| 1) Ray Scheelhaase SO     | 2) Eamon Adamson SO     |         |
| 3) Jason Kenny FR         | 4) Kyle Borchers SR     |         |
| 8 Dakota State 'A'        | 7:59.34                 | 8:07.67 |
| 1) Jared Sutton JR        | 2) Steve Selchert JR    |         |
| 3) Claudio Tejada SO      | 4) Mark Moeller JR      |         |

**Men 1600 Sprint Medley UCO**

| School               | Seed                  | Finals  |
|----------------------|-----------------------|---------|
| 1 Northern State 'A' | 3:35.22               | 3:31.16 |
| 1) David Parsley FR  | 2) Luke Wietgreffe FR |         |
| 3) Andrew Johnson SR | 4) Adam Leach FR      |         |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****...Men 1600 Sprint Medley UCO**

|                              |                        |         |
|------------------------------|------------------------|---------|
| 2 Morningside Track Club 'A' | 3:28.65                | 3:32.49 |
| 1) Jeff Seagren SR           | 2) Mike Huseman SR     |         |
| 3) Chris Nordstrom SR        | 4) Monte Larsen SR     |         |
| 3 Morningside 'A'            | 3:36.67                | 3:34.88 |
| 1) Ethan Van Briesen SR      | 2) Jacob Green FR      |         |
| 3) Jacob Willey JR           | 4) Jason Kenny FR      |         |
| 4 Iowa Central CC 'A'        | 3:37.00                | 3:35.71 |
| 1) Christopher Ehimwenman FR | 2) Keontay Williams SO |         |
| 3) Daquarius Hollis FR       | 4) Jafet Molinares SO  |         |

**Men High Jump UCO**

| Name                  | Year School            | Seed    | Finals         |
|-----------------------|------------------------|---------|----------------|
| 1 Jacob Moats         | SO Dordt               | 6-06.75 | 2.06m 6-09.00  |
| 2 Tyler Frank         | SO South Dakota        | 6-09.75 | J2.06m 6-09.00 |
| 3 Andrew Christen     | SR Morningside         | 6-08.75 | 2.01m 6-07.00  |
| 4 Matt Hussman        | SR Unattached          | 7-00.25 | J2.01m 6-07.00 |
| 5 Daquarius Hollis    | FR Iowa Central CC     | 6-02.75 | 1.96m 6-05.00  |
| 6 Mason Ford          | FR Augustana (S.D.)    | 6-07.00 | J1.96m 6-05.00 |
| 8 Hank Lentsch        | SO South Dakota        | 6-05.00 | J1.91m 6-03.25 |
| 9 Lamon Phillips      | SO Iowa Central CC     | 6-06.00 | J1.91m 6-03.25 |
| 10 Connor Berg        | JR South Dakota St.    | 6-06.25 | J1.91m 6-03.25 |
| 10 Austin Opdahl      | FR Dakota State        | 6-04.25 | J1.91m 6-03.25 |
| 11 Jordan Folkerts    | FR Dordt               | 6-03.25 | 1.86m 6-01.25  |
| 12 Tanner Hilbrands   | FR Northwestern (Iowa) | 5-10.75 | 1.81m 5-11.25  |
| 12 Joe Gasper         | FR South Dakota        | 6-04.75 | 1.81m 5-11.25  |
| 12 Ben Green          | SR Northwestern (Iowa) | 6-00.75 | 1.81m 5-11.25  |
| 12 Trevor Kauk        | SO Dordt               | 5-10.75 | 1.81m 5-11.25  |
| -- Jonathan Nebelsick | SR Sioux Falls         | 5-08.75 | NH             |
| -- Tanner Konz        | FR Wayne St. (Neb.)    | 5-10.75 | NH             |
| -- Chris Peterson     | FR Jamestown           | 5-10.00 | NH             |
| -- Noah Hollinger     | SR Northwestern (Iowa) | 5-10.50 | NH             |
| -- Nick Harris        | SO Briar Cliff         | 5-09.25 | NH             |
| -- Albert Rogalski    | FR SW Minnesota St.    | 6-00.75 | NH             |
| -- Aaron Taylor       | SO Iowa Central CC     | 5-09.75 | NH             |

**Men Pole Vault UCO**

| Name                   | Year School         | Seed  | Finals          |
|------------------------|---------------------|-------|-----------------|
| 1 Scott Greenman       | JR Unattached       | 5.17m | 4.91m 16-01.25  |
| 2 Jagger Gran          | JR Unattached       | 5.23m | J4.91m 16-01.25 |
| 3 Chase Jensen         | SO Sioux Falls      | 4.90m | 4.76m 15-07.25  |
| 4 Brandon Rogers       | SR Sioux Falls      | 4.80m | 4.61m 15-01.50  |
| 5 Jacob Zebedee        | SO Sioux Falls      | 4.80m | J4.61m 15-01.50 |
| 6 Robert Davidsen      | SR Dordt            | 4.55m | 4.31m 14-01.75  |
| 7 Jonathan Brinkerhoff | SR Dordt            | 4.60m | J4.31m 14-01.75 |
| 8 Josh Spenner         | NA Wayne St. (Neb.) | 3.55m | J4.31m 14-01.75 |
| 9 Connor Henry         | SR Briar Cliff      | 4.10m | 4.16m 13-07.75  |
| 9 Bryant Knigge        | FR Briar Cliff      | 4.15m | 4.16m 13-07.75  |
| 9 Tor Myrhol           | SR Unattached       | 4.30m | 4.16m 13-07.75  |
| 12 Adam Haigh          | FR Mount Marty      | 4.05m | 4.01m 13-01.75  |
| 12 Bryan Braley        | SR Unattached       | 4.72m | 4.01m 13-01.75  |
| 12 Dillon Dahl         | JR Northern State   | 4.05m | 4.01m 13-01.75  |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****....Men Pole Vault UCO**

|    |                 |                        |       |       |          |
|----|-----------------|------------------------|-------|-------|----------|
| 15 | BJ Groskreutz   | JR Northwestern (Iowa) | 3.80m | 3.86m | 12-08.00 |
| -- | Keith Heidema   | FR Dordt               | 3.85m | NH    |          |
| -- | Brett Huff      | SR Dordt               | 4.60m | NH    |          |
| -- | Brody Jorenson  | FR Augustana (S.D.)    | 3.88m | NH    |          |
| -- | Brennan Branick | FR South Dakota St.    | 4.30m | NH    |          |
| -- | Trever Nordlund | FR Sioux Falls         | 4.03m | NH    |          |
| -- | Zach Gelineau   | SO Northwestern (Iowa) | 4.27m | NH    |          |

**Men Long Jump UCO**

| Name | Year               | School                 | Seed  | Finals | Wind          |
|------|--------------------|------------------------|-------|--------|---------------|
| 1    | Shaun Ryan         | SR Morningside         | 6.98m | 6.73m  | +0.0 22-01.00 |
| 2    | Lucas Woods        | FR SW Minnesota St.    | 6.59m | 6.56m  | NWI 21-06.25  |
| 3    | Zach Feil          | SO Northern State      | 6.66m | 6.29m  | +0.0 20-07.75 |
| 4    | Tanner Konz        | FR Wayne St. (Neb.)    | 6.51m | 6.23m  | 0.3 20-05.25  |
| 5    | Albert Rogalski    | FR SW Minnesota St.    | 6.55m | 6.21m  | 0.4 20-04.50  |
| 6    | Ben Green          | SR Northwestern (Iowa) | 6.51m | 6.02m  | +0.0 19-09.00 |
| 7    | Victor Ogeka       | FR Iowa Central CC     | 6.04m | 5.93m  | 0.4 19-05.50  |
| 8    | Trevor Zonnefeld   | SO Dordt               | 5.92m | 5.88m  | +0.0 19-03.50 |
| 9    | Jonathan Nebelsick | SR Sioux Falls         | 6.13m | 5.87m  | -1.1 19-03.25 |
| 10   | Zack Rice          | FR Northwestern (Iowa) | 6.10m | 5.83m  | 1.5 19-01.50  |
| 11   | Zachary Busch      | FR Northern State      | 6.25m | 5.47m  | -0.4 17-11.50 |
| 12   | Daquarius Hollis   | FR Iowa Central CC     | 6.10m | 5.44m  | 1.3 17-10.25  |
| 13   | Jake Auerbach      | SO Northwestern (Iowa) | 5.99m | 5.42m  | 1.1 17-09.50  |
| 14   | Elijah Ingram      | FR Iowa Central CC     | 5.88m | 5.37m  | -0.1 17-07.50 |
| 15   | Matthew Bolt       | SO Dordt               | 6.19m | 5.31m  | +0.0 17-05.25 |
| 16   | Tanner Hilbrands   | FR Northwestern (Iowa) | 6.05m | 4.96m  | +0.0 16-03.25 |
| 17   | Zach Gelineau      | SO Northwestern (Iowa) | 5.57m | 4.67m  | +0.0 15-04.00 |

**Men Triple Jump UCO**

| Name | Year                   | School                 | Seed     | Finals  | Wind          |
|------|------------------------|------------------------|----------|---------|---------------|
| 1    | Augustus Cowan         | SR Briar Cliff         | 52-02.50 | 15.73m  | +0.0 51-07.25 |
| 2    | Christopher Ehimwenman | FR Iowa Central CC     | 46-03.50 | 13.57m  | +0.0 44-06.25 |
| 3    | Zach Jones             | FR SW Minnesota St.    | 45-06.50 | J13.57m | +0.0 44-06.25 |
| 4    | Brett Nichols          | FR South Dakota St.    | 45-08.50 | 13.24m  | 1.5 43-05.25  |
| 5    | Connor Fitzsimmons     | JR South Dakota        | 45-07.75 | 13.21m  | 0.5 43-04.25  |
| 6    | Trevor Zonnefeld       | SO Dordt               | 42-05.25 | 12.92m  | -0.7 42-04.75 |
| 7    | Victor Ogeka           | FR Iowa Central CC     | 43-00.50 | 12.90m  | 0.4 42-04.00  |
| 8    | Daniel Porter          | JR Dakota Wesleyan     | 44-02.50 | 12.64m  | 1.1 41-05.75  |
| 9    | Lucas Woods            | FR SW Minnesota St.    | 42-06.00 | 12.51m  | +0.0 41-00.50 |
| 10   | Ben Green              | SR Northwestern (Iowa) | 41-05.25 | 12.38m  | 0.8 40-07.50  |
| 11   | Elijah Ingram          | FR Iowa Central CC     | 41-10.50 | 12.34m  | 0.8 40-06.00  |
| 12   | Zachary Busch          | FR Northern State      | 41-10.75 | 12.14m  | +0.0 39-10.00 |
| 13   | Vaughn Thada           | JR Augustana (S.D.)    |          | 11.74m  | +0.0 38-06.25 |
| 14   | Cody Ptacek            | SR Jamestown           |          | 11.46m  | +0.0 37-07.25 |
| 15   | Josh Reider            | FR Augustana (S.D.)    | 39-01.75 | 11.43m  | 1.1 37-06.00  |
| --   | Justus St Sauver       | FR Augustana (S.D.)    | 37-08.00 | FOUL    |               |
| --   | Zach Feil              | SO Northern State      | 43-09.25 | FOUL    |               |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****Men Shot Put UCO**

| Name                   | Year | School              | Seed     | Finals           |
|------------------------|------|---------------------|----------|------------------|
| 1 Kyle McKelvey        | NA   | Unattached          | 63-01.50 | 17.72m 58-01.75  |
| 2 Justin Romero        | SR   | Unattached          | 57-05.00 | 17.49m 57-04.75  |
| 3 Levi Ettleman        | SR   | Northwestern (Iowa) | 52-08.00 | 16.66m 54-08.00  |
| 4 Greg Ganter          | FR   | South Dakota St.    | 50-02.75 | 15.72m 51-07.00  |
| 5 Jordon Bents         | SR   | Sioux Falls         | 55-04.25 | J15.72m 51-07.00 |
| 6 Cody Bauman          | FR   | Northwestern (Iowa) | 51-11.00 | 14.88m 48-10.00  |
| 7 Alex Weis            | SO   | SW Minnesota St.    | 47-04.25 | 14.87m 48-09.50  |
| 8 Jesse Hacker         | JR   | Jamestown           | 48-04.00 | 14.58m 47-10.00  |
| 9 Derrick Hurt         | FR   | Northwestern (Iowa) | 49-03.00 | 14.50m 47-07.00  |
| 10 Ben Tonsager        | SO   | SW Minnesota St.    | 50-07.50 | 14.45m 47-05.00  |
| 11 Kyle Anderson       | SO   | South Dakota St.    | 50-00.50 | 14.13m 46-04.25  |
| 11 Chance Tatman       | FR   | Iowa Central CC     | 49-06.50 | 14.13m 46-04.25  |
| 13 Lucas Osowski       |      | Unattached          |          | 13.84m 45-05.00  |
| 14 Grayson Bundick     | SO   | Dordt               | 47-04.25 | 13.65m 44-09.50  |
| 15 Gage Rayman         | FR   | Northern State      | 43-05.75 | 13.23m 43-05.00  |
| 16 Derrick Sheppard    | FR   | Sioux Falls         | 43-03.25 | 12.54m 41-01.75  |
| 17 Drew Larsen         | SO   | Jamestown           | 41-07.00 | 12.39m 40-07.75  |
| 18 Dirk Okkema         | SR   | Dordt               | 44-09.50 | 12.05m 39-06.50  |
| 19 Cameron McKinney    | SR   | Northwestern (Iowa) | 41-00.50 | 11.90m 39-00.50  |
| 20 David Davelaar      | FR   | Dordt               | 37-06.00 | 11.86m 38-11.00  |
| 21 Tray'Veon Armstrong | FR   | Iowa Central CC     | 43-00.25 | 11.79m 38-08.25  |
| 22 Matthew Bolt        | SO   | Dordt               | 37-10.75 | 10.51m 34-05.75  |
| -- Will Rose           | FR   | SW Minnesota St.    | 44-07.00 | FOUL             |
| -- Tyler Lems          | FR   | Dakota State        | 46-09.00 | FOUL             |
| -- Brady Harr          | JR   | Northern State      | 45-08.00 | FOUL             |
| -- Brian Williams      | FR   | Iowa Central CC     | 50-08.25 | FOUL             |

**Men Discus Throw UCO**

| Name               | Year | School              | Seed   | Finals        |
|--------------------|------|---------------------|--------|---------------|
| 1 Brian Williams   | FR   | Iowa Central CC     | 52.91m | 50.16m 164-07 |
| 2 Cullen Mack      | SR   | South Dakota St.    | 52.47m | 48.00m 157-06 |
| 3 Colton Bender    | FR   | South Dakota St.    | 44.25m | 47.53m 155-11 |
| 4 Levi Ettleman    | SR   | Northwestern (Iowa) | 50.55m | 47.33m 155-03 |
| 5 Greg Ganter      | FR   | South Dakota St.    | 47.69m | 46.67m 153-01 |
| 6 Austin Langston  | FR   | Morningside         | 50.45m | 46.44m 152-04 |
| 7 Alex Weis        | SO   | SW Minnesota St.    | 46.43m | 46.15m 151-05 |
| 8 Nathan Willer    | JR   | Jamestown           | 47.84m | 45.58m 149-06 |
| 9 Tyler Lems       | FR   | Dakota State        | 46.71m | 42.99m 141-00 |
| 10 Colton Tracy    | FR   | Morningside         | 38.04m | 41.57m 136-05 |
| 11 Zach Landhuis   | JR   | Northwestern (Iowa) | 43.89m | 40.67m 133-05 |
| 12 Dalton Kelley   | SR   | Northwestern (Iowa) | 48.79m | 39.60m 129-11 |
| 13 Ben Bajema      | FR   | Dordt               | 42.73m | 39.45m 129-05 |
| 14 Jordon Bents    | SR   | Sioux Falls         | 45.82m | 39.32m 129-00 |
| 15 John Davelaar   | FR   | Dordt               | 30.95m | 39.18m 128-06 |
| 16 Jesse Hacker    | JR   | Jamestown           | 29.37m | 37.75m 123-10 |
| 17 Alec Sindelar   | JR   | Buena Vista         | 38.78m | 37.70m 123-08 |
| 18 Drew Larsen     | SO   | Jamestown           | 38.82m | 37.65m 123-06 |
| 19 Shawn Jensen    | FR   | SW Minnesota St.    | 43.35m | 37.24m 122-02 |
| 20 William Mart    | SO   | Mount Marty         | 44.15m | 37.09m 121-08 |
| 21 Grayson Bundick | SO   | Dordt               | 40.50m | 36.36m 119-03 |
| 22 Ben Guhl        | JR   | Northwestern (Iowa) | 44.49m | 36.02m 118-02 |

**Sioux City Relays 2015 - 4/17/2015 to 4/18/2015****Olsen Stadium****Results****...Men Discus Throw UCO**

|    |                     |                        |        |        |        |
|----|---------------------|------------------------|--------|--------|--------|
| 23 | Dirk Okkema         | SR Dordt               | 36.40m | 34.73m | 113-11 |
| 24 | Will Rose           | FR SW Minnesota St.    | 40.41m | 34.51m | 113-03 |
| 25 | Derrick Sheppard    | FR Sioux Falls         | 36.48m | 32.78m | 107-06 |
| 26 | David Davelaar      | FR Dordt               | 33.66m | 31.99m | 104-11 |
| 27 | Garrett Anderson    | FR South Dakota        | 29.68m | 31.57m | 103-07 |
| 28 | Peter Schukking     | Unattached             |        | 30.03m | 98-06  |
| 29 | Garrett Rohlk       | FR Buena Vista         | 34.44m | 29.59m | 97-01  |
| 30 | Joey Candelarie     | JR Morningside         | 33.82m | 29.36m | 96-04  |
| 31 | Chris Peterson      | FR Jamestown           | 29.39m | 24.40m | 80-01  |
| -- | Abram Reynolds      | SR Briar Cliff         | 28.47m | FOUL   |        |
| -- | Sam Burki           | SO Briar Cliff         | 36.93m | FOUL   |        |
| -- | Anthony Huber       | SO Augustana (S.D.)    | 45.93m | FOUL   |        |
| -- | Logan Kocab         | FR Northwestern (Iowa) | 37.43m | FOUL   |        |
| -- | Tray'Veon Armstrong | FR Iowa Central CC     | 35.23m | FOUL   |        |

**Men Hammer Throw UCO**

| Name | Year                | School                 | Seed     | Finals |        |
|------|---------------------|------------------------|----------|--------|--------|
| 1    | Bryan Dunn          | JR Wayne St. (Neb.)    | 82-00.25 | 55.38m | 181-08 |
| 2    | Colton Bender       | FR South Dakota St.    | 79-10.25 | 54.61m | 179-02 |
| 3    | Cullen Mack         | SR South Dakota St.    | 82-07.50 | 53.28m | 174-10 |
| 4    | Greg Ganter         | FR South Dakota St.    | 58-08.50 | 52.90m | 173-07 |
| 5    | Steven Ricke        | SR Unattached          | 147-08   | 49.99m | 164-00 |
| 6    | Alex Weis           | SO SW Minnesota St.    | 157-10   | 49.37m | 162-00 |
| 7    | Derrick Hurt        | FR Northwestern (Iowa) | 153-06   | 48.83m | 160-02 |
| 8    | Brian Williams      | FR Iowa Central CC     | 38-09.50 | 47.10m | 154-06 |
| 9    | Tray'Veon Armstrong | FR Iowa Central CC     | 151-11   | 46.61m | 152-11 |
| 10   | Michael Brousseau   | SR Jamestown           | 67-01.75 | 46.40m | 152-03 |
| 11   | Jordan Flinn        | FR SW Minnesota St.    | 54-10.50 | 45.86m | 150-05 |
| 12   | Kyle Anderson       | SO South Dakota St.    | 152-07   | 45.78m | 150-02 |
| 13   | Jeramiah Schrock    | SR Unattached          | 54-02.75 | 45.39m | 148-11 |
| 14   | Justin Pastoor      | SR Dordt               | 157-10   | 45.16m | 148-02 |
| 15   | Andy Edison         | SR Unattached          | 59-01.75 | 42.83m | 140-06 |
| 16   | Brady Harr          | JR Northern State      | 34-09.25 | 41.88m | 137-05 |
| 17   | Lucas Osowski       | Unattached             |          | 41.48m | 136-01 |
| 18   | Alec Sindelar       | JR Buena Vista         | 142-08   | 41.19m | 135-02 |
| 19   | David Davelaar      | FR Dordt               | 43-09.50 | 40.12m | 131-07 |
| 20   | Drew Larsen         | SO Jamestown           | 25-01.75 | 39.37m | 129-02 |
| 21   | Garrett Rohlk       | FR Buena Vista         | 128-10   | 39.27m | 128-10 |
| 22   | Shawn Jensen        | FR SW Minnesota St.    | 141-04   | 38.68m | 126-11 |
| 23   | Chance Tatman       | FR Iowa Central CC     | 117-07   | 38.27m | 125-07 |
| 24   | William Mart        | SO Mount Marty         | 126-10   | 37.81m | 124-00 |
| 25   | Jesse Hacker        | JR Jamestown           | 29-07.75 | 37.47m | 122-11 |
| 26   | Derrick Sheppard    | FR Sioux Falls         | 24-01.25 | 37.10m | 121-09 |
| 27   | Tyler Lems          | FR Dakota State        | 29-09.75 | 37.01m | 121-05 |
| 28   | Ben Bajema          | FR Dordt               | 137-06   | 37.00m | 121-05 |
| 29   | Nathan Willer       | JR Jamestown           | 120-10   | 36.30m | 119-01 |
| 30   | Logan Kocab         | FR Northwestern (Iowa) | 24-02.75 | 35.89m | 117-09 |
| 31   | Joey Candelarie     | JR Morningside         | 113-03   | 33.96m | 111-05 |
| 32   | Grayson Bundick     | SO Dordt               | 19-09.25 | 33.45m | 109-09 |
| 33   | John Davelaar       | FR Dordt               | 06-08.25 | 33.05m | 108-05 |
| 34   | David Murphy        | SO Northern State      |          | 28.58m | 93-09  |
| --   | Jordon Bents        | SR Sioux Falls         | 73-08.50 | FOUL   |        |
| --   | Austin Langston     | FR Morningside         | 35-06.25 | FOUL   |        |

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-- Gage Rayman FR Northern State 131-01 FOUL

**Men Javelin Throw UCO**

| Name               | Year | School              | Seed   | Finals        |
|--------------------|------|---------------------|--------|---------------|
| 1 David Murphy     | SO   | Northern State      | 51.79m | 52.74m 173-00 |
| 2 Raul Rivera      | FR   | Morningside         | 51.00m | 50.63m 166-01 |
| 3 Dillon Dahl      | JR   | Northern State      | 51.51m | 50.45m 165-06 |
| 4 Austin Langston  | FR   | Morningside         | 44.66m | 49.73m 163-02 |
| 5 Zach Landhuis    | JR   | Northwestern (Iowa) | 45.45m | 46.02m 151-00 |
| 6 Jordan Boekhout  | SR   | Unattached          | 49.49m | 44.19m 145-00 |
| 7 Eric Peters      | JR   | Morningside         | 42.10m | 40.15m 131-09 |
| 8 Ben Bajema       | FR   | Dordt               |        | 39.14m 128-05 |
| 9 Colton Tracy     | FR   | Morningside         | 34.32m | 38.54m 126-05 |
| 10 Drew Schiltz    | SO   | Morningside         | 43.20m | 36.30m 119-01 |
| 11 Joey Candelarie | JR   | Morningside         | 32.77m | 34.13m 112-00 |
| 12 John Davelaar   | FR   | Dordt               |        | 34.09m 111-10 |
| 13 Kayne Feldick   | JR   | Morningside         |        | 33.86m 111-01 |